

FINAL PROGRAM

APsA 2023 NATIONAL MEETING

January 31 – February 5 | New York Hilton Midtown





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## PRESIDENT'S WELCOME LETTER



It is my pleasure to welcome you to the 2023 National Meeting of the American Psychoanalytic Association. We are back, in person, in New York City. Our last meeting here was in February 2020, and we all know how dramatically the world changed a month later, with the onset of a global pandemic, followed by profound social and political upheaval in the US and globally. APsA has adapted remarkably well under trying circumstances. An overnight shift to online clinical work. A parallel shift in our scientific meetings to Zoom. And a forced reacknowledgement of something we psychoanalysts and psychoanalytic psychotherapists and academics and researchers have known for a long time, and that

is that we – and the people we serve – are profoundly influenced by our social surround. We don't live or practice in isolation, and our inner worlds are in constant interaction with our environments.

All of this is reflected in the wonderful program put together here by our Program Committee and by APsA's extraordinary staff. It would be difficult to make recommendations on what to attend at this meeting from the rich set of offerings, as there's something for everyone, from the clinical to the social and beyond. I will try to highlight here some of the larger format programs that are always stimulating. For those attending these meetings for the first time, I want to extend an especially warm welcome. We hope to see you at the "First Time Attendee Gathering" on Tuesday evening.

Please plan on attending the Meeting of Members on Thursday at 12:15 p.m. Some of the notable large events include the DPE's Child Congress on "Gender, Development and Dynamics: Working with Adolescents and Emerging Adults", as well as the DPE's "Education Forum on Psychoanalytic Supervision". On Friday morning, APsA's immediate Past-President, Bill Glover, will deliver his plenary address on "Reflections on Psychoanalysis as a Profession". Later that day, I'll be hosting a Presidential Symposium on "The Question of Applied Analysis". That afternoon the first of our big Panels will be on "The Question: Do Humans Really Want to Survive?", along with our University Forum on "Racism in America VII: Asian in America: Exclusion, Erasure, and the Violence of Being Seen". These will be followed by a presentation by the Holmes Commission's leadership team on the "Journey Towards Racial Equality in American Psychoanalysis: Reflection and Hope".

On Saturday, we have our second big panel, on "Entering Night Country: Lessons From Orpheus", as well as the DPE's "Psychoanalytic Scholarship Forum" on the decreased emphasis on the use of free association in current clinical practice. There are three sessions hosted by our Science Department, and an Educators Symposium on "White Nationalist Extremism and Radicalization in Youth: Risks and Remedies". The third big panel, on Saturday afternoon, will be about "The Influence of the Social Unconscious: What is the Clinician Supposed to Do?". At the end of the day, the Plenary Address will be given by Peter Goldberg on "Transiting: Thoughts on the Cultural and Connective Functions of the Analytic Frame", along with the presentation of our annual awards. Our meetings will wrap up on Sunday morning with the final panel, entitled "Overturning Roe: Its Aftermath, Repercussions, and Meanings".

I also urge all attendees to participate in several Discussion Groups. Many feel these smaller, more intimate sessions are the "heart and soul" of our meetings. Please see the full program for more details on these sessions and all the others. And remember that the beauty of these meetings is not only in the wonderful formal programming, but in the opportunity to reconnect with old friends, to meet new colleagues and make new professional connections, and to have some fun in New York in Winter!

Warm Regards,

Kerry J. Sulkowitz, M.D.  
President

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# GENERAL INFORMATION

**New York Hilton Midtown:** 1335 Avenue of the Americas, New York, NY 10019 | 212-586-7000

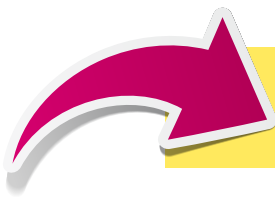
**What does it mean when a session is marked “Closed”?** It means that during pre-registration, the maximum enrollment was reached for that particular session. Unless you pre-registered, please do not attend that session. It is closed and no new participants will be accepted.

There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room. *The more popular sessions will reach room capacity quickly and you may wish to plan for an alternative.*

**Where can I find a gender neutral restroom?** The New York Hilton Midtown has a single-stall restroom located on the lobby level next to the Executive Lounge.

**Is there a Lactation Room available?** The New York Hilton Midtown has a Mother’s Room located on the 4th floor. Access to this room is through an app which can be downloaded through the QR code on the unit.

**Are you wearing your badge?** Name badges are required to attend all sections of the scientific program. Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting. Badges must be worn in plain sight to gain access to APsA’s meeting. Individuals who are not wearing their name badge or the correct name badge will be asked to properly register for the meeting.



**MEETING ROOM LOCATIONS CAN BE FOUND ON THE YELLOW INSERT.**

## WELCOME NEWCOMERS

### IS THIS YOUR FIRST TIME?

The American Psychoanalytic Association is pleased to welcome you to your first APsA meeting. We hope it will be the first of many to come. By choosing to attend an APsA meeting you are making a significant investment in expanding and developing your professional knowledge and skills. And you are going to meet a terrific group of people as well.

- Join us for the First Time Attendee Cocktail Gathering on Tuesday, January 31 from 6:00 p.m. – 7:00 p.m. for a cocktail and hors d’oeuvres. This is a great opportunity to meet APsA staff, Executive Committee members and other first time attendees.
- Grab a First Time Attendee ribbon to wear on your badge if you want. It’s a great conversation starter. Of course, you can choose to go incognito.

**APsA staff will be wearing red badge ribbons.  
Look for us if you have any questions.**

# CONTINUING PROFESSIONAL EDUCATION CREDIT

## STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities to review essential psychoanalytic knowledge.

After attending the 2023 National Meeting, attendees should be able to:

- 1) Analyze the pathological personality features that lessen as a function of psychoanalysis
- 2) Apply race as a necessary lens to assess the psychic functioning in individuals and institute life
- 3) Discuss the deep need for trans-individual connection and the often-violent ensuing struggle over identity in our patients and ourselves

## CONTINUING PROFESSIONAL EDUCATION CREDITS

### PHYSICIANS



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 48.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### PSYCHOLOGISTS



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists.

The American Psychoanalytic Association maintains responsibility for this program and its content.

### NEW YORK STATE PSYCHOLOGISTS

The American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0153.

### SOCIAL WORKERS

This program is Approved by the National Association of Social Workers (Approval #886504845-1260) for 48.5 continuing education contact hours.

### NEW YORK STATE SOCIAL WORKERS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

### NEW YORK STATE LICENSED PSYCHOANALYSTS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

## IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:

None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies\* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

*\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.*

## Confidentiality Statement

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsA's ethical principles and may be cause for disciplinary or legal action or both.

rv 8.3.2021

### TUESDAY, JANUARY 31

9:00 A.M. – 4:00 P.M.



#### DPE CHILD CONGRESS: GENDER, DEVELOPMENT AND DYNAMICS: WORKING WITH ADOLESCENTS AND EMERGING ADULTS

Chair: Pamela Meersand, Ph.D. (New York, NY)  
Presenters: Ali Haidar, M.D. (New York, NY)  
Shervin Shadianloo, M.D.\* (New York, NY)  
Susan P. Sherkow, M.D. (New York, NY)  
Susan Vaughan, M.D. (New York, NY)  
Jonathan Weiss, M.D., M.A. (New York, NY)  
Discussant: Karen Gilmore, M.D. (New York, NY)

Two panels will explore developmental and clinical considerations in the treatment of gender diverse teens and emerging adults. The morning panel will take a theoretical and research-oriented approach: panelists will provide an overview of gender and development in adolescence and emerging adulthood; present recent research that elaborates the unique risks, psychological conflicts and social pressures experienced by young people as they explore and express LGBTQ+ identities; and present

current findings on best mental health practices for these age groups. The afternoon panel will apply these concepts to clinical material and will present and discuss cases that highlight the following issues: the role of the therapist in facilitating gender role exploration and expression; effective ways to work with parents around gender issues, both panels are geared toward psychodynamically oriented child clinicians seeking to deepen knowledge and skills re: work with gender diverse youth.

After attending this session, participants should be able to: 1) Assess the developmental and clinical issues related to work with gender diverse youth; 2) Design interventions with young individuals who present with gender-related identity stressors and conflicts and facilitate communication with parents. **CE: 6**

6:00 P.M. - 7:00 P.M.



#### SOCIAL EVENT: FIRST TIME ATTENDEE GATHERING

For those attending the meetings for the very first time join APsA staff, Executive Committee members and other first timers at this informal cocktail party. Our goal is for you to meet leadership, staff, and other attendees so you'll recognize familiar faces throughout the rest of the meeting week!

# DAILY SCHEDULE

## WEDNESDAY, FEBRUARY 1

9:00 A.M. – 11:00 A.M.

### DISCUSSION GROUP 1:

#### ALTERED STATES OF AWARENESS: NEAR-DEATH EXPERIENCES

Co-chairs &

Discussants: Fonya Lord Helm, Ph.D., ABPP  
(Virginia Beach, VA)

Maurine Kelber Kelly, Ph.D., FIPA  
(North Bethesda, MD)

Presenter: Neil R. Helm, Ph.D.\* (Virginia Beach, VA)

This discussion group on near-death experiences (NDEs) is suitable for psychoanalysts and psychotherapists working with patients who have had an NDE and are struggling with the aftermath, or who are involved with someone who has had an NDE. The aftermath, including changes in interests, especially in the area of spirituality, can be startling to both the experiencers and the people who know them. The discussion group will make it easier to listen and understand what is happening. The presenter, a transpersonal psychologist, will describe the history of NDEs, his research into present-day NDEs with examples from his interviews with experiencers, and his own near-death experience when he was five years old. There will be time for questions and discussion by the participants.

After attending this session, participants should be able to: 1) Describe the most important aspects of the near-death experience; 2) Delineate three changes that may occur as a result of an NDE.

**CE: 2**

### DISCUSSION GROUP 2:

#### EMBRACING OR FORECLOSING CHANGE: COUNTERTRANSFERENCE AND RESPECT FOR THE DIGNITY OF THE PATIENT'S FREEDOM

Co-chair: Elizabeth Corpt, M.S.W., LICSW\*  
(Arlington, MA)

Co-chair &

Presenter: Peter Shabad, Ph.D.\* (Chicago, IL)

Discussant: Sandra Buechler, Ph.D.\* (New York, NY)

To what extent does the therapist view the patient as an object for whom he takes on a primary burden of responsibility to move from distress to health? Or to what extent does the therapist view the patient as an active agent of his/her own life who shares responsibility for the treatment process? This presentation will examine how the therapist's

countertransference and blurring of boundaries between 'loving' and 'respecting' patients may lead to the patient's agentic need to resist treatment progress. After distinguishing between love and respect, the presenter will present a clinical case example to distinguish between love and respect, and to highlight the ethical importance of respecting the patient's freedom of intentionality without moralistic judgment.

After attending this session, participants should be able to: 1) Describe the distinction between empathizing with patient suffering and respecting the patient as a free agent; 2) Explain how the countertransference blurring of boundaries may lead to resistance to treatment progress. **CE: 2**

### DISCUSSION GROUP 3:

#### SCHIZOID MODES IN NARCISSISTIC AND BORDERLINE STATES: LEVELS OF DISTURBANCE IN THE CAPACITY TO SYMBOLIZE AND ESTABLISHING A SPACE-TIME CONTINUUM

Chair: Susan N. Finkelstein, LCSW (New York, NY)

Co-chair: M. Nasir Ilahi, L.L.M. (Greenwich, CT)

Presenter: Maria Teresa Flores, M.D.\* (Lisbon, Portugal)

This discussion group targets analysts at all levels working with schizoid, borderline, and narcissistic patients, providing psychoanalytic tools for understanding primitive anxieties in these disturbed populations and working in the transference-countertransference dynamic. Emphasis is placed on the role of unconscious phenomena, contributing to enactments between patient and analyst. Theory and clinical practice are integrated by discussing an article, and examining the close details of a case, followed by a lengthy discussion among participants and chairs, focusing on The Independent and British Kleinian Schools of Psychoanalysis. Ms. Susan Finkelstein is a training analyst in NYC where she is the Director of Understanding Primitive Mental States. M. Nasir Ilahi, a training analyst, is a Fellow of the British Psychoanalytic Society.

After attending this session, participants should be able to: 1) Describe the nature of schizoid mechanisms and their links with neurotic, borderline, and narcissistic functioning; 2) Apply technical approaches with origins in Freud, Klein Bion, Winnicott and Henri Rey's concept of the claustro-agoraphobic situation to working with the non-neurotic patient or the disturbed aspects of neurotic patients. **CE: 2**

WEDNESDAY

# DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

## DISCUSSION GROUP 4:

SEPARATION-INDIVIDUATION REVISITED-  
INTEGRATING OBSERVATIONS FROM THE  
MAHLER NURSERY WITH CONTEMPORARY  
ATTACHMENT METHODOLOGY IN THE  
STUDY OF THE ROLE OF EARLY MERGER,  
UNDIFFERENTIATION, AND INTERMITTENT  
COORDINATION EXPERIENCES ON LATER  
DEVELOPMENT

Chair &

Presenter: Wendy Olesker, Ph.D. (New York, NY)

Discussants: Inga Blom, Ph.D.\* (New York, NY)

Diana Diamond, Ph.D. (New York, NY)

Miriam Steele, Ph.D. (Carmel, NY)

Using a variety of methods of data collection over a period of 60 years, the focus of this session will be on filling in some of the gaps in understanding internalizing processes, starting from detailed observations of nuanced mother-child interaction patterns, how they become internalized stable elements of psychic structure, and change over time. The role of early “moments of merger, undifferentiation, and intermittent coordination,” its transformation over six decades, and its impact on intimacy in later relationships will be highlighted through following the developmental trajectories of two research subjects, one where merger issues dominated and the other where merger issues were flexibly integrated into personality structure. Transformation via the capacity for reflective functioning and adaptive coping will be the focus.

After attending this session, participants should be able to: 1) Explain and discuss the process of the establishment of internal objects and the processes of internalization from birth to middle age; 2) Describe the role of early experiences of merger and undifferentiation and ways of coping that, via the capacity for reflective function, facilitate or interfere with intimacy in later relationships. **CE: 2**

## DISCUSSION GROUP 5:

ENRICHING ADULT ANALYTIC WORK BY CHILD  
ANALYTIC TRAINING AND PRACTICE

Co-chair &

Presenter: Caroline M. Sehon, M.D., FABP  
(Bethesda, MD)

Presenter: Ana María Barroso Castro, M.D.\*  
(Mexico City, Mexico)

Discussants: Talia Hatzor, Ph.D. (New York, NY)

Daniel W. Prezant, Ph.D. (New York, NY)

This discussion group will demonstrate the importance for adult analysts to obtain some child analytic supervision or training before or after graduating from an adult analytic training program. Child analytic foundational concepts will be highlighted, such as a discussion of the contributions of Anna Freud, Melanie Klein, Donald Winnicott, and developmental stages from pre-birth to adolescence will be reviewed. Evocative clinical case presentations will improve participants' capacities to leverage very regressive moments or phases in adult psychotherapy and adult analysis. Participants will come to experience firsthand how child analytic work facilitates the development of analytic attitude, observational skills, and receptivity to transference and countertransference in clinical work with both child and adult patients.

After attending this session, participants should be able to: 1) Summarize concepts from infant, child, and adolescent development that apply to the practice of adult analytic work; 2) Describe transference and countertransference issues relevant to work with the infantile parts of adult patients' minds. **CE: 2**

## DISCUSSION GROUP 6:

THE INTEGRATION OF PSYCHOANALYSIS AND  
COUPLE THERAPY

Chairs &

Presenters: Graciela E. Abelin-Sas Rose, M.D.  
(New York, NY)

Peter Mezan, Ph.D.\* (Katonah, NY)

This discussion group, targeted to all psychoanalytic clinicians will study the application of psychoanalytic principles to the treatment of couples. It will define the distinction between the unconscious organization of the individual and of the couple, centering on the potentiating synergy of a combined treatment. This will be demonstrated by one analyst presenting a couple treatment while the other will present the individual treatment of one of the partners. Their observations will clarify



# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

the great differences encountered in both aspects of the psyche in each treatment. An important element being an intense transference between the partners, that is absent in the context of the psychoanalytic dyad. The presenters, both psychoanalysts, have developed their expertise over a 15 year long collaboration.

After attending this session, participants should be able to: 1) Demonstrate how distortions and misinterpretations, using projective identification and intense transferences, render patients unable to present an accurate reading of their partner; 2) Design interventions that focus on how fixed construction of the other affects the emotional field of the partner, maintaining an immovable pattern and impeding mutual development. **CE: 2**

### DISCUSSION GROUP 7:

#### RESEARCH IN PSYCHOANALYSIS: THE CUTTING EDGE OF NONLINEAR DYNAMIC SYSTEMS THINKING IN PSYCHOANALYSIS

Chair &

Presenter: Robert M. Galatzer-Levy, M.D. (Chicago, IL)

Four contributors to Nonlinear Dynamic Systems Theory and Psychoanalysis will describe their current work including a new general theory of psychotherapy process, the fractal nature of boundaries, how human systems shape development and empirical study of nonlinear development in adolescence.

*Note: This session does not offer Continuing Education Credit.*

### DISCUSSION GROUP 8:

#### CONFIDENTIALITY: CONFLICTS, CONUNDRUMS, AND CONFUSION

Chair: Kevin V. Kelly, M.D. (New York, NY)

Presenter: Stephanie Schechter, Psy.D. (Cambridge, MA)

Discussant: Judy L. Kantrowitz, Ph.D. (Brookline, MA)

Though few would deny that patient confidentiality is a part of the bedrock of psychoanalytic practice, there remains remarkably little consensus as to what the concept actually means. Seeking supervision or consultation, collaborating with other treaters, presenting, or writing about work with patients all present countless dilemmas for which there are often no clear solutions. Analytic institutes, perhaps as a result of conflict about gaps in ethical reasoning or confusion about best practices, often

offer little or no guidance to members or even trainees on the matter. Though this workshop will raise more questions than it answers, the goal is to open up thinking about a subject which often goes underground as a result of confusion and conflict.

After attending this session, participants should be able to: 1) Explain two or more competing ethical principles involved in an analytic institute's handling of issues concerning patient confidentiality; 2) Identify challenges to the idea that receiving "informed consent" protects us from ethical breaches. **CE: 2**

## 9:00 A.M. – 12:00 P.M.

### SENIOR ANALYST PRESENTATION (PART 1): SOMATIC EXPERIENCING: ENHANCING PSYCHOANALYTIC TREATMENT FOR TRAUMA AND DISSOCIATION – CONTENDING WITH THE FLOOD AND THE FOG

Co-chairs: Elizabeth Diamond, Ph.D. (Beverly Hills, CA)  
Christopher G. Walling, Psy.D.  
(Rancho Palos Verdes, CA)

Presenter: David Levit, Ph.D., ABPP, SEP\* (Amherst, MA)

*This is a two-part session. Part 2 takes place from 2:00 p.m. - 4:00 p.m.*

This presentation is about interweaving somatic work into psychoanalytic treatment with patients suffering from early developmental trauma and severe dissociation. Dr. Levit is a psychoanalyst who trained in Somatic Experiencing (SE). Developed originally as a treatment for posttraumatic stress disorder, SE is rooted in neurophysiology and ethology, as well as psychology. As its name suggests, SE focuses on the body, but it introduces ways of working in the body that are quite different from psychoanalytic modes. Dr. Levit will provide an overview of the SE model, but the focus of the presentation will be on illustrating how somatically based approaches from SE can enfold into, and improve, psychoanalytic processes (such as holding and containment). Clinical process from two cases will illustrate this synergy.

After attending this session, participants should be able to: 1) Explain how techniques from Somatic Experiencing can improve holding as defined by Winnicott; 2) Describe three techniques/intervention from Somatic Experiencing that would be appropriate when a patient exhibits signs of extreme autonomic over-activation or of dissociative freeze state. **CE: 3**

# DAILY SCHEDULE

11:30 A.M. – 1:00 P.M.



