

FINAL PROGRAM

**APsAA**  
A M E R I C A N  
P S Y C H O A N A L Y T I C  
A S S O C I A T I O N

**2020 NATIONAL MEETING**

February 11-16 | Grand Hyatt New York | New York City

A seagull is shown in flight against a sunset sky. Below it, a broken chain link is visible, symbolizing unlocking the past. The sun is low on the horizon, casting rays across the sky.

UNLOCK the past  
INFORM the present  
EXPAND the future

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Even though our name has changed, our  
commitment to the APsAA members has not.

We still pride ourselves on excellent  
customer service and look forward to  
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# WELCOME



Whether you are here for the first time or the 40th, welcome to APsaa's 2020 National Meeting. These meetings demonstrate the value of psychoanalytic ideas in today's world and showcase the effectiveness of treatment. As you flip through the pages of the scientific program I hope that you will feel inspired by the diversity of discussion groups, panels and presentations.

For example, this year I am looking forward to the many sessions addressing the important social issues of our time such as discussion groups on treating victims of domestic violence, sexual trauma, and preventing suicide. There are also presentations examining misogyny, LGBTQ+ experiences, and updates about APsaa's efforts to reduce gun violence. On Friday afternoon the **University Forum: Racism in America IV: Return of the Biological Race: Has the Old Become New Again?** will be chaired by Beverly J. Stoute, M.D. with presenters: Evelyn Hammonds, Ph.D., Dorothy Roberts, J.D. and discussant, Dionne R. Powell, M.D. And on Saturday night the **Special Symposium: 100 Years After "Beyond The Pleasure Principle": Our Contemporary Traumatizing Surround: Racism, Climate Change, And Migration: An Intergenerational Discussion** will be a round-table discussion featuring presenters Lindsay L. Clarkson, M.D., Carol Gilligan, Ph.D., Francisco Gonzalez, M.D., Dorothy E. Holmes, Ph.D., ABPP, Robert Jay Lifton, M.D., Ann Pellegrini, Ph.D., Irma Brenman Pick, Luis H. Ripoll, M.D. It will be moderated by Donald B. Moss, M.D. and Lynne Zeavin, Psy.D.

This revitalization of psychoanalysis as a contemporary theory of the human mind as well as an evidence-based treatment is due to many emerging studies and increased public discourse, which is why the focus of this year's **Presidential Symposium: The Efficacy of Psychoanalytic Therapy** will feature one of the most exceptional researchers and advocates, Jonathan Shedler, Ph.D. Immediately following, if you have not already done so, stop by the poster sessions to view and discuss recent research. Additionally, throughout the weekend, there will be three scientific paper presentations and on Saturday afternoon I recommend participating in the **Psychoanalysis and Neuroscience Symposium: Clinical Implications of Neuropsychology: A Case Report and Discussion** chaired Richard J. Kessler, D.O. with presenter Charles P. Fisher, M.D. and Mark Solms, Ph.D. as discussant.

In addition to the 165 scientific sessions, there are many opportunities to network with colleagues including our new, exciting social events this year.

Welcome again to the 2020 National Meeting. I hope over the next several days you are able to take full advantage of all that is offered, including those special times with friends from all over the country.

Warmly,

Lee Jaffe, Ph.D., President

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## Social Events

### TUESDAY, FEBRUARY 11, 2020

6:00 p.m. – 7:00 p.m.

**First Time Attendee Gathering** (See page 3)

7:00 p.m.

**2020 National Meeting Dine Around**  
(See page 14)

### THURSDAY, FEBRUARY 13, 2020

7:45 a.m. – 8:15 a.m.

**Breakfast Gathering for Candidate Members** (See page 33)

12:30 p.m.

**Candidate Dutch Treat Lunch** (See page 40)

7:00 p.m. – 9:00 p.m.

**Psychotherapy Department Information & Networking Event** (See page 50)

7:00 p.m. – 10:00 p.m.

**Joint Candidates' Council/IPSO Winter Party** | *Open to all* (See page 52)

### FRIDAY, FEBRUARY 14, 2020

2:00 p.m. – 4:00 p.m.

**Poster Session Refreshment Break**  
(See page 12)

7:00 p.m. – 9:00 p.m.

**Cocktail Party for Fellowship Program Alumni and Current Fellows** (See page 60)

7:30 p.m.

**Private Tour Inside Grand Central Terminal**  
(See page 60)

### SATURDAY, FEBRUARY 15, 2020

6:30 p.m.

**Chocolate Tasting at Hotel Chocolat**  
(See page 67)



# General Information

**Grand Hyatt New York:** 109 East 42nd Street at Grand Central Terminal, New York, NY 10017 | 212-883-1234

**What does it mean when a session is marked “Closed”?** It means that during pre-registration, the maximum enrollment was reached for that particular session. Unless you pre-registered, please do not attend that session. It is closed and no new participants will be accepted.

There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room. *The more popular sessions will reach room capacity quickly and you may wish to plan for an alternative.*

**Where can I find a single-occupancy restroom?** For your privacy and comfort, single-occupancy restrooms can be found on the 14th floor.

**Are you wearing your badge?** Name badges are required to attend all sections of the scientific program. **Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting.**

Badges must be worn in plain sight to gain access to APsAA’s meeting. Individuals who are not wearing their name badge or the correct name badge will be asked to properly register for the meeting.

**Icon keys:**  = Continuing Education Credits  = New Session  = Last Session  = Session Recorded \*Invited Faculty

## Social Functions

Additional fees are required for these events. A limited number of spots were available during preregistration only. There is no on-site registration. No refunds but registrations are transferable. We are looking forward to you joining us at these inaugural events!

**SOLD OUT**

### SOCIAL EVENT PRIVATE TOUR INSIDE GRAND CENTRAL TERMINAL

FRIDAY, FEBRUARY 14 | 7:30 P.M. Cost: \$45

Join fellow attendees for a private tour of Grand Central Terminal, a National Historic Landmark since 1976. The tour focuses on architectural highlights of the terminal and provides stories about little-known secrets (do you know about the tennis courts on the 4th floor?), anecdotes, archival material, and history of the terminal. A light dinner will be provided before the tour. *See page 60 for details.*



### SOCIAL EVENT CHOCOLATE TASTING EXPERIENCE AT HOTEL CHOCOLAT ON LEXINGTON AVENUE

SATURDAY, FEBRUARY 15 | 6:30 P.M. Cost: \$25

Start your Saturday night with dessert before dinner! Join us at a special chocolate tasting event at Hotel Chocolat, a boutique shop two blocks from the Grand Hyatt Hotel. *See page 67 for details.*

[hotelchocolatusa.com](http://hotelchocolatusa.com)





# WELCOME NEWCOMERS

## IS THIS YOUR FIRST TIME?

The American Psychoanalytic Association is pleased to welcome you to your first APsaA meeting. We hope it will be the first of many to come. By choosing to attend an APsaA meeting you are making a significant investment in expanding and developing your professional knowledge and skills. And you are going to meet a terrific group of people as well.

### Attending APsaA's National Meeting for the first time can feel overwhelming but we've got you covered:

- Meet APsaA staff, Executive Committee members and other first time attendees at the First Time Attendees Gathering. We'll meet in the Gallery Rooms (Lobby Level) for a complimentary cocktail and conversation. You'll meet a core group of people that you'll see throughout the meeting week.
- Join other first time attendees for an informal meal at Wheeltapper Pub directly following the First Time Attendees Gathering. Continue the party at this warm, friendly bar lounge located across the street from the Grand Hyatt Hotel.
- Grab a First Time Attendee ribbon to wear on your badge if you want. It's a great conversation starter.

**APsaA staff will be wearing red badge ribbons. Look for us if you have any questions.**

Join our  Facebook group [APsaA Meetings Forum](#). Follow us on  Twitter and  Instagram [@psychoanalysis\\_](#)  
Use [#APSAmeeting](#) to join the conversation and keep your colleagues updated on your APsaA experience!



**MEETING ROOM LOCATIONS CAN BE FOUND IN THE YELLOW INSERT IN THE MIDDLE OF THIS PROGRAM.**

## APsaA would like to thank the Dine Around Hosts for volunteering their culinary expertise!

**Margo P. Goldman, M.D.**  
**Navah C. Kaplan, Ph.D.**

**Maurine Kelber Kelly,**  
**Ph.D., FIPA**

**Timothy H. Rayner, M.D.**  
**Anna R. Schwartz, M.D.**

## The Psychoanalytic & Psychodynamic Teachers' Academy



### Psychoanalytic & Psychodynamic Teachers' Academy

APsaA's Psychoanalytic & Psychodynamic Teachers' Academy nurtures early career psychodynamic educators in psychiatry, psychology, social work, and other mental health fields. Our professional development program and year long

mentorship increases the teaching effectiveness of the future leaders in academia and gives their interns, postdocs, residents, and students a better understanding of analytic thinking and work.

APsaA welcomes the winners of the 2020 Psychoanalytic & Psychodynamic Teachers' Academy to the 2020 National Meeting:

**Kevin Barret, A.M.** (Chicago, IL)

**Laura B. Levin, Ph.D.**  
(Chicago, IL)

**David Songco, Psy.D.**  
(Milwaukee, WI)

**Raji Edayathumangalam,**  
**M.Sc., Ph.D., L.C.S.W.**  
(New York, NY)

**Bindu Methikalam, Ph.D.**  
(Philadelphia, PA)

**Anthony Tasso, Ph.D.**  
(Whippany, NJ)

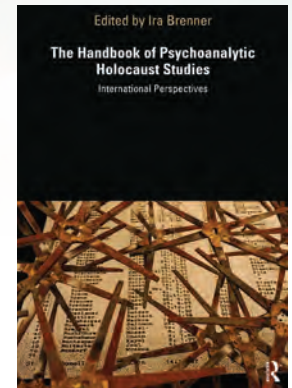
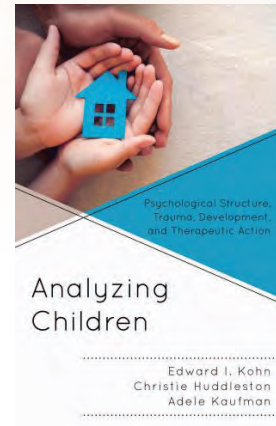
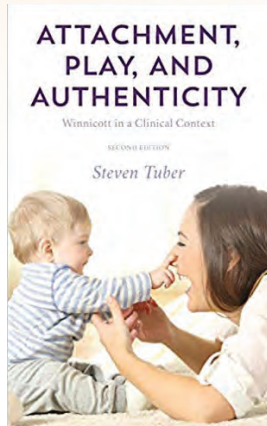
For more information on the Teachers' Academy and the application process for next year, please visit: [apsa.org/teachers-academy](http://apsa.org/teachers-academy).

# Book Signings

APsAA is pleased to have the participation of the following exhibitors and book signers at the 2020 National Meeting. Be sure to visit them in the Exhibit Hall located on the Ballroom Level. Please note the exhibit hall will close at 3:30 p.m. on Saturday, February 15th and there will be no exhibits on Sunday, February 16th.

**“Attachment, Play, and Authenticity: Winnicott in a Clinical Context 2e”**

Steven Tuber, Ph.D.  
 Wednesday, February 12.... 11:30 a.m. – 12:30 p.m.



**“Analyzing Children: Psychological Structure, Trauma, Development, and Therapeutic Action”**

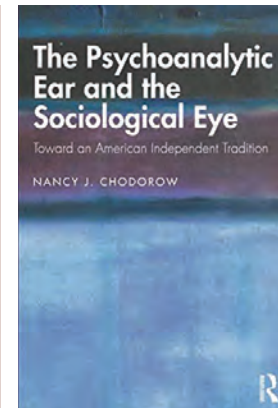
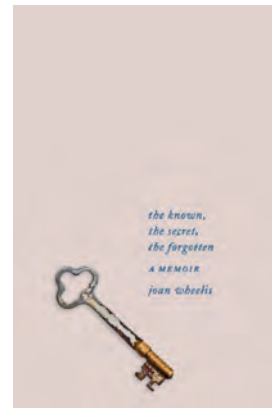
Edward Kohn, M.D. & Christie Huddleston, M.D.  
 Wednesday, February 12..... 4:00 p.m. – 5:00 p.m.

**Meet the Editor: Dr. Ira Brenner with contributors from – “The Handbook of Psychoanalytic Holocaust Studies”**

Ira Brenner, M.D.  
 Friday, February 14..... 11:30 a.m. – 12:30 p.m.

**“The Known, the Secret, the Forgotten: A Memoir”**

Joan Wheelis, M.D.  
 Friday, February 14..... 1:00 p.m. – 2:00 p.m.



**“The Psychoanalytic Ear and the Sociological Eye”**

Nancy J. Chodorow, Ph.D.  
 Friday, February 14..... 3:30 p.m. – 5:00 p.m.

## Registration & Exhibits

**Registration and Exhibits will be located on the Ballroom Level unless otherwise noted.**

**MONDAY, FEBRUARY 10**

Registration..... 12:30 p.m.–5:00 p.m.  
*(Orpheum, Conference Level)*

**THURSDAY, FEBRUARY 13**

Registration..... 8:00 a.m.–7:15 p.m.  
 Exhibits..... 8:00 a.m.–5:00 p.m.

**SATURDAY, FEBRUARY 15**

Registration..... 8:30 a.m.–5:15 p.m.  
 Exhibits..... 8:30 a.m.–3:30 p.m.  
*Please note: Early closing time for exhibits.*

**TUESDAY, FEBRUARY 11**

Registration..... 8:30 a.m.–5:00 p.m.  
*Complimentary coffee.*

**FRIDAY, FEBRUARY 14**

Registration..... 8:30 a.m.–5:15 p.m.  
 Exhibits..... 11:00 a.m.–5:15 p.m.  
*Please note: Late starting time for exhibits.*

**SUNDAY, FEBRUARY 16**

Registration..... 8:30 a.m.–12:15 p.m.  
*Please note: No exhibits on Sunday.*

**WEDNESDAY, FEBRUARY 12**

Registration..... 8:00 a.m.–7:15 p.m.  
 Exhibits..... 11:00 a.m.–5:00 p.m.



## Exhibitors

**American Board of Psychoanalysis**  
3400 East Bayaud Ave.  
Suite 460  
Denver, CO 80209  
Email: info@abpsa.org  
abpsa.org  
*See page 84*

**APsaA Legacy Society**  
Email: tnewman@apsa.org  
Phone: (212)752-0450 ext. 25  
apsagiving.org  
*See page 13*

**Association Book Exhibit**  
9423 Old Mt. Vernon Road  
Alexandria, VA 22309  
Phone: (703) 619-5030

**Association for Child Psychoanalysis**  
1964 Rahncliff Ct #22123  
Eagan, MN 55122  
*See page 85*

**Bridge House**  
145 E. State Street  
Suite 1040  
Farmington, UT 84025  
Phone: (801) 447-4865  
bridgehousehealth.com

**Ellenhorn**  
406 Massachusetts Avenue  
Arlington, MA 02474  
Phone: (617) 491-2070  
New York Office  
370 Lexington Ave., Suite 1001  
New York, NY 10017  
Referrals: (800-515-9972)  
ellenhorn.com  
*See page 75*

**EPIC Insurance Brokers & Consultants Psychoanalysts Program**  
Harborside Financial Center  
210 Hudson Street, Suite 601  
Jersey City, NJ 07311  
epicbrokers.com/programs/  
psychoanalysis  
*Inside front and back covers.*

**Espenshade Counseling**  
1084 Lancaster Ave Ste 304  
Rosemont, PA 19010  
Phone: (610)525-6300  
Email: sarah@Espenshade  
Counseling.com  
espenshadecounseling.com

**Hungry Mind Recordings**  
6745 Moore Drive  
Oakland, CA 94611  
Phone: (510) 543-6064  
hungrymindrecordings.com  
*See pages 12, 74*

**IPBooks.net**  
47-46 40th Street #3E  
Sunnyside, NY 11104  
Phone: (718) 728- 7416  
ipbooks.net  
*See pages 77, 79, 81, 83*

**New Vitae Wellness and Recovery**  
16 South Main St.  
Quakertown, PA 18951  
Phone: (215)538-3403  
newvitaewellness.com

**Phoenix Publishing House**  
62 Bucknell Road, Bicester  
Oxfordshire OX26 2DS  
United Kingdom  
Email: hello  
@firingthemind.com  
firingthemind.com

**Rejuvenation Med**  
2700 Las Vegas Blvd  
Las Vegas, NV 89109  
(702) 465-4430  
Email: rejuvenationmed0  
@gmail.com

**Routledge|Taylor & Francis Group, LLC**  
52 Vanderbilt Ave, 11th Fl  
New York, NY 10017  
Phone: (212) 216-7890  
routledge.com

**Routledge Journals**  
52 Vanderbilt Ave, 11th Fl  
New York, NY 10017  
Phone: (212) 216-7890  
tandfonline.com

**Rowman & Littlefield**  
4501 Forbes Blvd., Ste. 200  
Lanham, MD 20706  
Toll Free: (800) 462-6420  
rowman.com

**SAGE Publishing**  
2455 Teller Road  
Thousand Oaks, CA 91320  
Phone: (800)818-7243  
sagepublishing.com  
*Back cover*

**Silver Hill Hospital**  
208 Valley Rd.  
New Canaan, CT 06840  
Toll Free: (800) 899-4455  
silverhillhospital.org

**The Dorm**  
175 West 72nd Street  
New York, NY 10023  
Phone: (877) 909-3676  
thedorm.com  
*See page 85*

**The Menninger Clinic**  
12301 Main Street  
Houston, TX 77035  
Menningerclinic.org

**The Retreat Sheppard Pratt Health System**  
6501 North Charles Street  
Baltimore, MD 21204  
Phone: (410) 938-3891  
retreat.sheppardpratt.org  
*See page 80*

**WestBridge**  
660 Chestnut Street  
Manchester, NH 03104  
Phone: (877) 461-7711  
westbridge.org

**Windhorse Integrative Mental Health**  
Email: Admissions  
@windhorseimh.org  
Phone: (800) 319-8261  
windhorseimh.org

## Advertisers

**Austen Riggs Center**  
austenriggs.org | *Page 78*

**Ira Brenner, M.D.**  
*Page 84*

**Edinburgh University Press**  
eupublishing.com | *Page 84*

**International Psychoanalytic Association**  
ipa.world | *Page 82*

**Psychoanalytic Electronic Publishing**  
p-e-p.org | *Page 88*

**The Retreat Sheppard Pratt Health System**  
retreat.sheppardpratt.org | *Page 80*

**ROOM a sketchbook for Analytic Action**  
analytic-room.com | *Page 74*

**Joan Wheelis, M.D.**  
*Page 85*

**Yellowbrick**  
yellowbrickprogram.com  
*Page 76*



# Continuing Professional Education Credit

## STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities for the review of essential psychoanalytic knowledge. These sessions are designed for the continuing education of mental health professionals, including psychiatrists, psychologists, social workers, other mental health professionals; professionals-in-training, and master's level students; as well as post-doctoral mental health clinicians, nurses, teachers, professionals and academics in mental health and non-mental health disciplines.

