

PRELIMINARY PROGRAM

APsA 2026 NATIONAL MEETING

JAN 27 – FEB 1, 2026 • In-Person
Palace Hotel, San Francisco



APsA 2025 NATIONAL MEETING



Welcome to APSA's 2026 National Meeting taking place at San Francisco's historic Palace Hotel.

Our program committee has worked diligently to make some changes to the program. After anonymous reviewing an unusually large number of submissions, we tried to include as many new programs as possible to welcome new voices into our community. We hope to continue these efforts

for the next meeting as well.

As always, the meeting opens with our Discussion groups—several new groups have been added to our roster. Our clinical workshops will be led by Sharone Ornstein, Al Margulies and Peter Goldberg, chaired by Himanshu Agrawal, Luis Ripoli and Mitch Wilson. Our featured plenary speakers are Ken Corbett speaking on *Who's Your Daddy: The Primal Father, Kinship and the Ethics of Care* and Donnel Stern, *What Does Unconscious Mean? Unformulated Experience and the Interpersonal Field*.

In keeping with our commitment to both psyche and soma, we're excited to offer early morning yoga sessions on Friday and Saturday.

Other cultural highlights include *Desire on the Couch*, co-sponsored by the California Institute of Integral Studies and the Kinsey Institute in support of our Committee on Gender and Sexuality. This program features never-before-seen-on-the-West-Coast archival treasures from the Kinsey Institute. We also will be holding- for the first time- a large group experience for those interested.

On Thursday evening, in collaboration with APsA's Department of Psychoanalytic Education, we are proud to present an evening of live chamber music with Seth Knopp, Artistic Director of Yellow Barn—an internationally recognized center for chamber music based in Vermont.

And – for the first time – we will host a dinner/dance on Friday evening. I'm told the IPA's European and South American contingent really know how to 'cut a rug' on the dance floor; this is our chance to show them what we are made of!

We hope you will join us for what promises to be a rewarding and exciting National meeting! See you in San Francisco!

Seth Aronson, Psy.D., Program Committee Chair

PROGRAM COMMITTEE

Phillip Blumberg, Ph.D., Member

Ann Dart, LCSW, Member

Elizabeth Diamond, Ph.D., Member

Neha Gupta, M.D., Member

Rachel D. Maree, M.D., M.P.H., Member

Larry K. Mortazavi, M.D., Member

Gregory Rizzolo, Ph.D., LCPC, Ex-Officio

Caroline M. Sehon, M.D. FABP,

Executive Committee Liaison

Aneil M. Shirke, M.D., Ph.D., Ex-Officio

Nirav Soni, Ph.D., Member

Jennifer L. Stevens, Ph.D., Member

Hannah Wallerstein, Ph.D., Member

Christopher G. Walling, Psy.D., Member

TABLE OF CONTENTS

Continuing Professional Education Credit	3
Daily Schedule.....	5-54
Monday	5
Tuesday	6
Wednesday	7
Thursday	23
Friday.....	38
Saturday.....	46
Sunday.....	54



STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities to review essential psychoanalytic knowledge.

After attending the APSA 2026 National Meeting, attendees will be able to:

1. Identify new developments affecting the science, policy, and clinical practice of psychoanalysis.
2. Compare presented clinical guidelines/best practices with the participant's current practice and identify strengths or gaps.
3. Analyze new research to develop practical applications and improvements for clinical practice or further research.

CONTINUING EDUCATION CREDITS

PHYSICIANS



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 45.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABPN-CERTIFIED PHYSICIANS



Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase

access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, the APSA 2026 National Meeting has met the requirements as a Lifelong Learning CME Activity (apply toward general CME requirement) for the following ABMS Member Boards: *Psychiatry and Neurology*

PSYCHOLOGISTS



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor

continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

SOCIAL WORKERS

This program is Approved by the National Association of Social Workers (Approval # 886504845-9570) for 45.5 continuing education contact hours.

COUNSELORS



American Psychoanalytic Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP

No. 7556. Programs that do not qualify for NBCC credit are clearly identified. American Psychoanalytic Association is solely responsible for all aspects of the programs.

NEW YORK STATE LICENSED PSYCHOANALYSTS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

NEW YORK STATE PSYCHOLOGISTS

The American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0153.

NEW YORK STATE SOCIAL WORKERS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

OTHER PROFESSION TYPES

Other professions will receive a certificate of attendance upon completion of the activity and online evaluation confirming their participation. Participants may claim credit for recertification; however, their professional organization/institute hold the final say on which accredited activities they accept.

DISCLOSURE STATEMENT

None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

**Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.*

— Updated December 2022



SOCIAL EVENTS



These social events are open to all attendees and have a cost associated with them.
Other social events, which are complimentary, are listed within the program.

**WEDNESDAY, JANUARY 28
THROUGH FRIDAY, JANUARY 30
8:00 A.M. – 8:00 P.M.**

DESIRE ON THE COUCH: MAPPING A CENTURY OF SEXUAL KNOWLEDGE PRODUCTION

Co-curated by Rebecca Fasman and
APSA member Christopher Walling

*Presented by California Institute
of Integral Studies in collaboration
with the Kinsey Institute.*



For three unforgettable days, the California Institute of Integral Studies (CIIS) becomes a laboratory of liberation—where history whispers, bodies speak, and desire reclaims its rightful place in the psychoanalytic imagination and affirms CIIS' commitment to inclusive, interdisciplinary conversations at the intersection of psychology, culture, and consciousness.

APSA attendees are invited to experience this never-before-seen exhibit on the West Coast from the Kinsey Institute archives. Connect with Kinsey curators to discover how psychoanalysis met the sexual revolution. Explore how psychoanalysis intersected with the sexual revolution through Freud's handwritten replies to worried parents, candid case files, censored photographs, and the marginalia that challenged an era's shame.

Cost: \$27.24

Location: California Institute of Integral Studies, 1453 Mission Street

CIIS is a 10-minute Uber ride from the hotel.

[To purchase tickets directly from CIIS, click here](#)

**THURSDAY, JANUARY 29
8:15 P.M. - 10:45 P.M.**

WHEN MUSIC SPEAKS A LIVE CHAMBER CONCERT BY YELLOWBARN

YellowBarn

*Presented by The Department
of Psychoanalytic Education
Section of the Psychoanalyst
in the Community and the
Community Psychoanalysis
& the Arts Committee*

**Pre-concert remarks at 8:15
followed by the concert at 8:30**

We invite you to join us for an evening of live chamber music & dialogue with world class musicians and analytic colleagues, followed by a dessert reception. The program features works by Helena Tulve, Arnold Schoenberg, and Olivier Messiaen. The apocalyptic and transcendent "*Quatuor pour la fin du Temps*," "Quartet for the End of Time," by Olivier Messiaen, was performed by the composer, and fellow musicians, in 1941 while captives at Stalag VIII A, a German POW camp. A remarkable story of courage and transformational creativity.

Cost: \$60 per person

Location: Palace Hotel

[For more information and
to purchase tickets
click here](#)

*If you would like to cover the
cost of a ticket for a Candidate
or someone for whom the cost
is out of their price range, please
contact George Pelch
(gpelch@apsa.org)*

**FRIDAY, JANUARY 30
8:00 P.M. – 11:00 P.M.**

DINNER DANCE

We're excited to announce
APSA's first-ever Dinner Dance —
an evening of great food, music,
and celebration!

Join us for a festive night
featuring:

- A delicious three-course meal
- A lively DJ spinning tunes to get everyone on the dance floor
- Great company and a chance to connect with colleagues in a relaxed, joyful atmosphere

After a packed week of learning and discussion, we invite you to join us for an enjoyable evening to relax, connect, and celebrate together.

Cost: \$175 per person

Cash Bar

Location: Palace Hotel

[To purchase tickets
click here](#)

*If you would like to cover the
cost of a ticket for a Candidate
or someone for whom the
cost is out of their price range,
please contact George Pelch
(gpelch@apsa.org)*

Confidentiality Statement

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality. If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- All participants are urged to be especially vigilant about protecting confidentiality during discussion periods and informal exchanges.
- Failure to observe these guidelines constitutes a breach of APsA's ethical principles and may be cause for disciplinary or legal action or both.

rv 10.14.2024

DAILY SCHEDULE

MONDAY, JANUARY 26

9:00 A.M. – 4:30 P.M.

RESEARCH TRAINING PROGRAM (DAY 1)

Co-chairs/

Presenters: John C. Markowitz, M.D. (New York, NY)
Barbara Milrod, M.D. (New York, NY)

Presenters: Manfred Beutel, Prof. Dr. med.
(Mainz, Germany)

Eric A. Fertuck, Ph.D. (New York, NY)

LUNCH BREAK: 12:00 P.M. – 1:30 P.M.

This training program is a new, needed initiative to introduce a rigorous research approach into psychoanalysis. APsA will hold a two-day, in-person Research Training Program on January 26 and 27, 2026 at the Palace Hotel in San Francisco, just before the Association's 2026 National

Meeting. Individuals interested in conducting psychoanalytically oriented treatment research are invited to apply for this exciting program.

Applications are due December 1, 2025: [click here](#).

The program will provide brief background talks in seminar format, but focus on intensive mentoring of applicants' research projects, intended to help participants to successfully apply for research funding. A program completion certificate will be provided.

After attending this session, learners will be able to: 1) Describe the differences between quantitative and qualitative psychoanalytically oriented research and the essential characteristics of each; 2) Summarize important steps in planning, evaluating, and seeking funding for a research project.

CME/CE 5.5

DAILY SCHEDULE

TUESDAY, JANUARY 27

9:00 A.M. – 4:15 P.M.



DPE CHILD CONGRESS 2026: LOSS AND THE DEVELOPING MIND: EARLY MEMORY, EMBODIMENT, AND MIRRORING

Chair: Gabrielle H. Silver, M.D. (New York, NY)
Presenters: Dima Amso, Ph.D. (New York, NY)
Thomas F. Barrett, Ph.D. (Chicago, IL)
Talia Hatzor, Ph.D. (New York, NY)
Miriam Steele, Ph.D. (New York, NY)
Discussants: Patricia A. Nachman, Ph.D. (New York, NY)
Wendy Olesker, Ph.D. (New York, NY)

LUNCH BREAK: 12:00 P.M. - 1:15 P.M.

This presentation provides a developmentally-organized introduction to work with individuals with early loss through the concepts of memory formation, embodiment, and mirroring. Clinicians and learners at all levels of training receive two extended case reports detailing clinical work with such individuals as well as empirically-based research from experts in the related areas of focus.

After attending this session, learners will be able to:
1) Demonstrate an increased knowledge of psychoanalytic theory and technique tailored to individuals with histories of early loss; 2) Demonstrate increased confidence in working with individuals with early loss. **CME/CE 6**

9:00 A.M. – 4:30 P.M.

RESEARCH TRAINING PROGRAM (DAY 2)

Co-chairs/
Presenters: John C. Markowitz, M.D. (New York, NY)
Barbara Milrod, M.D. (New York, NY)
Presenters: Manfred Beutel, Prof. Dr. med.
(Mainz, Germany)
Eric A. Fertuck, Ph.D. (New York, NY)

LUNCH BREAK: 12:00 P.M. – 1:30 P.M.

See Monday at 9:00 a.m. for description, objectives and application process. **CME/CE 5.5**

2:00 P.M. – 7:00 P.M.

ADMINISTRATIVE MEETING: BOARD OF DIRECTORS

APSA's Board of Directors is responsible for the management of the affairs and business of the Association. The Board of Directors comprises the Association's officers, eight nationally elected Directors-at-Large, Candidate Directors-at-Large, Ex Officio past officers and Directors representing each affiliate society of the Association, as well as each affiliate and affiliated study group.

The Board of Directors meeting is open to any member of the association except when there is a need for the Board to be in executive session.

Note: The Business Meeting of Members will take place on Friday, January 30 at 8:00 a.m. See page 38 for more information.

6:00 P.M. – 7:30 P.M.



SOCIAL EVENT: FIRST TIME ATTENDEE GATHERING

For those attending the meetings for the first time, join APSA staff, Executive Committee members, and fellow first-timers for an informal cocktail party. Our goal is to help you connect with leadership, staff, and other attendees—so you'll see some familiar faces throughout the rest of the meeting week!

6:30 P.M.



SOCIAL EVENT: PSYCHOTHERAPY DEPARTMENT DINE-AROUND DINNER

TROPISUEÑO, 75 Yerba Buena Lane

www.tropisueno.com

This Dine-Around is hosted by APSA's Psychotherapy Department, and welcomes practicing psychoanalytic therapists, psychoanalysts, trainees, researchers, faculty and training directors.

Please join us at TROPISUEÑO, a family-style Mexican restaurant, to share experiences and ideas about current psychotherapist clinical membership, practice and training.

The prix fixe menu includes a \$12 drink credit that can be used towards the purchase of both alcoholic and non-alcoholic drinks. Gratuity and taxes are included.

Cost: \$65.18

continued

DAILY SCHEDULE

6:30 P.M. continued

A 7-minute walk from the Palace Hotel. Dine-Around Attendees will meet in the Hotel lobby at 6:10 PM

Space is limited to 20 people. [Click here](#) to sign up.

Questions? Email michaelburkelcsw@gmail.com

WEDNESDAY, JANUARY 28

8:00 A.M. – 8:00 P.M.



SOCIAL EVENT: DESIRE ON THE COUCH

For details and to purchase tickets, see page 4.

9:00 A.M. – 11:00 A.M.

DISCUSSION GROUP 1: ALTERED STATES OF AWARENESS: HOW DID HARRIET TUBMAN BECOME THE MOST FAMOUS CONDUCTOR OF THE UNDERGROUND RAILROAD?

Co-chairs/

Presenters: Fonya Helm, Ph.D., ABPP
(Virginia Beach, VA)

Maurine Kelber Kelly, Ph.D., FIPA
(North Bethesda, MD)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group is suitable for psychoanalysts and psychotherapists working with people who have experienced and are struggling to integrate visions and other uncanny phenomena into their lives. The practitioner will gain increased knowledge, empathy, and listening skills to assist the patient/client in understanding and accepting these unsettling experiences. Paranormal communication exists in all racial, societal, economic and cultural groups and is relevant to fostering collaboration between and among groups to create a more just, equitable and peaceful society and the world. The presenters are clinical psychologists/psychoanalysts who have studied Tubman's extraordinary knowing, along with possible explanations that currently are subjects of experimental research into paranormal

experiences. Participants are welcome to join the discussion to present their own clinical vignettes.

After attending this session, learners will be able to: 1) Apply their improved ability to listen with respect and thoughtfulness to patients who report uncanny and paranormal experiences; 2) Analyze Tubman's utilization of her uncanny experiences to accomplish her outstanding work of guiding people to safety. **CME/CE 2**

DISCUSSION GROUP 2: ENABLING OR FORECLOSING CHANGE

Co-chair: Elizabeth Corpt, MSW, LICSW (Arlington, MA)

Co-chair/

Discussant: Peter Shabad, Ph.D. (Chicago, IL)

Presenter: Mitchell D. Wilson, M.D. (Berkeley, CA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This program will focus on the deep connections between the therapist's countertransference desires, how those desires may manifest themselves, and ultimately the therapist's ethical responsibility to the therapy. These desires are often obscured and rationalized by theory in various forms. Yet therapists have a responsibility to ask specific questions of themselves: "What outcomes are they seeking?" "What do they wish to experience?" "What do they aim to make manifest?" "What are they imposing on the patient and the process?" This program has the aim of highlighting and facilitating an awareness of these personal aspects of the therapist's contribution to the treatment process. The presenter will illuminate the connection of the therapist's desires and ethical responsibility to analytic action through clinical examples and dilemmas.

After attending this session, learners will be able to: 1) Explain how the countertransference experience depends on the desiring state of the therapist; 2) Explain how the therapist's desire and an ethics of responsibility are crucial to the unfolding of a generative analytic process. **CME/CE 2**

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

DISCUSSION GROUP 3: THE PSYCHODYNAMICS AND PSYCHOLOGICAL IMPACT OF MISOGYNY

Co-chairs/Presenters/

Discussants: Cecile R. Bassen, M.D. (Seattle, WA)

Hilli Dagony-Clark, Psy.D.

(Westchester, NY)

Presenter: Danielle Knafo, Ph.D. (Great Neck, NY)

This group is intended to enhance clinicians' understanding of misogyny. Danielle Knafo will present aspects of the analysis of a man who was unable to tolerate closeness with women due to feelings of insignificance and fears of rejection. His misogynistic fantasies revolved around the need for mastery and revenge and led to intense transference wishes and fears. The negative impact of the "manosphere," social media platforms which normalize and reinforce rage towards women, as depicted in the mini-series *Adolescence*, will also be explored as well as the psychodynamics of men who love dolls. Articles which portray the psychodynamics of misogyny will be pre-circulated to participants and discussed.

After attending this session, learners will be able to: 1) Describe common psychodynamics in men with misogyny; 2) Predict transference issues that are likely to arise in the treatment of men with misogyny. **CME/CE 2**

DISCUSSION GROUP 4: SEPARATION-INDIVIDUATION AND ATTACHMENT REVISITED: A FOCUS ON RESILIENCE

Chair/

Presenter: Wendy Olesker, Ph.D. (New York, NY)

Presenter: Diana Diamond, Ph.D. (New York, NY)

Discussant: Inga Blom Ph.D., PMH-C (New York, NY)

This discussion group for clinicians will present research from the Margaret Mahler Nursery, following children from infancy and toddlerhood, and who were then studied in latency, early adolescence, and as adults. Using tools like the Adult Attachment Interview (AAI), Object Relations Inventory (ORI), and Structured Interview of Personality Organization (STIPO), the focus will be on two cases involving adverse childhood experiences and notable resilience. The discussion will explore factors contributing to resilience, emphasizing how aggression is internalized and shapes mental representations. One presenter has directed the Mahler Follow-up Study for 15 years;

the other has analyzed the ORI and AAI data, co-developed Transference-Focused Psychotherapy (TFP), and authored several TFP books.

After attending this session, learners will be able to: 1) Describe the details about the domains of recovery from early adverse childhood experience in terms of relatedness(intimacy), independent autonomous functioning (individuality and sense of self development), emotional regulation, and problem solving (the world of school or work); 2) Describe and explain the behaviors and measures that are evidence of high and low levels of integration and coherence of mental representations from the STIPO ORI, Rorschach, repeated AAIs, and the Mirror Interview, based on the nature of internalizing processes. **CME/CE 2**

DISCUSSION GROUP 5: COMMITTEE ON CONFIDENTIALITY: THE CHALLENGES OF WORKING WITH CHILDREN, ADOLESCENTS, AND THEIR PARENTS

Chair: Kevin V. Kelly, M.D. (New York, NY)

Presenter: Alan Sugarman, Ph.D. (Cardiff by the Sea, CA)

Discussant: Kerry Kelly Novick, A.B., B.A., FIPA
(Closter, NJ)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group will consider issues of confidentiality in the treatment of children and adolescents. It will highlight the distinction between privacy and secrecy with regard to the necessary parent work with such age groups. It will also examine ways of managing confidentiality when presenting or writing about such work. Anyone who works with children and adolescents in psychoanalysis and psychoanalytic psychotherapy, including candidates and students, will find the material and ideas helpful.

After attending this session, learners will be able to: 1) Explain the distinction between privacy and secrecy to work with children and their parents; 2) Explain why the parents need to be involved when treating such patients. **CME/CE 2**

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

DISCUSSION GROUP 6: THE INTEGRATION OF PSYCHOANALYSIS AND COUPLE THERAPY

Chair/

Presenter: Graciela E. Abelin-Sas Rose, M.D.
(New York, NY)

Presenters: Constance W. Brown, MSW (New York, NY)
David M. Rappaport, Ph.D. (New York, NY)

Discussant: Ellen Mezan, Ph.D. (Katonah, NY)

This discussion group, targeted to all psychoanalytically-inclined clinicians, will study the application of psychoanalytic principles to the treatment of couples. This includes discussing the distinction between the unconscious organization of the individual and the unconscious organization of the couple, centering on the potentiating synergy of a combined treatment (individual and couple). An important difference is the presence of the intense transferences between partners, where neither is able to maintain the neutral observing position that the therapist may offer in a dyadic treatment. It will provide learners with tools to understand and approach those transferences and conflictual behaviors based on complex unconscious interactions originating in the partners' early life experiences.

After attending this session, learners will be able to:

- 1) Explain how distortions and misinterpretations, through projective identification and transferences render patients unable to present an accurate reading of their partner;
- 2) Design interventions that focus on how fixed constructions of the partner affect the partner's emotional field, helping to maintain a pattern that impedes mutual development.

CME/CE 2

DISCUSSION GROUP 7: ENRICHING ADULT ANALYTIC WORK BY CHILD ANALYTIC TRAINING AND PRACTICE

Chair: Caroline M. Sehon, M.D., FABP
(Bethesda, MD)

Presenter: Nicole Michaan de Hanono, M.A.
(Panama City, Panama)

Discussants: Denia G. Barrett, MSW (Madison, OH)
Rex H. McGehee, M.D., FABP (Denver, CO)

This discussion group will examine the psychoanalytic psychotherapy of a seven-year-old child presenting with somatic symptoms, separation anxiety, and early disturbances in object constancy. Through detailed clinical material, the

presenters will illustrate how therapeutic play and art can facilitate the child's capacity to symbolize, process fears of separation, and achieve greater autonomy. Attention will be given to the application of child analytic theory and technique in ways that illuminate and strengthen psychoanalytic work with adults. The session is designed for psychoanalysts, psychotherapists, and trainees interested in deepening their understanding of how insights from child analysis inform and enrich treatment across the lifespan.

After attending this session, learners will be able to:

- 1) Analyze two ways that symbolic play and art in child psychoanalytic psychotherapy support the development of autonomy and affect regulation, and apply these principles to deepen interpretive technique in adult analytic work;
- 2) Identify and evaluate how early disruptions in object constancy contribute to anxiety and somatic symptom formation in children, and integrate these developmental dynamics into their conceptualization and treatment of adult patients.