## **DPE PSYCHOTHERAPY SECTION WORKSHOP: PSYCHOTHERAPY LUMINARIES' ROUNDTABLE: TRAINING THE NEXT GENERATION OF PSYCHOANALYTIC PSYCHOTHERAPISTS**

**Chairs:** Carlos E. Almeida, M.D. (New York, NY)  
Ann Dart, LCSW (Portland, OR)  
Anna R. Schwartz, M.D. (New York, NY)

**Presenters:** Deborah L. Cabaniss, M.D. (New York)  
Jill Savege Scharff, M.D., FABP  
(Chevy Chase, MD)  
Richard F. Summers, M.D., (Bryn Mawr, PA)  
Usha Tummala-Narra, Ph.D.\*  
(Lexington, MA)

APsA affiliated centers are training more and more psychotherapists each year. This roundtable will discuss the ideal goals and outcomes for such training programs. Several questions arise: How do we develop a psychoanalytic mind? How do we best educate the next generation? What are core competencies of a well-trained psychoanalytic psychotherapist? Is the tripartite model of coursework, supervision, and personal therapy the most effective model? Psychotherapy luminaries will address these and other issues in a facilitated exchange with the audience. Each presenter is an accomplished author on psychoanalytic psychotherapy, as well as accomplished teachers. This program is open to all: from those interested in psychodynamic therapy, to faculty and training directors of psychotherapy programs.

After attending this session, participants should be able to: 1) List the core competencies of a well-trained psychoanalytic psychotherapist; 2) Compare the pros and cons of the tripartite model of training. **CE: 1.5**

11:30 A.M. – 1:30 P.M.

## **SERVICE MEMBER AND VETERANS' INITIATIVE: TRAUMA AND TRANCE: FROM SHAMAN TO PSYCHEDELIC-ASSISTED PSYCHOTHERAPY**

**Chair &**  
**Presenter:** Harold Kudler, M.D. (Durham, NC)

Burgeoning interest in psychedelic-assisted psychotherapy for PTSD prompts review of both current science and the intertwining history of trauma and trance. Traditional healers have long relied on trance states and psychoanalysis began with hypnotically induced catharsis. Successful treatment of neuropsychiatric casualties in World War II with hypnosis or amytal assured the dominance of psychoanalytic thought and practice for decades. Ketamine is now applied in a variety of mental disorders and MDMA and psilocybin have FDA Breakthrough Therapy status. Less obvious is the role psychotherapy plays in these treatments. This presentation will review historical, biological and psychological aspects of trance states in the treatment of psychological trauma to elucidate the role they've played over the centuries and offer recommendations for new theory and practice.

After attending this session, participants should be able to: 1) Explain the historical, theoretical, and clinical interconnections of psychological trauma and trance states; 2) Assess the relative contributions of biological and psychological aspects of trance states in the treatment of disorders of traumatic stress. **CE: 2**

## **COMMITTEE SPONSORED WORKSHOP #1: PSYCHOANALYST ASSISTANCE THE PROBLEM OF DEMENTIA**

**Chair:** Robert M. Galatzer-Levy, M.D. (Chicago, IL)

This session will address the identification of dementing illness in colleagues and intervention strategies should it be suspected.

**Note: This session does not offer Continuing Education Credit.**

# DAILY SCHEDULE

1:15 P.M. – 4:15 P.M.



## DPE EDUCATION FORUM ON PSYCHOANALYTIC SUPERVISION

Chair: Wendy Jacobson, M.D. (Atlanta, GA)  
Co-chair: James W. Barron, Ph.D. (Brookline, MA)  
Presenter: Nancy McWilliams, Ph.D. (Lambertville, NJ)

Psychoanalysts want to ensure that supervision is effective and helpful. Until recently, the general assumption was that any well-trained analyst is a potentially good supervisor. But both empirical and experiential data suggest that supervisors differ in their effectiveness, that supervisory effectiveness can be increased, and that supervisees keep more secrets from supervisors than supervisors suspect. This session will help supervisors become more skilled at fostering developmental processes in supervision and increasing supervisee confidence in frankly presenting clinical work and personal reactions. The presenter, Dr. Nancy McWilliams, recently published a well-regarded book entitled *Psychoanalytic Supervision*.

After attending this session, participants should be able to: 1) Describe ten “vital signs” of overall therapeutic progress that supervisors help supervisees to monitor; 2) Describe two styles of supervision that may be damaging as well as two alternative styles that benefit the supervisory matrix. **CE: 3**

2:00 P.M. – 4:00 P.M.

## SENIOR ANALYST PRESENTATION (PART 2)

*For description and educational objectives see Part I at 9:00 a.m.*

**CE: 2**

## DISCUSSION GROUP 9: PSYCHODYNAMIC PROBLEMS IN ORGANIZATIONS

Co-chairs: Kerry J. Sulkowicz, M.D. (New York, NY)  
Kenneth M. Settel, M.D. (Brookline, MA)  
Presenter: Alexander Stein, Ph.D. (New York, NY)

The presenter is an experienced psychoanalyst and founder of a business consultancy who brings psychoanalytic principles and expertise to bear working with enterprise leaders in large organizations. This presentation details a multi-year engagement advising the executive team and board

of directors in a culture and governance turnaround and designing and leading a CEO succession and transition process. The audience will be invited to participate, discuss, and engage the presenter, and each other, on challenges, benefits, and limits to using psychoanalysis in large-scale organizational situations.

After attending this session, participants should be able to: 1) Discuss psychoanalytic principles and other techniques used in consulting to senior executives and high-performing boards inside their organization to resolve enterprise issues involving psychological underpinnings; 2) Describe how core psychoanalytic theory and clinical precepts can be adapted for use in leading large-scale change initiatives inside organizations contending with complex compound challenges. **CE: 2**

## DISCUSSION GROUP 10: FATHERHOOD: A RANGE OF PERSPECTIVES

Chair: Seth Aronson, Psy.D. (New York, NY)  
Presenters: Willa N. France, J.D. (New York, NY)  
Leon Hoffman, M.D. (New York, NY)  
Hopeton Earl Shaw, M.A., LQP (Brooklyn, NY)  
Discussant: Ann Pellegrini, Ph.D.\* (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This session will present perspectives on fatherhood from three panelists: a gay black man who became a father during the Black Lives Matter movement; a transwoman who has a child and grandchild, and a straight identifying father and grandfather. Discussion will focus on issues of race, gender and intersection with parenting. The unique perspectives presented will give participants the opportunity to consider how to apply the ideas presented in their work with this population.

After attending this session, participants should be able to: 1) Identify two ways in which race impacts the role of the father and its implication for paternal/parental issues and interactions described in the clinical encounter; 2) Distinguish two ways in which gender may affect fatherhood, leading to conflicts and enactments in the therapeutic situation. **CE: 2**

WEDNESDAY

# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

## **DISCUSSION GROUP 11:** IPSO INTERNATIONAL PERSPECTIVES IN PSYCHOANALYSIS: IPSO SUPERVISION WITH DR. FRED BUSCH AND DR. BERNARD REITH

Chair: Cynthia Palman, M.D. (Eugene, OR)  
Presenters: Fred Busch, Ph.D. (Chestnut Hill, MA)  
Chandrakala Rai, M.A., LMFT (San Jose, CA)  
Bernard Reith, M.D.\* (Genève, Switzerland)

This presentation is targeted to psychoanalysts-in-training, to address a gap between their current level of clinical knowledge and the level representative of a senior analyst. Using clinical material provided by a candidate, the presenters will provide different approaches to hearing the content through an ego psychology and British Kleinian perspective contrasting and comparing their understanding of the dynamics at play in the analysis as suggested by the sessions presented. Learners will be involved in discussion/question and answer with the senior analysts to analyze the two different approaches, including their underlying concepts of transference, countertransference, defenses and interpretation. The presenters are acknowledged, published, expert senior psychoanalysts, drawing on their vast experience and expertise to present an approach supported by scientific evidence and shown to be beneficial in the treatment of patients.

After attending this session, participants will be able to: 1) Explain two differences between ego psychology and British Kleinian transference and countertransference as it appears in clinical material; 2) Describe one ego psychology and one Kleinian intervention to address defenses in a clinical setting. **CE: 2**

## **DISCUSSION GROUP 12:** PHARMACOTHERAPY AND PSYCHOANALYSIS

Chair: Frederic N. Busch, M.D. (New York, NY)  
Co-chair: David Gutman, M.D. (New York, NY)

This discussion group will explore common challenges when medication is part of an analysis. These include: What factors contribute to the decision to prescribe or withhold medication? What countertransference challenges exist in combining treatment for medical and non-medical analyses? How does the introduction of medication affect the psychoanalytic process? In what situations may the use – or non-use – of medication threaten an analysis? What are some of the challenges in monitoring medication once it is introduced? To

what degree are cultural pressures at play and how are they managed within the analysis? When should the analyst consider splitting the treatment with a psychopharmacologist?

After attending this session, participants should be able to: 1) Explain the factors that contribute to the decision to prescribe or withhold medication; 2) Describe how the introduction of medication affects the psychoanalytic process and the countertransference challenges of combining treatment for medical and non-medical analyses.

**CE: 2**

## **DISCUSSION GROUP 13:** PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION

Chair: Ralph Beaumont, M.D. (Portland, OR)  
Presenters: Jaclyn Joyce, D.O. (San Diego, CA)  
Lori Pellegrino, M.D. (New York, NY)

Discussant: Daniel W. Prezant, Ph.D. (New York, NY)

This group is addressed to all clinicians at any level who practice or intend to practice both psychoanalysis and psychodynamic psychotherapy. The effort will be to clarify the relations and distinctions between the two processes. The method used for this will involve illustrative presentations of sessions of each process, followed by comments on their relations by a senior analyst, and a discussion of this topic, using the illustrative clinical material by those present.

After attending this session, participants should be able to: 1) Compare the distinctions between psychoanalysis and psychodynamic psychotherapy involving interpretation, free association, use of transference, and directive interventions; 2) Discuss whether the therapeutic cultivation of the patient's capacity for "self analysis" applies to distinguishing the processes of psychoanalysis and psychodynamic psychotherapy. **CE: 2**

# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

**DISCUSSION GROUP 14:**  
**PHILOSOPHY AND PSYCHOANALYSIS:**  
**THE PHILOSOPHICAL GROUNDING OF**  
**INTERPERSONAL PSYCHOANALYSIS:**  
**ALBERT DUNHAM JR. AND RACIAL POLITICS**

Chair: John C. Foehl, Ph.D. (Cambridge, MA)  
Presenter: Pascal Sauvayre, Ph.D. (New York, NY)  
Discussants: Roger Frie, Ph.D., Psy.D., R.Psych.\*  
(Vancouver, Canada)  
Donna M. Orange, Ph.D., Psy.D.  
(Claremont, CA)

Looking into the 1938 inaugural issue of ‘Psychiatry,’ which Harry Stack Sullivan intended to be the theoretical and research arm of what would come to be known as the Interpersonal School of Psychoanalysis, the lengthy philosophy paper by Alfred Dunham Jr. entitled, ‘The Concept of Tension in Philosophy,’ is used as a springboard to bring a number of surprising and intriguing questions to the fore. Why would Sullivan include a substantive philosophy paper from such an unknown scholar in that issue? This basic question will lead us to explore, among other things, the role of philosophy in psychoanalysis, the role of the politics of race in the elaboration of ‘American’ and ‘African-American’ philosophy, and the foundational theoretical role of the concept of tension in psychoanalysis.

After attending this session, participants should be able to: 1) Define the concept of “tension” as it applies to racial politics; 2) Describe three aspects of Alfred Dunham to the philosophical ground of Interpersonal Psychoanalysis. **CE: 2**

**DISCUSSION GROUP 15:**  
**ASSESSMENT AND THE ANALYTIC IDENTITY**

Co-chairs &  
Discussants: Anthony D. Bram, Ph.D. (Lexington, MA)  
Jed Yalof, Psy.D. (Narberth, PA)  
Presenter: Jo Johnson, M.A.\* (Cambridge, MA)

The purpose of this discussion group is to explore the relationship between psychological testing and psychoanalytic conceptualization and treatment planning. We encourage attendance of not only psychologists who conduct psychological testing themselves but clinicians from all mental health disciplines interested in learning about when and how referrals for such assessment may benefit their patients. A case presentation serves as a springboard for participants to consider how psychoanalytic thinking enhances psychological testing and

how the latter informs treatment and other dispositional decisions. Each faculty member has published and/or presented at national conferences on psychoanalytically informed psychological assessment. The case this year will involve an adolescent assessed in the context of the juvenile justice system, which will also be conducive to the application of psychoanalytic developmental theory.

After attending this session, participants should be able to: 1) List three psychoanalytic constructs that can be assessed through psychological testing; 2) Prepare two different referral questions that are appropriate for psychological testing to address.

**CE: 2**

**DISCUSSION GROUP 16:**  
**HISTORY OF PSYCHOANALYSIS: WHY DORA,**  
**WHY NOW? A CONVERSATION WITH KATE**  
**NOVACK ABOUT HER DOCUMENTARY FILM**  
**"HYSTERICAL GIRL"**

Chair: Peter L. Rudnytsky, Ph.D., LCSW  
(Gainesville, FL)  
Co-chair &  
Discussant: Madelon Sprengnether, Ph.D.  
(Minneapolis, MN)  
Presenter: Kate Novack, Writer/Director\*  
(Brooklyn, NY)

Freud’s analysis of Ida Bauer (referred to as Dora in his “Fragment of an Analysis of a Case of Hysteria”) has generated continuous commentary since its publication in 1905. As J. Jennings notes, “As of 2021, the Dora literature has swelled to a total of 113 journal articles, 67 book chapters, 6 books, 4 anthologies, 2 dedicated journal issues, 4 produced plays, a musical, 2 films, 3 novels, a Cliff Notes-like study guide, 12 book reviews, and 4 theses.” Why Dora, why now? This session, in which documentary filmmaker Kate Novack will show and discuss her short film “Hysterical Girl,” which situates Dora’s story in the context of the #MeToo movement, will assess the relevance of Freud’s text to contemporary readers and psychoanalytic practitioners.

After attending this session, participants should be able to: 1) Assess Freud’s case history in relation to sexual harassment and the #MeToo movement; 2) Explain why Dora remains relevant to 21st century culture, gender politics, and psychoanalytic practice(s). **CE: 2**

WEDNESDAY

# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

## **DISCUSSION GROUP 17: ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES**

Co-chairs: Susan Kattlove, M.D. (Cambridge, MA)  
Stephanie Schechter, Psy.D.  
(Cambridge, MA)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Explain competing ethical and clinical values that arise in relationships among members of training organizations; 2) Assess when consultation is appropriate or necessary to address issues of confidentiality and power differentials within training organizations. **CE: 2**

## **DISCUSSION GROUP 18: DISTANCE PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY**

Co-chairs: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)  
David E. Scharff, M.D. (Chevy Chase, MD)  
Presenters: Caroline M. Sehon, M.D. (Bethesda, MD)  
Janine Wanlass, Ph.D. (Salt Lake City, UT)  
Discussants: Kerry Kelly Novick (Closter, NJ)  
Jill Savege Scharff, M.D., FABP  
(Chevy Chase, MD)

This discussion group focuses on clinical experience and current research on optimal practice in online psychoanalysis and analytic psychotherapy, targeting practitioners at all levels, covering basic principles and recent advances, clinical examples

of problems in online therapy, clinical experience and a report of recent research on shifting attitudes and practices. There will be ample time for group discussion. Presentations are connected to learning objectives about increase of clinical competence in delivery of online therapy. Areas covered: Wanlass: New research in online analysis and therapy; Sehon: Summary of Distance Analysis Study Group consensus on evolving clinical practice. Scharf and Novick: Issues in optimal practice. Presenters, discussants and co-chairs are all members of longstanding groups studying distance analysis.

After attending this session, participants should be able to: 1) List three areas of optimal practice in conducting online analysis and therapy; 2) Describe two contraindications to online psychotherapy and analysis. **CE: 2**

## **DISCUSSION GROUP 19: PSYCHOANALYSIS AND THE VISUAL ARTS: CONVENTIONAL WISDOM IN ART HISTORY AND CLINICAL WORK: FATAL FLAWS**

Chair &  
Presenter: Laurie Wilson, Ph.D. (New York, NY)

The sculpted figurines of women's bodies dating from prehistory — big breasted, big hipped female figurines were viewed as mother goddesses. Those from the Ancient Near East — as nubile, erotically appealing female figurines were seen as fertility figures and/or as sacred prostitutes. (Frazer, 1936) These became accepted hypotheses about the role of these figures in both periods. Recent research has challenged the validity of these hypotheses; suggesting they are reflective of the wishful fantasies male scholars held about the female body. (Budin, 2008, 2021). Similarly, psychoanalysts often find the early depictions of a patient's family, as a conventional "happy family," a comforting stereotype that the analytic exploration of the patient's actual family dynamics usually explodes.

*Note: This session does not offer Continuing Education Credit.*

# DAILY SCHEDULE

**2:00 P.M. – 4:00 P.M. continued**

## **DISCUSSION GROUP 20: THE ANALYST'S PREGNANCY**

Chair &  
Discussant: Sarah J. Fox, M.D. (New York, NY)  
Co-chair &  
Discussant: Susan G. Lazar, M.D. (Bethesda, MD)  
Presenter: Debra Japko, Psy.D. (New York, NY)

Pregnancy in the analyst is an ideal situation in which to examine how a real-life intrusion can influence the analytic setting. Treatment issues involving both transference and countertransference, as well as more logistical issues which are frequently stimulated by pregnancy in the analyst will be discussed. Pregnant analysts are often still in analytic training and issues arising from supervision will also be examined. Analytic case material will be presented by Dr. Debra Japko, a recently graduated analyst, who was pregnant during her final year of training. The group is targeted towards analysts or analytic students who are considering a pregnancy and want to consider the possible effects on an analysis. Supervisors of students or others who are interested in the topic may attend.

After attending this session, participants should be able to: 1) Describe the transference and countertransference issues that typically arise during an analyst's pregnancy; 2) Explain the pragmatic challenges that can arise when an analyst is pregnant. **CE: 2**

**4:30 P.M. – 6:30 P.M.**

## **TWO-DAY CLINICAL WORKSHOP #1: ANALYTIC PROCESS AND TECHNIQUE (PART 1)**

Chair: Lynne M. Zeavin, Psy.D. (New York, NY)  
Presenter: Matthew Shaw, Ph.D. (New Haven, CT)  
Discussant: Joshua Durbin, M.A.\* (Tel Aviv, Israel)

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

This session will feature a close reading of detailed process material as it unfolds over the course of a week in an analysis with an adolescent patient. Presenter, Matt Shaw, is a child and adult psychoanalyst from the Western New England Institute. Discussant Joshua Durbin is from Tel Aviv and Los Angeles. Joshua Durbin is training and supervising child and adult psychoanalyst at the Israeli Psychoanalytic Society and Institute, Jerusalem, and Tel Aviv (IPA) where he also teaches.

He is the founder and co-chair of the three-year program for the study of psychoanalytic diagnosis and treatment of early developmental pathologies. He specializes in the psychoanalysis of ASD and psychotic children, adolescents and adults.

After attending this session, participants should be able to: 1) Utilize the workings of countertransference as a means of discerning the patient's unconscious communication with the analyst; 2) Summarize the progression of early development in the expression of adolescent psychopathology and its treatment from a Kleinian perspective. **CE: 2**

## **TWO-DAY CLINICAL WORKSHOP #2: ANALYTIC PROCESS AND TECHNIQUE (PART 1)**

Chair: Henry J. Friedman, M.D. (Cambridge, MA)  
Presenter: Miri Abramis, Ph.D., (New York)  
Discussant: Aisha Abbasi, M.D. (West Bloomfield, MI)

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

This session is directed at clinical psychoanalysts with a wide variety of experience in practicing psychoanalysis. The two-day format gives the audience an exposure to the presenter of an ongoing psychoanalytic therapy and the view of the discussant (an experienced supervisor and teacher of psychoanalysis) moderated by the Chair (also an experienced psychoanalyst).

