

PSYCHOTHERAPIST MEMBERS AND PSYCHOTHERAPY TRAINEES

Below are sessions geared for Psychoanalytic Psychotherapists and Trainees. See the Preliminary Program for more information including faculty and educational objectives.

Tuesday, February 4, 2025

6:30 p.m.

**SOCIAL EVENT: DINE AROUND
TROPISUEÑO**

Reservations are required.

Wednesday, February 5, 2025

9:00 a.m. – 11:00 a.m.

**DISCUSSION GROUP 9: PSYCHOANALYTIC PSYCHOTHERAPY AND PSYCHOANALYSIS, A
COMPARISON OF THE PROCESSES**

Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Genie Dvorak, Psy.D. (San Francisco, CA)
Lisa Roth, Psy.D.* (San Francisco, CA)
Discussant: Wendy L. Stern, D.M.H. (San Francisco, CA)

This session is addressed to all clinicians at any level who practice or intend to practice both psychoanalysis and psychodynamic psychotherapy. The effort will be to clarify the relations and distinctions between the two processes. The method used for this will involve illustrative presentations of sessions of each process, followed by comments on their relations by a senior analyst, and a discussion of this topic, using the illustrative clinical material by those present.

Wednesday, February 5, 2025

11:30 a.m. – 1:30 p.m.

DPE PSYCHOTHERAPY SECTION WORKSHOP

Chair: Amy G. Fleischer, LCSW (Norwich, VT)
Presenters: Ari Bachrach, MS, RN, PMHNP-BC (Oakland, CA)
Ben Goldstone, MA, LMFT (Berkeley, CA)
Fei A. Hu, M.A., LMFT* (Berkeley, CA)
S. Hall McCann, LCSW* (Oakland, CA)
Moderator: Adam Goldyne, M.D. (San Francisco, CA)

In the two-year San Francisco Psychoanalytic Psychotherapy Training Program, learning cohorts have several facilitated "Work Group Meetings" per year. In these meetings, Work Group Leaders facilitate group members' reflection on the group's conscious and unconscious functioning, with particular focus on how these processes relate to, and impact, the shared central task of learning psychoanalytic psychotherapy. This session will explore the experience of leading and participating in Work Group Meetings, as well as the role played by these meetings on learning and on the functioning of training groups. Faculty will include two Work Group leaders and three former and current trainees. There will be an opportunity for dialogue with the attendees about potential implications of the San Francisco experience for other psychotherapy training programs.

Wednesday, February 5, 2025

2:00 p.m. – 4:00 p.m.

DISCUSSION GROUP 16: DISTANCE PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY

Co-chairs: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)
David E. Scharff, M.D. (Chevy Chase, MD)
R. Dennis Shelby, Ph.D. (Chesterton, IN)

Presenters: Thomas F. Barrett, Ph.D. (Chicago, IL)
Jack Novick, Ph.D. (Closter, NJ)
John H. Porcerelli, Ph.D., ABPP (Bloomfield Hills, MI)

Discussants: Charles P. Fisher, M.D. (Berkeley, CA)
Katherine M. Williams, Ph.D., LCSW (Chicago, IL)

This session asks: “Can analytic or analytic psychotherapy competence be measured in any setting?” Intended for all psychoanalytic therapists, psychoanalysts, and psychoanalytic educators, it begins a conversation about research that assesses the outcome of both in-person and virtual analysis & therapy by assessing change in the course of training in analysts/therapists trained in onsite, online and hybrid settings. (The reason for the introduction of the measurement of “change” is because assessment of “analytic competence” is notoriously difficult to research.) A brief review of outcome research for both psychoanalytic therapy and psychoanalysis proper will introduce the conversation, followed by examination of differing methodologies and their practicality, towards developing proposals for actual research.

Wednesday, February 5, 2025

4:30 p.m. – 6:30 p.m.

RESEARCH SEMINAR

Chair: Petra M. Pilgrim, M.D. (New Canaan, CT)

Presenters: Jamie D. Daniels, Ph.D., LICSW, MSW (Amherst, MA)
Ilana Gratch, M.S., M.Phil. (New York, NY)

Discussant: Evan W. Good, Ph.D.* (Stockbridge, MA)

This interdisciplinary research seminar will present two studies. Ilana Gratch will present a study in using machine learning techniques to examine nonverbal behaviors of clinical interviewers and suicidal young adults. Her results showed the importance of attending to the preverbal and unformulated information not just in the patient but also the clinician in detecting suicidality. Dr. Jamie Daniels will present a qualitative study examining the experience of Black women in labor unions and how these experiences influence their mental health. Her findings emphasized that participation of the unions is an “arc of engagement” for Black women and have significant implications on their mental health. Each presentation will be followed by clinically oriented discussions exploring the applicability of research findings to applied psychoanalytic practice.

