

FINAL PROGRAM



APsA ^{113th} ANNUAL MEETING

JUNE 7-9, 2024 | VIRTUAL

CONTINUING EDUCATION STATEMENT OF OBJECTIVES AND ACCREDITING BODIES

APSA 113TH ANNUAL MEETING

STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities to review essential psychoanalytic knowledge.

After attending the APsA 113th Annual Meeting, attendees should be able to:

1. Identify and describe the new developments affecting the science, policy, and clinical practice of psychoanalysis.
2. Compare presented clinical guidelines/best practices with the participant's current practice and identify strengths or gaps.
3. Analyze new research and science to develop practical applications and improvements for clinical practice or further research.

CONTINUING PROFESSIONAL EDUCATION CREDITS

PHYSICIANS



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic

Association maintains responsibility for this program and its content.

NATIONAL ASSOCIATION OF SOCIAL WORKERS (NASW)

This program is Approved by the National Association of Social Workers (Approval # 886504845-6624) for 12 continuing education contact hours.

NEW YORK STATE SOCIAL WORKERS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

NEW YORK STATE PSYCHOLOGISTS

The American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0153.

NEW YORK STATE LICENSED PSYCHOANALYSTS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

AMERICAN BOARD OF PSYCHIATRY AND NEUROLOGY APPROVAL STATEMENT



Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS

Continuing Certification Directory, the APsA 113th Annual Meeting has met the requirements as a Lifelong Learning CME Activity (apply toward general CME requirement) of the following ABMS Member Boards: Psychiatry and Neurology

NURSE PRACTITIONERS & PHYSICIAN ASSOCIATES

NP's, PA's, and counselors will receive a certificate of attendance upon completion of the activity and online evaluation confirming their participation. Participants may claim credit for recertification; however, their professional organization/institute hold the final say on which accredited activities they accept.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:

None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients. *Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. —Updated December 2022

DAILY SCHEDULE

FRIDAY, JUNE 7

10:00 AM – 10:30 AM

ADMINISTRATIVE MEETING: APSA BUSINESS MEETING OF MEMBERS

The Meeting of Members is an opportunity for all APsA members to learn about current activities of the Association.  

1:30 PM – 3:30 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 1:

ARTIFICIAL INTELLIGENCE AND ACTUAL PSYCHOANALYSIS

Chair/

Presenter: Amy Levy, Psy.D. (Chapel Hill, NC)

Presenters: Todd Essig, Ph.D. (New Paltz, NY)
Danielle Knafo, Ph.D.* (Great Neck, NY)
"AI Fred"

From smart phones and Chat GPT to sexbots, Artificial Intelligence (AI) is changing our intimacies, mentation, self-experience and soon, the field of psychoanalysis. Anxiety abounds regarding the presence of these hyper intelligences and the psychoanalytic community has a responsibility and opportunity to confront the situation directly to think about AI's rapidly unfolding potentials that spans beyond the mainstream utopian and dystopian forecasts. It behooves us to give critical and psychoanalytic attention to these developments, to the promise and peril of this rapidly developing technology. This session is designed to bring awareness about the effects of AI dependence on patient psychology, as well as the psychic implications of AI usage to learn new ways to clinically process the psychological impact of smart phones and AI technology.

After attending this session, participants should be able to: 1) Describe two ways AI is affecting human mentation; 2) Identify two courses of action psychoanalysts can take to preserve the central place of human-to-human intimacy. **CE: 2**



SESSION 2:

AWAKENING AWARENESS OF OUR RACIALIZED UNCONSCIOUS: MULTICULTURAL PERSPECTIVES

Co-chairs: Charles Fisher, M.D. (Berkeley, CA)

Beverly J. Stoute, M.D. (Atlanta, GA)

Presenters: M. Fakhry Davids, M.Sc.* (London, UK)

Rogelio A. Sosnik, M.D. (New York, NY)

Kirkland Vaughans, Ph.D.* (Dix Hills, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