After attending this session, participants should be able to: 1) Discuss the role of the relationship in the therapeutic action of the treatment with special emphasis on the creative use of the analyst's conscious and unconscious self; 2) Explain the increasing centrality of the relationship between analyst and patient in achieving the therapeutic action of psychoanalysis. **CE: 2**

WEDNESDAY

# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

## **TWO-DAY CLINICAL WORKSHOP #3: ANALYTIC PROCESS AND TECHNIQUE (PART 1)**

Chair: Donald B. Moss, M.D. (New York, NY)  
Presenter: Susanna Stephens, Ph.D.\* (New York, NY)  
Discussant: Peter L. Goldberg, Ph.D. (Albany, CA)

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

Clinical process notes from an ongoing psychoanalysis will be presented to a senior consultant. The consultant will respond to and engage with the presenter. Attendees will also respond to the clinical material. This is an in vivo demonstration of clinical work. The presenter is a psychoanalytic candidate, and the consultant is a senior psychoanalyst with a national and international reputation for excellence. The discussant brings a particular expertise to the session, working as he does with a focus on the body and on the “music” of the session.

After attending this session, participants should be able to: 1) Apply in-depth interpretations of unconscious material organized around the relevance of the body and of the sonic dimension of speech to understand meanings; 2) Describe how the patient’s body and its verbal sounds constitute a singular entity unlike the multiple entities usually thought about regarding any particular session.

**CE: 2**

## **TWO-DAY CLINICAL WORKSHOP #4: PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)**

Chair: Ann Dart, LCSW (Portland, OR)  
Presenter: Tanishia D. Choice, M.D.\* (Lincoln, MA)  
Discussant: Anna R. Schwartz, M.D. (New York, NY)

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

This clinical workshop, sponsored by APsA’s Psychotherapy Department, will focus on psychotherapy process and technique. The workshop will feature a psychodynamic psychotherapist presenting detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen

their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe aspects of the transference-countertransference matrix; 2) Identify shifts in affect and associations in the clinical process. **CE: 2**

## **RESEARCH SEMINAR EXAMINING THE EFFICACY OF GRADUATE TRAINING IN PSYCHOANALYTIC THEORY**

Chair: Katie C. Lewis, Ph.D. (Stockbridge, MA)  
Presenter: Stephanie Kors, M.A.\* (Somerville, MA)  
Discussant: Tracy A. Prout, Ph.D. (Cold Spring, NY)

Due to widespread misunderstandings of the empirical basis of psychoanalytic therapies, there have been significant decreases in the number of clinicians who practice psychoanalytically. This bias leads to fewer graduate students interested in learning psychoanalytic theory and fewer graduate programs offering it, which results in fewer leaders in the field who are knowledgeable about the evidence base. To ensure the longevity of psychoanalytic psychotherapy, it is necessary to ensure our current curriculum is empirically supported, modern, and culturally aware. This presentation will report results from a pilot study and offer recommendations for making psychoanalytic theory accessible and engaging for graduate students.

After attending this session, participants should be able to: 1) Summarize 3 reasons students hold negative perceptions of psychoanalytic therapy; 2) Explain 3 ways to make psychoanalytic theory accessible and engaging to graduate students.

**CE: 2**



# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

## DISCUSSION GROUP 21: ITALIAN PSYCHOANALYSIS AND CONTEMPORARY MODELS OF THEORY AND TECHNIQUE

Co-chairs: Andrea Celenza, Ph.D. (Lexington, MA)  
John C. Foehl, Ph.D. (Cambridge, MA)  
Christopher G. Lovett, Ph.D.  
(Newton Centre, MA)

Presenters: Alistair A. McKnight, Psy.D., LMHC  
(Cambridge, MA)

This discussion group will examine the contribution to contemporary psychoanalysis made by clinical theorists who have emerged from within the distinctive set of developments in contemporary Italian psychoanalytic thinking and writing. The work of such authors as Civitarese, Ferro, Lombardi and Bologini will be highlighted, especially their attention to nonverbal, primitive levels of psychic functioning linked to early affective states and the body. The clinical focus will emphasize analysis as a system of transformations that take place within and through the analytic relationship. Participants will be invited to present clinical material that may be used to demonstrate the distinctive ideas and associated clinical approaches discussed. Presentations by the three co-chairs on various ideas that derive from the Italian school of thought will be followed by an extended case presentation and discussion.

After attending this session, participants should be able to: 1) Explain and utilize in therapeutic approaches the concepts of the analytic field, saturated versus unsaturated interpretation, and body-mind dissociation; 2) Describe and discuss the clinical use of the concepts of *reverie* and *dreaming the session* in the treatment of patients. **CE: 2**

## DISCUSSION GROUP 22: DOMESTIC VIOLENCE AND CLINICAL PRACTICE: THE IMPACT ON CHILDREN

Chair,  
Presenter &  
Discussant: Stephanie Brandt, M.D.\* (New York, NY)  
Presenter: Kelly Champion, Ph.D.\* (Rockland, MD)  
Discussant: Valentina Shaknes, Esq., J.D.\*  
(New York, NY)

Domestic violence is a worldwide epidemic and known to be a highly gendered chronic pattern in intimate relationships. This massive interdisciplinary field of research and intervention is not taught in any graduate mental health training program despite its unrecognized presence in a very

high number of our clinical cases. As in any case, a proper evidence-based professional diagnosis should guide any treatment intervention. This is impossible without even the most basic knowledge of this area. This discussion group seeks to address this gap in clinical training.

After attending this session, participants should be able to: 1) Describe the multiple kinds of acute and chronic impact on children that is caused by exposure to domestic violence; 2) Describe the obstacles and support for effective interventions available to clinicians, including those stemming from the intersection with the legal profession.

**CE: 2**

## DISCUSSION GROUP 23: TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM

Chair: Christopher W. T. Miller, M.D. (Baltimore, MD)  
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)  
Ann Marie Gustafson, M.D., M.P.H.\*  
(Baltimore, MD)  
Jooyoung Lee, M.D.\* (Cambridge, MA)  
Donald R. Ross, M.D. (Austin, TX)

The discussion group is geared toward educators and clinicians who wish to expand their repertoire for teaching psychodynamic principles to trainees. The use of film can lend an immediacy to highlight how particular dynamics are played out in a given scene. This year's discussion group will focus on the psychodynamic exploration of melancholic depression, as depicted in the 2011 film *Melancholia*. In particular, the arcs of the two female characters differ significantly, as they each negotiate their problematic internalized object relations templates in the face of impending planetary catastrophe. Educational methods will include use of multimedia to show clips from the film, demonstrating how this methodology can be used in academic settings.

After attending this session, participants should be able to: 1) Explain salient psychodynamic aspects pertaining to melancholic depression; 2) Apply elements of object relations theory and ego psychology to the narrative arcs of fictional characters to illustrate damaged internal object landscapes. **CE: 2**

WEDNESDAY

# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

## **DISCUSSION GROUP 24: EMERGING PERSPECTIVES ON LGBTQ: GENDER & SEXUALITY: THE VARIOUS MANIFESTATIONS OF (INTERNAL AND SOCIETAL) GENDER ANXIETY**

Chair: Sien Rivera, M.D. (Columbia, SC)  
Discussants: Oren Gozlan, C.Psych., ABPP, FIPA  
(Toronto, Canada)  
Aekta Malhotra, M.D., M.S.\* (Atlanta, GA)  
Theo Pintzuk, LCSW (Chicago, IL)  
Susan Vaughan, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

Discussions of gender, whether in or outside the consulting room, can be fraught with preconceptions, pressures, and anxieties. This discussion group aims to elucidate the various manifestations of these anxieties including current sociopolitical trends of hostility towards and misinformation surrounding gender diversity. Discussants will include experienced analysts in the field as well as those who have been professionally impacted by these manifested anxieties.

After attending this session, participants should be able to: 1) Describe the potential impacts that sociopolitical anxieties can have on a psychoanalytic approach towards gender; 2) Analyze internal anxieties surrounding gender in theoretical or clinical applications. **CE: 2**

## **DISCUSSION GROUP 25: SHAME DYNAMICS**

Chair &  
Discussant: Peter Shabad, Ph.D.\* (Chicago, IL)  
Presenter: Daniel Shaw, LCSW\* (New York, NY)

This discussion group will discuss the nature of cultic communities and the ways in which shame plays a role in cult recruitment, in maintaining obedience and submission of cult participants, and in the struggles with shame of ex-members as they recover from cult trauma. Drawing from many years of clinical work with former members of cultic groups as well as his personal experience, the author will describe the defining characteristics that destructive cults and their leaders have in common, using the framework of the relational system of the traumatizing narcissist. Clinical recommendations for working with cult trauma

survivors will be outlined.

After attending this session, participants should be able to: 1) Explain how cult participants and cult leaders have shame in common; 2) Describe the clinical sequence necessary in working with cult survivors. **CE: 2**

## **DISCUSSION GROUP 26: THE CANDIDATE AT WORK: ARE WE THERE YET? ON THE CAPACITY TO WAIT**

Chair: Christopher S. Rigling, Psy.D. (Chicago, IL)  
Presenters: Aimee Martinez, Psy.D. (Los Angeles, CA)  
Frank Tisano, M.S.W. (Philadelphia, PA)  
Discussant: Steven H. Cooper, Ph.D. (Cambridge, MA)

This is a presentation for candidates and interested others. The session will focus on the phenomena of waiting in psychoanalytic treatment, its effect on the process, and the opportunity to utilize the ability to wait effectively. The goal will be to stimulate theoretical and clinical thinking regarding a variety of types of waiting in both the patient and the psychoanalyst. The presenters will describe theoretical ideas regarding psychoanalytic waiting, as well as experiences that they have had in which the phenomenon of waiting is active in treatment and will provide clinical vignettes. The faculty on this session will respond to the clinical material as a way of highlighting clinical and theoretical issues of import.

After attending this session, participants should be able to: 1) Explain how waiting is used as a defense against acting, when waiting obliterates the future self, when patients wait for something impossible to happen, and when patients and analysts make each other wait; 2) Discuss ways that patients learn to wait by waiting in the presence of the analyst, and how to help patients build emotional muscle by promoting “active waiting.” **CE: 2**

## **DISCUSSION GROUP 27: EFFECTS OF THE HOLOCAUST AND GENOCIDE ON SURVIVORS AND FAMILY MEMBERS**

Chair: Ira Brenner, M.D. (Bala Cynwyd, PA)  
Co-chair: Nanette C. Auerhahn, Ph.D.  
(Moreland Hills, OH)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This discussion group aims to increase knowledge

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

of long-term psychological effects of genocidal persecution on survivors and family members. A special emphasis is on intergenerational transmission of trauma on survivors' children, grandchildren, and great grandchildren, which is not well known by clinicians. A parallel dynamic, with significant differences, among perpetrators and their families may also be explored. This session is intended to increase the efficacy of clinicians working with survivors of massive psychic trauma and their families and will use clinical examples as well as references to the research literature on the topic. Presenters, chair, and co-chair have decades of experience working in this area clinically as well as teaching about and researching this topic.

After attending this session, participants should be able to: 1) Describe and explain the way traumatic experiences of one generation can manifest themselves in subsequent generations; 2) Predict the way genocidal trauma and massive psychic trauma will manifest in the therapeutic relationship and discuss ways of actively and successfully working with these manifestations psychoanalytically.

**CE: 2**

### **DISCUSSION GROUP 28: PARENT WORK IN PSYCHOANALYSIS**

Chair &

Presenter: Jack Novick, Ph.D. (Closter, NJ)

Co-chair &

Discussant: Thomas F. Barrett, Ph.D. (Chicago, IL)

Presenter: Kerry Kelly Novick (Closter, NJ)

Discussant: Denia G. Barrett, M.S.W. (Chicago, IL)

Concurrent parent work involves learning how to form and maintain multiple therapeutic alliances. The requisite interpersonal, empathic, and communicative skills are an additional learning for traditionally trained psychoanalysts. Working with parents of adolescent patients is a new, expanding arena of clinical activity, addressing myriad dynamics and resistances, and reconceptualizing this developmental phase. Inclusion of knowledge from allied fields strengthens the multi-modal clinical offerings of psychoanalysts. Recent research shows a significant correlation between treatment outcome and the therapeutic alliance with parents. This session will use vignettes from the recently published Adolescent Casebook to highlight challenges and opportunities in work with the parents of adolescents. Presenters Jack Novick and

Kerry Kelly Novick are experienced experts in this field.

After attending this session, participants should be able to: 1) Assess the clinical and developmental need to incorporate concurrent parent work into treatment plans with adolescent patients; 2) Analyze dynamic inter-generational pathology and cultural biases that interfere with effective treatment and progressive development. **CE: 2**

### **DISCUSSION GROUP 29: PSYCHOANALYTIC TREATMENT FOR OLDER ADULTS: WHERE TO FROM HERE?**

Chair: Daniel Plotkin, M.D., M.P.H. (Los Angeles, CA)

Discussants: Audrey Kavka, M.D., M.P.H. (Oakland, CA)

Doryann M. Lebe, M.D. (Los Angeles, CA)

Jolyn Welsh Wagner, M.D. (Birmingham, MI)

Mi Yu, M.D., Ph.D. (Missoula, MT)

The discussion group is designed to address issues related to the treatment of older adults with psychoanalytic techniques. As the population continues to age, there is a pressing need for providers to have some degree of training and competence regarding older adults. This discussion group has been meeting for 6 years and has tried to provide inspiration and direction but has not achieved much traction, most likely due to ageism in APsA and in the population at large. Thus, members of the discussion group are wondering, where do we go from here? Possibilities will be identified and explored.

After attending this session, participants should be able to: 1) Discuss the reasons why the mental health needs of older adults are not being met by psychodynamic psychotherapeutic services;

2) Design educational programs that address psychodynamic psychotherapeutic services for older adults. **CE: 2**

### **DISCUSSION GROUP 30: PSYCHOANALYSIS AND THE LAW: REVISITING HOMESICKNESS AND NOSTALGIA: DIAGNOSTIC AND CLINICAL IMPLICATIONS**

Co-chair &

Presenter: Linda S. Gunsberg, Ph.D.\* (New York, NY)

Co-chair: Moisy Shopper, M.D. (Clayton, MO)

Presenter: Kenneth J. Weiss, M.D.\* (Bala Cynwyd, PA)

References to Homesickness and Nostalgia are found historically throughout the psychoanalytic literature. Nostalgia was once considered a

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

psychiatric diagnosis. However, both of these concepts continue to be referenced as significant life experiences/phenomena in the child and adult psychoanalytic literature. Dr. Weiss will present nostalgia as a condition which has meaning on several levels including wistful reminiscence of times, places, persons, and things past; separation-related depression and anhedonia; trauma-infused involuntary life changes; intrapsychic conflict and existential anxiety; social alienation; and loneliness. He will demonstrate how nostalgia can be instrumentally or unconsciously used in the service of seeking a safe psychic space. Dr. Gunsberg will present how Homesickness and Nostalgia are relevant to treatment of children and forensic assessments of families in the processes of separation and divorce.

After attending this session, participants should be able to: 1) Describe the conditions of Homesickness and Nostalgia presented in treatment and forensic assessment and how they can be used in the service of seeking a safe psychic space; 2) Utilize the conditions of Homesickness and Nostalgia in treatment of children and forensic assessments of families in the processes of separation and divorce.

**CE: 2**

## 7:00 P.M. – 9:00 P.M.

### **DISCUSSION GROUP 31: RELATIONAL PSYCHOANALYSIS**

Chair &

Presenters: Anthony Bass, Ph.D. (New York, NY)

Adrienne Harris, Ph.D. (New York, NY)

This discussion group is targeted to all members of the American Psychoanalytic Association, from new members to senior members. Attendees will be discussing the ways in which working in times of trauma evoke earlier micro and macro traumas in patients and provide opportunities for reworking with early trauma. During these pandemic times, and time of political and social strain and unrest, it is especially important to work on the links that are unconsciously present to earlier traumas that set the conditions for current work. Both Adrienne Harris and Anthony Bass have worked on, written, and presented on the role of current and past trauma in shaping enactments and the opportunities that they present for further work.

After attending this session, participants should be able to: 1) Explain the ways in which earlier traumas

shapes the response to the contemporary traumas with which therapist and patient are dealing; 2) Apply the trauma theory to choices of intervention that analysts use in relation to response to current trauma on both large and small scales. **CE: 2**

## THURSDAY, FEBRUARY 2

### 7:45 A.M. – 8:15 A.M.



#### **SOCIAL EVENT: BREAKFAST GATHERING FOR CANDIDATE MEMBERS**

Join Candidate colleagues from around the country for breakfast. Please stay for the Candidates' Council meeting immediately following the breakfast.

### 7:45 A.M. – 8:45 A.M.



#### **SOCIAL EVENT: BREAKFAST GATHERING FOR BOARD OF DIRECTORS**

Join the Board of Directors for a Continental breakfast before the Board meeting. This is a chance to come together and socialize with other board members before addressing Association business.

### 8:15 A.M. – 11:00 A.M.

#### **ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL**

*Note: New candidates participating in the Travel Scholarship are required to attend this meeting.*

Candidates' Council leadership, committee chairs, and delegates from APsA institutes welcome all candidates to attend this meeting. You will learn about committee work, participate in roundtable discussions of issues most relevant to candidates, have opportunities to compare notes with colleagues from around the world, gain an orientation to the greater APsA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates.

# DAILY SCHEDULE

## 9:00 A.M. – 12:00 P.M.

### ADMINISTRATIVE MEETING: BOARD OF DIRECTORS

APSA's Board of Directors is responsible for the management of the affairs and business of the association. The Board of Directors is comprised of the association's officers, eight nationally elected Directors-at-Large, Candidate Directors-at-Large, Ex Officio past officers and Directors representing each affiliate society of the association, as well as each affiliate and affiliated study group.

The Board of Directors meeting is open to any member of the association except when there is a need for the Board to be in executive session.

*Note: The Business Meeting of Members will follow the Board of Directors meeting beginning at 12:15 p.m. See page 23 for more information.*

## 9:00 A.M. – 11:00 A.M.

### EXPERIENTIAL PROCESS GROUPS: LIVING IN DIVERSITY AND OTHERNESS: AN EXPERIENTIAL PROCESS GROUP EXPERIENCE (PART 1)

Chair/  
Convener: Anton H. Hart, Ph.D. (New York, NY)  
Co-Group  
Facilitators: Dorothy E. Holmes, Ph.D. ABPP, FABP  
(Bluffton, SC)  
Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)  
Jasmine Ueng-McHale, Ph.D.\*  
(Princeton, NJ)  
Samuel P. Wyche, D.O. (Wyndmoor, PA)

*This is a two-part session. Part 2 will take place on Saturday from 9:00 a.m. – 11:00 a.m. Participants are expected to attend both days.*

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This session will allow for open-ended discovery and exploration of participants' personal-professional experiences of diversity and otherness. On two separate days, the session will begin with a combined group of 24 total registrants. Then, attendees will convene into two separate groups of 12, each led by two Co-facilitators, which will focus on the members' various subjective experiences in relation to how diversity and otherness is part of each participant's identity, clinical work, and psychoanalytic institutional life. All 24 registrants

will reconvene at the end of the day's session for the purpose of collective learning under the guidance of the Chair/Convener.

After attending this session, participants should be able to: 1) Apply psychoanalytic thinking to clinical work on race/ethnicity and gender/sexuality; 2) Analyze blockages in working with race/ethnicity and gender/sexuality. **CE: 2**

### DISCUSSION GROUP 32: CULTURAL NARRATIVES IN PSYCHOANALYSIS

Chair: M. Nasir Ilahi, L.L.M. (Greenwich, CT)  
Co-chair: Sandra Buechler, Ph.D.\* (New York, NY)  
Presenter: Grace Conroy, Ph.D.\* (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

Psychoanalysis has rarely considered that culture is deeply internalized. While psychoanalysis has universal applicability, internalized values of Western individualism deeply inform many psychoanalytic formulations. Potential conflicts arise when the analyst (or his/her explicit/implicit theories) comes from a Western culture and the patient from a radically different, non-Western culture (e.g. Japan, China, and India) where profoundly different family-centered unconscious emotional values prevail. While each non-western culture has unique features, they all share in common the family-centered aspect to varying degrees in contrast to the individual-centered emphasis in the West. These non-conflictual internalizations date back to the earliest preverbal mother/infant and family interactions and seldom become conscious since they are silently woven into the entire emotional fabric. This territory will be intensively explored utilizing detailed clinical process.

