



# PSYCHOTHERAPY DEPARTMENT EVENTS

## RESEARCH SEMINAR

**WEDNESDAY, FEBRUARY 5, 4:30 p.m. – 6:30 p.m.**

Chair: Petra M. Pilgrim, M.D. (New Canaan, CT)

Presenters: Jamie D. Daniels, Ph.D., LICSW, MSW (Amherst, MA) Ilana Gratch, M.S., M.Phil. (New York, NY)

Discussant: Evan W. Good, Ph.D.\* (Stockbridge, MA)

This interdisciplinary research seminar will present two studies. Ilana Gratch will present a study in using machine learning techniques to examine nonverbal behaviors of clinical interviewers and suicidal young adults. Her results showed the importance of attending to the preverbal and unformulated information not just in the patient but also the clinician in detecting suicidality. Dr. Jamie Daniels will present a qualitative study examining the experience of Black women in labor unions and how these experiences influence their mental health. Her findings emphasized that participation of the unions is an “arc of engagement” for Black women and have significant implications on their mental health. Each presentation will be followed by clinically oriented discussions exploring the applicability of research findings to applied psychoanalytic practice.

## TWO-DAY CLINICAL WORKSHOP #5: PSYCHOANALYTIC PSYCHOTHERAPY

**WEDNESDAY, FEBRUARY 5, 4:30 p.m. – 6:30 p.m. (Part 2 on Thursday same time)**

Co-chairs: Ann Dart, LCSW (Portland, OR), Richard F. Summers, M.D. (Bryn Mawr, PA)

Presenter: Rebecca Shapiro, M.A.\* (Oakland, CA)

Discussant: Adam Goldyne, M.D. (San Francisco, CA)

This clinical workshop, sponsored by APSA’s Department of Psychoanalytic Education and the Psychotherapy Department, will focus on psychotherapy process and technique. The workshop will feature a psychodynamic psychotherapist presenting detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This session is appropriate for all levels of clinical experience and is open to all.

## DISCUSSION GROUP 32: PSYCHOTHERAPISTS PRESENT:

### “JANIE’S GOT A GUN”: THERAPY WITHIN COMMUNITIES AFFECTED BY GUN VIOLENCE

**THURSDAY, FEBRUARY 6, 9:00 a.m. – 11:00 a.m.**

Co-Chairs: Petra M. Pilgrim, M.D. (New Canaan, CT), Margaret Cheng Tuttle, M.D. (Arlington, MA)

Presenters: Ellie Leitner, MSW, LCSW\* (Milwaukee, WI), Nicole M. Pryor, M.S., LPC\* (Milwaukee, WI)

Discussant: Jeffrey Taxman, M.D. (Mequon, WI)

Gun violence is prevalent across the United States. In 2022, according to the CDC, 48,204 people died from gun-related injuries in the U.S. Lessons about the aftereffects of gun violence are not yet part of the traditional curriculum of psychotherapy programs. This session will feature two psychotherapists who work in a community clinic and treat underserved populations who are also exposed to gun violence. The cases will highlight the psychological sequelae of gun usage on patients and communities as well as the transference and countertransference that develops after gun violence affects a community. The session is targeted towards psychoanalytic psychotherapists, but all interested APSA members are welcome.

## **APSA SCIENTIFIC PAPER PRIZE: CO-SPONSORED BY THE PSYCHOTHERAPY DEPARTMENT: REFLECTIVE FUNCTIONING AND ITS POTENTIAL TO MODERATE THE EFFICACY OF MANUALIZED PSYCHODYNAMIC THERAPIES VERSUS OTHER TREATMENTS FOR BORDERLINE PERSONALITY DISORDER**

**THURSDAY, FEBRUARY 6, 2:00 p.m. – 4:00 p.m.**

Chair: Barbara Milrod, M.D. (New York, NY)

Presenter/Prize Winner: Jack Keefe, Ph.D.\* (New York, NY), Presenter: Olga Fridman, LCSW (New York, NY)

Discussant: Miriam Steele, Ph.D. (New York, NY)

This is a presentation of a research study about reflective function in borderline personality disorder. The intended audience is the general membership, as these matters are of clinical utility in treatment of many patients. The brief clinical presentation, by Olga Fridman, will facilitate translation of the research findings into the clinical setting. Additionally, the scientific paper prize is designed to help educate the general membership about research methods and cutting-edge issues pertaining to psychodynamic psychotherapy and psychoanalysis.

**COMMITTEE SPONSORED WORKSHOP #7:  
THE BUSINESS OF PRACTICE: ETHICS IN CLINICAL PRACTICE**

FRIDAY, FEBRUARY 7, 2:00 p.m. – 4:00 p.m.

Co-chairs/Presenters: Kathryn Fleming-Ives, M.D. (Providence, RI), James M. Woody, Psy.D. (Houston, TX)

Presenter: Sien Rivera M.D. (Columbia, SC)

Discussant: Richard F. Summers M.D. (Bryn Mawr, PA)

In 2024, the American Psychoanalytic Association updated its code of ethics. In it, the authors describe foundational ethical principles for all psychoanalytic work including respect for patient autonomy and authority, beneficence, non-maleficence, veracity, fidelity, and justice. This workshop, relevant to all psychoanalytic practitioners and trainees, will use detailed case examples to grapple with ethical dilemmas encountered in clinical practice. A hesitancy that can arise in discussing ethics in clinical practice is the belief that there is a clear right or wrong that can be delineated in any given ethical scenario. Practically this is rarely the case and given this, the workshop's aim is to create a nuanced, interactive, and collaborative discussion that will deepen understanding of how to resolve complex ethical dilemmas.



## Social Events:

### DINE AROUND

**Tuesday February 4, 2025, 6:30 PM @ TROPISUEÑO**

Reservations are required. This dine-around is hosted by APsA's Psychotherapy Department, and welcomes practicing psychoanalytic therapists, trainees, researchers, faculty and training directors. Please join us to share experiences and ideas about current psychotherapy practice and training.

### PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT

**Thursday February 6, 2025, 7:30 PM @ the Palace Hotel**

All are invited to an informal gathering to learn about APsA's Psychotherapy Department, the benefits of APsA Psychotherapist Clinical Membership and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community.