

VIRTUAL

APsAA
A M E R I C A N
P S Y C H O A N A L Y T I C
A S S O C I A T I O N

2021 NATIONAL MEETING

FEB 12-14 | FEB 20-21 | FEB 27-28

on the street...

in the office...

psychoanalysis now.

FINAL PROGRAM

2021 NATIONAL MEETING

WEEKEND 1: Feb 12-14



welcome

OPEN VIRTUAL SESSIONS THROUGHOUT THE DAY

POSTER SESSION

The 2021 Poster Session will be offered as a virtual gallery. Conference attendees will be able to independently view the posters throughout the conference and engage with poster presenters in real-time during two virtual chat sessions on **Saturday February 13** from **5:00-6:00 p.m. ET** and **Saturday February 20** from **1:00-2:00 p.m. ET**.

Presenters will list the dates they are available to chat as a part of their poster listing on the main Gallery page. During these sessions, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page.

This poster session is designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields.

This is the 20th annual poster session at the APsaA National Meeting.

HALLWAY/"MEET AT THE CLOCK"

In keeping with the spirit of APsaA's Waldorf days where attendees would run into colleagues in the hallway or meet a friend at the clock, APsaA will have a Zoom room where participants can meet up with old and new friends throughout the day, have lunch together and network.

Programming is in Zoom format:  MEETING  MEETING WITH BREAKOUT ROOMS  WEBINAR

Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary or legal action or both.

FRIDAY, FEBRUARY 12, 2021

All sessions are live and listed in Eastern Time

12:00 P.M. – 2:00 P.M. ET



PLENARY 1: UNIVERSITY FORUM: RACISM IN AMERICA V: ARE WE READY TO INTERROGATE WHITENESS?

Chair: Beverly J. Stoute, M.D. (Atlanta, GA)
Host: Amber Nemeth, Ph.D. (New York, NY)
Presenters: Carol Anderson, Ph.D.* (Atlanta, GA)
Jonathan Michel Metz, M.D., Ph.D.*
(Ann Arbor, MI)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This session will expand the vital discussion of racism in America to address the historical and political context of white reaction and white resentment. NY Times bestselling author and historian, Dr. Carol Anderson, will present, "WHITE RAGE: Its Impact on American Democracy." Dr. Jonathan Metz will explore the history of white racial resentment in the U.S., discuss strategies for addressing it in constructive ways, and address the challenge of combating these politics, and the underlying anxieties and biases in post-election pandemic America. Utilizing these historical perspectives, this session will interrogate and integrate the impact of Whiteness as an identity and as a social construct on the discourse on racism in America.

After attending this session, participants should be able to: 1) Define whiteness as a social construct and explain three examples of its impact on individual and collective feelings of racial resentment; 2) Discuss strategies for addressing the history of white racial resentment in the U.S. in constructive, engaged, and effective ways. **CEC 2**

2:00 P.M. – 3:00 P.M. ET



LUNCH BREAK: WELCOME COMMITTEE MEETS WITH FIRST TIMERS

For those attending the meetings for the very first time join APsA staff, Welcome Committee members

and other first timers at this informal gathering. Our goal is for you learn more about the association, how to get involved and to chat with leadership, staff and other attendees. Questions? Email Carolyn Gatto, Scientific Program and Meetings Director, cgatto@apsa.org.

2:15 P.M. – 2:30 P.M. ET



STRETCHING WITH ELIZABETH MANNE

Relax for 15 minutes during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive Director of the Washington Baltimore Center for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for six of the twelve years she has been practicing. She currently teaches on weekends. Elizabeth's stretching class was very popular at last year's meeting!

3:00 P.M. – 5:00 P.M. ET



SPECIAL SESSION 1: CHILDREN AS COLLATERAL DAMAGE IN POLITICAL WARS

Chair: Linda C. Mayes, M.D.* (New Haven, CT)
Host: Susan L. Donner, M.D. (Woodland Hills, CA)
Presenter: Kristen Hennessy, Ph.D.* (Huntingdon, PA)
Gilbert W. Kliman, M.D. (San Francisco, CA)
Kathryn McCormick, M.A., LMFT, CMHS
(Seattle, WA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The COVID-19 crisis has drawn attention to the impact of the external world on children. Targeting all psychoanalysts, this session will focus on the psychic reality of children under siege in 3 different communities as expressed through their detailed clinical work with child analysts. Dr. Kliman is an esteemed child analyst and forensic psychiatrist who has been at the forefront of exposing the trauma of asylum seeking immigrant children separated for political purposes. Dr. Hennessey is a Lacanian clinician who works with children in foster care in a rural and impoverished community in Central Pennsylvania. Kathryn McCormick is a child analyst and an advanced adult analytic candidate who works with children in a minority community with a strong cultural tradition in Washington State.

continued

3:00 P.M. – 5:00 P.M. ET continued

After attending this session, participants should be able to: 1) Describe the effects of political oppression as they appear in the dreams, fantasies, and play of child patients; 2) Discuss the impact of chronic trauma and disruption of caregiving on children's development and long-term physical and psychological health. **CEC 2**



SPECIAL SESSION 2: ONE DAY CLINICAL WORKSHOP WITH LESLEY CALDWELL, PH.D.

Chair: Irene Cairo, M.D. (New York, NY)
Host: Amber Nemeth, Ph.D. (New York, NY)
Presenter: Catherine Kimble, M.D. (Lexington, MA)
Discussant: Lesley Caldwell, Ph.D.* (London, England)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

The group is targeted to experienced clinicians. The activity is geared to permit an improved discrimination between different but related object relations schools, most specifically increased knowledge of Winnicott's ideas. The discussant Lesley Caldwell is exceptionally qualified for the group's objectives, having been Editor and Trustee for the Winnicott Trust (2002-2016), the Joint general Editor of the Collected works of Winnicott, winner of the American Board and Academy of Psychoanalysis book prize (2017), the Director of the Squiggle Foundation (2000-2003) and Editor of its Winnicott Studies monograph series. **Attendance will be limited at this session.**

After attending this session, participants should be able to: 1) Demonstrate the clinical use of Winnicott's ideas of object relations; 2) Compare the difference between the Winnicott's concept of holding and Bion's concept of containment. **CEC 2**



SPECIAL SESSION 3: ONE DAY CLINICAL WORKSHOP WITH MICHAEL M. FELDMAN, M.D.

Chair: Lynne M. Zeavin, Psy.D. (New York, NY)
Host: Thomas DePrima, M.D. (New York, NY)
Presenter: Giuseppe Fedele, M.D. (New York, NY)
Discussant: Michael M. Feldman, M.D.* (London, England)

Note: Your registration for this session is subject to the approval of the session chair and presenter to

ensure there are no conflicts. You will be contacted if there is a conflict.

Over the course of one two hour meeting, via detailed clinical process of a patient in an ongoing analysis, participants will have the opportunity to listen as Dr. Michael Feldman, a world-renowned Kleinian analyst from London, discusses a clinical presentation by Dr. Giuseppe Fedele, a fourth year candidate at NYPSI. Dr. Fedele will provide detailed process session material from his ongoing work with a patient in analysis. Dr. Feldman is known for his work on projective identification, the countertransference, and his unusually fine sensitivity to the unconscious communication of the patient in the moment by moment process of the analytic hour. Participants will hear a way of working that emphasizes the transference and countertransference expressions that are alive in the here and now of the session. **Attendance will be limited at this session.**

After attending this session, participants should be able to: 1) Describe how a patient uses projective identification to communicate with the analyst; 2) Utilize the workings of countertransference as a means of discerning the patient's unconscious communication. **CEC 2**



SPECIAL SESSION 4: THE STUART TWEMLOW SYMPOSIUM ON PSYCHOANALYSIS IN THE COMMUNITY: COMMUNITY EFFECTS OF CORONAVIRUS PANDEMIC IN FOUR COUNTRIES

Chair & Host: Jeffrey Taxman, M.D. (Mequon, WI)
Discussants: Jun Gao, Ph.D.* (Shanghai, China)
Susana Muszkat* (Sao Paulo, Brazil)
Tatiana Onikova* (Moscow, Russia)
David Scharff, M.D. (Chevy Chase, MD)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This symposium presents a global perspective of the current challenges to communities, and to the analytic therapists providing care, during and after the current acute coronavirus pandemic. It features detailed perspectives from four disparate countries: China, Russia, Brazil and the United States, each with very different political and social structures that set contrasting contexts within which analysts and analytic therapists must attempt to help patients

continued

3:00 P.M. – 5:00 P.M. ET continued

and communities with rising anxiety, devastating family situations, economic consequences, and the evocation of internal conflict in a time of maximal personal and national crises. Each presenter will outline their national situation, the context of treating patients, and the effects of COVID-19 on their country, communities, and healthcare providers. Discussion will include analytic methodologies they have found most effective.

After attending this session, participants should be able to: 1) Discuss the effects of COVID-19 pandemic on psychic conflict in communities and variations in national presentation of this conflict; 2) Describe strategies for treating analytic and psychotherapy patients who struggle with the direct and indirect effects of COVID-19 psychologically, economically and medically. **CEC 2**



SPECIAL SESSION 5: PRESIDENTIAL SYMPOSIUM: THE INFANTILE AT THE CORE OF EXPERIENCE: PSYCHOANALYSIS AND CULTURE

Chair: William C. Glover, Ph.D., President (Berkeley, CA)
Host: Robin A. Deutsch, Ph.D. (Oakland, CA)
Presenter: Virginia Ungar, M.D.* (Buenos Aires, Argentina)
Discussants: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)
Sergio Nick, M.D.* (Rio de Janeiro, Brazil)

This session will explore and discuss the place of the infantile within the body of Psychoanalytic theory, clinical work and analytic practice. This concept is central to the notion of transference in patients of all ages and, being the source of creative capacity, is also found in the area of culture. We are in a humanitarian crisis brought on by COVID-19, and have adapted virtual practice, opening up another space for reflection on the emergency faced by the infantile in analytic practice today. Virginia Ungar is President of the IPA. Sergio Nick is Vice President and Christine Anzieu-Premmereur is Co-chair of the Child and Adolescent Psychoanalysis Committee (COCAP).

After attending this session, participants should be able to: 1) Discuss the role of the infantile throughout human life and its effect on transference in psychanalytically informed treatments; 2) Explain the use of the psychoanalytic concept of the infantile in human creativity. **CEC 2**



SPECIAL SESSION 6: HISTORICAL AND INSTITUTIONAL TRAUMA IN PSYCHOANALYSIS: AN INTERNATIONAL PERSPECTIVE ON RESISTANCE AND RECONCILIATION

Chair: Harriet L. Wolfe, M.D. (San Francisco, CA)
Host: Cheryl Y. Goodrich, Ph.D. (Los Altos, CA)
Presenters: Karim G. Dajani, Psy.D. (San Francisco, CA)
Klaus Poppensieker, Dr. Med. (San Francisco, CA)
Adriana Prengler, M.A.* (Sammamish, WA)
Stephen Seligman, D.M.H. (San Francisco, CA)

The essential impact of cultural systems and social trauma on both individuals and institutions is undertheorized in psychoanalysis. Have our own organizations disavowed what we profess to value, including racial, ethnic, and gender diversity; economic and political equality; and even our own ethic of self-reflection? Analysts from three continents will present accounts of analytic institutions' relations with their historical surrounds: post-World War II Germany, midcentury Latin America, and the United States in recent times. Varied paths have been taken: detachment from political realities, collaboration with tyranny, and more or less active opposition. Examples of progressive efforts at reconciliation will be considered, including those currently seen as aspirational in the US. Resistances to such thinking will also be discussed. We hope for vigorous audience discussion.

After attending this session, participants should be able to: 1) Discuss the impact of cultural systems and social trauma on the development of individuals and institutions; 2) Describe historical and current resistances to facing violent sociocultural factors and accomplishing reconciliation. **CEC 2**



SPECIAL SESSION 7: DISPLACEMENT AND DISRUPTION IN OUR PSYCHOANALYTIC LOCATION DURING THE PANDEMIC: DARIA COLOMBO, ANTON HART AND AVGI SAKETOPOULOU IN CONVERSATION

Chair, Presenter & Discussant: Daria Colombo, M.D. (New York, NY)
Co-chairs & Co-presenters: Anton H. Hart, Ph.D. (New York, NY)
Avgi Saketopoulou, Psy.D. (New York, NY)
Host: Diana Moga, M.D., Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification

3:00 P.M. – 5:00 P.M. ET continued

is made by each state's board.

Displacement and disruption can challenge the analyst's self-protective fantasy of stability and coherence. Such disruption carries deep potential for our field to engage more fully with issues of inequality, discrimination and bias. Participants will be able to identify ways in which psychoanalytic practice involves theorizing our relation to our "place" and how the pandemic has further illuminated that we are always experiencing shifts in our framing function. Through discussion of clinical vignettes, the participants will discuss ways in which we can use our theory in a variety of settings without being any less "psychoanalytic" but rather pushing the potential of psychoanalytic approaches to respond to challenges.

After attending this session, participants should be able to: 1) Use psychoanalytic theory in a flexible manner, responsive to the change in the frame caused by remote work while remaining committed to psychoanalytic endeavors; 2) Explain how shifts in the framing function have revealed potential for psychoanalysis to engage more fully in the social world and address issues of inequality, discrimination and bias. **CEC 2**



SPECIAL SESSION 8: NOVEL APPROACHES TO PSYCHOANALYTIC EDUCATION: THE PSYCHOANALYST AND THE COMMUNITY

Chair: Jennifer Stuart, Ph.D. (New York, NY)
Host: Sameer Khan, M.D.* (Jackson Heights, NY)
Moderator: Mojgan Khademi, Psy.D. (San Diego, CA)
Presenters: James W. Barron, Ph.D. (Brookline, MA)
Francisco Gonzalez*, M.D. (San Francisco, CA)
Alan Krohn, Ph.D. (Ann Arbor, MI)
Rachael Peltz, Ph.D.* (Berkeley, CA)
Elizabeth Schmick, D.O. (Portland, OR)
Thomas Veeder, M.D. (Portland, OR)

Clinical psychoanalysis generally has been available only to individuals with the knowledge to seek it and the means to afford it. How might psychoanalysts collaborate with the institutions that serve our communities, to help them meet the needs of broader populations? How might our institutes incorporate community work into psychoanalytic training? This session will provide several examples of clinical psychoanalytic consultation to community service agencies and schools: some

anchored in an established community training track at a psychoanalytic institute; others at various stages of development and integration with institute curricula. Speakers will highlight the roles of collaboration and mentorship in developing community psychoanalytic education and practice.

After attending this session, participants should be able to: 1) Describe the roles of collaboration and mentorship in developing community psychoanalytic education and practice; 2) Discuss how institutes can incorporate community work into psychoanalytic training and collaborate with institutions that serve our communities to help meet the needs of broader populations. **CEC 2**

6:00 P.M. – 8:00 P.M. ET



VIRTUAL SOCIAL HOUR — FREUD TRIVIA!



Join us for a fun filled night answering Psychoanalytic/Freud related questions cultivated **by a team of APsaA members**, hosted by APsaA's own Maureen Katz, M.D. Participants will be randomly assigned to teams, ensuring that everyone will meet other meeting attendees. Prizes will be awarded to the winning team!

SATURDAY, FEBRUARY 13, 2021

All sessions are live and listed in Eastern Time

12:00 P.M. – 2:00 P.M. ET



PLENARY 2: POWER/POWERLESSNESS

Chair & Host: Ann Pellegrini, Ph.D.* (New York, NY)
Presenters: Avgi Saketopoulou, Psy.D. (New York, NY)
Lara Sheehi, Psy.D. (Williamsburg, VA)
Mitchell David Wilson, M.D. (Berkeley, CA)

This non-traditionally structured plenary takes up the issue of Power/Powerlessness from various positions; socially, professionally and politically. Presenters will explore the ways in which psychoanalysis, and therefore, psychoanalysts and psychoanalytically oriented clinicians have historically engaged from a position of power. They will locate themselves in these structures and further reflect on how our technique and theory building is invested dynamically, libidinally and

continued

12:00 P.M. – 2:00 P.M. ET continued

defensively in a wish to remain normatively and ideologically stable. The importance of investigating the dynamic nexus between positionality and power/powerlessness will be centered with considerable attention to audience engagement.

After attending this session, participants should be able to: 1) Discuss how issues of power/powerlessness inflect our metapsychology and theory-building; 2) Explain how positionality and resistance to recognizing the impact of dominant iterations of power plays into analytic conceptualizations. **CEC 2**

2:00 P.M. – 3:00 P.M. ET

LUNCH BREAK

2:15 P.M. – 2:30 P.M. ET



STRETCHING WITH ELIZABETH MANNE

Relax, for 15 minutes, during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive Director of the Washington Baltimore Center for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for six of the twelve years she has been practicing. She currently teaches on weekends. Elizabeth's stretching class was very popular at last year's meeting!

3:00 P.M. – 5:00 P.M. ET



SPECIAL SESSION 9: UNDERSTANDING GENDER: HOW PSYCHOANALYSIS IS GRAPPLING WITH NEW GENDER NORMS

Co-chairs and

Co-hosts: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Justin Shubert, Psy.D., Ph.D.
(Los Angeles, CA)

Discussants: Elizabeth Diamond, Ph.D. (Los Angeles, CA)
Jack Drescher, M.D. (New York, NY)
Patricia Gherovici, Ph.D.* (Philadelphia, PA)

Moderator: Kimberlyn Leary, Ph.D., ABPP
(Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Social views on gender have changed rapidly in recent years. While it used to be assumed that gender had two, fixed categories – male and female

– many people now define and express their gender in more nuanced ways. How has our field adapted to society's rapidly changing understanding of gender? How have we as individual clinicians adapted? This session will present the case material of a gender non-conforming patient and ask three discussants from different backgrounds and generations to respond and discuss. The hope is that participants will recognize and challenge their preconceived notions of gender in order to help them navigate what can sometimes be a confusing new clinical world.

After attending this session, participants should be able to: 1) Compare contemporary conceptualizations to traditional psychoanalytic theories of gender; 2) Describe the challenges that gender non-conforming patients face in psychoanalytic treatment. **CEC 2**



SPECIAL SESSION 10: ENTITLED DOMINION: A CONVERSATION ABOUT THE INTERSECTIONS OF ENVIRONMENTAL AND RACIAL JUSTICE

Chair: Lynne M. Zeavin, Psy.D. (New York, NY)
Host: Maureen A. Katz, M.D. (Berkeley, CA)
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)
Robert D. Nixon, Ph.D.* (Princeton, NJ)
Sally Weintrobe* (London, England)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The environmental crisis is accelerating along with a crisis surrounding race. Both our relationship to the natural world and to the complexities of race have been substantially overlooked by mainstream psychoanalysis—these have been thought to be aspects of the external world, so called “external reality” and therefore not something that we take up with our patients as part of themselves or their conflicts. In this conversation, psychoanalysts and an academic will address the ways the natural world becomes internalized as part of psychical life. A Kleinian perspective will be used to develop a working knowledge of the complex links between the similarities in treatment of non-human inhabitants of the natural world and devalued other humans.

