



## Passion, Shame, and Mourning

PETER SHABAD, PH.D.

**October 14 & 28**

**1-3 pm PST / 4-6 pm EST**

In this seminar, we will explore how traumatic and chronically disillusioning experiences have profoundly inhibiting effects on the passion necessary to grow and change throughout life. We will devote special attention to how human beings transform their traumatic experiences outside of their control into shameful failures, in which they “blame the victim” in themselves for being a victim. After describing how the “intimate creation” of one’s unique constellation of symptoms is a means of both communicating and memorializing such traumatic experiences, we will examine how shame leads to character passivity and interrelated dynamics such as self-pity, resentment, entitlement, envy, perverse spite, and regret. In the clinical portion of the seminar, we will describe a more individualized way of thinking of diagnoses, the importance of countertransference respect for the patient's agency, and the analyst as facilitator of self-acceptance and self-healing for the patient.

*Peter Shabad, PhD is a Clinical Associate Professor of Psychiatry at Northwestern University Medical School. He is on the Teaching and Supervising Faculty of the Chicago Center for Psychoanalysis (CCP) and the Teaching and Supervising Faculty of the Chicago Institute for Psychoanalysis. He is also a Supervising and Training Analyst at the Institute for Contemporary Psychoanalysis. He is an Associate Editor on the Editorial Board of Psychoanalytic Dialogues. Dr. Shabad is currently working on a new book entitled Seizing The Vital Moment: Passion, Shame, and Mourning to be published by Routledge.*

### **Registration is open now.**

**To register, login to [apsa.org](https://apsa.org), *Member Dashboard*, click on ‘Register for Events’.**  
**Registration for the sessions is required and is limited (there is a wait list). Sessions will not be recorded. Registration is a membership benefit and open to APsA In-Training Members. Not an APsA member?**  
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**Carrie Atikune, Psy.D. Chair, APsA Candidates' Council Online Seminar Series**  
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