

# APsA Session Proposal Submission Form

We are looking forward to learning more about the session you are proposing for APsA's 2027 National Meeting.

**Please keep in mind your session should be fully planned when you submit this form.**

APsA welcomes proposals from non-members; however, non-members may not serve as Chairs. They may participate as presenters or discussants.

**The deadline to complete this form is Wednesday, April 1, 2026, 11:59 pm Eastern Time.**

If you have questions, reach out to Michael Gray, [meetadmin@apsa.org](mailto:meetadmin@apsa.org).

Thank you!

*\* Indicates required question*

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1. Email \*

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2. First Name \*

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3. **Last Name \***

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4. **Credentials \***

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5. **If your proposal is accepted, would this be your first time presenting at an APsA meeting? \***

**Please type "yes" or "no"**

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6. **What type of proposal are you submitting? (Select one) Please note that all sessions, unless otherwise noted, are for two hours. See description of sessions below. \***

*Mark only one oval.*

- Discussion Group
- Two-Day Clinical Workshop
- Symposium
- Panel
- Plenary Address
- Scientific Paper – two papers will be presented in each 2 hour session
- Other:  
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## Descriptions of Sessions

- Discussion Groups: Attendees gather to discuss ideas, solve problems, and share comments on a specific topic. Each session includes a presenter and a discussant. The session is arranged around a conference table, with additional seating around the perimeter of the room.
- Two-Day Clinical Workshops: Demonstrates and explores how a distinguished psychoanalyst listens to clinical material and conceptualizes process and technique. Session arranged around a conference table with additional seating.
- Symposium: Explores the interface between psychoanalysis, society, and related disciplines. Presentations often demonstrate how psychoanalytic thinking applies in non-psychoanalytic settings. Theater-style seating.
- Panels: Bring together nationally recognized psychoanalysts to present papers on clinical and theoretical topics. Theater-style seating. **You will be asked to provide the names of the panelists and 75-100 words on what each panelist will discuss.**
- Plenary Address: Features a single distinguished speaker on a topic of broad relevance. There will be no concurrent sessions taking place during the plenary.
- Scientific Papers: Presented by the author, discussed by a formal discussant. Two papers per session. 50 minutes each paper. Theater-style seating. Individual papers may be submitted; each paper will be allotted one hour. **All papers must be original and must not have been presented or published elsewhere. In addition, JAPA retains the right of first refusal for all papers.**
- Other: Any type of session that does not fall into one of the categories above.

7. If you are submitting a **panel**, please provide the names of the proposed panelists and 75-100 words on what each panelist will discuss.

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8. **Room Set-Up** \*  
**See description of room set-ups below.**

*Mark only one oval.*

Conference Style

Theater Style

Other:  
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**Description of Room Set-Ups**

- Conference Style – Chairs are arranged around a central conference table, with additional chairs placed along the perimeter of the room to accommodate the maximum number of participants.
- Theater Style – Chairs are arranged in rows facing the front of the room. A head table will be set up for the Chair, Discussant, and Presenter, along with a podium for speakers to address the audience.
- Other – Any type of room set-up that does not fall into one of the categories above.

9. **Title of Session \***

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10. **Abstract / Preliminary Program Description \***

If accepted, this description will appear in the Preliminary Program. Submissions **must not exceed 125 words** and should be written as a cohesive, publication-ready paragraph. Text must be grammatically correct, free of typographical errors and abbreviations, and written in the **third person**. Descriptions written in the first person will not be accepted.

The description should clearly address:

- The intended audience
- The specific topic or focus of the session
- The rationale or purpose of the presentation

Please be mindful of being inclusive:

- Add *“psychotherapy/therapy”* after *“psychoanalytic, psychoanalysis, etc.”*
- Add *“and trainees”* after each mention of *“candidate.”*
- Add *“psychotherapist”* or *“therapist”* after each mention of *“analyst.”*
- Add *“patients/clients”* after *“analysand(s).”*

**Example Abstract (generated by AI) (125 words):**

This session is designed for psychoanalysts, psychotherapists/therapists, candidates, and trainees interested in the intersection of early relational trauma and adult attachment patterns in patients/clients. Presenters will explore current research on how formative relational experiences influence emotional regulation, interpersonal functioning, and therapeutic outcomes. The session will highlight case illustrations, clinical strategies, and evidence-based interventions that support effective psychotherapy/therapy with diverse populations. By examining both theoretical and practical perspectives, attendees will gain insight into identifying maladaptive patterns, fostering secure attachments, and promoting resilience in patients/clients. The rationale for this session is to provide clinicians with actionable tools to enhance therapeutic effectiveness, support reflective practice, and strengthen their understanding of the nuanced impact of early relational trauma in clinical work.

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11. **Practice Gap**

Identify the gap in knowledge that this session is trying to bridge. What problem are you trying to solve by teaching this session? **Maximum of 100 words.**

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12. **Which of the following is the session designed to change? (Check all that apply) \***

*Check all that apply.*

- Increase medical knowledge or clinical competence
- Improve skills or strategies
- Change in performance, perception, or behavior to improve patient outcomes

13. **Explain how this session will achieve its goals of enacting change in the attendee \***

Specify what is being taught that will either increase medical knowledge or clinical competency, or develop new skills/strategies within the attendee, or will change their thought process, perception, or behavior.