After attending this session, participants should be able to: 1) Describe the ways the natural world becomes internalized and part of psychical life,

CANCELLED

continued

3:00 P.M. – 5:00 P.M. ET continued

and the emotional impediments to... place in the community... the... the treatment of... **CEC 2**

CANCELLED



**SPECIAL SESSION 11:
PSYCHOANALYSIS AND NEUROSCIENCE
SYMPOSIUM: REVISION OF THE THEORY OF
THE OEDIPUS COMPLEX**

Chair: Charles P. Fisher, M.D. (Berkeley, CA)
Host: Margaret R. Zellner, Ph.D., L.P.* (New York, NY)
Presenter: Mark Solms, Ph.D. (London, England)

In this presentation, Mark Solms will address one of Freud’s foundational concepts, the Oedipus Complex, in the light of contemporary research findings about emotional drive systems in human beings (and indeed in all mammals). In contrast to a tendency among psychoanalysts to take Freud’s ideas for granted, or to abandon some of them too readily, this session will promote a reconsideration and revitalization of the concept of the Oedipus Complex in an integrative manner, using the work of Jaak Panksepp and others. Participants will be encouraged to discuss the dynamics underlying transference and countertransference responses to Oedipal issues in treatment. Along the way, Mark will address Freud’s idea of Lamarckian inheritance of acquired characteristics.

After attending this session, participants should be able to: 1) Describe the basic emotional systems underlying the Oedipus Complex in terms of contemporary research; 2) Discuss the dynamics underlying transference and countertransference responses to Oedipal issues in treatment by integrating new findings. **CEC 2**



**SPECIAL SESSION 12:
ISOLATION, INSULATION AND EMOTIONAL
ENGAGEMENT: EXPLORATIONS OF
WINNICOTT’S TRANSITIONAL SPACE AND
TRANSITIONAL OBJECT**

Chair: Talia Hatzor, Ph.D. (New York, NY)
Host: Laura Beth Kaplan, M.D.* (New York, NY)
Presenters: Lesley Caldwell, Ph.D.* (London, England)
Stephen Seligman, D.M.H. (San Francisco, CA)
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)

Novel clinical nuances of Winnicott’s conception of transitional space will be presented: Creativity and reflectiveness, freedom and free association

are central in therapeutic action and the analyst’s motivations and conduct. The fullest implications of a deep Object Relations Theory illuminate play and imagination in the analytic process and in the development of the reality sense, adequate ego functions and depressive affect. The analytic role involves a “balancing act” between very deep engagement and a kind of insulation, one that must be practiced by the analyst without isolating themselves from the analysand, or for that matter, from themselves.

After attending this session, participants should be able to: 1) Critique historic and contemporary theories about The Transitional Object and Function.; 2) Apply strategies for deepening the process with young children and adults by focusing on the Transitional Space. **CEC 2**



**SPECIAL SESSION 13:
“NOT THAT I’M A RACIST, BUT...”:
WORKING IN THE REALM OF RACIAL
AND ETHNIC DYNAMICS**

Chair: Amber Nemeth, Ph.D. (New York, NY)
Host: Christopher Rigling, Psy.D. (Chicago, IL)
Presenter: Himanshu Agrawal, M.D. (Hartland, WI)
Discussants: Aisha Abbasi, M.D. (West Bloomfield, MI)
Michael Moskowitz, Ph.D.* (New York, NY)
Beverly J. Stoute, M.D. (Atlanta, GA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Race, color, and ethnicity seep into the skin of every relationship. Nowhere is this more relevant and usable than in the psychoanalytic dyad. This session will explore the intersectionality of race; from the binary US perspective of black and white to the South Asian perspective, as well as the impact of skin color, ethnicity, and the view of the Other. The complexity of the analyst’s personal identity along these lines may be lived out differently than how the patient perceives and communicates. The session will explore, using clinical vignettes and a supervisory interaction, how these dynamics emerge and can be responded to as transference perception and countertransference receptivity.

After attending this session, participants should be able to: 1) Summarize the intersectionality of race, ethnicity, and color as they emerge in the psychoanalytic dyad; 2) Describe how the intersectionality of race, ethnicity, and color effect transference and countertransference in the analytic dyad. **CEC 2**

SAT • FEB 13

3:00 P.M. – 5:00 P.M. ET continued



SPECIAL SESSION 14: ON BEING DOWNED BY RACE

Chair & Presenter: Anton H. Hart, Ph.D. (New York, NY)
Presenters: Dorothy E. Holmes, Ph.D., ABPP (Bluffton, SC)
Donald B. Moss, M.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The session will target all practicing analysts and therapists, since all of us have been the objects of racial designations. Using autobiographical approaches, the session will model how an expanded knowledge about the impact of one's racial designation necessarily increases the clinician's capacities to address the impact of their patients' racial designations. The three presenters bring decades of experience and writing to bear on issues of race and racism. Each of the three carries a different racial designation and therefore the session will provide a wide range onto which learners can map themselves.

After attending this session, participants should be able to: 1) Revise accepted views about the impact of racial designations on both themselves and their patients; 2) Analyze how racial designations impact psychic structure and function in patients and colleagues. **CEC 2**



SPECIAL SESSION 15: PLENARY: STORIES MATTER: PSYCHOANALYTIC PERSPECTIVES ON THE POWER OF STORIES

Plenary Speaker: Nancy Kulish, Ph.D. (Birmingham, MI)
Host: Harvey H. Falit, M.D. (Ann Arbor, MI)
Discussant: Gretchen L. Hermes, M.D., Ph.D. (Northford, CT)
Felecia R. Powell-Williams, Ed.D., LPC-S, RPT/S (Houston, TX)

Dr. Nancy Kulish was to be the prestigious plenary speaker at the in-person 2021 National Meeting. APsaA is honored that she is giving her plenary virtually at this meeting. This session will explore the question of why stories hold so much power for individuals and groups. Human beings are story telling animals whose minds are designed for narrative. Dr. Kulish will explore the functions

of stories for individuals in terms of adaptation and connection, the metaphoric role of theoretical paradigms in psychoanalysis and how our approach to stories in treatment relates to theories of change. As examples, Dr. Kulish will revisit the paradigm for the female triangular situation and a patient's dramatic story of change in analysis. The author's experiences growing up in a diverse population in the Southwest will illustrate how storytelling fosters group cohesion and how longstanding racial stories can give way to change.

After attending this session, participants should be able to: 1) Discuss the function of paradigms in their own theories and practices and how self-narratives influence their patients' behaviors and problems; 2) Describe the function of stories in groups and in individuals that contribute to prejudice and misinformation. **CEC 2**



SPECIAL SESSION 16: PSYCHOANALYTIC ACTIVISM

Chair: Mary Margaret McClure, D.M.H. (Mill Valley, CA)
Host: Clara Kwun, LCSW, (San Francisco, CA)
Presenters: Ebony Dennis, Psy.D. (Washington, DC)
Julie Leavitt, M.D.* (San Francisco, CA)
Marianne Leuzinger-Bohleber* (Frankfurt, Germany)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This program will be of interest to all clinicians who want to learn about the work of and identity of the psychoanalytic psychotherapist regarding the world outside the consulting room. The discussion among three experienced psychoanalysts will highlight different views of activism within psychoanalysis and psychoanalytic education. The program will consider many decades of work toward social change within psychoanalysis and beyond. Among the issues that will be addressed about psychoanalytic perspectives in theory and in clinical work are race, gender equity, LGBTQ issues, and psychological trauma.

After attending this session, participants should be able to: 1) Demonstrate how views of activism can be expressed and not expressed in the clinical setting; 2) Describe the activism of clinicians from diverse race, age and theoretical perspectives. **CEC 2**

5:00 P.M. – 6:00 P.M. ET



LIVE CHAT WITH POSTER SESSION AUTHORS

This is an opportunity to engage with the Poster Presenters in real time. During this session, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page. There will be another opportunity to interact with the Poster Presenters on Saturday, February 20th from 1:00 p.m. – 2:00 p.m. Eastern

Note: This session does not offer Continuing Education Credit.

6:00 P.M. – 8:00 P.M. ET



VIRTUAL SOCIAL HOUR — AN EVENING OF JAZZ!



Join us for a virtual cocktail party followed by a special performance by pianist Michael Weiss and bassist David Wong at 7:00 p.m.

Pianist, composer, bandleader and educator Michael Weiss has enjoyed a formidable career working with the greatest names in jazz, including Johnny Griffin, Art Farmer, George Coleman, Jimmy Heath, Frank Wess and Wynton Marsalis. While headlining at the Village Vanguard, the New York Times noted that Weiss “focuses the intensity in a tune as well as any pianist in mainstream jazz.” About his latest recording, JazzTimes writes, “Soul Journey has warmth, integrity, and above all, originality.”

David Wong, one of the most sought after jazz bassists in New York, has worked with Jimmy Heath, Roy Haynes, and Hank Jones.

Visit Michael Weiss’s [website](#) and click [here](#) to hear some of Michael’s music.

SUNDAY, FEBRUARY 14, 2021

All sessions are live and listed in Eastern Time

12:00 P.M. – 1:30 P.M. ET



PRESIDENTIAL PLENARY: THE FUTURE OF APSAA

Chair: William C. Glover, Ph.D., President (Berkeley, CA)
Host: Bonnie J. Buchele, Ph.D. (Kansas City, MO)
Co-chair: Kerry J. Sulkowicz, M.D., President-elect (New York, NY)
Special Guest: Holly Crisp, M.D. (Houston, TX)

This session will begin with the Presidential Award being given to immediate past president, Lee Jaffe, Ph.D. This will be followed by a conversation on the future of APsAA between APsAA President, Bill Glover, President-Elect, Kerry Sulkowicz and immediate past president of the Candidates’ Council, Holly Crisp.

Note: This session does not offer Continuing Education Credit.

2:00 P.M. – 4:00 P.M. ET



PLENARY 3: NEUTRALITY AS A “WHITE LIE”

Chair: Anton H. Hart, Ph.D. (New York, NY)
Presenters: Glen Gabbard, M.D. (Houston, TX)
Dorothy E. Holmes, Ph.D., ABPP (Bluffton, SC)
Stephen H. Portuges, Ph.D. (Oakland, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Although contemporary neutrality perspectives emphasize analysts’ availability to explore all aspects of patients’ mental life, they generally don’t include the historical development and contemporary manifestation of patients’ or analysts’ racialized internalizations. Consequently, derivatives of dehumanizing racism remain unrecognized and may not become analyzable. When neutrality is misapplied, it encourages analysts’ self-deception and impairs their ability to initiate open discussions of white-racialized attitudes. In a systemically racist

continued

society, psychoanalytic silence impedes the progress of what might potentially become an anti-racist psychoanalysis. Panelists will present and discuss their different views about how psychoanalytic neutrality functions and malfunctions in the clinical setting. Social and clinical material will then be offered to illustrate how unexamined internalized white supremacy can turn psychoanalytic neutrality in the clinical setting into a “white lie.”

After attending this session, participants should be able to: 1) Describe ways that analysts’ adherence to the principle of neutrality may function to impede the exploration of race and racism in the psychoanalytic setting; 2) Assess unexamined internalized racism in the treatment setting when psychoanalysts and patients are white and/or white identified. **CEC 2**

2021 NATIONAL MEETING

WEEKEND 2: Feb 20-21



welcome

OPEN VIRTUAL SESSIONS THROUGHOUT THE DAY

POSTER SESSION

The 2021 Poster Session will be offered as a virtual gallery. Conference attendees will be able to independently view the posters throughout the conference and engage with poster presenters in real-time during two virtual chat sessions on **Saturday February 13** from **5:00-6:00 p.m. ET** and **Saturday February 20** from **1:00-2:00 p.m. ET**.

Presenters will list the dates they are available to chat as a part of their poster listing on the main Gallery page. During these sessions, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page.

This poster session is designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields.

This is the 20th annual poster session at the APsaA National Meeting.

HALLWAY/"MEET AT THE CLOCK"

In keeping with the spirit of APsaA's Waldorf days where attendees would run into colleagues in the hallway or meet a friend at the clock, APsaA will have a Zoom room where participants can meet up with old and new friends throughout the day, have lunch together and network.

Programming is in Zoom format:  MEETING  MEETING WITH BREAKOUT ROOMS  WEBINAR

Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary or legal action or both.

SATURDAY, FEBRUARY 20, 2021

All sessions are live and listed in Eastern Time

11:00 A.M. – 1:00 P.M. ET



**DPE SEMINAR:
EARLY CAREER PSYCHOANALYST
EDUCATION AND PROFESSIONAL
DEVELOPMENT**

Co-chairs: Richard C. Fritsch, Ph.D. (Washington DC)
Britt-Marie Schiller, Ph.D. (Saint Louis, MO)
Host: Wendy Jacobson, M.D. (Atlanta, GA)
Presenters: Sabrina Cherry, M.D. (New York, NY)
Kerry J. Sulkowicz, M.D., President-elect
(New York, NY)
Richard Tuch, M.D. (Los Angeles, CA)
Discussant: Sarah L. Lusk, Ph.D. (Cambridge, MA)

DPE This DPE Seminar is designed to fill a gap and provide educational needs specifically for the Early Career Psychoanalyst (ECP). Experts in their fields will present a program directly engaging the professional development of recent graduate analysts. Sabrina Cherry, M.D. will present research on career paths after analytic training. Kerry Sulkowicz, M.D. will outline key elements for assuming leadership roles and responsibilities in psychoanalysis. Richard Tuch, M.D. will focus on developing the ability and incentive to contribute to psychoanalytic scholarship.

After attending this session, participants should be able to: 1) Design models of Early Career Psychoanalyst (ECP) education and professional development; 2) Demonstrate the skills to assume leadership positions in psychoanalysis and contribute to scholarly psychoanalytic literature.

CEC 2



**CLINICAL CONFERENCE FOR
RESIDENTS, PSYCHOLOGY AND SOCIAL
WORK TRAINEES, AND STUDENTS,
PRESENTED BY APSAA FELLOWS: SHARED AND
DIFFERENT: CHALLENGES OF INTERSECTING
ETHNICITIES, RACE AND CLASS IN TREATMENT
OF IMMIGRANTS**

Chair: Joshua Turchan, Ph.D.* (Williamston, MI)
Host: Tareq M. Yaqub, M.D.* (Ann Arbor, MI)
Presenter: Ali Haidar, M.D.* (New York, NY)
Discussant: Adrienne Harris, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

The journey of immigration is marked by dislocation, loss of familiar homeland, embracing otherness, and often, trauma. This may be true for both patients and the therapists providing treatment. This case conference discusses a patient and therapist who share similar backgrounds but with important ethnic, racial and class differences. Patient's fantasies and power dynamics within the treatment reflect perceived ethnicities and power struggles experienced while living inside his country origin. Shifting identifications, anger, guilt and mistrust permeated the transference and countertransference as the patient navigated asylum and acculturation challenges. Questions addressed will include the role of the therapist's personal history, disclosure, humility, and seeking out specific knowledge of geopolitical contexts when working with survivors of war conflicts and trauma.

After attending this session, participants should be able to: 1) Describe how immigration and cultural considerations can become the driving force for a treatment even when not acknowledged at the initial stages; 2) Analyze special cultural transference and countertransference considerations in treating immigrants. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 1: THE PSYCHODYNAMICS AND PSYCHOLOGICAL IMPACT OF MISOGYNY

Co-chairs: Cecile R. Bassen, M.D. (Seattle, WA)
Hilli Dagony-Clark, Psy.D. (New York, NY)

Host: Catherine Mallouh, M.D. (San Francisco, CA)

Presenter: Patricia Alkolombre*
(Buenos Aires, Argentina)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Misogyny and domestic violence are significant problems throughout the world. This discussion group will explore the psychological impact of misogyny and domestic violence, and psychodynamic aspects of tolerating abuse. The group will discuss clinical material and relevant papers in order to increase participants' ability to make use of contemporary understandings of the psychodynamics of gender and of misogyny in their work, especially their ability to respond analytically to clinical material involving aggression towards women. This group will focus on the analysis of an abused woman, with an emphasis on the importance of the analyst's response and on the challenge to the analyst's countertransference. Patricia Alkolombre is the Latin American Co-Chair of the IPA Committee on Women and Psychoanalysis.

After attending this session, participants should be able to: 1) Utilize contemporary concepts of the psychodynamics of gender and domestic violence in psychotherapy and psychoanalysis with victims of domestic abuse; 2) Analyze the psychological impact of misogyny, domestic violence, and aspects of tolerating abuse with an emphasis on the importance of the analyst's response. **CEC 2**



DISCUSSION GROUP 2: ITALIAN PSYCHOANALYSIS AND CONTEMPORARY MODELS OF THEORY AND TECHNIQUE

Co-chairs: Andrea Celenza, Ph.D. (Lexington, MA)
Christopher G. Lovett, Ph.D.
(Newton Centre, MA)

Co-chair
& Host: John C. Foehl, Ph.D. (Cambridge, MA)

Presenter: Matthew Shaw, Ph.D. (New Haven, CT)

Discussant: Elena Molinari, M.D.* (Pavia, Italy)

This discussion group will explore contributions to contemporary psychoanalysis by clinicians and theorists who represent different aspects of recent developments in Italian psychoanalysis. The work of such authors such as Lombardi, Bolognini, Borgogno and members of the Pavia group such as Ferro, Civitarese and Molinari will be highlighted, especially their attention to primitive, often unsymbolized levels of functioning and innovative methods of analytic approach to these areas in work with patients. The clinical focus of this group will emphasize analysis as a system of transformations that take place within and through the analytic relationship, often featuring methods that encourage increased receptivity on the part of the analyst to the patient's unconscious communications and a greater diversity of interpretive approaches to include less direct, more 'unsaturated' interventions. The three co-chairs are experienced analysts with a longstanding interest and involvement with Italian analytic approaches. The presenter is an experienced child and adult analyst, and the guest discussant is a prominent child analyst from Italy.

After attending this session, participants should be able to: 1) Describe 'saturated' versus 'unsaturated' interpretations and their differing uses in clinical technique; 2) Compare interpretations that stress the creation of new experience and their different aims to interventions intended to increase insight. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 3: TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM

Chair: Christopher W. T. Miller, M.D. (Baltimore, MD)
 Presenter & Host: Jooyoung Lee, M.D.* (Baltimore, MD)
 Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)
 Donald R. Ross, M.D. (Baltimore, MD)

The use of film for teaching analytic concepts can illustrate them in more relatable and applicable manners. The 2019 film *Parasite* portrays a vivid contrast between two families, one living in opulence and comfort, whilst the other lives in relative squalor. The position of the more affluent family is maintained through psychic and physical disavowal of baser elements of the human condition, requiring mounting force in order to keep such offensive bits out of awareness. As the less advantaged family seeks social promotion, a perversion of their sense of unity and of self occurs. The repudiated aspects of human nature keep breaking through the efforts to repress them and inevitably stain the image of perfection that is so sought-after.

