



RESEARCH PROGRAMMING HIGHLIGHTS

Poster Session

RESEARCH RELEVANT TO THEORY AND PRACTICE IN PSYCHOANALYSIS

Friday, February 9, 2024, 11:15 AM - 4:00 PM

The American Psychoanalytic Association sponsors this annual research poster session designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice, and effectiveness of psychoanalysis or interdisciplinary scholarship addressing research questions in neighboring fields.

Research Symposium

PSYCHOANALYSIS AND RESEARCH: BECOMING COLLABORATIVE COMPANIONS

Friday, February 9, 2024, 11:30 AM - 1:30 PM

Psychoanalytic research was once an oxymoron. In more recent years, a vibrant psychoanalytic research culture has developed within and outside APsA and the IPA. In this presentation, psychoanalysts and psychotherapists will interact with prominent researchers to describe how clinicians, researchers and clinician/researchers can collaborate to formulate questions that are meaningful both to psychoanalysts and to the larger scientific community. The advantages of fostering mutually respectful attitudes across what has sometimes been a divide will highlight how researchers can learn from clinicians and inform them based on what they have learned. Creating communities of learners will also be discussed as means of enhancing the lived experience of research and clinical work.

Science Department Session 1

THE PSYCHODIAGNOSTIC CHART: USING PSYCHODYNAMIC SCIENCE TO ENHANCE CLINICAL WORK

Saturday, February 10, 2024, 9:00 AM – 11:00 AM

In this program, the presenter will introduce an innovative method to integrate psychodynamic structural diagnosis with symptom-based psychiatric diagnosis. A particular strength of The Psychodiagnostic Chart (PDC-2) is its ability to capture variations in patient functioning within categories, providing a more nuanced understanding of the whole person, and illuminating the person's particular strengths and limitations. Because no two individuals within any diagnostic category are alike in particular mental functions, the role of interpretative (and other) interventions in psychodynamic treatment is highly individual. Participants in this program will gain access to a method that is useful in clinical work, as well as for teaching, supervision, and research. The presenter will describe the validation of the Psychodiagnostic Chart, as well as illustrating its use.

Psychoanalysis and Neuroscience Symposium

THE REVISED STANDARD EDITION – A NEUROSCIENTIFIC PERSPECTIVE

Saturday, February 10, 2024, 11:30 AM - 1:30 PM

In this presentation, Mark Solms, the Editor of *The Revised Standard Edition of the Complete Psychological Works of Sigmund Freud*, and the translator of Freud's Neuroscientific Works will describe how the new translations do and do not differ from the old ones. In addition, some of Freud's papers which are translated for the first time will also be discussed. Some neuroscientific implications of these revised translations will be addressed. Lois Oppenheim, who is a Humanities Scholar, chairs Scientific Programs at the New York Psychoanalytic Society & Institute and has a special interest in Neuropsychoanalysis will discuss the presentation. There will be ample time for discussion with the audience.

Science Department Session 2

TRAUMA FOCUSED PSYCHODYNAMIC PSYCHOTHERAPY

Saturday, February 10, 2024, 2:00 PM - 4:00 PM

This session, designed to familiarize the audience with the nuts and bolts of Trauma Focused Psychodynamic Psychotherapy, a manualized, 24 session, 12 week psychoanalytic intervention for posttraumatic stress disorder, will describe the psychoanalytic basis of the intervention, describe the ways in which the intervention is designed to focus specifically on symptoms and psychological underpinnings of PTSD, and will present the ongoing research that the presenters have thus far conducted toward demonstrating its efficacy. Few psychoanalysts or psychodynamic clinicians thus far are practicing an organized, PTSD-focused form of treatment for this ubiquitous disorder, and this session will attempt to bridge this gap.