



PSYCHOTHERAPY DEPARTMENT EVENTS

DPE Psychotherapy Section Workshop:

Balint Groups: Teaching and Experiencing the Unconscious

Wednesday, Feb 7 11:30 a.m. - 1:30 p.m.

Co-chair: Carlos E. Almeida, M.D. (New York, NY) Co-chair/Presenter: Mark Moore, Ph.D. (Philadelphia, PA)

Presenter: Sonja Ware, Th.M., M.Div. (Mohnton, PA)

The experiential workshop will demonstrate how Balint groups can be used to integrate experiential learning into training programs. In Balint groups, one participant presents brief clinical material and then listens, without participating, to the group elaborate their understanding of the therapist and patient's experience and their relationship. Group leaders help them use their associations, fantasies and emotional experience to do so.

Psychotherapists Present:

Living with your Patients: Experiences in a Therapeutic Milieu

Thursday Feb 8, 9:00 a.m. - 11:00 a.m.

Co-chairs: Petra M. Pilgrim, M.D. (New Canaan, CT) Margaret Cheng Tuttle, M.D. (Arlington, MA)

Presenter: Emily Calderone, Psy.D.* (Stamford, CT) Discussant: Todd Essig, Ph.D. (New Paltz, NY)

In-depth psychodynamic psychotherapy in an inpatient setting has become a rare intervention. We are aware of only a handful of such programs across the country. Now, more than ever, this type of treatment is needed. By demonstrating its value, we hope to promote the development of more programs that feature psychodynamic therapy in an intensive, time-limited treatment milieu. The presenter is a psychologist at a residential program where she provides both individual and group therapy. With an office on-site, she is also part of the milieu. She will present two cases to illustrate how the intimate setting intensifies treatment and how observing patients' interpersonal interactions advances the treatment. She will also share data on patients' symptoms at the beginning, middle, and end of treatment.

Committee Sponsored Workshop:

The Business of Practice: Sponsored by the Psychotherapist Committee:

Psychoanalytic Practice in a Rapidly Changing Landscape:

Lessons from the Research and Advocacy of Psychotherapy Action Network (PsiAN)

Friday Feb 9, 2:00 p.m. - 4:00 p.m.

Co-chairs: Kathryn Fleming-Ives, M.D. (Providence, RI) James Michael Woody, Psy.D. (La Mirada, CA)

Presenter: Linda L. Michaels, Psy.D. (Chicago, IL) Discussant: Eric M. Plakun, M.D., DLFAPA, FACPsych (Stockbridge, MA)

This workshop's target audience is psychoanalytic psychotherapists, trainees and anyone interested in learning more about the work of the Psychotherapy Action Network (PsiAN). Our psychotherapy practices do not exist in a vacuum and in these last few years we have witnessed unprecedented upheaval in the areas of politics, social justice, the natural world, and public health. It is vitally important for our practices and communities to thrive to be informed about what people are looking for in mental health treatment. Using market research collected by PsiAN, both pre- and post-pandemic, we will discuss the implications of this data on how we can best use our individual and collective action urges for good while at the same time maintaining our psychoanalytic sensibility.

SOCIAL EVENTS:

DINE AROUND

Tuesday February 6, 2024, 7.00 PM @ Emporium Brasil. Reservations are required.

This dine-around is hosted by APsA's Psychotherapy Department, and welcomes practicing psychoanalytic therapists, trainees, researchers, faculty and training directors. Please join us for terrific authentic Brazilian food in the heart of Manhattan's "Little Brazil," to share experiences and ideas about current psychotherapy practice and training.

PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT

Thursday February 8, 2024, 7.30 PM - @ the New York Hilton Hotel. All are invited to an informal gathering to learn about APsA's Psychotherapy Department, the benefits of APsA's Psychotherapist Clinical Membership and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community.

Questions? Email Bronwyn Zevallos for more information at membadmin@apsa.org