How do racialized fantasies, beliefs, and attitudes become part of unconscious mental life? Racialized unconscious elements interact with basic emotional drives, and become incorporated into internal object relations and consciously held racialized beliefs. This program aims to show how dialogic engagement about race, as both metaphor and reality, can awaken awareness of unconscious racialized elements within ourselves. In this interactive panel discussion, we will address developmental lines of children from diverse racial, ethnic, and cultural backgrounds, in order to formulate a framework for understanding how issues of race and culture emerge in analytic work. Presenters, from different racial-ethnic-cultural backgrounds will discuss examples of clinical and non-clinical work and address how the analyst can listen and become more attuned to how these issues emerge.

After attending this session, participants should be able to: 1) Identify developmental lines of how unconscious racial fantasies, beliefs, and attitudes manifest; 2) List ways in which unconscious racialized elements interact with fundamental building blocks of mental life that include sexual and aggressive drives, attachment to loved ones, and basic anxieties. **CE: 2**



FRIDAY, JUNE 7

4:00 PM – 6:00 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 3:

THE RIGHT TO PRIVACY AND ITS PSYCHIC RELEVANCE

Chair/

Presenter: Bonnie E. Litowitz, Ph.D. (Palm Beach, FL)

Discussants: Nathan Kravis, M.D. (New York, NY)

Kerry Kelly Novick, Ph.D. (Closter, NJ)

Moderator: Sandra G. Hershberg, M.D. (Bethesda, MD)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

Protection of patients' privacy has always been a priority for psychoanalytic practitioners. Although prioritized and guaranteed, privacy has not been examined in light of the multiple theoretical perspectives psychoanalysts and psychotherapists use in their work with patients. The right to privacy and its importance has simply been assumed in need of protection and preservation. The rise in teletherapies since COVID has forced us out into the sociocultural, political world dominated by the internet and social media, whose platforms are now incorporated into our psychotherapeutic practices. But the business models for digital platforms are constructed to generate and mine data for profit. This session is designed to articulate the intrapsychic and interpersonal functions of privacy to raise questions and awareness of the clinical outcomes of privacy impingements.

After attending this session, participants should be able to: 1) Describe psychoanalytic rationales for guaranteeing the right to privacy and evaluate the functions of privacy for individual patients and their impact on clinical technique; 2) Apply increased awareness of both positive and negative uses of privacy in their patients' lives to make adjustments in the parameters established for treatments. **CE: 2**



SESSION 4:

CREATIVITY IN THE ON-LINE ANALYSIS OF A FIVE YEAR OLD DURING THE COVID-19 PANDEMIC

Chair/

Presenter: Tina Marie Dale, M.S.W., LCSW (Saint Louis, MO)

Discussant: Rex H. McGehee, M.D. (Denver, CO)

Moderator: Denia G. Barrett, MSW (Chicago, IL)

Explore a case analysis of a 5 year old who had to transition from in-person to virtual meetings due to the COVID-19 pandemic. The child was able to utilize a variety of home electronic devices, according to the preference of play in a particular session. With much imagination, this child creatively continued to actively communicate with the analyst, engaging in lively pretend play, exhibiting elaborate fantasies introducing many imaginary characters that became regular participants in the treatment for a particular phase. This session is designed to demonstrate clinical skills that supports the use of on-line space in play that helps children to make progress in treatment, leading to an improved quality of relationships, both externally and internally.

After attending this session, participants should be able to: 1) Examine a young child's movement from not knowing how to play through group play; 2) Analyze and describe how a young child was able to express fantasies during remote treatment. **CE: 2**



SATURDAY, JUNE 8

11:00 AM – 1:00 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 5:

**ERNEST BECKER'S MAGNUM OPUS
"THE DENIAL OF DEATH," FIFTY YEARS ON**

Chair/

Presenter: David Goldberg, Psy.D. (Birmingham, AL)

Discussants: Donald L. Carveth, Ph.D., RP, FIPA*
(Toronto, ON)

Linda Emanuel, M.D., Ph.D. (Lincoln, MA)