Wednesday, February 5, 2025

4:30 p.m. – 6:30 p.m.

TWO-DAY CLINICAL WORKSHOP #5: PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)

Co-chairs: Ann Dart, LCSW (Portland, OR)
Richard F. Summers, M.D. (Bryn Mawr, PA)

Presenter: Rebecca Shapiro, M.A.* (Oakland, CA)

Discussant: Adam Goldyne, M.D. (San Francisco, CA)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.

Registration will be limited to 25 people. If the session is closed and you wish to be added to the waitlist, please email Michael Gray at meetadmin@apsa.org

This clinical workshop, sponsored by APsA's Department of Psychoanalytic Education and the Psychotherapy Department, will focus on psychotherapy process and technique.

The workshop will feature a psychodynamic psychotherapist presenting detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This session is appropriate for all levels of clinical experience and is open to all.

Wednesday, February 5, 2025

8:00 p.m. - 10:00 p.m.

Social Event:

THE ESCAPE GAME

151 Kearny Street

APsA Registrants, Get Ready to Escape!

Join us for an exciting evening as APsA takes over all five escape rooms at The Escape Game, just five minutes from the Palace Hotel!

Put your teamwork skills to the test as you work together to find clues, solve puzzles, and complete tasks to escape before time runs out. And see if you can beat the clock against the other four games happening simultaneously!

This social event was inspired by a conversation among attendees at the 2024 National Meeting who were planning their own escape to an Escape Room.

Whether you come alone and join a team or bring your own group, we can't wait to see you there!

Tickets are \$45. *Capacity is limited.*

Thursday, February 6, 2025

8:15 a.m. - 11:00 a.m.

CANDIDATES' COUNCIL MEETING

Note: Candidates/Trainees who are pre-registered to participate in the Travel Scholarship are required to attend this meeting.

Candidates' Council leadership, committee chairs, and delegates from APsA institutes welcome all candidates to attend this meeting. Our friends from IPSO, any trainees who are not in psychoanalytic training, and psychoanalytic psychotherapy trainees are also warmly welcomed (please know that you may need to be

excused in case an executive session is called). You will learn about committee work, participate in roundtable discussions of issues most relevant to candidates, have opportunities to compare notes with colleagues from around the world, gain an orientation to the greater APsA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates.

Thursday, February 6, 2025

9:00 a.m. – 11:00 a.m.

DISCUSSION GROUP 32: PSYCHOTHERAPISTS PRESENT: “JANIE’S GOT A GUN”: THERAPY WITHIN COMMUNITIES AFFECTED BY GUN VIOLENCE

Co-Chairs: Petra M. Pilgrim, M.D. (New Canaan, CT)
Margaret Cheng Tuttle, M.D. (Arlington, MA)
Presenters: Ellie Leitner, MSW, LCSW* (Milwaukee, WI)
Nicole M. Pryor, M.S., LPC* (Milwaukee, WI)
Discussant: Jeffrey Taxman, M.D. (Mequon, WI)

Gun violence is prevalent across the United States. In 2022, according to the CDC, 48,204 people died from gun-related injuries in the U.S. Lessons about the aftereffects of gun violence are not yet part of the traditional curriculum of psychotherapy programs. This session will feature two psychotherapists who work in a community clinic and treat underserved populations who are also exposed to gun violence. The cases will highlight the psychological sequelae of gun usage on patients and communities as well as the transference and countertransference that develops after gun violence affects a community. The session is targeted towards psychoanalytic psychotherapists, but all interested APsA members are welcome.

Thursday, February 6, 2025

9:00 a.m. – 11:00 a.m.

DISCUSSION GROUP 34: THE RELATIONSHIP BETWEEN PSYCHOANALYSIS, PSYCHOANALYTIC PSYCHOTHERAPY, AND NEUROSCIENCE

Co-chairs: Virginia C. Barry, M.D. (Evanston, IL)
Charles P. Fisher, M.D. (Berkeley, CA)
Presenter: Charles M. Jaffe, M.D. (Chicago, IL)

Emotion schemas are relevant to clinicians and researchers in affective neuroscience. Clinicians access emotion schemas through the refraction of psychoanalytic models. Affective neuroscience offers the neurobiological basis for emotion schemas through basic emotion systems, but it has been a challenge to connect the biology to clinical process. Multiple Code theory and its derived linguistic measures of referential activity offer a bridge between the affective neuroscience recognition of emotion schemas and the process of their arousal, articulation, and reprocessing in the clinical encounter, offering a novel method to observe the clinical process without the overlay of a priori psychoanalytic models. Through a case presentation, the session encourages collaboration to explore clinical process and its connection to the biology of emotion. This session is for clinicians and researchers at all levels.