This meeting offers a series of panel discussions, plenaries, symposia, discussion groups, clinical workshops, scientific papers, clinical presentations, and special programs for students including seminars, courses, and forums dedicated to professionals-in-training on topics of importance to psychoanalysis that have been designed to increase professional competence.

## CONTINUING PROFESSIONAL EDUCATION CREDITS

### Physicians



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 49.25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Psychologists



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

### Social Workers

The APsA 2020 National Meeting is pending NASW approval.

### New York State Social Workers

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

### New York State Licensed Psychoanalysts

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.



**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:**  
**None of the planners and presenters of this CME program have any relevant financial relationships to disclose unless specifically noted.**

## Receiving Continuing Education Credits?

APsaA is proud to provide you with the opportunity to receive a maximum of 49.25 Continuing Education credits at our 2020 National Meeting. Please follow instructions below to obtain your credits, noting that the deadline for completing evaluations is Tuesday, April 14, 2020.

*Questions? Contact Chris Broughton, Continuing Education Manager, at [cbroughton@apsa.org](mailto:cbroughton@apsa.org) or (212) 752-0450 ext. 19 or stop by the on-site registration desk during the meeting.*

### 1. At the meeting, sign into each CE eligible session you attend.

Every CE eligible session will have a sign-in sheet, either on a table outside the session or distributed by the Chair. If you don't see one, please ask the Chair.

### 2. Complete an online evaluation of a) all the CE eligible sessions you attend and b) the overall meeting.

A link to the evaluation website will be emailed to you along with your username and password with the subject line "CE and Session Feedback: APsaA 2020 National Meeting". If you pre-registered for the meeting, this link will be emailed to you by end-of-day Tuesday, February 11. If you register on-site, this link will be emailed to you the day after you register. Individual session evaluations become available once the session concludes. The overall evaluation becomes available on Sunday, February 16, 2020 at 12:00 noon.

### 3. Check "Accredited" on the Express Evaluation website and follow instructions there.

You can evaluate a single session, exit the website, and return to evaluate other sessions as you attend them throughout the meeting. Or, if you prefer, you can evaluate all the sessions after the meeting is complete.

Once you have completed evaluations of all attended sessions and the overall meeting, you can print or email your Continuing Education Certificate from the website. Make sure to evaluate all relevant sessions before printing your certificate, because once a CE Certificate is printed, changes, edits, or additional information cannot be added. Once again, the deadline for completing evaluations for APsaA's 2020 National Meeting is Tuesday, April 14, 2020.

## Not Receiving Continuing Education Credits?

We want your feedback on the sessions you attended.

If you are receiving CE credits, we'll get your feedback when you evaluate the sessions for your certificate but we want feedback from all participants. Your opinions are important to APsaA as we continue to refine and evolve our programming. We encourage you to submit evaluations to help us improve the conference experience.

### 1. Complete an online evaluation of a) all sessions you attend and b) the overall meeting.

A link to the evaluation website will be emailed to you along with your username and password with the subject line "CE and Session Feedback: APsaA 2020 National Meeting". If you pre-registered for the meeting, this link will be emailed to you by end-of-day Tuesday, February 11. If you register on-site, this link will be emailed to you the day after you register. Individual session evaluations become available once the session concludes. The overall meeting evaluation becomes available on Sunday, February 16, 2020 at 12:00 noon.

### 2. Check "Attendance Only" on the Express Evaluation website and follow the instructions there.

You can evaluate a single session, exit the website, and return to evaluate other sessions as you attend them throughout the meeting. If you prefer, you can evaluate all the sessions after the meeting is complete.

Once you have completed the evaluations of all attended sessions and the overall meeting, you can print an attendance certificate. This is not a CE certificate. Please note that the deadline for submitting feedback about APsaA's 2020 National Meeting via the evaluations forms is Tuesday, April 14, 2020.

*Questions? Contact Chris Broughton, Continuing Education Manager, at [cbroughton@apsa.org](mailto:cbroughton@apsa.org) or (212) 752-0450 ext. 19 or stop by the on-site registration desk during the meeting.*



# A Glossary to the Scientific Program

## Department of Psychoanalytic Education Sessions

*Various days and times*

APsaA's Department of Psychoanalytic Education (DPE) serves as a think tank that promotes a sense of excitement about learning for both candidates and graduates. These varied sessions advocate creativity and flexibility in psychoanalytic education.

## Professional Development Workshops

Sessions designated specifically to help analysts build and expand their base of professional operations.

Wednesday ..... 9:00 a.m.-11:00 p.m.

Thursday ..... 2:00 p.m.-4:00 p.m.

## Discussion Groups

Wednesday & Thursday ..... 9:00 a.m.-11:00 a.m.

..... 2:00 p.m.-4:00 p.m.

..... 4:30 p.m.-6:30 p.m.

..... 7:00 p.m.-9:00 p.m.

Thursday ..... 7:30 p.m.-9:30 p.m.

Permits a small number of participants to discuss a topic of mutual interest. Discussion groups meet regularly at bi-annual meetings. This continuity offers the opportunity to build collaborations with colleagues nationally and internationally. New participants are welcome to each group.

## Senior Analyst Presentation Program

Wednesday ..... 9:00 a.m.-12:00 p.m.

..... 2:00 p.m.-4:00 p.m.

A senior analyst presents process material illustrating his/her own analytic work. Registration for the senior analyst presentation is limited to candidate members and students.

## Committee Sponsored Workshops

*Various days and times*

Sponsored by a standing committee of the American Psychoanalytic Association, these workshops emphasize the exchange of ideas and the demonstration and application of techniques based on the mission statement of the committee.

## Service Members and Veterans Initiative

Wednesday ..... 12:00 p.m.-1:30 p.m.

The Service Members and Veterans Initiative (SVI) seeks to guide the American Psychoanalytic Association's efforts to elucidate and alleviate the psychological trauma of war.

## Two-Day Clinical Workshops

Wednesday & Thursday ..... 4:30 p.m.-6:30 p.m.

Demonstrates and explores the specific manner in which a distinguished psychoanalyst listens to clinical material and conceptualizes process and technique.

*Note: This is a two-part session. Participants are expected to attend both days.*

## Research Seminar

Wednesday ..... 4:30 p.m.-6:30 p.m.

Fellows of the American Psychoanalytic Association briefly present their current research studies in psychoanalytic psychotherapy, psychoanalysis, and applied psychoanalysis.

## Experiential Process Groups: Race/Ethnicity and Gender/Sexuality

Thursday ..... 9:00 a.m.-11:00 a.m.

Saturday ..... 2:00 p.m.-4:00 p.m.

Sessions to allow for open-ended discovery and exploration of participants' personal-professional experiences, in either a small group focusing on race/ethnicity or in a group, focusing on gender/sexuality. Participants from both groups will convene at the end of the day's session for the purpose of collective learning under the guidance of the Chair.

*Note: This is a two-part session. Participants are expected to attend both days.*

## The Peter Loewenberg Essay Prize Winner in Psychoanalysis and Culture (Formerly CORST)

Thursday ..... 9:00 a.m.-11:00 a.m.

Features a presentation by the winner of the Peter Loewenberg Essay Prize in Psychoanalysis and Culture, which is awarded for an essay on psychoanalytically informed research in the biobehavioral sciences, social sciences, arts or humanities.

## Oral History Workshop

Thursday ..... 9:00 a.m.-12:30 p.m.

Explores the history of psychoanalysis through presentations by analysts and related professionals.

## Candidates' Council Master Teacher Award

Thursday ..... 11:00 a.m.-12:30 p.m.

The Candidates' Council Master Teacher Award will be presented annually to an educator who has distinguished themselves in their career.

## Candidates' Forum

Thursday ..... 2:00 p.m.-4:00 p.m.

Devoted to the demonstration and exploration of innovative techniques in psychoanalytic education.



### Scientific Paper Prize for Psychoanalytic Research

Thursday ..... 2:00 p.m.-4:00 p.m.

The Scientific Paper Prize is awarded annually for the conceptual and empirical research paper representing the most outstanding contribution to psychoanalysis. Authors of the winning paper will describe practical lessons of their research for the practice of psychoanalysis and implications for theory and technique.

### Clinical Conferences for Residents, Psychology and Social Work Trainees, and Students, Presented by APsaA Fellows

Thursday ..... 4:30 p.m.-7:00 p.m.

Saturday & Sunday..... 9:00 a.m.-11:30 a.m.

Three sessions directed to psychiatric residents, psychology and social work students but open to all registrants. The format is a lecture on a particular topic by the designated faculty member, followed by a case presentation by a participant in the APsaA Fellowship Program.

### Film Workshops

Thursday ..... 7:30 p.m.-10:30 p.m.

Saturday..... 2:00 p.m.-5:00 p.m.

Films with psychoanalytic relevance will be shown and interpreted by formal discussants and the audience.

### Plenary Addresses

Friday ..... 9:30 a.m.-11:15 a.m.

..... 5:15 p.m.-7:00 p.m.

Major addresses by outstanding psychoanalysts or other professionals.

### Candidates' Council Psychoanalytic Paper Prize

Friday ..... 11:30 a.m.-1:30 p.m.

The Candidates' Council Psychoanalytic Paper Prize is awarded annually to the best paper by a candidate on a topic of psychoanalytic interest.

### Ethics Course

Friday ..... 11:30 a.m.-1:30 p.m.

This session is sponsored by EPIC Insurance Brokers & Consultants, and AIG Insurance and is only open to members and candidates. Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state medical board.

### Symposia

Friday ..... 12:00 p.m.-1:30 p.m.

Saturday..... 12:00 p.m.-1:30 p.m.

..... 5:15 p.m.-7:15 p.m.

This format explores the interface between psychoanalysis, society and related disciplines. Many attempt to demonstrate how psychoanalytic thinking can be applied to non-psychoanalytic settings.

### Scientific Papers

Friday & Saturday ..... 2:00 p.m.-3:30 p.m.

Selected by a juried review process, papers are presented by the author and considered by a formal discussant. Ample time is allotted for the audience to respond.

### APsaA Public Advocacy on Capitol Hill

Friday ..... 2:00 p.m.-3:30 p.m.

Sponsored by the Public Advocacy Department this session focuses on crucial legislation and how it will directly affect your practice.

### Panels

Friday ..... 2:00 p.m.-5:00 p.m.

Saturday..... 9:00 a.m.-12:00 p.m.

..... 2:00 p.m.-5:00 p.m.

Sunday..... 9:00 a.m.-12:00 p.m.

Panels bring together nationally recognized psychoanalysts to present papers on clinical and theoretical topics. Active interchange between panelists and the audience is encouraged.

### University Forum

Friday ..... 2:00 p.m.-5:00 p.m.

Psychoanalysts will engage with academic presenters for a dialogue across disciplines.

### Coffee with a Distinguished Analyst

Saturday..... 7:30 a.m.-8:45 a.m.

A distinguished analyst is invited to meet with participants and candidates to discuss topics that are relevant to psychoanalytic training.

### Science Department Sessions

Saturday..... 10:00 a.m. - 12:00 p.m.

..... 2:00 p.m. - 3:30 p.m.

..... 3:30 p.m. - 5:00 p.m.

Science Department Sessions present recent work by psychoanalytic and psychodynamic researchers and research oriented scholars. New findings are integrated with data from previous empirical work.

### NAPsaC Clinical Workshop

Saturday..... 2:00 p.m.-4:00 p.m.

The North American Psychoanalytic Confederation (NAPsaC) is a regional association comprised of all the North American constituent organizations of the International Psychoanalytic Association.

# SAVE THE DATE FOR THE 2<sup>ND</sup> DPE REGIONAL CONFERENCE!

**Saturday, October 24, 2020 in Houston, TX**

## RECOGNIZING THE CHILD IN THE ADULT: THE RELEVANCE OF CHILD ANALYSIS AND CHILD DEVELOPMENT IN THE TREATMENT OF ADULTS

The Department of Psychoanalytic Education of the American Psychoanalytic Association is pleased to announce its second Regional Workshop on Psychoanalytic Education. In its efforts to promote excellence in psychoanalytic education, the DPE sponsors a workshop on important and/or controversial issues in psychoanalytic education annually in different regions of the United States. It hopes that these workshops will enable psychoanalytic educators and students as well as all mental health professionals interested in applying psychoanalytic ideas to deepen their exposure to experts in the field.

With the recent proliferation of infant and developmental research comes an opportunity for us to explore how to think about what this means for work with our adult patients. In his keynote speech, Stephen Seligman will talk about application of the findings of developmental research and developmental psychoanalysis to clinical practice. Alan Sugarman will explore with us how integrating child and adult curriculum is both important and challenging. Our panel will deepen the exploration of what it means to see the child in our adult patients.

The conference is open to all and will be of particular interest for Institute faculty and Candidates. Continuing Education credits will be available.

**Saturday, October 24, 2020**

**9:30 a.m. – 4:00 p.m.**

The Council on Recovery  
303 Jackson Hill Street, Houston, TX 77007

Registration information will be available July 2020

### KEYNOTE SPEAKER



**Stephen Seligman, D.M.H.**  
(San Francisco, CA)

### SPEAKER



**Alan Sugarman, Ph.D.**  
(Solana Beach, CA)

### PANELISTS:

**B. James Bennett, M.D.** (Dallas, TX)  
**Sarah Rabb Benett, LCSW** (Dallas, TX)  
**Felecia Powell-Williams,**  
**Ed.D., LPC-S, RPT/S** (Houston, TX)  
**JoAnn Ponder, Ph.D.** (Austin, TX)

### MODERATOR:

**Sarah L. Lusk, Ph.D.** (Cambridge, MA)



## DPE ONE DAY CHILD CONGRESS

### NEW PERSPECTIVES ON OLD CHALLENGES IN CHILD AND ADOLESCENT CLINICAL WORK: AUTISTIC SPECTRUM DISORDER AND ETHICS

**TUESDAY, FEBRUARY 11, 2020 | 9:00 A.M. – 4:00 P.M.**

Registration for APsA's 2020 National Meeting includes the Child Congress.  
A Child Congress only registration fee of \$100 is also available.

#### 8:45 A.M. – 9:00 A.M. OPENING REMARKS

#### 9:00 A.M. – 12:00 P.M. PANEL ON PSYCHOANALYTIC CONTRIBUTIONS TO UNDERSTANDING AND TREATING AUTISM SPECTRUM DISORDER (ASD)

Chair & Presenter:

William Singletary, M.D. (Ardmore, PA)

Presenters:

Alexandra Harrison, M.D. (Cambridge, MA)

Michael Krass, Ph.D. (Falls Church, VA)

Breakout Group Leaders:

Robin Holloway, Ph.D. (Toronto, Canada)

Susan Scheftel, Ph.D. (New York, NY)

Molly Romer-Witten, Ph.D. (Chicago, IL)

Because Autism Spectrum Disorder (ASD) is a neurobiological disorder, the significant contributions that psychoanalysis can make in understanding and treating ASD are not widely understood. An integrative model of ASD which describes how neurobiological and psychological factors interact in the development and alleviation of ASD will be presented. Clinical material from the analytic treatment of patients from preschool to young adulthood will be presented to demonstrate psychoanalytic technique and its effectiveness in ASD. This will help clinicians: a) explain how the neurobiological components of ASD interact with psychological factors and how working with psychological conflicts can help relieve ASD symptoms and neurobiological deficits; b) more effectively treat ASD patients and their families. Our presenters are experienced clinicians with presentations and publications in this area.