Austin Ratner, M.D. (Brooklyn, NY)

In 1974, Ernest Becker was awarded the Pulitzer Prize for "The Denial of Death". Fifty years later, we will highlight its keen interdisciplinary contributions and theories it has spawned (Terror Management Theory) in synthesizing ideas from philosophy, anthropology, and religion, recasting classical psychoanalytic principles within an existentialist framework. Becker suggests that death is not only a wellspring of human activity but also the source of our greatest repression, rather than sexuality. Becker's analysis of Rank and Kierkegaard brings these two giants of psychology back into the mainstream and shows how relevant their ideas are to clinical work. This session is designed to refocus the problem of death, finitude, and psychoanalytic theory to provide more clinical entry points to understand and deepen our work with patients.

After attending this session, participants should be able to: 1) Examine the various ways that, both consciously and unconsciously, death is, according to Becker, a wellspring of human activity; 2) Summarize how Becker's recasting of some basic psychoanalytic principles via an existentialist framework revitalizes psychoanalytic theory.

CE: 2



SESSION 6:

**BUILDING BRIDGES: THE PSYCHOANALYTIC
PRACTITIONER/CLINICIAN/PROVIDER'S ROLE IN
TREATING AUTISM**

Chair/

Moderator: B. James Bennett, M.D. (Dallas, TX)

Planner: Timothy R. Rice, M.D. (Nyack, NY)

Discussants: Anne Alvarez, Ph.D.* (London, UK)

Alexandra Harrison, M.D. (Cambridge, MA)

Lori Hogenkamp, B.S.* (Cincinnati, OH)

Robin Holloway, Ph.D., C. Psych. (Toronto, ON)

Ruby M. Salazar, B.S., MSS* (Dalton, PA)

William M. Singletary, M.D. (Narberth, PA)

Molly R. Witten, Ph.D. (Chicago, IL)

Traditional psychoanalytic and psychoanalytic psychotherapy training focuses on classical technique with neurotic individuals. This panel targets participants of all disciplines and levels of training to engage in a discussion concerning the role of psychoanalysis and psychoanalytic psychotherapy in treating individuals with autism. There is a practice gap in, awareness of and comfort in, approaches to working with autistic people. This session is designed to provoke thought concerning crucial questions of scope of psychoanalysis and psychoanalytic psychotherapy and how such work may proceed.

After attending this session, participants should be able to: 1) Demonstrate an increased knowledge of psychoanalytic theory and technique tailored to individuals with autism spectrum disorders; 2) Demonstrate greater comfort in working with individuals with autism spectrum disorders. **CE: 2**



SATURDAY, JUNE 8

1:30 PM – 3:30 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 7:

A PROJECT FOR A SCIENTIFIC PSYCHEDELIC PSYCHOANALYSIS

Chair/

Presenter: Thomas M. Brod, M.D. (Los Angeles, CA)

Presenter: Philip Ringstrom, Ph.D., Psy.D. (Encino, CA)

Moderator: Megan Rundel, Ph.D. (Oakland, CA)

Dr. Philip Ringstrom will reflect upon numerous “epiphanous moments” over his 48-year career in which experimentation with psychedelics and ketamine have been integrated in his psychoanalytic practice and implicit in his recent work on the topic of psychoanalytic play. Psychedelic experience is dream-like, “oneiric”. Dr. Brod reflects on whether these, inherently subjective, experiences are accessible to scientific study. We have no measurable access to dimensionality in the subjectivity of mind, consciousness, and life itself. What truths about on-flowing manifest self-experience can be captured behind the oft-banded terms “ego death” and “mystical state”? Present limitations to psychedelic emergence theory precipitate the philosophical “origin” problem in materialist/idealist debates about oneiric function.