CME/CE 2

DISCUSSION GROUP 8: SCHIZOID MODES IN NARCISSISTIC AND BORDERLINE STATES

Co-chairs: Susan N. Finkelstein, LCSW (New York, NY)
M. Nasir Ilahi, LLM (Greenwich, CT)

Presenter: Lilia Feinberg, M.D. (Needham, MA)

This discussion group targets psychoanalysts, psychotherapists, trainees, and candidates working with schizoid, borderline and narcissistic patients providing psychoanalytic tools for understanding primitive anxieties in these disturbed populations and working in the transference-countertransference dynamic. Emphasis is placed on the role of unconscious phenomena, contributing to enactments between patient and psychoanalyst-psychotherapist-trainee-candidate. Theory and clinical practice are integrated by discussion of an article; examination of close details in case presentation, followed by lengthy discussion among participants, presenters, and chairs, focusing on The Independent and British Kleinian Schools of Psychoanalysis. Susan Finkelstein is a training analyst in NYC and is the Director of Understanding Primitive Mental States. M. Nasir Ilahi is a training analyst and Fellow at the British Psychoanalytic Society.

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

After attending this session, learners will be able to: 1) Describe the nature of schizoid mechanisms and their links with neurotic, borderline, and narcissistic functioning; 2) Apply technical approaches with origins in Freud and Klein to working with the non-neurotic patient or the disturbed aspects of neurotic patients. **CME/CE 2**

DISCUSSION GROUP 9: MEDICAL HOME AS SECURE BASE

Co-chair/
Discussant: Madeleine Lansky, M.D. (San Francisco, CA)
Co-chair/Presenter/
Discussant: Omoniyi Omotoso, M.D., MPH, FAAP
(Oakland, CA)

Presenter/
Discussant: Melissa J. Rose, M.D. (Hayward, CA)

This discussion group invites health professionals and trainees who care for children, adults, and patient-families to learn how translating psychoanalytic concepts into clinical applications can support primary care. Psychoanalysis, even with limited direct access to psychodynamics, plays a large role in under-resourced communities. Discontinuity in healthcare staffing and limited access re-traumatizes at-risk children. Front-line health workers can foster continuity and build therapeutic relationships with patient-families. Through healthcare workers collaborating with the psychoanalyst, psychotherapist, psychologist and/or social worker, patient-families even with complex cases can be cared for. This discussion group honors the psychoanalytic tradition linking general pediatrics with psychoanalysis and uses evidence-based collaborative care models as the application tool.

After attending this session, learners will be able to: 1) Explain the collaborative care model and the role of learner to facilitate a common language for primary care providers, psychoanalysts, psychotherapists and social workers to provide behavioral and mental health care in the medical home; 2) Describe modalities on how collaborative care models could be implemented in primary care settings. **CME/CE 2**

DISCUSSION GROUP 10: PSYCHOANALYTIC PARENT-INFANT WORK ACROSS THEORIES, FIELDS, AND COMMUNITIES: MOTHERHOOD IN CURRENT TIMES, UNDER EXTREME INTERNAL AND EXTERNAL CONDITIONS

Chair: Talia Hatzor, Ph.D. (New York, NY)
Co-chair/
Presenter: Miriam Steele, Ph.D. (New York, NY)
Presenter: Yael Goldstein-Love, BA (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This discussion group is for psychoanalysts, psychotherapists, candidates, and trainees interested in the psychological and emotional transformations of early motherhood. It explores the maternal mind under normative and extreme conditions, integrating psychoanalytic, attachment, and literary perspectives. A highlight is novelist Yael Goldstein-Love, author of *The Possibilities*, whose work powerfully explores the maternal psyche, birth trauma, and the tension between inner experience and societal expectations. Her narrative sheds light on the emotional intensity, ambivalence, and identity shifts of early motherhood. Clinicians and researchers will also present work with asylum-seeking mothers and longitudinal attachment data. This session aims to deepen understanding of maternal struggles, subjectivity, and transformation amid the challenges mothers face today.

After attending this session, learners will be able to: 1) Describe the psychological and emotional transformations of early motherhood through psychoanalytic and attachment perspective in current times; 2) Analyze the impact of societal expectations under socio-political challenges and traumas on maternal subjectivity, using insights from clinical cases and literary narratives.

CME/CE 2

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

RESEARCH TRACK:

A THREE-SESSION SEQUENCE ON THE THEORY AND PRACTICE OF NEUROPSYCHOANALYSIS: BUILDING BRIDGES: FROM PREDICTIVE BRAINS TO SUFFERING MINDS

SESSION 1:

THE BASIC THEORY OF NEUROPSYCHOANALYSIS

Co-chairs: Virginia C. Barry, M.D. (Evanston, IL)

Charles P. Fisher, M.D. (Berkeley, CA)

Presenter: Mark Solms, Ph.D. (London, England)

This is the first of three two-hour sessions on the theory and practice of neuropsychanalysis, intended for psychoanalysts, psychotherapists, psychiatrists, trainees, and scholars. Attendance at all three sessions is recommended but not mandatory.

Professor Solms will lay out the basic theory of neuropsychanalysis, featuring aspects of affective, cognitive, and computational neuroscience. The session will focus on a revised drive theory, informed by affective neuroscience, and describe how the brain generates expectations about the world in the service of meeting drive demands (emotional needs). This session will help us understand predictive processing, the Free Energy Principle, Markov blankets, and more.

After attending this session, learners will be able to: 1) Identify the brain circuits responsible for seven basic emotional drives in human beings; 2) Identify the psychopathologies associated with failures to satisfy the seven basic emotional drives.

CME/CE 2

SENIOR ANALYST PRESENTATION (PART 1): THE PSEUDO-SELF WITH GILA ASHTOR

Co-chairs: Elizabeth Diamond, Ph.D. (Los Angeles, CA)

Christopher G. Walling, Psy.D., MBA, FAP
(Los Angeles, CA)

Presenter: Gila Ashtor, Ph.D., LP (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This session examines the clinical and cultural phenomenon of the “pseudo-self,” a dissociative personality organization in which outward functionality conceals a lack of emotional authenticity. Drawing on psychoanalytic and psychotherapeutic theories—including the false

self, normotic personality, and “as-if” presentation—the session explores how such structures challenge traditional clinical approaches. Often undetected due to the patient’s/client’s intact reality testing and absence of complaint, the pseudo-self resists affective depth and emotional engagement. The discussion will also address how neoliberal ideals of speed, productivity, and disconnection shape these presentations. This session is intended for psychoanalysts, psychotherapists, therapists, candidates and trainees, and other clinicians interested in complex, hard-to-detect personality dynamics that defy conventional diagnostic and therapeutic models.

After attending this session, learners will be able to: 1) Define and differentiate the clinical constructs of the “pseudo-self,” “false self,” “normotic personality,” and “as-if personality,” and examine how these forms of dissociative organization manifest in high-functioning patients with minimal subjective distress; 2) Examine the challenges these types of patients pose to traditional psychoanalytic technique, including the difficulty of detecting absence of affect, the absence of complaint, and the implications for transference-countertransference dynamics and therapeutic engagement.

CME/CE 2

11:30 -A.M. – 1:30 P.M.

COMMITTEE SPONSORED WORKSHOP #1: COLLEAGUE ASSISTANCE COMMITTEE

Chair: Robert Galatzer-Levy, M.S., M.D.
(Evanston, IL)

Presenter: Norman V. Kohn, M.D. (Chicago, IL)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This session addresses the role of heart disease, its manifestations, and treatment as it affects the practice of psychoanalysts and therapists. In dialogue with the audience, a colleague will describe how his severe heart disease affected his practice and how he dealt with it. A cardiologist will discuss these same issues. The session will be particularly important for individuals concerned with existing heart disease, those who may develop heart disease, and those who work to support colleagues with heart disease.

continued

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

After attending this session, learners will be able to:
1) Describe some of the impacts therapists' heart disease has on treatment; 2) Discuss when therapists are wise to return to work following a cardiac incident or procedure. **CME/CE 2**



DPE PSYCHOTHERAPY SECTION AND COUNCIL ON ARTIFICIAL INTELLIGENCE CO-SPONSORED WORKSHOP: AI IN PSYCHOANALYTIC TRAINING PROGRAMS

Chair: Ann Dart, LCSW (Portland, OR)
Presenters: Todd Essig, Ph.D. (New Paltz, NY)
Michael Langlois, MSW (Nantucket, MA)
Amy Levy, Ph.D. (Chapel Hill, NC)

Is the accelerating AI revolution leaving you horrified and terrified? Fascinated and excited? Trying to ignore the whole thing? Are you an expert or a novice? This workshop is designed with all of the above in mind. Co-sponsored by DPE's Psychotherapy Section and its Council on Artificial Intelligence, it addresses the fundamental challenge of how to prepare students so they can thrive professionally in a culture being transformed by AI. A panel that will include seasoned clinicians, as well as an AI demonstration, will discuss AI as both a pedagogical technology that can enhance, or if misused diminish, classroom experience and a topic requiring critical, psychoanalytic engagement. Breakout groups will follow, offering participants a chance to engage actively with the material to think and learn together.

After attending this session, learners will be able to:
1) Explain the uses and misuses in AI training; 2) Define generative AI. **CME/CE 2**

SERVICE MEMBER AND VETERANS INITIATIVE

Chair: Harold Kudler, M.D. (Durham, NC)
Co-chair: Andrew Van Slyke, M.D. (Virginia Beach, VA)
Presenter: Timothy H. Rayner, M.D. (San Diego, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Timothy Rayner, Navy psychiatrist, recounts his deployment during Operation Iraqi Freedom, leading a Combat Stress Platoon within a Marine Corps Surgical Company. He examines the Navy's post-Vietnam Combat Stress Doctrine—summarized by PIES (Proximity, Immediacy, Expectancy, Simplicity)—and its limits in Iraq, where stress often arose from anticipation, ambush, or preexisting vulnerabilities rather than direct combat. Clinical work largely centered on the Surgical Company itself, revealing tensions between psychiatric guidance and command priorities. The presentation highlights the concept of “negative capability”—tolerating absence of contextual grounding—as vital for clinicians. Designed for psychoanalytic students and practitioners, it situates one piece of the broader mosaic of military mental health care, offering insights into the unique challenges of supporting troops in wartime conditions.

After attending this session, learners will be able to:
1) Describe how pre-deployment doctrine can be compromised by operational realities; 2) Identify the implications of being disjointed from a coherent broader context for delivery of mental health care.

CME/CE 2

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M.



DPE EDUCATION FORUM: MUSIC SPEAKS: WHY WE LISTEN

Co-chair/

Presenter: Paula Christian-Kliger, Ph.D., ABPP
(New York, NY)

Co-chair/Presenter/

Discussant: James W. Barron, Ph.D., ABPP
(Brookline, MA)

Presenter: Seth Knopp, Artistic Director, YellowBarn
(Putney, VT)

Discussants: Joanne M. Gold, MA, MSW, MA. Ed.
(Baltimore, MD)

David I. Joseph, M.D. (Washington, DC)

Music Speaks: Why We Listen addresses commonalities and specificities in psychoanalytic and musical modes of listening. World class pianist and, YellowBarn Artistic Director, Seth Knopp, will present and illustrate the propositions, “How music speaks to us determines why one listens” and “Why one listens determines how music speaks.” Within a psychoanalytic panel – akin to ensemble – focusing on deep listening, presenters and participants will shed light on ways music communicates ideas and emotions, and one’s relationship to music in the concert hall, in the consulting room, and in community. Paula Christian-Kliger, James Barron, Joanne Gold and David Joseph, will provide framing, psychoanalytic commentary, and discussion. Presenters will engage in conversation with one another and with the audience around deep listening, emotional resonance, and attunement.

This session is in collaboration with Music Speaks a Live Chamber Concert by YellowBarn on Thursday evening at 8:15 p.m. See page 4 for details.

After attending this session, learners will be able to:
1) Apply ideas about “negative capability” and virtues of “not knowing” to both musical and analytic listening; 2) Examine ways to become attuned to one’s own and the group’s reverie.

CME/CE 2

SENIOR ANALYST PRESENTATION (PART 2): THE PSEUDO-SELF WITH GILA ASHTOR IN A CARCERAL SETTING

For description and educational objectives

see Part 1 at 9:00 a.m. **CME/CE 2**

DISCUSSION GROUP 11:

HISTORY OF PSYCHOANALYSIS: THE RADICAL OTHERNESS OF MASUD KHAN

Chair/

Discussant: Peter L. Rudnytsky, Ph.D., LCSW
(Gainesville, FL)

Co-chair/

Discussant: Madelon Sprengnether, Ph.D.
(Minneapolis, MN)

Presenter: Ilene Philipson, Ph.D., Psy.D. (Oakland, CA)

Masud Khan was one of the most brilliant psychoanalysts of the twentieth century. He was Winnicott’s “principal disciple”—and analysand. He was also one of the most troubled, dying in madness, despair, and isolation. How could such a talented and celebrated psychoanalyst fall so tragically? In response to this question, his analysis with Donald Winnicott remains a focus of theorizing and controversy. Analyst and scholar Ilene Philipson argues that it was Khan’s radical otherness, and his identification as a “feudalist,” standing outside of a Western, democratic worldview, that was a significant reason for the failure of his analysis. In defying the confines of his analytic community’s social unconscious, Khan’s descent allows us to question the ways in which one thinks about difference and otherness today.

After attending this session, learners will be able to:
1) Evaluate the various explanations for why Khan’s analysis with Winnicott was unsuccessful; 2) Describe the radical forms of Khan’s otherness that fell outside the limits of his analyst’s social unconscious. **CME/CE 2**

DISCUSSION GROUP 12:

ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chairs/

Presenters: Susan Kattlove, M.D. (Cambridge, MA)
Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board.

This discussion group will explore everyday ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How does one make ethical judgments

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using fictional vignettes as a springboard to ease barriers to open discussion, this group will explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, learners will be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of training organizations; 2) Predict and explain the consequences of dual relationships on psychotherapy and psychoanalysis and psychotherapy/psychoanalytic training.

CME/CE 2

DISCUSSION GROUP 13: IPSO: INTERNATIONAL PERSPECTIVES IN PSYCHOANALYSIS: SUPERVISION WITH KATY BOGLIATTO

Chair: Mary Sacco, LMHC (Seattle, WA)

Presenters: Katy Bogliatto, Dr. med. (Brussels, Belgium)
Ursula Hines, M.D., FRCP(C)
(Alberta, Canada)

This presentation is targeted at psychoanalysts in-training, to address a gap between their current level of clinical knowledge and the level representative of a senior analyst. IPSO clinical supervision provides an opportunity to study with senior analysts and candidate peers from other parts of the world. Katy Bogliatto is a training analyst at the Belgian Psychoanalytical Society and the IPA Vice-President. She is a published psychoanalyst, with expertise in medically assisted reproduction and child psychoanalysis. Using the clinical material provided by a candidate, she will help learners explore unconscious dynamics, transference messages, and defense mechanisms in the session.

After attending this session, participants will be able to 1) Tolerate uncertainty and strengthen reflective listening capacities 2) Identify core psychoanalytic concepts such as transference, countertransference, and resistance and unconscious communication.

CME/CE 2

DISCUSSION GROUP 14: THE DIFFICULT CHILD TO REACH: A KLEINIAN PERSPECTIVE ON PSYCHOANALYTIC WORK WITH CHILDREN

Chair: Karen Proner, M.S., FIPA (New York, NY)

Presenter: Debra Gill, LICSW-R (New York, NY)

The group is meant for clinicians working with children and adolescents. It is to expand thinking about working with children who are difficult to engage in the treatment process. There are no other meetings on this topic, and there are many analytically informed clinicians seeing borderline children.

After attending this session, learners will be able to: 1) Examine how some distressed children may not be able to work in the usual analytic frame or medium of play or talking; 2) Explain patients early anxieties and defenses that make it difficult to reach a child and to engage the child in an analytic process. **CME/CE 2**

DISCUSSION GROUP 15: DISTANCE PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY

Co-chairs/

Presenters: David E. Scharff, M.D. (Chevy Chase, MD)
R. Dennis Shelby, Ph.D. (Chesterton, IN)

Co-chair/

Discussant: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)

Presenters: Tatiana Onikova, Ph.D.
(Prague, Czech Republic)

Caroline M. Sehon, M.D. (Bethesda, MD)

Discussant: Shao Major Xiao, Ph.D. (Beijing, China)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This presentation explores strategies and skills for effective technology-supported hybrid education, aiming to enhance teaching of psychoanalysis and psychotherapy and foster the development of competent analysts and psychotherapists in-training. It addresses complexities of hybrid learning environments with a view to optimizing engagements between onsite and online settings. The discussion will address managing group anxieties related to visibility and connection, and the unique dynamics, inherent losses, and valuable gains within this evolving hybrid educational landscape. The discussion will also focus on

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

developing a learning community across distance and varying cultures of the students and candidates.

After attending this session, learners will be able to:
1) Describe three strategies and skills for effective technology-supported hybrid education in psychoanalysis and psychotherapy to enhance accessibility and foster competent practitioners; 2) Analyze four elements of complexity of the hybrid learning environment, including managing anxieties and understanding the unique dynamics, losses, and gains. **CME/CE 2**

NEW

DISCUSSION GROUP 17: RESEARCH ON THE FRAME IN PSYCHOANALYSIS: IN PERSON VERSUS TELE-ANALYSIS

Chair: Karl Stukenberg, Ph.D., ABPP (Cincinnati, OH)
Presenters: Spencer Gardner, M.D. (Cincinnati, OH)
Sean Michael McGraw, MA (Cincinnati, OH)

This presentation is intended for psychoanalysts, therapists, candidates, trainees, and researchers. COVID-19 and the subsequent lock-down raised questions about the analytic and psychotherapeutic frame – specifically about the impact of in-person versus telehealth delivered treatments. Preliminary results from an ongoing research project listening to in-person and telehealth psychoanalytic hours will be presented. The hours have been recorded and then transcribed and rated. All analyses are from a single analyst, some delivered only in-person, some started in person and transitioned to telehealth and some exclusively through telehealth. Comparisons in the analytic process will be discussed to help us move forward in understanding the role of telehealth in the provision of mental health services.

After attending this session, learners will be able to:
1) Describe relevant considerations in the use of in-person and remote delivery of psychoanalysis and psychotherapy; 2) Explain complications inherent in determining the impact of changing a single variable in a complex, multiply determined set of interactions like psychoanalysis or psychotherapy

CME/CE 2

NEW

DISCUSSION GROUP 18: LISTENING IN THE ANALYTIC FIELD: AN IMMERSIVE GROUP EXPERIENCE IN BIONIAN FIELD THEORY

Co-Chairs/
Presenters: John B. Cardinali, Psy.D. (Seattle, WA)
Nancy C. Winters, M.D., FIPA, ABPsa
(Portland, OR)
Discussants: Caron Harrang, LICSW, FIPA, BCPsa
(Seattle, WA)
Scott Murray, M.D., FIPA (Portland, OR)
Darren Thompson, M.D., FIPA, ABPsa
(Vancouver, Canada)
Drew Tillotson, Psy.D., FIPA, BCPsa
(San Francisco, CA)

This discussion group is intended for psychoanalysts, psychotherapists, candidates, and trainees interested in deepening their clinical listening skills through the lens of Bionian Field Theory (BFT). The session will explore the analytic field as an emotional and symbolic space that reflects unconscious intersubjective dynamics, with particular attention to socio-cultural dimensions. Drawing on the work of Ferro and Civitarese, presenters will introduce an immersive model for group-based training in psychoanalytic listening. Using a clinical case for discussion, participants will examine how the analytic field enhances attunement to unconscious processes, transference, countertransference, and emergent meanings. The case will also highlight how social location—such as race, gender, and sexual orientation—shapes the field, offering tools for engaging these forces as active dimensions of work with patients/clients.

After attending this session, learners will be able to:
1) Describe the core concepts of Bionian Field Theory and their relevance to clinical practice with socio-cultural factors; 2) Apply field-based techniques for clinical listening in individual or group training contexts. **CME/CE 2**

WEDNESDAY

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

NEW **DISCUSSION GROUP 19:**
THE OPENING OF A RESPONSE TO
PAUL RICOEUR'S OVERDUE INVITATION
TO A DIALOGUE BETWEEN CLINICAL
PSYCHOANALYSIS AND PHILOSOPHY

Co-chairs: Jeffrey H. Sacks, D.O. (New York, NY)
 Pascal Sauvayre, Ph.D. (New York, NY)
 Presenters: Michael Becker, Ph.D. (New York, NY)
 Orshi Hunyady, Ph.D. (New York, NY)
 Michael Monhart, LP (New York, NY)
 Katharina Rothe, Ph.D. (New York, NY)

This discussion group led by Jeffrey Sacks and Pascal Sauvayre, co-editors of a forthcoming book on Paul Ricoeur's impact on contemporary psychoanalysis and psychotherapy, features a panel that includes several contributors to the book. This session will benefit clinicians already familiar with Ricoeur as well as those curious about him. The panel will reflect on and try to make sense of the birth, life course, and the future of Freud and Philosophy (1965) and Ricoeur's continued exploration of psychoanalysis and psychotherapy over the last 60 years. The discussion will explore his ongoing work within domains of the semantics of desire, metaphor, and narrative as a two-person search for meaning. This search for meaning is intersubjective and moves one from simply being alive to truly being human.

After attending this session, learners will be able to:
 1) Explain Ricoeur's evolving impact on clinical practice by taking some of his key concepts and applying them to their psychoanalytic and psychotherapeutic work; 2) Describe the significance of the ongoing relationship between philosophy and psychoanalysis and psychotherapy in the understanding of the analytic attitude which offers a wider range of work with difficult patients.