After attending this session, participants should be able to: 1) Discuss how neurobiological factors interact with psychological factors in ASD and its treatment; 2) Discuss the role of psychoanalytic treatment with patients with ASD and their families. **CEC: 3**

#### 12:00 P.M. – 1:00 P.M. LUNCH BREAK

#### 1:00 P.M. – 4:00 P.M. PANEL ON ETHICAL ISSUES AND PRACTICE IN THE TREATMENT OF YOUNG ADULTS AND THEIR PARENTS

Chair, Presenter & Breakout Group Leader:  
Anita G. Schmukler, D.O. (Bala Cynwyd, PA)

Presenter & Breakout Group Leader:  
Jonathan Sugar, M.D.\* (Ann Arbor, MI)

Presenters, Discussants & Breakout Group Leaders:  
Shoshana Shapiro Adler, Ph.D. (Denver, CO)

K. Lynne Moritz, M.D. (St. Louis, MO)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

This program for psychoanalysts and psychotherapists will examine ethical issues working with emerging adults (18- to 25-year-olds) and their parents. Dilemmas around handling sensitive information, illicit activities, life-threatening and risky behaviors, transference/countertransference conflicts and impasses often require urgent intervention without explicit guiding principles. To aid clinicians in such moments, we will offer: a) a comprehensive set of orienting principles for thinking about and responding to ethical crises in treatment; b) guidance for the flexible application of these principles through examples concerning patients, parents, colleagues, and supervisors. Participants will have the opportunity to workshop these ideas in small group discussions to follow. Faculty includes major contributors to the field of ethics, including Anita Schmukler, editor of "Ethical Practice in Child and Adolescent Analysis and Psychotherapy."

After attending this session, participants should be able to: 1) Describe one ethical issue in supervision and how to respond to it; 2) Describe one issue around confidentiality in working with young adults and how to approach it. **CEO: 3**

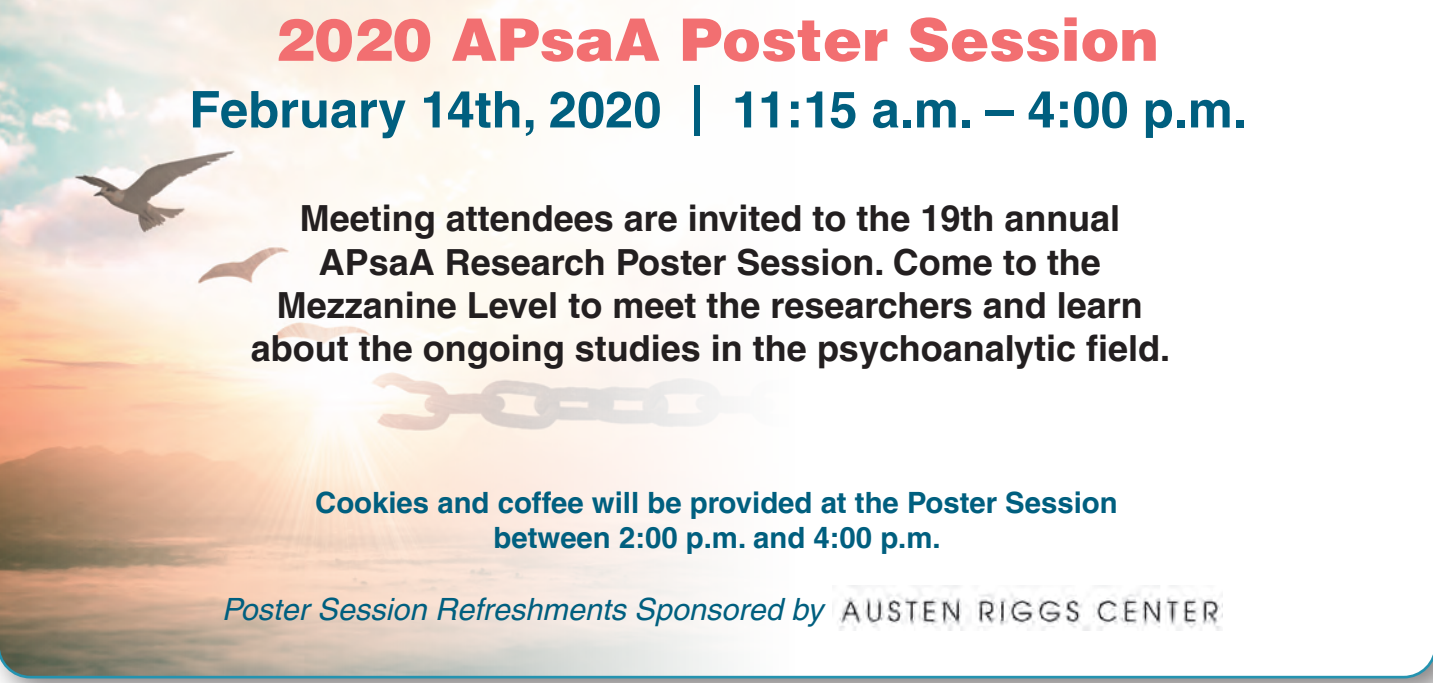
#### 4:00 P.M. - 4:30 P.M. WRAP UP Q&A WITH ASD AND ETHICS PANELISTS

The Child Congress is open to all with an interest in child, adolescent, and young adult clinical work. This year the first panel is dedicated to contemporary psychoanalytic views of ASD and its treatment in the first three decades of life. While the second panel addresses the complexity of ethical issues in child work, especially with emerging adults: their ambiguous status and heightened risk behaviors pose unprecedented and age-specific dilemmas.





**2020 APsaA Poster Session**  
**February 14th, 2020 | 11:15 a.m. – 4:00 p.m.**



Meeting attendees are invited to the 19th annual APsaA Research Poster Session. Come to the Mezzanine Level to meet the researchers and learn about the ongoing studies in the psychoanalytic field.

Cookies and coffee will be provided at the Poster Session between 2:00 p.m. and 4:00 p.m.

*Poster Session Refreshments Sponsored by* AUSTEN RIGGS CENTER

**Listen to the sessions you missed or want to hear again.**



Sessions being recorded are indicated by this symbol in the program.

**See page 74 for a complete listing of recorded sessions.**

Audio mp3s starting at \$18 per session. Files are transferred to a USB thumb drive or can be emailed directly.

For pricing and to place an order visit the Hungry Mind Recordings table in the Exhibit Hall.



**hungrymindrecordings.com • (510) 543-6064**



Please visit the Legacy Society table  
in the exhibit area for a free gift!

For information on the Legacy Society and  
how to include APsAA in your estate plans,  
**please visit [apsagiving.org/Legacy](https://apsagiving.org/Legacy)**

# DAILY SCHEDULE

## MONDAY, FEBRUARY 10, 2020

12:30 P. M. – 5:00 P. M.

### BADGE PICK UP

Attendees who have pre-registered or wish to register may do so before the official start of the Scientific Program.

## TUESDAY, FEBRUARY 11, 2020

For room locations see middle insert.

8:30 A.M. – 5:00 P.M.

### BADGE PICK UP/COFFEE BREAK

Attendees who have pre-registered or wish to register may do so before the official start of the Scientific Program. Enjoy a complimentary cup of coffee while you pick up your badge.

9:00 A.M. – 4:00 P.M.



### DPE CHILD CONGRESS:

Join fellow attendees for a full day of programming sponsored by the Child Section of the Department of Psychoanalytic Education. The agenda consists of two large panels followed by smaller break-out groups. Participation in the Child Congress is included with registration for APsaA's 2020 National Meeting. A special one-day Child Congress only registration fee of \$100 is also available.

See page 11 for details.

1:00 P.M. – 5:00 P.M.

### ADMINISTRATIVE MEETING: DIRECTORS OF INSTITUTES, EDUCATION COMMITTEE AND CHILD TRAINING CHAIRS

Chair: Alan Sugarman, Ph.D. (Solana Beach, CA)  
Co-Chair: Britt-Marie Schiller, Ph.D. (Saint Louis, MO)

The Head and Associate Head of APsaA's Department of Psychoanalytic Education (DPE) will meet with Directors of Education and/or EC chairs, and chairs of child analytic training of APsaA approved institutes to discuss current issues pertinent to institute functioning. We will discuss continuing questions and confusion about the Educational

Standards of APsaA. Clarification of the ways in which our standards differ from those of the IPA will include our requirements to be appointed a TA or SA, our approach to distance analysis, and so on. Attendees are urged to email the Head and Associate Head of the DPE about other issues they would like included on the agenda.

6:00 P.M. – 7:00 P.M.

### SOCIAL EVENT: FIRST TIME ATTENDEE GATHERING

For those attending the meetings for the very first time join APsaA staff, Executive Committee members and other first timers at this informal cocktail party. Our goal is for you to meet leadership, staff and other attendees so you'll recognize familiar faces throughout the rest of the meeting week!

See page 3 for details.

7:00 P.M.

### 2020 NATIONAL MEETING DINE-AROUND

A Dine-Around is a casual dining experience with fellow APsaA attendees who want to enjoy a nice meal and interesting conversation. A host will coordinate the details of the evening, including restaurant selection and reservations. Dine-Around attendees are responsible for the cost of their meal, drinks, and associated tip.

## WEDNESDAY, FEBRUARY 12, 2020

For room locations see middle insert.

9:00 A.M. – 11:00 A.M.

### PROFESSIONAL DEVELOPMENT WORKSHOP 1: BLOG OR PODCAST? DO BOTH!

Co-chairs: Sue Kolod, Ph.D (New York, NY)  
Jack Drescher, M.D. (New York, NY)  
Presenter: Eugenio Duarte, Ph.D. (New York, NY)

In order to improve and change the public perception of our field, psychoanalysts need to be more accessible. Three years ago, in an effort to address this need, the Committee on Public Information launched the official APsaA blog hosted on Psychology Today – Psychoanalysis: Unplugged. Today that blog has reached nearly 750,000 readers. The Committee on Public Information is preparing

*continued*



# DAILY SCHEDULE

WEDNESDAY

## 9:00 A.M. – 11:00 A.M. continued

to launch a podcast to further contribute to the general public's understanding of human behavior from an analytic perspective. Podcasting will also offer members a new platform to share their expertise with the general public. Presenters will address analysts' resistance and/or ambivalence about being more visible as well as the types of topics that work best for a lay audience with the objective of inspiring future podcast sessions, articles for the APSA blog or both. Attendees will hear from experts on how best to communicate psychoanalytic concepts to the public in a manner that is relevant, accessible, compelling, and informative.

After attending this session, participants should be able to: 1) Analyze their internal resistances to writing for and speaking to the public; 2) Describe best practices for blogging and podcasting in today's technology-driven media landscape. **CEC: 2**

### **NEW!** DISCUSSION GROUP 1: THE PSYCHODYNAMICS AND PSYCHOLOGICAL IMPACT OF MISOGYNY

Co-chairs: Cecile Bassen, M.D. (Seattle, WA)  
Hilli Dagony-Clark, Psy.D. (New York, NY)

This discussion group will explore the psychodynamics of misogyny and its impact on both men and women. It will focus on clinical material and on relevant papers to promote discussion, with the goal of increasing participants' ability to understand and respond analytically to conscious and unconscious clinical material involving negative stereotypes and anxieties about women, as well as discrimination against and aggression towards women. The discussion group will also examine the ways in which gender bias has shaped the field of psychoanalysis and continues to impact us, in order to increase participants' ability to compare contemporary understandings of the psychodynamics of gender to Freud's theories, and to make use of contemporary understandings in their work. Dr. Cecile Bassen is the North American Co-chair of the IPA Committee on Women and Psychoanalysis and Dr. Hilli Dagony-Clark is the Chair of the APSaA Committee on the Status of Women and Girls.

After attending this session, participants should be able to: 1) Utilize contemporary understandings of the psychodynamics of gender and gender bias in psychotherapy and psychoanalysis; 2) Analyze patient material related to misogyny and assess the impact of the analyst's response to this material.

**CEC: 2**

### DISCUSSION GROUP 2: EROTIC TRANSFERENCE- COUNTERTRANSFERENCE DYNAMICS

Chair: Johanna Arenaza, Psy.D. (Washington, DC)  
Presenter: Andrea Celenza, Ph.D. (Lexington, MA)  
Discussant: Thomas N. Franklin, M.D. (Baltimore, MD)

This session is for clinical psychoanalysts and psychotherapists who find working with erotic transference-countertransference material challenging. A discussion group format will be used that blends didactic material with presentation of a case and an open exchange following. Participants will become more adept at identifying and working with this material and creating safe spaces to experience and understand it in the context of our clinical work and identity as analysts. Presenting and chairing this year respectively are Andrea Celenza, Ph.D. and Johanna Arenaza, Ph.D. who have written and presented extensively in this area. The discussant is Thomas Franklin, M.D. Medical Director of the Retreat at Sheppard Pratt and a psychoanalyst in Baltimore.

After attending this session, participants should be able to: 1) Describe erotic transference-countertransference dynamics in the context of clinical work; 2) Use and clinically manage erotic transference-countertransference material to deepen the treatment. **CEC: 2**

### DISCUSSION GROUP 3: ALTERED STATES OF AWARENESS

Co-chairs &  
Discussants: Fonya Lord Helm, Ph.D., ABPP  
(Virginia Beach, VA)  
Maurine Kelber Kelly, Ph.D., FIPA  
(Silver Spring, MD)

Presenter: Richard Reichbart, Ph.D. (Ridgewood, NJ)

Dr. Richard Reichbart will present fascinating examples of paranormal communication from his new book, "The Paranormal Surrounds Us: Psychic Phenomena in Literature, Culture and Psychoanalysis." He will present lively vignettes of psychoanalytic process with emphasis on his own work and the work of Jule Eisenbud, his first analyst. His book not only discusses telepathic communication but also presents his observations of more controversial examples of "psi" or paranormal communication, such as thoughtography, apparitions, premonitions, remote viewing, psychokinesis, and the relationship between magic and psi. He will share some examples of these kinds of situations, leaving time for the discussants to comment, and time for all the participants to give examples of paranormal experiences if they wish to do so.

*continued*

# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

After attending this session, participants should be able to: 1) Discuss Reichbart's hypothesis of the "surround" and the hypothesis of signal transfer, and how they describe telepathic experiences; 2) Apply the concept of super-psi as a parsimonious description of many different kinds of psychic experiences. **CEC: 2**

### DISCUSSION GROUP 4: THE INTEGRATION OF PSYCHOANALYSIS AND COUPLE THERAPY

Co-chairs &  
Presenters: Graciela E. Abelin-Sas Rose, M.D.  
(New York, NY)  
Peter Mezan, Ph.D.\* (New York, NY)

This discussion group will define the distinction between the unconscious organization of the individual and of the couple. It will study the marked differences between an individual's transference to his or her analyst and the transferences to the patient's partner. This year the joint presentation will explore the significance of experiences of gender in couples, focusing particularly on the conventional conceptions of femininity and masculinity. The group will be able to assess how (or whether) the partners' sense of gender contributes to the couple world they form and to what extent conceptions about gender have been useful in the treatments that will be presented.

After attending this session, participants should be able to: 1) Describe how distortions and projective identifications articulated by patients about their partners are expressed not only through words but through subtle gestures and tone; 2) Design interventions that focus on how a fixed construction of the other affects the emotional field of the partner, maintaining an immovable pattern and impeding mutual development. **CEC: 2**

### DISCUSSION GROUP 5: RESEARCH IN PSYCHOANALYSIS: THE DEVELOPMENT OF ARTIFICIAL INTELLIGENCE FOR THE CLINIC

Chair: Leon Hoffman, M.D. (New York, NY)  
Presenter: Isaac Galatzer-Levy, Ph.D.\* (New York, NY)

Dr. Isaac Galatzer-Levy will provide basic foundations in machine learning and its application for clinical measurement. He will focus on advances in the quantification of affect and cognition using computer vision, natural language processing, and acoustic analysis and will discuss emerging research tools that may be applicable to complex and non-manualized treatment engagements. Diverse

environmental and biological systems interact to influence individual differences in response to environmental stress. Understanding the nature of these complex relationships can enhance the development of methods to: (1) identify risk, (2) classify individuals as healthy or ill, (3) understand mechanisms of change, and (4) develop effective treatments. In this presentation, Dr. Isaac Galatzer-Levy will describe some examples of these methods.

After attending this session, participants should be able to: 1) Describe the heterogeneity in clinical appearance and etiology of certain common clinical conditions in psychiatry, such as traumatic stress; 2) Discuss the potential of research tools from machine learning to build accurate predictive and diagnostic models useful for treatment. **CEC: 2**

### DISCUSSION GROUP 6: MIND AND LITERATURE: THE EFFECTS OF EARLY MATERNAL LOSS: "THE DISTANCE FROM HOME"

Chair: Silvia M.V. Bell, Ph.D. (Baltimore, MD)  
Co-Chair &  
Presenter: Daniel H. Jacobs, M.D. (Brookline, MA)

This discussion group will explore the effects of childhood trauma as exemplified in Dr. Daniel H. Jacobs' novel "The Distance from Home," in which the protagonist loses her mother to cancer at age nine. What is the effect on the protagonist's object relations and life choices of having experienced this trauma in latency? How does this loss affect her relationship with her father and her development as a woman? What is the role of mourning after traumatic loss? The discussion addresses how trauma becomes accessible in analysis, allowing for containment, symbolization, and eventual transformation.