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14. **List 2 educational learning objectives: \***

**Learning Objective #1**

Objectives must begin with an action verb (e.g., demonstrate, list, describe, explain, apply, analyze), be observable and measurable, and focus on learner outcomes. Learning objectives explain what the attendee will be able to physically do when they leave the session, not what is being taught during the session.

After attending this session, participants should be able to:

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15. **Learning Objective #2 \***

After attending this session, participants should be able to:

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**References**

**List 3 references in APA style**

References must be peer-reviewed journal articles, within the last 10 years, and evidence-based. The purpose of the references is to be able to provide them to attendees who want further learning on the topic. Use [Scribbr APA citation generator](#) if needed.

16. **Reference 1:** \*

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17. **Reference 2:** \*

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18. **Reference 3:** \*

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19. **Will the topic address any of the following? (Check all that apply)** \*

*Check all that apply.*

- Risk Management or Medical Ethics
- Cultural Competence
- Patient Safety
- Physician/clinician burnout
- Diversity, Equity, and Inclusion (DEI)
- Psychedelics, ketamine, medications in the therapy space
- My topic does not address these areas

**Please list additional session faculty members below, excluding yourself. This form allows you to enter up to five names. If additional entries are needed, space is provided for that as well.**

***By adding faculty, all parties agree to the speaker policy below. Please confirm with them prior to adding their names.***

20. **Speaker Policy** \*

APSA members presenting on the scientific program are required to pay a registration fee. Non APSA members presenting on the scientific program will receive complimentary admission to the session at which they are presenting. If they wish to attend other sessions on the program, they are required to pay the appropriate registration fee.

APSA's National Meetings are in-person-only events. All presenters, panelists, moderators, and faculty participants are expected to attend and participate on site. Remote or virtual participation (e.g. Zoom or other video conferencing platforms) will not be permitted for meeting sessions.

*Check all that apply.*

I agree to adhere to the speaker policy. If I have any exceptions to this policy, I will indicate them in the final question of this proposal.

21. **Informing Faculty of the Speaker Policy** \*

*Check all that apply.*

I have informed all faculty about the speaker policy.

22. **Additional Individual #1: Name and Credentials**

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23. **Additional Individual #1: Email**

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24. **Role for Additional Individual #1**

*Check all that apply.*

- Chair
- Co-Chair
- Presenter/Speaker
- Discussant
- Planner
- Reviewer
- Author

25. **If your proposal is accepted, would this be the individual #1 first time presenting at an APsA meeting? Please type "yes", "no", or "I don't know".**

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26. **Additional Individual #2: Name and Credentials**

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27. **Additional Individual #2: Email**

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**28. Role for Additional Individual #2**

*Check all that apply.*

- Chair
- Co-Chair
- Presenter/Speaker
- Discussant
- Planner
- Reviewer
- Author

**29. If your proposal is accepted, would this be the individual #2 first time presenting at an APSA meeting? Please type "yes", "no", or "I don't know".**

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**30. Additional Individual #3: Name and Credentials**

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**31. Additional Individual #3: Email**

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**32. Role for Additional Individual #3**

*Check all that apply.*

- Chair
- Co-Chair
- Presenter/Speaker
- Discussant
- Planner
- Reviewer
- Author

33. **If your proposal is accepted, would this be the individual #3 first time presenting at an APSA meeting? Please type "yes", "no", or "I don't know".**

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34. **Additional Individual #4: Name and Credentials**

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35. **Additional Individual #4: Email**

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36. **Role for Additional Individual #4**

*Check all that apply.*

- Chair
- Co-Chair
- Presenter/Speaker
- Discussant
- Planner
- Reviewer
- Author

37. **If your proposal is accepted, would this be the individual #4 first time presenting at an APSA meeting? Please type "yes", "no", or "I don't know".**

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38. **Additional Individual #5: Name and Credentials**

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**39. Additional Individual #5: Email**

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**40. Role for Additional Individual #5**

*Check all that apply.*

- Chair
- Co-Chair
- Presenter/Speaker
- Discussant
- Planner
- Reviewer
- Author

**41. If your proposal is accepted, would this be the individual #5 first time presenting at an APSA meeting? Please type "yes", "no", or "I don't know".**

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**42. If your proposal is accepted, would this be the individual #5 first time presenting at an APSA meeting? Please type "yes", "no", or "I don't know".**

*Mark only one oval.*

- Option 1

43. **If there are any other faculty members, please list them here.**

Be sure to include their name, credentials, email, role, and if they are a first-time presenter.

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44. **Is there anything else we should know about your proposal?**

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45. **Attestation of Confidentiality \***

Ensuring the confidentiality of all clinical material presented at APsA meetings is essential. Presenters of case material must obtain informed consent or take other measures to safeguard confidentiality. Chairs must ensure all faculty are aware and compliant.

*Check all that apply.*

I have read and understand the confidentiality agreement. I will adhere to it.

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