CME/CE 2

FILM WORKSHOP:
LEARNING TO SPEAK: A DOCUMENTARY FILM
AND DISCUSSION ABOUT CREATIVITY AND
RECOVERY

Chair/
 Discussant: Jane G. Tillman, Ph.D., ABPP
 (Stockbridge, MA)
 Presenter: Michele Beck, MFA (New York, NY)

This session features the screening of Learning to Speak, a 50-minute autobiographical documentary by artist, psychoanalyst, and filmmaker Michele

Beck, who, as a young adult, survived a suicide attempt and spent three and a half years in an open psychiatric hospital. The film explores the filmmaker's return to the hospital decades later, following the death of her father, as she seeks to make sense of her early adult experiences and understand the therapeutic elements of that environment. Blending personal narrative, archival materials, and interviews with former patients, the film offers a deeply human and clinically relevant exploration of healing, memory, creativity, and the power of the therapeutic community.

After attending this session, learners will be able to:
 1) Explain how personal history and family dynamics shape the experience of the self, mental illness, and recovery; 2) Identify the therapeutic benefits of creativity and community in residential mental health treatment. **CME/CE 1**

4:30 P.M. – 6:30 P.M.

FELLOWSHIP RESEARCH SEMINAR

Chair: Petra M. Pilgrim, M.D. (New Canaan, CT)
 Co-chair: Masha Mimran, Ph.D. (New York, NY)
 Presenter: Allison Rhodes, M.D. (Cambridge, MA)
 Discussant: Sien Rivera, M.D. (Columbia, SC)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This seminar will discuss a recent qualitative study of perceptions of and experiences with human papillomavirus (HPV) vaccination among transgender and other gender minoritized individuals who were assigned female at birth (AFAB). The HPV vaccine effectively prevents HPV infection but was initially approved only for 'females' by the FDA and was historically marketed with strong gendered language. Transgender and other gender minoritized AFAB individuals are at risk of acquiring HPV and developing HPV-related diseases. Studies have demonstrated that transgender individuals have lower HPV vaccine initiation and completion rates compared to cisgender individuals. Additionally, transgender, and other gender minoritized AFAB individuals have gender identities that do not align with the feminized focus of historical HPV vaccination campaigns, so may have additional barriers to engaging with the HPV vaccine.

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

After attending this session, learners will be able to:
1) Discuss interactions between gender identity and accessing healthcare; 2) Predict implications for health promotion and interventions specifically related to HPV and the vaccine. **CME/CE 2**

TWO-DAY CLINICAL WORKSHOP #1: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Mitchell D. Wilson, M.D. (Berkeley, CA)
Presenters: Peter L. Goldberg, Ph.D. (Albany, CA)
Pamela M. Kirby, Psy.D. (Amarillo, TX)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 30 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This two-day clinical workshop will focus on the role of the body in relation to the psyche, in the spirit of Winnicott's paper on the psyche-soma in development. A clinical case of a patient with unusual bodily characteristics, will be presented. Dr. Peter Goldberg will be the discussant. Dr. Goldberg's teaching and writings have focused on forms of dissociation and regimes of bodily regulation (soma), in ways that contribute to emotional pain, splitting, and, at times, a deadness of experience.

After attending this session, learners will be able to:
1) Explain the unique emotional challenges patients with disability face; 2) Describe three aspects of countertransference that both interfered with and helped the clinical process move forward.

CME/CE 2

TWO-DAY CLINICAL WORKSHOP #2: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Himanshu Agrawal, M.D., DFAPA
(Hartland, WI)

Discussants: Gergely Földesi, Psy.D. (New York, NY)
Sharone B. Ornstein, M.D. (New York, NY)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 30 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Intended for clinicians and trainees at all levels, this two-day clinical workshop will be chaired by an early career psychoanalyst (originally from India, practicing in Wisconsin) who will invite an advanced candidate affiliated with the William Alanson White Institute (originally from Hungary, practicing in New York City) to present detailed process notes from analytic sessions (with the same patient over time), followed by an interactive discussion led by a seasoned, prolific Training and Supervising Analyst affiliated with The Columbia Center for Training and Research of Psychoanalysis and the Weill Cornell School of Medicine. Integrating the obvious parallel process, the seminar will highlight how one may deepen analytic work whilst traversing race, socioeconomic status, sexual orientation, and immigration.

After attending this session, learners will be able to:
1) Identify the interplay between race, socioeconomic status, sexual orientation, and immigration in the unfolding therapeutic relationship; 2) Describe different ways of engaging with hiddenness, curiosity, playfulness, and desire for connection in the analytic process. **CME/CE 2**

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

TWO-DAY CLINICAL WORKSHOP #3: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Luis H. Ripoll, M.D. (New York, NY)
Presenter: Shil Sengupta, LCSW (Royal Oak, MI)
Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 30 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

Unfolding process material from a psychodynamic treatment will be presented to explore how the patient's past shapes their mental life in the here-and-now, and how, by finding its expression in the transference-countertransference matrix, the analytic therapist offers the possibility of therapeutic change. The presenter will discuss implementation of multiple therapeutic modalities, brought to bear on a primary psychoanalytic approach to treatment. The discussant has long-standing interests in the construction of time, self, memory, meaning, and existential dislocation. Transference is conceived as a prism to time, refracting the entwined dimensions of past-present-future into the continual spiral of unfolding meaning. An informal and collegial atmosphere will provide an in-depth, interactive, and pluralistic group discussion. This session is appropriate for all levels of clinical experience and is open to all.

After attending this session, learners will be able to: 1) Demonstrate the roles of time, memory, and existential dislocation in the interpretation of aspects of relatedness between patient and therapist, and how this unfolds within a deepening treatment and relationship; 2) Identify fundamental aspects of the transference-countertransference matrix, and how it emerges and impacts the psychoanalytic and psychotherapy process, and the nature of working-through. **CME/CE 2**

TWO-DAY CLINICAL WORKSHOP #4: PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)

Co-chair: Ann Dart, LCSW (Portland, OR)
Co-chair/
Discussant: Richard F. Summers, M.D. (Bryn Mawr, PA)
Presenter: Christopher Bartel, Psy.D. (Portland, OR)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 25 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

This clinical workshop, sponsored by the Psychotherapy Department and DPE of APsA, will focus on psychotherapy process and technique. The workshop will feature a San Francisco trained psychodynamic psychotherapist presenting detailed process notes from several sessions, and a skilled discussant who will help highlight aspects of the case. After a close reading of the material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play. Participants will deepen their understanding of how these principles and techniques inform and contribute to the psychotherapy process. An informal, collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, learners will be able to: 1) Identify several psychoanalytic principles reflected in the clinical material; 2) Identify several psychoanalytic techniques used to effectively deepen the work. **CME/CE 2**

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

TWO DAY WORKSHOP: COMPARATIVE CLINICAL METHODS WORKING PARTY GROUP (PART 1)

Co-Chairs: Abbot A. Bronstein Ph.D. (Oakland, CA)
Marie G. Rudden, M.D.
(West Stockbridge, MA)
David Tuckett, BSc, MSc, Ph.D. (London, UK)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 30 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

This Comparative Clinical Methods two-day workshop is based on the working party group and the new publication *Knowing What Psychoanalysts Do and Doing What Psychoanalysts Know* written by the CCM working group. Clinical hours from a case treated by an experienced psychoanalyst will be “studied” using the two-step model and eleven questions described in the book. The purpose of the working party is to describe how analysts actually work in their clinical sessions. The group is intended for experienced clinicians. This is not a supervision of the case, but an attempt to describe how an analyst thinks and how those thoughts become action in the process of the analyst doing psychoanalysis.

After attending this session, learners will be able to:

- 1) Discuss how the presenting psychoanalyst thinks about their psychoanalytic process with this patient;
- 2) Describe the Comparative Clinical Methods approach to clinical thinking and the implicit and explicit analytic theories of the analyst.

CME/CE 2

DISCUSSION GROUP 20: TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM

Chair/
Presenter: Christopher W.T. Miller, M.D. (Baltimore, MD)
Presenters/
Discussants: Duncan Kimmel, M.D. (Baltimore, MD)
Joo-Young Lee, M.D., M.S.
(Highlands Ranch, CO)
Sara Milrad, M.D., Ph.D. (Baltimore, MD)
Donald R. Ross, M.D. (Austin, TX)

The discussion group is geared toward educators and clinicians who wish to expand their repertoire for teaching psychodynamic principles to trainees. The use of film can lend an immediacy to highlight how particular dynamics are played out in a given scene. This year the 2007 Brazilian film *Elite Squad* will be the focus of discussion. It illustrates the pressures of the group in effacing individual mindsets to homogenize with a paranoid-schizoid framework predicated on splitting and projective identification, scaffolded by a sense of righteousness and moral superiority. Concepts drawing from object relations (particularly Klein and Bion) will be used to highlight dynamics within the film.

After attending this session, learners will be able to:

- 1) Describe healthy and pathological group dynamics, including basic assumptions and work group models;
- 2) Discuss how projective group pressures can efface individual mindsets to accord with paranoid-schizoid frameworks.

CME/CE 2

DISCUSSION GROUP 21: EFFECTS OF THE HOLOCAUST AND MASSIVE PSYCHIC TRAUMA ON SURVIVORS AND FAMILY MEMBERS

Co-chairs/
Presenters: Nanette C. Auerhahn, Ph.D.
(Moreland Hills, OH)
Ira Brenner, M.D. (Bala Cynwyd, PA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This discussion group aims to increase knowledge about long-term psychological effects of genocidal persecution on survivors and family members. A special emphasis is on intergenerational transmission of trauma on survivors' children, grandchildren, and great-grandchildren, which is

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

not well known by clinicians. A parallel dynamic, with significant differences, among perpetrators and their families may also be explored. This program is intended to increase the efficacy of clinicians working with survivors of massive psychic trauma and their families and will use clinical examples as well as references to the research literature on the topic. Presenters, chair and co-chair have decades of experience working in this area clinically as well as teaching about and researching this topic.

After attending this session, learners will be able to:

- 1) Explain the manner in which traumatic experiences of one generation can manifest themselves in subsequent generations;
- 2) Predict the manner in which genocidal trauma and massive psychic trauma will manifest in the therapeutic relationship and discuss ways of actively and successfully working with these manifestations psychoanalytically.

CME/CE 2

DISCUSSION GROUP 22: PARENT WORK IN PSYCHOANALYSIS

Co-chairs/

Discussants: Thomas F. Barrett, Ph.D. (Chicago, IL)
Jack Novick, Ph.D. (Closter, NJ)

Presenter: Ellika C.B. McGuire, M.D. (Seattle, WA)

Discussants: Denia G. Barrett, MSW (Madison, OH)
Kerry Kelly Novick, A.B., B.A., FIPA
(Closter, NJ)

Concurrent parent work involves learning how to form and maintain multiple therapeutic alliances. Learning the requisite interpersonal, empathic, and communicative skills are an additional challenge for traditionally-trained psychoanalysts and psychotherapists. Working with parents of late adolescent patients is a new, expanding arena of clinical activity, addressing dynamics such as failure to launch, parenting challenges with emerging adults, and conceptualizing this developmental phase. Inclusion of knowledge from allied fields strengthens the multi-modal clinical offerings of psychoanalysts and psychotherapists. Research shows a significant correlation between treatment outcome and the therapeutic alliance with parents. This year the group will hear a case from Dr. Ellika McGuire, with participant discussion led by Jack Novick, Tom Barrett, Denia Barrett, and Kerry Novick.

After attending this session, learners will be able to:

- 1) List 2 technical strategies to incorporate

concurrent parent work into treatment plans with adolescent and emerging adult patients; 2) Analyze inter-generational pathology that interferes with progressive development for emerging adults and their parents.

CME/CE 2

DISCUSSION GROUP 23: PSYCHOANALYSIS AND THE LAW: WINNICOTT TRANSPLANTED INTO THE FORENSIC ARENA

Co-chair: Linda S. Gunsberg, Ph.D. (New York, NY)

Co-chair/

Presenter: William D. Kenner, M.D. (Nashville, TN)

Discussant: Gilbert W. Kliman, M.D. (San Francisco, CA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

Jacoby (2018) extended Winnicott's famous phrase, "there's no such thing as a baby; there's only a baby and someone," to "no such thing as a chronically ill child, only a chronically ill child and parent," or "ill unit." A child born with a severe illness will be described whose life and future needs became the subject of a high-stakes legal battle, and how the defense sought to sequester the child-patient, the parents, medical caretakers, and specialized interventions into isolated silos that were subject to legal analysis. The ill unit provided an integrative framework that could convey the injured parties' intrasubjective and intersubjective experiences during the initial, life-saving treatment, followed by post-operative care and the years-long battle with the sequelae.

After attending this session, learners will be able to:

- 1) Describe the physical and psychological toll of extreme medical interventions on children and their parents;
- 2) Explain the importance of neurocognitive dysfunctions that develop after such interventions and how they affect the young child's subsequent social and emotional development.

CME/CE 2

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

DISCUSSION GROUP 24: THE CANDIDATE AT WORK: CLINICAL CASE CONSULTATION WITH JONATHAN SHEDLER, PH.D.: TREATING CHALLENGING PATIENTS: FROM CASE FORMULATION TO SHARED TREATMENT FOCUS

Chair: Konstantinos Taliouridis, Ph.D., Psy.D., MBA
(Dedham, MA)

Presenter: Lauren Davis, LCSW (Chicago, IL)

Presenter/
Discussant: Jonathan Shedler, Ph.D. (San Francisco, CA)

This clinical workshop is designed for psychoanalysts and therapists to effectively navigate the treatment challenges and impasses that inevitably arise in analysis/psychotherapy. Focusing on two essential skills—developing a sound clinical case formulation and cultivating a shared treatment purpose with clients—participants will learn to address the common obstacles that lead to stalled analysis/therapy. The session will feature hands-on demonstrations through live case discussions and role plays, illustrating practical clinical applications. Key topics include distinguishing the consultation phase from ongoing analysis/therapy, establishing the therapeutic frame, treatment contracting, and developing a working alliance. Additionally, attendees will explore the use of transference and counter-transference to overcome impasses and enhance the therapeutic process.

After attending this session, learners will be able to: 1) Describe how to create comprehensive clinical case formulations that identify underlying issues and inform treatment strategies, enabling them to navigate therapeutic challenges effectively; 2) List 2 ways to effectively recognize and use transference and counter-transference dynamics in therapy to address impasses and deepen the therapeutic relationship, translating these concepts into actionable strategies. **CME/CE 2**

DISCUSSION GROUP 25: SHAME DYNAMICS

Chair/
Presenter: Peter Shabad, Ph.D. (Chicago, IL)
Discussant: Sandra Buechler, Ph.D. (New York, NY)

The purpose of this interactive, learner-participation program is to integrate a conceptual framework of chronic shame with an individual's personal template of childhood helplessness. Specifically, the presenter will explore how projected images of death are closely intertwined

with each individual's unique sense of helplessness and shame. The presenter will first describe how chronic shame emerges from cumulative experiences of hope and disillusionment in interactions with one's parents. He will then present exploratory research conducted over 40 years, in which he has correlated specific fears of dying with an individual's childhood experience of trauma and shame. As learners will be invited to open up about their own fears of dying, the rationale for this program is to help therapists deconstruct their own shames into childhood experiences of hope and disillusionment.

After attending this session, learners will be able to: 1) Describe how chronic shame emerges from cumulative experiences of hope and disillusionment in childhood; 2) Describe how their own unique template of helplessness is linked to their childhood experiences of disillusionment and helplessness.

CME/CE 2

DISCUSSION GROUP 26: EMERGING PERSPECTIVES ON LGBTQ+ ISSUES

Co-chairs: Andi P. Eliza-Christie, LPC
(Pittsburgh, PA)

J Unterberg, Ph.D. (Dallas, TX)

Discussants: Reyna Cowan, Psy.D., LCSW (Oakland, CA)

Willa France, J.D. (New York, NY)

Gary Grossman, Ph.D. (San Francisco, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Many psychoanalysts and psychotherapists are working in political and legal environments that are increasingly hostile towards LGBTQ+ communities, and that potentially interfere with access to care, compromise mental health, and impact the therapeutic relationship. LGBTQ+ psychoanalysts and psychotherapists may experience their own parallel process as they live, work, and train, in these environments. This discussion group will facilitate a dialogue among psychoanalysts and psychotherapists will illuminate important historical and institutional context and provide both clinical and personal perspectives on the pathologizing and criminalization of LGBTQ+ identities.

After attending this session, learners will be able to: 1) Discuss the impact of APsA's advocacy in

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

mitigating the harm perpetuated by anti-LGBTQ+ legislation and governmental policies 2) Discuss the impact of anti-LGBTQ+ legislation and the hostile political environment on mental health, especially that of queer youth, and psychoanalytic spaces.

CME/CE 2

DISCUSSION GROUP 27: CONTEMPORARY TRENDS IN PSYCHOANALYTIC TECHNIQUE: AN INTERNATIONAL PERSPECTIVE

Chair/

Presenter: Jack Foehl, Ph.D. (Cambridge, MA)

Co-chair/Presenter/

Discussant: Christopher G. Lovett, Ph.D.
(Newton Centre, MA)

Co-chair/

Presenter: Andrea Celenza, Ph.D. (Lexington, MA)

Presenter: Cynthia Ellis Gray, MD (Portland, OR)

Discussant: Rachel Boué-Widawsky, Ph.D.
(New York, NY)

This discussion group will explore the wide range of contributions to contemporary psychoanalysis made by clinical theorists who have emerged from diverse psychoanalytic cultures across Europe, South America, and North America. The work of such authors as W.R. Bion, André Green, Roosevelt Cassorla and Giuseppe Civitarese will be highlighted, in particular their attention to the nonverbal, primitive levels of psychic functioning linked to early affective states, the body, and the primary relationship in the infant's experience. The clinical focus will emphasize psychoanalysis and psychoanalytic therapy as a system of transformations that take place through the analytic or therapeutic relationship, including the importance of the clinician's receptivity to both verbal and nonverbal communication within the analytic field. Clinical material will demonstrate the clinical approaches discussed.

After attending this session, learners will be able to: 1) Identify the specificity of Kristeva's idea of an embodied semiotic communication as pre-symbolic and pre-relational, and make use of this dimension of experience clinically; 2) Understand the processes of representation as a binding function, as André Green defined it, towards drives and objects, and the usefulness of this perspective in the clinical approach to the affective dimension in the transference-countertransference.

CME/CE 2

DISCUSSION GROUP 28: NEUROSCIENTIFIC PERSPECTIVES ON PSYCHOANALYSIS

Chair/

Presenter: Mark J. Fisher, M.D. (Irvine, CA)

This discussion group addresses the neuroscientific literature on topics pertinent to contemporary psychoanalysis, from the perspectives of both theory and clinical practice. The session is led by Dr. Fisher, a neurologist, neuroscientist, and Professor of Neurology at UC Irvine. The current discussion group will address the ongoing investigations into free association. These are studies of the functional neuroanatomy of free association using fMRI. The studies are designed to analyze brain function during free association, and determine what differences, if any, exist between free association and mind wandering from the perspective of brain activity. In addition, the impact of the clinician on brain function during treatment will be addressed.

After attending this session, learners will be able to:

- 1) Discuss current state of knowledge of the functional neuroanatomy of free association: 2) Analyze the relationships between free association and mind wandering.

CME/CE 2

DISCUSSION GROUP 29: INFANT RESEARCH AND ADULT TREATMENT

Chair: Beatrice Beebe, Ph.D. (New York, NY)

Presenters: Inga Blom, Ph.D. (New York, NY)

Brooke Allman Bubbico, LCSW (Sea Cliff, NY)

Adella Nikitiades, Ph.D. (New York, NY)

Andrea Remez, Ph.D. (New York, NY)

This discussion group builds on the 2024 APsA presentation analyzing nonverbal behavior in the first 30 seconds of face-to-face adult treatment on Zoom, in three therapy sessions. Split-screen Zoom recording opens a new window into nonverbal communication: split-second shifts of gaze/face/head/hand too fast to capture in real time. Only with split-screen can one see both individuals' behavior at the same time, in relation to each other. The microanalysis operated as an intervention into the treatments. Examples from three therapists' Zoom sessions will be presented: an initial video and a follow-up video, with an analysis of the differences. Each therapist will discuss how the initial microanalysis deepened their understanding of the treatment and shifted their own experience in the consulting room. Open to all; discussion encouraged.

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

After attending this session, learners will be able to:
1) Describe split-second coordination's in adult treatment sessions on zoom, not visible to the naked eye; 2) Explain how microanalysis of just the first 30sec of the session informed therapists about treatment themes that were sensed, but not heretofore verbalizable. **CME/CE 2**

THURSDAY, JANUARY 29

7:45 A.M. – 8:15 A.M.



SOCIAL EVENT: BREAKFAST GATHERING FOR CANDIDATE MEMBERS

Join colleagues from around the country for breakfast. All are welcome to stay for the Candidates' Council meeting following the breakfast.

8:15 A.M. – 11:00 A.M.

ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL

Note: APsA In-Training Members who are pre-registered to participate in the Travel Scholarship are required to attend this meeting.

Candidates' Council leadership, committee chairs, and delegates from APsA institutes welcome all APsA candidates to attend this meeting. Our friends from IPSO, psychoanalytic psychotherapy trainees and any trainees who are not in analytic training, are also warmly welcomed. The CC meeting is open to anyone who is in training except when there is a need for the council to be in executive session.

You will learn about our committee work, participate in roundtable discussions of issues most relevant to candidates, have opportunities to compare notes with colleagues from around the world, gain an orientation to the greater APsA community, learn about exciting opportunities available exclusively to in-training members, deepen your psychoanalytic identity, broaden your connection to the profession, explore resources for building your practice, and forge lifelong friendships with fellow in-training professionals.

8:00 A.M. – 8:00 P.M.



SOCIAL EVENT: DESIRE ON THE COUCH

For details and to purchase tickets, see page 4.

9:00 A.M. – 11:00 A.M.