After attending this session, participants should be able to: 1) Describe the role of deeply internalized culture in psychoanalytic therapy with patients from non-Western cultures; 2) Explain how transference and countertransference developments in psychoanalytic therapy with patients from non-Western cultures can lead to clinical impasses.

**CE: 2**

# DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

## **DISCUSSION GROUP 33:** PSYCHOANALYTIC PERSPECTIVES ON WOMEN AND THEIR EXPERIENCE OF COMPETENCE, AMBITION AND LEADERSHIP

Co-chairs: Frances Arnold, Ph.D. (Cambridge, MA)  
Stephanie R. Brody, Psy.D. (Lexington, MA)  
Discussant: Carol Gilligan, Ph.D. (W Stockbridge, MA)

The roll back of abortion rights has placed women in the direct line of fire. This discussion group welcomes Carol Gilligan, psychologist, feminist, and ethicist, to help navigate the Dobbs decision and the impact that it will have on autonomy and freedom. Questions that will be addressed in this session are 1) Can psychoanalysis help attendees to understand the impact of Dobbs on the ethics of privacy and personal freedom? 2) How does government control of reproductive rights impact psychoanalysis and how might psychoanalysis help to understand the clinical, professional, and personal ramifications? 3) Privacy and freedom of thought are cherished psychoanalytic values. How do the erasures of women's minds, agency, body, speech and safety affect the experience of women who enter the psychoanalytic process and the larger social surround?

After attending this session, participants should be able to: 1) Analyze how the rollback of abortion rights on women's privacy, agency, safety, and personal ethics will impact the therapeutic dyad; 2) Discuss how psychoanalytic theories of agency, privacy and personal autonomy could be affected by the Supreme Court decision to overturn reproductive choice. **CE: 2**

## **DISCUSSION GROUP 34:** CONTRIBUTIONS OF INFANT RESEARCH TO ADULT TREATMENT: PSYCHOANALYTIC KNOWLEDGE DISSEMINATION THROUGH TIKTOK AND OTHER SOCIAL MEDIA

Chair &  
Presenter: Alexandra Harrison, M.D. (Cambridge, MA)  
Presenter: Hehua Xu\* (Brighton, MA)

The presenters will describe several types of social media used to disseminate psychoanalytic and developmental science knowledge and will illustrate their points with video material. They will also discuss an ongoing qualitative study of the acceptability and feasibility of offering childcare information to Chinese child caregivers through TikTok. The presenters are an experienced

American Child and Adolescent psychoanalyst and a Chinese undergraduate in Psychology at an American University. They are part of an East Asia team of professionals and students in the US and China, volunteering in a nonprofit. This program is targeted to all psychoanalytic clinicians and childcare givers.

After attending this session, participants should be able to: 1) Name and discuss three forms of social media appropriate for the dissemination of psychoanalytic knowledge; 2) Explain three reasons Chinese caregivers give for using social media as a source of childcare information. **CE: 2**

## **DISCUSSION GROUP 35:** PSYCHOANALYTIC APPROACHES TO WORKING WITH CHILDREN WITH AUTISM SPECTRUM DISORDER

Chair &  
Presenter: Susan P. Sherkow, M.D. (New York, NY)  
Discussant: Lissa Weinstein, Ph.D. (New York, NY)

Using data from the five-year analysis of a 9-year-old boy on the autism spectrum, this group will focus on the application of psychoanalytic technique to treating a precocious, asocial, and dysregulated pre-pubertal boy as he approaches and navigates puberty. The presenter and discussant will address the impact on his ego development from a confluence of factors: contributions from neurobiology, endowment, conflict, and environmental stressors. Neuropsychological testing confirmed the difficulty in finding a clear, consistent "diagnosis," given the degree to which his personality and functioning persistently reflected neurotypical identifications with his parents as well as the impact of autism on his developmental trajectory.

After attending this session, participants should be able to: 1) Compare the classic symptoms of Autism Spectrum Disorder with conflict-driven symptoms in a child; 2) Describe the application of a psychoanalytic approach's impact on ego/superego development and on conflict resolution with regard to the developmental trajectory of a child with autism. **CE: 2**

# DAILY SCHEDULE

9:00 A.M. – 12:30 P.M.

## ORAL HISTORY WORKSHOP #85: ART HISTORY/PSYCHOANALYSIS

Chair: Nellie L. Thompson, Ph.D. (New York, NY)  
Presenters: Diane O'Donoghue, Ph.D. (Cambridge, MA)  
Laurie Wilson, Ph.D. (New York, NY)

The workshop addresses the lop-sided nature of the scholarly relationship between art history and psychoanalysis. All too often the emphasis is on what applied psychoanalytic theory (and clinical findings) can offer to art historians, rather than what the approach of the latter may provide. Papers by two psychoanalytically trained art historians, Laurie Wilson, Ph.D. and Diane O'Donoghue, Ph.D. will discuss how their art history training has amplified their application of psychoanalysis in their scholarship. The point of departure for Laurie Wilson are her biographies of Giacometti and Louise Nevelson. While Diane O'Donoghue's point of departure is her recent book, *On Dangerous Ground: Freud's Visual Cultures of the Unconscious*.

**Note: This session does not offer Continuing Education Credit.**

11:30 A.M. – 1:00 P.M.



## DPE RESEARCH EDUCATION DIALOGUE: WHAT CAN PSYCHOANALYTIC CLINICIANS LEARN FROM RESEARCH ON PATHOLOGICAL NARCISSISM AND NPD?

Chair &  
Presenter: Diana Diamond, Ph.D. (New York, NY)  
Presenters: Eric A. Fertuck, Ph.D.\* (New York, NY)  
Kevin B. Meehan, Ph.D. (Brooklyn, NY)  
Barry L. Stern, Ph.D. (New York, NY)  
Discussants: Otto F. Kernberg, M.D. (White Plains, NY)  
Frank Yeomans, M.D., Ph.D. (New York, NY)

Pathological Narcissism (PN) and Narcissistic Personality Disorder (NPD) are complex, prevalent disorders that have long posed a challenge to clinicians. This session is designed to explore the clinical implications of recent research for understanding core features of these disorders including studies that: 1) Identify the characteristic fluctuations between grandiosity and vulnerability that narcissistic patients exhibit in daily life and therapy; 2) Identify the insecure attachment representations that underlie their difficulties

with self and interpersonal functioning and 3) Provide evidence for an object relations approach to diagnosis and treatment of NPD. This program is directed to Psychiatrists, Social Workers, Psychologists, and Psychoanalysts and will be conducted through lecture and discussion with the goal of putting researchers and clinicians in dialogue with one another.

After attending this session, participants should be able to: 1) Explain how narcissism is assessed through a semi-structured interview of personality organization through an object relations frame of reference; 2) Describe contemporary conceptualization and measurement of attachment and how attachment organization impacts the assessment and treatment of pathological narcissism. **CE: 1.5**

## CANDIDATES' COUNCIL MASTER TEACHER AWARD:

### DR. SALMAN AKHTAR: "FROM IDENTIFICATION THROUGH DISIDENTIFICATION TO AUTHENTICITY AND ORIGINALITY"

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)  
Presenter: Salman Akhtar, M.D. (Haverford, PA)

Akin to life at large, the professional career of a psychoanalyst undergoes many developments, crises, and transformations. With overlaps, ambiguities, and ebb and flow, these epochs represent (i) identification, (ii) disidentification, (iii) authenticity, and — if one is gifted, industrious, and fortunate — (iv) originality. Each epoch has its origins, manifestations, and consequences. The entire set though can be conceptualized as comprised of 'phases' (a la Freud and Abraham) or as 'positions' (a la Klein), with the former being sequential and transient periods (even if additive to the step that follows) and the latter being stable and life-long potentials (even if sequential in their initial emergence). Regardless of this nuance, these stances impact on analysts' manner of working and their sense of analytic identity.

After attending this session, participants should be able to: 1) Analyze the role of identification and disidentification in the training experience as analysts; 2) Describe the phases of identification, disidentification, authenticity and originality in training and development and its impact on work with patients. **CE: 1.5**

THURSDAY

# DAILY SCHEDULE

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP #2: ON TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D.  
(Chestnut Hill, MA)

Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)  
Mark Moore, Ph.D. (Philadelphia, PA)  
Jonathan Palmer, M.D. (Newton, MA)  
Harvey J. Schwartz, M.D. (Philadelphia, PA)  
Peggy E. Warren, M.D. (Boston, MA)

Presenter: Jennifer Stuart, Ph.D. (New York, NY)

At this session, Dr. Jennifer Stuart, an accomplished analytic writer and teacher of writing at the Psychoanalytic Association of New York (PANY), will describe how she teaches about analytic case writing. She will demonstrate how writing about and reflecting on the spoken clinical exchange can deepen both the analyst's and the reader's understanding of what has occurred. The workshop will also consider how various writing tasks can enable us to examine concerns about revealing ourselves in our clinical writing, and thereby can enhance our self-reflection, self-supervision, and the depth of our analytic work.

After attending this session, participants should be able to: 1) Summarize strategies to teach candidates and others how to translate a clinical situation into a piece of analytic case writing or a full case report; 2) Explain how an extended example of clinical writing can enable the analyst to communicate, reflect on, and deepen the analytic process. **CE: 2**

## COMMITTEE SPONSORED WORKSHOP #3: CORPORATE AND ORGANIZATIONAL CONSULTANTS: CONSULTING TO A MULTIGENERATIONAL FAMILY ENTERPRISE

Chair: Steven S. Rolfe, M.D. (Bryn Mawr, PA)

Presenter: Dennis T. Jaffe, Ph.D.\* (San Francisco, CA)

Discussant: Erik Gann, M.D. (San Francisco, CA)

Dr. Dennis Jaffe, a renowned expert and one of the early architects of the field of family enterprise consulting will present a case of a multi-generational family enterprise and discuss his approach to the family and the consultation. He will elaborate on the best practices these families utilize to ensure the successful transfer of the enterprise through multiple generations. Dr. Jaffe is author of *"Borrowed from your Grandchildren: The Evolution of 100-year Family Enterprises"*. Dr. Erik Gann will lead the discussion of Dr. Jaffe's work. The session will focus on the rich interplay among

family enterprise consulting, leadership advisory work, and psychoanalysis. The discussion will focus on what a psychoanalytic approach contributes to enterprise consulting and how psychoanalysts may benefit from a deeper knowledge of family business and organizational consulting.

After attending this session, participants should be able to: 1) Explain how psychoanalytic ideas and concepts can be utilized in consulting to leaders and family enterprises; 2) Describe a psychoanalytic approach to consulting to a family in business while explaining how psychoanalytic concepts can be used to help an organization transition their leadership from one generation to another. **CE: 2**

## COMMITTEE SPONSORED WORKSHOP #4: THE PSYCHOANALYTIC CURRICULUM: THE SOCIAL UNCONSCIOUS AND THE ANALYZING SITUATION: THE PSYCHOANALYTIC CURRICULUM

Co-chairs: Clara Kwun, LCSW (San Francisco, CA)  
Mary Margaret McClure, D.M.H.  
(Mill Valley, CA)

The Social Unconscious and its place in the analyzing situation will be the focus of this curriculum workshop. Psychoanalytic theories of mind often focus on the individual psyche to the exclusion of the social unconscious for a variety of reasons, and this has become a neglected realm of study and of teaching in the psychoanalytic curriculum. Group phenomena and larger social dynamics as they shape and color the earliest development of the mind and on-going states of mind will be addressed. Complex dynamics and differences of perspectives within Institute faculties may contribute to neglect and avoidance of these social and group processes. We will offer suggested reading lists and examples of curricula that do approach the social unconscious and the analyzing situation.

After attending this session, participants should be able to: 1) Demonstrate the role of the social unconscious in teaching psychoanalytic clinical techniques and processes; 2) Explain the impact on psychoanalytic candidates clinical learning when social dynamics, unconscious and conscious, are not addressed in training. **CE: 2**



# DAILY SCHEDULE

**11:30 A.M. – 1:30 P.M. continued**

**COMMITTEE SPONSORED WORKSHOP #5:  
GENDER AND SEXUALITY: RALPH ROUGHTON  
PAPER AWARD WINNER: CREATIVE BODIES:  
THINKING QUEERLY ABOUT QUEER BABY-  
MAKING**

Chair: Carol B. Levin, M.D. (Okemos, MI)  
Co-chair: Diana Moga, M.D., Ph.D. (New York, NY)  
Presenter: Christina Nadler, Ph.D., L.P.\* (New York, NY)  
Discussant: Susan McNamara, M.D. (Middlefield, CT)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

Psychoanalytic literature on queer parents has largely remained invested in Oedipal and homophobic logics. Existing psychoanalytic frameworks could impede clinical work by not having a lens through which to see and comprehend queer creativity and pain. The presenter, a licensed psychoanalyst who is trained in parent-infant therapy, will present a theoretical paper that is intended for psychoanalysts and psychoanalytic therapists who work, or are interested in working, with LGBTQ+ parents or parents to be, as well as clinicians looking to expand and update their understanding of Oedipus. The paper will be followed by an audience discussion.

After attending this session, participants should be able to: 1) Critique the existing psychoanalytic view on queer parents that has largely remained invested in Oedipal and homophobic logics and thus fails to account for queer creativity and pain in the process of baby-making; 2) Explain the ways that queer parents' practices of baby-making are in fact sexual practices, but not in an Oedipally structured sexuality. **CE: 2**

**COMMITTEE SPONSORED WORKSHOP #6:  
MEDICAL STUDENT EDUCATION: UTILIZING  
PSYCHODYNAMIC PRINCIPLES TO TEACH  
MEDICAL PROFESSIONALISM TO MEDICAL  
STUDENTS THROUGH AN INNOVATIVE  
CURRICULUM**

Chair: Himanshu Agrawal, MBBS, DF-APA (Milwaukee, WI)  
Presenter: Eugenio Rothe, M.D.\* (Coral Gables, FL)

Professionalism is a core competency in medical school education. Psychodynamic principles are fundamental for teaching medical professionalism,

since they involve introspection, the development of empathy, understanding transference/countertransference and conflict resolution. This workshop helps medical students and educators recognize that identifying transference and countertransference improves treatment by recognizing the feelings of the participants that are not clearly articulated, by anticipating problem areas in the doctor-patient relationship, by avoiding acting-out behaviors and improving boundary maintenance. Such seminars may also help increase recruitment of medical students to psychiatry.

After this presentation, the attendee will be able to: 1) Design medical curriculum that uses psychodynamic principles involving introspection, the development of empathy, understanding transference/countertransference and conflict resolution fundamental for teaching medical professionalism; 2) Apply psychodynamic principles to teach medical student's self-reflection, the development of empathy, understanding issues of transference-countertransference and ethical conflict resolution in medical education. **CE: 2**

**12:15 P.M. – 1:00 P.M.**

**ADMINISTRATIVE MEETING:  
BUSINESS MEETING OF MEMBERS**

The Meeting of Members is an opportunity for all APsA members to learn about current activities of the Association. All registrants are encouraged to attend.

Don't forget to vote.

If you did not vote before the 2023 National Meeting, onsite voting will be available at the Meeting of Members from 12:15 p.m. - 1:00 p.m.

**2:00 P.M. – 4:00 P.M.**

**SCIENTIFIC PAPER PRIZE:  
IN-SESSION REFLECTIVE FUNCTIONING  
IN PSYCHOTHERAPIES FOR BORDERLINE  
PERSONALITY DISORDER: THE EMOTION  
REGULATORY ROLE OF REFLECTIVE  
FUNCTIONING**

Chair: Barbara Milrod, M.D. (New York, NY)  
Presenter: Yogev Kivity, Ph.D. (Ramat Gan, Israel)  
Discussant: Miriam Steele, Ph.D. (Carmel, NY)

This presentation is targeted to the membership of APsA. The series is designed to acquaint members with contemporary research that directly pertains

THURSDAY

# DAILY SCHEDULE

## 2:00 P.M. – 4:00 P.M. continued

to clinical psychoanalysis. Dr. Kivity will present his study on in-session reflective function and discuss its importance for clinical psychodynamic psychotherapy and psychoanalysis. Dr. Steele, an expert in attachment research, will discuss the study and its implications.

After attending this session, participants should be able to: 1) Describe the transference-focused psychotherapy model of change in the treatment of borderline personality disorder; 2) Explain the meaning of reflective functioning and articulate its key role in the clinical presentation of borderline personality disorder. **CE: 2**

### CANDIDATES' FORUM: NEW PERSPECTIVES- QUANTUM MODELS AND THE UNCONSCIOUS

Chair: Christopher S. Rigling, Psy.D. (Chicago, IL)  
Presenter: Gerald J. Gargiulo, Ph.D. (Stamford, CT)  
Discussants: Françoise Eipper, M.D. (Portland, OR)  
Daniel Sheridan, Ph.D. (Miami, FL)

This is a session for candidates and interested others. The presentation will focus on the development and application of quantum models in psychoanalytic theory and practice. The goal is to acquaint attendees with contemporary quantum models of psychoanalytic theory, in particular as it is related to the understanding of the concept and phenomenon of the unconscious. The primary presenter, Dr. Gargiulo, will describe and discuss theoretical ideas of the unconscious derived from the application of quantum mechanics. One or more candidates will present clinical material which will provoke discussion of the observed emerging unconscious. These discussants will respond to the clinical material as a way of highlighting clinical and theoretical issues of import.

After attending this session, participants should be able to: 1) Explain the distinct theoretical aspect of quantum models specifically in relation to the concept of the unconscious; 2) Utilize quantum models to conceptualize clinical psychoanalytic work with patients. **CE: 2**

### DISCUSSION GROUP 37: PSYCHOANALYTIC FAMILY THERAPY

Co-chair: David E. Scharff, M.D. (Chevy Chase, MD)  
Co-chair &  
Presenter: Janine Wanlass, Ph.D. (Salt Lake City, UT)

This discussion group applies psychoanalytic principles to treatment of families and couples. Dr. Janine Wanlass will present a family with young children treated through analytic family therapy. It proceeds through in-depth discussion of issues raised in the case, grappling with points about technique, cultural and ethical considerations, theoretical implications for conducting family and couple psychoanalysis, as well as implications for individual psychoanalytic therapy. The group will discuss theoretical issues raised by the clinical exploration. This discussion group aims to familiarize analysts with the shifts in technique required for application of analysis to family and couple psychoanalysis, and to apply lessons from these modalities to the conduct of individual analytic treatments.

After attending this session, participants should be able to: 1) Describe the processes and theories most relevant to the practice of psychoanalytic family therapy; 2) Compare cases appropriate for conjoint therapy with those more appropriate individual psychoanalytic therapy. **CE: 2**

### DISCUSSION GROUP 38: SOCIAL AND HISTORICAL FACTORS IN CLINICAL WORK

Chair: Donald B. Moss, M.D. (New York, NY)  
Presenter: Usha Tummala-Narra, Ph.D.\* (Lexington, MA)  
Discussants: Dorothy E. Holmes, Ph.D. ABPP, FABP  
(Bluffton, SC)  
Stephen Seligman, D.M.H. (San Francisco, CA)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

A clinical case will be presented in which historical, cultural or economic matters are prominent. The discussion will highlight their importance, if not primacy. A broad clinical audience experienced with increasingly diverse patient populations will work together to explore how psychoanalytic clinical approaches and theories can progress to give full weight to social, cultural, and historical factors.