After attending this session, participants should be able to: 1) Assess the impact of terminal illness of the mother during a girl's latency period; 2) Describe effects of such trauma on object relations and the capacity to mother as it relates to the process of mourning. **CEC: 2**

### DISCUSSION GROUP 7: SEPARATION-INDIVIDUATION REVISITED: INTEGRATING MAHLER AND ATTACHMENT THEORY IN THE STUDY OF TRANSFORMATIONS OF MENTAL REPRESENTATIONS OF AGGRESSION AND SENSE OF GENDER

Chair &  
Presenter: Wendy Olesker, Ph.D. (New York, NY)  
Discussant: Inga Blom, Ph.D.\* (New York, NY)

Using varied methods of data collection over 50 years, the focus of this group is on filling in knowledge

*continued*

WEDNESDAY



# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

gaps in understanding internalizing processes. The role of aggression in facilitating or interfering with the evolving of coherence, integration, and complexity in mental representations will be highlighted through the developmental trajectories of two female subjects, one where there was overall calcification (and gender layering was minimal) and the other where flexibility prevailed. Second, we focus on mental representations of gender and their transformations from dichotomous views of gender to multilayered, flexible senses of gender. Relevant to effecting transformation in clinical settings is transformations in handling aggression, via reflective function, leading to the evolving of a more variegated sense of a gendered self.

After attending this session, participants should be able to: 1) Compare mental representations of self and other at different developmental phases for expressions of aggression, ways of coping, reflective functioning, and degree of coherence/integration; 2) Analyze mental representations of sense of gendered self at different developmental phases for expressions of aggression and degree of coherence/integration. **CEC: 2**

### DISCUSSION GROUP 8: SCHIZOID MODES IN NARCISSISTIC AND BORDERLINE STATES: LEVELS OF DISTURBANCE IN THE CAPACITY TO SYMBOLIZE AND ESTABLISHING A SPACE-TIME CONTINUUM

Co-chairs &

Discussants: Susan Finkelstein, L.C.S.W. (New York, NY)  
M. Nasir Ilahi, L.L.M. (Riverside, CT)

Presenter: Marie A. Murphy, M.S.W., BCD  
(Bethesda, MD)

This group targets analysts at all levels wishing to obtain a deeper understanding of working with unconscious phantasy, primitive anxiety, and schizoid phenomena while obtaining the tools to work within the transference-countertransference dynamic. The session will integrate the connection between theory and practice by discussing an article, examining a case presentation with detailed process notes, and a lengthy discussion among participants culminating in a final summary by the chairs, all within the Independent and British Kleinian Schools of psychoanalysis. Ms. Susan Finkelstein, a training analyst, conducts study groups on The Internal World and its Objects with London Contemporary Kleinians. Mr. M. Nasir Ilahi, a training analyst, is a Fellow of the British Psychoanalytical Society.

After attending this session, participants should be able to: 1) Describe the nature of schizoid mechanisms

and their links with neurotic, borderline, and narcissistic functioning; 2) Describe some specific technical approaches with origins in Freud and Klein to working with the non-neurotic patient or the disturbed aspects of neurotic patients. **CEC: 2**

### DISCUSSION GROUP 9: CONFIDENTIALITY: NARRATIVE MEDICINE: TELLING STORIES WHILE PROTECTING CONFIDENTIALITY

Chair: Kevin V. Kelly, M.D. (New York, NY)

Presenter: Danielle Ofri, M.D.\* (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

“Narrative Medicine” is a movement among medical practitioners to emphasize the intertwined stories of a patient’s life and illness. Practitioners listen closely to the patient’s narration of the illness experience, often encouraging patients to put their stories in writing or writing such accounts themselves. The field’s published literature contains many such stories, illustrating the therapeutic benefits of this approach. Thus these practitioners often confront the same dilemma faced by psychoanalysts, balancing the benefits of publishing such stories, often with considerable personal detail, against the risk of violating confidentiality. Dr. Danielle Ofri, a frequent contributor to the “New York Times” on the subject of doctor-patient communication and an expert on Narrative Medicine, will discuss how she and her colleagues respond to this dilemma.

After attending this session, participants should be able to: 1) Describe the theory and practice of Narrative Medicine; 2) Discuss strategies for protecting confidentiality in oral and written presentations. **CEC: 2**



### DISCUSSION GROUP 10: PSYCHOANALYTIC ASPECTS OF ASSISTED REPRODUCTIVE TECHNOLOGY

Chair: Mali A. Mann, M.D. (Palo Alto, CA)

Presenter: Norka Malberg, DPsych, L.P.C.  
(New Haven, CT)

Discussant: Thomas F. Barrett, Ph.D. (Chicago, IL)

This discussion group will address the psychological effects of the individuals involved in various aspects of alternative reproduction. It will provide a guideline to the psychoanalytic treatment of the psychological difficulties encountered during these

*continued*

WEDNESDAY

# DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

procedures. It will attempt to provide understanding of the short and long term effects on the participants as well as the offspring born via this technology.

After attending this session, participants should be able to: 1) Assess psychological challenges endured during and after an assisted reproductive procedure especially when there is no provision for therapeutic intervention during the process; 2) Describe the long term psychological impacts on the parents who go through the assisted reproductive technology. **CEC: 2**

## DISCUSSION GROUP 11: MODERN EGO PSYCHOLOGY

Chair: Eric R. Marcus, M.D. (New York, NY)  
Co-chair: Karen Gilmore, M.D. (New York, NY)  
Presenter: Alice Sohn, Ph.D. (New York, NY)

This discussion group is for clinicians and researchers interested in the overlap of relational analysis and modern ego psychology. This session will focus on elements of objectivity and lack of objectivity in the stance of the analyst. Knowledge of this area will change the practice of psychotherapy. Modern clinical ego descriptive theory is a relatively recent addition to psychoanalytic work. This group helps develop this knowledge and applies it to treatment. Basic issues of the analytic frame and counter transference as applied to modern ego theory will be discussed.

After attending this session, participants should be able to: 1) Describe attitudes of objectivity inherent in analysis as a patient care endeavor; 2) Describe the gap in care if there is no objectivity. **CEC: 2**

## DISCUSSION GROUP 12: ENRICHING ADULT ANALYTIC WORK BY CHILD ANALYTIC SUPERVISION, TRAINING, AND PRACTICE

Co-chairs &  
Presenters: Caroline Sehon, M.D. (Bethesda, MD)  
Virginia Ungar, M.D.\*  
(Buenos Aires, Argentina)  
Presenter: David E. Scharff, M.D. (Chevy Chase, MD)  
Discussant: Theodore J. Jacobs, M.D. (New York, NY)

The co-chairs will demonstrate the importance for every adult analyst to obtain some child analytic supervision or training before or after graduating from an analytic training program. Presenters will include internationally recognized Dr. Virginia Ungar, President, IPA and Dr. Caroline Sehon, Director, International Psychotherapy Institute. Child analytic foundational concepts

will be highlighted, and evocative clinical case presentations will enrich participants' capacities to come into contact with difficulties associated with very regressive moments or phases in adult analytic work. Participants will come to experience firsthand how child analytic work facilitates the development of analytic attitude, observational skills, and receptivity to transference and countertransference in clinical work with both child and adult patients.

After attending this session, participants should be able to: 1) Describe the applicability of child analytic supervision and training to all analysts (even if the adult analyst works exclusively with adults) by identifying concepts from infant, child, and adolescent development that apply to the practice of adult analytic work; 2) Demonstrate analytic attitude, observational skills, and receptivity to transference and countertransference in response to child analytic material. **CEC: 2**

## DISCUSSION GROUP 13: EMBRACING OR FORECLOSING CHANGE: THE FORWARD EDGE OF RESISTANCE: TOWARD HUMAN AGENCY AND DIGNITY

Co-chair &  
Presenter: Peter Shabad, Ph.D.\* (Chicago, IL)  
Co-chair: Elizabeth Corpt, M.S.W., L.I.C.S.W.\*  
(Arlington, MA)

Discussant: Robert Drozek, L.I.C.S.W.\* (Belmont, MA)

Psychoanalysts have traditionally viewed the patient's resistance as an obstacle to treatment progress. This presentation will instead emphasize how resistance may be viewed as the patient's attempt to express his/her dignity and agency as a human subject. Since the patient often feels stymied by a despairing inertia in living his/her life, the patient's resistance of "I Won't," instead of a fatalistic "I Can't", provides a pathway for the analyst to respect the patient's resistance as a manifestation of his/her need for self-determination. The presenter will include a clinical vignette to illustrate his approach. This presentation to interested clinicians is designed to offer an alternative way of understanding and respecting the patient's powerful need for the dignity of self-determination.

After attending this session, participants should be able to: 1) Describe how the ethical privilege of providing help influences a power asymmetry of subject and object in the treatment relationship; 2) Describe how resistance becomes the patient's way of expressing his/her agency as a human subject.

**CEC: 2**

WEDNESDAY



# DAILY SCHEDULE

WEDNESDAY

9:00 A.M. – 12:00 P.M.

## SENIOR ANALYST PRESENTATION (PART 1)

Chair: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)  
Presenter: Mary Brady, Ph.D. (San Francisco, CA)

*Note: This program is open to candidate members and students only. Your registration for this session is subject to the approval of the session chair. This is a two-part session. Because of limited space, we ask all participants in this program to register for both parts. Part 2 takes place from 2:00 p.m. - 4:00 p.m.*

Psychoanalytic education creates a significant gap between learning from experience and intellectual understanding of key psychoanalytic theories and constructs. Candidates are repeatedly asked to perform in front of seasoned analysts by presenting their own clinical work for review or describing analytic writings from a technical perspective. It is rare in an analytic setting that seasoned and experienced analysts are asked to present specific and detailed aspects of their work with an individual. This presentation is designed specifically to address this gap, providing candidates yet to complete their analytic training the opportunity to hear detailed clinical notes from a senior analyst and discuss, demonstrate, and apply specific techniques utilized by analyst. The program will discuss one analytic week of clinical case material presented in great detail.

After attending this session, participants should be able to: 1) Describe the various techniques of listening to clinical material; 2) Describe the theoretical concepts that may influence the capacity to assess the analytic process. **CEC: 3**

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP 1: PSYCHOTHERAPY TRAINING PROGRAMS: CONSIDERING DIVERSITY WITH FACULTY AND STUDENTS

Co-chairs: Ann Dart, L.C.S.W.\* (Portland, OR)  
Anna R. Schwartz, M.D. (New York, NY)  
Presenter: Richard Alden, M.D. (Portland, OR)  
Discussants: Anton H. Hart, Ph.D. (New York, NY)  
Dionne R. Powell, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

Our psychotherapy training programs increasingly represent the most diverse student groups in all of APsaA. They bring fresh multicultural perspectives and needs as learners which demand that our

pedagogy and theory evolve. This workshop will feature a panel focused on developing meaningful learning experiences for students and faculty alike. We will look closely at a diversity program already in place at a psychoanalytic center and discuss its impact thus far. Topics such as multicultural sensitivity, diversities, experiential learning, and supervision will be discussed by two accomplished experts in the field. There will be ample time for interaction and discussion with workshop participants. This program is open to all who teach in psychotherapy programs or those interested in this vital topic.

After attending this session, participants should be able to: 1) Describe ways to devise educational experiences aimed at expanding awareness and knowledge of the impact of race, culture, implicit bias and racism in psychodynamic psychotherapy programs; 2) Assess the needs and challenges posed by introducing such educational experiences at participants' own training centers. **CEC: 2**

## COMMITTEE SPONSORED WORKSHOP 2: PSYCHOANALYST ASSISTANCE: THE EVOLUTION OF COLLEAGUE ASSISTANCE

Chair &  
Presenter: Audrey Kavka, M.D. (Oakland, CA)

This marks the tenth year that this committee sponsored workshop has been meeting during APsaA National Meetings. The questions, topics, and group discussions in these workshops have successfully impacted the evolving shape of colleague assistance. Our perspective keeps broadening from its earliest focus on establishing Psychoanalyst Assistance Committees, to a sharing of experiences and brainstorming approaches to the challenges of providing assistance to colleagues. The latest avenues of exploration are creative attention on proactive measures for maintaining health throughout an analyst's entire professional life cycle and on a deepening understanding of the role of aging and illness, at any age, for us as analysts. We are open to all and provide an open discussion format based on your needs and interests.

After attending this session, participants should be able to: 1) Use psychoanalytic concepts relevant to colleague assistance activities; 2) Apply a philosophy of ethical assistance to situations of a colleague who appears to be compromised due to physical or emotional illness. **CEC: 2**

# DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

## COMMITTEE SPONSORED WORKSHOP 3: GENDER AND SEXUALITY: 2020 RALPH ROUGHTON PAPER AWARD WINNER

Chair: Carol B. Levin, M.D. (Okemos, MI)  
Co-chairs: Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)  
Don Spivak, M.D. (Birmingham, MI)

Presenter &  
Prize Winner: Samuel Guzzardi, LCSW\* (New York, NY)  
Title: "The Only Fag Around"

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

The Committee on Gender and Sexuality Workshop will present the 2020 Ralph Roughton Paper, "The Only Fag Around," continuing the Award's tradition of scholarship related to the psychoanalytic understanding and/or treatment of lesbian, gay, bisexual, queer, trans\*, or gender-variant people by describing the use of an integrative self-psychological approach in the treatment of a lonely and rageful gay man who spontaneously changes clothes mid-session. The paper explores the clinical and theoretical utility of working with "forward edge transferences" in moments of rupture and impasse. (The \* is used metaphorically to capture all the identities that fall outside traditional gender norms.)

After attending this session, participants should be able to: 1) Compare forward-edge transferences to trailing-edge transferences, and describe the usefulness of the analysis of forward-edge transferences in treatment; 2) Describe the specific ways in which growing up as a lesbian, gay, bisexual, transgender, and/or queer individual may serve as a predictor of symptom clusters in adulthood, including depression, profound loneliness, and narcissistic vulnerability and rage. **CEC: 2**

12:00 P.M. – 1:30 P.M.



## SERVICE MEMBERS AND VETERANS INITIATIVE

Chair: Harold Kudler, M.D. (Washington, DC)  
Co-chair: Norman M. Camp, M.D. (Richmond, VA)  
Presenter: Herbert H. Stein, M.D. (New York, NY)  
Discussant: Bonnie R. Becker, Ph.D. (New Haven, CT)

The hallmark presentation of combat trauma—nightmares, waking hallucinations, intrusive traumatic memories, and extreme affective reactions to environmental triggers—may best be conceptualized as part of an attempt to protect the

individual from a repetition of trauma. Combat veterans must continuously cope with the extreme affects that combat induced. Fear, rage, guilt, and grief predominate. Their mental and emotional life is complicated by a conscience split between war zone and civilian morality and by the special group dynamics of combat. Optimal clinical understanding of combat-related trauma requires an awareness of the interaction of the personal dynamics of each individual with the specific characteristics of their combat situation.

After attending this session, participants should be able to: 1) Discuss the complex dynamics of combat veterans; 2) Utilize the specifics of the combat situation and the pre- and post-combat experience in the psychotherapeutic treatment of traumatized combat veterans. **CEC: 1.5**

2:00 P.M. – 4:00 P.M.

## SENIOR ANALYST PRESENTATION (PART 2)

For description and educational objectives see Part I at 9:00 a.m. **CEC: 2**



## DISCUSSION GROUP 14: WRITING FOR PUBLICATION

Chair: Lucy LaFarge, M.D. (New York, NY)  
Presenter: Caron Harrang, L.I.C.S.W.\* (Seattle, WA)

*Note: Pre-registrants for this session received a suggested reading list.*

This discussion group is intended to help participants acquire the skills and confidence to submit a paper to a psychoanalytic journal. The chair is Regional Editor for North America of the "International Journal of Psychoanalysis." She will draw on her extensive editorial experience to lay out for the group the fundamentals of the editorial process and the criteria that determine papers' success in achieving publication. A work in progress will be distributed to participants in advance of the meeting. Discussion by both group and leader will focus on developing the paper with the ultimate goal of publication.

After attending this session, participants should be able to: 1) Describe the paper review process at analytic journals; 2) Utilize the criteria by which papers are reviewed at analytic journals to develop preliminary versions of papers to be presented and discussed. **CEC: 2**

WEDNESDAY



# DAILY SCHEDULE

WEDNESDAY

2:00 P.M. – 4:00 P.M. continued

## DISCUSSION GROUP 15: THE ANALYST'S PREGNANCY

Co-chairs: Sarah Fox, M.D. (New York, NY)  
Susan Lazar, M.D. (Bethesda, MD)  
Presenter: Sargam Jain, M.D.\* (New York, NY)

Pregnancy in the analyst is an ideal situation in which to examine how a real life intrusion can influence the analytic setting. Treatment issues involving both transference and countertransference, as well as more logistical issues which frequently are stimulated by pregnancy in the analyst will be discussed. Pregnant analysts are often still in analytic training and issues arising from supervision will also be examined. Analytic case material will be presented.