THE PETER LOEWENBERG ESSAY PRIZE IN PSYCHOANALYSIS AND CULTURE

Chair: Murray M. Schwartz, Ph.D. (Amherst, MA)

Presenter &

Prize Winner: Ekta Srivastava, Ph.D. (Gurgaon India)

Title: *Cumulative Trauma, Survival and Psychic Placemaking Through Interspecies Kinship*

The Peter Loewenberg Essay Prize is awarded to a paper demonstrating outstanding psychoanalytically informed research and scholarship in the arts, humanities, or social and behavioral sciences. The recipient, as well as details about the paper to be delivered, will be announced in the final program. The Undergraduate Essay Prize and Book Prize of the American Psychoanalytic Association will also be presented during this session.

This paper explores – and seeks to expand – the intersubjective relational possibilities of human-nonhuman animal relationships, through offering a culturally-situated analysis of interspecies bonds (and their unconscious dynamics) in the lives of two rural-urban women migrants in India.

Note: This session does not offer Continuing Education Credit.

DISCUSSION GROUP 30: PSYCHOANALYTIC APPROACHES TO WORKING WITH CHILDREN WITH AUTISM SPECTRUM DISORDER

Chair: Susan P. Sherkow, M.D. (New York, NY)

Discussant: Carlotta Bettencourt, Ph.D. (New York, NY)

Using data from the five-year analysis of a child on the autism spectrum, this group will focus on the application of psychoanalytic technique to treating a precocious, asocial, and dysregulated pre-pubertal boy as he approaches and navigates puberty. The impact on his ego development from a confluence of factors will be addressed: contributions from neurobiology, endowment, conflict, and environmental stressors. Neuropsychological testing confirmed the difficulty in finding a clear, consistent “diagnosis,” given the degree to which his personality and functioning persistently reflected

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

neurotypical identifications with his parents as well as the impact of autism on his developmental trajectory.

After attending this session, learners will be able to:
1) Compare the classic symptoms of Autism Spectrum Disorder with conflict-driven symptoms in a child; 2) Describe the psychoanalytic approach's impact on ego and superego development and conflict in the formation of symptom. **CME/CE 2**

DISCUSSION GROUP 31: CULTURAL NARRATIVES IN PSYCHOANALYSIS

Chair/

Discussant: M. Nasir Ilahi, LLM (Greenwich, CT)

Presenter: Mark Smaller, Ph.D. (Fennville, MI)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Psychoanalysis has rarely considered that culture is deeply internalized. While psychoanalytically informed treatment is universal applicability, internalized values of Western individualism deeply inform many psychoanalytic formulations. Potential conflicts arise when the therapist (or his/her implicit and explicit theories) comes from a Western culture and the patient from a radically different, non-Western one (e.g., Japan, India, China etc.) where profoundly different unconscious emotional values prevail. While each such culture is unique, they all share the family-centered aspect to varying degrees in contrast to the individual-centered emphasis in the West. These non-conflictual internalizations and, date back to earliest pre-verbal mother/infant/family interactions, seldom become conscious being silently woven into the entire emotional taproots. This territory will be intensively explored, including with clinical material.

After attending this session, learners will be able to:
1) Describe the role of deeply internalized culture in psychoanalytic therapy with patients from non-Western culture; 2) Explain how transference and countertransference developments in psychoanalytic therapy with patients from non-Western cultures can lead to clinical impasses.

CME/CE 2

DISCUSSION GROUP 32:

CONTRIBUTIONS OF INFANT RESEARCH TO ADULT TREATMENT: BREAKING THE CYCLE OF TRAUMA IN ADOLESCENT PREGNANCY: A PSYCHOANALYTICALLY AND CULTURALLY INFORMED INTERVENTION

Chair/

Discussant: Alexandra M. Harrison, M.D. (Cambridge, MA)

Presenter: Victoria Trump-Redd, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The group's intended audience is all psychoanalytic clinicians. The specific topic being addressed is the intergenerational transmission of trauma in adolescent pregnancy in El Salvador and how this cycle can be interrupted to protect against future child neglect and abuse. Drawing on analytic thinkers such as Fraiberg, Anna Freud, Erikson, Bowlby, and Blos, an intervention that offers an integration of insights into past trauma and the potential for adaptation, with a focus on resiliency will be presented. Toward this end, included is an anthropological perspective in the design and implementation of focus groups and in-depth interviews with pregnant adolescents and adolescent mothers as well as their caregivers that provide important insights to the clinician as well as providing a potential contribution to psychoanalytic theory.

After attending this session, learners will be able to:
1) List three adverse childhood experiences that have contributed to the trauma of pregnant adolescents in El Salvador; 2) Describe two factors in the intervention that may attribute to the resiliency of these adolescent mothers. **CME/CE 2**

DISCUSSION GROUP 33:

TREATMENT RESISTANCE: APPLICATION OF PSYCHOANALYTIC IDEAS TO PSYCHIATRIC DILEMMAS

Co-chairs: Eric M. Plakun, M.D. (Stockbridge, MA)

Elizabeth F. Weinberg, M.D. (Arlington, MA)

Discussant: Daniel Knauss, Psy.D., ABPP
(Stockbridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

This discussion group addresses the application of psychoanalytic concepts to “treatment resistance,” defined as treatment nonresponse, focusing on work with high-risk patients. The session is targeted towards clinicians and clinical researchers. This small group activity supports improved competence through demonstrating specific approaches to working with highly complex, high-risk patients. The utility of psychoanalytic ideas in improving outcomes will be demonstrated, with discussion of how such concepts can improve management of high-risk behaviors and support the treatment alliance.

After attending this session, learners will be able to:

- 1) List at least three clinical factors contributing to treatment resistance;
- 2) Discuss the use of transference, countertransference, and enactments to develop the treatment alliance in psychotherapy with complex patients.

CME/CE 2

DISCUSSION GROUP 34: PSYCHOTHERAPISTS PRESENT: IS IT ME OR YOU? I SEE MY TRAUMA IN MY ADULT PATIENT

Co-chairs: Petra M. Pilgrim, M.D. (New Canaan, CT)
Margaret Cheng Tuttle, M.D. (Arlington, MA)

Presenter: Michael Burke, LCSW (New York, NY)

Discussant: Bonnie J. Buchele, Ph.D., President-Elect, APsA (Kansas City, MO)

What might happen if your new patient shares your unique background? This case will address how to manage strong countertransference reactions that occur when a similarly shared childhood trauma emerges in the treatment of an adult patient. Case material will be presented highlighting the unique set of overlapping schemas between patient/therapist. This case highlights the importance of making use of highly charged countertransference as a way of deepening the treatment. The group’s intended audience is psychoanalysts and psychotherapists who are interested in trauma, dissociation and how transference reactions from a similarly shared traumatic childhood history can influence the treatment.

After attending this session, learners will be able to:

- 1) Discuss some unique qualities, both mental and physical, of trauma-related transference and countertransference that can occur when patient and therapist/analyst have a shared trauma;
- 2) Describe techniques for managing intense, traumatic countertransference to further understand and deepen the treatment.

CME/CE 2

DISCUSSION GROUP 35: PSYCHOANALYTIC COUPLE AND FAMILY THERAPY

Co-chair: David E. Scharff, M.D. (Chevy Chase, MD)

Co-chair/
Presenter: Richard M. Zeitner, Ph.D. (Greenwood, MO)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board.

Couples presenting for therapy seek help with communication difficulties, sexual problems, or other problems related to the relational aspects of their partnership. At times, couples present when a partner simultaneously experiences symptom disorder, especially when that symptom is intricately tied to the couple’s conflicts. Typically, that one partner is referred for individual therapy to run concurrently with the couples therapy. This discussion group provides clinical case material of a case which demonstrates work with a couple, focusing on the structure of the one partner’s symptom, while simultaneously working with the couple’s difficulties in relating. Participants will be invited to comment on the clinical material presented.

After attending this session, learners will be able to:

- 1) List two areas of overlap between couple and individual therapy that can facilitate or impede effective therapy;
- 2) Design two elements of effective collaboration between individual and couple therapists engaged with shared patients.

CME/CE 2

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

DISCUSSION GROUP 36: ON BEING SUPERVISED

Chair: Hilli Dagony-Clark, Psy.D., FABP (Westchester, NY)
Presenters: Andrew B. Klafter, M.D. (Cincinnati, OH)
Richard C. Fritsch, Ph.D. (Washington, DC)
Discussants: Alexander D. Kalogerakis, M.D. (New York, NY)
Anastasia C. Keller, M.D. (Denver, CO)
Mojgan Khademi, Psy.D., FABP (San Diego, CA)
Carmela Perez, Ph.D. (New York, NY)

This discussion group topic will feature a live supervision of a psychoanalytic case showcasing the recently researched and developed competencies of the American Board of Psychoanalysis. The application of the competencies to a live educational interaction will highlight how the competencies can be used throughout academic platforms as learning tools. Three categories of the competencies—Frame, Countertransference, and Transference—will be implemented in the live supervision and discussed. The targeted audience is clinical supervisors, institute instructors, supervisors, and progression heads. The educational need addressed is the lack of defined competencies related to how students approach clinical work, which challenges supervisors and instructors in clearly identifying areas of deficiency in students.

After attending this session, learners will be able to: 1) Apply the three ABPsa competency categories of Frame, Countertransference, and Transference to supervisory practice; 2) Discuss how the use of the competencies can help supervisees better label and contextualize their clinical interventions.

CME/CE 2

INTERPRETIVE PROCESS WORKSHOP

Chair/
Presenter: Amy Levy, Psy.D. (Chapel Hill, NC)
Presenter: Neal Vorus, Ph.D. (New York, NY)

This workshop introduces psychoanalytic clinicians to a model of analytic process that reframes the role and function of interpretation (Vorus, 2025). We argue that the traditional view of interpretation as a series of statements made by the analyst to the patient is better replaced by a process-oriented model in which interpretation is viewed as a continuous process, which is mediated intersubjectively and takes place not only through words but also through various forms of action. The

process of interpretation occurs along a gradient of differentiation as separate perspectives become progressively more tolerable and utilizable by the patient. As differentiation grows, the interpretive process becomes increasingly elaborative, ultimately aiming at the expansion of mental space and the proliferation of associative possibilities.

Explain the benefits of the interpretive process model approach over the traditional view of interpretation; 2) Apply interpretive process techniques acquired during the workshop to one's analytic practice. **CME/CE 2**

RESEARCH TRACK:

A THREE-SESSION SEQUENCE ON THE THEORY AND PRACTICE OF NEUROPSYCHOANALYSIS: BUILDING BRIDGES: FROM PREDICTIVE BRAINS TO SUFFERING MINDS

SESSION 2:

TRANSLATING PREDICTIVE PROCESSING TO PSYCHOANALYTIC PRACTICE

Co-chairs: Virginia C. Barry, M.D. (Evanston, IL)
Charles P. Fisher, M.D. (Berkeley, CA)
Presenter: Mark Solms, Ph.D. (London, England)

This is the second session in a sequence of three two-hour meetings on the theory and practice of neuropsychanalysis intended for psychoanalysts, psychotherapists, psychiatrists, candidates and trainees, and scholars. Attendance at all three sessions is recommended but not mandatory.

This session will address how the practice of predictive processing translates to psychoanalytic theory, and in particular, how it casts new light on consciousness, the unconscious, repression, defense, transference, interpretation, and working through.

After attending this session, learners will be able to: 1) Identify the brain structures responsible for conscious versus unconscious cognition; 2) Describe the neural mechanism of repression. **CME/CE 2**

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M.



DPE RESEARCH EDUCATION DIALOGUE: BEYOND SYMPTOM REDUCTION: ASSESSING INTRAPSYCHIC CHANGE IN PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY

Co-chairs/

Presenters: Diana Diamond, Ph.D. (New York, NY)
Eric A. Fertuck, Ph.D. (New York, NY)

Presenters: John H. Porcerelli, Ph.D. (Bloomfield Hills, MI)
Barry L. Stern, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

Unlike symptom-focused therapies, psychoanalysis and psychoanalytic therapy aim to improve both symptoms and underlying intrapsychic structures that support adaptive functioning in love and work. These structures can be assessed with various instruments, yet many psychoanalytic clinicians are unfamiliar with tools specifically relevant to psychoanalysis and psychoanalytic psychotherapy. This panel introduces three promising instruments for clinical and training use: 1) the Adult Attachment Interview (AAI), which assesses attachment representations and Reflective Functioning; 2) the Structured Interview of Personality Organization–Revised (STIPO-R), which measures personality organization and 3) the Psychodynamic Diagnostic Manual (PDM), which evaluates personality functioning through a psychodynamic lens. These instruments can enhance psychoanalytic assessment and deepen understanding of patients' psychological functioning.

After attending this session, learners will be able to: 1) Describe the measures that have can be used to assess change in mental representations and personality organization over the course of psychoanalysis and psychoanalytic therapy (STIPO-R and AAI); 2) Describe the four dimensions of personality organization as outlined in the P-Axis of the PDM-2/PDM-3. **CME/CE 2**



DPE RECENT GRADUATES

Chair: Belinda J. Torres, Ph.D. (Kirkland, OH)

Presenter: Harriet L. Wolfe, M.D. (San Francisco, CA)

Discussant: Sarah L. Lusk, Ph.D. (Cambridge, MA)

This interactive workshop focuses on the challenges and rewards of the graduate analyst's continuing development as an analytic clinician and the potential to expand one's roles as teacher, supervisor, administrator, and scholar. The period following graduation is particularly salient as the recent graduate makes decisions on allocating personal resources and seeks new opportunities for professional development, crafting one's identity as an analyst. In this workshop, a senior analyst will look back at the choices she made which shaped her development, focusing on her motivations, successes, and disappointments and describe how she continues to develop as an analyst. A recent graduate will present the concerns that have arisen for them since their graduation from analytic training. Open discussion among all attendees is encouraged throughout the session.

After attending this session, learners will be able to: 1) Summarize the challenges that face the recently graduated analyst to keeping their analytic career alive and vital; 2) Plan a strategy for making decisions on allocating personal resources for career development as a postgraduate analyst.

CME/CE 2

THE WENDY JACOBSON CANDIDATES' COUNCIL TEACHING AWARD:

INSIGHT: AN ESSENTIAL PART OF THE CURATIVE PROCESS OR A VESTIGIAL CONCEPT

Chair/

Discussant: Konstantinos Taliouridis, Ph.D., Psy.D., MBA
(Dedham, MA)

Co-chair: Wendy Jacobson, M.D., DF-APA, FABP
(Atlanta, GA)

Presenter: Fred Busch, Ph.D. (Chestnut Hill, MA)

This session delves into the concept of insight within psychoanalysis, examining its significance in the curative process. While insight has long been regarded as a cornerstone of psychoanalytic practice, some scholars, such as Greenberg and Renik, challenge its primacy, emphasizing the importance of lived experience over verbal

THURSDAY

continued

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

articulation. This paper argues that insight remains essential in fostering a psychoanalytic mind, despite the valuable contributions of the relational turn, which offers new perspectives to analysts and patients alike. Through a critical exploration of these viewpoints, the session posits that insight not only empowers patients to reclaim agency in their narratives but also underscores the unique role of psychoanalysis in therapeutic contexts. As Aisenstein aptly notes, this quest for self-agency represents a fundamental human freedom.

After attending this session, learners will be able to: 1) Define the significance of insight in the psychoanalytic process and evaluate its traditional role alongside contemporary critiques that emphasize the importance of lived experience and relational dynamics in therapy; 2) Summarize 2 strategies to effectively integrate insight-oriented techniques with relational perspectives in clinical practice, enhancing their ability to support patients in reclaiming agency over their narratives while fostering deeper therapeutic relationships.

CME/CE

COMMITTEE SPONSORED WORKSHOP #2: GENDER AND SEXUALITY: 2026 RALPH ROUGHTON AWARD WINNER: READY OR NOT: THE QUEER EXPERIENCE OF BEING FOUND

Co-chairs: Carol B. Levin, M.D. (Okemos, MI)
Diana E. Moga, M.D., Ph.D. (New York, NY)
Presenter: Michael Perlman, MFA (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This session will present the 2026 Ralph Roughton Prize winning paper which is awarded to an unpublished manuscript that makes an original and outstanding contribution to the psychoanalytic understanding and/or treatment of LGBTQ*, or gender-variant people. It is intended for psychotherapists and psychoanalysts as well as trainees who want to deepen their understanding of working with queer patients. The paper presented will use Winnicott's theory of the hidden core self to illustrate how the queer core self needs to be hidden and found. Clinical material will be presented demonstrating how psychoanalytic technique can be modified to treat queer patients "queerly", allowing

patients to hide and show their sexuality as they are working through sexual conflicts.

After attending this session, learners will be able to: 1) Describe how hiding and being found may have a special meaning to queer adolescents and adults above and beyond the normal hiding and finding of adolescence; 2) Explain how the adult parent's unconscious responses to their child's nonconforming budding sexuality affects that child as they reach adolescence in the après-coup.

CME/CE 2

COMMITTEE SPONSORED WORKSHOP #3: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Presenters: Rachel G. Gross, M.D. (Philadelphia, PA)
Mark Moore, Ph.D. (Philadelphia, PA)
Discussant: Jennifer Stuart, Ph.D. (New York, NY)

This Workshop is related to the Discussion Group 47: "Writing About Your Analytic Work in a Case Report", Thursday at 4:30 p.m.

This workshop will continue to discuss teaching and writing about treatment cases. Mark Moore and Rachel Gross will present on their collaboration as respective curriculum and progression committee chairs at the Psychoanalytic Center of Philadelphia. They will describe how they developed a template for initial case reports for use by the progression committee in evaluating candidate readiness to start a case; and the subsequent challenge of incorporating it into a writing curriculum that emphasizes writing about analytic process rather than formal case histories. They will also discuss how they teach students to go beyond the constraints of the initial report, to write interim and final reports in a more open and reflective form that brings out their subjective experience.

After attending this session, learners will be able to: 1) Compare various ways to teach and write about the psychoanalytic process; 2) Describe ways teaching about case writing can promote the clinician's self-awareness and self-reflection about the treatment process and its formulation.

CME/CE 2

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

COMMITTEE SPONSORED WORKSHOP #4: CORPORATE AND ORGANIZATIONAL CONSULTANTS: DEVELOPING AN IDENTITY AND PRACTICE AS A PSYCHODYNAMIC ORGANIZATIONAL CONSULTANTS

Co-chairs: Jared Finkell, M.D. (New York, NY)
Steven S. Rolfe, M.D. (Bryn Mawr, PA)
Presenters: Daniel Betancor Pérez, M.D., Ph.D.
(Bilbao, Spain)
Benjamin J. Herbstman, M.D.
(Cambridge, MA)

Developing a psychodynamic organizational consulting practice as a psychoanalytic clinician involves managing multiple important shifts. While meaning-making and working in the service of the patient/client remain at the heart of both of these endeavors, the shifts include moving from (1) working in dyads to working in organizational systems, (2) working in one's office to working in the office and physical world of the client, and (3) working in a psychoanalytic frame with patients to working in a psychoanalytic frame with leaders and organizations. Drs. Benjamin Herbstman and Daniel Betancor Pérez will present a family business consulting case involving succession and authority where they will highlight (1) the parallel processes of working to help foster their clients' authority while simultaneously working to develop their own authority and identities as psychoanalytic organizational consultants and (2) their shift from working on their own to working in a consulting dyad.

After attending this session, learners will be able to:
1) Discuss how an analytic therapist uses psychoanalytic knowledge and experience to understand and help a family business in crisis; 2) Explain the kinds of skills necessary and the changes within the self of the analytic therapist that facilitates the transition to a consulting identity.

CME/CE 2

2:00 P.M. – 4:00 P.M.

CANDIDATES' FORUM

Co-chair/
Presenter: Carrie Atikune, Psy.D. (Portland, OR)
Co-chair: Konstantinos Taliouridis, Ph.D., Psy.D., MBA
(Dedham, MA)
Presenters: Tiffaney Hale, MFT (Long Beach, CA)
Michael Mazzella, LMFT
(San Luis Obispo, CA)
Mariana Elisa Zermelo Piñera, Psy.M.
(Tijuana, México)
Jamie Steele, LMFT (Washington, DC)
Discussant: Paula Christian-Kliger, Ph.D., ABPP
(New York, NY)

As psychoanalysis endeavors to evolve in the areas of diversity, equity and inclusion, candidates and trainees are facing the realities of these growing pains in myriad contexts. In this program, a group of candidates will share their experiences of the vulnerabilities, challenges, and tensions they face in navigating DEIBA issues in psychoanalytic training spaces, both personally and clinically. A senior analyst will facilitate a conversation with the group and audience. The intended audience includes psychoanalysts, psychotherapists, candidates, and trainees interested in recognizing and addressing challenges that candidates and trainees face in raising issues of difference within psychoanalysis.

After attending this session, learners will be able to:
1) Identify challenges candidates and trainees may face in raising issues of diversity, equity, and inclusion; 2) Describe the role of power in managing difficult encounters with difference for candidates and trainees. **CME/CE 2**

COMMITTEE ON PUBLIC INFORMATION SPONSORED PROFESSIONAL DEVELOPMENT WORKSHOP: MAKING MEANING, MAKING CONTACT: PUBLIC-FACING COMMUNICATION STRATEGIES AND SKILLS FOR PSYCHOANALYSIS

Co-chairs/
Presenters: Aimee Martinez, Psy.D. (West Hollywood, CA)
Nicolle Zapien, LMFT, Ph.D. (Oakland, CA)
Presenter: Michele Gomes, Psy.D. (Los Angeles, CA)
Presenter/
Discussant: Alexander Stein, Ph.D. (New York, NY)

Psychoanalysis—and APsA—are in a moment of identity crisis. As the field evolves, so must the ways in which communication and its value both internally and publicly. This workshop supports

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

APsA committee heads in developing cohesive messaging, visual marketing, and engagement strategies for their initiatives. It will also foster collaboration and open lines of communication between committees by exploring shared opportunities for dissemination. With the rise of social media, podcasts, and other new platforms, psychoanalysts and psychotherapists have more ways than ever to engage the public—yet tensions around visibility and privacy persist. This gathering offers practical tools and a reflective space for those who wish to advocate for psychoanalysis while navigating the complexities of representing themselves and their work beyond the consulting room.