# DAILY SCHEDULE

## 2:00 P.M. – 4:00 P.M. continued

After attending this session, participants should be able to: 1) Utilize a patients' cultural background along with the standard psychoanalytic perspective on internal family-derived problems to design specific interventions; 2) Prepare case formulations and strategies for treatment oriented to the clinical importance of the historical and cultural issues of race, class, historical trauma, racism and immigration. **CE: 2**

### DISCUSSION GROUP 39: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair: M. Sagman Kayatekin, M.D.  
(Missouri City, TX)

Co-chair: Michael Groat, Ph.D., M.S. (New Canaan, CT)

The goal of this discussion group is to help clinicians to develop a multilayered, psychoanalytic, and systemic formulation of the patient, and strategize the treatment within that complicated formulation. Drs. Kayatekin and Groat have extensive experience in psychoanalytic individual, family, group, milieu, and hospital teamwork. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP's, partial hospitalizations, and day treatment programs. These contexts, with their regressive/ progressive capabilities on the persons involved (both the patient and treaters), provide a unique window to the interrelatedness of intra-psyche and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will expand participants' understanding beyond the intrapsychic/dyadic psychoanalytic approaches that dominate the psychoanalytic theory.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CE: 2**

### DISCUSSION GROUP 40: IMPASSES IN PSYCHOANALYSIS

Chairs: Steven H. Goldberg, M.D. (San Francisco, CA)  
Judy L. Kantrowitz, Ph.D. (Brookline, MA)

This session is intended for psychoanalysts and psychoanalytically oriented psychotherapists. Its main purpose is to help clinicians diagnose and formulate strategies for working with clinical impasses. For many years, analysts have been reluctant to talk openly about impasses and analytic failures. The goal of this session is to normalize the experience and to create a forum in which such cases can be discussed openly, and creative solutions formulated.

After attending this session, participants should be able to: 1) Assess the relative contributions to impasse of both patient and psychoanalyst; 2) Utilize consultation when questions of impasse occur to address insufficiently analyzed conflicts and/or biases in the analyst. **CE: 2**

### DISCUSSION GROUP 41: THE VULNERABLE CHILD: VIDEO GAMES AS TRANSITIONAL PLAYGROUND – ENGAGING A DETACHED ADOLESCENT IN ANALYSIS AND FINDING A FOCUS WITH ISSUES OF IDENTITY AND COMPLEX TRAUMA

Co-chairs: Richard L. Cruz, M.D. (Chadds Ford, PA)  
Christie Huddleston, M.D. (Bala Cynwyd, PA)

Presenter: Tina T. Nguyen, M.D. (Santa Monica, CA)

Discussant: Matthew Shaw, Ph.D. (New Haven, CT)

Planner/

Recorder: Mary Davis, M.D. (Lancaster, PA)

Dr. Tina Nguyen presents the psychoanalytic treatment of a teenager with many interlocking issues of racial identity, separation-individuation, and complex trauma linked to family history. Extensive work with divorced parents is described which addresses parental and intergenerational influences impinging on the adolescent's development. Difficult defenses of detachment and omnipotent fantasies are addressed by engaging the patient in analytic work in the transitional playground of video games. The discussant will highlight the difficulties in finding a focus working with an adolescent with so many interwoven issues. The session is designed for therapists and other professionals working with vulnerable children and adults. Group discussion facilitates participants relating case material to their own practices.

# DAILY SCHEDULE

## 2:00 P.M. – 4:00 P.M. continued

After attending this session, participants should be able to: 1) Describe culturally sensitive work with parents to address intergenerational trauma affecting adolescents; 2) Describe defensive aspects and therapeutic possibilities of video games in the psychoanalytic treatment of an adolescent. **CE: 2**

### **DISCUSSION GROUP 42:** ANALYTIC LISTENING REFLECTIONS ON HYPOTHESIS AND EVIDENCE

Chair: Ralph Beaumont, M.D. (Portland, OR)

Co-chair: Maida J. Greenberg, Ed.D.  
(Newton Centre, MA)

Presenter: Edward Lowery, LCSW (Encinitas, CA)

This discussion group will take a close look at process notes of single session(s). The focus will be on details of the data-gathering process, and how to conceptualize clinical methodology, to consider the distinctions between the hypotheses generated and the evidence produced. Attendees will try to sharpen their view on nuances of communications, both verbal and nonverbal, to highlight attendance to cues possibly otherwise overlook, and to reflect on assumptions and inferences – *whatever the espoused theoretical model* – to see how these may or may not hold up or stand in the way of opening yet untried paths.

After attending this session, participants should be able to: 1) Analyze the distinctions between the interpretive hypotheses we generate, and the evidence based on the patient's subsequent associations; 2) Utilize nuances of communication, both verbal and non-verbal, to attend to overlooked cues and reflect on assumptions and inferences.

**CE: 2**

### **DISCUSSION GROUP 43:** TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES

Co-chair &  
Discussants: Deborah Shilkoff, LICSW (Cambridge, MA)  
Rita K. Teusch, Ph.D. (Cambridge, MA)

Presenter: Derick E. Vergne, M.D. (Acton, MA)

Primitively organized patients present with severe deficits in relationships. Unable to symbolize, their suffering is inchoate and chaotic. They are prone to acting out in treatment with stormy eruptions, premature departures, or long periods of deadness. They express unbearable states through projective

identification, or expulsion of nascent thoughts and feelings with somatic disturbances, panic attacks, eating disorders or addiction. How do we understand this population analytically and help them? The co-chairs are senior analysts with specialties in somatic disturbances. An advanced candidate will present a case, followed by discussion of how change can happen in the field co-created by the patient and analyst.

After attending this session, participants should be able to: 1) Describe how unrepresented or poorly represented psychic states come about, and how they are related to somatization; 2) Summarize how patients with unrepresented psychic experience and somatic states develop the capacity to symbolize thoughts and feelings. **CE: 2**

### **DISCUSSION GROUP 44:** RESEARCH ON THE RELATION OF PSYCHOANALYSIS AND NEUROSCIENCE – PSYCHOANALYTIC TECHNIQUE IN THE LIGHT OF NEUROPSYCHOANALYSIS

Chair: Charles P. Fisher, M.D. (Berkeley, CA)

Presenter: Mark Solms, Ph.D. (London, England)

In this session, the Founder and current Co-Chair of the International Neuropsychoanalysis Society will address the psychoanalytic clinical implications of the theoretical work of Neuropsychoanalysis. Highlights will include the implications of a revised drive theory, consciousness as an affective function, repression as premature automatization of predictions, the role of unconscious predictions in transference, and the relation between repression and other defenses. Patients suffer from feelings resulting from unmet emotional needs. As these feelings arise in transference, it is possible for the analyst to help the patient recognize the feelings and the needs involved. Transference interpretation of the patient's repressed predictions promotes memory reconsolidation, and psychological change within treatment. A process of working through is required to enable patients to make use of insight gained.

After attending this session, participants should be able to: 1) Describe how the patient's repressed (prematurely automatized) predictions can be inferred from the patient's unmet emotional needs, as they arise in transference; 2) Describe how the process of transference interpretation enables patients to generate new and better predictions, which must be worked through. **CE: 2**

# DAILY SCHEDULE

**2:00 P.M. – 4:00 P.M. continued**

## **DISCUSSION GROUP 45: EDUCATORS AND ANALYSTS WORKING TOGETHER: ADDRESSING THE EMOTIONAL NEEDS OF CHILDREN IN SCHOOLS POST-COVID**

Chair: Ann Marie Sacramone, MS., Ed.  
(Putnam Valley, NY)  
Presenter: Michael O'Loughlin, Ph.D.  
(New Hyde Park, NY)  
Discussant: Samantha Fingerhut Barrett, M.A.\*  
(Brooklyn, NY)

The uses of psychoanalysis in understanding the lives of children in school will be described, with a focus on the social uses of psychoanalysis as well as more traditional intrapsychic uses. A foundation for the presentation will be an expansive notion of child subjectivity, incorporating historical notions of the influences of colonialism, white supremacy, and gendered and class-based Otherness. The current crusade against social-emotional learning in schools in the U.S. will be addressed and counterpointed with the extraordinary emotional needs of children post-covid. This will lead to an invitation to examine the question of how psychoanalysts might develop policies and practices to protect children's well-being in such circumstances.

After attending this session, participants should be able to: 1) List three key emotional needs of children in school post-covid; 2) Identify three steps psychoanalysts can take to counter the anti-emotion discourse that is being advanced to restrict emotional possibilities for children. **CE: 2**

## **DISCUSSION GROUP 46: UNDERSTANDING PRIMITIVE MENTAL STATES AND THE NATURE OF THE OBJECT RELATIONSHIP**

Chair &  
Discussant: Lynne M. Zeavin, Psy.D. (New York, NY)  
Presenters: Kay Long, Ph.D. (New Haven, CT)  
Shelley Rockwell, Ph.D. (Washington, DC)  
Discussant: Lindsay L. Clarkson, M.D. (Dorset, VT)

Kleinian theory has been underrepresented in many psychoanalytic institutes across the country while at the same time many of its ideas are in wide usage. This has led to a misunderstanding of many basic Kleinian ideas. This discussion group will have one of the co-leaders present clinical materials that the other co-leaders will discuss, drawing out particular Kleinian concepts that are manifest in the material such as projective identification and the nature of the object relationships that inform

the transference. The aim of this discussion group will be to deepen the theoretical understanding of clinical material and the analyst's interventions—what guides them or interferes with making them. There will be ample time for discussion among group participants.

After attending this session, participants should be able to: 1) Describe the role of projective identification as unconscious communication and its effect on the analyst; 2) Utilize the Kleinian model of transference interpretations to refocus interventions on what is happening in the present moment of the session. **CE: 2**

**4:30 P.M. – 6:30 P.M.**

## **TWO-DAY CLINICAL WORKSHOP #1: ANALYTIC PROCESS AND TECHNIQUE (PART 2)** **CE: 2**

## **TWO-DAY CLINICAL WORKSHOP #2: ANALYTIC PROCESS AND TECHNIQUE (PART 2)** **CE: 2**

## **TWO-DAY CLINICAL WORKSHOP #3: ANALYTIC PROCESS AND TECHNIQUE (PART 2)** **CE: 2**

## **TWO-DAY CLINICAL WORKSHOP #4: PSYCHOANALYTIC PSYCHOTHERAPY (PART 2)** **CE: 2**

## **DISCUSSION GROUP 47: PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS**

Chair: Richard P. Kluff, M.D., Ph.D.  
(Bala Cynwyd, PA)

Co-chair &  
Discussant: Ira Brenner, M.D. (Bala Cynwyd, PA)

This session is designed to assist psychoanalytic practitioners treating or motivated to treat patients suffering severe dissociative disorders. Its topics address two main areas of concern: 1) clarifying the meanings of psychoanalytic concepts and explaining the application of psychoanalytic approaches when addressing a patient population divergent from the usual range of psychoanalytic patients; and 2) presenting a new six-fold classification of dissociative defenses and how it can be understood and utilized within a psychoanalytic paradigm. The presentation and discussion of verbatim materials demonstrating the identification and treatment of

THURSDAY

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

dissociative defenses and structures will provide practical experience translating these therapeutic concepts into clinical interventions. Both faculty members have over thirty years' experience in treating and researching dissociative patients and are widely published in this field.

After attending this session, participants should be able to: 1) Create interventions that address both the patient as a whole person and the diverse self-states constituting the patient's system of alters; 2) Assess manifestations of six levels of dissociative defense and design interventions to address them. **CE: 2**

### DISCUSSION GROUP 48: TREATING THE SUICIDAL PATIENT

Chair: Mark J. Goldblatt, M.D. (Cambridge, MA)  
Presenter: Alison C. Phillips, M.D. (Wellesley, MA)  
Discussants: Benjamin J. Herbstman, M.D., M.H.S. (Cambridge, MA)  
Elsa Ronningstam, Ph.D. (Belmont, MA)  
Mark A. Schechter, M.D.\* (Needham, MA)

This discussion group is targeted at clinicians involved in the psychoanalytic treatment of suicidal patients and psychoanalysts interested in understanding the suicidal mind. The presentation focuses on understanding and treating suicidal states. The case presentation and discussion of the material as the educational method allow participants to learn about suicidal states and therapeutic interventions. The discussion of the detailed case description of the suicidal patient's subjective state and the response to the analyst's interventions will inform attendees of the current understanding of the field today. The presenter and discussants are all experienced psychoanalysts with expertise in treating suicidal and self-destructive people and have participated in this Discussion Group for several years.

After attending this session, participants should be able to: 1) Explain the distress that accompanies a suicidal state of mind; 2) Apply therapeutic interventions that contribute to deepening engagement and suicide preventing in contrast to actions that are experienced as aversive and suicide inviting. **CE: 2**

### DISCUSSION GROUP 49:

#### THE BODY IN OUR CONTEMPORARY WORLD: THE MIND IN NEED AND DESIRE: A PRESENTATION ON DRIVE THEORY

Chair: Vaia Tsolas, Ph.D. (New York, NY)  
Presenter: Cordelia Schmidt-Hellerau, Ph.D. (Chestnut Hill, MA)

Clinical Presentation: Andjela Samardzic, M.A.\* (Zurich, Switzerland)  
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)

Dr. Cordelia Schmidt-Hellerau will present basic outlines of clinical applications of her revised psychoanalytic drive theory. She will address psychoanalysts whose training and practice might benefit from increased knowledge of a Freudian clinical approach. She will explain the importance of self- and object-preservation and shed light on the function of aggression. The second presenter's case will offer opportunities to observe supervision in vivo and to discuss the usefulness of these concepts in understanding mental processes. Cordelia Schmidt-Hellerau Ph.D. is a Training and Supervising Analyst and at the Faculty of the Boston Psychoanalytic Society and Institute and the Swiss Psychoanalytic Society. Her 2018 publication of *Driven to Survive* at IPBooks was a finalist of the American Board & Academy of Psychoanalysis Book Prize.

After attending this session, participants should be able to: 1) Demonstrate clinically how Freud's drive theory model and in specific the preservative drives applies to clinical presentations of conflicts between need and desire; 2) Utilize a model of the aggressive drive in relation to preservation as part of assessment and treatment. **CE: 2**

### DISCUSSION GROUP 50:

#### WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)  
Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)  
Mark Moore, Ph.D. (Philadelphia, PA)  
Jonathan Palmer, M.D. (Newton, MA)  
Harvey J. Schwartz, M.D. (Philadelphia, PA)  
Peggy E. Warren, M.D. (Boston, MA)  
Presenter: Michelle Paley, M.D. (Miami Beach, FL)

***This Discussion Group is related to the Committee Sponsored Workshop #2 on Teaching About Analytic Case Writing, Thursday, 11:30 p.m. - 1:30 p.m.***

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst's reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes. It is led by analysts who have had significant experience in teaching about clinical writing. Dr. Michelle Paley, an analyst from the Florida Psychoanalytic Center will present an interesting analytic process, and the process of writing about it in a case report.

After attending this session, participants should be able to: 1) Compile and write about the analyst's work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account.

**CE: 2**

### **DISCUSSION GROUP 51: JAMES JOYCE'S ULYSSES AND PSYCHOANALYSIS**

Co-chairs: Steven S. Rolfe, M.D. (Bryn Mawr, PA)  
Paul Schwaber, Ph.D. (Hamden, CT)

"Ulysses" by means of characterizations that in context makes real and credible the inner lives of fictive persons and provides, through artistic form and aesthetic experience, what scientific case studies cannot manage, for it portrays minds in action, the specificity, rhythms, ideas, association, feelings, and recurrences that distinguish and, in the clinical situation, reveal distinct persons. In doing this it offers occasion for showing by extrapolation how an analyst listens and ponders, that is follows along, notices things, and reflects about a person who is saying whatever comes to mind or trying to. This year's reading: "Ulysses: First half, Chapter 15 "Circe" pp350-428 Gabler Edition, Random House. Supplemental reading: "The Argument of Ulysses" Stanley Sultan.

After attending this session, participants should be able to: 1) Discuss the role of fantasy life and irrational thought processes; 2) Explain the role and characteristics of the superego in a patient's mental functioning. **CE: 2**

### **DISCUSSION GROUP 52: PSYCHOANALYTIC APPROACHES TO THE SERIOUSLY DISTURBED PATIENT**

Chair: Marlene Kocan, Ph.D. (Columbus OH)  
Co-chair: Peter Kotcher, M.D. (Delaware, OH)  
Discussant: Shabnam Shakibaie Smith, M.D.\*  
(New York, NY)

This presentation will be useful to psychoanalytic clinicians who treat patients with serious psychopathology including psychosis and addictive disorders. A detailed case presentation will address diagnosis, rationale for using psychodynamic techniques including timing and choice of supportive and exploratory interventions, treatment strategies, changes in treatment strategy over the course of a lengthy treatment, and the utilization of transference and countertransference to deepen the understanding of the patient's psychopathology and to allow the analyst to formulate interventions based on that understanding. Attendees will ask questions which will allow the presenter and chairs to elucidate the treatment strategy and process. The co-chairs and presenter have extensive experience working with seriously disturbed patients.

After attending this session, participants should be able to: 1) Use emotional reactions to deepen the perception of a patient's experience; 2) Assess when to use supportive or expressive interventions based on the nature of the patient's defensive structure and core psychopathology. **CE: 2**

### **DISCUSSION GROUP 53: CONFLICTING SUBJECTIVITIES AND SELF INTERESTS OF THE PATIENT AND ANALYST**

Co-chairs &  
Discussants: Margaret Crastnopol, Ph.D. (Seattle, WA)  
Irwin Hirsch, Ph.D.\* (New York, NY)  
Presenter: Donnel Stern, Ph.D. (New York, NY)

A strong influence on the professional functioning is the clinician's many-layered desire to be a "good analyst" and get observably positive results in the treatment setting. This countertransferential element, while understandable and well-intentioned, can constrict the relational field in ways that end up sabotaging the overall aim of the analytic endeavor. Presenter Dr. Donnel Stern, well-known for his work on unformulated experience and much more, will discuss a striking clinical instance of this phenomenon. He will offer a compelling theoretical context for understanding the damage such an attitude can do. Recommendations will be offered for identifying the analyst's unconscious

THURSDAY

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

commitment to being “good” and “effective,” and ways to grapple with this tendency will be explored through extensive dialogue with the co-participants.

After attending this session, participants should be able to: 1) Identify how a “good analyst” attempt to shore up a treatment’s boundaries can backfire and analytic strategies to prevent this; 2) Summarize Dr. Donnel Stern’s therapeutic goal of promoting freedom within the relational field and how it promotes analytic effectiveness. **CE: 2**

### **DISCUSSION GROUP 54:** PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY OF PATIENTS WITH CANCER: DEATH ANXIETY AND CANCER, HELP FOR THE CLINICIAN

Chair: Norman Straker, M.D. (New York, NY)  
Presenter: Linda Emanuel, M.D., Ph.D. (Lincoln, MA)

This session will review notions of a good death that undergird palliative medicine, including existential maturity. It will present models of existential maturity, reflecting on it as a personality type, developmental capacity, or state of mind. It will describe analytic content observed as analysts engage with mortality and consider analytic technique relevant to patients’ existential maturity.

After attending this session, participants should be able to: 1) Discuss the aspects of a good death that undergird palliative medicine including existential maturity; 2) Demonstrate models of existential maturity as personality type, developmental capacity or state of mind. **CE: 2**

### **DISCUSSION GROUP 55:** PSYCHOANALYTIC PERSPECTIVES ON OPERA: ORFEO ED EURIDICE

Co-chairs: Ralph Beaumont, M.D. (Portland, OR)  
Lynn Buell, MSSW (Seattle, WA)  
Presenters: Catherine Mallouh, M.D. (San Francisco, CA)  
John Muller, M.Phil.\* (New York, NY)

The myth of Orpheus is depicted in this opera, and it will be explored from a psychoanalytic perspective, including the dynamics of romantic love and loss, as exemplified in Freud’s writings on mourning and melancholia, and later elaborations on these issues in more recent literature. In particular the musical and dramatic expression of vicissitudes of loss will be explored. Comparisons with clinical situations

will be explored, and this will lead to consideration of gaps in clinical teaching on this topic.

