



## GUIDE TO RESTAURANTS, ATTRACTIONS AND ENJOYING DC

*Courtesy of the Washington Baltimore Center for Psychoanalysis administrative staff and members, who are eager to share our city with APsA's 2027 Meeting registrants and friends.*

The [Mayflower Hotel](#) is a landmark Washington, DC hotel with rich history. It is a block from the Farragut North Metrorail Station on the Red Line, and 2.5 blocks to the Farragut West Metrorail Station on the Orange/Blue/Silver Lines. It is in the Golden Triangle business district, and only a few blocks away from the historic Dupont Circle neighborhood. Here is [a map](#) of the DC Metrorail system, you can ride it simply by swiping your credit card at the turnstile (no pass needed).

DC is much more than the White House, government, and the National Mall. It boasts a rich history, diverse food, unique music (such as Chuck Brown, the godfather of DC [Go-Go](#)) and art scenes. It is among America's most welcoming cities for the LGBTQ+ community, and is a melting pot of international cultures. Though a capital city, it is ironic that residents of Washington lack full self-governance. Learn more about the disenfranchisement of the District's citizens [here](#).

After more than 200 years as the nation's capital, Washington has developed as a complex and layered city, with a distinctive character: both a town for locals, an international center of power and an amazing place to visit (<https://washington.org/DC-information/washington-dc-history>).

## Attractions Immediately Near the Hotel

[Edgar Bar and Kitchen](#) at the Mayflower Hotel, where J. Edgar Hoover dined every day for 20 years.

[National Geographic Museum of Exploration](#) has reopened.

[DC Improv](#), DC's best comedy club, is right across the street. Buy tickets [here](#).

K Street is famed for its lobby firms, but also boasts great restaurants and [The Square](#) food hall.

[Western Market](#) is an urban food court at 2000 Pennsylvania Ave, NW. You can find coffee, bakery items, pasta and a quick lunch. Don't miss the \$4 falafel sandwich, a favorite of GW students.

Use this [interactive map](#) to find nearby restaurants and entertainment in the Golden Triangle.

More [attractions](#) in Farragut North.

## Attractions Further Away from the Hotel

Lafayette Square and the [White House](#) are within walking distance.

[Capital attractions](#) from the Mayflower's website.

There are 21 Smithsonian Museums and the National Zoo. View their descriptions and locations [here](#).

[The Phillips Collection](#), America's first museum of modern art, is a unique private collection described by its founder, Duncan Phillips, as "an intimate museum... in which modernism is viewed as a dialogue between past and present" (1600 21<sup>st</sup> St. NW, in Dupont Circle).

National Mall + Monuments – [Monuments at Moonlight](#) might be a nice alternative to the traditional monument tour.

[U Street](#): The U Street corridor in Northwest D.C. is an iconic, vibrant neighborhood famous for its rich African-American heritage, bustling nightlife, and eclectic dining. Once known as the "Black Broadway," the area balances historic charm with a dynamic, contemporary social scene. Good for happy hours and international food. [Ben's Chili Bowl](#) is a must.

[Adams Morgan](#) is a multicultural neighborhood centered on the happening nightlife scene along 18th Street. Its name originates from the integration of two formerly segregated elementary schools in the 1950s: the all-white John Quincy Adams and the all-Black Thomas P. Morgan school.

Georgetown Waterfront showcases a beautiful park, shopping and restaurants.

Chinatown/Penn Quarter has restaurants such as [Zaytinya](#) by Jose Andres, and [Wok and Roll](#) restaurant and karaoke is cloaked in its dark past: the building was the 1865 boarding house where Mary Surratt hosted John Wilkes Booth and other conspirators to plot the assassination of President Abraham Lincoln.

The Capitol Hill neighborhood has beautiful townhouses and greenery abutting the Capitol Building, which has a visitor's center you can check out.

## Eat + Drink

[Off the Record](#) bar in the Hay-Adams. Hobnob with who's who of DC. Chosen by Forbes.com as one of the "World's Best Hotel Bars," the lounge is a hidden gem and is beloved by locals and guests alike for a perfect cocktail.

[Vue](#) is a swanky rooftop bar at the top of the Hotel Washington with views of the White House and the monuments.

[Old Ebbitt Grill](#) near the White House is where backroom deals have been made for decades, the best of Old Washington.

Cool [speakeasy bars](#) abound, such as [Silver Lyan](#), housed in the basement vault of the old Riggs Bank (make a reservation!).

Looking for French cuisine? Famed brasserie [Le Diplomate](#) or nearby [Bistro de Coin](#), or [La Chaumiere](#) (2813 M St), or [Le De Sales](#) are your best bet.

If Indian cuisine is your favorite, don't miss [The Bombay Club](#) at 815 Connecticut Ave., NW. Live piano music entertains as you dine in a sophisticated old-world dining room.

Looking for live music? Check out [The Hamilton](#), they have a restaurant and 2 venues (ticketed Hamilton Live, and free music at The Loft)

DC is a haven for Ethiopian food which is a must-try while you are here. [Chercher](#) Ethiopian restaurant is at the top of the list, but you can find many more with a quick Google search. DC has the largest Ethiopian population outside of Addis Ababa!

[Thip Khao](#) Lao food is a local's favorite on 14<sup>th</sup> St.

[Cervice Gastrobar](#) (1823 L St) serves Peruvian fare.

[Darvish Kitchen](#), 1141 Connecticut Ave serves Persian specialties.

[Ayat DC](#), 2112 Pennsylvania Ave serves Palestinian food.

Looking for indoor food markets? [Union Market](#) has great places to grab a drink, some food, or craft the evening away. [Eastern Market](#) is a historic building but is not open in the evenings.

## Shopping

Farragut North is primarily a dense, commercial business district, so it lacks a traditional shopping mall. However, you are within walking distance of downtown's best retail. For luxury and high-end brands, take a 10-minute walk south to [CityCenterDC](#), which features stores like Louis Vuitton, Gucci, and Dior. For discounted or everyday apparel, head just a few blocks north to the [Nordstrom Rack](#) on L Street.

Georgetown Boutiques: 10 min ride (Red Line to Dupont Circle or Orange/Blue to Foggy Bottom, or Uber). Along famed M Street find local boutiques, trendy shops, and upscale stores like Tuckernuck and Reformation. This is also a very historic, beautiful neighborhood to walk around in, especially the Georgetown Waterfront.

[Bridge Street Books](#) at 2814 Pennsylvania Ave is an independent bookseller specializing in politics, cultural studies, poetry and philosophy.

[Kramer Books](#), 1517 Connecticut Ave, NW is a landmark indie bookstore and café and is open late serving wine and beer. A perfect place for a stroll and browse in the evening.