After attending this session, learners will be able to: 1) Describe key strategies for developing cohesive messaging and visual marketing for psychoanalytic initiatives; 2) Apply principles of ethical public engagement to promote psychoanalytic work while maintaining professional boundaries and values.

CME/CE 2

APSA SCIENTIFIC PAPER PRIZE: CO-SPONSORED BY THE PSYCHOTHERAPY DEPARTMENT: PSYCHOANALYTIC INTERPRETATIONS AND TREATMENT OUTCOMES: A SYSTEMATIC REVIEW AND META-ANALYSIS

Chair: Barbara Milrod, M.D. (New York, NY)

Presenters: Jack Keefe, Ph.D. (New York, NY)

Cynthia Lucas, LCSW (Los Angeles, CA)

Discussant: Richard F. Summers, M.D. (Bryn Mawr, PA)

This session presents the first systematic review and meta-analysis examining whether interpretations—a cornerstone of psychoanalytic therapy—are associated with treatment outcome. Drawing on data from nearly 900 patients/clients across 16 studies, the findings demonstrate that therapists' use of interpretations is significantly linked to better outcomes, with a robust, medium-sized effect. The session explores how interpretations function across diverse techniques and clinical contexts. The presentation examines how interpretations help patients/clients connect past and present experiences, relationships, and emotions in ways that support psychological growth. By providing a rigorous empirical foundation for a central psychoanalytic concept, this presentation fosters dialogue between research and clinical

work to enhance psychotherapy effectiveness and training.

After attending this session, learners will be able to: 1) Analyze the implications of empirical research on interpretations for understanding therapeutic change and guiding psychoanalytic supervision and education; 2) Explain how interpretations are operationalized and measured in quantitative psychotherapy research, including distinctions between adherence, competence, and type of interpretation, and the limits of this research.

CME/CE 2

DISCUSSION GROUP 37: APPLYING HISTORICAL AND SOCIAL FACTORS IN CLINICAL PSYCHOANALYSIS

Co-chairs: Dorothy E. Holmes, Ph.D., ABPP, FABP
(Bluffton, SC)

Stephen Seligman, D.M.H.
(San Francisco, CA)

Presenter: Elinor R. Kotchen, LCSW (New Haven, CT)

Discussant: Donald B. Moss, M.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This discussion group aims to inform psychoanalytically-oriented therapists and trainees about how social and historical factors in the culture at large and in the individual psyche may significantly influence the patient's psychic life and daily living, and when so, can be observed and worked through in the treatment process. The discussion group is needed because such factors still tend to be overlooked or minimized. In addition, in the fraught world today, the national government derides or is trying to erase certain cultural and historical factors (e.g., the importance of racial inclusiveness). Because there is some evidence of anticipatory compliance within psychoanalysis to such negations, this discussion group aims to show the ongoing relevance of historical and cultural factors in all psychoanalytic/exploratory therapies.

After attending this session, learners will be able to: 1) Describe cultural and historical factors as they emerge in a treatment; 2) Discuss their own subjective reactions to cultural and historical factors in treatment — e.g., tendencies to be blind to such factors.

CME/CE 2

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

DISCUSSION GROUP 38: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Co-chairs/

Discussants: M. Sagman Kayatekin, M.D.
(Missouri City, TX)

Michael Groat, Ph.D., M.S. (Mason, OH)

Presenters/

Discussants: Margot A. Brandi, M.D. (Mason, OH)

Zofia Kozak, M.D. (Baltimore, MD)

The intended audience is analyst/therapist clinicians working in multiple treatment settings. The specific topic is the characteristics of psychoanalytic/therapeutic work in these settings in order to highlight the similarities and differences of such venues from the work in offices. There is an increased number of multiple treater settings and “treatment team” approaches in the area of mental health delivery. Despite utilizing these systems regularly there seems to be some confusion in the theoretical/technical variations in understanding these systems—both by individual analysts/therapists and also by other clinicians working in these systems quite effectively. Building on the established American tradition of psychoanalytic/psychotherapeutic hospitals, a contemporary theory of these settings is needed for all pertinent clinicians. This forum will facilitate an ongoing dialogue between similar multi-treater settings.

After attending this session, learners will be able to:
1) Develop a context related formulation of the foci of treatment in a multi treater setting; 2) Identify the roles of different psychodynamic modalities having a potentiating influence when utilized concurrently. **CME/CE 2**

DISCUSSION GROUP 39: IMPASSES IN PSYCHOANALYTIC TREATMENT

Co-chairs: Steven H. Goldberg, M.D. (San Francisco, CA)
Judy L. Kantrowitz, Ph.D. (Brookline, MA)

This session is intended for psychoanalysts and psychoanalytically oriented psychotherapists. Its main purpose is to help clinicians diagnose and formulate strategies for working with clinical impasses. For many years, therapists have been reluctant to talk openly about impasses and analytic failures. The goal is to normalize the experience, and to create a forum in which such cases can be discussed openly, and creative solutions formulated.

After attending this session, learners will be able to:
1) Diagnose impasse and assess the relative contributions from patient, therapist, and theory;
2) Differentiate between situations of full clinical impasse from the more normally encountered obstacles requiring re-thinking and a “second look”.

CME/CE 2

DISCUSSION GROUP 40: THE VULNERABLE CHILD: BROADENING HOW CHILD ANALYTIC CLINICIANS THINK

Co-chairs: Richard L. Cruz, M.D. (Chads Ford, PA)
Christie Huddleston, M.D. (Bala Cynwyd, PA)

Presenter: Akos Mersich, M.D., Ph.D. (Denver, CO)

Discussants: C. Martin Bullard, LICSW (Seattle, WA)

Jill M. Miller, Ph.D. (Washington, DC)

Samuel C. Roth, Ph.D. (Newton, MA)

Child analytic clinicians tend to select a theory with which they are familiar in treating a vulnerable child. This case presentation by Akos Mersich will focus on how the analyst moves from in-the-moment engagement with the patient to understanding clinical material and thinking about potential useful interventions for future engagement. Formal discussion by Jill Miller (and others to be determined) and group discussion by the audience will identify the advantages and disadvantages of different theoretical approaches in exploring complex material and approaching interventions.

After attending this session, learners will be able to:
1) Explain the treating analyst's working model and
2) identify openings to consider a different theoretical model and associated therapeutic interventions applicable to their own practices.

CME/CE 2

DISCUSSION GROUP 41: PSYCHOANALYSIS ACROSS THE DISCIPLINES: A TALE OF TWO ANALYSES: A CONVERSATION WITH JOAN K. PETERS ON HER BOOK UNTANGLING: A MEMOIR OF PSYCHOANALYSIS

Chair: Madelon Sprengnether, Ph.D.
(Minneapolis, MN)

Presenter: Joan K. Peters, Ph.D. (Ojai, CA)

Discussants: Ilene Philipson, Ph.D., Psy.D. (Oakland, CA)
Peter L. Rudnytsky, Ph.D., LICSW
(Gainesville, FL)

Psychoanalytic literature is replete with descriptions of clinical material and the therapeutic process, most often from the perspective of the therapist

THURSDAY

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

or analyst. Rarely have patients written in detail about this profound form of human engagement. In this session, Joan Peters will discuss her recently published book, *Untangling: A Memoir of Psychoanalysis*, where she depicts two analyses: one in her late twenties at the outset of her career as a professor of literature and the second in her seventies as she neared retirement. The first (which she describes as Freudian) enabled her to unearth and acknowledge the traumas of her childhood, while the second (which she terms Relational) allowed her to plumb the depths of these early life experiences by reliving them in the here-and-now.

After attending this session, learners will be able to:

- 1) Describe two of the major differences between Joan's first and second analyses;
- 2) Explain what you think helps most in the treatment of early developmental trauma, based on Joan's therapeutic experience.

CME/CE 2

DISCUSSION GROUP 42: FINDING UNCONSCIOUS FANTASY IN NARRATIVE, TRAUMA AND BODY PAIN

Chair: Paula L. Ellman, Ph.D. (North Bethesda, MD)
Presenters: Susan D. Kolod, Ph.D. (New York, NY)
Dionne R. Powell, M.D. (New York, NY)
Harriet L. Wolfe, M.D. (San Francisco, CA)

This presentation looks at the analyst's/therapist's mind when consideration of the "social unconscious" is under scrutiny. Presenters with expertise in leadership, group process and structural racism discuss the unconscious fantasies that underpin the individual's participation in groups and organizations. Sue Kolod (past IPA Board North American Representative and current Chair of NAPSaC), Dionne Powell (Holmes Commission Co-Chair; IPA Board North American Representative) and Harriet Wolfe (past IPA and APsA President) along with Paula Ellman (Past IPA Board North American Representative, Editor-in-Chief, *IPA-Routledge Women and Psychoanalysis Book Series Editorial Board*) bring understanding of unconscious fantasies that influence, hinder or benefit the individual's relating to their larger social context. To prevent the development and persistence of suffering/ dysfunction caused by unconscious processes, one must identify harmful trends.

After attending this session, learners will be able to:

- 1) Summarize the transference and

countertransference experiences and enactments of therapists that often occur with issues of toxic polarizations; 2) List psychoanalytic concepts to manage intense transferences and countertransferences when encountering leadership and organization.

CME/CE 2

DISCUSSION GROUP 43: INTER-REGIONAL ENCYCLOPEDIA DICTIONARY: BUILDING TRANSITIONAL BRIDGES BETWEEN THE OTHERS, THEIR OBJECTS, DRIVES AND THOSE OF OURS

Chair/

Discussant: Eva D. Papiasvili, Ph.D., ABPP
(New Rochelle, NY)

Presenters: Andrea Celenza, Ph.D. (Lexington, MA)
Joseph Fernando, M.D. (Toronto, Canada)

The contemporary pluralistic conceptual landscape brings increased need for new scientific tools to competently communicate in, and 'translate' among, various 'psychoanalytic languages,' to prevent 'stereotypical othering.' Demonstrating IRED's method of pluralistic (multi-theoretical and multicultural) representation, and utilizing their experience with the collaborative team work with entries "Drives", "Containment", "Psychoanalytic Field Theories" and others, the presenters – IRED contributors – will help participants (of any level of training and expertise) to gain competence in 'building translational bridges' via 'learning about the other from inside' and about one's own psychoanalytic culture 'through the eyes of the other', with implication and application in psychoanalytic education, clinical work, and communication with colleagues of divergent ('other') cultures and conceptual networks in a group/ organizational context.

After attending this session, learners will be able to:

- 1) Describe the pluralistic representation, utilizing examples of any of the entries in IRED, e.g., "Drives", "Containment", "Psychoanalytic Field Theories and Concepts" and/or cross-referenced others;
- 2) Discuss intercultural and inter-perspectival 'translation of meaning', applying the IRED method of 'building translational bridges' through "learning about the other culture/conceptual network from inside and about one's own culture/conceptual network through the eyes of the other", applicable in clinical and organizational contexts.

CME/CE 2

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

DISCUSSION GROUP 44: TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES

Co-chairs: Deborah Shilkoff, LICSW (Cambridge, MA)
Sureyya Iscan, Ph.D. (Westborough, MA)
Presenter: Elena Khanukaev, LICSW (Brighton, MA)
Discussant: Stephen D. Purcell, M.D. (Portland, OR)

Non-neurotic patients with severe deficits in attachment due to trauma histories present great treatment challenges. Their original body ego is not psychically represented and accessible through mediation by words. Unbearable primitive states exist, expressed through projective identification, enactment, concrete thinking, somatization, annihilation anxiety, panic attacks, eating disorders, or addiction. Our intuitive response reveals the self-experience of such patients. If one mistakenly assumes their capacity to bear affects and symbolize unrepresented states, they can feel unheard, disorganized and terrified, get worse or leave treatment prematurely. The road to psychic representation is long, with periods of apparent lack of progress, deadness, or sudden emotional storms. A case discussion will illustrate these points, and treatment techniques will be discussed.

After attending this session, learners will be able to:
1) Describe clients/patients with unrepresented psychic experience and somatic states; 2) Explain how to engage such clients/patients and to help them build internal structure and internal representation. **CME/CE 2**

RESEARCH TRACK: RESEARCH SYMPOSIUM #1

Chair: Robert M. Galatzer-Levy, M.S., M.D.
(Evanston, IL)
Presenter: Linda Emanuel, M.D., Ph.D. (Lincoln, MA)

Confrontation with the reality of mortality commonly precipitates a developmental process known as Existential Maturation. To study this process as it occurs in psychodynamic treatments, a group of analysts used a systematic method called the 3LM method, which tracks patients' development during treatment, applying this method to existential maturation. This session describes the concept, research method, and findings of this study.

After attending this session, learners will be able to:
1) Recognize and address issues of existential maturation as they emerge in psychotherapy and

psychoanalysis; 2) Describe how the 3LM method can be used to study therapeutic processes as they relate to existential maturation. **CME/CE 2**

4:30 P.M. – 6:30 P.M.

TWO-DAY CLINICAL WORKSHOP #1: ANALYTIC PROCESS AND TECHNIQUE (PART 2)

See Wednesday at 4:30 p.m. for description and objectives.
CME/CE 2

TWO-DAY CLINICAL WORKSHOP #2: ANALYTIC PROCESS AND TECHNIQUE (PART 2)

See Wednesday at 4:30 p.m. for description and objectives.
CME/CE 2

TWO-DAY CLINICAL WORKSHOP #3: ANALYTIC PROCESS AND TECHNIQUE (PART 2)

See Wednesday at 4:30 p.m. for description and objectives.
CME/CE 2

TWO-DAY CLINICAL WORKSHOP #4: PSYCHOANALYTIC PSYCHOTHERAPY (PART 2)

See Wednesday at 4:30 p.m. for description and objectives.
CME/CE 2

TWO DAY WORKSHOP: COMPARATIVE CLINICAL METHODS WORKING PARTY GROUP (PART 2)

See Wednesday at 4:30 p.m. for description and objectives.
CME/CE 2

CLINICAL CONFERENCE 1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSA FELLOWS:

REST AS RESISTANCE: RECLAIMING THE MIND AND BODY FROM SYSTEMIC OPPRESSION

Chair: Eli Neustadter, M.D. (New Haven, CT)
Presenter: Elizabeth Beam, M.D., Ph.D. (Palo Alto, CA)
Discussant: Aisha Abbasi, M.D. (Happy Valley, OR)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This case conference explores the treatment of a young woman born in the shadow of a rising misogynist regime. Discussion will focus on ways that cultural oppression is transmitted across

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

generations and internalized into unconscious, embodied forces. Defenses in service of the societal Other, such as introjection of the oppressor and repression of anger, are considered as factors perpetuating chronic psychic stress which increases vulnerability to autoimmune illness, a cellular-level parallel of self-defeating defenses. The psychic role of rest is discussed as a means of resisting oppressive external and internalized forces, allowing the body to be repossessed by the self.

After attending this session, learners will be able to:

- 1) Explain how social oppression informs defenses and may increase vulnerability to autoimmune illness;
- 2) Describe the roles of resting the body in resisting internalized and external oppression.

CME/CE 2

ARTIST/SCHOLAR-IN-RESIDENCE

Chair: Kathleen Ross, Ph.D., LCSW
(Philadelphia, PA)

Presenter: Carolyn Laubender, Ph.D. (Essex, UK)

Discussant: Francisco J. Gonzalez, M.D.
(San Francisco, CA)

Carolyn Laubender, Associate Professor in Psychosocial and Psychoanalytic Studies at the University of Essex, is Associate Editor of *Psychoanalysis and History* and winner of the 2025 Book Prize of the American Psychoanalytic Association for *The Political Clinic: Psychoanalysis and Social Change in the Twentieth Century*. Her talk, *The Political Clinic: Psychoanalysis and Social Justice*, will be discussed by psychoanalyst Francisco Gonzalez, M.D., with a period of questions from the audience to follow. This session is intended for all conference attendees, including clinicians and academics. Professor Laubender's book speaks to crucial issues in psychoanalysis today regarding the place of politics in the clinic and in clinical work, with a focus on both well-known European analysts of the twentieth century, and early practitioners across the Global South.

After attending this session, learners will be able to:

- 1) Describe the response of some well-known twentieth-century British analysts to the political conditions of their day through their clinical work;
- 2) Discuss how one might recuperate the social potential of psychoanalysis without splitting apart theory and practice.

CME/CE 2

DISCUSSION GROUP 45: TREATING THE SUICIDAL PATIENT

Chair: Mark J. Goldblatt, M.D. (Cambridge, MA)

Discussants: Elsa Ronningstam, Ph.D. (Belmont, MA)
Jane G. Tillman, Ph.D., ABPP
(Stockbridge, MA)

Presenter: Martin E. Teising, Prof. Dr. Phil.
(Bad Hersfeld, Germany)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This session is intended for psychoanalysts and psychotherapists who are interested in understanding the complexity of work with suicidal patients. The format will be a case presentation of an intensive treatment of a suicidal patient, which is then discussed by experienced clinicians to gain a better understanding of the destructive and curative factors involved in such treatments. Attendees' participation in the discussion is encouraged as a way to further one's thinking about self-attack, suicidal desperation, and life-sustaining interventions.

After attending this session, learners will be able to:

- 1) Explain important psychodynamics of suicide;
- 2) Explain therapeutic interventions that affect suicidal patients.

CME/CE 2

DISCUSSION GROUP 46: CONFLICTING SUBJECTIVITIES AND SELF-INTERESTS OF THE PATIENT AND THE ANALYTIC CLINICIAN

Co-chairs/

Discussants: Margaret Crastnopol, Ph.D. (Seattle, WA)

Steven H. Goldberg, M.D.
(San Francisco, CA)

Presenter: Robert Grossmark, Ph.D., ABPP
(New York, NY)

This discussion group will build on the premise that a fuller recognition of the confluences and conflicts between the subjectivities of the analytic practitioner and patient/client can help address previously under-recognized aspects of the latter's psychic issues. Robert Grossmark, well-known for his work on psychic companionship and unobtrusiveness, will offer a compelling case to illustrate how heretofore "under-suffered" trauma can find therapeutic expression in the register of mutual enactment. After reviewing Grossmark's

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

Laplanche-influenced concepts of a “filled in” and “hollowed out” enactment, the group will examine how an appreciation of the psychic agendas of each member of the therapeutic dyad can foster the productive working through of such enactive moments. Clinical practitioners at all levels of analytic sophistication will benefit from working with this material.

After attending this session, learners will be able to:

- 1) Explain how and when the analytic clinician’s subjectivity and his/her/their preferred mode of functioning can sometimes clash with a patient’s felt need and show how to deal with this issue;
- 2) Describe clinically optimal approaches the practitioner can implement when conflicts arise between the latter and the patient in their socio-political-cultural views and values.

CME/CE 2

DISCUSSION GROUP 47: WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D.
(Chestnut Hill, MA)

Presenter: Mark Moore, Ph.D. (Philadelphia, PA)

Discussants: Rachel G. Gross, M.D. (Philadelphia, PA)
Jennifer Stuart, Ph.D. (New York, NY)

This discussion group is related to the Committee Sponsored Workshop #3: Teaching About Analytic Case Writing, Thursday at 11:30 a.m.

Analysts, candidates, psychotherapists, and other trainees are often called upon to describe their work in written form. Clinical psychoanalysis and psychotherapy are spoken processes; however, it is through a written process that much of the clinician’s reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report). Mark Moore, who teaches writing and is chair of the curriculum committee at the Philadelphia Center of Psychoanalysis, will present the case report of an analysis. This will be an interactive Discussion Group, and discussion will be welcome.

After attending this session, learners will be able to:

- 1) Prepare and write about the analyst’s work in a case report;
- 2) Describe the specific experience of both patient and analyst in the clinical account.

CME/CE 2

DISCUSSION GROUP 48:

JAMES JOYCE’S ULYSSES AND PSYCHOANALYSIS

Chair/

Presenter: Steven S. Rolfe, M.D.

Ulysses, by means of characterizations that make real and credible the inner lives of fictive persons, provides, through artistic form and aesthetic experience, what scientific case studies cannot manage, for it portrays minds in action—the specificity, rhythms, ideas, association, feelings, and recurrences that distinguish and, in the clinical situation, reveal distinct persons. In doing this, it offers occasion for showing by extrapolation how an analyst/psychoanalytic therapist listens, that is, follows along, notices things, and reflects about a person who is saying whatever comes to mind or trying to. This year’s reading: *Ulysses*: Chapter 16 Eumaeus, Gabler Edition, Random House. pp 501-543. Supplemental reading: *The Argument of Ulysses*, by Stanley Sultan. This group is open to all attendees with an interest in James Joyce and psychoanalysis.

After attending this session, learners will be able to:

- 1) Summarize the role of loss and longing in the lives of their patients; describe how this manifests in the treatment setting and how it is addressed;
- 2) Discuss in detail the role of fatherhood and the paternal transference in development and in psychoanalytic treatment.

CME/CE 2

DISCUSSION GROUP 49:

PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS

Chair/

Presenter: Richard Kluft, M.D., Ph.D. (Bala Cynwyd, PA)

Co-chair/

Discussant: Ira Brenner, M.D. (Bala Cynwyd, PA)

This discussion group rebuilds long-severed clinical and theoretical bridges between clinical psychoanalysis and the treatment of patients with dissociative symptoms and dissociative disorders. Although Freud removed these subjects from the psychoanalytic mainstream, they remain clinical realities. Although some forms of dissociation have become matters of analytic concern, those studies have focused mainly on relational trauma, omitting major consideration of altered states of consciousness and the dissociative symptoms associated with PTSD-level trauma, both key components of Dissociative Identity Disorder (DID) and allied conditions. This session makes use of

continued

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

verbatim clinical materials to demonstrate how core psychoanalytic concepts and interventions can be applied in addressing dissociative psychopathology. It is suitable for psychoanalytic/psychodynamic clinicians of all disciplines and levels of experience.