After attending this session, participants should be able to: 1) Compare intrapsychic processing of loss in ways that suggest formulations connected with non-pathological mourning with pathological melancholia or depression; 2) Analyze the dynamics of loss in terms consistent with Freud’s notions of mourning and melancholia, and the dynamic concept of intrapsychic processing of loss. **CE: 2**

### **DISCUSSION GROUP 56:** FINDING UNCONSCIOUS FANTASY IN TRAUMA AND BODY PAIN

Chairs: Paula L. Ellman, Ph.D., ABPP, (Rockville, MD)  
Nancy R. Goodman, Ph.D.\* (Bethesda, MD)

Presenter: Francis Grier, M.A. Oxon.\*, (London, England)

The content of the presentation is directed to clinicians to increase their capacity to listen to patterns of thinking related to unconscious fantasies. The discussion group focuses on clinical process presented by a senior analyst and discussed by the session Chairs and the session attendees. The presentation is directed to the clinical practice of working with patients who suffer with body pain and/or histories of trauma. The presenter and discussants have written and presented in the areas of trauma, body pain, and unconscious fantasy and offer a deepening of working with unconscious fantasy in trauma and body pain patients.

After attending this session, participants should be able to: 1) Identify traumatic affects and patterns of thinking in the clinical material related to unconscious fantasies; 2) Use transference/countertransference to access the unconscious beliefs affecting patients’ perceptions and experience. **CE: 2**

### **DISCUSSION GROUP 57:** PSYCHOANALYSIS ACROSS THE DISCIPLINES: FORMS OF HATRED IN CONTEMPORARY CULTURE: PASSIVITY AND SADOMASOCHISM

Chair: Vera J. Camden, Ph.D.  
(Cleveland Heights, OH)

Presenters: Lynn Chancer, Ph.D.\* (New York, NY)  
Jeremy Elkins, Ph.D. (Ardmore, PA)

Hate and its expression have always been present in public life. But is there something distinctive about the particular forms of hate that have become a regular feature of contemporary public discourse? If so, what is it? And what are the psycho-social



# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

conditions that give rise to these contemporary forms of public hate? This panel offers two perspectives on these questions. Drawing on Winnicott, Freud, and Klein, Jeremy Elkins discusses hate as a response to the particular conditions of *passivity* that characterize contemporary social life. In her presentation, Lynn Chancer turns to the insights of Erich Fromm to examine the *sadomasochistic* aspects of contemporary social relations and what may distinguish current forms of dominant/subordinate relationships in the post-Trump era from other historical contexts.

The Undergraduate Essay Prize and Courage to Dream Book Prize will be presented at this session.

After attending this session, participants should be able to: 1) Discuss hate as a response to the particular conditions of passivity that characterize contemporary social life; 2) Compare current forms of dominant/subordinate relationships in the post-Trump era from other historical contexts. **CE: 2**

### **DISCUSSION GROUP 58: INTERPRETATION PROCESS AND TECHNIQUE IN THE USE OF PLAY IN THE ANALYSIS OF PREOEDIPAL CHILDREN**

Co-Chair & Presenter: Susan P. Sherkow, M.D. (New York, NY)

Co-chair & Discussant: Alexandra Harrison, M.D. (Cambridge, MA)

This discussion group will consider the theory and technique of analytic work with pre-oedipal children, with an emphasis on close examination of the process. Videotaped sessions will be used to show how specific elements of play reflect a child's particular stage of development, with the perspective on what play tells us; in other words: "how to read a child's play." We will be using concepts from object relations theory, separation-individuation theory, attachment theory, and the classic Freudian drive theory with its emphasis on libido, aggression, and psychosexual stages to show the integration of those elements in making formulations about the intrapsychic and interpersonal difficulties of the under-five child.

After attending this session, participants should be able to: 1) List three developmental features of preoedipal children that make play the preferable therapeutic technique; 2) Describe the process of play and special features of play in the clinical setting

which reflect a child's particular developmental capacities. **CE: 2**

## 4:30 P.M. – 7:00 P.M.

### **CLINICAL CONFERENCE 1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSA FELLOWS – ADDRESSING MILITARY-BASED MORAL INJURY IN A GROUP SETTING: FOLLOW-UP**

Chair: Nicole Nehrig, Ph.D.\* (Brooklyn, NY)

Presenter: Sheila B. Frankfurt, Ph.D. (Austin, TX)

Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

Moral injury is a broad construct that describes a constellation of shame- and guilt-based reactions to events involving deep violations of one's sense of right and wrong. Here we follow-up from Dr. Frankfurt's 2022 APsA National Meeting presentation, and present new data from a project to develop a psychodynamically based group therapy treatment manual, for U.S. combat Veterans in the U.S. Veterans Health Administration mental health clinics. Semi-structured case interviews with U.S. Veterans about their moral injuries and their expectations for recovery and repair anchor a discussion of the person-specific meanings and impacts of morally injurious stressors. Initial findings suggest group therapy may facilitate self-understanding and self-organization. The overall goal is to generate intervention strategies to facilitate affective and group-based processing of moral injury narratives.

After attending this session, participants should be able to: 1) Explain the relational dynamic approach to group-based moral injury treatment; 2) Describe and critique intervention strategies for treating moral injury. **CE: 2.5**

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# DAILY SCHEDULE

7:00 P.M. – 9:00 P.M.

## DISCUSSION GROUP 59: PSYCHOANALYSIS AND CHINA: GLOBAL WARMING: EXISTENTIAL CRISIS & PSYCHOANALYTIC TREATMENT

Chair: Elise W. Snyder, M.D. (New York, NY)  
Presenters: Wendy Cuiqin, M.A. (Shanghai, China)  
Linda Emanuel, M.D., Ph.D. (Lincoln, MA)  
Jo-Ann Leavey, N.P., Ed.D., C. Psych.\*  
(London, ON, Canada)  
Karyne E. Messina, Ed.D., FABP  
(Chevy Chase, MD)  
Katherine M. Williams, Ph.D., LCSW  
(Chicago, IL)  
Jane Xu, B.A. (Shanghai, China)

Discussant: Robert M. Gordon, Ph.D., ABPP (Osprey, FL)

How do patients in China and the West deal (or not deal) with the climate crisis and how do the treaters deal (or not deal) with these issues? Dr. Elise Snyder has traveled to China many times and has supervised the training of Chinese therapists for many years. Two of the presenters are practicing in China, and three presenters are Western practitioners who all have expertise in how the climate crisis is affecting mental health.

After attending this session, participants should be able to: 1) List the concerns that patients might have due to the stresses of climate change; 2) Apply interventions to help patients deal with the stresses of climate change. **CE: 2**

7:00 P.M. – 9:00 P.M.



## SOCIAL EVENT: JOINT CANDIDATES' COUNCIL/IPSO WINTER PARTY

Location: Faces & Names Midtown Bar and Lounge  
159 West 54th Street New York, NY

Cost: \$80 (includes food, drinks, music, and camaraderie)

Questions: Sumru Tufekcioglu, Ph.D., President of the Candidates' Council email: [st.ny@mac.com](mailto:st.ny@mac.com)

APSA's Candidates' Council and the International Psychoanalytical Studies Organization (IPSO) are happy to invite you to the annual Winter Party. Join your fellow candidates, APSA fellows, graduate students, and other trainees from 7:00 p.m.-9:00 p.m. at Faces & Names Midtown Bar and Lounge half a block from the hotel. Faces & Names is a cozy neighborhood bar with a relaxed

and fun atmosphere that has become a classic at this neighborhood for the last 35 years. Enjoy conversation, food, drinks, music, and the chance to see friends, old and new, from across the country and around the world.

*Advanced registration was required.*

## FRIDAY, FEBRUARY 3

9:30 A.M. – 11:15 A.M.

### PLENARY ADDRESS AND PRESENTATION OF AWARDS

#### Lee Jaffe Candidates' Council Psychoanalytic Paper Prize

**Louella Dias, Ph.D.**

(Pittsburgh Psychoanalytic Center)

Title: "Maternal Eros Through a Phenomenological, Psychoanalytic, and Cultural Lens"

Semi-Finalist: **Matt Shatzman, M.A., L.P.C.**

(Saint Louis Psychoanalytic Institute)

Title: "The Total Training Situation: Dimensions of Candidacy that Potentiate Analytic Process"

#### The Ralph Roughton Paper Award

**Christina Nadler, Ph.D., L.P.**

"Creative Bodies: Thinking Queerly about Queer Baby-Making"

#### JAPA New Author Prize

**John Dall'Aglio, Ph.D. Candidate**

"Sex and Prediction Error, Parts 1-3"  
(69/4, pp. 693-765)

#### JAPA Paper Prize

**Alan Bass, Ph.D.**

**Dorothy E. Holmes, Ph.D., ABPP, FABP**

**Peter J. Loewenberg, Ph.D.**

**Donald B. Moss, M.D.**

**Jyoti M. Rao, M.F.T.**

**Beverly J. Stoute, M.D.**

"Psychoanalysis, Race, and Racism"  
(69/2)

# DAILY SCHEDULE

## 9:30 A.M. – 11:15 A.M. continued

Chair: Kerry J. Sulkowicz, M.D. (New York, NY)  
Introducer: Kenneth Eisold, Ph.D. (New York, NY)  
Speaker: William C. Glover, Ph.D. (Berkeley, CA)  
Title: “Reflections on Psychoanalysis as a Profession”



The important role of professional organizations of psychoanalysts and psychoanalytic psychotherapists is under-recognized and under-theorized. This plenary address by the immediate

Past-President of APsA will review the history, current status, and future of psychoanalysis through the lens of the sociology of the professions and related fields. Problematics of inclusion are a primary concern of professions, and this lecture will provide participants with new perspectives on psychoanalytic organizations, their strengths, weaknesses, and possibilities for the future.

After attending this session, participants should be able to: 1) Analyze psychoanalytic and psychoanalytic psychotherapist professional organizations using the sociology of professions to assess strengths, weaknesses, and improved patient care; 2) Describe the problematics of inclusion in the production of psychoanalytic knowledge and the production of producers of that knowledge. **CE: 1.25**

## 11:15 A.M. – 4:00 P.M.

### **POSTER SESSION: RESEARCH RELEVANT TO THEORY AND PRACTICE IN PSYCHOANALYSIS**

Co-chairs: Jonah Teitelbaum, Ph.D. (Brooklyn, NY)  
Yoav Shimoni, Psy.D.\* (Haifa, Israel)

The American Psychoanalytic Association sponsors this annual research poster session designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields.

1. **“The Relationship Between Malignant Self-regard and Internalizing and Externalizing Spectrum of Pathology in an Outpatient Cardiology Sample”**  
Submitted by: Nida Khan, DO  
Greg Haggerty, Ph.D.
2. **“The Relationship Between Malignant Self-regard and Self-reported Perceptions of Social Support”**  
Submitted by: Ryan Berry, M.D.  
Greg Haggerty, Ph.D.
3. **“The Relationship Between Malignant Self-regard and Patient Reported Physical Health and Treatment Adherence”**  
Submitted by: John Jofti, M.D., J.D.  
Greg Haggerty, Ph.D.
4. **“The Relationship Between Malignant Self-regard and Psychopathology Scales of the SPECTA”**  
Submitted by: Sujith Maracheril, M.D.  
Greg Haggerty, Ph.D.
5. **“Forms of Sadness and Borderline Personality Disorder Traits”**  
Submitted by: Serge Lecours, Ph.D.  
Catherine Allard-Chapais, Ph.D.  
Gabrielle Riopel, Ph.D. cand.
6. **“What Would Freud Do...today? – Assessing the Effectiveness of a Curriculum Designed to Introduce the Modern Psychiatry Resident to Sigmund Freud.”**  
Submitted by: Himanshu Agrawal MBBS, DF-APA
7. **“Appealing Attributes, Appalling Obstacles, and Ideas on Increasing Interest in Psychoanalytic Training: Findings from a 2022 National Survey of Prospective Candidates”**  
Submitted by: Nicholas D. Flier, M.A., L.P.C.  
Himanshu Agrawal MBBS, DF-APA  
Yukino Strong
8. **“Managing Countertransference with the “Hateful Patient”: Substance Use and Borderline Personality in the Emergency Department”**  
Submitted by: Giselle Appel, M.S.  
Richard Hersh, M.D.  
Jonathan D. Avery, M.D.  
Bernadine Han, M.D., M.S.

# DAILY SCHEDULE

## 11:15 A.M. – 4:00 P.M. continued

- 9. “Borderline Personality Disorder (BPD) Traits & Boredom Proneness: Effects on Life Meaningfulness”**  
Submitted by: Alexandra C. Romano, M.A.  
Kevin Meehan, Ph.D.
- 10. “Examining the Feasibility and Validity of PDM-2 Ratings in a Sample of Patients Diagnosed with Borderline Personality Disorder”**  
Submitted by: Julia R. Solomon, B.A.  
Nicole M. Cain, Ph.D.
- 11. “Distortions of Self and Agency in Lived Experience of Domestic Abuse”**  
Submitted by: Courtney L. Crooks, Ph.D.
- 12. “The Risks of Meditation: A Psychoanalytic Perspective Combining Existing Research”**  
Submitted by: John Wepner, M.A.
- 13. “Applying Dynamic Systems Theory to Delineate Common Microprocesses in Psychodynamic Psychotherapy”**  
Submitted by: Xiaochen Luo, Ph.D.  
Tracy Ng, B.A.  
Jinqiu Wang, B.A.
- 14. “The Relationship Between Malignant Self-regard and Self-reported Ratings of Anger and Aggression in a Cardiology Patient Sample”**  
Submitted by: Robert Wilson, M.D.  
Greg Haggerty, Ph.D.

*Note: This session does not offer Continuing Education Credit.*

## 11:30 A.M. – 1:30 P.M.

### THE LEE JAFFE CANDIDATES’ COUNCIL PSYCHOANALYTIC PAPER PRIZE PRESENTATION

**TITLE: “MATERNAL EROS THROUGH A PHENOMENOLOGICAL, PSYCHOANALYTIC, AND CULTURAL LENS”**

Chair: April Crofut, M.D. (Portland, OR)

Presenter: Louella Dias, Ph.D. (Pittsburgh, PA)

Discussant: Aisha Abbasi, M.D. (West Bloomfield, MI)

The Candidates’ Council Psychoanalytic Paper Prize is an annual competition for APsA candidate members. The winning papers are selected based on a blind peer review process with candidates serving

as readers and judges. In this session, the 2023 prize winner Louella Dias, PhD will present her paper titled “Maternal Eros: Through a Phenomenological, Psychoanalytic, and Cultural Lens”. The paper draws upon concepts from Merleau-Ponty, Laplanche, and Kristeva to understand the clinical emergence and use of maternal erotic forces within a shared South Asian cultural background. Senior analyst, Aisha Abbasi, MD, will serve as discussant and comment on these themes as well as the process of psychoanalytic writing. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Utilize concepts from source material to identify key clinical moments and link clinical experience with theory in a psychoanalytic paper; 2) Discuss the concepts of Maternal Eros from Merleau-Ponty, Laplanche’s Fundamental Anthropological Situation, and Kristeva’s concept of Reliance in the clinical emergence and use of maternal erotic forces within a shared South Asian cultural background. **CE: 2**

### COMMITTEE SPONSORED WORKSHOP #7: CLASSROOM TEACHING: TEACHING REFORM, A CALL TO ACTION: TEACHING REFORM: THE DALLAS EXPERIENCE AS A MODEL

Chair: Gerald A. Melchiodi, M.D. (Ann Arbor, MI)

Presenter: Lorie Ammon, M.A. (Dallas, TX)

The workshop is for current and future teachers of psychoanalysis and presents a new way of inspiring teaching in every institute. It describes a model used in Dallas in which a workshop on effective seminar teaching is followed by regular teacher support group meetings to reinforce a new more effective method of teaching. Lorie Ammon who has expertise in group dynamics will describe the teacher group support experiences. The purpose of the workshop is to encourage the establishment of Teaching and Learning Centers in all institutes.

After attending this session, participants should be able to: 1) Compare existing teaching effectiveness with methods that orient students to seminar learning; 2) Describe effective methods for conducting teacher support groups. **CE: 2**

# DAILY SCHEDULE

**12:00 P.M. – 1:30 P.M.**

**PRESIDENTIAL SYMPOSIUM:  
THE QUESTION OF APPLIED ANALYSIS**

Chair: Kerry J. Sulkowicz, M.D. (New York, NY)  
Presenters: Kimberlyn Leary, Ph.D., ABPP (Cambridge, MA)  
Elizabeth Lunbeck, Ph.D. (Cambridge, MA)  
Steven Marans, Ph.D. (Woodbridge, CT)  
Jeffrey Taxman, M.D. (Mequon, WI)

This session is for attendees interested in non-clinical applications of psychoanalysis. Presenters will speak about their psychoanalytically informed work outside the consulting room in the following areas: Serving as senior vice president at the Urban Institute and on the Intergovernmental Personnel Agreement, working as a Senior Fellow in Equity in the White House Office of Management and Budget; Historian of the Human Sciences, specializing in the history of psychoanalysis, psychiatry, and psychology and their social and cultural contexts; Collaboration between mental health and law enforcement professionals providing collaborative response to children and families exposed to violence and trauma; Working during massive community disasters with police officers, military, federal law enforcement officers, and first responders; Consultant to leaders of organizations in business, academia and the arts. A discussion will take place among the panelists and with the audience about the role of applied analysis in the future of our field.

After attending this session, participants should be able to: 1) Apply psychoanalytic theory to consult in non-clinical activities such as: problems of crime in the inner cities; political negotiation and economic development in government; psychoanalytically informed teaching methodologies in the university setting; psychoanalytic advising to leaders of organizations; 2) Demonstrate the effectiveness and relevance of psychoanalytic theory and develop strategies that apply psychoanalytic practice to areas outside the clinical setting. **CE: 1.5**

**RESEARCH SYMPOSIUM:  
HOW TO LEARN A LANGUAGE – DEVELOPING  
COMPETENCY IN THE CULTURE OF MENTAL  
HEALTH RESEARCH**

Chair: Charles P. Fisher, M.D. (Berkeley, CA)  
Presenter: Barbara Milrod, M.D. (New York, NY)

The field of mental health is in desperate need of new treatments for PTSD, for example to provide

alternatives to exposure therapy, which has much evidence to support it, yet which has serious limitations. Similar concerns apply to some other mental health conditions. How do psychoanalytic psychotherapists design effective treatments and demonstrate their efficacy to contribute to public health? To design effective research proposals and obtain funding to conduct studies that can contribute to mental health care, psychoanalytic researchers need to learn to ask understandable questions and communicate their ideas in culturally competent ways. In this symposium, an experienced psychoanalyst and psychotherapy researcher will outline components of basic research proficiency. Potential applicants for APsA or IPA research funding are encouraged to attend.

After attending this session, participants should be able to: 1) Design and execute credible, scientifically reliable, and reproducible research formulated in language that is culturally competent in the larger world of scientific research beyond the culture of psychoanalysis; 2) Discuss what constitutes research evidence supporting psychoanalytic treatments.

**CE: 1.5**

**2:00 P.M. – 4:00 P.M.**



**DPE RECENT GRADUATES:  
LOOKING FORWARD, LOOKING BACK: SUSTAINING  
VITALITY AS A CLINICIAN AND DEVELOPING AS  
TEACHER, SUPERVISOR, ADMINISTRATOR AND  
SCHOLAR AFTER GRADUATION**

Chair: Gennifer Lane Briggs, LCSW, PA (Miami, FL)  
Presenter: Susan Vaughan, M.D. (New York, NY)  
Discussants: Yael Holoshitz, M.D. (New York, NY)  
Stefanie L. Speanburg, Ph.D., LCSW (Atlanta, GA)

This interactive workshop focuses on the challenges and rewards of the graduate analyst's continuing development as an analytic clinician and the potential to expand one's roles as teacher, supervisor, administrator, and scholar. The period following graduation is particularly salient as the recent graduate makes decisions on allocating personal resources and seeks new opportunities for professional development, crafting one's identity as an analyst. In this workshop, a senior analyst will look back at the choices she made which shaped her development, focusing on her motivations,

FRIDAY

# DAILY SCHEDULE

## 2:00 P.M. – 4:00 P.M. continued

successes, and disappointments and describe how she continues to develop as an analyst. Two recent graduates will present the concerns that have arisen for them since their graduation from analytic training. Open discussion among all attendees is encouraged throughout the session.