After attending this session, participants should be able to: 1) Describe the transference and countertransference issues that typically arise during an analyst's pregnancy; 2) Explain the pragmatic challenges that can arise when an analyst is pregnant. **CEC: 2**



## DISCUSSION GROUP 16: UNCONSCIOUS REVERBERATIONS IN CHILD AND ADOLESCENT ANALYSIS: THE CHALLENGES OF MAINTAINING AN INTRAPSYCHIC FOCUS

Co-chairs & Discussants: Sydney Anderson, Ph.D. (Bloomington, IN)  
Laurie J. Levinson, Ph.D. (New York, NY)  
Presenter: Christian Maetzner, M.D. (New York, NY)

This discussion group focuses on challenges and therapeutic opportunities in child analysis when a child manifests resistance by excluding the analyst and uses displacement to communicate his internal world. The displacement took the form of turning to electronic media. Material from the analysis of a boy who started treatment when he was 9 and spent much of the sessions looking at YouTube videos will be used to illustrate how we analyzed his inner life. As defenses were interpreted – in displaced form – the videos changed. From observing someone who commented on others, it moved to observing friends who observed others, and from that to friends who commented about struggles with aggression and later interacted with each other, not fearing aggression.

After attending this session, participants should be able to: 1) Describe two child analytic approaches to responding to a child's play that initially excludes the analyst; 2) Utilize interpretive approaches to responding to play in the analytic setting. **CEC: 2**

## DISCUSSION GROUP 17: PSYCHOANALYSIS AND SPIRITUS: LIFE AND DEATH INSTINCTS

Chair: Paula J. Hamm, M.A., L.P.C. (Centreville, VA)  
Presenter: Salman Akhtar, M.D. (Ardmore, PA)  
Discussant: Paul Marcus, Ph.D.\* (Great Neck, NY)

Clinicians will benefit from this presentation by author and psychoanalyst Dr. Salman Akhtar, who will make a curious link between Freud's death instinct and spirituality. First through defining Freud's concept of the death instinct he will illuminate the misunderstanding of this concept and the unrecognized nuances which this concept contains. His extensive research on this concept will illustrate both 'good' and 'bad'. Secondly Dr. Salman Akhtar will distinguish between mentalized and unmentalized processes within the nature of spirituality. Thirdly, following these clarifications, new novel links will be forged and proposed between death instinct and spirituality. Spirituality is about the openness to the unknown and so is psychoanalysis.

After attending this session, participants should be able to: 1) Explain the behavioral manifestations of two subtypes of death instinct; 2) Analyze the relationship between 'good' death instinct and mentalized spirituality. **CEC: 2**

## DISCUSSION GROUP 18: PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION

Chair: Ralph Beaumont, M.D. (Portland, OR)  
Presenters: Zoe Crawford, M.S.W., L.C.S.W.\* (Portland, OR)  
Mark Owens, L.C.S.W. (Portland, OR)

Discussant: Aisha Abbasi, M.D. (West Bloomfield, MI)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, focusing often on limitations of the latter. This discussion group will take a different stance toward this relationship. The emphasis will be psychoanalysis and psychodynamic psychotherapy, rather than one versus the other. We will emphasize side-by-side comparison with the intention of greater understanding of the two areas of practice and their relations. We believe that examining these two clinical approaches together may shed further light on aspects of each of them. The format will involve two presenters, one providing psychoanalytic material, the other psychotherapeutic material. A discussant will help pursue a consideration of the two processes in terms of method, technique, and therapeutic action.

*continued*

# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

After attending this session, participants should be able to: 1) Compare the two processes of psychoanalysis is psychodynamic psychotherapy in terms of technique, method, and therapeutic action; 2) Use clinical examples of psychoanalytic and psychotherapeutic processes to distinguish the two therapeutic modes. **CEC: 2**



## DISCUSSION GROUP 19: FATHERHOOD: THE PATERNAL EROTIC TRANSFERENCE AND COUNTERTRANSFERENCE

Co-chairs: Seth Aronson, Psy.D. (New York, NY)  
Phillip Blumberg, Ph.D. (New York, NY)  
Presenter: Ken Corbett, Ph.D.\* (New York, NY)  
Discussant: Harriet Kimble Wrye, Ph.D.\*  
(Portola Valley, CA)

This presentation will highlight the role of the paternal body in sustaining growth and development in men and boys. The paper challenges the traditional psychoanalytic notion of the father's body as the site of the "no"—the usher of separation and differentiation. Clinical vignettes will examine ways of engaging the paternal erotic transference that can generate the potential for the rich complex network of fantasies that serves to link fathers and sons, men and boys.

After attending this session, participants should be able to: 1) Explain transferences generated by erotic fantasies relating to the paternal body; 2) Utilize transferences and countertransferences generated by erotic fantasies relating to the paternal body in the clinical setting. **CEC: 2**

## DISCUSSION GROUP 20: PHARMACOTHERAPY AND PSYCHOANALYSIS

Co-chairs: Fredric Busch, M.D. (New York, NY)  
David Gutman, M.D. (New York, NY)  
Presenter: Nirav Soni, Ph.D. (New York, NY)

This discussion group will explore common challenges when medication is part of an analysis. These include: What factors contribute to the decision to prescribe or withhold medication? What countertransference challenges exist in combining treatment for medical and non-medical analyses? How does the introduction of medication affect the psychoanalytic process? In what situations may the use - or non-use - of medication threaten an analysis? What are some of the challenges in monitoring medication once it is introduced? To what degree are cultural pressures at play and how are they managed within the analysis? When should

the analyst consider splitting the treatment with a psychopharmacologist?

After attending this session, participants should be able to: 1) Describe the factors that lead an analyst to consider medication; 2) Describe some ways in which the introduction of medication affect the psychoanalytic process. **CEC: 2**

## DISCUSSION GROUP 21: PHILOSOPHY AND PSYCHOANALYSIS: WHAT IS SOCIAL PSYCHOANALYSIS?

Chair: John C. Foehl, Ph.D. (Cambridge, MA)  
Co-chairs &  
Discussants: Roger Frie, Ph.D., Psy.D., R.Psych.\*  
(New York, NY)  
Donna Orange, Ph.D., Psy.D. (Claremont, CA)  
Presenter: Lynne Layton, Ph.D.\* (Brookline, MA)

In this talk, Dr. Layton will elaborate others' conceptualizations of social psychoanalysis and elaborate on her own view. She describes "normative unconscious processes," a bridging concept that attempts neither to reduce the psychic to the social nor the social to the psychic. Drawing on Fromm and contemporary social theorists, she describes subject formation as an intersectional psychosocial process that takes shape within cultural and power inequalities. These inequalities are unconsciously both reproduced and resisted in individual, interpersonal, institutional, and culture-wide enactments. She concludes with thoughts about neoliberal versions of subjectivity in individuals and large group.

After attending this session, participants should be able to: 1) Describe the key differences between a social psychoanalysis focused on "normative unconscious processes" and other conceptualizations of social psychoanalysis; 2) Summarize an approach to unconscious processes that bridge the psychic and social informed by factors that shape subject formation within cultural and power inequalities. **CEC: 2**



## DISCUSSION GROUP 22: PSYCHOANALYSIS WITH ADOPTEES: THE USE OF FANTASY PLAY IN THE TREATMENT OF A SIX-YEAR-OLD ADOPTED GIRL

Chair: Maida J. Greenberg, Ed.D.  
(Newton Centre, MA)  
Presenter: Katharine Gould, L.C.S.W., M.F.A.\*  
(Santa Monica, CA)

Adoption may pose certain psychological stresses on each of its participants — the relinquishing parents, the adopting parents, and the child. The

*continued*



# DAILY SCHEDULE

## 2:00 P.M. – 4:00 P.M. continued

adopted child must be able to accept that he/she was born to one set of parents and was raised by another set of parents. Clinical material will provide information regarding the specific worries and conflicts – the unruly behaviors (symptomatic of her conflicts) that existed for this adoptee and for the single adoptive mother. By presenting and discussing this case, participants will be able to describe the added challenges that exist for the child and the parent providing the participants with additional competencies to work with children who are adopted.

After attending this session, participants should be able to: 1) Discuss how the adopted child's lack of knowledge regarding her birth mother may lead to a breakdown in empathy between the adopted child and adoptive parent; 2) Create a meaningful narrative for the adopted child to repair the relationship with the adoptive parent. **CEC: 2**

### DISCUSSION GROUP 23: CREATIVE LISTENING AND THE PSYCHOANALYTIC PROCESS: MEMOIR - PUTTING A LIFE IN ORDER

Chair &  
Presenter: Fred L. Griffin, M.D. (Dallas, TX)  
Presenter: Joan Wheelis, M.D. (Cambridge, MA)

Like a personal psychoanalytic experience, writing a memoir involves creating threads of narrative that link emotional states across important times in the subject's life. We will explore Dr. Joan Wheelis' memoir, "The Known, the Secret, the Forgotten," a book that takes us inside the author's life with her psychoanalyst parents. She writes, "My parents are both dead, yet their lives are very much within me. Time and memory rushing in like waves on distant shores...loudly and then softly, inexorably." After a brief introduction and reading from Dr. Wheelis' book, an interview of the author will lead to group discussion about the unique creative space found in this memoir, one in which there is a layering of memory and time, of luminous moments and timelessness.

After attending this session, participants should be able to: 1) Apply the creative processes found within a memoir's creative writing of a life to create narratives of the analysand's (and analyst's) inner and relational worlds which unfold in analysis; 2) Demonstrate how creative narratives can cultivate the creative analytic space in the psychoanalytic situation. **CEC: 2**

### DISCUSSION GROUP 24: DREAMING, IMAGINATION, AND PSYCHOANALYTIC PROCESS

Chair: Howard M. Katz, M.D. (Brookline, MA)  
Presenter: Margaret A. Cramer, Ph.D. (Boston, MA)  
Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

This session focuses on the multi-sensory, embodied dimensions of dreaming and the phenomenological stance that emerges from such a focus. How may such a stance compliment other aspects of analytic inquiry so as to increase knowledge of affect, nuances of memory and narrative construction and dimensions of fantasy? Group discussion of Dr. Cramer's clinical presentation will be initiated by Drs. Alfred S. Margulies and Howard M. Katz, both of whom have explored these dimensions of dreaming in prior publications.

After attending this session, participants should be able to: 1) Utilize the sensory perceptual dimension of dreaming to complement traditional ways to work with dreams; 2) Apply a phenomenological approach to dreams to increase knowledge of a patient's inner world. **CEC: 2**

### DISCUSSION GROUP 25: ASSESSMENT AND THE ANALYTIC IDENTITY

Co-Chairs &  
Discussants: Anthony Bram, Ph.D., ABAP, FABP  
(Lexington, MA)  
Jed Yalof, Psy.D., ABAP, FABP (Narberth, PA)  
Presenter: Ksera Dyette, Psy.D., B.C.B.\*  
(Watertown, MA)

The purpose of this discussion group is to explore the relationship between psychological testing and psychoanalytic conceptualization and treatment planning. We encourage attendance of psychologists who conduct psychological testing themselves and clinicians from all mental health disciplines interested in learning about when and how referrals for such assessments may benefit their patients. A case presentation serves as a springboard for participants to consider how psychoanalytic thinking enhances psychological testing and how the latter informs treatment and other dispositions. Each faculty member has published and/or presented at national conferences on psychoanalytically-informed psychological assessment. The case this year will involve an adolescent assessed in the context of the juvenile justice system, which will also be conducive to the application of psychoanalytic developmental theory.

After attending this session, participants should be able to: 1) List three psychoanalytic constructs that can be assessed through psychological testing;

*continued*

WEDNESDAY

# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

2) List two different referral questions that are appropriate for psychological testing to address.

**CEC: 2**

## DISCUSSION GROUP 26: THE DIFFICULT CHILD TO REACH: A KLEINIAN PERSPECTIVE ON PSYCHOANALYTIC WORK WITH CHILDREN

Chair: Karen Proner, M.S. (New York, NY)

Presenter: Ilana Attie, Ph.D.\* (New York, NY)

This discussion group will focus on children and adolescents with severe problems that may make them uncertain patients for psychoanalytic work. With the growing pressure on child analysts to work with more disturbed children, this discussion group will look at technical problems and theoretical problems through the presentation and discussion of clinical material. The clinical case will be selected for its difficulties and challenges to our usual ways of thinking and working as child analysts. Klein and her followers believed that one could adapt the method of psychoanalysis to work with children's earliest anxieties and their defenses and stay true to the principles of psychoanalysis. The aim of this discussion group is to create a forum for discussion, which can facilitate a capacity to think about what might seem un-thinkable aspects of your child patients.

After attending this session, participants should be able to: 1) Describe the Kleinian methods of working with children and adolescents whose problems are from early trauma or deficit and whose primitive mental states and defenses make them difficult to reach in the conventional analytic approach; 2) Assess emotions that are generated by the primitive process of projective identification to bridge the difficulty of children who may not play or symbolize in the conventional way or who challenge the setting and the analyst. **CEC: 2**

## DISCUSSION GROUP 27: IPSO: INTERNATIONAL PERSPECTIVES IN PSYCHOANALYSIS: TECHNIQUE IN FRENCH PSYCHOANALYSIS: PSYCHOANALYTIC PSYCHODRAMA

Chair: Kristin Whiteside, Ph.D. (Encinitas, CA)

Presenters: Clarisse Baruch, Ph.D.\* (Paris, France)

Lila Hoijman, DESS, DEA\* (Paris, France)

Philippe Valon, M.D.\* (Malakoff, France)

Jakob Moreno created psychodrama at the beginning of the twentieth century and the French psychoanalysts have adopted it as a comprehensive psychoanalytic treatment. Psychodrama has become

the necessary context for an analytical process to unfold in some psychopathological layouts in which symbolization through language will not happen, or in some transference configurations. By using role-play, by setting the body in motion and "dramatizing," psychodrama revives the patient's and the analyst's creativity, renewing their capacities for regression, figuration and representation. Psychodrama is also a group process. The diffraction of the transference on all of the group members, followed by its focus on the analyst in role-playing and in the interpretation, make the transference bearable and possible to interpret.

After attending this session, participants should be able to: 1) Describe the psychoanalytic technique of psychodrama as practiced in France; 2) Discuss the applicability of psychodrama for certain patient populations and clinical interactions. **CEC: 2**

## DISCUSSION GROUP 28: HISTORY OF PSYCHOANALYSIS: THE EARLY HISTORY OF PSYCHOANALYSIS IN SAN FRANCISCO

Chair: Peter L. Rudnytsky, Ph.D., L.C.S.W.  
(Gainesville, FL)

Co-chair: Madelon Sprengnether, Ph.D.\*  
(Minneapolis, MN)

Presenter: Daniel Benveniste, Ph.D. (Bellevue, WA)

Discussant: Harriet L. Wolfe, M.D. (San Francisco, CA)

From the opening of Alfred Kroeber's office in 1918 to the death of Siegfried Bernfeld in 1953, a small group of Americans and European émigrés created the foundation of psychoanalysis in San Francisco. Eminent scholar Dr. Daniel Benveniste will explore the conflicts that ensued between lay and medical analysis; the desire to preserve the creative spirit of analytic work and the imperative to establish an institute; a brief golden age when an ecumenical spirit prevailed and a subsequent history of divisiveness; the individual focus of psychoanalysis and its application to social concerns; and efforts to meet the psychological demands of World War II and those of the local community. Pre-registrants received an advance copy of the article on which Dr. Benveniste's presentation is based and of Siegfried Bernfeld's paper "On Psychoanalytic Training."

After attending this session, participants should be able to: 1) Describe the important people and events in the early history of psychoanalysis in San Francisco; 2) Explain how this history influenced contemporary psychoanalytic practice in San Francisco and how the issues of the past remain in the present. **CEC: 2**

WEDNESDAY



# DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

## DISCUSSION GROUP 29: PSYCHOANALYSIS AND THE VISUAL ARTS: NEW TOPICS IN THE PSYCHOANALYTIC UNDERSTANDING OF VINCENT VAN GOGH

Chair: J. David Miller, M.D. (Washington, DC)  
Presenter: Bradley Collins, Ph.D.\* (New York, NY)

**Note: This session does not offer Continuing Education Credit.**

The last decade has produced a great wealth of new information about Vincent van Gogh from Steven Naifeh's and Gregory White Smith's extremely thorough biography to the recent exhibition at the Van Gogh Museum titled "On the Verge of Insanity: Van Gogh and his Illness." This session will examine various psychoanalytic interpretations of van Gogh's life and work in the light of this current research. Among the topics discussed will be The Potato Eaters and the "first Vincent," van Gogh's experience as a replacement child, the exact nature and motivation of the ear cutting, his relationships with Madame Ginoux and Madame Roulin, and the actual circumstances of his suicide.

4:30 P.M. – 6:30 P.M.



## RESEARCH SEMINAR

Chair: Katie C. Lewis, Ph.D.\* (Stockbridge, MA)  
Presenters: Ilana Larkin, M.A.\* (Evanston, IL)  
Vera Békés, Ph.D.\* (Bronx, NY)  
Discussants: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)  
Sophia Richman, Ph.D., ABPP\* (New York, NY)

This interdisciplinary research seminar will review recent studies on affect and trauma, exploring the ways in which findings may be used to inform clinical practice. Through a close reading of "Little Women," Ms. Ilana Larkin will discuss how the intergenerational transmission of socialized gender roles and motherhood are transmitted through literature so successfully. Using memory narratives, Dr. Vera Békés will then present findings from an examination of defensive functioning in Holocaust survivors during recall of trauma and non-trauma events. Each presentation will be followed by clinically-oriented discussions led by senior psychoanalysts exploring the applicability of research findings to applied psychoanalytic practice.