After attending this session, participants should be able to: 1) Describe a teaching model that utilizes film to expose early learners to psychodynamic concepts, serving to increase their mastery of the content; 2) Create a didactic approach to the concepts of primitive anxieties and the return of the repressed as represented in the two sets of families portrayed in the film *Parasite*. **CEC 2**



DISCUSSION GROUP 4: PSYCHOANALYTIC COUPLE AND FAMILY THERAPY

Co-chair & Host: David Scharff, M.D. (Chevy Chase, MD)
 Co-chair: Richard M. Zeitner, Ph.D. (Blue Springs, MO)
 Presenter: Elizabeth Palacios, M.D.* (Zaragoza, Spain)

This discussion group applies psychoanalytic principles from object relations psychoanalytic theory to the psychoanalytic treatment of families and couples. Dr. Janine Wanlass will present a family with two young children and with blocked mourning who were treated through analytic family therapy. It proceeds through in-depth discussion of issues raised in the case, grappling with points about technique, cultural and ethical considerations, and theoretical implications for conducting family and couple psychoanalysis, as well as implications for individual psychoanalytic therapy. The group will

discuss theoretical issues raised by the clinical exploration. This group aims to familiarize analysts with the shifts in technique required for application of analysis to family and couple psychoanalysis, and to apply lessons from these modalities to the conduct of individual analytic treatments.

After attending this session, participants should be able to: 1) Describe the shifts in technique required for application of analysis to family and couple psychoanalysis; 2) Compare cases appropriate for conjoint therapy with those more appropriate for individual psychoanalytic therapy. **CEC 2**



DISCUSSION GROUP 5: FACING THE FACTS: SELF DISCLOSURE AND THE ANALYTIC RELATIONSHIP

Chair: Stephanie Brody, Psy.D. (Lexington, MA)
 Host: Catherine Kimble, M.D. (Lexington, MA)
 Presenter: Anne J. Adelman, Ph.D. (Chevy Chase, MD)
 Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

The clinical work of 2020 has been conducted in a turbulent world. Many professional discussions have focused on ‘maintaining the analytic frame’; even as unfathomable fear and loss have surrounded our dyadic space. A virtual consulting room may protect us, but the external remains - its presence pierces the frame. Vulnerability exists on both sides of the screen. Can the analytic frame include a discussion of our mortality, or do we shy away from facing our shared fate? This discussion group will address the challenge of sessions that begin with “how are you doing with this?” and end with a discussion of our shared destiny. The group will explore the penetrating facts of 2020, and the consequences in the clinical world of 2021.

After attending this session, participants should be able to: 1) Describe the challenge to the ‘analytic frame’ in the context of life altering external events; 2) Demonstrate how the awareness of mortality can alter clinical work and prepare for the inevitable clinical challenges of lifespan events, of external events, and personal vulnerability for both members of the therapeutic dyad. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 6: TREATING THE SUICIDAL PATIENT

Chair: Mark J. Goldblatt, M.D. (Cambridge, MA)
 Host: Benjamin J. Herbstman, M.D., M.H.S. (Cambridge, MA)
 Presenter: Lisa Citrin, LICSW (Cambridge, MA)
 Discussants: Elsa Ronningstam, Ph.D. (Belmont, MA)
 Mark A. Schechter, M.D.* (Needham, MA)

This discussion group is targeted at psychoanalysts and psychoanalytic psychotherapists who are interested in learning about treatments for suicidal patients. A case report of the psychoanalytic treatment of a suicidal patient is presented with attention to session notes that enable an understanding of how the analyst considers and holds patient risk. The discussants will consider conscious and unconscious factors in the transference/countertransference that enable safety and growth. The case and discussion will broaden understanding of suicidal patients and the stressors on clinicians undertaking these treatments.

After attending this session, participants should be able to: 1) Assess suicidal patients and factors to engage with them in safe and effective treatments; 2) Discuss transference/countertransference manifestations of regression and recovery from suicidal distress. **CEC 2**



DISCUSSION GROUP 7: INSIGHTS FROM INFANT RESEARCH FOR THE PRACTICING PSYCHOANALYST: THE IMPORTANCE OF BEHAVIORAL CUES FROM INFANCY TO ADULTHOOD

Chair & Host: Nicholas Domaney, M.D. (Cambridge, MA)
 Presenter: Alexandra Harrison, M.D. (Cambridge, MA)

This session presents a lexicon of behavioral cues that communicate affect and intention, beginning in infancy and continuing into adulthood. The presenter will demonstrate these behavioral cues in videotape illustrations—of infants and caregivers, of child analytic sessions, and of adults in conversation such as in the Jonathan Swan interview with Trump-- and will explain their meanings in terms of communications both to the observer or interactive partner, and also to the self. Issues of mutual and self-regulation of stress in human development and in psychoanalytic practice will be considered. The participants will then discuss the videotape material and its relevance to their own clinical work

After attending this session, participants should be able to: 1) List 3 disengagement behavioral cues and 3 engagement behavioral cues; 2) Explain how disengagement cues communicate information about the relationship to the interactive partner and also to the self. **CEC 2**

1:00 P.M. – 2:00 P.M. ET



LIVE CHAT WITH POSTER SESSION AUTHORS

This is an opportunity to engage with the Poster Presenters in real time. During this session, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page.

Note: This session does not offer Continuing Education Credit.

2:00 P.M. – 4:00 P.M. ET



ORAL HISTORY WORKSHOP: THE SOCIAL VOICES OF PSYCHOANALYSTS: THE 1960S AND 1970S

Chair & Presenter: Nellie L. Thompson, Ph.D. (New York, NY)
 Presenters: Daniel H. Jacobs, M.D. (Brookline, MA)
 John Martin-Joy, M.D. (Watertown, MA)
 Discussant: Nancy J. Chodorow, Ph.D. (Cambridge, MA)

The social and political unrest that marked the 1960s and 70s generated a number of papers by psychoanalysts that have been largely forgotten. Against the backdrop of an increasing involvement in contemporary social and political issues by analysts today, the workshop will revisit two papers written in response to this earlier societal conflict. John Martin-Joy will discuss Erik Erikson's "Reflections on the Dissent of Contemporary Youth" (1970), while Daniel Jacobs will discuss Andrew Peto's "On Crowd Violence: The Role of the Archaic Superego and Body Image" (1975). The discussants are Nancy Chodorow (Erikson) and Nellie Thompson (Peto). It is both useful and perhaps cautionary as well, to revisit how analysts applied psychoanalytic theory to a period of social crisis.

After attending this session, participants should be able to: 1) Summarize Erik Erikson's thesis on the overdetermined origins of youth protest and Andrew Peto's ideas on the interplay between crowd violence and body image; 2) Compare contemporary psychoanalyst's increasing involvement in social

continued

2:00 P.M. – 4:00 P.M. ET continued

and political issues with psychoanalytic responses to earlier societal conflicts. **CEC 2**



RESEARCH SEMINAR: EXPLORING THE INTERFACE OF TECHNOLOGY, IDENTITY, AND RELATIONSHIPS

Chair: Katie C. Lewis, Ph.D.* (Stockbridge, MA)
 Host: Ilana Larkin, M.A.* (Evanston, IL)
 Presenters: Carly Inkpen, LICSW* (Cambridge, MA)
 Xiaochen Luo, Ph.D.* (Santa Clara, CA)
 Discussant: Danielle Knafo, Ph.D.* (Great Neck, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Identity and relational functioning have long been viewed as essential axes for understanding and contextualizing human experiences and behaviors. The increasing use of technology in daily life and in the context of clinical treatment has introduced new opportunities both for expanding understanding of different dimensions of identity construction, particularly with regards to gender, and for evaluating the dynamic processes that underly relational functioning and therapeutic engagement. This seminar will feature multidisciplinary research presentations that examine the intersection of technology, identity, and relatedness, ranging from explorations of abstract ideals to experience-near momentary evaluations of affective experiences during treatment. The relevance of knowledge gained from these studies for psychoanalytic theory and treatment will be the focus of the discussion.

After attending this session, participants should be able to: 1) Apply contemporary quantitative methods in examining dynamic interpersonal processes and alliance ruptures in psychotherapy; 2) Describe the role of technological development and imagery in reinforcing gender-related cultural fantasy and enactments of marginalization and trauma. **CEC 2**



COMMITTEE SPONSORED WORKSHOP 1: PSYCHOTHERAPY TRAINING PROGRAMS: ENGAGING THE REMOTE: TEACHING IN A TIME OF COVID-19

Co-chair: Ann Dart, LCSW* (Portland, OR)
 Co-chair & Host: Anna R. Schwartz, M.D. (New York, NY)
 Presenters: Sue Baxt, Ph.D.* (Westmount, Quebec)
 Matthew Griep, M.D.* (New York, NY)
 Mark Moore, Ph.D. (Philadelphia, PA)

Despite much discussion about conducting remote treatment during the COVID-19 pandemic, little consideration has been given to the specific challenges of teaching psychotherapy students in virtual classroom settings. This workshop will address some of the challenges around teaching about process, maintaining class interest, developing class cohesion and ensuring student retention. Particular attention will be given to fostering an appreciation of the concepts, sensibilities and attunements unique to psychoanalytic therapy, and addressing limitations and unexpected opportunities provided by remote learning. Following an initial discussion by panelists, break-out groups will engage in short exercises and a related discussion of topics chosen to help faculty improve the classroom experience.

After attending this session, participants should be able to: 1) Assess the challenges of teaching psychotherapy students in a virtual classroom setting; 2) Prepare virtual classes that teach process using techniques to maintain class interest and create class cohesion. **CEC 2**



COMMITTEE SPONSORED WORKSHOP 2: THE BUSINESS OF PRACTICE: NAVIGATING BOREDOM

Chair: Michael D. Groat, Ph.D., M.S.* (New Canaan, CT)
 Co-chair & Host: Jonathan Kersun, M.D.* (Swarthmore, PA)
 Presenter: Frank Tisano, M.S.W. (Philadelphia, PA)
 Discussant: Kerry J. Sulkowicz, M.D., President-elect (New York, NY)

Designed for any clinician who has experienced feelings of boredom or disengagement, this stimulating session will examine the adverse impact of boredom on the effect of transference work, especially for patients with a history of poor, non-mutual and complicated relationships. Held annually, the business of practice series addresses common challenges faced by clinicians of all

continued

2:00 P.M. – 4:00 P.M. ET continued

experience levels and is designed to foster increased clinical proficiency across one's career. Using a case example, didactics and facilitated discussion, this session will demonstrate the relationship between bored therapists, patient history of poor relationships and/or personality disorder pathology, and, the positive use of boredom to inform technical interventions and foster increased clinical understanding

After attending this session, participants should be able to: 1) Explain the connection between countertransference and treatment process and outcome; 2) Assess the adverse impact of heightened levels of disengaged feelings in a treatment on the effect of transference work. **CEC 2**



DISCUSSION GROUP 8: RESEARCH IN PSYCHOANALYSIS – REMOTE THERAPY AND THE ANALYST:

WHAT HAVE WE LEARNT FROM THE PANDEMIC?

Chair: Tracy A. Prout, Ph.D.* (Bronx, NY)
Host: Adam N. Moriwaki, Psy.D. (Muskego, WI)
Presenters: Katie Aafjes-van Doorn, D.Clin.Psy.* (Bronx, NY)
Vera Bekes, Ph.D.* (Montreal, Canada)
Leon Hoffman, M.D. (New York, NY)
Karl W. Stukenberg, Ph.D. (Cincinnati, OH)

The COVID-19 pandemic forced psychotherapists to continue their practice in a remote format. Given analysts' traditional reluctance of using online therapy due to concerns regarding the ability to maintain the analytic frames, the mass transition to remote sessions may have imposed many challenges on them. This discussion will present results of an international study of over 3000 therapists during the start of the pandemic and at two follow-ups, which explored experiences with remote therapy, as well as preliminary results of more in-depth qualitative interviews conducted with analysts about their experiences.

After attending this session, participants should be able to: 1) Assess the strengths and limitations of telehealth treatment based on research data; 2) Apply research findings about telehealth treatment to inform and improve telehealth care of patients.

CEC 2



DISCUSSION GROUP 9: SHAME DYNAMICS

Co-chair, Presenter
& Host: Peter Shabad, Ph.D.* (Lincolnwood, IL)

This discussion group will examine theoretical and clinical aspects of how shame inhibits curiosity. Given that shame leads to self-consciousness and self-doubts about one's adequacy and the "rightness" of one's inner life, it has a pervasively inhibiting effect on one's growth, as well as curiosity and inquiry into the unknown. This inhibition of curiosity often leads to the character passivity of "playing it safe." Given that curiosity is an important aspect of mental and emotional health, the group will revisit how analysts have often deflected or shut down the questions of patients that reflect their attempts to recover their curiosity. The group will examine ways that analysts can facilitate and engender their patients' curiosity.

After attending this session, participants should be able to: 1) Describe how the particular dynamics of shame and self-consciousness inhibit curiosity; 2) Explain how the analyst's way of answering patient inquiries has major implications for the inhibition or facilitation of the patient's curiosity. **CEC 2**



DISCUSSION GROUP 10: THE VULNERABLE CHILD: IT TAKES A VILLAGE, FINDING A CHILD'S PLACE IN THE COMMUNITY

Co-chair
& Host: Richard L. Cruz, M.D. (Chadds Ford, PA)
Co-chair: Christie Huddleston, M.D. (Bala Cynwyd, PA)
Presenters: Betsi Longoria, M.S.W, Child Advocate* (Houston, TX)
Felecia R. Powell-Williams, Ed.D., LPC-S, RPT/S (Houston, TX)

Discussant: Mary Davis, M.D. (Lancaster, PA)

Felecia Powell-Williams presents work with twin boys whose mother's trauma left them emotionally handicapped in foster care. The presentation illustrates the child's trauma related internal conflicts, and parental influence on development. Betsi Longoria presents the roles of protective services and child advocates in deliberation over placement options and possible reunification. Mary Davis discusses work with the child and family from both a clinical perspective and a consultation and policy perspective. The session interests therapists working with vulnerable children and adults and consulting with child care agencies.

After attending this session, participants should be

continued

2:00 P.M. – 4:00 P.M. ET continued

able to: 1) Plan for treatment of traumatized children based on assessment of defenses and developmental status; 2) Utilize parent work and consultation with child care related professionals that supports the child's emotional development. **CEC 2**



DISCUSSION GROUP 11: TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES

Chair: Deborah Shilkoff, LICSW (Cambridge, MA)
Co-chair: Lucinda Di Domenico, M.D. (Newton Centre, MA)
Host: Alistair A. McKnight, Psy.D., LMHC (Cambridge, MA)
Presenter: Sureyya Iscan, Ph.D. (Westborough, MA)

This discussion group explores the development of the ability to represent feelings and thought. Under deficits in attachment, or due to trauma, the original body ego does not develop a psychically represented ego. Instead the body ego represents feelings through, for example, somatic states or action, concrete thinking, attachment difficulties, psychosomatic illness, panic attacks, eating disorders, or addiction. The group will consider unrepresented experience as it appears in the treatment through projective identification, containment, reverie, transference and countertransference phenomena, and the particular use of dreaming. The group will discuss the long path to psychic representation. This population does not respond easily to interpretation or might get worse, resulting in premature departure from treatment.

After attending this session, participants should be able to: 1) Analyze unrepresented or poorly represented psychic states through projective identification, containment, reverie, transference and countertransference phenomena and the particular use of dreaming; 2) Discuss ways psychoanalytic patients develop the capacity for symbolization and the use of words to contain and describe feelings. **CEC 2**



DISCUSSION GROUP 12: ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chair & Host: Susan Kattlove, M.D. (Cambridge, MA)
Co-chair: Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior - in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Summarize the ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships. **CEC 2**

5:00 P.M. – 7:00 P.M. ET



DPE CHILD CONGRESS: RESEARCH AND CHILD PSYCHOANALYSIS: INTEGRATING ANALYTIC PRINCIPLES AND EMPIRICAL STRATEGIES

Chair & Host: Pamela Meersand, Ph.D. (New York, NY)
Presenters: Jordon Bate, Ph.D.* (New York, NY)
Inga Blom, Ph.D.* (New York, NY)
Patricia Nachman, Ph.D. (New York, NY)
Wendy Olesker, Ph.D. (New York, NY)
Timothy Rice, M.D. (New York, NY)
Lisa Roth, M.D. (New York, NY)
Gabrielle H. Silver, M.D. (New York, NY)
Miriam Steele, Ph.D. (New York, NY)



This session will address the gap between psychoanalytic child theory and practice

continued

5:00 P.M. – 7:00 P.M. ET continued

and the growing need for evidence-based research to help demonstrate the importance and efficacy of analytic treatments. The program is designed for practicing child psychoanalysts and dynamic clinicians, as well as child candidates and other students of psychodynamic therapies who are interested in the contributions of past and current child research, or who wish to initiate their own research projects. Presenters who are clinician/researchers will describe their own past or ongoing research projects, and discuss ways for analytic centers to support faculty and students who wish to make research contributions. Presenters include well-known figures in the field of child analysis as well as current candidates who are conducting original research projects.

After attending this session, participants should be able to: 1) Assess the current state of child research within the curricula of psychoanalytic institutes and the need for diverse research ideas and strategies in child psychoanalysis; 2) Utilize research within psychoanalytic institutes to pursue original projects using psychodynamic principles and empirical approaches. **CEC 2**



DISCUSSION GROUP 13: NEUROSCIENCE PERSPECTIVES ON PSYCHOANALYSIS

Chair & Host: Mark J. Fisher, M.D. (Irvine, CA)
Discussants: Richard J. Kessler, D.O. (Long Island City, NY)
Theo G.M. van Erp, Ph.D.* (Irvine, CA)

This discussion group addresses the current neuroscience literature on topics pertinent to contemporary psychoanalysis, from the perspectives of both theory and clinical practice. Specific papers are reviewed in detail, and all members of the discussion group are invited to provide their input. The session is led by Dr. Fisher, a neurologist, neuroscientist, and Professor of Neurology at UC Irvine. Discussant Dr. Kessler is a practicing psychoanalyst and Co-Editor of the journal *Neuropsychoanalysis*. Discussant Dr. van Erp is an fMRI expert and Associate Professor of Psychiatry & Human Behavior at UC Irvine. The group will address the provocative topic of the relationship between what neuroscientists view as “mind-wandering” and what psychoanalysts regard as “free association”. This was discussed at the 2020 National Meeting, and it was clear that this subject matter deserves additional attention.