After attending this session, participants should be able to: 1) Summarize the challenges that face the recently graduated analyst to keeping their analytic career alive and vital; 2) Plan a strategy for making decisions on allocating personal resources for career development as a postgraduate analyst. **CE: 2**



### DPE CRITICAL THINKING SEMINAR ON DEVELOPING AND SUSTAINING AN ANALYTIC IDENTITY AND PRACTICE

Chair: Wendy Jacobson, M.D. (Atlanta, GA)  
Co-chair: James W. Barron, Ph.D. (Brookline, MA)  
Presenter: Charles E. Baekeland\* (Madrid, Spain)  
Discussant: Lena Theodorou Ehrlich, Psy.D. (Ann Arbor, MI)

Psychoanalytic practice is endangered. Fewer and fewer analysts engage in less and less analysis even though as many patients as ever require intensive help and many analysts long to practice more analysis. This session, while acknowledging external challenges, will focus on the necessity of identifying and processing the internal variables that affect analysts' capacities to develop and sustain the ability to practice analytically. Through a detailed case presentation, the discussion will be of finding analytic patients and maintaining an internal and external setting that fosters the conditions for meaningful and helpful analytic work.

After attending this session, participants should be able to: 1) Identify two internal obstacles to finding analytic patients; 2) Identify two factors that support analysts' ability to sustain an analytic mind and the confidence to practice psychoanalysis post-graduation. **CE: 2**

## PANEL 1: THE QUESTION:

### DO HUMANS REALLY WANT TO SURVIVE?

Chair: Lindsay L. Clarkson, M.D. (Dorset, VT)  
Presenters: W. John Kress, Ph.D.\* (Washington, DC)  
Donald B. Moss, M.D. (New York, NY)  
Moderator: Christopher W.T. Miller, M.D. (Baltimore, MD)

The panel, comprised of two psychoanalysts and an evolutionary biologist, will bring environmental context, clinical material, and psychoanalytic reflection to address the question that arises when we examine modern Western civilization's extreme effects on the earth: Do humans really want to survive? The course of business as usual despite the gravity of human alterations to the environment appears passive but contains active violent elements. The panel will explore the forceful universal presence of a destructive drive, and the effects of hatred of life and creativity, that contrast with more depressive tender and reparative tendencies concerning the planet's well-being. Both neglect of the natural world in psychic reckoning and the intra-psychic effects of the degradation of the environment are relevant for all practitioners.

After attending this session, participants should be able to: 1) Describe the state of mind underlying an attitude of dominance, entitled possession and control toward the natural world and the unconscious anxieties that underlie this position; 2) Describe the forceful self-destructive elements inherent in human treatment of the natural world related to intolerance of the limitations, life and otherness it represents. **CE: 2**

## 2:00 P.M. – 5:00 P.M.

### UNIVERSITY FORUM RACISM IN AMERICA VII: ASIAN IN AMERICA: EXCLUSION, ERASURE, AND THE VIOLENCE OF BEING SEEN

Chair: Beverly J. Stoute, M.D. (Atlanta, GA)  
Presenters: Umi Chong, Psy.D. (Washington, D.C.)  
Erika Lee, Ph.D.\* (Minneapolis, MN)  
Mae Ngai, Ph.D.\* (New York, NY)  
Discussant: Kris Yi, Ph.D., Psy.D.\* (Pasadena CA)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

The contemporary surge of hate crimes and violence against Asian Americans, was sparked

# DAILY SCHEDULE

## 2:00 P.M. – 5:00 P.M. continued

during the COVID-19 pandemic when the President of the United States blamed China for the virus, shocking many Americans. Columbia University Professor Mae Ngai, Co-Director of their Center for the Study of Ethnicity and Race, in her presentation entitled, “Shocking but not Surprising: Origins of Anti-Asian Racism,” will discuss the origins of racism against Asian Americans, emphasizing the political conditions necessary for its production. Professor Erika Lee, Director of the Immigration History Research Center and Chair in Immigration History, University of Minnesota, will present, “Voices from History: Asian American Experiences and Identities,” exploring how Asian Americans and Asian American identities have been shaped by Western colonization of Asia, U.S.-Asian wars, immigration into a country defined by slavery and settler colonialism, xenophobia, racism, and unequal citizenship, but also by civil rights activism. An Asian candidate, Dr. Umi Chong, in her essay, “Remaining to be Seen,” will share her experience in the APsA community. Finally, Dr. Kris Yi, Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis in Los Angeles, as discussant, will lend a psychoanalytic lens and integration to the discussion.

After attending this session, participants should be able to: 1) Identify two examples of how the recent crisis in Asian American violence might impact patients in psychotherapy; 2) Discuss how the residual structures of slavery are re-enacted in our social institutions and impact the acculturation and Asian-Americans’ experiences with racism. **CE: 3**

## 5:30 P.M. – 7:00 P.M.

### THE HOLMES COMMISSION’S JOURNEY TOWARDS RACIAL EQUALITY IN AMERICAN PSYCHOANALYSIS: REFLECTION AND HOPE

Chair: Dorothy E. Holmes, Ph.D., ABPP, FAPB (Bluffton, SC)

Co-chairs: Anton H. Hart, Ph.D. (New York, NY)  
Dionne R. Powell, M.D. (New York, NY)  
Beverly J. Stoute, M.D. (Atlanta, GA)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.*

The work of the Holmes Commission will be summarized in this panel. Systemic racism is

common in psychoanalytic institutions. It is refractory and resistant to shifts in who holds the power to change it. It is devitalizing of institute life and is a cause of young analysts being inactive in institute life and in leaving institutes. It is undergirded by persistent use of primitive defenses. It is possible to reduce systemic racism through intensive examination of it by institutional group processing and by establishment of self-authorizing psychoanalytic collectives determined to achieve racial equality.

After attending this session, participants should be able to: 1) Use race as a necessary lens to assess the psychic functioning in individuals and institute life; 2) Critique psychoanalysis through the lens of racism to address racial enactments and discriminatory gestures in institute life, classes, and supervision. **CE: 1.5**

## SATURDAY, FEBRUARY 4

### 7:30 A.M. – 8:45 A.M.

#### COFFEE WITH A DISTINGUISHED ANALYST: DR. NANCY MCWILLIAMS’ “REFLECTIONS ON THE LEGACY OF THEODOR REIK”

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)

Presenter: Nancy McWilliams, Ph.D. (Lambertville, NJ)

Theodor Reik was important to psychoanalytic history and personally important to Dr. McWilliams. As Freud’s protege, Reik was the first psychologist to write a doctoral thesis on a psychoanalytic topic. His widely popular book published in 1948, “Listening with the Third Ear,” offered an account of the psychoanalytic process that valorized intuition, metaphor, and subjectivity, and acted as an alternative to some rigid versions of technique that were then being taught in mainstream American training institutes. Dr. McWilliams will describe Reik’s influence on her personal life, clinical work, teaching, and professional involvements, and then open the conversation to audience questions.

After attending this session, participants should be able to: 1) Describe Theodor Reik’s contributions to the history of psychoanalytic theory and technique; 2) Discuss some of the psychoanalytic perspectives that were introduced by Reik and have influenced generations of analytic thinkers such as Dr. McWilliams. **CE: 1.25**

FRIDAY

SATURDAY

# DAILY SCHEDULE

9:00 A.M. – 11:00 A.M.

**EXPERIENTIAL PROCESS GROUPS:**  
LIVING IN DIVERSITY AND OTHERNESS: AN  
EXPERIENTIAL PROCESS GROUP EXPERIENCE  
(PART 2) **CE: 2**

*For description and educational objectives see Part I  
on Thursday at 9:00 a.m.*

**PANEL 2: ENTERING NIGHT COUNTRY:**  
LESSONS FROM ORPHEUS

Chairs &

Presenters: Stephanie R. Brody, Psy.D. (Lexington, MA)  
Alan Pollack, M.D. (Newton, MA)

Presenters &

Discussants: Salman Akhtar, M.D. (Haverford, PA)  
Elisa Kuo-Min Cheng, M.D. (Belmont, MA)  
Dionne R. Powell, M.D. (New York, NY)

Death haunts human life. We cope by seeking a tolerable place between denial and terror — or perhaps, another kind of comprehension. Covid, and overlapping existential threats, bring this struggle to the surface. Psychoanalysis believes that truth offers freedom. But how do we look at the truth of death, when our own mortality, and that of those we hold dear, feels intolerable? This panel offers a space to share this dilemma together, clinically and personally. The theme is set by Orpheus, for whom *not* looking was to be the means of undoing the loss of his beloved Eurydice. But this isn't a panel about mythology. The use of Orpheus is merely to follow him into the territory of death and loss, of looking at and simultaneously denying our truth.

After attending this session, participants should be able to: 1) Explain the role of mortality in professional practice; 2) Identify how external factors and one's personal awareness of mortality impact psychoanalytic work. **CE: 2**

9:00 A.M. – 11:30 A.M.

**CLINICAL CONFERENCE 2 FOR RESIDENTS,  
PSYCHOLOGY AND SOCIAL WORK TRAINEES,  
AND STUDENTS, PRESENTED BY APSA  
FELLOWS:**

COMING OF AGE INTO DEFENSES:  
PSYCHOANALYSIS MEETS ANTHROPOLOGY IN  
THE TREATMENT OF YOUNG ADULTS

Chair: Ali Haidar, M.D. (New York, NY)

Presenters: Darja Djordjevic, M.D., Ph.D. (Uniondale, NY)

Susan L. Donner, M.D. (Woodland Hills, CA)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This presentation brings psychoanalytic and anthropological ideas into conversation to better comprehend development, race, sexuality, and gender identity. Anna Freud's theory of defenses, and anthropologist Margaret Mead's work on sexuality in children and adolescents, are applied to two cases of long-term psychotherapy with people in their mid-20s with complex racial and gender identities. Discussion will emphasize the critical importance of child and adolescent developmental experience, as well as sustained attention to sociocultural and historical context, for achieving therapeutic efficacy with young adult patients.

After attending this session, participants should be able to: 1) Assess child and adolescent developmental experience as well as specific sociocultural and historical context when evaluating patients; 2) Apply Anna Freud's theory of defenses and Margaret Mead's ideas about the culturally specific adolescent phase to the treatment of young adult patients. **CE: 2.5**



# DAILY SCHEDULE

9:00 A.M. – 12:00 P.M.



## DPE PSYCHOANALYTIC SCHOLARSHIP FORUM SHOULD FREE ASSOCIATION STILL BE THE BASIC METHOD OF PSYCHOANALYTIC TREATMENT? IMPLICATIONS FOR EDUCATION AND TRAINING

Chair: Erik Gann, M.D. (San Francisco, CA)

Presenters: Barnaby B. Barratt, Ph.D., D.H.S.  
(Johannesburg, South Africa)

Fred Busch, Ph.D. (Chestnut Hill, MA)

Henry Zvi Lothane, M.D. (New York, NY)

This session will address the decreased emphasis on the free association method in current psychoanalytic practice. Presentations by three analysts who have written extensively on the method as the essential technique in clinical work will provide a basis for open discussion with all attendees of the recommendation that the free association method needs to be underscored in student education and training. The impact of the patient's freely associating will be given careful consideration to determine if it provides the *most effective* access to the deepest aspects of an individual's psychic world—and what the implications are of favoring other conceptual orientations to clinical work, such as—counter-transference, reverie, intersubjectivity, co-construction.

After attending this session, participants should be able to: 1) Describe the nature and observable criteria for the presence of free association in the patient's material; 2) Utilize the free association method in work with patients to achieve the deepest and most comprehensive analytic process and results. **CE: 2**

## SCIENCE DEPARTMENT SESSIONS

10:00 A.M. – 12:00 P.M.

### SCIENCE DEPARTMENT SESSION 1: REGULATION FOCUSED PSYCHOTHERAPY FOR CHILDREN (RFP-C): FROM CLINICAL CONSTRUCT TO SYSTEMATIC EMPIRICAL STUDY

Chair: Charles P. Fisher, M.D. (Berkeley, CA)

Presenter: Leon Hoffman, M.D. (New York, NY)

This presentation describes the development of the *Manual of Regulation-Focused Psychotherapy for Children (RFP-C) with Externalizing Behaviors: A Psychodynamic Approach* by Leon Hoffman, Timothy Rice, and Tracy Prout, including the aphorism, “it

is easier to get mad than to feel sad.” The construct of “defense against unpleasant affects” came from Berta Bornstein who resolved the theoretical disputes between Anna Freud and Melanie Klein. Defense analysis became a staple in child analytic training and clinical practice. Contrasts between behavioral approaches and the approach in RFP-C to disruptive behaviors in children are described. Parallels with the neuropsychological concept of Implicit Emotion Regulation are addressed. The clinical utility of the Triangle of Defense is presented along with findings from a Randomized Controlled Trial. Video excerpt is shown.

After attending this session, participants should be able to: 1) Discuss the value of addressing children's defense mechanisms against painful emotions; 2) Apply the Triangle of Defense in clinical work with children. **CE: 2**

2:00 P.M. – 3:15 P.M.

### SCIENCE DEPARTMENT SESSION 2: LONGITUDINAL STUDY OF CHANGE: A CLINICIAN- REPORT STUDY

Chair &

Discussant: Marianne Leuzinger-Bohleber, Ph.D.\*  
(Frankfurt, Germany)

Presenter: John H. Porcerelli, Ph.D., ABPP  
(Bloomfield Hills, MI)

This presentation will describe findings from the Longitudinal Study of Change (LSC; Cogan & Porcerelli, 2016; Porcerelli et al., 2021), a naturalistic, clinician-report study of psychoanalysis of patients with depressive and anxiety disorders. The program will demonstrate how empirical assessment of personality functioning, using instruments like the Shedler-Westen Assessment Procedure (SWAP-200), can aid clinicians in assessing patients in psychoanalysis and can contribute to monitoring progress and treatment outcome. The field of psychoanalysis has very few outcome studies to draw upon to support its effectiveness. The LSC demonstrated that clinicians' use of a standardized measure of personality functioning can be an important source of information in identifying personality predictors of outcome of psychoanalysis, as well as evaluating outcome.

After attending this session, participants should be able to: 1) Describe the strengths of harnessing clinical judgement with reliable and valid clinician rating scales for the assessment of psychoanalysis; 2) Identify the pathological personality features that lessen as a function of psychoanalysis. **CE: 1.25**

SATURDAY

# DAILY SCHEDULE

3:15 P.M. – 4:30 P.M.

## SCIENCE DEPARTMENT SESSION 3: RESEARCH STRATEGIES TO STUDY THE OUTCOME OF PSYCHOANALYSIS

Chair &

Discussant: Marianne Leuzinger-Bohleber, Ph.D.\*  
(Frankfurt, Germany)

Presenter: John H. Porcerelli, Ph.D., ABPP  
(Bloomfield Hills, MI)

Discussants: Jacques P. Barber, Ph.D.\* (Garden City, NY)  
John C. Markowitz, M.D.\* (New York, NY)

The presentation will discuss advantages and disadvantages of various types of outcome studies of psychoanalysis. It will focus on and discuss the methodology, and findings of the study presented in Session #2: Longitudinal Study of Change (LSC; Cogan & Porcerelli, 2016; Porcerelli et al., 2021). The panel of discussants consists of experts in the field of outcome research in psychoanalysis, psychoanalytic psychotherapy, and interpersonal psychotherapy. The chair of the session, the Principal Investigator of the Multi-Level Outcome Study of Psychoanalysis of Chronically Depressed Patients with Early Trauma (MODE), will offer an update on the progress of MODE in addition to moderating the discussion of research strategies.

After attending this session, participants should be able to: 1) Describe two types of research methodologies for studying the outcome of psychoanalysis; 2) Identify two major challenges of trying to study psychoanalysis empirically.

**CE: 1.25**

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP #8: PRACTICE BUILDING TODAY: “MISOGYNY” MISSING IN PSYCHOANALYTIC ACTION? WHERE DO WE GO FROM HERE TO WIDEN THE SCOPE OF ANALYSIS FOR CONTEMPORARY WOMEN AND MEN?

Chair &

Moderator: Susan L. Flinders, Ph.D. (Chelsea, MI)

Presenters: Willa N. France, J.D. (New York)

Karyne E. Messina, Ed.D., FABP  
(Chevy Chase, MD)

Robin Rayford, M.A. (Crisfield, MD)

Sien Rivera, M.D. (Columbia, SC)

This session is focused on practicing Psychoanalysts and Psychoanalytic Psychotherapists and Academics. This is to help each of them to consider

the impact of misogyny within themselves and within their patients or others around them. This will be taught by some experienced and diverse (as related to Gender, Sexuality, Race, Ethnicity, Religion, Psychoanalytic Expertise and Age) psychoanalysts/psychotherapists having a conversation among themselves and with the audience regarding their own consideration of misogyny within themselves and within their patients/colleagues. It is the intent of this session to discuss observations by these diverse presenters of how they have themselves experienced misogyny in Psychoanalytic experiences, including transference and countertransference and other unconscious paradigms of Misogyny outside sessions within the Psychoanalytic Community.

After attending this session, participants should be able to: 1) Explain how Misogyny reveals itself in transference experiences in and outside of session within the Psychoanalytic Community; 2) Explain how Misogyny reveals itself in countertransference experiences in and outside of session within the Psychoanalytic Community. **CE: 2**

12:00 P.M. – 1:30 P.M.

## EDUCATORS SYMPOSIUM:

### WHITE NATIONALIST EXTREMISM AND RADICALIZATION IN YOUTH: RISKS AND REMEDIES

Chair: Ann Marie Sacramone, MS.Ed., LP

Presenter: T. Elijah Hawkes, MS.Ed.\* (Middlesex, VT)

Discussant: Daniel B. Frank, Ph.D. (Chicago, IL)

This session is designed for clinicians and educators who work with adolescents, including adolescents at risk of radicalization within white nationalist ideologies. Educational methods will include a review of recommendations from experts in countering white nationalism in youth; discussion and exchange of clinical and educational approaches to preventing radicalization. The presenter, T. Elijah Hawkes, MS.Ed. is an author and the education advisor to the Polarization and Extremism Research Innovation Lab at American University.

After attending this session, participants should be able to: 1) Predict risk factors for radicalization in youth in contemporary United States; 2) Explain radicalization prevention strategies and models of application in clinical and school settings. **CE: 1.5**

# DAILY SCHEDULE

**12:00 P.M. – 1:30 P.M. continued**

## PSYCHOANALYSIS AND NEUROSCIENCE SYMPOSIUM:

### THE THEORY AND PRACTICE OF PLAY

Chair: Virginia C. Barry, M.D. (Chicago, IL)

Presenters: Phyllis Jean Cath, M.D. (San Francisco, CA)  
Mark Solms, Ph.D. (London, England)

This symposium, directed towards psychoanalytic researchers and practitioners, will explore the clinical implications of understanding the emotional system PLAY. The PLAY emotional system is one of the seven emotional systems originally described by Jaak Panksepp. Professor Mark Solms will describe the PLAY system's role in development, including its function in learning about social relations and cognition. Dr. Phyllis Cath, an experienced child psychoanalyst, will present case material. The two presentations will be followed by a discussion between the participants of how understanding affective and cognitive neuroscience — the PLAY system in particular — can expand our clinical and theoretical approaches.

After attending this session, participants should be able to: 1) Identify the PLAY emotion system's role in development in children and adults; 2) Describe problems that are a function of difficulties in the PLAY emotion system and design interventions to alleviate such difficulties. **CE: 1.5**

**2:00 P.M. – 4:00 P.M.**

## ARTIST/SCHOLAR-IN-RESIDENCE:

### ALICE JONES: MEMOIR, POETRY, AND PSYCHOANALYSIS

Chair: Peter L. Rudnytsky, Ph.D., LCSW (Gainesville, FL)

Co-chair &

Discussant: Madelon Sprengnether, Ph.D. (Minneapolis, MN)

Presenter: Alice A. Jones, M.D. (Berkeley, CA)

In her essay "Listening: Poetry as Depth Perception," Alice Jones draws an analogy between the way poetry moves us verbally and nonverbally and the analytic process. She writes: "Listening between the words, in the silent spaces, involves opening up our own primary process modes, and letting them resonate with another's." This alternation between language and affect mirrors, to some extent, Winnicott's conception of potential space, which he relates to the capacity for creativity. The author of five full-length poetry collections, Jones will read from her work and discuss the relationship between

her writing and her analytic practice. This session will include audience engagement.