After attending this session, learners will be able to: 1) Apply an understanding of self-states to make outreach to these dissociated elements and engage them in treatment; 2) Explain how exploring a group of misunderstood phenomena, the First Rank Symptoms, can be used to identify, track, and engage in treatment parts of the mind not presenting in an overt fashion. **CME/CE 2**

DISCUSSION GROUP 50: INTERPRETATION, PROCESS AND TECHNIQUE IN THE USE OF PLAY IN THE ANALYSIS OF PRE-OEDIPAL CHILDREN

Chair: Susan P. Sherkow, M.D. (New York, NY)

Discussant: Alexandra M. Harrison, M.D. (Cambridge, MA)

This discussion group will consider the theory and technique of analytic work with pre-oedipal children, with an emphasis on close examination of the process. Videotaped sessions will be used to show how specific elements of play reflect a child's particular stage of development, with the perspective on what play tells us; in other words: "how to read a child's play." Concepts will be used from object relations theory, separation-individuation theory, attachment theory, and the classic Freudian drive theory with its emphasis on libido, aggression, and psychosexual stages in order to show the integration of those elements in making one's formulation of the intrapsychic and interpersonal difficulties of the under-five child.

After attending this session, learners will be able to: 1) List three developmental features of preschool children that make play the preferable therapeutic technique; 2) Describe the process of play and special features of play in the clinical setting which reflect a child's particular developmental capacities.

CME/CE 2

DISCUSSION GROUP 51:

THE FUTURE OF PSYCHOANALYSIS IN CHINA

Chair: Lana Prince Fishkin, M.D. (Bala Cynwyd, PA)

Presenters: Guoyu Jade Yu, MBA (Shenzhen, China)
Dwight McCan, Ph.D. (San Francisco, CA)
David E. Scharff, M.D., FABP
(Chevy Chase, MD)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

There is intense interest in psychoanalysis and psychodynamic psychotherapy in China, largely due to the efforts of the China American Psychoanalytic Alliance (CAPA), founded over 15 years ago by Elise Snyder, M.D. CAPA offers intensive online training in English to 40 carefully selected clinicians from across China through its 2-year basic and 4-year advanced programs. Students are grouped in small sections of 10, fostering close relationships with peers and instructors from around the world. Many graduates pursue further psychoanalytic training at U.S. institutes. CAPA recently acquired the journal *Psychoanalysis and Psychotherapy in China*, founded by David Scharff, M.D., which aims to further the reach of psychoanalytic thought throughout China. CAPA continues to be a leading force in this growing field.

After attending this session, learners will be able to: 1) Describe how cultural differences can be managed, and online teaching and treatment can be employed successfully; 2) Explain the differences in Chinese vs American culture, and how that impacts treatment. **CME/CE 2**

DAILY SCHEDULE

7:00 P.M. - 8:30 P.M.

EXPERIENTIAL LARGE GROUP (PART 1)

Chair/

Presenter: Joseph E. Wise, M.D. (Brooklyn, NY)

Presenters: Leslie Brissett, Ph.D.
(London, United Kingdom)

Maria Pia Conte, M.D. (Rome, Italy)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Experiential Large Group is intended for any attendee wanting to learn about group experience in the here-and-now. Unlike small groups used for group therapy, Large Group allows members to find their voices in the social situation. Large Groups foreground societal, rather than personal, processes, including identity, Bionian basic assumptions, and group-as-a-whole experiences. Large Groups have been successfully offered at IPA and EPF meetings, facilitating reflection on psychoanalysts and therapists in community. As a here-and-now experiential learning group, Consultation, endeavoring to facilitate dialogue and Containment, will be provided as members explore the social field. As an experiential group, attendees should come ready to reflect on a range of experiences, including what might be uncomfortable. Large Group has application to organizational-level dynamics, evident in Institutes and when taking up leadership roles.

After attending this session, learners will be able to: 1) Summarize large group dynamics, including Bionian basic assumptions and the concepts of Containment and subgrouping. Compare the large group with small group experiences; 2) Describe how large group dynamics influence systems and organizations, and discuss how this was evident in this large group. Explain how this might be applicable to your Institute. **CME/CE 1.5**

7:00 P.M. - 9:00 P.M.



SOCIAL EVENT: JOINT CANDIDATES' COUNCIL/IPSO WINTER PARTY

APsA/IPSO Psychoanalytic Candidates are invited to the annual Joint Candidates' Council/ IPSO Winter Party!

This year, we're opting for a more casual and intimate experience. The party will be held in a luxury suite at the Palace Hotel, featuring great food, drinks, music, and the chance to forge new connections or catch up with friends and colleagues from across the country and around the world. Escape the conference bustle and join us for an evening of networking and relaxed conversation.

We're thrilled to share that there is **no charge** to attend! However, registration is required, as space is limited — so be sure to secure your spot today. We can't wait to celebrate with you!



SOCIAL EVENT: PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT

Location: Local Edition, 691 Market Street

Would you like to learn more about APsA's Psychotherapy Department?

Join us for an evening of cocktails and conversation. Light appetizers will be served, and each guest is invited to enjoy two complimentary drinks.

All are invited to this informal gathering to learn about APsA's Psychotherapy Dept, the benefits of APsA's Psychotherapist Clinical Membership and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the APsA community.

RSVP by January 9, 2026. [Click Here to sign up.](#)

8:15 P.M. - 10:45 P.M.



SOCIAL EVENT: MUSIC FROM YELLOWBARN A LIVE CHAMBER CONCERT

For details and to purchase tickets, see page 4.

THURSDAY

DAILY SCHEDULE

FRIDAY, JANUARY 30

7:00 A.M. – 8:00 A.M.



SOCIAL EVENT: YOGA

Start your day with yoga on both Friday and Saturday. APsA is happy to welcome back yoga teacher Elizabeth Manne, RYT500.

Elizabeth has a long history with APsA: she served as Executive Director of the Washington Baltimore Center for Psychoanalysis, led our online stretching session during APsA's first virtual meeting during COVID, and taught our first in-person yoga class last year. We're thrilled to have her back to teach two morning sessions in 2026.

Before diving into another intensive day of meetings, take a moment to rejuvenate your mind and body with a yoga session alongside your colleagues. Whether you're a beginner or an experienced yogi, this session is designed for all levels. Reconnect with yourself and find your center as our experienced instructor guides you through gentle stretches and breathing exercises. It's the perfect opportunity to relax, reduce stress, and get ready to make the most of your day.

Plus, you'll have plenty of time to make it to the 9:30 a.m. Plenary with Donnel Stern, Ph.D.

A limited number of yoga mats will be available.

8:00 A.M. – 8:00 P.M.



SOCIAL EVENT: DESIRE ON THE COUCH

For details and to purchase tickets, see page 4.

8:00 A.M. – 8:30 A.M.

ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

The meeting of Members is an opportunity for all APsA members to learn about current activities of the Association. All registrants are encouraged to attend.

Don't forget to vote.

If you did not vote before the 2026 National Meeting, onsite voting will be available at the Meeting of Members from 8:00a.m. – 8:30 a.m.

9:00 A.M. – 7:00 P.M.



SOCIAL EVENT: MEMBERS' PHOTOGRAPHY AND ART EXHIBIT

Discover the creative side of our community!

Plan to spend some time during the day exploring artwork created by fellow APsA members. We invite members to bring their psychoanalytic lens and creative spirit — and to share their unique perspectives with our broader analytic and psychodynamic community.

Interested in displaying your work? Please contact George Pelch at gplech@apsa.org

9:30 A.M. – 11:00 A.M.

PLENARY ADDRESS AND PRESENTATION OF AWARDS

Chair: Daniel W. Prezant, Ph.D., APsA President (New York, NY)

Introducer: Jack Foehl, Ph.D. (Cambridge, MA)

Speaker: Donnel Stern, Ph.D. (New York, NY)

Title: *What Does "Unconscious" Mean? Unformulated Experience and the Interpersonal Field*



The theory of unformulated experience posits that unconscious process is composed of potential experience—the possibilities for what conscious meanings might become. Unformulated experience is vague, global, relatively undifferentiated, and affectively charged. The first half of this presentation describes this idea as it was originally proposed in the 1980s, underlining the role of the interpersonal field. The second half of the presentation is a discussion of the modifications of the theory introduced in recent years. The initial theory was an account of reflection—i.e., whether or not a meaning can be formulated in verbal language. Now unformulated experience is defined as that which has not yet become personally meaningful. The formulation of experience makes it available in the spontaneous construction of creative living.

After attending this session, learners will be able to:

- 1) Describe the initial theory of unformulated experience as an account of reflection;
- 2) Describe the change in the theory of unformulated experience that results from shifting the criterion of formulation from articulation in verbal language to the creation of personal meaningfulness.

CME/CE 1

DAILY SCHEDULE

11:15 A.M. – 4:00 P.M.

POSTER SESSION: RESEARCH RELEVANT TO THEORY AND PRACTICE IN PSYCHOANALYSIS

Chair: Konstantinos Taliouridis, Ph.D., Psy.D., MBA
(Dedham, MA)

The American Psychoanalytic Association sponsors this annual research poster session designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice, and effectiveness of psychoanalysis or interdisciplinary scholarship addressing research questions in neighboring fields.

Poster descriptions and submitters will be listed in the final program.

The Deadline for submissions: Monday, December 1, 2025.

[Click here](#) for Poster Submission Guidelines.

Note: This session does not offer Continuing Education Credit.

11:30 A.M. – 1:30 P.M.

COMMITTEE SPONSORED WORKSHOP #5: CLASSROOM TEACHING

Chair/Presenter/

Discussant: Mark Moore, Ph.D. (Philadelphia, PA)

Discussants: Lauren Bacak, LPC (Dallas, TX)

Blane Brazier, LPC (Richardson, TX)

Kelly Robinson, Ph.D., MBA (Dallas, TX)

Leigh Shamburger-Adams, MS, LPC
(Dallas, TX)

In recent years, a number of psychoanalytic institutes are combining cohorts of psychotherapy trainees and psychoanalytic candidates into single classes. This helps reduce teaching demands on faculty, while also providing a wider range of students with exposure to foundational concepts in psychoanalysis and creating a larger incoming student community. However, it can also cause problems for teachers as they may be teaching to classes with a wide variance in their familiarity with psychoanalytic theory and clinical experience. Students may also perceive that some faculty show a strong preference for one form of treatment over the other and teach to only one half of the group. This workshop will address how to recognize and respond to such problems through group discussion of class vignettes.

After attending this session, learners will be able to:

1) Recognize and prepare for potential biases in

how they teach mixed classes of psychotherapy trainees and psychoanalytic candidates; 2) Describe how to effectively teach psychoanalytic theory to a mixed cohort of psychotherapy trainees and psychoanalytic candidates. **CME/CE 2**

THE 2026 LEE JAFFE CANDIDATES' COUNCIL PAPER PRIZE: PSYCHOANALYTIC TREATMENT OF AN ALCOHOLIC IN RECOVERY WITH SUBSTITUTE ADDICTIONS

Chair: Elizabeth A. Hamlin, M.D. (Milwaukee, WI)

Presenter: A. Graeme Daniels, MA, MFT
(Walnut Creek, CA)

Discussant: Lance M. Dodes, M.D. (Los Angeles, CA)

The Lee Jaffe Candidates' Council Paper Prize is awarded annually to a candidate, recent graduate, or psychotherapy trainee or recent graduate for outstanding candidate or trainee writing. This year's winner, A. Graeme Daniels, joined by discussant Lance Dodes, will present his paper entitled *Psychoanalytic Treatment of an Alcoholic in Recovery with Substitute Addictions*, which masterfully integrates psychoanalytic theory and treatment with the social surround and with the problems of contemporary life, utilizing Freudian and Kleinian theory to formulate a cogent theoretical overview of a multifaceted and challenging topic.

After attending this session, learners will be able to:

1) Describe how pleasure and reality principle pertain to an analytic understanding of addiction; 2) Apply the concept of repetition compulsion to an understanding of unconscious process in the clinical setting. **CME/CE 2**

PRESIDENTIAL SYMPOSIUM: GROWING UP WIRED: TECHNOLOGY, DEVELOPMENT AND THE FUTURE OF CHILDHOOD: WHAT WE KNOW AND CAN DO

Co-chairs: Phyllis Jean Cath, M.D. (San Francisco, CA)
Daniel W. Prezant, Ph.D., APsA President
(New York, NY)

Presenters: Karen Gilmore, M.D. (New York, NY)
Jenny Radesky, M.D. (Ann Arbor, MI)
Janet C. Rotter, MSc (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

In response to growing concerns about the pervasiveness of sophisticated technology in the

continued

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

lives of children and adolescents, this panel will present research findings and clinical observations on how technology is reshaping childhood. Each panelist will share insights from her area of expertise, exploring both the benefits and risks associated with digital media and devices. Together, they will examine how technology is influencing cognitive, psychic, and social development. They will offer practical guidelines for parents, educators, and clinicians. The panel will focus on how best to optimize the advantages of emerging technologies while minimizing potential harm. This conversation is intended to deepen one's understanding of what is known—and what is still unfolding—about the profound ways technology is transforming childhood, adolescence, and early adulthood.

After attending this session, learners will be able to:

- 1) Explain to parents and teachers' questions and concerns about children's use of technology;
- 2) Evaluate and make decisions about the use of technology in the clinical setting.

CME/CE 2

RESEARCH TRACK: RESEARCH SYMPOSIUM #2

Chair/

Presenter: Robert M. Galatzer-Levy, M.S., M.D.
(Evanston, IL)

Discussants: Terry Marks-Tarlow, Ph.D. (Santa Monica, CA)
Timothy H. Rayner, M.D. (San Diego, CA)

This session integrates principles from complexity theory with contemporary psychoanalytic thought. The core aim of therapy is to reawaken the patient's capacities for development on the dancing landscape of ever-changing internal and external worlds. Viewing the therapeutic process as a complex dynamic system clarifies how the therapeutic dyad creates conditions that include the edge of chaos and the opportunities for profoundly surprising emergent changes that liberate patients from the effects of interrupted development. This model offers a robust language for the processes central to therapeutic action.

After attending this session, learners will be able to:

- 1) Describe how entering "the edge of chaos" promotes therapeutic change;
- 2) Describe how emergent phenomena occur in therapy.

CME/CE 2

PANEL 1: PSYCHOANALYSIS OF SOCIAL EXCLUSION: DEMONIZATION, ERASURE, DEPORTATION

Chair: Julie Leavitt, M.D. (Emeryville, CA)

Presenters: Francisco J. Gonzalez, M.D.
(San Francisco, CA)

Orna Guralnik, Ph.D. (New York, NY)

Stephen Hartman, Ph.D. (New York, NY)

Jade McGleughlin, LICSW (Cambridge, MA)

Eyal Rozmarin, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

As immigrants are being picked up on the streets, trans identities attacked and erased, and antisemitism weaponized, we find ourselves with an urgency to address the social-historical determinants that shape the current political emergency. This panel takes up the unconscious forces — individual and collective — that affect the politics of social exclusion. State and corporate apparatuses have elaborated and accelerated ways of instrumentalizing psychic mechanisms in ways that manipulate group psychology. Age-old forces of scapegoating have taken on a more monstrous dimension in the body politic. Each panelist takes up targeted groups and exclusionary mechanisms bringing both theoretical reflection and clinical examples, in order to create a space for the audience - anyone interested in psychoanalysis as a tool for understanding psychical forces and phenomena between individual psyche and social/collective/group psyche – to engage in a lively discussion.

After attending this session, learners will be able to:

- 1) Participants will be able to identify and analyze unconscious psychological mechanisms—such as projection, splitting, and scapegoating—that contribute to the collective processes of social exclusion, demonization, and erasure;
- 2) Participants will gain insight into the clinical and sociopolitical implications of exclusionary state and corporate practices, and develop psychoanalytic interventions responsive to the lived realities of targeted individuals and communities.

CME/CE 2

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

PANEL 2: A PSYCHOANALYTIC APPROACH TO UNDERSTANDING REQUESTS FOR ASSISTED DEATH

Chair/

Presenter: Mark J. Goldblatt, M.D. (Cambridge, MA)

Presenters: Matthew J. Devine, Ph.D. (New York, NY)

Martin E. Teising, Prof. Dr. Phil.
(Bad Hersfeld, Germany)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

Assisted death is the process by which the dying person ends their own life with the assistance of another, through legally sanctioned methods. It is legal in several American states and debated in many others. Increasingly, it is framed as a human rights issue tied to personal autonomy. However, human decisions are influenced by unconscious dynamics as well as social and cultural, factors underscoring that self-determination is always relational. One presentation is on unconscious and relational factors involved in assisted dying. A second presentation explores the relational structure of MAiD (The Canadian legal process, Medical Assistance in Dying) from a Lacanian psychoanalytic perspective. The third presentation discusses implications for individuals, their loved ones, as well as members of the broader society.

After attending this session, learners will be able to: 1) Identify conscious and unconscious dynamics involved in the request for assisted dying; 2) Identify the relational aspects of the request for assisted dying and how that impacts the individual making the request and survivors. **CME/CE 2**

PANEL 3: INSIGHT AND CORRECTIVE EMOTIONAL EXPERIENCE: COMPARISON AND POTENTIAL CONVERGENCE OF TWO MODELS OF THE CHANGE PROCESS INFORMED BY NEUROSCIENCE

Chair/

Discussant: Gregory Rizzolo, Ph.D., LCPC (Chicago, IL)

Presenters/

Discussants: Richard D. Lane, M.D., Ph.D. (Tucson, AZ)

Mark Solms, Ph.D. (London, England)

Discussants: Charles P. Fisher, M.D. (Berkeley, CA)

David Tuckett, BSc, MSc, Ph.D. (London, UK)

Two models of the neural basis of emotional experience have been proposed (Panksepp et al, 2017). These preclinical models have differing implications for the theory and practice of psychoanalysis, a topic of broad interest to the field. Mark Solms will present a neural model of emotional experience based on seven basic drives that are the foundation for a model of change based on insight. Richard Lane will present a constructionist model of emotional experience that is the foundation for a model of change based on corrective emotional experiences. Session chair Greg Rizzolo, the discussants and the presenters will focus on the merits of each model of change, the extent to which the models converge, and the prospects for bridging and integrating the two perspectives.

After attending this session, learners will be able to: 1) Describe how two models of the change process are grounded in two different models of the neural basis of emotional experience; 2) Discuss similarities and differences between the two models and the potential for creating a unified model. **CME/CE 2**

2:00 P.M. – 4:00 P.M.

MEMBERSHIP COMMITTEE: GROUNDED GRIEVING FOR OUR TIME

APsA's Membership Committee, responding to member feedback requesting more opportunities to grieve and process collective pain—whether personal, professional, or organizational, is hosting “Grounded Grieving for Our Time.”

Part 1 of this experience invites participants to spend 30 minutes in silent meditation or reflection on losses they wish to grieve, in a shared, quiet space without verbal interaction. Before beginning, participants will receive a brief orientation outlining the time frame, the request for silence, and the

FRIDAY

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

purpose of the sit: to grieve together in silence, creating a therapeutic holding environment.

Part 2 is an optional gathering for those who participated in Part 1 and wish to connect afterward in a quiet setting. Light refreshments will be provided to support gentle conversation, catharsis, and mutual support.

This event is open to all APsA conference attendees.

Note: This session does not offer Continuing Education Credit.

COMMITTEE SPONSORED WORKSHOP #6: THE BUSINESS OF PRACTICE: SPONSORED BY THE PSYCHOTHERAPIST COMMITTEE: MENTAL HEALTH COVERAGE: CLOSING THE GAPS IN INSURANCE POLICY

Co-chairs: Kathryn Fleming-Ives, M.D. (Providence, RI)
James M. Woody, Psy.D. (Houston, TX)

Presenter: Joseph M. Feldman, MBA (Wilmette, IL)

Discussant: Linda L. Michaels, Psy.D., MBA (Chicago, IL)

Successfully navigating insurance reimbursement for mental health services is often challenging and complex for both clients and clinicians, particularly when seeking coverage for longer-term, depth-oriented psychotherapies. This workshop will systematically outline the obstacles to successful reimbursement and provide highly practical steps clients and clinicians can take to increase the likelihood of obtaining coverage for substance abuse or mental health treatment. In addition, the workshop will discuss the psychodynamic issues that arise clinically for both patient and therapist/analyst when encountering this key treatment issue. The workshop is intended for any psychoanalyst or psychotherapist who wishes to better understand mental health insurance and more effectively advocate for appropriate levels of coverage.

After attending this session, learners will be able to:
1) Describe the obstacles faced by clinicians and patients when seeking insurance reimbursement for mental health and substance abuse treatment; 2) Summarize actions that both clinicians and patients can take to increase the likelihood that mental health and substance abuse treatment claims will be approved by insurance companies. **CME/CE 2**



DPE CRITICAL THINKING SEMINAR

Chair: James W. Barron, Ph.D. (Brookline, MA)

Co-chair: Paula Christian-Kliger, Ph.D., ABPP
(New York, NY)

Presenters: Richard C. Fritsch, Ph.D. (Washington, DC)
Felicia R. Powell-Williams, Ed.D., LPC-S,
RPT/S (Houston, TX)
Britt-Marie Schiller, Ph.D. (St. Louis, MO)

Thinking critically about education and governance practices between institutes, this presentation is a collaboration between DPE's Council on Education Encounter Dialogues (CEED) and the IPA's Psychoanalytic Education Committee's Meetings of Societies on Education (MOSE). With the sunset of the Board on Professional Standards, APsA institutes have not had an outside perspective or "third" to review quality psychoanalytic education, depriving institutes of space for reflection, self-correction and learning from others. CEED provides an inter-institute, transgenerational forum that encourages exchange among institutes and self-reflection. Panelists are Britt-Marie Schiller (CEED), Richard Fritsch (IPA) and Felicia Powell Williams, (participant as training director in a MOSE. The presentations will inform training chairs, faculty and candidates of this valuable opportunity and allow for educators to learn from each other.