After attending this session, participants should be able to: 1) Summarize the neuroanatomy of free association, mind wandering, and meditation; 2) Analyze the relationships between the psychoanalytic concept of free association and the neuroscientific concepts of mind wandering and meditation. **CEC 2**



DISCUSSION GROUP 14: THE INTERNATIONAL FACE OF RELATIONAL PSYCHOANALYSIS

Chair: Anthony Bass, Ph.D. (New York, NY)
Co-chair
& Host: Adrienne Harris, Ph.D. (New York, NY)

This group targets analysts at all levels of experience wishing to gain deeper knowledge of relational theory and increased competence in its applications. The analyst’s flexible uses of self in the service of the patient’s development and the deepening of the analysis will be emphasized. Impasse, enactments and other disturbances in the transference/countertransference field will be addressed. Educational methods include didactic explication of relevant theory, and its demonstration in the context of case discussion. This year the session will examine clinical material drawn from two different international communities in which relational ideas are taught and applied. Clinical presentation, interview and didactic material will be included.

After attending this session, participants should be able to: 1) Discuss frame elasticity and the clinical relevance of cultural and social factors in the context of COVID-19 and trauma in diverse cultural surrounds; 2) Assess impasse, enactments and other disturbances in the transference/countertransference field as they are applied in the context of COVID-19 diverse cultural, social context and needs. **CEC 2**



DISCUSSION GROUP 15: LOVE, SEX AND THE AMERICAN PSYCHE: LOVE DISORDERS IN THE TIME OF COVID-19

Co-chair
& Presenter: R. Curtis Bristol, M.D. (New York, NY)
Co-chair, Presenter
& Host: [Name obscured] (Berray Beach, FL)
This session is for practicing therapists and psychoanalysts. It will address psychoanalytic theories of the psychoanalytic frame, love disorders and the impact of COVID-19 and quarantine. Literature on psychoanalytic theories of love,

CANCELLED

continued

SAT • FEB 20

5:00 P.M. – 7:00 P.M. ET continued

relationships and the impact of the pandemic will be reviewed along with a presentation of clinical case material. The goal of this discussion group is to improve skill in remote/distance patient care and treatment procedures during the ongoing COVID-19 pandemic. This discussion group has been **CANCELLED** for many years. Topics include: personality disorders, sexual addiction, masochism and other topics. Both are experienced analysts with extensive practice and teaching experience.

After attending this session, participants should be able to: 1) Describe the impact social distancing, isolation, fears of illness and death anxiety have on old and new love and sexual relationships; 2) Apply adjustments to the frame of treatment in a telehealth setting due to social distancing and quarantine in the treatment of love and sexual relationship disorders.

CEC 2



DISCUSSION GROUP 16: APPLYING HISTORICAL AND SOCIAL FACTORS IN CLINICAL PSYCHOANALYSIS

Chairs: Dorothy E. Holmes, Ph.D. (Bluffton, SC)
Donald B. Moss, M.D. (New York, NY)
Stephen Seligman, D.M.H. (San Francisco, CA)
Host: Jill Smith, M.D. (Los Angeles, CA)
Presenters: Jyoti Rao, M.F.T. (San Francisco, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

A detailed case presentation will begin the program, including specific session notes. The case presenter will include factors that might lend themselves to a cultural-historical perspective.

Group discussion will follow after the initial summary of the case and then after each hour is presented. The discussion will be focused on the impact of those particular factors in the psychotherapeutic process and the origin of the clinical problems at hand. Different ways of formulating and intervening will be considered. There will be opportunity to reflect on how analysts' own cultural and economic situations affect our thinking and experience. The presenter is an experienced analyst open to broad critical thinking. The program chairs have written, taught and been involved in explorations of these subjects for some time.

After attending this session, participants should be able to: 1) Utilize social/historical factors, such as race and economic class to increase the comprehensiveness of psychotherapeutic clinical work; 2) Demonstrate the importance of the sociohistorical origins of psychopathology. **CEC 2**



DISCUSSION GROUP 17: OPERA AND PSYCHOANALYSIS

Co-chairs: Ralph Beaumont, M.D. (Portland, OR)
Lynn Buell, MSW (Seattle, WA)
Host: Constance J. Jackson, M.D. (Portland, OR)
Presenters: Francis Grier, M.A.Oxon.* (London, England)
John Muller, M.Phil.* (New York, NY)

This program will consider interpersonal and intrapsychic aspects of the dynamics of forgiveness and the refusal to forgive in Mozart's three Da Ponte operas, with special emphasis on *The Marriage of Figaro*. These dynamics emerge as central issues in all three of these operas, and are resolved differently in each. From applied analytic and musicological perspectives the discussion will take up the ways these varied dynamics are expressed in art and in the clinic. Questions such as, why did Mozart provide different resolutions in different works, will be considered, along with questions of why our patients and analysts also resolve these issues differently at different times in treatment processes.

After attending this session, participants should be able to: 1) Describe the underlying interpersonal and intrapsychic dynamics of forgiveness and the refusal to forgive that lead to different resolutions; 2) Explain why patients and analysts resolve issues of forgiveness and its refusal differently and at different times in the treatment processes. **CEC 2**



DISCUSSION GROUP 18: PSYCHOANALYSIS AND CHINA: DISTANCE ANALYSIS FROM BOTH SIDES OF THE COUCH

Chair: Lana P. Fishkin, M.D. (Bala Cynwyd, PA)
Co-chair & Host: Elise W. Snyder, M.D. (New York, NY)
Presenters: Xiubing Wang, M.S. (Guang Dong, China)
Eric Qi Zhuang, M.A. (Sichuan, China)
Discussant: Frederic Levine, Ph.D. (Coconut Grove, FL)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

5:00 P.M. – 7:00 P.M. ET continued

This discussion group will be of interest to anyone involved with, or contemplating becoming involved with, distance psychoanalysis. The presenters, two Chinese analysts and one senior analyst, will provide vignettes, to illustrate the specific issues involved in experiencing and providing analytic treatment via the internet. The effectiveness and the difficulties of distance psychoanalysis will be explored, and a lively discussion among the participants will be encouraged to increase knowledge and competence with this necessary treatment modality.

After attending this session, participants should be able to: 1) Utilize a videoconference platform to conduct a distance psychoanalytic treatment; 2) Assess the appropriateness of tele-psychoanalytic treatment for a given patient. **CEC 2**

7:15 P.M. – 8:15 P.M. ET



PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT



All are invited to an informal evening to socialize with fellow psychotherapists and to talk about APsA, the Psychotherapy Department and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community. Bring your favorite appetizer & beverage to the Zoom room!

SUNDAY, FEBRUARY 21, 2021

All sessions are live and listed in Eastern Time

11:00 A.M. – 1:00 P.M. ET



DPE RESEARCH EDUCATION DIALOGUE: THE ROLE OF MENTALIZATION AND REFLECTIVE FUNCTION IN PSYCHOANALYTIC TREATMENT: TFP & MBT

Chair: Linda S. Goodman, Ph.D. (Los Angeles, CA)

Co-chair &

Discussant: Morris N. Eagle, Ph.D., ABPP (Marina Del Rey, CA)

Presenters: Elizabeth Allison, Ph.D.* (London, England)

Peter Fonagy, Ph.D.* (London, England)

Otto F. Kernberg, M.D. (White Plains, NY)

Discussant: Diana Diamond, Ph.D.* (New York, NY)



In 1934, Sterba wrote about the enhancement of the observing function of the ego in psychoanalytic treatment. There was little further development of this basic idea until the appearance of clinical and research papers on the importance of enhancing mentalization and reflective function in treatment. Although this approach was initially directed to the treatment of borderline conditions, it has been extended to other diagnostic groups. Two of the leading figures in this area, Professors Fonagy & Kernberg will present their work. The target groups for this session include clinicians who work with different diagnostic groups. They are expected to acquire information that will be relevant to their clinical approach to treatment.

After attending this session, participants should be able to: 1) Describe the use of mentalization and reflective function as one mechanism of change in psychodynamic treatment; 2) Compare the use of Mentalization Based Treatment (MBT) & Transference Focused Psychotherapy (TFP) with different diagnostic groups. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



PROFESSIONAL DEVELOPMENT WORKSHOP: RE-BRANDING PSYCHOANALYSIS: CORRECTING THE PUBLIC'S MISUNDERSTANDINGS

Co-chairs: Jack Drescher, M.D. (New York, NY)
Susan D. Kolod, Ph.D. (New York, NY)
Host: Wylie Tene (New York, NY)
Presenters: Linda L. Michaels, Psy.D., MBA* (Chicago, IL)
Austin Ratner, M.D.* (New York, NY)

Psychoanalytic treatment is depicted as outdated and ineffective to the general public. Rather than blaming the media and New Yorker cartoons, psychoanalysts bear some responsibility. Often our way of communicating relies heavily on jargon and refers to our complex theories. This approach to public communication inadvertently turns off potential patients who could benefit from a deeper, more individualized form of talk therapy. In order to change the public's perceptions, psychoanalysts need to communicate in a way that illustrates how psychoanalysis can be accessible and relevant to their lives. In this session, resistance to speaking to the lay public will be addressed and suggestions will be offered on how best to communicate about what psychoanalysts do, how it is done, and why it is effective.

After attending this session, participants should be able to: 1) Describe resistances to plain speaking and the default to in-group communications; 2) Analyze the public's misconceptions, while developing new language skills to create positive associations for psychoanalytic treatment and theories. **CEC 2**



THE PETER LOEWENBERG ESSAY PRIZE IN PSYCHOANALYSIS AND CULTURE

Chair & Host: Murray M. Schwartz, Ph.D. (Amherst, MA)
Presenter &
Prize Winner: Rosemary Rizq, Ph.D.* (London, England)
Discussant: Mitchell Wilson, M.D. (Berkeley, California)
Title: 'Familiar Artifice': Ways of Telling in the Short Story, Psychoanalysis, and Alice Munro's *The Moons of Jupiter*.

The Peter Loewenberg Essay Prize (formerly the CORST Essay Prize) is awarded to a paper demonstrating outstanding psychoanalytically informed research and scholarship in the arts, humanities, or social and behavioral sciences.

Presenting a reading of Alice Munro's *The Moons of Jupiter*, Dr. Rizq will argue that the form of the short story, as opposed to the linear, sequential aspects

of the novel, is a more appropriate model for the revelation of the self in psychoanalysis. Drawing on the roots of the short story in fable together with Freud's Totem and Taboo she will illuminate how Munro offers us an exemplary tale that parallels the origin of the self in its identification with the other. "The Courage to Dream Book Prize and the Undergraduate Essay Prize will be presented at this session."

Note: This session does not offer Continuing Education Credit.



DISCUSSION GROUP 19: EMBRACING OR FORECLOSING CHANGE: DEEPENING THE TREATMENT

Chair, Presenter
& Host: Peter Shabad, Ph.D.* (Lincolnwood, IL)

This discussion group will explore how the treatment relationship is a paradoxical one, inasmuch as it is both professional and intensely personal at the same time. What does it signify and what are the clinical implications when the professional is emphasized by one or both participants at the expense of the personal? Or when the personal is emphasized at the expense of the professional? What effect does the analyst's countertransference, analytic technique, and personal defense structure have on how this professional/personal paradox is addressed in the treatment, and on the fate of the analysis? This group will seek to raise questions and stimulate discussion about how the professional/personal paradox plays out in the treatment relationship.

After attending this session, participants should be able to: 1) Describe why the treatment relationship can be characterized as both professional and personal simultaneously; 2) Compare aspects of the treatment relationship that are considered professional and some that are more personal.

CEC 2



DISCUSSION GROUP 20: ENRICHING ADULT ANALYTIC WORK BY CHILD ANALYTIC TRAINING AND PRACTICE

Co-chair, Presenter
& Host: Caroline M. Sehon, M.D. (Bethesda, MD)
Co-chair &
Presenter: Virginia Ungar, M.D.* (Buenos Aires, Argentina)
Presenters: Florence Guignard, Ph.D.*
(Chandolin, Switzerland)
Liliana Manguel* (Buenos Aires, Argentina)

The co-chairs will demonstrate the importance for every adult analyst to obtain some child analytic

continued

11:00 A.M. – 1:00 P.M. ET continued

supervision or training before or after graduating from an analytic training program. Presenters will include internationally recognized Dr. Virginia Ungar, President, IPA and Dr. Caroline Sehon, Director, International Psychotherapy Institute (IPI). Child analytic foundational concepts will be highlighted, such as a discussion of the contributions of Anna Freud, Melanie Klein, Donald Winnicott, and a review of the developmental stages from pre-birth to adolescence relevant to adult psychotherapy and adult analysis. Evocative clinical case presentations will improve participants' capacities to come into contact with difficulties associated with very regressive moments or phases in adult analytic work. Participants will come to experience firsthand how child analytic work facilitates the development of analytic attitude, observational skills, and receptivity to transference and countertransference in clinical work with both child and adult patients.

After attending this session, participants should be able to: 1) Summarize concepts from infant, child, and adolescent development that apply to the practice of adult analytic work; 2) Describe transference and countertransference issues relevant to work with the infantile parts of adult patients' minds. **CEC 2**



DISCUSSION GROUP 21: FEAR, FAITH, GUILF AND GRIT: PSYCHOANALYSIS AND SPIRITUALITY

Chair: Paula Jean Hamm, M.A., LPC
(Centreville, VA)
Host: Marc S. Levine, M.D. (Washington, DC)
Presenter: Joseph Novello, M.D. (Ashburn, VA)
Discussant: Paul Marcus, Ph.D.* (Great Neck, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Pandemic times demand psychoanalysts to adapt, be flexible and cultivate resilience but this comes with suffering as part of the human experience. In the forefront of confronting uncertainty, complexity, and the role of personal responsibility a more intimate truer self can emerge from the cracks and crevices broken open. Illustrated through the life of Angelo D'Agostino, Jesuit Priest, physician and American Trained Psychoanalyst, Dr. Joseph Novello will tell "Dags" story. Author of "Dag, Savior

of Aids Orphans" he will illustrate how one man can change the world through being true to his archaic roots through insight, faith confronting established norms.

After attending this session, participants should be able to: 1) Discuss how to cultivate faith in patients by keeping the archaic roots open for working through crisis and trauma; 2) Describe the differences between defensive uses of religion and adaptive uses of the mystery of faith in a person's cultural history. **CEC 2**



DISCUSSION GROUP 22: A HALL OF MIRRORS: IMPINGEMENTS ON THE ANALYTIC CONTAINER

Chair & Host: Michael Krass, Ph.D. (Falls Church, VA)
Discussants: Justine Kalas Reeves, LICSW, Psy.D.
(Washington, DC)
Marie A. Murphy, MSW, BCD (Bethesda, MD)

This session is oriented towards clinicians who find themselves trapped in countertransference enactments, areas of misattunement and impasses that could be helped by examining the impingements that affect the analyst's capacity to think effectively—in short—to interfere/collapse/destroy the analyst's containing function. The co-leaders are inviting participants to bring clinical moments when their analytic containing function was challenged by the strain of current sociopolitical events: e.g., the COVID-19 pandemic, the recent increase of societal focus on racism and misogyny, the chronic state of political crisis and increasing economic stratification. We will utilize these case examples to discuss those forces that impinge upon the container – tipping, puncturing, and, in the worst cases, pulverizing the container within the analyst – to identify strategies the analyst can use to withstand and make constructive use of damage inflicted on the analyst's containing function.

After attending this session, participants should be able to: 1) Use the analyst's countertransference and reverie as well as the transference countertransference field to manage the impact of destructive impingements on the analyst's containing function; 2) Utilize impingement to the container by closely analyzing the impingement's impact upon the countertransference-transference field and the analyst's reverie to facilitate a deepening of the analytic process. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 23: PSYCHOANALYTIC PERSPECTIVES ON WOMEN AND THEIR EXPERIENCE OF COMPETENCE, AMBITION AND LEADERSHIP

Co-chairs: Frances Arnold, Ph.D. (Cambridge, MA)
Stephanie Brody, Psy.D. (Lexington, MA)
Host: Trude Kleinschmidt, M.D. (Watertown, MA)
Presenter: Adrienne Harris, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Looking back on 2020, on the impact of Black Lives Matter, of the pandemic, of economic collapse – of the presidential election – how will people make meaning of the women's movement? Did women leaders make a difference? This discussion group will reflect on the consequences of the 2016 and 2020 presidential election, four years that include a resurgence of women's representation in congress and in the streets. But alongside the power of women, reproductive rights, gender equity, and female leadership remain elusive. Do psychoanalysts have anything meaningful to contribute to this challenging puzzle? The group will use this forum to look at what has changed, what has not, and what psychoanalysis might meaningfully contribute to the dialogue.

After attending this session, participants should be able to: 1) Apply contemporary psychoanalytic ideas about women and their experience of authority and leadership to our current socio-political context, including the leadership experience of key women leaders; 2) Explain the group and social dynamics that underlie, undermine and control women's realization of authority and power. **CEC 2**



DISCUSSION GROUP 24: ON BEING SUPERVISED: HOW TO HELP SUPERVISEES NAVIGATE DYNAMICS IN THE DIGITAL AGE

Chair: Hilli Dagony-Clark, Psy.D. (New York, NY)
Host: Sarah L. Lusk, Ph.D. (Cambridge, MA)
Presenter: Daniel W. Prezant, Ph.D. (New York, NY)

The COVID-19 pandemic has created a wide-spanning necessity to transition from in-person clinical meetings to video and telephone sessions with very little preparation. Therefore, there has not been enough teaching to help trainees navigate

the complicated dynamics involved in digital work. Through a presentation by a seasoned supervisor and a discussion that will follow, this session will train supervisors to help their supervisees identify patients' conflicts, transference reactions, and resistances that occur in digital work. This session is intended for supervisors eager to help their supervisees become more aware of their patient's dynamics in response to digital work.

After attending this session, participants should be able to: 1) Explain how patients' conflicts, transference reactions, and resistances could become animated in digital work; 2) Assess supervisee's work with patients to decipher the potential presence or deficit of analysis pertaining to conflicts, transference reactions and resistance as pertaining to digital work. **CEC 2**

2:00 P.M. – 4:00 P.M. ET



SENIOR ANALYST PRESENTATION (PART 1)

Co-chair: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Co-chair & Host: Elizabeth Diamond, Ph.D. (Los Angeles, CA)
Presenter: Kathryn Zerbe, M.D. (Portland, OR)

Note: The senior analyst presentation is only open to those who have yet to complete analytic training. It is a two part session. Please register for both sessions. Part 2 takes place from 5:00 p.m. - 7:00 p.m.

Candidates comment that they are asked to publicly present clinical material in conferences, classes and supervision. They express a desire to hear analytic work presented by an experienced analyst illuminating how the analyst manages his/her own countertransference, transference and other matters in a week of analysis. The attendee will leave with a deeper knowledge of how the analyst uses their analytic instrument to maintain a healthy and productive analysis. The attendee will be able to communicate their concerns, successes and questions to supervisors. This discussion group is designed to increase candidates' competence to grasp the depth and challenge of analysis by hearing how the senior analyst works with the raw material presented. The new perspectives offered to the attendees will help them develop their own clinical mind.