After attending this session, participants should be able to: 1) Explain how fantasies about anger in the mother/child dyad can impact future developmental outcomes; 2) Describe the nature of

defensive processes Holocaust survivors use when remembering their traumatic past. **CEC: 2**

## TWO-DAY CLINICAL WORKSHOP #1: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART I)

Chair: Irene Cairo, M.D. (New York, NY)  
Presenter: Catherine Kimble, M.D. (Lexington, MA)  
Discussant: Dominique Scarfone, M.D.\* (Montreal, Canada)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

Detailed clinical case and process material will be presented to the featured discussant, Dr. Dominique Scarfone, a psychiatrist and training and supervising analyst in the Canadian Psychoanalytic Society, an honorary professor in the Department of Psychology, Université de Montréal, and former Associate Editor of the International Journal of Psychoanalysis. Attention will be given to in-depth clinical psychoanalytic work, specifically the main axes of Jean Laplanche's work: a critical reading method applied to Freud's texts; a model of psychic functioning based on translation; and a theory of general seduction firmly rooted in the analytic situation, as the provocation of transference by the analyst best illustrates. Participants will have the opportunity to discuss this material and to observe firsthand how Dr. Scarfone thinks clinically.

After attending this session, participants should be able to: 1) Analyze specific unconscious phantasies and anxieties as they are lived out in the analytic relationship; 2) Describe the integration of different theoretical models to in-depth work of interpretation. **CEC: 2**

## TWO-DAY CLINICAL WORKSHOP #2: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)  
Presenter: Arthur A. Gray, Ph.D.\* (New York, NY)  
Discussant: Scott M. Davis, M.D. (Chicago, IL)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

continued

WEDNESDAY

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

In this clinical workshop, verbatim exchanges drawn from several sessions of an analysis will elucidate listening, understanding, and interpreting guided by empathic perception and motivational systems theory. Consideration will be given to the timing to the analyst's interventions and to what inferences guide the analyst's choice of responses. Openings for improvisation will be noted.

After attending this session, participants should be able to: 1) Analyze the sequence of the clinical exchange between the analysand and the analyst with consideration of the impact of each on the other; 2) Apply the empathic mode of perception as a basis for interpretation and other interventions.

**CEC: 2**

## TWO-DAY CLINICAL WORKSHOP #3: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Henry J. Friedman, M.D. (Cambridge, MA)

Presenter: Daniel Goldin, M.F.T., Psy.D.\*  
(South Pasadena, CA)

Discussant: Estelle Shane, Ph.D. (Los Angeles, CA)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

This two-day clinical workshop is aimed at psychoanalysts whether recent graduates, candidates, or experienced psychoanalysts who have been trained in classical psychoanalysis and will benefit from exposure to the interpersonal-relational perspective. The discussant has made fundamental contributions to contemporary practice of psychoanalysis and will be able to contrast her approach with that of classical drive defense perspectives. The shift in perspective results in identifying unconscious aspects of the relationship between analyst and patient rather than attempting to identify drive derivatives in the associative field.

After attending this session, participants should be able to: 1) Describe how personal subjectivity enters an analysis and influences aspects of what emerges from the patient and from the analyst; 2) Utilize the interpersonal-relational perspective within analysis to better comprehend a patient's distress in life. **CEC: 2**

## TWO-DAY CLINICAL WORKSHOP #4: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Richard B. Zimmer, M.D. (New York, NY)

Presenter: Jason A. Wheeler, Ph.D.\* (New York, NY)

Discussant: Francis Grier, M.A.Oxon.\* (London, England)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

In this session, Mr. Francis Grier, a Kleinian analyst from London, as well as a musician and academic musicologist, will discuss process material from a clinical analysis presented by Dr. Jason Wheeler. The group should be of interest to all clinical psychoanalysts. Mr. Grier will focus on his discussion on how to use Kleinian theory, as well as musical elements of the patient's and analyst's communications – e.g. tone, volume, pitch, cadence – to better understand the patient's inner world and the analytic interaction. Francis Grier is an Associate Editor (UK) of the International Journal of Psychoanalysis, a Training Analyst and Supervisor of the British Psychoanalytical Society, and a Member of Tavistock Relationships. Two forthcoming papers on "Musicality in the Consulting Room" and "The Music of Beethoven Viewed through the Prism of Gender" will appear in the IJP. Dr. Wheeler is on the faculty of the Institute for Psychoanalytic Education and is an analyst in private practice in New York City.

After attending this session, participants should be able to: 1) Analyze the musical elements of tone, volume, pitch, cadence in the communication between patient and analyst; 2) Assess non-verbal aspects of patient communication to use Kleinian theory in formulating interpretations of the patient's inner life and the analytic process. **CEC: 2**

## TWO-DAY CLINICAL WORKSHOP #5: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Lynne Zeavin, Psy.D. (New York, NY)

Presenter: Richard Fisher Gomberg, M.D.  
(Wellesley Hills, MA)

Discussant: Irma Brenman Pick\* (London, England)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on*

*continued*

WEDNESDAY



# DAILY SCHEDULE

**4:30 P.M. – 6:30 P.M. continued**

*Thursday at 4:30 p.m. Participants are expected to attend both days.*

Irma Brenman Pick, a distinguished senior fellow and training and supervising analyst at the British Psychoanalytical Society, will be the discussant at this two day clinical workshop offering a rich examination of the contemporary Kleinian approach to clinical psychoanalytic work. Over two days, through a detailed examination of session material, we will explore the nature of early object relations as they are revived and lived in the transference and countertransference with the analyst. Analytic interventions will be discussed as well as a close look at the workings of projective identification in the session.

After attending this session, participants should be able to: 1) Assess the nature of early object relations as they arise in the clinical session; 2) Describe the Kleinian approach to working in the transference and countertransference. **CEC: 2**

## **TWO-DAY CLINICAL WORKSHOP #6: PSYCHOANALYTIC PSYCHOTHERAPY: (PART 1)**

Chair: Ann Dart, L.C.S.W.\* (Portland, OR)  
Presenter: Brenda Vale, M.D.\* (Lebanon, NH)  
Discussant: Alan Pollack, M.D. (Newton, MA)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Thursday at 4:30 p.m. Participants are expected to attend both days.*

This clinical workshop, sponsored by APsA's Psychotherapy Department, will focus on a psychoanalytic psychotherapy with a profoundly disturbed patient. It will feature a psychotherapist presenting detailed process notes from several sessions. The discussant will highlight aspects of the case and suggest useful theoretical approaches and techniques. The unfolding process will be the main topic of discussion, along with psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth, interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe aspects of the transference-

countertransference matrix; 2) Describe shifts in the clinical process that deepened the treatment.

**CEC: 2**

## **NEW! DISCUSSION GROUP 30: DOMESTIC VIOLENCE AND CLINICAL PRACTICE**

Chair: Stephanie Brandt, M.D. (New York, NY)  
Co-chair: Marie Rudden, M.D. (West Stockbridge, MA)

This discussion group will address the gap in professional knowledge regarding the clinical impact of domestic violence. Domestic violence is rarely addressed in psychoanalytic curricula despite the fact that it is a common contributing factor in psychopathology. Via presentation of clinical material, a small group seminar will offer core knowledge regarding the recognition and management of family violence in a confidential setting allowing easier discussion of difficult material. Dr. Brandt is an adult/child analyst and chairman of the ethics committee at NYPSI. She is an experienced expert witness in child-focused litigation, where domestic violence is a common factor. Dr. Rudden is a training and supervising analyst at the Berkshire Psychoanalytic Institute. Her professional work centers on the psychoanalytic understanding of group and socio-cultural phenomena.

After attending this session, participants should be able to: 1) Describe and recognize the complex family relational pattern that is domestic violence (now also called coercive control); 2) Assess the complex family relational pattern in the psychoanalytic management of the difficult cases where domestic violence is a factor. **CEC: 2**

## **DISCUSSION GROUP 31: CONTRIBUTIONS OF INFANT RESEARCH TO ADULT TREATMENT: NONVERBAL MODES OF ENTERING MOMENTS OF DISTRESS**

Chair: Beatrice Beebe, Ph.D. (New York, NY)  
Co-chair: Frank M. Lachmann, Ph.D. (New York, NY)

Open to psychoanalysts and students, the group will present research on mother-infant communication and its contribution to developmental theory/nonverbal communication in adult treatment (face-to-face/couch). Beebe & Lachmann will discuss films/frame-by-frame analyses of mother-infant communication, particularly modes of entering distress; role-play brief interactions identified by infant research; and discuss case vignettes and films of therapists doing adult treatment. Dr. Beatrice Beebe is an infant researcher and psychoanalyst and Dr. Frank Lachmann is a psychoanalyst. Their

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*continued*

# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

books are good background: Beebe & Lachmann, 2002, "Infant research and adult treatment: Co-constructing interactions;" Beebe & Lachmann, 2014, "The origins of attachment: Infant research and adult treatment."

After attending this session, participants should be able to: 1) Describe mother-infant interaction patterns where mothers do, vs. do not, enter infant distress moments; 2) Give two examples of nonverbal modes of entering the patient's distress in adult treatment. **CEC: 2**

### DISCUSSION GROUP 32: TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM

Chair: Christopher W. T. Miller, M.D. (Baltimore, MD)  
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)  
Donald R. Ross, M.D. (Baltimore, MD)

The use of film as a teaching method is highly exportable and can help illustrate psychoanalytic concepts in more accessible ways. The 2017 film "First Reformed" is particularly useful in highlighting aspects of superego pathology, including how guilt-driven, self-destructive dynamics dominate the life of the main character, related to an inability to grieve. It also invites an in-depth understanding of the complex act of suicide. Finally, the current crisis of environmental destruction is a powerful corollary for the individual and interpersonal dynamics depicted in the film.

After attending this session, participants should be able to: 1) Describe a teaching model that utilizes film to expose early learners to psychodynamic concepts, serving to increase their mastery of the content; 2) Discuss superego pathology and its relevance both within and outside of the clinical setting, including pressures which may lead to suicidal acts. **CEC: 2**

### DISCUSSION GROUP 33: ITALIAN PSYCHOANALYSIS AND CONTEMPORARY MODELS OF THEORY AND TECHNIQUE

Co-chairs: Andrea Celenza, Ph.D. (Lexington, MA)  
John C. Foehl, Ph.D. (Cambridge, MA)  
Christopher G. Lovett, Ph.D.  
(Newton Centre, MA)  
Presenter: Angela Cappiello, M.D., Ph.D.  
(Glastonbury, CT)  
Discussant: Fulvio Mazzacane, M.D.\* (Pavia, Italy)

This discussion group will examine the contributions to contemporary psychoanalysis by Italian thinkers, such as Ferro, Civitarese, Lombardi, and De Masi, especially their attention to nonverbal and

unsymbolized levels of functioning linked to early affect states and bodily expressions of emotional experience. The clinical focus will emphasize analysis as a system of transformations that take place within and through an analytic relationship or field. Fulvio Mazzacane, M.D. will discuss the clinical material presented to demonstrate the distinctive concepts of 'transformations in dream' and 'transformations in play' and the associated clinical approach of 'unsaturated interpretations in the analytic field' and the method of listening to clinical material in terms of 'characters in the field'

After attending this session, participants should be able to: 1) Utilize the concept of 'transformations in dream' and the relationship between 'reverie' and the place of 'unsaturated interpretations in the analytic field' in this model of practice; 2) Explain the concepts of transformations in dream and play along with the method of listening to clinical material in terms of 'characters in the field'. **CEC: 2**

### DISCUSSION GROUP 34: EFFECTS OF THE HOLOCAUST AND GENOCIDE ON SURVIVORS AND FAMILY

Members

Chair: Ira Brenner, M.D. (Bala Cynwyd, PA)  
Co-chair: Nanette C. Auerhahn, Ph.D.  
(Beachwood, OH)

This group is designed to address the impact of the Holocaust and genocidal persecution on survivors and their family members. The clinical importance of intergenerational transmission of such trauma, seen in the successive generations of survivors has formed the cornerstone of this group since its inception. A parallel process on the perpetrator side, with significant differences, may also be addressed.

After attending this session, participants should be able to: 1) Assess Holocaust/genocidal persecution issues in order to elicit them from patients; 2) Analyze the significance of the transmission of trauma and the long term psychological effects of genocidal persecution and its impact on family members. **CEC: 2**



# DAILY SCHEDULE

WEDNESDAY

4:30 P.M. – 6:30 P.M. continued

## DISCUSSION GROUP 35: PSYCHOANALYTIC TREATMENT FOR OLDER ADULTS: THE DANGER OF NEGATIVE AGE STEREOTYPES

Chair: Daniel A. Plotkin, M.D., M.P.H., Ph.D.  
(Los Angeles, CA)  
Presenter: Becca Levy, Ph.D.\* (New Haven, CT)  
Discussants: Audrey Kavka, M.D. (Oakland, CA)  
Doryann M. Lebe, M.D. (Los Angeles, CA)  
Jolyn Welsh Wagner, M.D. (Birmingham, MI)  
Mi Yu, M.D., Ph.D. (Nashville, TN)

Research will be presented demonstrating how negative age stereotypes limit treatment possibilities for older adults. For psychoanalysts, negative age stereotypes lead to a pessimistic view of therapeutic possibilities. For patients themselves, negative age stereotypes are associated with an increased risk of developing mental and cognitive conditions, presumably via mind-body interactions. Possible mechanisms for how age stereotypes exert their impact will be identified, including biological pathways (e.g., shorter telomere length, neuroimmune interactions) and psychological pathways (e.g., internalization, embodiment, and the self-fulfilling prophecy) and clinical examples of how negative age stereotypes operate will be provided.

After attending this session, participants should be able to: 1) Compile evidence that older adults with negative age stereotype beliefs are less likely to engage in psychotherapeutic treatment and are at increased risk to develop mental and cognitive conditions (the phenomenon of the self-fulfilling prophecy); 2) Analyze the mechanisms for how age stereotypes exert their impact, including biological pathways (shorter telomere length, neuroimmune interactions) and psychological pathways (internalization, embodiment). **CEC: 2**

## DISCUSSION GROUP 36: USING CONCEPTS FROM FREUD, SULLIVAN, AND OGDEN TO INITIATE TREATMENT

Co-chair &  
Presenter: Marco Conci, M.D.\* (Munich, Germany)  
Co-chair &  
Discussant: Sandra Buechler, Ph.D.\* (New York, NY)

This discussion group will explore the theories of Sigmund Freud, Harry Stack Sullivan and Thomas Ogden in order to stimulate discussion of ways to initiate a psychoanalytic treatment. To begin the discussion, one of the co-chairs will present a comparison of the three analysts and their approach. The other co-chair will then present a clinical case,

through whose discussion the members of the group will have a chance to both formulate their own approach to initiating treatment and to compare the different theories.

After attending this session, participants should be able to: 1) Explain the different approaches of Freud, Sullivan, and Ogden to initiating a psychoanalytic treatment; 2) Compare similarities and differences between the approaches of Freud, Sullivan, and Ogden to initiating a psychoanalytic treatment.

**CEC: 2**

## DISCUSSION GROUP 37: THE CANDIDATE AT WORK: TAKING THE RISK: MASCULINITY, SEXUALITY, AND DANGER IN THE ERA OF #METOO

Chair: Amber Nemeth, Ph.D. (New York, NY)  
Presenter: Susan Heimbinder, L.C.S.W. (New York, NY)  
Discussant: Steven H. Cooper, Ph.D. (Cambridge, MA)

What does it feel like right now to live in our embodied experience of the masculine/feminine? Clinical work between analysts and their analyst, in the era of the #MeToo movement, now feels differently charged, as both parties may feel vulnerable within the context of their gendered identity. Using field theory and Jean Laplanche's ideas of infantile sexuality, this presentation considers a new construction that includes what Freud described as essential but may feel especially fraught — danger in the analytic encounter. Using material from an on-going analysis, the presenter, a recent graduate from The William Alanson White Institute, will describe how gender, power, good and bad objects are used, sometimes ruthlessly, to find one's way toward tenderness and mutuality.

After attending this session, participants should be able to: 1) Apply concepts of field theory and Laplanche's theories of infantile sexuality to gendered identities and transference in clinical work; 2) Analyze the multiple implications of the #MeToo movement and its impact on treatment, on both conscious and unconscious levels. **CEC: 2**

## DISCUSSION GROUP 38: PSYCHOANALYSIS AND THE LAW: THREATS, LIES, AND HARASSMENT: THE PSYCHOANALYST'S STALKER

Co-chairs: Linda Gunsberg, Ph.D.\* (New York, NY)  
Moisy Shopper, M.D. (St. Louis, MO)  
Presenter: Merle Edelstein, M.D. (Philadelphia, PA)  
Discussant: Det. Nicholas Cangelosi, Philadelphia  
Police Department\* (Philadelphia, PA)

Psychoanalysts/psychotherapists often deny the severity of stalking threats, believing that these

*continued*

# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

threats are contained (held safely) within the transference. Research shows that many of these patients are insecurely attached, are hungry for a relationship, and break the psychotherapist/patient boundaries in order to get under the skin, and even hurt, their treating therapist emotionally and physically. This can reach such proportions of illegally haunting and endangering the life of the psychoanalyst and even threatening endangerment of the psychoanalyst's family. This presentation will help psychoanalysts/psychotherapists identify the phenomenon of stalking, develop specific strategies in working with a stalking patient, and alert the psychoanalyst to the assistance of police/legal agencies. Attendees will have the opportunity to communicate their own experiences with stalking patients.