*Note: This session does not offer Continuing Education Credit.*

## PANEL 3:

### THE INFLUENCE OF THE SOCIAL UNCONSCIOUS: WHAT IS THE CLINICIAN SUPPOSED TO DO?

Chair: Dwarakanath G. Rao, M.D. (Ann Arbor, MI)

Presenters: Rosemary H. Balsam, M.D. (New Haven, CT)  
Oren Gozlan, C. Psych., ABPP, FIPA (Toronto, Canada)

Alfred S. Margulies, M.D. (Auburndale, MA)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

With our world in turmoil, there is an upsurge of attention to the socio-cultural determinants of unconscious processes, framing impassioned debates about new clinical and conceptual challenges. Psychoanalysis must look deeply within to address these questions: How can we operationalize the unconscious, neutrality, and the analytic stance? How do we approach the challenge of evolving our heightened awareness of the social unconscious with conceptions of transference, countertransference, resistance, neutrality, and enactment? Can we bring the social basis of prejudice into the consulting room while avoiding being prescriptive? If psychoanalytic culture has implicit structural and cultural bias, how may we differentiate our work as culture-bound or culture-neutral? The panel will explore these topics using clinical examples and discussion with the audience.

After attending this session, participants should be able to: 1) Use culture-bound and culture-neutral aspects of theory and technique to assist patients in integrating real-world and internal-world experiences; 2) Utilize the language of transference, countertransference, resistance, neutrality, and enactment to critically integrate the notion of embedded unconscious prejudice. **CE: 2**

# DAILY SCHEDULE

2:00 P.M. – 4:30 P.M.



## IDEA INCUBATION WORKSHOP

Co-chairs: Jaclyn Joyce, D.O. (San Diego, CA)  
Richard Tuch, M.D. (Los Angeles, CA)

Presenters: Iraira Butcher, Psy.D.  
(San Antonio, Panama)  
Steven Razo, Psy.D. (Agoura Hills, CA)

Discussants: Lucy LaFarge, M.D. (New York, NY)  
Kimberlyn Leary, Ph.D., ABPP  
(Cambridge, MA)  
Mitchell D. Wilson, M.D. (Berkeley, CA)

This workshop targets candidates and early career analysts interested in learning how to hone their ideas into a publishable paper. Two presenters will present an idea they have been mulling over that they need help developing. A panel of three discussants-editors of journals and contributors to the literature, will provide ideas aimed at helping the presenters fashion their ideas into a paper.

After attending this session, participants should be able to: 1) Compile ideas that can be elaborated in a publishable contribution to the psychoanalytic literature; 2) Demonstrate the characteristics of a paper that would constitute a novel contribution to the literature. **CE: 2.5**

5:00 P.M. – 6:30 P.M.

## PLENARY ADDRESS AND PRESENTATION OF AWARDS

### Edith Sabshin Teaching Award

#### Fredric N. Busch, M.D.

(Association for Psychoanalytic Medicine (NY))

#### Paul M. Gedo, Ph.D.

(Washington Baltimore Center for Psychoanalysis)

#### Alan J. Levy, Ph.D., LCSW

(Chicago Center for Psychoanalysis)

#### Kendle C. Jenkins, M.S., L.P.C.

(Emory University Psychoanalytic Institute)

#### Jill Ragazzino McElligot, LCSW

(Psychoanalytic Center of Philadelphia)

#### Christopher W.T. Miller, M.D.

(Washington Baltimore Center for Psychoanalysis)

#### Nahaleh Moshtagh, Ph.D.

(William Alanson White Institute of Psychiatry, Psychoanalysis & Psychology)

#### Beverly J. Stoute, M.D.

(Emory University Psychoanalytic Institute)

#### Theresa C. Tisdale, Ph.D., Psy.D.

(Azusa Pacific University)

#### Susan Vaughan, M.D.

(Columbia University Center for Psychoanalysis Training & Research)

### Excellence in Journalism

#### Max C. Cavitch, Ph.D.

Psyche on Campus

Chair: Kerry J. Sulkowicz, M.D. (New York, NY)

Introducer: Mary Margaret McClure, D.M.H.  
(Mill Valley, CA)

Presenter: Peter L. Goldberg, Ph.D. (Albany, CA)

Title: "Transiting: Thoughts on the Cultural and Connective Functions of the Analytic Frame"



This presentation considers analysis less as a refuge, cloistered from the world, than as a source of ways of being in the world – a site of re-acculturation rather than assimilation. Vital to the analytic frame is the way

it induces shared states of psycho-sensory experience and temporality, serving in this way as a connective tissue linking us to collective modes of embodiment and perception. Always embedded in culture, the living frame shifts and evolves constantly. Of particular clinical interest is the individual's way of transiting in and out of analytic states of mind, and how these transitions are induced and conducted through the analyst's embodied participation.

After attending this session, participants should be able to: 1) Describe the deep need for trans-individual connection and the often-violent ensuing struggle over identity in our patients and ourselves; 2) Analyze the role of sensory engagement in the analytic encounter. **CE: 1.25**

# DAILY SCHEDULE

## SUNDAY, FEBRUARY 5

9:00 A.M. – 11:00 A.M.

### PANEL 4:

#### OVERTURNING ROE: ITS AFTERMATH, REPERCUSSIONS, AND MEANINGS

Chair: Lynne M. Zeavin, Psy.D. (New York, NY)  
Presenters: Linda Greenhouse, NYTimes Author,  
Journalist\* (New Haven, CT)  
Tracy Allyson Wilkinson, M.D., M.P.H.\*  
(Indianapolis, IN)  
Lynn M. Paltrow, J.D.\* (New York, NY)

In the wake of the Supreme Court's decision overturning *Roe v. Wade*, many people are stunned, trying to grapple with what this means on both a personal and societal level. It's not only the right to abortion, but a general backlash against women's rights to autonomy and healthcare, and to the freedom to make foundational decisions concerning one's life. What propels such an assault, in the name of "life"? This panel will feature Linda Greenhouse of the NY Times & the author of "Becoming Justice Blackman;" Tracey Allyson Wilkinson, M.D. Professor of Pediatrics, and Lynn M. Paltrow, J.D., who is the Founder and Executive Director of The of National Advocates for Pregnant Women (NAPW) in conversation about these vexing social and psychological issues.

After attending this session, participants should be able to: 1) Describe the implications of the Dobbs decision and the meanings and implications of the overturning of *Roe v. Wade*; 2) Analyze the unconscious meanings of this decision and summarize some of the psychological ramifications for women. **CE: 2**

SUNDAY

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LOCATED ON SECOND FLOOR

## TUESDAY, JANUARY 31, 2023

On-Site Registration Hours: 8:00 a.m. – 4:00 p.m.  
Exhibit Hours: No Exhibits on Tuesday

## WEDNESDAY, FEBRUARY 1, 2023

On-Site Registration Hours: 8:00 a.m. – 7:00 p.m.  
Exhibit Hours: 11:00 a.m. – 5:30 p.m.

## THURSDAY, FEBRUARY 2, 2023

On-Site Registration Hours: 8:00 a.m. – 7:00 p.m.  
Exhibit Hours: 8:00 a.m. – 5:30 p.m.

## FRIDAY, FEBRUARY 3, 2022

On-Site Registration Hours: 8:00 a.m. – 5:00 p.m.  
Exhibit Hours: 11:00 a.m. – 5:30 p.m.

## SATURDAY, FEBRUARY 4, 2022

On-Site Registration Hours: 8:00 a.m. – 5:00 p.m.  
Exhibit Hours: 8:30 a.m. – 5:30 p.m.

## SUNDAY, JUNE 5, 2022

On-Site Registration Hours: 8:00 a.m. – 9:00 a.m.  
Exhibit Hours: No Exhibits on Sunday

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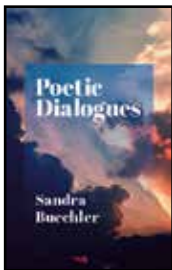
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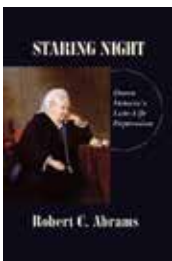
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## Sandra Buechler ***Poetic Dialogues***



Buechler “asks” poets for wisdom about fundamental emotions, like joy, anger, surprise, fear, curiosity, shame, and guilt. She explores the effect of some well-known poems on feelings of hopefulness, inspiration, loss, aging, and regret. She asks some of her favorite poems to “converse” about parenting, loneliness, love, prejudice, and empathy. They dialogue with characters in Shakespeare’s plays, and with each other. She teases out the potential of poems for understanding everyday life experiences. Poetry does not owe its total allegiance to reason, or rules, or pure emotions, or any one realm. It straddles them all. Just as an outsider (to a culture, or a family, or a profession) can sometimes see what insiders fail to register, poetry notices what others miss. It sees the stars in ways that might not occur to astronomers, and it sees human beings in ways that might not occur to other students of human behavior.

## Robert C. Abrams ***Staring Night: Queen Victoria’s Late-Life Depression***



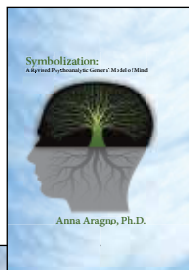
“A fascinating read for historians, psychiatrists, physicians, medical humanities experts and educationalists. It skillfully combines a compelling narrative of Queen Victoria’s depressive illness with a deep understanding of its possible pathophysiological mechanisms. Professor Abrams acts as a ‘modern day sleuth,’ dissecting the historical and private background of Queen Victoria’s life, and in doing so, he differentiates ‘late life depression’ from ‘prolonged complex bereavement disorders’ and ‘complicated grief.’ Analysing the impact of bereavement, trauma, family dynamics, and doctor-patient relationships, Staring Night provides original insight into the complex interplay between ‘growing old’ and ‘mental well-being.’”

—DR. KHALID ALI, Senior Lecturer in Geriatrics, Brighton & Sussex Med. School;  
Aging Research Lead, Kent, Surrey & Sussex Clinical Research Network (UK)

## Anna Aragno (Gradiva Award Winner)

### ***Symbolization: A Revised Psychoanalytic General Model of Mind***

### ***Forms of Knowledge: A Psychoanalytic Study of Human Communication***



These two foundational books, the revisionary ideas of which have spawned countless papers and presentations, have led to international scholarly recognition for the author, a Gradiva award, and most importantly, an esteemed seat for theoretical psychoanalysis at academic conferences and forums.

“Undoubtedly this work will evoke much discussion. It will lead to a re-examination of traditional concepts on the nature of the clinical process. . . and, most important, the nature of therapeutic change. For some, it will be provocative, for all, evocative, but it is a work that a thoughtful and informed . . . practitioner of the clinical process cannot neglect.”

—NORBERT FREEDMAN, PhD on *Symbolization*

“Anna Aragno takes aim at the big questions in psychoanalysis. She provides a way of mapping out the formulation and exposition of a semantic of significant forms with meaning neither tied to nor one with language. Her thoughtful use of data drawn from the supervisory situation and psychoanalysis itself add to the empirical database for her conclusions. Thus she accounts for the many avenues enabling comprehension that have evaded prior description. I delighted in reading this encompassing tract and believe it should be examined and debated within the psychoanalytic community as a project that reopens the discussion about the sources and mechanisms of the process employed in comprehension.”

—THEODORE SHAPIRO, MD on *Forms of Knowledge*

## Irene Willis ***Green Dialogue Poems***



“Anyone who has broken his/her heart by setting it down too hard on the surface of experience again and again will be thankful to the poet for bearing witness to the frailties of the human heart. It will be a thrill for any reader who dares to put her/his heart down and enter this green dialogue Irene Willis has fashioned out of ‘a mouthful of words.’”

—EUGENE MAHON, MD, Training & Supervising Analyst,  
Columbia Psychoanalytic Center for Training & Research

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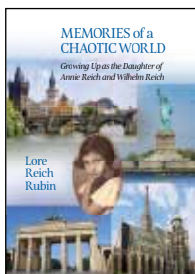
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**Lore Reich-Rubin**

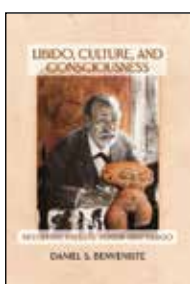
***Memories of a Chaotic World: Growing Up as the Daughter of Annie and Wilhelm Reich***



This introspective memoir brilliantly conveys the author's traumatic childhood growing up as the daughter of two psychoanalysts in the context of major social, intellectual and cultural upheaval of pre-WWII Europe. She depicts navigating the intersecting spheres of the rise of Fascism, the history of radical movements, the professional circles of psychoanalysts, and eventually the adjustment to immigration. She is a fascinating eye-witness to psychoanalytic history. The book ends with healing through new attachments and identity.

**Daniel S. Benveniste**

***Libido, Culture, and Consciousness: Revisiting Freud's Totem and Taboo***



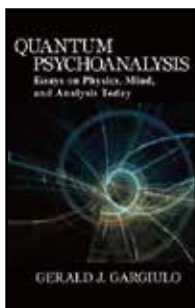
A return to the phylogenetic project of psychoanalysis, in search of analogous relations between psychosexual development, psychopathology, prehistoric cultural evolution, myth, and ritual, toward a unified theory of human development.

"I don't know of anyone in the field of psychoanalysis or anthropology to have written so beautifully and passionately about a vast range of human experiences. This is a book not to be missed."

—THOMAS OGDEN, MD

**Gerald J. Gargiulo**

***Quantum Psychoanalysis: Essays on Physics, Mind, and Analysis Today***

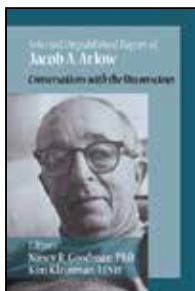


"In these essays Dr Jerry Gargiulo considers psychoanalysis with a rarely encountered depth and breadth. Grounded in his lifelong studies of religion and philosophy, including the philosophy of science, this volume offers an opportunity to grasp the fundamentals of psychoanalytic theory and treatment, from a bird's eye view, through models of understanding as apparently diverse as psychoanalysis and quantum physics. Presented here is the evolving perspective of a contemporary renaissance man that illuminates the trajectory of his quest for a broadly comprehensive psychoanalytic appreciation of human beings."

—ALAN BARNETT, Former Editor, *The Psychoanalytic Review*

***Selected Unpublished Papers of Jacob Arlow:  
Conversations with the Unconscious***

**Edited by Nancy R. Goodman and Kim Kleinman**



"Goodman & Kleinman highlight the path Jacob Arlow forged to help us all have "conversations with the unconscious." The papers themselves are gems of Arlow's thinking about the unconscious fantasy compromise formation, the creative mind and the process of listening, and interpreting in psychoanalysis. These previously unpublished papers add to his already large tome of work and ignite interest in going back to read his published papers. We discover the timelessness of Arlow's profound impact on modern psychoanalytic theory and practice.

Goodman asks that the split so many hold between Kleinian thought and Arlowian thought be mended in order to maintain a concept of a unitary mind full of terrains of unconscious fantasy linked to instinct, trauma, and creativity. She states that our "as/if" divisions between schools of psychoanalysis are defensive against experience of the full brunt of "finding unconscious fantasy."

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The Way  
It  
Ends

Theodore  
Jacobs

**Theodore Jacobs**  
***The Way It Ends***

Could a highly respected, dedicated surgeon of Palestinian origin have been so affected by losses his family suffered in the Israeli-Palestinian wars that he has become radicalized and himself has become a killer? This is the question at the heart of the intriguing new mystery-thriller by Dr. Ted Jacobs.

This exciting novel is a book you won't want to miss.

**Daniel Jacobs**  
***The Distance from Home: A Novel***

I couldn't put down *The Distance from Home*. Dan Jacobs has given us a modern version of Homer's *Odyssey*, with a female protagonist whose restless travels reflect an early traumatic loss. Jacobs combines a skillful capacity for observing and rendering relationships with a psychoanalytic awareness of the inevitable impediments and challenges to reaching "home"—the security of self-knowledge and relatedness.

—RICHARD ALMOND, Psychoanalyst, coauthor of  
*The Therapeutic Narrative: Fictional Relationships  
and The Process of Psychological Change*

---

**Ivan Sherick, PhD**  
***DEVELOPMENT, PSYCHOPATHOLOGY AND TREATMENT TECHNIQUES ACROSS THE LIFE-SPAN:  
A PSYCHOANALYTIC PERSPECTIVE***

Meant for students and professionals. Clinical examples and recommended readings are provided. Dr. Sherick was trained in child/adolescent psychoanalysis at the Hampstead Clinic in London, and later in adult psychoanalysis at the Michigan Psychoanalytic Institute.

---

**Edited by Irene Willis and Jim Haba**  
***What They Bring: The Poetry of Migration and Immigration***

An anthology of poems by outstanding poets of diverse backgrounds (age, gender, race, ethnicity, religion, disability, sexuality, etc.) from the U.S. and elsewhere in the world. While the timeliness of the theme would suggest that its purpose is political, it is only incidentally so. Actually, it has the same aim as psychoanalysis: catharsis through emotional understanding that can lead to transformative change. Although many poets have written about their personal experience as immigrants and that of their parents and grandparents, no single book of poems captures the experience of a diversity of cultures. For this book we have gathered Israeli, Palestinian, African-American, Hungarian, German, Hispanic, Indian, Pakistani, Chinese, Japanese, Native American, Jewish, Christian, Muslim. The poems reveal a range of experiences, from welcoming to hostile.

---

**Arnold D. Richards**  
***The World of Psychoanalysis and Psychoanalysts: Selected Papers, Volume 5***

Arnold Richards offers a rich and remarkable range of perspectives regarding the evolution of clinical and theoretical knowledge offered by psychoanalysis. He offers his unique approach to Freud's concepts of unconscious process and dream work. Using his appreciation of conflict theory, he respectfully engages other theoretical models. This collection includes discussion of his work teaching psychoanalysis in China, and concludes with a warm "Letter to a Candidate."

—MERLE MOLOFSKY, NCPsyA, LP



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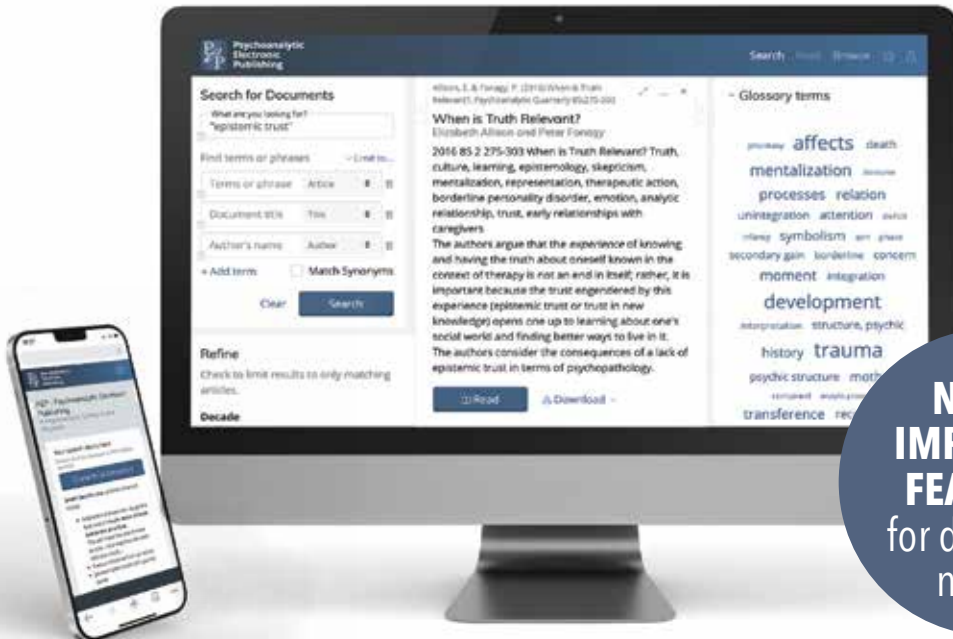
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