After attending this session, participants should be able to: 1) Summarize the key conscious and unconscious communications between an analyst and analysand that deepen the clinical work; 2)

continued

2:00 P.M. – 4:00 P.M. ET continued

Demonstrate how psychoanalysis has evolved to a space shared by analyst and analysand where interactions include the subjectivities of both.

CEC 2



RESEARCH SYMPOSIUM: PERSONALITY DIAGNOSIS IN PSYCHOANALYSIS AND PSYCHOTHERAPY: A ROADMAP FOR TREATMENT

Chair: Glen Gabbard, M.D. (Houston, TX)
Host: Charles P. Fisher, M.D. (Berkeley, CA)
Presenter: Jonathan Shedler, Ph.D. (San Francisco, CA)

Knowledge of personality styles, or “neurotic styles,” has accrued over generations of psychoanalytic observation and thought. An understanding of core personality dynamics brings focus to treatment, avoids stalemates, and deepens analytic work. Dr. Shedler will discuss the personality styles most often seen in clinical practice (e.g., narcissistic, borderline, depressive, obsessive-compulsive, hysteric), drawing on and integrating accrued psychoanalytic wisdom with cutting edge scientific research. Dr. Shedler will discuss how each personality style has its own psychological vulnerabilities and is a distinct pathway to the “same” manifest symptoms of depression or anxiety, and he will offer clinical strategies for deepening treatment for each personality style. Attendees will also be introduced to the SWAP assessment instrument, a clinician-completed personality test for psychoanalytic diagnosis and case formulation.

After attending this session, participants should be able to: 1) Assess how familiar personality styles represent distinct pathways to depressive disorders; 2) Describe how narcissistic, paranoid, and borderline personality styles inherently create psychological vulnerability to depression. **CEC 2**



DISCUSSION GROUP 25: PROTECTING CONFIDENTIALITY IN VIDEO ANALYSIS

Chair: Kevin V. Kelly, M.D. (New York, NY)
Host: Peter L. Rudnytsky, Ph.D., LCSW (Gainesville, FL)
Presenters: John Churcher* (Manchester, England)
Roy Huggins* (Portland, OR)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for

such qualification is made by each state’s medical board.

When the COVID-19 crisis began, many analysts shifted abruptly to practicing by video, but few had either the time or the technological expertise to evaluate the risks this method might present to maintaining confidentiality. John Churcher is Chair of the Confidentiality Committee for the International Psychoanalytical Association, and Roy Huggins is a consultant to healthcare organizations who specializes in telemedicine. They will present information about how to protect confidential material when practicing remote analysis, and entertain questions from the audience. The group will also address the ethical question of how much responsibility the analyst should assume for the technological aspects of video practice.

After attending this session, participants should be able to: 1) Assess the risks to confidentiality posed by video analysis; 2) Explain the confidentiality risks of video analysis to a patient in a way that allows the dyad to reach a comfortable decision about proceeding with video analysis. **CEC 2**



DISCUSSION GROUP 26: PERSPECTIVES ON FATHERING

Co-chair: Seth Aronson, Psy.D. (New York, NY)
Co-chair
& Host: Phillip Blumberg, Ph.D. (New York, NY)
Presenters: Anne Alvarez, Ph.D., M.A.C.P.* (London, England)
Judith Edwards, Ph.D.* (London, England)
Graham Music, Ph.D.* (London, England)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Fatherhood is often seen as a stepchild, as it were, in the analytic literature. With changing views about the roles of race, culture, gender and sexuality, and ethnicity, how can we understand the contemporary role of the father in development? Anne Alvarez, a distinguished child analyst will bring her perspective to bear on this question. Her discussants will take up related questions such as the father’s importance for bodily awareness and self-regulation. Discussion with the audience will follow.

After attending this session, participants should be able to: 1) Discuss how the father is integral

continued

2:00 P.M. – 4:00 P.M. ET continued

to development for bodily awareness and self-regulation; 2) Describe how the move away from binary thinking has changed the role of the paternal in child development. **CEC 2**



DISCUSSION GROUP 27: PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS

Chair: Richard P. Kluft, M.D., Ph.D.
(Bala Cynwyd, PA)
Co-chair: Ira Brenner, M.D. (Bala Cynwyd, PA)
Host: Richard A. Chefetz, M.D.* (Washington, DC)

This discussion group is designed to assist psychoanalysts working with or interested in working with patients suffering complex Dissociative Disorders such as Dissociative Identity Disorder. It prioritizes acquiring skills relevant to 1) the identification and treatment of dissociative structures such as alternate identities, not merely dissociative processes; and to 2) addressing autohypnotic aspects of dissociative psychopathology. Intense discussion of illustrative vignettes will offer indirect clinical practice toward these goals. Current psychoanalytic thinking has enhanced the understanding of dissociative processes, but the understanding of working with dissociative structures and absorption phenomena has been relatively disregarded. The acquisition of the newer skills referred to above will facilitate the resolution of dissociative structures. The faculty have decades of experience in the treatment of dissociative disorders.

After attending this session, participants should be able to: 1) Prepare confrontations and interpretations that address two or more identities/dissociative structures simultaneously; 2) Apply techniques and approaches usually associated with hypnosis in the context of and without compromising the psychoanalytic paradigm. **CEC 2**



DISCUSSION GROUP 28: UNDERSTANDING PRIMITIVE MENTAL STATES AND THE NATURE OF THE OBJECT RELATIONSHIP

Chair &
Discussant: Lynne M. Zeavin, Psy.D. (New York, NY)
Host: Amber Nemeth, Ph.D. (New York, NY)
Presenters &
Discussants: Lindsay L. Clarkson, M.D. (Dorset, VT)
Shelley Rockwell, Ph.D. (Washington, DC)

Through discussion of clinical material, this session will explore the interface between the internal and external worlds. The group will elaborate the Kleinian view of transference and show that close attention to transference and countertransference manifestations in the session allow psychoanalysts to track various aspects of the patient's communication of their internal world. The group will address the phantasies propelling projection and introjection and the subtle tugs and pulls exerted on the analyst to join or resist the patient's point of view and demands. There will be a discussion on how to better discern the patient's state of mind to better focus interventions.

After attending this session, participants should be able to: 1) Define the Kleinian concept of transference as it unfolds in a clinical session; 2) Explain the role of projective identification in linking the inner and outer worlds of the patient. **CEC 2**



DISCUSSION GROUP 29: PSYCHODYNAMIC PROBLEMS IN ORGANIZATIONS & WORKSHOP OF COMMITTEE ON ORGANIZATIONAL CONSULTATION

Co-chairs: Steven Rolfe, M.D. (Bryn Mawr, PA)
Kenneth M. Settler, M.D. (Brookline, MA)
Co-chair
& Host: Kerry J. Sulkowicz, M.D., President-elect
(New York, NY)
Presenter: Kathleen White, Ph.D.* (New York, NY)

Analysts working in the consulting room hear about patient's conflicts in their work and organizational life. Addressing the psychodynamic conflicts and identifications motivating behavior in groups and organizations is often beyond the scope of our knowledge. A noted leader in psychodynamic consultation to groups, organizations, and their leaders, offers an anecdote from her psychoanalytic practice. The discussion will illustrate the particular dynamic faced by a woman analyst, working with a woman leader, both in a psychoanalytic framework as well as in a consulting framework. The analyst

continued

2:00 P.M. – 4:00 P.M. ET continued

became aware of her own conflicts around womanhood and leadership and professional roles. This journey for the analyst enabled a deeper knowledge of self, leading ultimately to deeper and successful psychoanalytic work for the client.

After attending this session, participants should be able to: 1) Use countertransference stemming from the dilemmas of role boundaries that emerge in work with business leaders; 2) Analyze unconscious processes and role challenges that shift the analytic stance both in a psychoanalytic framework and a consulting framework. **CEC 2**



DISCUSSION GROUP 30: THE INSIDE FOCUS: LISTENING FOR AFFECT AND DEFENSE INSIDE THE CLINICAL HOUR

Chair & Host: Diana S. Rosenstein, Ph.D. (Jenkintown, PA)
Presenter: Rachel G. Gross, M.D. (Philadelphia, PA)

This discussion group is intended for those experienced with close process work who wants to increase their technical skill, as well as novices who would like an introduction to the technical approach. In this discussion group, the focus will be on the patient's mind in conflict in the here-and-now of the analytic hour. Identifying moments in a session when a patient experiences conflict over what he or she is revealing to the analyst and responds with unconscious defense will be discussed as well as the how and when (and why) the analyst calls attention to such moments. Detailed process notes from an ongoing analysis conducted by an analyst experienced with defense analysis will be presented. The presenter is an experienced psychoanalyst who practices from the point of view of close process analysis.

After attending this session, participants should be able to: 1) Summarize the principles of close process attention methodology; 2) Describe when a patient experiences conflict over what he or she is revealing to the analyst and responds with unconscious defense and the how, when and why the analyst calls attention to such moments. **CEC 2**

5:00 P.M. – 7:00 P.M. ET



SENIOR ANALYST PRESENTATION (PART 2)

Co-chair: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Co-chair & Host: Elizabeth Diamond, Ph.D. (Los Angeles, CA)
Presenter: Kathryn Zerbe, M.D. (Portland, OR)

Note: The senior analyst presentation is only open to those who have yet to complete analytic training. It is a two part session. Please register for both sessions. Part 1 takes place from 2:00 p.m. - 4:00 p.m.

Candidates comment that they are asked to publicly present clinical material in conferences, classes and supervision. They express a desire to hear analytic work presented by an experienced analyst illuminating how the analyst manages his/her own countertransference, transference and other matters in a week of analysis. The attendee will leave with a deeper knowledge of how the analyst uses their analytic instrument to maintain a healthy and productive analysis. The attendee will be able to communicate their concerns, successes and questions to supervisors. This discussion group is designed to increase candidates' competence to grasp the depth and challenge of analysis by hearing how the senior analyst works with the raw material presented. The new perspectives offered to the attendees will help them develop their own clinical mind.

After attending this session, participants should be able to: 1) Summarize the key conscious and unconscious communications between an analyst and analysand that deepen the clinical work; 2) Demonstrate how psychoanalysis has evolved to a space shared by analyst and analysand where interactions include the subjectivities of both. **CEC 2**



DISCUSSION GROUP 31: PHARMACOTHERAPY AND PSYCHOANALYSIS

Co-chair: Fredric N. Busch, M.D. (New York, NY)
Co-chair & Host: David Gutman, M.D. (New York, NY)
Presenter: Aaron Reliford, M.D.* (New York, NY)

This discussion group will explore common challenges when medication is part of an analysis. These include: What factors contribute to the decision to prescribe or withhold medication? What countertransference challenges exist in combining treatment for medical and non-medical analyses? How does the introduction of medication affect the psychoanalytic process? In what situations

continued

5:00 P.M. – 7:00 P.M. ET continued

may the use – or non-use – of medication threaten an analysis? What are some of the challenges in monitoring medication once it is introduced? To what degree are cultural pressures at play and how are they managed within the analysis? When should the analyst consider splitting the treatment with a psychopharmacologist?

After attending this session, participants should be able to: 1) Explain the factors that contribute to the decision to prescribe or withhold medication; 2) Describe how the introduction of medication affects the psychoanalytic process and the countertransference challenges of combining treatment for medical and non-medical analyses.

CEC 2



DISCUSSION GROUP 32: EFFECTS OF THE HOLOCAUST AND GENOCIDE ON SURVIVORS AND FAMILY MEMBERS

Chair: Ira Brenner, M.D. (Bala Cynwyd, PA)
Co-chair: Nanette C. Auerhahn, Ph.D. (Beachwood, OH)
Host: Valentino Zullo, M.A., MSSA* (Cleveland, OH)
Presenter: Françoise Davoine, Ph.D.* (Paris, France)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This group is designed to address the impact of the Holocaust and genocidal persecution on survivors and their family members. The clinical importance of intergenerational transmission of such trauma, seen in successive generations of survivor families, has formed the cornerstone of this group since its inception. A parallel process on the perpetrator side, with significant differences, may also be addressed. Through a review of theoretical aspects of transmission, the presentation of clinical case material, and active group discussion, participants can acquire increased competence in this area.

After attending this session, participants should be able to: 1) Assess those patients for whom Holocaust/genocidal persecution issues may exist; 2) Analyze the painful, affect laden material of intergenerational transmission of trauma and its impact on the psyche. **CEC 2**



DISCUSSION GROUP 33: ANALYTIC LISTENING

Chair: Ralph Beaumont, M.D. (Portland, OR)
Host: Jeanne Johnson, M.D. (Lake Oswego, OR)
Presenter: Mary-Stone Bowers, M.F.T. (Campbell, CA)

The focus of this session will be on the centrality of the data gathering process, and a consideration of the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient. Looking closely at process notes of a single session, effort will be made to sharpen the view on nuances of communications, verbal and non-verbal (e.g. shifts in affect or state, torn off voice, pauses, posture, etc.), as these may provide significant information and awareness of experience as yet unconscious. Attention will be highlighted on cues that may have been overlooked, as the group reflect on assumptions and inferences, of whatever origin, to see how these may or may not contribute to opening yet untried paths.

After attending this session, participants should be able to: 1) Describe the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient; 2) Assess overlooked verbal and nonverbal cues when considering further implications in the nature of therapeutic action. **CEC 2**



DISCUSSION GROUP 34: CONFLICTING SUBJECTIVITIES AND SELF-INTERESTS BETWEEN ANALYST AND PATIENT

Co-chair, Co-discussant
& Host: Margaret Crastnopol, Ph.D. (Seattle, WA)
Co-chair
& Presenter: Irwin Hirsch, Ph.D.* (New York, NY)
Co-discussant: Joye Weisel-Barth, Ph.D., Psy.D.*
(Encino, CA)

What constitutes acting in “bad faith” on the analyst’s part? When might the analyst be putting forth one set of feelings or attitudes, while at the same time feeling or holding another, contradictory set, with or without conscious awareness of this discrepancy? The group will explore and contextualize this as a potential outgrowth of the analyst’s multiplicity of self, wherein he or she doesn’t own or take responsibility for a disavowed aspect of his or her psychic experience. The two discussants, who’ve written about the dark, unseen sides of the analyst’s psyche, examine how such “bad faith” functioning

continued

5:00 P.M. – 7:00 P.M. ET continued

can undermine the analytic bond and impair the treatment's outcome.

After attending this session, participants should be able to: 1) Explain the nature of “bad faith” functioning on the analyst’s part; 2) List indicators of when the analyst might be engaged in “bad faith” engagement with a patient and use strategies to correct this deleterious therapeutic approach.

CEC 2



**DISCUSSION GROUP 35:
NO BODIES IN THE ROOM**

Chair: Susan Vaughan, M.D. (New York, NY)
Host: Mark J. Blechner, Ph.D. (New York, NY)
Presenter: Lyn Yonack, M.S.W. (Great Barrington, MA)
Discussant: Danielle Knafo, Ph.D.* (Great Neck, NY)

In online psychoanalytic treatment, the parameters of expression of erotic transference have changed, since neither the clinician nor patient is in the same physical space, although they are in the same virtual space. The group will explore changed ways that erotic transference can be experienced and expressed in online treatment. The clinician needs to cultivate an increased competence to the expression of these phenomena and astute ways of clarifying them and making them productive. Lyn Yonack, Editor of *The American Psychoanalyst*, will present clinical material from online treatment that raises these issues. Danielle Knafo, author of *The New Sexual Landscape and Contemporary Psychoanalysis*, will discuss these phenomena through the lens of modern approaches to sexuality. Susan Vaughan, Director of the Columbia Psychoanalytic Center, will moderate the discussion.

After attending this session, participants should be able to: 1) Discuss ways that erotic transference is manifested differently in online psychoanalytic treatment; 2) Compare approaches to identifying and working with erotic transference in online treatment. **CEC 2**

2021 NATIONAL MEETING

WEEKEND 3: Feb 27-28



welcome

OPEN VIRTUAL SESSIONS THROUGHOUT THE DAY

POSTER SESSION

The 2021 Poster Session will be offered as a virtual gallery. Conference attendees will be able to independently view the posters throughout the conference.

This poster session is designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields.

This is the 20th annual poster session at the APsaA National Meeting.

HALLWAY/"MEET AT THE CLOCK"

In keeping with the spirit of APsaA's Waldorf days where attendees would run into colleagues in the hallway or meet a friend at the clock, APsaA will have a Zoom room where participants can meet up with old and new friends throughout the day, have lunch together and network.

Programming is in Zoom format:  MEETING  MEETING WITH BREAKOUT ROOMS  WEBINAR

Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary or legal action or both.

SATURDAY, FEBRUARY 27, 2021

All sessions are live and listed in Eastern Time

11:00 A.M. – 1:00 P.M. ET



SCIENCE DEPARTMENT SESSION 1: ON THE EDGE OF DISCOVERY: SELECT STUDIES FROM THE POSTER SESSION PRESENTED BY THE COLLEGE OF RESEARCH FELLOWS OF APSAA

Chair: Robert Gregory, M.D.* (Syracuse, NY)
Host: J. Christopher Perry, M.P.H, M.D.* (Montreal, Canada)
Presenters: Himanshu Agrawal, M.D. (Hartland, WI)
Sheila Hafter Gray, M.D. (Washington, DC)
Sarah Johnson, M.A.* (Knoxville, TN)
Michael Scharf, Ph.D.* (New York, NY)
Lauren Smith* (Gambler, OH)
Nicole Weishoff* (New York, NY)
Discussants: Barton J. Blinder, M.D. (Newport Beach, CA)
Rebecca Drill, Ph.D.* (Needham, MA)
John Markowitz, M.D.* (New York, NY)

This year marks the 20th anniversary of the APsaA Poster Session, with contributions from psychoanalytic researchers throughout the United States and around the world. This session “On the Edge of Discovery,” inaugurates a new program for APsaA. The newly formed College of Research Fellows of APsaA has selected outstanding contributions from researchers who have submitted poster presentations for the 2021 National Meeting. The authors of the selected posters will present their studies in more detail and a faculty member will discuss the strengths and limitations of the research methodology and how the findings may inform psychoanalytic theory and practice.

After attending this session, participants should be able to: 1) Utilize relevant design elements such as sample size and selection, control of independent variables, randomization, mediation, and statistical analysis for psychoanalytic research; 2) Analyze the strengths and limitations in research methodology for psychoanalytically-oriented studies to inform psychoanalytic theory and practice. **CEC 2**



CONVERSATION WITH A DISTINGUISHED ANALYST:

DR. JACK DRESCHER “A HISTORY OF HOMOSEXUALITY AND PSYCHOANALYSIS: FROM THE THEORETICAL TO THE PERSONAL”

Chair: Holly Crisp, M.D. (Houston, TX)
Host: Sumru Tufekcioglu, Ph.D. (New York, NY)
Distinguished Analyst,
Presenter: Jack Drescher, M.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Join renowned analyst Dr. Jack Drescher for a conversation on his ideas about psychoanalytic practice and thinking. Early psychoanalytic theorizing about homosexuality made it impossible for openly gay men and women to become psychoanalysts. The history of psychoanalytic attitudes toward homosexuality illustrates how psychological theories cannot be divorced from the political, cultural, and personal contexts in which they are formulated. This presentation will elucidate some of that history as well as the impact of theoretical formulations on the personal level of an openly gay male psychoanalyst. In this interactive presentation, attendees are encouraged to engage in discussion. Dr. Drescher is a Faculty Member and Senior Psychoanalytic Consultant, Columbia Center for Psychoanalytic Training and Research, and a Training and Supervising Analyst at the William Alanson White Institute.