After attending this session, participants should be able to: 1) Describe both the phenomenon of stalking of the psychoanalyst/psychotherapist in terms of the various behaviors manifested by the stalking patient and the emotional and physical impact the stalking patient can have on the treating psychoanalyst/psychotherapist; 2) Develop strategies in working with the stalking patient including possible police/legal assistance. **CEC: 2**



## DISCUSSION GROUP 39: POSTMODERNISM FEMINISM: THE FEMININE

Chair: Vivian Blotnick Pender, M.D. (New York, NY)  
Presenters: Debra Gill, L.C.S.W. (New York, NY)  
Sargam Jain, M.D.\* (New York, NY)

The Feminine seeks to question order that is illustrated in structures as a fantasy of matricide, that is, does allegiance lie with one's tribe, land, and way of life (the maternal) or the state order (the paternal). Psychoanalysts are keen witnesses in their clinical practice as citizens of cultural change. Psychoanalytic knowledge and participation can enrich the defense and validity of human rights, especially for women and children. Using a broad reflection of the multiple faces of violence and psychic suffering resulting from repeated violations certain dehumanization of The Feminine is certain. This group will be used as a starting point to open a dialogue, to explore and reflect on the possibilities for psychoanalysis to be a strong representative for femininity and masculinity.

After attending this session, participants should be able to: 1) Apply The Feminine as a distinct clinical technique that includes listening using

a new perspective; 2) Explain the effect of lack of The Feminine in current cultures including psychoanalysis. **CEC: 2**

## DISCUSSION GROUP 40: PARENT WORK IN PSYCHOANALYSIS

Co-chairs: Jack Novick, Ph.D. (Ann Arbor, MI)  
Kerry Kelly Novick (Ann Arbor, MI)  
Presenters: Denia Barrett, M.S.W. (Chicago, IL)  
Thomas F. Barrett, Ph.D. (Chicago, IL)

Concurrent parent work involves learning how to form and maintain multiple therapeutic alliances. The requisite interpersonal, empathic, and communicative skills are an additional learning for traditionally-trained psychoanalysts. Inclusion of knowledge from allied fields strengthens the multi-modal clinical offerings of psychoanalysts. Patients and their parents benefit from such comprehensive care, which has been somewhat lacking in the past. Jack Novick, Kerry Kelly Novick, Denia Barrett, and Tom Barrett, all recognized leaders in theory and technique of parent work, have combined their expertise to summarize what we have all learned from the past years of this discussion group. They will introduce the new "Parent Work Casebook" and generate a discussion of new findings.

After attending this session, participants should be able to: 1) Assess resistances in themselves, parents, and patients to parent work; 2) Use the knowledge of the nature of the resistances to form sturdy therapeutic alliances with parents and patients. **CEC: 2**



## DISCUSSION GROUP 41: SHAME DYNAMICS

Chair &  
Presenter: Peter Shabad, Ph.D.\* (Chicago, IL)

This presentation will address the pervasive but poorly understood phenomenon of self-pity. The paper will examine specifically how victimizing oneself through self-shaming leads to the sense of also being a self-pitying victim who feels like a target of fate. An individual, for example, may call himself/herself a "pathetic loser" and immediately feel pity for oneself because he/she is so pathetic. The presenter will use a clinical case to illustrate how the inhibitions of self-shaming lead very quickly to an entrapping sense of fatalism, despair, and self-pity.

After attending this session, participants should be able to: 1) Explain the intertwining relationship between shame and self-pity; 2) Describe the clinical reasons why being straightforward about self-pity can be helpful to patients. **CEC: 2**

WEDNESDAY



# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

## DISCUSSION GROUP 42: EMERGING PERSPECTIVES ON LGBTQ: MAKING GOOD ON OUR APOLOGY: USING THE PAST TO UNDERSTAND THE LGBTQ+ EXPERIENCE IN THE PRESENT

Chair: Justin Shubert, Psy.D., Ph.D.  
(Los Angeles, CA)  
Presenters: Paul Lynch, M.D. (Boston, MA)  
Jack Pula, M.D. (New York, NY)  
Susan Vaughan, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

APsaA recently apologized for its role in pathologizing and discriminating against LGBTQ+ people. This apology was significant, poignant, and, for some, healing. We have come a long way, yet even today members of this community, both analysts and patients, often report feeling misunderstood. Paul Lynch and Susan Vaughan, the first two openly gay APsaA candidates in 1993, along with Jack Pula, the first out transgender psychoanalytic candidate to complete training at an APsaA-affiliated institute, will reflect on what it was like for LGBTQ+ analysts and patients in the past in order to help us think about what it is like for LGBTQ+ people today and how to better welcome this community in our institutes and our consulting rooms.

After attending this session, participants should be able to: 1) Discuss the effects of the past prejudicial responses towards LGBTQ+ psychoanalysts and patients, in order to prevent these responses in the future; 2) Demonstrate empathy for the prejudice many LGBTQ+ analysts and patients, in particular those who are gender non-conforming, still face today. **CEC: 2**

## DISCUSSION GROUP 43: NEUROSCIENCE PERSPECTIVES ON PSYCHOANALYSIS

Chair: Mark Fisher, M.D. (Irvine, CA)  
Discussants: Barton J. Blinder, M.D., Ph.D.  
(Newport Beach, CA)  
Andrei Novac, M.D.\* (Irvine, CA)

This discussion group addresses the current neuroscience literature on topics pertinent to contemporary psychoanalysis, from the perspectives of both theory and clinical practice. Specific papers are reviewed in detail, and all members of the discussion group are invited to provide their input. The session is led by a neurologist and

internationally-recognized neuroscientist, Dr. Mark Fisher, whose research has been funded by NIH for nearly 40 years. The discussants are psychoanalyst Dr. Barton Blinder and psychiatrist Dr. Andrei Novac; both are Clinical Professors of Psychiatry in a highly regarded academic department. For the current discussion group, we will continue to address contemporary neuroscience literature on “mind-wandering.” This will be used as a stepping-stone to address the provocative topic of the relationship between what neuroscientists view as “mind-wandering” and what psychoanalysts regard as “free association.”

After attending this session, participants should be able to: 1) Discuss the neuroanatomic substrate of “mind-wandering;” 2) Analyze the relationship between “mind-wandering” and free association.

**CEC: 2**

7:00 P.M. – 9:00 P.M.

## DISCUSSION GROUP 44: A HALL OF MIRRORS: IMPINGEMENTS ON THE ANALYTIC CONTAINER

Chair: Michael Krass, Ph.D. (Falls Church, VA)  
Presenter: Clark Hudak, Jr., Ph.D.\* (Columbia, MD)  
Discussants: Justine Kalas Reeves, L.I.C.S.W., Psy.D.  
(Washington, DC)  
Marie A. Murphy, M.S.W. (Bethesda, MD)

This session is oriented towards clinicians who find themselves trapped in countertransference enactments, areas of misattunement and impasses that could be helped by examining the impingements that affect the analyst's capacity to think effectively—in short—to interfere/collapse/destroy the analyst's containing function. Utilizing in-depth case material we will illustrate those forces that impinge upon the container – tipping, puncturing, and, in the worst cases, pulverizing the container within the analyst and identify strategies the analyst can use to withstand and make constructive use of damage inflicted on the analyst's containing function. The co-chairs are members of the Washington DC Study Group on the Analyst's Containing Function, a group engaged in the nature of containment in the analytic setting.

After attending this session, participants should be able to: 1) Use the analyst's countertransference and reverie as well as the transference countertransference field to manage the impact of destructive impingements on the analyst's containing function; 2) Utilize impingement to the container by closely analyzing the impingement's impact upon the countertransference-transference field and the analyst's reverie to facilitate a deepening of the analytic process. **CEC: 2**

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# DAILY SCHEDULE

7:00 P.M. – 9:00 P.M. continued

## DISCUSSION GROUP 45: ETHICS BEHIND THE COUCH

Chair &  
Presenter: Ernest Wallwork, Ph.D. (Washington, DC)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

How do we integrate ethical reflection and judgment with other aspects of our ordinary clinical work? This discussion group explores ways of using the conceptual resources of ethical theories to identify and describe significant moral moments encountered in both psychotherapy and psychoanalysis. Taking a broad approach to ethics, we seek to interpret often unconscious moral beliefs, motivations, and judgments that patients and therapists bring to ordinary clinical interactions. Participants will grapple with: what difference does it make when the analyst and/or patient becomes aware of previously latent ethical aspects of the work?

After attending this session, participants should be able to: 1) Assess three different decision-making paradigms that are crucial in making ethical choices about interventions when moral dilemmas arise in treatment; 2) Explain the ethical and technical reasoning about particular interventions. **CEC: 2**

## DISCUSSION GROUP 46: RELATIONAL PSYCHOANALYSIS

Co-chairs: Anthony Bass, Ph.D.\* (New York, NY)  
Adrienne Harris, Ph.D. (New York, NY)

This group targets analysts at all levels of experience wishing to gain a deeper understanding of relational theory and applications. The analyst's flexible uses of self in the service of the patient's development and the deepening of the analysis will be emphasized. Impasse, enactments, and other disturbances in the transference-countertransference field will be addressed. Educational methods include didactic explication of relevant theory and its demonstration in the context of case discussion. Learning objectives include development of a clearer understanding of countertransference, its uses, and relevance to enactment. Discussion leaders Dr. Anthony Bass and Dr. Adrienne Harris have been leading a clinical/theoretical discussion groups for more than a dozen years and have been teaching the theory and practice of relational psychoanalysis for more than twenty five years.

After attending this session, participants should be able to: 1) Describe countertransference from a relational perspective, and make use of countertransference experiences in clinical work; 2) Summarize enactment from a relational point of view. **CEC: 2**

## DISCUSSION GROUP 47: PSYCHOANALYTIC APPROACHES TO WORKING WITH CHILDREN WITH AUTISM SPECTRUM DISORDER

Chair: Susan P. Sherkow, M.D. (New York, NY)  
Presenter: Lissa Weinstein, Ph.D.\* (New York, NY)

This group will examine the developmental course of a nine-year-old boy, whose five-year analysis revealed a confluence of genetic and constitutional factors, and environmental stressors, that together contributed to his manifest presentation of being both brilliant and well-endowed, yet still often asocial and dysregulated, which negatively impacted his capacity to function in a school setting. Neuropsychological testing confirmed the difficulty of finding a clear "diagnosis." Dr. Susan P. Sherkow will present the process and video material, accompanied by Dr. Lissa Weinstein's testing results. They will discuss diagnostic criteria, the concept of neuroplasticity and change, and the impact on ego development of neurogenetics and conflict in the formation of symptoms.

After attending this session, participants should be able to: 1) Compare the classic symptoms of ASD with conflict-driven symptoms in a child; 2) Describe a psychoanalytic approach's impact on ego and superego development and conflicts in the formation of symptoms. **CEC: 2**



## DISCUSSION GROUP 48: PSYCHOANALYSIS AND FILM: HOMAGE TO BERNARDO BERTOLUCCI

Chair: Bruce H. Sklarew, M.D. (Chevy Chase, MD)  
Presenters: Fabien S. Gerard, Ph.D.\* (Brussels, Belgium)  
Bonnie S. Kaufman, M.D.\* (New York, NY)

The principal presenter will be Dr. Fabien Gerard, foremost scholar and friend of Bernardo Bertolucci. Through clips and through discussion he will cover the entire oeuvre of Bertolucci.

Bertolucci spent over 30 years in analysis and stated "psychoanalysis is like another lens on my camera." His most productive phase of filmmaking, "Spider's Stratagem," "The Conformist," and "Last Tango in Paris," occurred in the early years of his first analysis. The psychoanalytic theme of complex

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# DAILY SCHEDULE

## 7:00 P.M. – 9:00 P.M. continued

relationships to fathers will be explored. Through film clips and discussion, Dr. Bonnie Kaufman will discuss major themes of “The Last Emperor.” She will emphasize the complexity of visual representation in film technique to understand film and how it unconsciously and consciously affects the film viewer.

After attending this session, participants should be able to: 1) Describe how psychoanalytic work can enhance the creative process rather than be an inhibitory force; 2) Explain the psychoanalytic meanings of relationships to fathers in the oeuvre of a master filmmaker. **CEO: 2**

## THURSDAY, FEBRUARY 13, 2020

For room locations see middle insert.

### 7:45 A.M. – 8:15 A.M.

#### SOCIAL EVENT: BREAKFAST GATHERING FOR CANDIDATE MEMBERS

Join colleagues from around the country for breakfast. All are welcome to stay for the Candidates’ Council meeting immediately following the breakfast.

### 8:00 A.M. – 4:00 P.M.

#### ADMINISTRATIVE MEETING: EXECUTIVE COUNCIL

8:00 a.m. – 12:00 p.m.

*Executive Council Morning Session*

*Lunch Break*

1:30 p.m. – 4:00 p.m.

*Executive Council Afternoon Session*

APsaA’s Board of Directors, known as the Executive Council, is responsible for the management of the affairs and business of the association. The Executive Council is comprised of the association’s officers, eight nationally elected Councilors-at-Large, Candidate Councilors-at-Large, Ex Officio past officers and Councilors representing each affiliate society of the association, as well as each affiliate and affiliated study group. The Executive Council meeting is open to any member of the

association except when there is a need for the council to be in executive session.

### 8:15 A.M. – 11:00 A.M.

#### ADMINISTRATIVE MEETING: CANDIDATES’ COUNCIL

*Note: New candidates participating in the Travel Scholarship are required to attend this meeting. The Master-Teacher Award session will immediately follow the Candidates’ Council Meeting, see page 38 for more information.*

Candidate Council leadership, committee chairs, and delegates from APsaA institutes welcome all candidates to attend this meeting. You will learn about committee work, participate in roundtable discussions of issues most relevant to candidates, have opportunities to compare notes with colleagues from around the world, gain an orientation to the greater APsaA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates.

### 9:00 A.M. – 11:00 A.M.

#### EXPERIENTIAL PROCESS GROUPS: RACE/ETHNICITY AND GENDER/SEXUALITY (PART 1)

Chair: Anton H. Hart, Ph.D. (New York, NY)

Co-Chairs: Mark J. Blechner, Ph.D. (New York, NY)

Dorothy E. Holmes, Ph.D., ABPP  
(Bluffton, SC)

Jane Keat, D.Phil., Psy.D. (Cambridge, MA)

Justin Shubert, Psy.D., Ph.D.  
(Los Angeles, CA)

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

*This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.*

*This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.*

To allow for open-ended discovery and exploration of participants’ personal-professional experiences, in either a group focusing on race/ethnicity or in a group, focusing on gender/sexuality. On two

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# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

separate days, we will begin with a combined group of 24 total registrants. Then, for each of the two foci, we will convene a group of 12, led by two co-chairs, which will focus on the members' various subjective experiences with either race/ethnicity or sexuality/gender in relation to their reflections on how and to what degree race/ethnicity or gender/sexuality is part of each participant's identity, clinical work, and psychoanalytic institutional life. All 24 registrants will reconvene at the end of the day's session for the purpose of collective learning under the guidance of the chair.

After attending this session, participants should be able to: 1) Apply psychoanalytic thinking to clinical work on race/ethnicity and gender/sexuality; 2) Analyze blockages in working with race/ethnicity and gender/sexuality. **CEC: 2**



### THE PETER LOEWENBERG ESSAY PRIZE IN PSYCHOANALYSIS AND CULTURE

Chair: Murray M. Schwartz, Ph.D.\* (Amherst, MA)  
Presenter &  
Prize Winner: Richard P. Wheeler, Ph.D.\* (Champaign, IL)  
Title: "The Pursuit of Sadness: Lullaby of Country"

The Peter Loewenberg Essay Prize (formerly the CORST Essay Prize) is awarded to a paper demonstrating outstanding psychoanalytically informed research and scholarship in the arts, humanities, or social and behavioral sciences. The Undergraduate Essay Prize and Courage to Dream Book Prize will also be awarded during this session. Songs of sadness and loss make up a large share of traditional country music. Hank Williams, George Jones, and Merle Haggard are among the singer-songwriters most often recognized for bringing integrity and authenticity to the musical expression of these feelings. This paper uses biography, neuroscience, and especially psychoanalysis to understand why sad songs become important to the lives of their performers and listeners, why singers and listeners invest so deeply in expressions of loss and isolation in their music, and why this music is so deeply satisfying to them. Paper presentation will be followed by group discussion.

After attending this session, participants should be able to: 1) Describe the psychological needs addressed in Country songs of sadness, loss, and isolation; 2) Analyze the psychic dimensions of individuals experiencing popular cultural phenomena. **CEC: 2**



### DISCUSSION GROUP 49: FINDING UNCONSCIOUS FANTASY IN NARRATIVE, TRAUMA AND BODY PAIN

Chair &  
Presenter: Paula L. Ellman, Ph.D., ABPP  
(North Bethesda, MD)  
Co-chair: Nancy R. Goodman, Ph.D.\* (Bethesda, MD)  
Discussant: Rosemary H. Balsam, M.D. (New Haven, CT)

This discussion group is designed to improve clinical work with trauma and body pain through a focus on finding unconscious fantasies. Case material brings attention to uses of countertransference and global and micro enactments between analyst and patient leading to contact and to the understanding of meaning. Bringing a focus to the place of unconscious fantasy in the mind offers a symbolizing process that allows for clinical transformation. Dr. Nancy R. Goodman and Dr. Paula L. Ellman offer reflections from their extensive work with finding unconscious fantasy in narrative, trauma, and body pain. Group engagement furthers working with symbolizing and non-symbolizing patients.