After attending this session, participants should be able to: 1) Explain emotional growth resultant from psychedelic experiences in terms of integration of both illusionary and emergent experience; 2) Discuss concepts of dimensionality and emergence in the understanding of essential self and erotized self-boundaries. **CE: 2**



SESSION 8:

THE ALLURE OF AUTHORITARIAN AND FASCIST STATES OF MIND

Chair/

Presenter: Era A. Loewenstein, Ph.D. (San Francisco, CA)

Presenters: Michael J. Diamond, Ph.D. (Los Angeles, CA)

Robert D. Hinshelwood, M.D.* (London, UK)

Christina Wieland, D.Psych.* (London, UK)

Moderator: Harriet L. Wolfe, M.D. (San Francisco, CA)

From a psychoanalytic perspective, this session will explore the allure of fascistic and authoritarian states of mind leading to widespread degradation of the faith in liberal democracies, as well as the unconscious dynamics that lead to autocratic movement and large group regression, in which conspiratorial thinking and extremist violence becomes more likely. Following the presentations there will be a discussion between the panelists, and then a discussion with the audience. This session is intended to encourage curiosity, critical thinking, empathic ability and deeper understanding of attraction to groupthink, regressed group behavior and cultism.

After attending this session, participants should be able to: 1) Describe the role played by malignant leadership in fulfilling primitive unconscious group phantasies; 2) Explain the essence of fascism including its reliance on omnipotent leadership, simplistic ideologies, and the invention of an enemy. **CE: 2**



SATURDAY, JUNE 8

4:00 PM – 6:00 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 9:

FREUD, GANDHI, AND SOUTH ASIA: HISTORICAL, PHILOSOPHICAL AND CLINICAL PERSPECTIVES

Chair/

Presenter: John Martin-Joy, M.D. (Watertown, MA)

Discussants: Aisha Abbasi, M.D. (Happy Valley, OR)
Dushyant Trivedi, M.D. (Ann Arbor, MI)

In an era that is increasingly conscious of race and diversity, analysts and therapists are seeking to identify their own biases in understanding other cultures. Freud (depth psychology) and Gandhi (psychosocial/mutual understanding) will be contrasted and explored in the context of current global and local rises in othering, multifocal fundamentalisms, “post-truth” politics and reactionary ascendancies. Erikson’s work on Gandhi in the 1960s will be re-evaluated critically as an example of Western interest in South Asia, highlighting his strengths in cross-cultural thought and his limitations as a Western thinker. A clinical case featuring themes of cross-cultural understanding and misunderstanding, including transference, will be presented. This session is designed to explore psychoanalytically informed efforts at cross-cultural understanding in the context of South Asia and the West.

After attending this session, participants should be able to: 1) Summarize Freudian and Gandhian perspectives for individual and social change and ways of reducing othering; 2) Describe one dilemma of cross-cultural psychoanalytic/psychodynamic work, using either a clinical case or Erik Erikson’s work on Gandhi as an example. **CE: 2**



SESSION 10:

DIALOGUES WITH HOLMES REPORT – RACISM AS A CENTRAL DEFINER OF CULTURE

Chair: Mehmet S. Kayatekin M.D. (Missouri City, TX)

Discussants: Elisa K. Cheng, M.D. (Cambridge, MA)
Paula Christian-Kliger, Ph.D., ABPP
(New York, NY)

David E. Cooper, Ph.D. (Chevy Chase, MD)

J. Todd Dean, M.D. (Saint Louis, MO)

Thomas DePrima, M.D. (New York, NY)

Felecia R. Powell-Williams, Ed.D., LPC-S,
RPT/S (Houston, TX)

Meredith Wong, M.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

The Holmes Report reminds us that the basis of racism, what it flourishes on is the stance of “we and they”. This impacts almost all aspects of the organizational identity and structure, and there are thin margins from everyday micro-aggressions to severe forms of hostility. Perhaps as equally importantly it provides a narrative style where we can follow the thinking of Dr. Holmes and her team in detail, the story of their human efforts in this meticulously detailed project. The Holmes report gives one the privilege to initiate a conversation with it and develop a personal, clinical and organizational interpretation of this powerful text. This session is designed to explore the Holmes Report to initiate a discussion to develop one’s own interpretation of the text.