After attending this session, participants should be able to: 1) Discuss and distinguish between the three broad categories of theorizing about homosexuality: theories of pathology, theories of immaturity and theories of normal variation; 2) Assess how personal beliefs (countertransference) influence clinical thinking about human sexuality. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



COMMITTEE SPONSORED WORKSHOP 3: PRACTICE BUILDING TODAY: BLACK LIVES MATTER, PSYCHOANALYSIS AND FAITH IN BUILDING PRACTICE

Chair & Host: Susan Flinders, Ph.D. (Chelsea, MI)
Presenters: Robin Rayford, M.A.* (Troy, MI)
Stan Rayford, M.A.* (Troy, MI)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This workshop will address environmental and self-induced biases that might keep clinicians from offering more psychoanalysis/psychoanalytic treatment to Black patients, especially those of faith. These issues will be discussed interactively with two Black professionals who are intensely involved with an inner-city church which provides emotional and spiritual support with an underpinning of psychoanalytic concepts. There will be time for questions and discussion to help increase the interpersonal competence and confidence needed to offer psychoanalysis/psychoanalytic therapy to more patients.

After attending this session, participants should be able to: 1) Describe how bias of the Black Lives Matter movement has limited work with Black patients and patients of Faith; 2) Analyze environmental and self-induced biases to reduce mutual bias and build a psychoanalytic practice with individuals from more diverse populations, especially those of faith. **CEC 2**



ETHICS COURSE OVERVIEW OF LEGAL & RISK CHALLENGES OF TELEHEALTH, PRESCRIBING, SUICIDE & PEER COVERAGE IN TODAY'S WORLD. SPONSORED BY AIG/ EDGEWOOD PARTNERS INSURANCE CENTER FORMERLY KNOWN AS FRENKEL & COMPANY

Presenter
& Host: Kris Oliveira, J.D., M.A., R.N., CPHRM*
(Boston, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

Utilizing an interactive presentation format,

speakers will present an overview of the legal implications associated with COVID-19, telemedicine, suicide risks and colleague peer hand off/coverage issues. Using closed and potential claim scenarios, the presenters will suggest strategies and resources to assist the attendees to minimize professional liability. The session will be highly interactive and encourage questions and comments from the attendees in dialogue with panelists.

After attending this session, participants should be able to: 1) Describe two major risks associated with suicide in the COVID-19 environment; 2) Summarize best practice process and procedures suggested for telehealth licensing and documentation in the COVID-19 environment. **CEC 2**



DISCUSSION GROUP 36: TREATMENT RESISTANCE: APPLICATION OF PSYCHOANALYTIC IDEAS TO PSYCHIATRIC DILEMMAS

Co-chair: Eric M. Plakun, M.D., DLFAPA, FACPsych
(Stockbridge, MA)

Co-chair, Discussant
& Host: Elizabeth F. Weinberg, M.D. (Stockbridge, MA)
Presenter: Heather Churchill, Psy.D.* (Stockbridge, MA)

“Treatment resistance” is increasingly described in the treatment of severe mental illness, with dramatic increases in citations using this term over the past decades. This group will begin with a presentation of psychoanalytic work with a severely disturbed patient with a history of poor response to conventional treatment. Participants will explore psychoanalytic concepts and approaches as they apply to these dilemmas. Discussion will include reflections on the alliance, transference, and the role of the “third.”

After attending this session, participants should be able to: 1) Describe dynamic explanations underlying common forms of treatment distance; 2) Discuss the process of establishing a treatment alliance in a psychoanalytic therapy when serious psychiatric illness is present. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 37: PSYCHOANALYTIC APPROACHES TO THE SERIOUSLY DISTURBED PATIENT

Co-chair: Marlene Kocan, Ph.D., FABP (Columbus, OH)
Co-chair & Host: Peter Kotcher, M.D. (Cincinnati, OH)
Presenter: Nancy Bakalar, M.D. (Lone Tree, CO)

The discussion group will be of interest to all conference attendees who wish to explore and improve their knowledge of and competence in treating their patients who have serious disturbances. In response to a detailed case presentation, the group will ask questions and discuss process and events to clarify the underlying strategies, obstacles, and competencies revealed in the presenter's reported treatment. Marlene Kocan, Ph.D. and Peter Kotcher, M.D. are both graduates of the Cincinnati Psychoanalytic Institute who have extensive experience in inpatient psychiatric treatment.

After attending this session, participants should be able to: 1) Use their emotional reaction to patients with serious primitive pathology to verbalize the patient's emotional state and to guide the participant's intervention; 2) Explain what the patient's internal experience is or might be and recognize that inner experience to present it in a way that is useful to and can be understood by the patient. **CEC 2**



DISCUSSION GROUP 38: CORONAVIRUS AND THE BODY IN PSYCHOANALYSIS

Chair: Vaia Tsolas, Ph.D. (New York, NY)
Host: Anand Desai, M.D. (New York, NY)
Presenter: Riccardo Lombardi, M.D.* (Rome, Italy)
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)

Dr. Riccardo Lombardi presents a theoretical formulation, expanding on the ideas of Freud, Bion and Matte-Blanco to explain the theory behind viewing in the contemporary body-mind crisis of the coronavirus pandemic as an opportunity for deepening the analytic process. Struggling with body boundaries and acute anxieties has the potential to become a springboard for creativity for both patient and analyst. For patients vulnerable to guilt and internal paranoia, tragic news of the pandemic necessitates an unfolding of the distinctions: body and mind, external and internal reality, objective tragedy and imagined fear of

an attack by an offender. Where the "symmetry" of the unconscious tends "like an acid" to cancel distinctions, the psychoanalytic task is to promote distinctions that stimulated discrimination, thought, and emotional containment.

After attending this session, participants should be able to: 1) Utilize the exigencies of the pandemic in work with disturbed patients unable to tolerate anxiety evoked by traumatic intrusions of reality such as the reality of the pandemic; 2) Describe and clinically utilize the numerous ways in which the body mind relationship has been brought into sharp focus in a time in which threats to the body can no longer be overlooked. **CEC 2**



DISCUSSION GROUP 39: THE PSYCHOANALYTIC TREATMENT OF PATIENTS WITH PSYCHOSOMATIC

SYMPTOMS: TRAUMA AND EMBODIED MEMORY

Chair: Phyllis L. Sloate, Ph.D. (New Rochelle, NY)
Host: Fredric T. Perlman, Ph.D. (Pleasantville, NY)
Presenter: Marilyn Rifkin, LCSW (Naples, FL)

The psychoanalytic treatment of trauma is fraught with dissociative mechanisms and concomitant enactments. Embodied memory research explicates the way trauma is stored in the body and how it can be understood within the transference and countertransference matrix. A practice gap exists where the analyst is not sensitized to embodied communication. Modification of technique is needed to transcend the enactment cycle. This case presents an alexithymic patient with a history of trauma due to early maternal failure and medical treatment of secondary enuresis. Repeated sadomasochistic enactments were often difficult to manage. The decoding of bodily experience led to a deepening of the treatment and increased symbolic capacity.

After attending this session, participants should be able to: 1) Explain embodied memory theory as it pertains to the analysis of traumatized patients; 2) Apply techniques that decode embodied communication in order to enable patients to overcome dissociative states and move from enactment to comprehension. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



**DISCUSSION GROUP 40:
THE DIFFICULT CHILD TO REACH:
A KLEINIAN PERSPECTIVE ON**

PSYCHOANALYTIC WORK WITH CHILDREN

Chair & Host: Karen Proner, M.S. (New York, NY)

Presenter: Debra Gill, LCSW (New York, NY)

This session will focus on children and adolescents with severe problems that may make them uncertain patients for psychoanalytic work. With the growing pressure on child analysts to work with more disturbed children, this discussion group will look at technical problems and theoretical problems through the presentation and discussion of clinical material. The clinical case will be selected for its difficulties and challenges to our usual ways of thinking and working as child analysts. Klein and her followers believed that one could adapt the method of psychoanalysis to work with children's earliest anxieties and their defenses and stay true to the principles of psychoanalysis.

After attending this session, participants should be able to: 1) Describe the Kleinian methods of working with children and adolescents whose problems are from early trauma or deficit and whose primitive mental states and defenses make them difficult to reach in the conventional analytic approach; 2) Assess emotions that are generated by the primitive process of projective identification to bridge the difficulty of children who may not play or symbolize in the conventional way or who challenge the setting and the analyst. **CEC 2**

2:00 P.M. – 4:00 P.M. ET



**SCIENCE DEPARTMENT SESSION 2:
OTTO KERNBERG: PERSPECTIVES FROM
SEVEN DECADES OF PSYCHOANALYTIC**

RESEARCH

Chair: Robert M. Galatzer-Levy, M.D. (Chicago, IL)

Host: Adam N. Moriwaki, Psy.D. (Muskego, WI)

Presenter: Otto F. Kernberg, M.D. (White Plains, NY)

Dr. Otto Kernberg's enormous contributions to psychoanalytic research have spanned seven decades. In this presentation he will discuss the development of psychoanalytic research, its roles, methods, problems and limitations as he has seen them evolve. Building on his own experience to illustrate the excitement and frustrations of the field, he will discuss where research has been, where it is and what the future may hold. Dr. Kernberg will provide a picture of research that can inform

those who hope to contribute to it, "consumers" of psychoanalytic research who want to apply it to practice, and those who want to intelligently support the research effort. The presentation will be in the form of a dialog with Dr. Robert Galatzer-Levy and will include audience participation.

After attending this session, participants should be able to: 1) Explain the crucial importance of psychoanalytic research for the development of psychoanalysis as a discipline, and its role in "suicide prevention" for psychoanalytic institutes and societies; 2) Discuss resistances to research that occur within psychoanalytic organizations.

CEC 2



**THE 2021 CANDIDATES' COUNCIL
PSYCHOANALYTIC PAPER PRIZE**

Chair: Rachel D. Maree, M.D., M.P.H.
(Brookhaven, GA)

Host: Melissa Jenereski, M.S.W. (Pittsburgh, PA)

Presenter: Rochelle M. Broder, Ph.D.
(Huntington Woods, MI)

Discussant: Joan E. Sarnat, Ph.D., ABPP*
(Berkeley, CA)

The Candidates' Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning paper is selected based on a blind peer review process with candidates serving as readers and judges. This year's finalist prize winner Rochelle M. Broder, Ph.D. will present her paper "Low Fee, Rage and Countertransference". A senior analyst, Joan Sarnat, Ph.D., will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Discuss issues of countertransference and patient enactments related to setting fees; 2) Analyze the phenomenon of a parallel processes that occurs in the candidate's supervisory experience.

CEC 2

SAT • FEB 27

2:00 P.M. – 4:00 P.M. ET continued



COMMITTEE SPONSORED WORKSHOP 4:

2021 RALPH ROUGHTON AWARD PAPER:
FROM BATTLEGROUND TO PLAYGROUND:

A WINNICOTTIAN READING OF THE VIDEO GAME AVATAR AS TRANSITIONAL PHENOMENON FOR THE QUEER, TRANSGENDER, AND/OR GENDER NON-CONFORMING PATIENT

Co-chairs: Carol B. Levin, M.D. (Okemos, CA)
Don Spivak, M.D. (Birmingham, MI)

Host: Justin Shubert, Psy.D. (Los Angeles, CA)

Presenter: Sien Rivera, M.D. (Columbia, SC)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This presentation, for any practitioner who encounters patients that engage with video games, will utilize the work of D.W. Winnicott as a lens to examine play in the development of queer, transgender, and/or gender-nonconforming patients, and the safety that video games provide for this play. Included is a discussion of a case of a trans patient who utilized a video game avatar as a tool in therapy during their medical transition. Sien Rivera, M.D. is a PGY4 Child/Adolescent Psychiatry Fellow at Prisma Health Midlands, a member of Prisma Health's physician working group for transgender patient care, the Association for Gay and Lesbian Psychiatrist's Resident Committee, and the American Association for Child and Adolescent Psychiatrist's Sexual Orientation and Gender Identity Issues Sub-Committee.

After attending this session, participants should be able to: 1) Apply Winnicottian concepts to formulate patient engagement with video games; 2) Utilize play as an effective therapeutic tool for the queer, transgender and/or gender non-conforming patient. **CEC 2**



DISCUSSION GROUP 41:

PSYCHOTHERAPIST ASSOCIATES
PRESENT: FROM PERSECUTION TO

PSYCHIC BIRTH: COUNTERTRANSFERENCE AND TRANSFERENCE FROM AN OBJECT RELATIONS PERSPECTIVE

Co-chair: Margo P. Goldman, M.D.* (Andover, MA)

Co-chair

& Host: Petra Pilgrim, M.D.* (New Canaan, CT)

Presenter: Padma Desai, LMHC, LPC* (New York, NY)

Discussant: Aisha Abbasi, M.D. (West Bloomfield, MI)

This discussion group applies psychodynamic principles and techniques to real-world psychoanalytic psychotherapy with special attention to identifying and managing transference/ countertransference enactments. The case presentation and discussion will portray how individual and cultural persecutory experiences are internalized and limit psychic growth. The program will address managing and using containment, internalization and regression to improve competence and avoid pitfalls that can impede the clinician's or patient's progress in treatment. All levels of clinical training and skill are welcome. Padma Desai is a psychoanalytic psychotherapist practicing in New Jersey with an interest in object relations theory and technique. Aisha Abbasi is a psychiatrist and psychoanalyst practicing in Michigan, with clinical and published expertise in cross-cultural issues and inadvertent psychosocial disruptions in the treatment relationship.

After attending this session, participants should be able to: 1) Identify the transference-countertransference reactions between the patient and therapist to manage and trace movement in the dyad during psychotherapy; 2) Utilize clinical interventions and technique consistent with the relevant object-relations theories to support the treatment dyad while holding and interpreting toward transformation. **CEC 2**



DISCUSSION GROUP 42:

THE INTEGRATION OF PSYCHOANALYSIS
AND COUPLE THERAPY

Chairs &

Presenters: Graciela E. Abelin-Sas Rose, M.D.
(New York, NY)

Peter Mezan, Ph.D.* (New York, NY)

Host: Ellen Mezan, Ph.D.* (New York, NY)

This discussion group will define the distinction between the unconscious organization of the individual and of the couple, studying the marked

continued

2:00 P.M. – 4:00 P.M. ET continued

differences between an individual's transference to his or her analyst and the transferences to the partner. To that effect clinical material will be presented where the same patient is studied in his individual session and in the couple session. The presenters have designed a collaboration maintained during many years whereby one of them sees the couple while the other treats one of the partners in psychoanalysis. The observations are extremely clarifying about the great differences encountered in both settings. It opens up the question of how to deal with these different aspects of the psyche in each treatment.

After attending this session, participants should be able to: 1) Assess how distortions and projective identifications, articulated by patients about their partners, are expressed not only through words, but through subtle gestures and tone; 2) Design interventions that address how a fixed construction of the other affects the emotional field of the partner and then reverberates back into the patient's mind, maintaining an immovable pattern, impeding mutual development. **CEC 2**



DISCUSSION GROUP 43: CONTRIBUTIONS OF INFANT RESEARCH TO ADULT TREATMENT

Chair, Co-presenter
& Host: Beatrice Beebe, Ph.D. (New York, NY)

Co-chair &
Co-presenter: Frank M. Lachmann, Ph.D. (New York, NY)

This discussion group will present research on mothers who were pregnant and widowed on 9/11, and their infants: an "Urgent Engagement" picture - and its relevance to adult treatment. The session will show films/frame-by-frame analyses of mother-infant interaction; role-play brief interactions identified by the research; discuss case vignettes of adult treatment that illustrate the applicability of this research, and invite participants to bring case vignettes of adult patients with early trauma. Beatrice Beebe is an infant researcher/ psychoanalyst; Frank Lachmann is a psychoanalyst. Their books are good background: Beebe & Lachmann, 2002, *Infant research and adult treatment: Co-constructing interactions*; Beebe & Lachmann, 2014, *The origins of attachment: Infant research and adult treatment*.

After attending this session, participants should be able to: 1) Describe the mother-infant interaction patterns of urgent engagement; 2) Use urgent

engagement to infer and imagine the infant history of adult patients with early trauma. **CEC 2**



DISCUSSION GROUP 44: CULTURAL NARRATIVES IN PSYCHOANALYSIS

Chair
& Host: M. Nasir Ilahi, L.L.M. (Riverside, CT)
Co-chairs: Sandra Buechler, Ph.D.* (New York, NY)
Alan Roland, Ph.D.* (New York, NY)
Presenter: Fang Duan, Ph.D.* (Lake Hiawatha, NJ)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Psychoanalysis has rarely considered that culture is deeply internalized. While psychoanalysis has universal applicability, internalized values of Western individualism deeply inform many psychoanalytic formulations. Potential conflicts arise when the analyst (or his/her explicit/implicit theories) comes from a Western culture and the patient from a radically different, non-Western culture (e.g. Japan, China, and India) where profoundly different family-centered unconscious emotional values prevail. While each non-western culture has unique features, they all share in common the family-centered aspect to varying degrees in contrast to the individual-centered emphasis in the West. These nonconflictual internalizations date back to the earliest preverbal mother/infant interactions and seldom become conscious since they are silently woven into the entire emotional fabric. This territory will be intensively explored utilizing detailed clinical process

After attending this session, participants should be able to: 1) Describe the role of deeply internalized culture in psychoanalytic therapy with patients from non-Western cultures; 2) Explain how transference and countertransference developments in psychoanalytic therapy with patients from non-Western cultures can lead to clinical impasses.