Thursday, February 6, 2025

11:30 p.m. – 1:30 p.m.

COMMITTEE SPONSORED WORKSHOP #2: GENDER AND SEXUALITY: 2025 RALPH ROUGHTON AWARD WINNER: GAY MEN: LOSS, GRIEF, AND MOURNING AND THE REOPENING OF FORECLOSED PSYCHIC SPACE

Co-chairs: Carol B. Levin, M.D. (Okemos, MI)
Susan McNamara, M.D.* (Middlefield, CT)
Presenter: Robert Benedetti, Ph.D.* (Washington, DC)

AIDS=GAY=DEATH traumatized a generation of gay men. Almost thirty years after the height of the AIDS epidemic, the presenter is part of an aging group of gay men trying to find a home for their grief as part of a stigmatized group at the epicenter of a plague for which they were blamed because they had engaged in certain sexual behavior. The loss, grief, and mourning of gay men are experienced in novel ways in the après-coup, now repeated in the return to increased anti-LGBTQ+ rhetoric. This presentation is intended for psychoanalysts and psychodynamic psychotherapists who are interested in expanding their knowledge of queer mourning and the complex dynamics that arise when surviving professional and personal loss.

Thursday, February 6, 2025

2:00 p.m. – 4:00 p.m.

APSA SCIENTIFIC PAPER PRIZE: CO-SPONSORED BY THE PSYCHOTHERAPY DEPARTMENT: REFLECTIVE FUNCTIONING AND ITS POTENTIAL TO MODERATE THE EFFICACY OF MANUALIZED PSYCHODYNAMIC THERAPIES VERSUS OTHER TREATMENTS FOR BORDERLINE PERSONALITY DISORDER

Chair: Barbara Milrod, M.D. (New York, NY)
Presenter/Prize Winner: Jack Keefe, Ph.D.* (New York, NY)
Presenter: Olga Fridman, LCSW (New York, NY)
Discussant: Miriam Steele, Ph.D. (New York, NY)

This is a presentation of a research study about reflective function in borderline personality disorder. The intended audience is the general membership, as these matters are of clinical utility in treatment of many patients. The brief clinical presentation, by Olga Fridman, will facilitate translation of the research findings into the clinical setting. Additionally, the scientific paper prize is designed to help educate the general membership about research methods and cutting-edge issues pertaining to psychodynamic psychotherapy and psychoanalysis.

Thursday, February 6, 2025

2:00 p.m. – 4:00 p.m.

DISCUSSION GROUP 37: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Co-Chairs: M. Sagman Kayatekin, M.D. (Missouri City, TX)
Michael Groat, Ph.D., M.S. (Mason, OH)
Presenters: Spencer E. Biel, Psy.D.* (Chicago, IL)
Evan W. Good, Ph.D.* (Stockbridge, MA)

Contemporary psychoanalytic theory focuses exclusively on the person or at the most the dyad (mother/baby, analyst/analysand). There is a conspicuous lack of the larger contexts: Developmentally, child in the nuclear family, nuclear family in the context of grandparents and multiple generations. Therapeutically, group

treatments, family therapy and psychoanalytically informed multiple treater settings - venues where the patient will replicate the internal scripts through bi-personal defenses and will have a chance to repair and grow. This discussion group is targeted to bridge that gap by presenting from multiple treater settings. The intent is to develop a dialogue between contemporary individual/dyadic theories of development/treatment and observations from above mentioned settings that offer an invaluable insight to the larger context.

THURSDAY, FEBRUARY 6, 2025

4:30 p.m. – 6:30 p.m.

TWO-DAY CLINICAL WORKSHOP #5: PSYCHOANALYTIC PSYCHOTHERAPY (PART 2)

Important: This is a two-part session. When registering for Part 2, you must also select Part 1, scheduled for Wednesday at 4:30 p.m. If you do not register for both parts, you will be removed from the session.

Thursday, February 6, 2025

7:30 p.m.

SOCIAL EVENT: PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT

Friday, February 7, 2025

2:00 p.m. – 4:00 p.m.

COMMITTEE SPONSORED WORKSHOP #7: THE BUSINESS OF PRACTICE: ETHICS IN CLINICAL PRACTICE

Co-chairs/Presenters: Kathryn Fleming-Ives, M.D. (Providence, RI)
James M. Woody, Psy.D. (Houston, TX)
Presenter: Sien Rivera M.D. (Columbia, SC)
Discussant: Richard F. Summers M.D. (Bryn Mawr, PA)

In 2024, the American Psychoanalytic Association updated its code of ethics. In it, the authors describe foundational ethical principles for all psychoanalytic work including respect for patient autonomy and authority, beneficence, non-maleficence, veracity, fidelity, and justice. This workshop, relevant to all psychoanalytic practitioners and trainees, will use detailed case examples to grapple with ethical dilemmas encountered in clinical practice. A hesitancy that can arise in discussing ethics in clinical practice is the belief that there is a clear right or wrong that can be delineated in any given ethical scenario. Practically this is rarely the case and given this, the workshop's aim is to create a nuanced, interactive, and collaborative discussion that will deepen understanding of how to resolve complex ethical dilemmas.