After attending this session, learners will be able to:
1) Explain the differences between vertical and horizontal quality control oversight; 2) Explain the value of peer review of institute policies and procedures. **CME/CE 2**

UNIVERSITY FORUM: DISCONTENT AND ITS CIVILIZATIONS: A PHILOSOPHER, SOCIOLOGIST, AND PSYCHOANALYST DISCUSS THE TENUOUS SOCIAL BOND

Chair/

Presenter: Beverly J. Stoute, M.D. (Atlanta, GA)

Presenters: Brooke Holmes, Ph.D. (Princeton, NJ)
Eric Klinenberg, Ph.D. (New York, NY)

Presenter/

Discussant: Ben Kafka, Ph.D., L.P. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

In *Discontent and its Civilizations*, British-Pakistani writer Mohsin Hamid explores the frictions and frustrations of daily life in Lahore, London and New York after September 11th. A philosopher, sociologist, and psychoanalyst address the issues Hamid highlights: how does one develop and maintain social connections and what happens to us when they break down. Brooke Holmes, Susan Dod Brown Professor of Classics, Princeton, explores classical and contemporary ideas about sympathy as intersubjective. Eric Klinenberg, Helen Gould Shepard Professor in Social Science, NYU, discusses how social infrastructure supports individuals' well-being and impacts mutual connection. Ben Kafka, associate professor of clinical psychoanalysis (in psychiatry) at Columbia, discusses these ideas, integrating potential clinical ramifications, about the social dynamics that "drive us crazy."

After attending this session, learners will be able to: 1) Summarize three current perspectives, drawn from separate disciplines, on the binding and unbinding forces at work in daily life that can impact us; 2) Analyze and integrate these perspectives to deepen clinical work with patients.

CME/CE 2

RESEARCH TRACK:

CULTIVATING A CULTURE OF SCIENTIFIC INQUIRY IN PSYCHOANALYSIS: THE HISTORY, STATUS AND FUTURE OF THE RESEARCH TRAINING PROGRAM (RTP) IN THE IPA AND APSA

Chair: Charles P. Fisher, M.D. (Berkeley, CA)

Presenters: Manfred Beutel, Prof. Dr. med.
(Mainz, Germany)

Eric A. Fertuck, Ph.D. (New York, NY)

John C. Markowitz, M.D. (New York, NY)

Barbara Milrod, M.D. (New York, NY)

Psychoanalysis will lose relevance if it cannot demonstrate it works. It has not historically prioritized scientific, empirical inquiry, despite intersecting with scientific disciplines including psychotherapy research, developmental psychopathology, clinical neuroscience, and personality science. This panel reviews the history of (lack of) research training for psychoanalysts and psychodynamic clinicians in the American Psychoanalytic Association and the IPA. A new

Research Training Program (RTP), now in its second year, aims to prepare psychodynamic researchers to innovate and investigate psychoanalytic theory, assessments, and treatment. After review of psychodynamic treatment advances for anxiety disorders and PTSD, and the importance of qualitative and quantitative psychoanalytic research, there will be time for audience discussion of the need for psychoanalysis to promote research in training and practice to remain relevant in health care.

After attending this session, learners will be able to:

1) Discuss the history of efforts to advance psychoanalysis with empirical, quantitative research; 2) Summarize several important examples of contemporary, empirical research which form an evidence base supporting psychodynamic treatments including psychoanalysis. **CME/CE 2**

PANEL 4:

FANON'S SOCIOGENESIS IN ITS AMERICAN FORM: ENGAGING RACISM IN THE PSYCHOANALYTIC CONSULTING ROOM

Chair/

Presenter: Jeffrey Prager, Ph.D. (Beverly Hills, CA)

Presenter: Markus Hicks, M.A., MSW (Los Angeles, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

A demonstration of the importance of Frantz Fanon's concept of sociogenesis where the clinician pays attention to the patient's/client's identity 1) as part of the societal center or its periphery, 2) as sharing the "origin story" of the nation's mainstream or as distinct from it, and 3) whether life choices are perceived as "overdetermined from without" or as internally generated. Sociogenesis requires focus on how social context influences a patient's psychic life, how family dynamics are shaped by larger forces, and how distinctive "social forms" manifest racism in specific ways. This presentation describes sociogenesis' "American form," one committed to white supremacy and racial capitalism (different from Fanon's colonialism) that requires special attention to its particular manifestations in the psychic life of Americans. The presentation will proceed through clinical examples.

After attending this session, learners will be able to:

1) Explain Fanon's concept of sociogenesis as it

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

relates to clinical treatment; 2) Describe how to integrate formative social experiences of patients/clients to understand and help them with their psychic pain and suffering. **CME/CE 2**

PANEL 5: TRANSFERENCE-FOCUSED PSYCHOTHERAPY FOR PATHOLOGICAL NARCISSISM

Co-chairs: Diana Diamond, Ph.D. (New York, NY)
Barry L. Stern, Ph.D. (New York, NY)

The intended audience are clinicians interested in applying analytic models of thinking to a patient population that requires modifications to standard analytic technique, which TFP operationalizes. The splitting-based defenses employed by patients with severe narcissistic pathology require modifications that account for behaviors that are acted out rather than being expressed verbally by the patient. An elaboration of our assessment model, which differs in several ways from standard analytic models of patient evaluation and diagnosis, as well as modifications to both the treatment frame and standard analytic techniques will also be helpful to clinicians struggling to work analytically with narcissistic patients.

After attending this session, learners will be able to: 1) Apply our diagnostic and evaluation model to better assess narcissistic pathology, determine suitability for psychodynamic treatment, and design a treatment plan for patients suitable for exploratory psychodynamic psychotherapy (TFP); 2) Demonstrate a basic understanding of the modifications to standard analytic technique for narcissistic patients, and utilize such techniques with their patients. **CME/CE 2**

PANEL 6: PLAYING AND REVERIE: TWO SIDES OF ONE COIN OR SEPARATE COINS?

Chair: Wendy Katz, Ph.D. (New York, NY)
Presenters: Steven H. Cooper, Ph.D. (New York, NY)
Christopher G. Lovett, Ph.D.
(Newton Centre, MA)
Bruce Reis, Ph.D. (New York, NY)

Playing and reverie, the agents of therapeutic action and therapeutic process for Winnicott and Bion respectively, were their unique idioms for describing the entry into the unconscious content of transference and beyond that could not be put into words before being enacted. This

panel, intended for graduates and candidates in training at psychoanalytic institutes as well as for psychotherapists and psychotherapists in training, examines how three different analysts conceptualize these two terms and methodologies for analytic work. Speakers will consider how Winnicott's conception of play and Bion's conception of reverie emphasize different aspects of a singular process that, if not identified as the same, share many of the same bedrock analytic and therapeutic conceptualizations and goals—even though the processes have been treated as different.

After attending this session, learners will be able to: 1) Define the terms playing and reverie in clinical work; 2) Explain how these terms are employed in therapeutic listening and interpretation.

CME/CE 2

4:30 P.M. – 6:30 P.M.

PASSING THE BATON AND PRESERVING PSYCHOANALYTIC VALUES IN A POLARIZED WORLD: A CONVERSATION BETWEEN THE HOLMES COMMISSION AND THE CONSULTATION LIAISON NETWORK

Co-chairs: Elisa K. Cheng, M.D. (Cambridge, MA)
Dorothy E. Holmes, Ph.D., ABPP, FABP
(Bluffton, SC)
Presenters: Paula Christian-Kliger, Ph.D. ABPP
(New York, NY)
Dionne R. Powell, M.D. (New York, NY)
Sien Rivera, M.D. (Columbia, SC)
Beverly J. Stoute, M.D. (Atlanta, GA)
Jasmine Ueng-McHale, Ph.D. (Princeton, NJ)

The Holmes Commission's 2023 seminal report on racial equality in American psychoanalysis led to the formation of the Consultation-Liaison Network (CLN), a network outside traditional hierarchical structures and institutions of psychoanalysis, designed to foster community, reflection, growth, and creativity among psychoanalytic practitioners from diverse backgrounds. This panel, featuring members of both the Holmes Commission and CLN, will examine how analytic organizations and individuals can cultivate inclusive, visionary leadership amid rising global polarization and authoritarian pressures. Presenters will explore historical and institutional barriers to equity and the challenges leaders face in expanding the psychoanalytic community. Attendees will gain actionable strategies for strengthening psychoanalytic values—dialogue, insight,

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

connection, and mutual concern. This panel is intended for psychoanalysts, therapists, students, and leaders committed to addressing systemic inequities in psychoanalysis.

After attending this session, learners will be able to:

- 1) Assess the historical and institutional challenges that leaders in psychoanalytic communities face in the wake of polarization and attacks on psychoanalytic values (including reflection, receptivity, relationality, and growth), and ways leaders might effectively protect these values and expand inclusivity;
- 2) Create and utilize strategies for fostering relational, reflective, and creative capacities in and across psychoanalytic communities that support openness, dialogue, connection, and mutual concern.

CME/CE 2

PANEL 7: INTERPRETATION TOMORROW

Chair/

Presenter: Amy Levy, Psy.D. (Chapel Hill, NC)

Presenters: Bruce Reis, Ph.D. (New York, NY)

Neal Vorus, Ph.D. (New York, NY)

Mitchell D. Wilson, M.D. (Berkeley, CA)

A number of analysts have recently demonstrated the capacity of Large Language Models (LLM's) to interact with humans in ways that resemble psychoanalytic interpretation. Some (e.g., Knafo, 2023) have shown evidence that LLM's are capable of "reaching beyond a dream's manifest content" and offering viable interpretations of unconscious experience. What does this development portend for the psychoanalytic interpretations of tomorrow? Join this follow up panel to 2025's "Interpretation Today," in which Drs. Wilson, Vorus, Reis and Levy will rejoin for a meditation on the future of psychoanalytic interpretation. This panel is intended for all members of the psychoanalytic community as a forum to learn about the escalating impact of AI on clinical and written psychoanalysis, and to think together about how human therapists may respond and continue to have influence over clinical interpretations of the future.

After attending this session, learners will be able to:

- 1) Describe how AI is changing the psychoanalytic field in which interpretations are generated;
- 2) Name two ways that AI administered psychoanalytic treatment differs from psychoanalytic human treatment.

CME/CE 2

PANEL 8:

ENCOUNTERING EMOTIONAL STORMS AND ATTACKS ON LINKING: BION'S CLINICAL METHOD AND THE POTENTIAL FOR GROWTH

Co-chairs/

Presenters: Noya Dekel, Psy.D. (New York, NY)

Barnet D. Malin, M.D. (Asheville, NC)

Wilfred Bion's clinical vision highlights the emotional storm generated when two personalities meet and the patient's painful struggle with tolerating the analyst's capacity to think independently. This program integrates two perspectives: the analyst's role as container when the patient fragments and attacks linking, and Bion's broader clinical method of privileging emotional truth over premature interpretation. Together, these presentations underscore how moments of rupture and unbearable feeling can signal the possibility of new psychic organization.

After attending this session, learners will be able to:

- 1) Describe how Bion's concepts of attacks on linking and emotional storm reframe disconnection in the analytic encounter as potential openings for psychic growth;
- 2) Apply Bion's clinical method of tolerating raw emotional states and co-constructing unconscious narratives to enhance clinical work with patients facing fragmentation and unthinkable emotional experiences.

CME/CE 2

RESEARCH TRACK:

INTERVIEW WITH A MAJOR SCIENTIST FROM AN ALLIED DISCIPLINE

Chair/

Presenter: Mark Solms, Ph.D. (London, England)

Presenter: Christof Koch, Ph.D. (Seattle, WA)

In this program, Mark Solms will interview Christof Koch, a highly distinguished neuroscientist, to discuss theories of consciousness. Christof Koch is known for his extensive work on the brain mechanisms of consciousness and his dedication to the central importance of subjectivity, as described in his recent book, *Then I Am Myself the World: What Consciousness Is and How to Expand It*. Mark Solms' work on consciousness and subjectivity from a psychoanalytic perspective, is elaborated in his recent book, *The Hidden Spring: A Journey to the Source of Consciousness*. The interview will discuss the current status of consciousness science and will touch upon issues such as the role of the cortex versus the brainstem, the role of affect, and the possibility of artificial consciousness.

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

After attending this session, learners will be able to: 1) Describe an overview of progress that has been made in the past three decades in the pursuit of the neural correlates of consciousness, as well as challenges and opportunities in the field, as seen by a key contributor; 2) Summarize areas of agreement and areas of difference between the two theories of consciousness, as well as their clinical implications.

CME/CE 2

7:00 P.M. – 8:30 P.M.

EXPERIENTIAL LARGE GROUP (PART 2)

See Thursday at 7:00 p.m. for description and objectives.

CME/CE 1.5

8:00 P.M. – 11:00 P.M.



SOCIAL EVENT: AN EVENING OF DINNER AND DANCING

For details and to purchase tickets, see page 4.

SATURDAY, JANUARY 31

7:00 A.M. – 8:00 A.M.



SOCIAL EVENT: YOGA

Join Elizabeth Manne, RYT500, for another morning yoga class!

Continue the good energy from yesterday — or, if you couldn't make it, now's the perfect time to join us for the first time.

A limited number of yoga mats will be available.

7:30 A.M. – 8:45 A.M.

BREAKFAST WITH DISTINGUISHED ANALYSTS

Chair/

Discussant: Konstantinos Taliouridis, Ph.D., Psy.D., MBA (Dedham, MA)

Presenters: David E. Scharff, M.D., FABP (Chevy Chase, MD)

Jill Savage Scharff, M.D., FABP (Chevy Chase, MD)

Join this enriching breakfast panel discussion tailored for APsA members in psychodynamic or psychoanalytic training. This event offers a unique opportunity to engage with Dr. Jill Scharff and Dr. David Scharff, distinguished practitioners whose contributions have shaped contemporary psychoanalysis. In this intimate setting, the Scharffs will share reflections on their extensive body of work, discussing pivotal lessons learned throughout their careers and the complexities of psychoanalytic practice. They will also contemplate what aspects of their training they would retain or approach differently, providing a reflective lens on the training process. Join us to engage with esteemed professionals, connect with fellow trainees, and deepen your understanding of psychoanalytic theory and practice. This gathering promises to be a valuable experience for all committed to exploring the human psyche.

After attending this session, learners will be able to: 1) Explain how to integrate contemporary psychoanalytic theories and apply theoretical knowledge to real-world therapeutic situations; 2) Examine and identify specific areas for growth and adaptation to better navigate evolving therapeutic relationships and client needs. **CME/CE 1**

9:00 A.M. – 10:30 A.M.

JOIN THE COMMITTEE ON GENDER & SEXUALITY MEMBERS IN CONVERSATION: HELPING OUR TRANS CHILDREN AND PATIENTS

Given the rise of political attacks on LGBTQIA+ persons and communities and the distress that our current political climate is creating for families wrestling with the impact of these attacks on their children and those close to them, the Committee on Gender and Sexuality (CoGS) wants to offer education, advocacy and support to parents and family members of LGBTQIA+ individuals, as well as to clinicians working with them. This informal group, facilitated by CoGS members, offers an opportunity to talk with others who share these

continued

DAILY SCHEDULE

9:00 A.M. – 10:30 A.M. continued

experiences. Whether you're a clinician who wants to learn more about working with LGBTQIA+ children and their parents/family members or are yourself a parent/family member facing these issues, we invite you to join us. All are welcome.

Note: This session does not offer Continuing Education Credit.

9:00 A.M. – 11:00 A.M.

RESEARCH TRACK:

A THREE-SESSION SEQUENCE ON THE THEORY AND PRACTICE OF NEUROPSYCHOANALYSIS: BUILDING BRIDGES: FROM PREDICTIVE BRAINS TO SUFFERING MINDS

SESSION 3:

CLINICAL PRESENTATION

Co-chairs: Virginia C. Barry, M.D. (Evanston, IL)
Charles P. Fisher, M.D. (Berkeley, CA)

Presenters: Philip Cooke, Ph.D. (Chicago, IL)
Mark Solms, Ph.D. (London, England)

This is the third session in a sequence of three two-hour meetings on the theory and practice of neuropsychanalysis intended for psychoanalysts, psychotherapists, psychiatrists, candidates and trainees, and scholars. Attendance at all three sessions is recommended but not mandatory.

Professor Solms will discuss clinical techniques, to illustrate how the concepts presented in the previous two sessions impact on one's practical work.

After attending this session, learners will be able to:
1) Describe the basic task of psychoanalytic therapy;
2) Describe the neuropsychanalytic approach to clinical case formulation. **CME/CE 2**



DPE ERIK GANN MEMORIAL PSYCHOANALYTIC SCHOLARSHIP FORUM: THE MUSIC OF PSYCHOANALYSIS

Chair: Robert Galatzer-Levy, M.S., M.D. (Evanston, IL)

Presenters: Peter L. Goldberg, Ph.D. (Albany, NY)
Michael S. Jacob, M.D., Ph.D. (San Francisco, CA)

Charles M. Jaffe, M.D. (Chicago, IL)

Michael D. Levin, Psy.D. (San Francisco, CA)

Psychoanalysis and psychotherapy are profoundly musical activities infused with depth, rhythm, harmony, counterpoint, and call and response, as two participants bring life to their interaction. This session will explore the musicality of psychoanalysis on multiple levels, from the descriptive to the clinical to that of neuroscience. The Erik Gann Forum is designed to be highly interactive, engaging speakers and the audience in conversation to create music together.

After attending this session, learners will be able to:
1) Describe the musical aspects of psychoanalytic and psychotherapeutic practice;
2) Demonstrate how they incorporate music into their practice.

CME/CE 2

CLINICAL CONFERENCE 2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSA FELLOWS:

ERIKSONIAN INTEGRITY VS DESPAIR STRUGGLES IN AN OBSESSIVE PATIENT WITH MORAL RIGIDITY AND SOMATIC SYMPTOMS

Chair: Jordan D. Brooks, MSW (Fort Collins, CO)

Presenter: Majd Al-Soleiti, M.D. (Rochester, MN)

Discussant: Jane G. Tillman, Ph.D., ABPP (Stockbridge, MA)

This case conference will discuss the psychotherapy of a man facing profound emotional suffering in the wake of retirement, chronic medical illnesses, and unresolved early conflicts. Struggles with integrity vs. despair are complicated by obsessive tendencies, somatic symptoms, and core narcissistic vulnerability. Establishing authentic therapeutic engagement was hindered by false-self adaptations marked by compulsive and excessive agreeableness and moral rigidity. A prolonged hiatus unexpectedly

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

served as a catalyst for growth by inviting reflection, autonomy, and deeper internalization. Developmental thinking of Erikson, Winnicott and Kohut are used to elucidate the treatment process.

After attending this session, learners will be able to:

- 1) Describe how to navigate Eriksonian late life struggles of integrity vs despair in patients with high moral rigidity and somatic symptom burden;
- 2) Discuss the application of psychoanalytic Winnicott's literature to address false-self adaptations in late age. **CME/CE 2**

PANEL 9: THE AUTHORITARIAN PERSONALITY TODAY

Chair/

Presenter: Gregory Gabrellas, M.D. (New York, NY)

Presenters: Benjamin E. Fife, Psy.D. (San Francisco, CA)
Phillip J. Henry, Ph.D. (Chicago, IL)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

As politics tilt towards authoritarianism, psychoanalytic clinicians increasingly respond to the anxious distress of patients seeking help to cope with the fast pace of change facing our social order. But an insight-oriented approach is just as necessary to understand those among us for whom the erosion of democratic norms is a welcome change. This panel will introduce the "authoritarian personality" as a construct relevant to clinical practice amid contemporary politics and social issues. Geared to both clinicians and psychoanalytic scholars, we will describe the mid-century social psychoanalytic research published as *The Authoritarian Personality* (1950) by Theodor W. Adorno and colleagues and share new research into the history of psychoanalysis and ego psychology that helps understand the antecedents and possible future of this critical social research.

After attending this session, learners will be able to:

- 1) Describe the main psychoanalytic antecedents of The Authoritarian Personality, a classic study from 1950 written by sociologists and psychoanalysts to confront social prejudice;
- 2) Summarize the principal findings of *The Authoritarian Personality Study*, and discuss a significant limitation to its research or applicability to today. **CME/CE 2**

PANEL 10:

GENDER IN TRANSITION: PSYCHIC WORK, LISTENING, AND THE ETHICS OF UNCERTAINTY

Chair: Sien Rivera, M.D. (Columbia, SC)

Presenters: Mary T. Brady, Ph.D. (San Francisco, CA)
Oren Gozlan, Psy.D. (Toronto, Canada)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The dilemmas of gender in our time unsettle theory, technique, transference, and countertransference. This panel approaches gender not as a stable category but as psychic movement—shaped by fantasy and resistance and encountered through the analyst's own normative inheritances. Panelists reflect on how gender surfaces in the clinic: as symptom, identification, or demand. The discussion explores ways to meet patients' psychic elaborations of gender while attending to countertransference, where listening may require unlearning. One presentation explores how clinicians reimagine themselves alongside patients expanding gender possibilities; another treats gender as metapsychological and aesthetic. Together, the panel considers gender as emotional insistence, exceeding diagnostic clarity and normative repair. All clinicians are welcome.

After attending this session, learners will be able to:

- 1) Explain how aesthetic and affective dimensions of gender inform clinical practice and theory, highlighting the role of fantasy, embodiment and the unknowable in psychoanalytic thinking about gender;
- 2) Explain how Winnicottian concepts, such as the spontaneous gesture in the child or adolescent (instead of conformity leading to false self), are relevant to a live experience of gender.