CEC 2

2:00 P.M. – 4:00 P.M. ET continued



DISCUSSION GROUP 45: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair & Host: M. Sagman Kayatekin, M.D. (Bellaire, TX)

Co-chair: Michael D. Groat, Ph.D., M.S.*
(New Canaan, CT)

Presenters: Allison de Seve, Ph.D.* (New Canaan, CT)
Michael McClam, M.D. (Houston, TX)

Drs. Kayatekin and Groat have extensive experience in psychoanalytic individual, family, group, milieu and hospital team work. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP's, partial hospitalizations, and day treatment programs. These contexts, with their regressive/progressive capabilities on the person and the psychopathology, provide a unique window to the fascinating interrelatedness of intra-psychic and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will increase participants' knowledge beyond the intrapsychic/dyadic psychoanalytic approaches that dominate the psychoanalytic theory. This will allow for a more sophisticated, multilayered use of the multiple venues of therapeutic action that makes multiple treater settings effective environments conducive to therapeutic growth and change.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CEC 2**



DISCUSSION GROUP 46: PSYCHOANALYSIS WITH TWINS: PSYCHOANALYSIS OF A LATENCY AGE MALE FRATERNAL TWIN

Co-chair
& Host: Maida Greenberg, Ed.D. (Newton Centre, MA)

Co-chair
& Presenter: Mali Mann, M.D. (Los Altos, CA)

The challenges that exist for twins as they attempt to develop a separate sense of self will be offered to clinicians who are working with twins, siblings of twins, and parents of twins in their professional practice. The presentation and discussion of analytic material about fraternal twin will enable clinicians

to describe the specific struggles that twins have in individuating from one's twin at different stages of their development. The transference/countertransference issues that may be enacted in the treatment by the patient will be highlighted.

After attending this session, participants should be able to: 1) Analyze the competitive feelings of rivalry and jealousy that twins experience as they attempt to develop their separate identities; 2) Describe how in the transference a twin with maternal psychopathology searches for a good maternal object to replace or remediate the bad early infant mother mis-attunement. **CEC 2**

5:00 P.M. – 7:00 P.M. ET



SCIENCE DEPARTMENT SESSION 3: TRAUMA-FOCUSED PSYCHODYNAMIC PSYCHOTHERAPY (TFPP)

Chair

& Presenter: Barbara Milrod, M.D. (New York, NY)

Host: Charles P. Fisher, M.D. (Berkeley, CA)

Presenters: Fredric N. Busch, M.D. (New York, NY)
Cory K. Chen, Ph.D. (New York, NY)

In this program, the authors of the forthcoming book, *Trauma Focused Psychodynamic Psychotherapy*, will present their research findings about treatment of patients with PTSD. "Patients said they yearned to regain a sense of life purpose, of which they felt their traumas had robbed them, because of their ongoing symptoms and the way their traumatic experiences had come to overshadow their lives." Many psychotherapies are helpful with symptoms of PTSD. Moving beyond symptom relief, "The goal of TFPP is to help patients with PTSD make coherent sense of their often disjointed symptomatic experiences, and thereby to provide an emotionally vibrant road linking the trauma survivor to his/her emotional life before the trauma, hence helping to restore that lost sense of purpose and coherence."

After attending this session, participants should be able to: 1) Summarize recent research findings about the nightmarish consequences of PTSD; 2) Describe the elements of a trauma-focused psychodynamic psychotherapy that moves beyond symptom relief to help PTSD patients regain a "sense of life purpose."

CEC 2

5:00 P.M. – 7:00 P.M. ET continued



DISCUSSION GROUP 47: PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY

Chair: Ralph Beaumont, M.D. (Portland, OR)
 Host: Cynthia Ellis Gray, M.D. (Portland, OR)
 Presenters: Kristen Callahan, M.A., M.F.T. (Redwood City, CA)
 Petra Pilgrim, M.D.* (New Canaan, CT)
 Discussant: Britt-Marie Schiller, Ph.D. (Saint Louis, MO)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, focusing often on limitations of the latter. This discussion group will take a different stance toward this relationship. The emphasis will be psychoanalysis and psychodynamic psychotherapy, rather than one versus the other. The group will emphasize side by side comparison with the intention of greater knowledge of the two areas of practice and their relations. The group believes that examining these two clinical approaches together will increase knowledge of their shared aspects. The format will involve two presenters, one providing psychoanalytic material, the other psychotherapeutic material. A discussant will help pursue consideration of the two processes in terms of method, technique, and therapeutic action.

After attending this session, participants should be able to: 1) Compare the two processes of psychoanalysis and psychodynamic psychotherapy in terms of technique, method, and therapeutic action; 2) Demonstrate the distinctions that can be made conceptually between the psychoanalytic and psychotherapeutic processes. **CEC 2**



DISCUSSION GROUP 48: PSYCHOANALYTIC APPROACHES TO WORKING WITH CHILDREN WITH AUTISM SPECTRUM DISORDER

Chair: Susan P. Sherkow, M.D. (New York, NY)
 Presenter & Host: Lissa Weinstein, Ph.D. (New York, NY)

This group will examine the developmental course of a nine year old boy, whose five-year analysis revealed a confluence of genetic and constitutional factors, and environmental stressors, that together contributed to his manifest presentation of being both brilliant and well-endowed, yet still often asocial and dysregulated, which negatively impacted his capacity to function in a school setting. Neuropsychological testing confirmed the difficulty of finding a clear “diagnosis.” Dr. Sherkow

will present the process and video material, accompanied by Dr. Weinstein’s testing results. They will discuss diagnostic criteria, the concept of neuroplasticity and change, and the impact on ego development of neurogenetics and conflict in the formation of symptoms.

After attending this session, participants should be able to: 1) Compare the classic symptoms of ASD with conflict-driven symptoms in a child; 2) Describe a psychoanalytic approach’s impact on ego and superego development and conflicts in the formation of symptoms. **CEC 2**



DISCUSSION GROUP 49: JAMES JOYCE’S ULYSSES AND PSYCHOANALYSIS

Co-chair & Host: Steven Rolfe, M.D. (Bryn Mawr, PA)
 Co-chair: Paul Schwaber, Ph.D. (Hamden, CT)

“Ulysses” by means of characterizations that in context makes real and credible the inner lives of fictive persons and provides, through artistic form and aesthetic experience, what scientific case studies cannot manage, for it portrays minds in action, the specificity, rhythms, ideas, association, feelings, and recurrences that distinguish and, in the clinical situation, reveal distinct persons. In doing this it offers occasion for showing by extrapolation how an analyst listens and ponders, that is follows along, notices things, and reflects about a person who is saying whatever comes to mind, or trying to. The chapter “Cyclops” in James Joyce’s Ulysses will provide an opportunity to increase knowledge of the relationship between narcissism, aggression and paranoid and racist attitudes. The session will focus on the blindness of the characters in the novel, and the dangerous consequences of xenophobia which result. This year’s reading: Ulysses: Chapter 12 “Cyclops” Gabler Edition, Vintage Books/Random House. Supplemental reading: “The Argument of Ulysses” Stanley Sultan

After attending this session, participants should be able to: 1) Describe the nature and limitations of a “one-eyed” narcissistic, prejudiced view of the world; 2) Apply Freud’s concepts of character types to analyze the dangers and consequences of nationalism, racism and unbridled characterological narcissism. **CEC 2**

SAT • FEB 27

5:00 P.M. – 7:00 P.M. ET continued



DISCUSSION GROUP 50: DEEPENING THE TREATMENT

Chair
& Host: Jane S. Hall, LCSW, FIPA (New York, NY)
Presenters: Luke Hadge, Ph.D. (Honolulu, HI)
Timothy H. Rayner, M.D. (San Diego, CA)

This discussion group will address the difficult topic of deepening the work with those who know nothing about psychoanalytic work. The problems presented often do not surface in the beginning of treatment so the clinician must be equipped to handle the revelations that occur. Case material will illustrate working with naiveté, anxiety, and fear of trusting. Working with patients that are resistant to in depth therapy requires sophisticated communication skill. Skills in patient communication, explaining why deeper treatment is necessary and how to help patients begin addressing their problems by understanding their roots are taught. The presenters will use case material and share their knowledge about how they deepened the work. Both presenters are mid-career psychoanalysts who understand that the general public knows little about deep psychoanalytic work. They will share their expertise in encouraging patients to do the work.

After attending this session, participants should be able to: 1) Create a non-judgmental environment to deepen psychoanalytic work that includes more frequent sessions; 2) Prepare patients for intensive psychoanalytic work that involves exploring the deep roots of their problems through expressing emotion, speaking freely, and analyzing dreams to make the unconscious more conscious. **CEC 2**

7:00 P.M. – 8:30 P.M. ET



CANDIDATES' VIRTUAL COCKTAIL PARTY



This is a chance to unwind, socialize, meet and network with candidate colleagues from across the country and around the world.

The goal is to socialize with other candidates, make professional connections and develop friendships in a non-educational event. There will be a chance to talk as a larger group and then break into smaller groups for informal conversation and socializing.

SUNDAY, FEBRUARY 28, 2021

All sessions are live and listed in Eastern Time

11:00 A.M. – 1:00 P.M. ET



COMMITTEE SPONSORED WORKSHOP 5: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Co-chair
& Host: Mark Moore, Ph.D. (Philadelphia, PA)
Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)
Jonathan Palmer, M.D. (Newton, MA)
Harvey J. Schwartz, M.D. (Philadelphia, PA)
Peggy E. Warren, M.D. (Waban, MA)
Presenter: Deborah L. Cabaniss, M.D. (New York, NY)

This workshop will continue to discuss teaching and writing about treatment cases. Deborah Cabaniss, author, clinician and educator, will reflect on her personal journey to understand and teach the psychodynamic formulation. With her writing group, she has created an operationalized model for formulating psychodynamically to help trainees and seasoned clinicians create the formulations that are essential for understanding and treating patients. She will discuss her earlier contributions on case writing and the formulation. More recently, Deborah and her group have begun to explore how to make internalization of perceptions about race, gender and sexuality central to all psychodynamic formulations. This will be an interactive workshop. (This workshop is related to the discussion group: "Writing About Your Analytic Work In a Case Report", Sunday, February 28 at 2:00p.m.)

After attending this session, participants should be able to: 1) Utilize psychodynamic formulation in the teaching and writing about patient treatments; 2) Demonstrate how to make internalization of perceptions about race, gender and sexuality central to all psychodynamic formulations. **CEC 2**

SAT • FEB 27

SUN • FEB 28

11:00 A.M. – 1:00 P.M. ET continued



CANDIDATES' COUNCIL MASTER TEACHER AWARD: DR. DIONNE POWELL: "A MOVEMENT NOT A MOMENT:

**SUSTAINING A DIVERSE, RACIALLY INCLUSIVE
APPROACH TO PSYCHOTHERAPY AND
PSYCHOANALYTIC EDUCATION."**

Chair: Holly Crisp, M.D. (Houston, TX)
Host: Sumru Tufekcioglu, Ph.D. (New York, NY)
Master Teacher Award Recipient,
Presenter: Dionne R. Powell, M.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Seismic changes in our national conversation, following the inexplicable deaths of too many black people, result in our reckoning as analysts on how we unconsciously and consciously exclude the racial other. Our racism and supremacy, cloaked by liberalism, blinds our ability to view ourselves as part of the problem and contributors to viable solutions. By striving to include the cultural/ethnic self in all aspects of psychoanalytic education, including the recruitment, retention and development of diverse candidates of color, we can make a change promoting diversity, equity and inclusion. Racial reconciliation must go beyond public statements to the intra-psychic, to acknowledging our failures regarding the mental health care and training of black and brown people, to consciously "do better".

After attending this session, participants should be able to: 1) Describe ways to actively include the cultural and ethnic self in all aspects of psychoanalytic education; 2) Analyze impediments to change that are intrapsychic and dynamic as well as those that are systemic. **CEC 2**



DISCUSSION GROUP 51: SCHIZOID MODES IN NARCISSISTIC AND BORDERLINE STATES: LEVELS OF DISTURBANCE IN THE CAPACITY TO SYMBOLIZE AND ESTABLISHING A SPACE-TIME CONTINUUM

Chair: Susan N. Finkelstein, LCSW (New York, NY)
Co-chair: M. Nasir Ilahi, LLM (Riverside, CT)
Host: Carla Rentrop, Ph.D.* (New York, NY)
Presenter: Lee Zuckerman Share, Ph.D.* (New York, NY)

This group targets analysts at all levels wishing to increase their knowledge of working with unconscious phantasy, primitive anxiety and

schizoid phenomena, while obtaining the tools to work within the transference-countertransference dynamic. The session will integrate the connection between theory and practice by discussing an article, examining a case presentation with detailed process notes, and a lengthy discussion among participants culminating in a final summary by the chairs, all within the Independent and British Kleinian Schools of psychoanalysis. Ms. Susan Finkelstein, a training analyst in NYC conducts Understanding Primitive Mental States study groups on the Internal World and Its Objects with London Contemporary Kleinians. Mr. M. Nasir Ilahi, a training analyst, is a Fellow of the British Psychoanalytic Society.

After attending this session, participants should be able to: 1) Describe the nature of schizoid mechanisms and their links with neurotic, borderline and narcissistic functioning; 2) Apply specific technical approaches with origins in Freud and Klein to working with the non-neurotic patient or the disturbed aspects of neurotic patients. **CEC 2**



DISCUSSION GROUP 52: PSYCHODYNAMIC WORK WITH ELDERS 2.0

Chair
& Host: Daniel Plotkin, M.D., M.P.H., Ph.D.
(Los Angeles, CA)

Discussants: Doryann M. Lebe, M.D. (Los Angeles, CA)
Jolyn Welsh Wagner, M.D. (Birmingham, MI)
Mi Yu, M.D., Ph.D. (Nashville, TN)

Previous discussion groups have focused on establishing that elders can and do benefit from doing deep psychotherapeutic work, which may be identified as psychodynamic work with elders 1.0. The current discussion group goes a step further, asserting that not only can older adults do the work, but they are uniquely qualified or "ripe" for this kind of work. Characteristics associated with favorable therapeutic process and outcome (i.e., "suitability") will be compared to characteristics associated with normal aging, demonstrating many common factors and characteristics.

After attending this session, participants should be able to: 1) List qualities associated with "suitability" for doing depth psychotherapeutic work; 2) List qualities of normal aging that may be associated with favorable capability to do psychotherapeutic work. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 53: ANALYTICALLY-ORIENTED WORK WITH CHILDREN AND ADULTS ON THE AUTISM SPECTRUM

Chair, Discussant
& Host: Michael Krass, Ph.D. (Falls Church, VA)
Presenter: Nathan Leslie, B.S.* (Washington, DC)

Clinicians working with patients on the autism spectrum often make the mistake of either underestimating the psychic impact of living with neurobiological differences and limitations, or overestimating the role of psychology and environment in those difficulties that have a neurobiological origin. This discussion group will present a clinical case of analytically-oriented work with a patient with Asperger's Syndrome to discuss the neurobiology of Asperger's through the lens of Winnicott's and others' (e.g. Bion's) theories on the origins and development of the mind. This group will function as a space in which to think together about innovating techniques for working therapeutically with adults, adolescents and children in analysis and analytic therapy. Participants are invited to bring additional case material to present and discuss.

After attending this session, participants should be able to: 1) Prepare analytic techniques with Asperger's Syndrome patients that use Winnicott's and Bion's theories on the origins and development of the mind within the framework of the neurobiology of Asperger's; 2) Compare and distinguish the hard-wired causes of autism spectrum phenomena from the psychic results of these neurobiological causes.

CEC 2



DISCUSSION GROUP 54: PSYCHOANALYSIS WITH BABIES: MASOCHISM AS A REGULATION MECHANISM

Chair: Talia Hatzor, Ph.D. (New York, NY)
Host: Francoise G. Graf (New York, NY)
Presenter: Alan Sugarman, Ph.D.
(Cardiff by the Sea, CA)
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D.
(New York, NY)

Adult and Child Psychoanalysts will discuss the masochistic patients who require a specific attention to their need for regulation of transition. Punishment inducing behavior and self-destructiveness are issues which can be observed early in life and can be associated with a lack in early transitional capacity. An expert on psychoanalytic theories in masochistic

issues will update the group on the origins of contemporary developments. An analyst working with infants and toddlers will show clinical work with intense early repression of drives. The many different interpretations of the psychoanalytic use of masochism and self-destructiveness have made those important concepts confused. The session plans to show their use in clinical evaluations and in analysis.

After attending this session, participants should be able to: 1) Describe and critically evaluate historic and contemporary theories of Masochism; 2) Analyze the multilayered dynamics present in early sado-masochistic interactions. **CEC 2**



DISCUSSION GROUP 55: DISTANCE PSYCHOANALYSIS AND DISTANCE PSYCHOANALYTIC EDUCATION

Co-chair
& Host: David Scharff, M.D. (Chevy Chase, MD)
Co-chair: R. Dennis Shelby, Ph.D. (Chesterton, IN)
Presenter: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)
Discussants: Kerry Kelly Novick (Ann Arbor, MI)
Jill Savege Scharff, M.D. (Chevy Chase, MD)
Katherine M. Williams, Ph.D., LCSW
(Chicago, IL)

This discussion group addresses effective teaching in the online situation that now confronts most institute teachers of analytic candidates and therapists today. We will focus on how the internet or telephone both aids and hinders the educational process, consulting with teachers and students for their perspective of the online learning experience. Results of focus groups with candidates illuminate holes in educational process. The group's discussion will pool experience of teaching and learning in the situation of required online training. This session will cover didactic seminars as well as supervision, mentoring and faculty meetings, with the aim of being inclusive about the educational process. Presenters have extensive experience in educational research, teaching and learning.

After attending this session, participants should be able to: 1) Apply the strategy of involved discussion and candidate critique of readings for effective teaching to a group of dispersed candidates in an online learning environment; 2) Revise teaching methods based on candidate feedback through the use of equalizing the experience of online and in-room candidates, engaging candidates instead of lecturing or reading of papers. **CEC 2**

11:00 A.M. – 1:00 P.M. ET continued



DISCUSSION GROUP 56: PSYCHOANALYTIC EXPLORATIONS: THE ANALYST'S AFFECTIVE EXPERIENCE

Chair, Presenter
& Host: Merton A. Shill, LL.M., Ph.D. (Ann Arbor, MI)

This session is intended for clinicians of all experience levels. The specific focus here is to increase knowledge of and responsiveness to the affective experience of both patient and analyst in the treatment. The instructional method to be employed is the presentation of a theoretical introduction followed by clinical case material which is illustrative. This approach is intended to contrast with the training analysts traditionally receive which involves interpreting conflict or self-states in a cognitive manner without sufficient attention to deepening the affective experience and meaning of those issues for the patient.

After attending this session, participants should be able to: 1) Assess the patient's affective response to the treatment hour and the treatment as a whole; 2) Design technical interventions based on the crucial contribution of affects in both the patient and the clinician. **CEC 2**



DISCUSSION GROUP 57: THE CRITICS OF PSYCHOANALYSIS: PLATO AND THE ORIGINS OF PSYCHODYNAMIC THINKING

Co-chairs &
Presenters: Jonathan Lear, Ph.D. (Chicago, IL)
Alfred S. Margulies, M.D. (Auburndale, MA)
Host: Kay Long, Ph.D. (New Haven, CT)

As citizens and clinicians, we have been shaken by assaults to our republican democracy and by our need to reimagine who we are. Presciently, Plato did imagine just these challenges, and the problem of human nature written large into the structure of society. While Freud drew on Plato to fashion his basic model of human nature into an operationalized psychoanalytic, clinical approach to the unconscious of the individual, Plato's vision was larger: he imagined the implications of individual human nature that is conflicted, irrational, and grasping—and is always in a recursive, spiraling relationship with larger group and societal psychological dynamics. The individual and society are entangled and moving within incorporative and projective interactions—often with tragic consequences.