Friday, February 7, 2025

2:00 p.m. – 4:00 p.m.

RESEARCH TRACK: INNOVATION IN THE ASSESSMENT AND TREATMENT OF BORDERLINE PERSONALITY: A TRANSFERENCE FOCUSED PSYCHOTHERAPY (TFP) APPROACH

Chair/Presenter: Eric A. Fertuck, Ph.D.* (New York, NY)
Presenter: Barry L. Stern, Ph.D.* (New York, NY)

This panel is intended for psychotherapy trainees, psychoanalytic candidates, practicing psychotherapists, psychodynamic psychotherapists, and psychoanalysts. Personality disorder patients pose significant challenges for the psychoanalytically oriented clinician. The aim of the panel is to update clinicians and investigators regarding the state of science in assessment and intervention in Borderline Personality Disorder and personality disorders from a Transference Focused Psychotherapy perspective. Many psychoanalytic therapists are unfamiliar with current assessment tools and modifications in psychoanalytic techniques that

could enhance their acumen with these individuals. These challenges include suicidality, high risk behaviors, negative countertransference, and difficulty in maintaining a coherent and containing treatment frame.

Friday, February 7, 2025

2:00 p.m. – 4:00 p.m.

THE HOLMES COMMISSION: A CHANGE IS GONNA COME: STUDYING AND IMPLEMENTING THE HOLMES COMMISSION FINDINGS

- Co-Chairs: Anton H. Hart, Ph.D., FABP, FIPA (New York, NY)
Dorothy E. Holmes, Ph.D., ABPP, FABP (Bluffton, SC)
Dionne R. Powell, M.D. (New York, NY)
Beverly J. Stoute, M.D. (Atlanta, GA)
- Presenters: Himanshu Agrawal, MBBS, DF-APA (Hartland, WI)
Elisa K. Cheng, M.D. (Cambridge, MA)
Gloria Demby, LCSW (Brooklyn, NY)
Janice Berry Edwards, Ph.D., ACSW, LICSW, LCSW-C, BCD* (Washington, DC)
Michael Langlois, LICSW (Nantucket, MA)
Felecia R. Powell-Williams, Ed.D., LPC-S, RPT/S, FABP (Houston, TX)
Daniel W. Prezant, Ph.D., APsA President (New York, NY)

The leadership team of The Holmes Commission will engage with the leaders of North American psychoanalytic organizations who have been studying and implementing the recommendations of The Holmes Commission report. What has been learned and deployed, what are the current questions, what direct and indirect advances have been made, and what are the future plans? We also hope to discuss missteps and resistances and learn from each other as psychoanalytic professionals with a shared mission. All psychoanalytic training institute and society leaders, faculty, members, academics, community members and trainees are welcome. Questions and contributions from the audience are invited with the goal of moving the field of psychoanalysis forward in racial and other equities. A change is gonna come.

Friday, February 7, 2025

8:00 p.m.

**SOCIAL EVENT:
JAZZ NIGHT**

Save the date and time to join us for a vibrant night out at the jazz club! Experience the soulful sounds of live jazz as talented musicians take the stage, creating an unforgettable atmosphere.

Details and costs are being worked out and more information will be available soon!

Saturday, February 8, 2025

11:30 a.m. – 1:30 p.m.

PANEL 8: ASIAN AMERICAN EXPERIENCES IN PSYCHOTHERAPY AND PSYCHOANALYSIS

- Chair: John Martin-Joy, M.D. (Watertown, MA)
- Presenters: Komal Gupta, Psy.D. (Newton Upper Falls, MA)
Usha Tummala-Narra, Ph.D.* (Lexington, MA)
Kris Yi, Ph.D. (Pasadena, CA)

Psychoanalytic theory is now reflecting on our field's marginalization of racialized minorities. Clinicians are trying to see psychodynamic and psychoanalytic practice in ways that include awareness of cultural trauma and disavowal. This panel will explore new ways of inquiring about Asian American experiences in psychotherapy and in psychoanalysis. In what ways can racial minorities be traumatized in society—and helped or retraumatized in the clinic? What are some of the transference-countertransference dynamics within culturally divergent (or culturally similar) therapeutic dyads? This panel will also consider internal processes within Asian American patients and therapists. In what ways is racial prejudice internalized? When race and loss are disavowed, and when racial melancholia comes into play, what dynamics unfold? The intended audience includes psychotherapists, psychoanalysts, and trainees.