CME/CE 2

PANEL 11:

PSYCHOANALYSIS AT THE CROSSROADS: TRUTH, DEATH, AND THE MARKET

Presenters: Amirhassan Javadi, MA (Lyndhurst, OH)

Linda L. Michaels, Psy.D., MBA (Chicago, IL)

Eric M. Plakun, M.D., DLFAPA, FACPpsych (Stockbridge, MA)

Pascal Sauvayre, Ph.D. (New York, NY)

This session brings together three timely and thought-provoking contributions addressing the future of psychoanalysis across philosophical, theoretical, and institutional terrains. Linda

continued

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

Michaels and Erik Plakun will examine how insurance, venture capital, and new technologies are reshaping the mental health landscape, threatening to redefine the values of psychoanalytic work. In the paper, *Truth and Psychoanalysis* (Pascal Sauvayre, Ph.D. and Orshi Hunyady, Ph.D.), Pascal Sauvayre will explore the fraught relationship between psychoanalysis and truth, highlighting the corrosive power of “bad faith” in clinical, relational, and sociopolitical contexts. Amirhassan Javadi will consider the theoretical and clinical consequences of rejecting Freud’s death drive theory, linking its decline to the ascendancy of postmodern orientations in contemporary psychoanalysis. Together, these presentations open dialogue about the challenges and opportunities facing psychoanalysis today.

After attending this session, learners will be able to: 1) Analyze the impact of emerging economic and technological forces (e.g., venture capital, private equity, digital mental health platforms) on the practice and values of psychoanalysis; 2) Differentiate between “bad faith” and other defensive operations (e.g., repression, dissociation) and evaluate their implications for clinical work and sociocultural contexts. **CME/CE 2**

11:30 A.M. – 1:30 P.M.

THE STUART TWEMLOW PSYCHOANALYSIS IN THE COMMUNITY SYMPOSIUM: COMMUNITY PSYCHOANALYSIS: IS IT PSYCHOANALYTIC?

Chair: Caroline M. Sehon, M.D., FBP (Bethesda, MD)

Presenters: Ira Brenner, M.D. (Bala Cynwyd, PA)
Harold Kudler, M.D. (Durham, NC)
Hattie B. Myers, Ph.D. (New York, NY)
Jeffrey Taxman, M.D. (Mequon, WI)

This session will showcase four groundbreaking community psychoanalytic projects that demonstrate the innovative application of psychoanalytic principles beyond the traditional in-office setting. Presenters will illustrate how the analytic frame can be adapted to pressing social issues within diverse community contexts. Presentations include: (1) “ROOM,” A Sketchbook for Analytic Action as a community-building platform; (2) a school-based bullying prevention program; (3) an outreach effort to unsheltered individuals - led by social workers, clergy, law enforcement,

and people with lived experience of homelessness; and (4) psychoanalytic responses to natural disasters. These initiatives extend the pioneering work of the late Stuart Twemlow, highlighting the ongoing evolution of community psychoanalysis. This symposium invites psychotherapists, psychoanalysts, trainees, and community members to participate in its interactive, workshop-like format.

After attending this session, learners will be able to: 1) Identify and describe at least three distinct ways the psychoanalytic frame can be adapted for application in community settings to address societal issues; 2) Analyze how innovative community psychoanalytic projects, such as those presented, continue Stuart Twemlow’s pioneering tradition of applied psychoanalysis. **CME/CE 2**

COMMITTEE SPONSORED WORKSHOP #7: PRACTICE BUILDING TODAY: BUILDING ANALYTIC/THERAPEUTIC PRACTICE: THE ANALYST’S/THERAPIST’S MODE OF INTERVENTION FOCUSING ON BIONIAN TECHNIQUE

Chair: Susan L. Flinders, Ph.D. (Chelsea, MI)

Presenters/

Discussants: Joseph Aguayo, Ph.D. (Los Angeles, CA)

Deborah W. Bilder, Ph.D., Psy.D.
(Santa Monica, CA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board.

This session will focus on building an analytic/ psychotherapeutic practice by broadening the scope of one’s practice and by focusing on available interventions and psychotherapeutic strategies in general. Enhancing and broadening one’s analytic/psychotherapeutic skills can only broaden the scope of practice and one’s knowledge base. This panel focuses on the analytic strategies drawn upon by W.R. Bion, whose technique has received contemporary support in the work of David Tuckett and Mark Solms. The relevancy of Bionian interventions will be central, less so the intervention strategies of David Tuckett, or Mark Solms’ theories. This program is for analysts/ psychotherapists, trainees/candidates, academics, and anyone interested in the ply of cure related to analysis/psychotherapy and the mind.

continued

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

After attending this session, learners will be able to: 1) Describe what W.R. Bion meant by making sensuously-based direct observations in the here and now with patients/clients; 2) Describe how analysts/psychotherapists differentiate having attuned to the patient's current state of mind with an interpretation based on a selected fact vis-à-vis an overvalued idea. **CME/CE 2**

COMMITTEE SPONSORED WORKSHOP #8: MEDICAL STUDENT EDUCATION: THE Y MODEL: AN INTEGRATED FRAMEWORK FOR TEACHING TRAINEES CORE PSYCHOTHERAPY COMPETENCIES

Chair: Himanshu Agrawal, MBBS, DF-APA (Hartland, WI)
Presenters: Kevin Bao, BA (Milpitas, CA)
Anne E. Ruble, M.D., MPH (Baltimore, MD)
Discussants: Vinay K. Parekh, M.D. (Baltimore, MD)
Donna Sudak, M.D. (Phoenixville, PA)

Despite renewed emphasis on psychotherapy as an essential component of modern psychiatric practice, education for medical trainees is often lacking. The Association of American Medical Colleges recognizes as core competencies the ability to “build the doctor-patient relationship” and understand “the patient’s view of illness causation and the affective dimensions which they experience.” The Y Model offers an evidence-based and integrated approach to teaching core psychotherapy skills, teaching students about the common factors as well as foundational concepts in CBT, supportive, and psychodynamic psychotherapy. The incorporation of this model into trainees’ learning may enrich education and develop competency in psychotherapeutic modalities which have proven efficacy in the treatment of common mental disorders.

After attending this session, learners will be able to: 1) Describe the Y model of psychotherapy and its core components; 2) Apply the components to their individualized training and (future or current) practice. **CME/CE 2**

RESEARCH TRACK:

PSYCHOANALYSIS AND NEUROSCIENCE SYMPOSIUM:

WHAT CAN BE LEARNED FROM AUTOBIOGRAPHICAL MEMORIES OF SHAME

Co-chairs: Barton J. Blinder, M.D., Ph.D. (Newport Beach, CA)
Andrei Novac, M.D. (Newport Beach, CA)
Presenter: Nikolai Axmacher, Prof. Dr. (Bochum, Germany)
Discussants: Manfred Beutel, Prof. Dr. med. (Mainz, Germany)
Daniela Flores Mosri, Ph.D. (Mexico City, Mexico)

How do people integrate memories into their models of self to form autobiographical memory? In this program, a noted researcher will present data comparing recollection of shameful episodes from the past with memories of neutral and fearful episodes. Memories relating to self-incongruent emotions, such as shame, are more difficult to integrate and are processed differently from other memories. The presentation will illustrate special phenomenological characteristics of shameful memories as well as fMRI data showing neural correlates of shameful memories. The program, intended for clinicians of all levels (and also for researchers), will explore how people integrate the autobiographical memories that are central to a sense of self.

After attending this session, learners will be able to: 1) Describe how shameful memories are integrated into autobiographical memory underlying a sense of self (self-model); 2) Explain how processes of memory integration are relevant for clinical work.

CME/CE 2

PANEL 12: TREATING PATIENTS WHO ARE PARENTS

Chair/
Discussant: Thomas F. Barrett, Ph.D. (Chicago, IL)
Presenters: Susan L. Donner, M.D. (Tarzana, CA)
Samuel C. Roth, Ph.D. (Newton, MA)

Psychoanalytic theory and practice have had a complex relationship with child-rearing. There have long been fluctuations in how parents and parenting have been theorized and referenced within and outside the field. There have been purposeful efforts to influence cultural practices, as well as perhaps, unintended cultural consequences. This panel will address how modern developmental and neurological research on parent-child relationships

continued

DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

intersects with clinical experience and can help refine analytic thinking and interventions.

After attending this session, learners will be able to:

- 1) Describe the ethical conflicts between safeguarding children and protecting a parent's treatment;
 - 2) Demonstrate the emergence of transgenerational affects and conflicts within the clinical treatment and the adult patient's family life.
- CME/CE 2**

PANEL 13:

INTER-REGIONAL ENCYCLOPEDIA DICTIONARY: DRIVES, UNCONSCIOUS AND CONTAINMENT: TRANSFORMING CHAOS INTO CREATIVITY

Chair/

Presenter: Eva D. Papiasvili, Ph.D., ABPP (New York, NY)

Presenters: Joseph Fernando, M.D. (Toronto, Canada)

Leigh Tobias, Ph.D., FIPA, BCPsa
(Beverly Hills, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

During turbulent times, when traditional frames of reference crumble, accessibility of, and translation among, diverse paradigms of knowledge worldwide, uniquely offered by IRED, can facilitate creative reorganization and growth. Drawing on IRED entries, DRIVES, UNCONSCIOUS and CONTAINMENT are presented as reservoirs of both chaos and creativity. The panelists – IRED contributors, Chair and Co-Chairs – will illustrate how the IRED's evolving pluralistic representation, anti-reductionistic complexity, liminality and non-polarization can be a unique resource (for participants of any level of training and expertise) in transforming the potential for chaos, confusion and perceived incompatibility into creative outcomes, expansion and enrichment in clinical, educational, organizational and macrosocial contexts.

After attending this session, learners will be able to:

- 1) Describe and explain IRED's non-polarizing pluralistic conceptualizations of THE UNCONSCIOUS, DRIVES, CONTAINMENT and any cross-referenced others, as reservoirs of both chaos and creativity;
- 2) Apply IRED's pluralistic conceptualizations of THE UNCONSCIOUS, DRIVES, CONTAINMENT and any cross-referenced others in the clinical, supervisory and

teaching context so as to minimize chaos and confusion, and maximize creative thought and clinical work. **CME/CE 2**

PANEL 14:

CAPTURING THE LANGUAGE OF WINNICOTT OVER TIME: THE 30TH ANNIVERSARY

Chair: Reyna Cowan, Psy.D., LCSW (Oakland, CA)

Presenters: Jan Abram, Ph.D. (London, England)

Heribert Blass, Dr. med.
(Dusseldorf, Germany)

Nergis Güleç, MA (İstanbul, Türkiye)

The Language of Winnicott, published in 1996, was awarded Outstanding Academic Book of the Year. With its focus on Winnicott's clinical language, Jan Abram offered a comprehensive encyclopedic lexicon of Winnicott's unique psychoanalytic clinical paradigm. In this panel Abram will discuss her process of conceptualizing Winnicott's key clinical-theoretical advances, in conversation with Reyna Cowan. Abram's particular Winnicottian advances will also be elaborated. Then, a selection of Winnicott's concepts will be illuminated through clinical examples linked with the mother's psyche-body, holding and containing, and the social. The panel aims to explore how Winnicott's language advances a distinct clinical paradigm in British object relations.

After attending this session, learners will be able to:

- 1) Describe three elements of the Language of Winnicott which can be used to understand current clinical issues in the consultation room;
- 2) Discuss the elements of the concept of the surviving object and how it advances on Winnicott's work and its relevance to contemporary psychoanalysis.

CME/CE 2

2:00 P.M. – 4:00 P.M.



DPE IDEA INCUBATION WORKSHOP

Chair: Richard Tuch, M.D. (Los Angeles, CA)

Presenters: Sangik Imm (Goyang, South Korea)

Janelle Railey (Asheville, NC)

Discussants: Gregory Rizzolo, Ph.D., LPCP (Chicago, IL)

Neal Vorus, Ph.D. (New York, NY)

During training, trainees are taught how to fashion a paper that will lead to professional advancement—

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

to either graduate or get certified. Writing for publication is a different matter altogether. This workshop is geared to analysts-in-training/therapists-in-training and early career analysts/therapists interested in learning how to translate an idea they have been pondering and would like to write about into a publication-worthy paper. The workshop involves two presenters who outline a germ of an idea to a panel of two analysts who edit journals or are on editorial boards of journals. Learning the ins and outs of psychoanalytic writing helps those new to the game who learn the how-to aspects of this craft.

After attending this session, learners will be able to:

- 1) Describe elements a paper must have to pass muster with journal reviewers (e.g., well written, well researched, novel, clear and focused, accomplish what the author sets out as his or her thesis);
- 2) Discuss how best to hone one's ideas into a publication-worthy contribution, including how best to research one's idea to see what others have written about the subject and how to fashion a paper that is relevant to readers.

CME/CE 2

RESEARCH TRACK:

A REPORT AND DISCUSSION OF THE SYSTEMATIC, EMPIRICAL STUDY OF MOTIVES IN AN ERIKSONIAN DEVELOPMENTAL FRAMEWORK: ONE NORMATIVE AND TWO TREATMENT SAMPLES OVER TIME

Chair/

Presenter: J. Christopher Perry, M.D., M.P.H.
(Pittsfield, MA)

Discussant: Steven H. Cooper, Ph.D. (New York, NY)

Understanding motives is fundamental in dynamic psychology and treatment. However, there is no standardization of descriptive terms necessary for scientific communication and both fundamental and clinical research. The Wish and Fear List is a dictionary-thesaurus of 40 individual Wishes and 40 Fears, hierarchically arranged using the 8-stage developmental schema of Erik Erikson. This session will present three studies demonstrating the utility of assessing motives in both normative and treated samples, and delineating changes in motives over years with treatment. This presentation demonstrates the value of studying motives systematically in psychotherapy and psychoanalytic research and treatment and documenting developmental progression. The method is readily usable in clinical work and case

formulation. Dr. Cooper will discuss the method and findings as they relate to clinical work.

After attending this session, learners will be able to:

- 1) Assess the value of applying the standardized list of motives in identifying patients' individual wishes and fears and respective developmental stages;
- 2) Describe changes in motives over time in relationship to changes in symptoms and functioning.

CME/CE 2

ERNST AND GERTRUDE TICHO MEMORIAL LECTURE:

TOWARD AN EMBODIED PSYCHOANALYSIS

Chair/

Presenter: Christopher G. Walling (Los Angeles, CA)

This session addresses the integration of relational psychoanalysis/psychotherapy with neuroscience and somatic perspectives, focusing on recognition theory and the intersubjective "in-between" of explicit and implicit experience. Drawing from the work of Jessica Benjamin, Allan Schore, and Stephen Porges, the presentation explores how embodied psychoanalysis/therapy can deepen recognition, repair relational ruptures, and address trauma in both individual patients/clients and wider socio-cultural contexts. The rationale for this session is to advance understanding of how intersubjective recognition and somatic awareness enrich psychoanalytic and psychotherapeutic practice, enhance emotional regulation, and foster the analytic process. By bridging clinical insight with interdisciplinary science, participants will gain tools to address trauma and promote social connection.

All are invited to attend a cocktail reception generously sponsored by the Ernst and Gertrude Ticho Charitable Foundation, which follows the Plenary Address from 6:15 p.m. - 7:15 p.m.

After attending this session, learners will be able to:

- 1) Analyze how recognition theory and interpersonal neurobiology inform psychoanalytic/psychotherapy approaches to relational trauma and repair;
- 2) Apply somatic and neuroscientific concepts to enhance intersubjective attunement and therapeutic effectiveness with patients/clients in clinical practice.

CME/CE 2

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

NORTH AMERICAN PSYCHOANALYTIC CONSORTIUM (NAPSAC) CLINICAL WORKSHOP: HOPE, DREAD AND THE SOCIAL UNCONSCIOUS: COMMUNITY ENGAGEMENT IN CHAOTIC TIMES

Chair: Maria J. Nardone, Ph.D. (New York, NY)
Presenters: Heribert Blass, M.D. (Dusseldorf, Germany)
Francisco J. Gonzalez, M.D. (San Francisco, CA)
Susan D. Kolod, Ph.D. (New York, NY)
Harriett L. Wolfe, M.D. (San Francisco, CA)

In these chaotic times, psychoanalysts, administrators, and many others in leadership positions are finding it challenging to work effectively. Understandably, many are gripped by fear during rapid change and shocked by leaders who undermine the rule of law. Many are silenced by threats of retaliation. Too often hopelessness and helplessness ensue. A sense of belonging builds resilience and hope. Hence, one's interest in engagement, belonging, and the social unconscious.

After attending this session, learners will be able to: 1) Identify and describe at least three distinct ways psychoanalysts/therapists can respond to chaotic times through community engagement; 2) Identify and describe at least three distinct ways group work and community engagement sustains hope rather than dread in chaotic times. **CME/CE 2**

PANEL 15: COMBINED SCIENTIFIC PAPER SESSION: THE ONTOLOGY OF ANALYTIC RESTRAINT AND THE ETHICS OF NON-DISCLOSURE

Presenters: Lucinda Ballantyne, LICSW (Cambridge, MA)
Roy E. Barsness, Ph.D. (Seattle, WA)
Earl D. Bland, Psy.D. (Yorba Linda, CA)
Brad D. Strawn, Ph.D. (Pasadena, CA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

The Ontology of Analytic Restraint (Lucinda J. Ballantyne, MSW): The role of risk in our ontological project needs emphasizing; in her deeply interior moments of being the patient risks separateness. This paper will use Winnicott's usage dynamic to show this as deeply enactive, distinct from the intersubjective and co-creative. The question is practical: what analytic restraint receives her risk?

The Ethics of Non-Disclosure (Earl D. Bland, PsyD with discussants Roy E. Barsness, PhD and Brad D. Strawn, PhD): The relational turn in psychoanalysis has struggled to articulate the appropriate use of the analyst's experience within the fraught landscape of mutual influence. Despite the rich literature regarding self-disclosure, the ethics of the analyst's non-disclosure is rarely discussed. This paper considers the ethical dilemmas of analyst non-disclosure in psychoanalytic treatment.

After attending this session, learners will be able to: 1) Distinguish between clinical moments that call for co-creativity and moments when a patient risks separateness and joining in would pull her from her state; 2) Examine and discuss the relational and ethical dimensions of choosing or not choosing to disclose strongly occurring thoughts, feelings, and reactions they have towards the treatment and patient. **CME/CE 2**

SESSION 16: LETTING IN WHAT WE'D RATHER KEEP OUT: RISKING EMBODIMENT FROM SUBALTERN POSITIONALITY TO TRAVERSING THE EROTIC FIELD

2:00-3:00 PANEL PRESENTATION: PSYCHOANALYSIS & THE SUBALTERN BODY: CLINICAL ENCOUNTERS WITH NORMATIVE UNCONSCIOUS PROCESSES OUTSIDE OF NORMATIVE BODIES

Chair/
Presenter: Jamie Steele, LMFT (Washington DC)
Presenters: Molly Merson, LMFT (Berkeley, CA)
Laura Westmoreland, LMFT (Studio City, CA)
Moderator: Katie Gentile, Ph.D. (New York, NY)

There is currently a movement to bring the body into a more prominent place alongside the mind in psychoanalysis. This movement, however, is generally focused around normative bodies. Bodies which do not meet this normative or average standard (especially in regard to external differences such as radicalized, gendered, disabled bodies, etc.) are often excluded or pathologized in the literature and in clinical practice. This panel includes the three guest editors of the 2024 Special Issue of *Studies in Gender and Sexuality on Subaltern Bodies*, and will be moderated by the journal editor.

SATURDAY

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

3:00-4:00 PAPER PRESENTATION: NOTES FROM THE EROTIC FIELD: POTHOLES, CONFESSIONS, DISCOVERIES

Chair/

Presenter: Sarah E. Schoen, Ph.D. (New York, NY)

This paper addresses the inhibitions preventing analysts from exploring the charged in fertile ground of an explicitly erotic field. The contemporary psychoanalytic landscape, in parallel with larger cultural shifts and in dialogue with feminism and queer theory, has opened new perspectives on sexuality as they emerge in distinct intersubjective context. Yet these rich frameworks also underscore the challenges analysts face in engaging erotic enactments in the immediacy of the clinical encounter. This paper offers a catalogue of some of the obstacles that prevent us from venturing down these rocky, but generative paths.

After attending this session, learners will be able to:

- 1) Describe the role of normative unconscious processes (Layton) in the minds of the analyst and analysand in addressing the body in treatment;
- 2) Assess both the value of elaborating erotic feelings in the transference-countertransference matrix and the challenges analysts face engaging in this charged material.

CME/CE 2

4:30 P.M. – 6:00 P.M.

PLENARY ADDRESS AND PRESENTATION OF AWARDS:

Chair: Daniel W. Prezant, Ph.D., APsA President (New York, NY)

Introducer: Judith Butler, Ph.D. (Berkeley, CA)

Speaker: Ken Corbett, Ph.D. (New York, NY)

Title: *Who's Your Daddy? The Primal Father, Kinship, and the Ethics of Care*

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.



When it comes to daddies, psychoanalysts/psychotherapists have been unerringly faithful to Oedipus, the King who carries the Law. But any keen observer of families knows that it is the mother who most often represents and transfers the commandments. Mothers straddle the duality and antagonism of love and law. What if we expected

the same from fathers? In response to this question, the primal father is theorized and clinically animated. He is placed in relation with the primal mother/other and communal caregivers. A model of interdependence is offered, one that moves toward more expansive forms of kinship and community. Such thinking is contrasted with current concerns about men and fathers that traffic the manosphere.

After attending this session, learners will be able to: 1) Describe the differences between a primary father vs. a secondary father; 2) Summarize how keeping men outside of the realm of infantile primacy perpetuates a distortion in lived family life.

CME/CE 1

6:15 P.M. – 7:15 P.M.



SOCIAL EVENT: ERNST AND GERTRUDE TICHO MEMORIAL LECTURE RECEPTION

All are invited to attend this cocktail reception generously sponsored by the Ernst and Gertrude Ticho Charitable Foundation. This reception is in honor of Christopher G. Walling, Psy.D., recipient of the Ernst and Gertrude Ticho award.

SUNDAY, FEBRUARY 1

8:00 A.M. – 10:00 A.M.



SOCIAL EVENT: COFFEE WITH COLLEAGUES

Join us for a cup of coffee before you head home from APsA's 2026 National Meeting, whether you're catching a flight or embarking on a road trip.

SATURDAY

SUNDAY