After attending this session, participants should be able to: 1) Compare and summarize Plato's and

Freud's conceptions of unconscious processes; 2) Discuss the implications for the psychodynamic operationalizing of the unconscious based on intrapsychic and societal models as either intertwined or separated. **CEC 2**

2:00 P.M. – 4:00 P.M. ET



COMMITTEE SPONSORED WORKSHOP 6: MEDICAL STUDENT EDUCATION

Co-chair
& Presenter: David Mintz, M.D.* (Stockbridge, MA)

Co-chair
& Host: Janis L. Cutler, M.D. (New York, NY)

Presenters: Dinorah M. Gomez, B.S.*
(Isabela, Puerto Rico)
Murad Khan, M.D.* (New Haven, CT)
Brian Schulman, M.D.* (Somerville, MA)

This workshop is designed for individuals who are interested in teaching medical students and other early career trainees. Psychoanalysts who are active members of national professional organizations in academic psychiatry will be joined by a senior medical student and a psychiatry resident to describe recent trends in medical education, including an increased focus on issues of interpersonal communication and social justice. Participants will develop skills to engage medical students effectively in learning about the relevance of psychoanalytic concepts for these topics, including a demonstration of their value in assessing the social history and as a tool for social justice. There will be ample time for group discussion.

After attending this session, participants should be able to: 1) Describe effective pedagogical approaches to presenting psychoanalytic concepts to medical students and other early career trainees; 2) Discuss psychoanalytic concepts - such as unconscious bias - to conceptualize oppression and social justice in medical education. **CEC 2**



SERVICE MEMBER AND VETERANS INITIATIVE

Chair, Presenter
& Host: Harold Kudler, M.D. (Durham, NC)
Co-chair: Norman M. Camp, M.D. (Richmond, VA)
Discussant: Arthur Blank, M.D. (Bethesda, MD)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

continued

2:00 P.M. – 4:00 P.M. ET continued

This session targets clinicians seeking to increase their knowledge and skills in treating combat veterans. Essential connections between the evolution of psychoanalytic theory and technique in military settings and the standards of modern evidence-based practice will be discussed in a lively, interactive format. Following this session, participants will be able to apply sophisticated conceptualizations of psychological trauma in clinical settings and analyze the evidence-base for psychoanalytic treatment of combat veterans. The presenters are senior clinicians with unique experience in military and veteran settings, each of whom has led national VA mental health programs and published widely on the psychoanalytic treatment of veterans.

After attending this session, participants should be able to: 1) Apply sophisticated psychoanalytic conceptualizations of psychological trauma in the clinical assessment and treatment of combat veterans; 2) Analyze the evidence-base for psychoanalytic treatment of combat veterans suffering from the sequelae of psychological trauma. **CEC 2**



NAPSAC CLINICAL EXPERIENCE

Chair: Randi E. Wirth, Ph.D.* (New York, NY)
 Host: Leigh Tobias, Ph.D.* (Beverly Hills, CA)
 Moderator: Drew Tillotson, Psy.D.* (San Francisco, CA)
 Discussants: Michael J. Diamond, Ph.D. (Los Angeles, CA)
 Martin Gauthier, M.D.* (Montreal, Canada)
 Cordelia Schmidt-Hellerau, Ph.D. (Chestnut Hill, MA)
 Reader: Andrea Kahn, Ph.D.* (Los Angeles, CA)

This clinical workshop offers the unique opportunity for clinicians to come together and have an experience of “dreaming” shared material. Anonymous verbatim clinical material is presented by a reader, not the treating analyst. A panel of three IPA North American analysts will hear the material for the first time with the audience and associate to the material as freely as possible. This format allows the group the opportunity to observe how the mind of the analyst works in “real time” - as close to an actual session as possible. This workshop provides an opportunity for a clinical discussion among colleagues with a diversity of theoretical viewpoints, in an atmosphere free of any supervisory dynamics. This workshop is targeted towards seasoned analytic clinicians.

After attending this session, participants should be able to: 1) Assess the efficacy and possible limitations of different theoretical approaches to the same clinical material; 2) Plan clinical formulations from alternative theoretical and clinical perspectives.

CEC 2



ARTIST/SCHOLAR-IN-RESIDENCE: “WROUGHT WITH THINGS FORGOTTEN”: SHAKESPEARE’S MOTHER

Chair: Peter L. Rudnytsky, Ph.D., LCSW (Gainesville, FL)
 Co-chair & Host: Murray M. Schwartz, Ph.D. (Amherst, MA)
 Presenter: Richard P. Wheeler, Ph.D.* (Champaign-Urbana, IL)
 Discussant: Stephen Greenblatt, Ph.D.* (Cambridge, MA)

Although critics have explored psychological themes grounded in infant-mother relations in Shakespeare’s plays, they have said very little about Shakespeare’s own mother, Mary Arden Shakespeare. Mary gave birth to William, her first son, in times that must have involved significant stresses on her pregnancy and nurturing experience. She was still grieving two dead daughters, and England’s worst plague of the century was bearing down on Stratford. In his paper, eminent scholar Richard P. Wheeler inquires whether, and how, the circumstances of Mary’s pregnancy and early experience with her newborn son might enrich our understanding of Shakespeare’s art.

Note: This session does not offer Continuing Education Credit.



DISCUSSION GROUP 58: FINDING UNCONSCIOUS FANTASY IN NARRATIVE, TRAUMA, AND BODY PAIN

Chair: Paula L. Ellman, Ph.D. (Rockville, MD)
 Host: Christian J. Churchill, Ph.D.* (New York, NY)
 Presenter: Nancy R. Goodman, Ph.D.* (Bethesda, MD)
 Discussant: Catalina Bronstein, M.D.* (London, England)

This discussion group will increase the clinician’s competence in their clinical work with trauma and body pain through a focus on finding unconscious fantasies. Case material will bring attention to the use of countertransference, global and micro enactments between analyst and patient leading to contact and the analysis of meaning. Bringing focus to the place of unconscious fantasy in the mind offers a symbolizing process that allows for clinical transformation. Nancy Goodman and Paula Ellman will provide reflections from their

continued

2:00 P.M. – 4:00 P.M. ET continued

extensive work with finding unconscious fantasy in narrative, trauma, and body pain and group engagement furthers working with symbolizing and nonsymbolizing patients. Catalina Bronstein will be discussing the clinical material and making some connections to both the content and the form by which unconscious phantasies manifest themselves through the patient's discourse.

After attending this session, participants should be able to: 1) Utilize the modalities of listening involved in the process of finding unconscious fantasy particularly in working with patients with trauma and somatic expression; 2) Apply the therapeutic action of finding unconscious fantasy with patients who function and think symbolically and those who present a flow of enactments revealing trauma and stories of body pain. **CEC 2**



DISCUSSION GROUP 59: RESEARCH ON THE RELATION OF PSYCHOANALYSIS AND NEUROSCIENCE

-- LOOKING FOR THE SELF WITHOUT AND WITHIN
THE BODY

Chair: Virginia C. Barry, M.D. (Chicago, IL)
Host: Margaret Zellner, Ph.D., L.P.* (New York, NY)
Presenter: Manos Tsakiris, Ph.D.* (London, England)

Body-awareness has implications for cognition, affect and mental health. Professor Tsakiris will discuss two key ways in which we become aware of our bodies: from without (exteroception) and from within (interoception - the processing of internal bodily signals). There is a dynamic balance between these exteroceptive and interoceptive representations of the body that can be modeled using predictive coding. A wealth of recent evidence highlights the functional roles and the implications of extero/interoceptive interactions for our mental life. While exteroceptive processing underpins the malleability of body-awareness, interoception provides a dynamic stability that sustains the core self. This talk will present a theoretical framework and empirical results that address the crucial role that interoceptive signals and awareness thereof play for self- and social-awareness.

After attending this session, participants should be able to: 1) Describe interoceptive processes and how they contribute to bodily self-awareness; 2) Discuss how the dynamic play of interoceptive and exteroceptive processes contributes to the formation of self and to mental health. **CEC 2**



DISCUSSION GROUP 60: PSYCHOANALYSIS WITH ADOPTEES: HIDING, DEFENDING AND FINDING

THE SELF

Co-chair & Host: Paul Brinich, Ph.D.* (Chapel Hill, NC)
Co-chair: Maida Greenberg, Ed.D. (Newton Centre, MA)
Presenter: Bliss Rand, M.D. (Belmont, MA)

Adoption may pose certain psychological stresses on each of its participants- the relinquishing parents, the adopting parents, and the child. The adopted adult patient may have feelings about being born to one set of parents and being raised by another set of parents. This presentation will focus on how Ms. Z's adoption influenced her "sense of self." Clinical material will reveal how Ms. Z struggled to meet all her obligations and will speak to specific worries and conflicts that existed for her. The case presentation and discussion will provide participants with additional strategies to work with adopted patients.

After attending this session, participants should be able to: 1) Discuss how an adopted patient's understanding of relationships with adoptive parents gives him/her insight into their behavior with others; 2) Create a meaningful narrative with the adoptive patient as a way of understanding the impact of adoption on character and choices in life.

CEC 2



DISCUSSION GROUP 61: INTERPRETATION, PROCESS AND TECHNIQUE IN THE USE OF PLAY IN THE ANALYSIS OF PRE-OEDIPAL CHILDREN

Co-chair & Presenter: Susan P. Sherkow, M.D. (New York, NY)
Co-chair & Host: Alexandra Harrison, M.D. (Cambridge, MA)

This discussion group will consider the theory and technique of analytic work with pre-oedipal children, with an emphasis on close examination of the process of play and on the special features of play which reflect a child's particular developmental capacities. Clinical material from the analytic case of a pre-oedipal child will be presented by Dr. Harrison. The group will utilize two cases to compare and contrast the presenters' approaches. Discussion by the group, from a number of points of view, will include: psychoanalytic theory, interpretation, defense analysis, transference and countertransference, specific issues of development, and play technique.

After attending this session, participants should be able to: 1) List three developmental features of

continued

2:00 P.M. – 4:00 P.M. ET continued

preschool children that make play the preferable therapeutic technique; 2) Describe the process of play and the special features of play in the clinical setting which reflect a child's particular developmental capacities. **CEC 2**



DISCUSSION GROUP 62:
**WRITING ABOUT YOUR ANALYTIC WORK
 IN A CASE**

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
 Co-chair & Host: Mark Moore, Ph.D. (Philadelphia, PA)
 Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)
 Jonathan Palmer, M.D. (Newton, MA)
 Harvey J. Schwartz, M.D. (Philadelphia, PA)
 Peggy E. Warren, M.D. (Waban, MA)
 Presenter: Kathy Monroy, M.D. (Weston, FL)

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst's reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report). It is led by analysts who have significant experience in teaching about clinical writing. (This discussion group is related to the Committee Sponsored Workshop On Teaching About Analytic Case Writing, Sunday, February, 28 11:00 a.m.).

After attending this session, participants should be able to: 1) Prepare and write about clinical work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account.

CEC 2



VIRTUAL POSTER SESSION

RESEARCH RELEVANT TO THEORY AND PRACTICE IN PSYCHOANALYSIS

We are delighted to welcome you to the 2021 Virtual APsAA Poster Session! While this virtual event is a first, this year also marks the 20th anniversary of the annual poster session. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields. On this occasion, we celebrate the impressive scholarship of past poster presenters, while excitedly looking forward to continued innovation and high-quality work in the decades to come.

Co-chairs: Kathryn E. Gallagher, Ph.D. (Stockbridge, MA)
 Katie C. Lewis, Ph.D. (Stockbridge, MA)

This year presenters will be sharing their posters using a virtual poster gallery that can be accessed via a link. After clicking the link, you will be brought to a virtual gallery where presentation titles and author listings will be displayed. To view an individual poster, simply click on the poster title.

LIVE PRESENTATIONS

Saturday, February 27th from 11:00 a.m. to 1:00 p.m. ET the following poster authors will be giving live presentations of their work during Science Department Session 1: On the Edge of Discovery: Select Studies from the Poster Session. Each presentation will be discussed by senior members of the College of Research Fellows of APsAA, including Robert Gregory (Chair), J. Christopher Perry (Host), Barton Blinder, Rebecca Drill, and John Markowitz. *Advanced registration is required for this session.*

WINNER

“Changing Attitudes Towards Evidence-Based Psychodynamic Psychotherapy”

Submitted by: Lauren Smith
 Tracy A. Prout, Ph.D.
 Katie Aafjes-van Doorn, DClinPsy

“Creation and Measurement of an Adherence Scale for a Manualized Psychodynamic Psychotherapy for Children”

Submitted by: Nicole Weishoff, M.A.
 Katie Aafjes-van Doorn, DClinPsy
 Tracy Prout, Ph.D.
 Leon Hoffman, M.D.

“The Vicissitudes of Candidacy”

Submitted by: Himanshu Agrawal MBBS, DF-APA

“Comparing Psychoanalytic Process in Consulting Room and Teleconference: A Naturally Occurring Controlled Experiment”

Submitted by: Sarah Johnson, M.A.
 Timothy Hulsey, Ph.D.
 Sheila Hafter Gray, M.D., F.A.B.P.

“Supervisor Power and Supervisory Working Alliance: The Moderating Role of Trainee Interpersonal Strengths”

Submitted by: Michael Scharf, M.A.
 Kara Norlander, M.A.
 Lisa Samstag, Ph.D.

LIVE CHAT SESSIONS

◆ **SATURDAY, FEBRUARY 13TH**
5:00 P.M. – 6:00 P.M. ET

★ **SATURDAY, FEBRUARY 20TH**
1:00 P.M. – 2:00 P.M. ET

The icon preceding the poster title corresponds to the day and time of the live chat.

To access the Live Chat Sessions, go to the specific poster page and click the “Join Chat” button located in the bottom right section of the page.

For attendees who are interested in contacting poster authors but who are unable to join the Live Chat sessions, a “Contact Author” button is listed on each individual poster page that will enable questions to be sent directly to the presenter.

The Virtual Poster Gallery will be live and accessible to conference attendees throughout the duration of the conference – we encourage you to explore the wonderful and diverse array of projects and to engage with presenters about their work. Thank you for joining us on this new and exciting venture! If you are unable to attend the conference, the Virtual Poster Session will be available online until March 21st.

List of all posters submitted and available for view:

◆ **1. “The Vicissitudes of Candidacy”**

Submitted by: Himanshu Agrawal MBBS, DF-APA

◆ **2. “Creation and Measurement of an Adherence Scale for a Manualized Psychodynamic Psychotherapy for Children”**

Submitted by: Nicole Weishoff, M.A.
Katie Aafjes-van Doorn, DClinPsy
Tracy Prout, Ph.D.
Leon Hoffman, M.D.

◆ **3. “Trauma Exposure Rates, PTSD Symptomatology, and Emotion Regulation Patterns in EMTs & Paramedics: Implications for Assessment & Treatment”**

Submitted by: Michael L. Turman, M.A.
Julianne Lawson, M.A.
Sara C. Haden, Ph.D.

★ **4. “Changing Attitudes Towards Evidence-Based Psychodynamic Psychotherapy”**

Submitted by: Lauren Smith
Tracy A. Prout, Ph.D.
Katie Aafjes-van Doorn, DClinPsy

WINNER

★ **5. “Exploring the Relationship Between Intra- and Interpersonal Affect Regulation and Mentalizing Deficits in a Self-Harming Population”**

Submitted by: Ariel Garand, B.Sc., Ph.D. cand.
Serge Lecours, Ph.D.

★ **6. “Comparing Psychoanalytic Process in Consulting Room and Teleconference: A Naturally Occurring Controlled Experiment”**

Submitted by: Sarah Johnson, M.A.
Timothy Hulse, Ph.D.
Sheila Hafter Gray, M.D., F.A.B.P.

★ **7. “Would Today’s Medical Students Read Freud? Introducing an Elective Placement”**

Submitted by: William Badenhorst, M.D., FRCPsych
Alla Rubitel, Vrach, M.D., MRCPsych

★ **8. “The Relationship Between Nonverbal Skills and Interpersonal Effectiveness and the Effect of Therapist Training”**

Submitted by: Yocheved Ayden Ferstenberg, M.A.
Katie Aafjes-van Doorn, DClinPsy
Jordan Bate, Ph.D.

★ **9. “Supervisor Power and Supervisory Working Alliance: The Moderating Role of Trainee Interpersonal Strengths”**

Submitted by: Michael Scharf, M.A.
Kara Norlander, M.A.
Lisa Samstag, Ph.D.

◆ **10. “Validity Testing of the Early Memory Attachment Q-Sort”**

Submitted by: Johnny K. Wong, M.A.
Shiyun Chen, M.A.
Stephanie Lechich, M.A.
Philip S. Wong, Ph.D.

◆ **11. “How the Interaction of Relationship Status and Parent’s Anaclitic or Introjective Depression Affects Children’s Emotional and Verbal Intelligence”**

Submitted by: Guinnevere Parise, M. Ed
Gabriella Iskin, B.A.
James Sexton, Ph.D., Ph.D.

◆ **12. “Toxic Femininity and Black Women”**

Submitted by: Ly Franshaua N. Pipkins, M.A.

EXHIBITORS

APsaA is pleased to spotlight some of our longtime exhibitors below. Although we will not have an exhibit hall at this meeting, we urge you to patronize their business and visit their websites.



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The APsAA Legacy Society Do you care about the future of psychoanalysis? Please think about including APsAA in your will or other estate plans. As a 501(c)(3) nonprofit, APsAA welcomes charitable bequests (of any size!). You can also create your legacy by naming APsAA a beneficiary of a retirement plan, life insurance, real estate, intellectual property or other assets. When you inform APsAA of your future gift, you will be welcomed into The Legacy Society or you can choose to remain anonymous. Information about all charitable gifts are held in the strictest of confidence. Find suggested bequest language, tax ID and essential information by visiting: apsagiving.org/Legacy

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"Hungry Mind Recordings has kept an Audio Archives of APsA National Meetings since 2011. Perfect for research into the development of practices. You can order digital downloads of sessions directly from our website: www.hungrymindrecordings.com. We can also work with you to provide video for your website without leaving the comfort of your home.

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INTERNATIONALPSYCHOANALYSIS.NET

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InternationalPsychoanalysis.net presents content in the fields of psychoanalysis and psychology that will be of interest to the wide range of mental health professionals, academics, students, many in the wider public. It provides digest of articles and links to sites of professional interest, as well as film, theater and book reviews, op-ed and other opinion pieces, as well as links to meeting and conference webcasts, and can serve as a platform for announcements of public and private events as well. We see it as both a platform and a clearing house for psychoanalytic and psychological news information, and works in progress.

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