After attending this session, participants should be able to: 1) Describe the usage of language for micro-aggressions; 2) Analyze the potential for massive group regressions that may escalate rapidly and develop severe exclusionary narratives of many types- racist, anti-semitic, anti-muslim, xenophobic and others. **CE: 2**



SUNDAY, JUNE 9

12:30 PM – 2:30 PM

Please note that there are 2 concurrent sessions taking place during each time slot.

SESSION 11:

THE UNREMEMBERED CONTRIBUTIONS OF DR. WILLIAM ALANSON WHITE, HARRY STACK SULLIVAN, AND CLARA THOMPSON: SOCIAL REFORMERS AND CLINICAL INNOVATORS

Chair/

Presenter: Ira Moses, Ph.D. (New York, NY)

Presenters: Ann D’Ercole, Ph.D. (New York, NY)

Michelle Stephens, Ph.D. (East Brunswick, NJ)

Underrecognized now, but yet in the early half of the twentieth century, these analysts made revolutionary contributions to socio-cultural theory in psychoanalysis and advanced efforts toward advocating societal reforms. Their seminal writing on psychiatric education, institute training models, community mental health, gender and sexuality theories and criminal reforms anticipated many of the current concerns in today’s training programs. Their socially progressive perspectives stood in stark contrast to the prevailing attitudes in psychoanalysis of women, gays, and blacks during a period that was plagued by violent labor strife and mass imprisonment. This session is designed to provide documentation of overlooked history of the sociocultural school as being relevant to today’s concerns about race, gender, sexuality and culture often overlooked in the history of American psychoanalysts’ commitment to social reforms and services to marginalized peoples.

After attending this session, participants should be able to: 1) Explain the early twentieth-century efforts of psychoanalysts to include social-cultural determinants of behavior; 2) Analyze the early twentieth-century efforts of psychoanalysts toward racial integration in education and treatment.

CE: 2



SESSION 12:

PRESERVING STANDARDS, EMBRACING CHANGE: COMPETENCIES RESEARCH PROJECT BY THE AMERICAN BOARD OF PSYCHOANALYSIS

Chair/

Presenter: Mojgan Khademi, Psy.D., FABP (San Diego, CA)

Presenters: Anastasia C. Keller, M.D. (Denver, CO)

Carmela Perez, Ph.D. (New York, NY)

The American Board of Psychoanalysis (ABPsa), an independent certifying body that offers Board Certification in Psychoanalysis, conducted a descriptive phenomenological qualitative study aimed to learn what psychoanalysts believe constitutes competent psychoanalytic work today. The targeted focus group research project included several phases centered around semi-structured interviews conducted with 12 focus groups comprised of diverse psychanalysts of different theoretical orientations, and type of psychoanalytic training. Results indicated significant consistency across theoretical orientations and various types of training institutions and need for attention to and value ascribed to intersectionality, such as the necessity of gender, race, sexuality, and culture being interwoven into analytic competencies. This session is designed to provide details about the project and its findings, as well as a discussion.

After attending this session, participants should be able to: 1) List the various aspects of empirically derived psychoanalytic competencies and apply the competencies in evaluation of candidates and supervisees; 2) Identify how contemporary issues and social change has impacted psychoanalytic practice and how they have been incorporated into the new set of empirically derived competencies.

CE: 2



Confidentiality Statement

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsA's ethical principles and may be cause for disciplinary or legal action or both.

rv 11.6.2023

SAVE THE DATE

The logo for the APsA 2025 National Meeting. It features a red square on the left containing the text 'APsA' in white. To the right of the square, the year '2025' is written in a light blue font, followed by the words 'NATIONAL MEETING' in a large, bold, purple font. The background of the entire graphic is a photograph of the Golden Gate Bridge in San Francisco at sunset, with the sun low on the horizon and its light reflecting on the water.

APsA 2025 NATIONAL MEETING

February 4-9 | In-Person
Palace Hotel, San Francisco