After attending this session, participants should be able to: 1) Describe the modalities of listening involved in the process of finding unconscious fantasy particularly in working with patients with trauma and somatic expression; 2) Apply the therapeutic action of finding unconscious fantasy with patients who function and think symbolically and those who present a flow of enactments revealing trauma and stories of body pain. **CEC: 2**

### DISCUSSION GROUP 50: TREATMENT RESISTANCE: APPLICATION OF PSYCHOANALYTIC IDEAS TO PSYCHIATRIC DILEMMAS

Chair: Elizabeth Weinberg, M.D. (Stockbridge, MA)  
Co-chair: Eric M. Plakun, M.D. (Stockbridge, MA)  
Presenter: Jane Tillman, Ph.D. (Stockbridge, MA)

Current practice in management of severe, treatment refractory psychiatric illness does not in general include a psychoanalytic approach. "Treatment resistance" is increasingly noted as a problem in the treatment of severe mental illness, with dramatic increases in citations using this term over the past decades. This group will begin with a presentation of psychoanalytic work with a severely disturbed patient who has experienced "treatment resistance," in the sense of a history of poor response to conventional treatment. Participants will explore psychoanalytic concepts and approaches as they apply to these dilemmas. Discussion will include reflections on the alliance, transference, and the role of the "third."

*continued*

THURSDAY



# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

After attending this session, participants should be able to: 1) Describe dynamic explanations underlying common forms of treatment distance; 2) Discuss the process of establishing a treatment alliance in a psychoanalytic therapy when serious psychiatric illness is present. **CEC: 2**

### DISCUSSION GROUP 51: PSYCHOANALYSIS WITH A TRAUMATIZED MOTHER AND HER INFANT: THE BODY EGO AT RISK

Chair: Christine Anzieu-Premereur, M.D., Ph.D.  
(New York, NY)

Presenter: Talia Hatzor, Ph.D. (New York, NY)

Discussant: Dominique Scarfone, M.D.\*  
(Montreal, Canada)

Adult and Child Psychoanalysts will discuss patients who require a specific attention to their need for regulation of transition. Addiction, fetishism, identity issues as we observe now can be associated with a lack in early transitional capacity. An expert on psychoanalytic ethics and transference issues will update the group on the origins of contemporary developments. An analyst working with toddlers will show clinical work on body Ego and transitional space. The many different interpretations of psychoanalytic use of transference and countertransference made those important concepts confused. We plan to show their use in clinical evaluations and in analysis.

After attending this session, participants should be able to: 1) Describe and critically evaluate historic and contemporary theories about The Body Ego; 2) Assess the multilayered dynamics present in mother-baby interactions. **CEC: 2**

### DISCUSSION GROUP 52: PSYCHOANALYSIS AND THEATER

Chair: Phillip S. Freeman, M.D., D.M.H.  
(Newton Highlands, MA)

Presenter: Charles Tarver, D.M.A.\* (Cambridge, MA)

While Freud used story to help contextualize his discoveries and critics used analysis to understand literature, 21st century creators have begun using psychoanalytic principles to help craft story. This presentation will examine the role psychoanalysis played in the creation of story by listening to and discussing “Ragnarök: The Fate of the Gods,” an orchestral cantata composed by the presenter, American classical composer Charles Tarver. By discussing the role an artist’s understanding of psychoanalysis plays in the creation of his or her works, analysts will become aware of how a patient understands these same principles crafts the way he or she remembers and narrates his or her own personal story.

After attending this session, participants should be able to: 1) Demonstrate how knowledge of psychoanalytic ideas can drive narrative creation; 2) Compare the role of psychoanalytic ideas in the creation of artistic and patient-based personal narratives. **CEC: 2**

### DISCUSSION GROUP 53: CULTURAL NARRATIVES IN PSYCHOANALYSIS: THE CLINICAL RELEVANCE OF INTERNALIZED CULTURE IN A GLOBALIZED WORLD

Chair: M. Nasir Ilahi, L.L.M. (Riverside, CT)

Co-chairs: Sandra Buechler, Ph.D.\* (New York, NY)  
Alan Roland, Ph.D.\* (New York, NY)

Presenter: Grace Conroy, Ph.D.\* (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.*

Psychoanalysis has rarely considered that culture is deeply internalized. While psychoanalysis has universal applicability, internalized values of Western individualism deeply inform many psychoanalytic formulations. Potential conflicts arise when the analyst (or his/her explicit/implicit theories) comes from a Western culture and the patient from a radically different, non-Western culture (e.g. Japan, China, and India) where profoundly different family-centered unconscious emotional values prevail. While each non-western culture has unique features, they all share in common the family-centered aspect to varying degrees in

THURSDAY

continued

# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

contrast to the individual-centered emphasis in the West. These nonconflictual internalizations date back to the earliest preverbal mother/infant interactions and seldom become conscious since they are silently woven into the entire emotional fabric. This territory will be intensively explored utilizing detailed clinical process.

After attending this session, participants should be able to: 1) Describe the role of deeply internalized culture in psychoanalytic therapy with patients from non-Western cultures; 2) Explain how transference and countertransference developments in psychoanalytic therapy with patients from non-Western cultures can lead to clinical impasses.

**CEC**: 2

### DISCUSSION GROUP 54: FAILED CASES: UNDERSTANDING OUR PATIENTS AND OURSELVES

Co-chairs: Debra A. Katz, M.D. (Lexington, KY)  
Rita Robertson, L.I.S.W. (Cincinnati, OH)

Co-chair &  
Presenter: Mary J. Landy, M.D. (Indianapolis, IN)

Analysands who suddenly quit, drop out, or disappear from treatment often evoke feelings of shame and failure in their analysts. This discussion group hopes to identify ways in which both individual analysts and institutes might benefit from more closely examining these cases. In this session, detailed clinical material will be presented by a mid-career analyst regarding a failed analysis. We invite active discussion regarding this case and analytic “failures” in general. Common themes include educational deficiencies, transference-countertransference issues, patient assessment challenges, lack of clarity about the frame, and ambivalence or anxiety about initiating a case. This session hopes to lessen the negative impact that is commonly associated with these experiences and to see them as opportunities for individual and collective learning.

After attending this session, participants should be able to: 1) Assess the value in examining failed cases; 2) Describe factors that may contribute to sudden case endings and the ways in which institutes, supervisors, and colleagues may assist with understanding and processing these experiences.

**CEC**: 2

### DISCUSSION GROUP 55: ANALYTICALLY-ORIENTED WORK WITH CHILDREN AND ADULTS ON THE AUTISM SPECTRUM

Chair &  
Discussant: Michael Krass, Ph.D. (Falls Church, VA)  
Presenter: Nathan Leslie, B.S.\* (Washington, DC)

Clinicians working with patients on the autism spectrum often make the mistake of either underestimating the psychic impact of living with neurobiological differences and limitations or overestimating the role of psychology and environment in those difficulties that have a neurobiological origin. This discussion group will present a clinical case of analytically-oriented work with a patient with Asperger’s Syndrome to discuss the neurobiology of Asperger’s through the lens of Winnicott’s and others’ (e.g. Bion’s) theories on the origins and development of the mind. This group will function as a space in which to think together about innovating techniques for working therapeutically with adults, adolescents, and children in analysis and analytic therapy. Participants are invited to bring additional case material to present and discuss.

After attending this session, participants should be able to: 1) Prepare analytic techniques with Asperger’s Syndrome patients that take into account Winnicott’s and Bion’s theories on the origins and development of the mind within the framework of the neurobiology of Asperger’s; 2) Apply psychoanalytic theories of infant-parent relationship, infant development, psychic development, and analytic treatment of children and adults in the treatment of ASDs. **CEC**: 2

### DISCUSSION GROUP 56: PSYCHOANALYTIC COUPLE AND FAMILY THERAPY

Chair: David E. Scharff, M.D. (Chevy Chase, MD)  
Presenter: Janine Wanlass, Ph.D.\* (Salt Lake City, UT)

This discussion group applies psychoanalytic principles from object relations psychoanalytic theory to the psychoanalytic treatment of families and couples. Dr. Janine Wanlass will present a family with two young children and with blocked mourning who were treated through analytic family therapy. It proceeds through in-depth discussion of issues raised in the case, grappling with points about technique, cultural and ethical considerations, and theoretical implications for conducting family and couple psychoanalysis, as well as implications for individual psychoanalytic therapy. The group will discuss theoretical issues raised by the clinical exploration. This group aims to familiarize analysts

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# DAILY SCHEDULE

## 9:00 A.M. – 11:00 A.M. continued

with the shifts in technique required for application of analysis to family and couple psychoanalysis and to apply lessons from these modalities to the conduct of individual analytic treatments.

After attending this session, participants should be able to: 1) Describe the processes and theories most relevant to the practice of psychoanalytic family therapy; 2) Compare cases appropriate for conjoint therapy with those more appropriate individual psychoanalytic therapy. **CEC: 2**

### DISCUSSION GROUP 57: PSYCHOANALYTIC PERSPECTIVES ON WOMEN AND THEIR EXPERIENCE OF COMPETENCE, AMBITION, AND LEADERSHIP

Co-chairs: Frances Arnold, Ph.D. (Cambridge, MA)  
Stephanie Brody, Psy.D. (Lexington, MA)

Presenter: Susie Orbach, Ph.D.\* (London, England)

Can psychoanalysis make a legitimate contribution to the discussion of leadership and women? It is, after all, a topic that has barely raised a glimmer of interest in our psychoanalytic theory except insofar as to pathologize rather than promote. Though women have achieved leadership roles in other parts of the world, we must acknowledge that, in the US, leadership does not always come easily to women, and it often comes at a price. When gender bias and misogyny surfaces, can psychoanalytic theory and action make a difference? Can we uncover the psychic and social forces that galvanize and liberate leadership skills? In this discussion group we will grapple with this question, our own history, our clinical impact, and the possibility of re-defining the psychoanalytic theory that has contributed to the problem we are trying to undo.

After attending this session, participants should be able to: 1) Critique outdated psychoanalytic explanations for female inhibition and restraint as it relates to ambition and female leadership; 2) Discuss contemporary psychoanalytic explanations regarding female leadership development including direct application in their clinical work with female patients. **CEC: 2**

### DISCUSSION GROUP 58: PSYCHOTHERAPIST ASSOCIATES PRESENT: TREATMENT INTERRUPTED: TRANSFERENCE/ COUNTERTRANSFERENCE IMPLICATIONS

Co-chairs: Margo P. Goldman, M.D.\* (Andover, MA)  
Petra Pilgrim, M.D.\* (Houston, TX)

Presenter: Margaret C. Tuttle, M.D.\* (Boston, MA)

Discussant: Glen Gabbard, M.D. (Houston, TX)

This discussion group applies psychodynamic principles and techniques to real-world psychoanalytic psychotherapy with special attention to identifying and managing transference/countertransference enactments. The case presentation and discussion will demonstrate how a therapist's premature treatment interruption can clinically and personally impact the patient and therapist. The program will address managing and using the therapist's subjective reactions to enhance learning and avoid pitfalls, (i.e. guilt or self-protection) that can impede the clinician's or patient's growth. Attendees will listen to and discuss content and process of an interrupted therapy. All levels of clinical training and skill welcome.

After attending this session, participants should be able to: 1) Discuss the countertransference and transference reactions contributing to or associated with unanticipated treatment interruption; 2) Utilize self-reflective strategies to assess and manage the risks/experience of premature treatment interruption. **CEC: 2**

### DISCUSSION GROUP 59: CLINICAL EXAMPLES LEADING TO BENEFIT FROM RESEARCH ON RECORDED ANALYSES

Chair &

Presenter: Sherwood Waldron Jr., M.D. (New York, NY)

Presenter: Karl W. Stukenberg, Ph.D. (Cincinnati, OH)

Discussant: Katie Aafjes-van Doorn, D.Clin.Psy.\*  
(New York, NY)

Using a database of 27 fully recorded psychoanalyses, the group will present how therapist dynamic and relational competence in a session leads in favorable cases to improved interaction quality and patient dynamic competence (self-reflection). We tease out the relationships between the variables comprising these demonstrated components of psychoanalytic work and estimate the strength and relevance to the patient of a variety of therapist activities.

After attending this session, participants should be able to: 1) Assess the strength and relevance to the patient of a variety of therapist activities based on research results; 2) Utilize systematic studies of recorded treatments to provide rationale behind the choice of psychoanalytic and psychotherapeutic responses to patients. **CEC: 2**

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# DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued



## DISCUSSION GROUP 60: THE INFLUENCE OF THE CONTEMPORARY BRITISH KLEINIANS ON CLINICAL PSYCHOANALYSIS

Chair &  
Discussant: Abbot A. Bronstein, Ph.D. (San Francisco, CA)  
Presenter: Cynthia Ellis Gray, M.D. (Portland, OR)

This discussion group will be meeting for the last time in over 20 years. The clinical discussion of ongoing psychoanalytic case material will be presented and discussed with a special attention to the work of the British Kleinian, such as Segal, Joseph, Spillius, Meltzer, Feldman, Steiner, and others. Attention to transference, unconscious phantasy, interpretation, and the here and now will all be the focus of the discussion.

After attending this session, participants should be able to: 1) Explain differences between their own clinical theory and that of the contemporary British Kleinian group; 2) Describe the concept of transference, the total situation, and the here and now better. **CEC: 2**

9:00 A.M. – 12:30 P.M.



## ORAL HISTORY WORKSHOP #82: REVISITING GROUP PSYCHOLOGY AND THE ANALYSIS OF THE EGO

Chair: Nellie L. Thompson, Ph.D. (New York, NY)  
Presenters: Joseph Aguayo, Ph.D.\* (Los Angeles, CA)  
Celia Brickman, Ph.D.\* (Chicago, IL)  
Richard L. Munich, M.D. (New York, NY)

Three papers will revisit Freud's "Group Psychology and the Analysis of the Ego" from distinctly different perspectives. Dr. Brickman, author of *Race and Psychoanalysis*, will discuss the 19th century anthropological writings that influenced Freud's text and their relationship to his writings on gender. Dr. Aguayo will discuss Bion's "Group Dynamics," contrasting his efforts to understand groups with Freud's. A taped excerpt of an exchange between Bion and Ralph Greenson will be played. Dr. Munich was introduced to Bion's work while a resident at Yale. He will discuss its influence on his work with groups in hospital settings.

After attending this session, participants should be able to: 1) Describe the 19th century anthropological sources that Freud drew on in writing "Group Psychology and the Analysis of the Ego"; 2) Describe the thesis of W.R. Bion's paper "Group Dynamics" (1952; rev.1955) that contain his original contribution to understanding group behavior.

**CEC: 3.5**

11:00 A.M. – 12:30 P.M.

## CANDIDATES' COUNCIL MASTER-TEACHER AWARD: DR. ADRIENNE HARRIS: "GENDER AS FLUID, GENDER AS FIXED: THE ROLE OF SUFFERING, SHAME AND INTERPELLATION IN COMPLEX IDENTIFICATIONS"

Chair: Holly Crisp, M.D. (Houston, TX)  
Award Recipient &  
Discussant: Adrienne Harris, Ph.D. (New York, NY)

*Note: This session will immediately follow the Candidates' Council Meeting, see page 33 for more information.*

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

Our 2020 Master-Teacher Award recipient, Dr. Adrienne Harris, has shaped many developing analysts in deepening our understanding of gender. In this presentation, Dr. Harris considers the complex position of gender and its relation to other forms of identity: sexuality, race, class, and culture. The task in considering these social and interpersonal elements in gender identity is to keep a close attention to intrapsychic and unconscious forces. The social and the unconscious are distinct and yet always deeply, inevitably, and inextricably interwoven. It is the psychoanalytic task to keep these complexities in play and in thinking of the force of the social – often included under the rubric of interpellation – to notice the potency of shame and guilt in how gender and sexuality are constituted and maintained.

After attending this session, participants should be able to: 1) Describe social and interpersonal elements of gender identity, along with unconscious and intrapsychic forces; 2) Explain the potency of shame and guilt in how gender and sexuality are constituted and maintained. **CEC: 1.5**

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP 4: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D.  
(Chestnut Hill, MA)  
Co-chairs: Earle Baughman, M.D. (Alexandria, VA)  
Melvin Bornstein, M.D. (Birmingham, MI)  
Jonathan Palmer, M.D. (Newton, MA)  
Harvey Schwartz, M.D. (Philadelphia, PA)  
Peggy E. Warren, M.D. (Waban, MA)  
Presenter: Joan Wheelis, M.D. (Cambridge, MA)

At this workshop Dr. Joan Wheelis, an accomplished

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THURSDAY



# DAILY SCHEDULE

11:30 A.M. – 1:30 P.M. continued

analyst and teacher, will discuss her recent memoir, “The Known, The Secret, The Forgotten,” which was recently favorably reviewed in the New York Times. Since analytic process writing is in part autobiographical, she will discuss how she wrote her memoir, and present some of her writing. We will also consider how to teach and structure various types of analytic writing, how to feel safe revealing our analytic work, and how writing can enhance our self-reflection, self-supervision, and the depth of our clinical work. Attendees are often involved in teaching analytic writing or are themselves writing about their analytic work. (This Workshop is related to the Discussion Group 83: Writing About Your Analytic Work in a Case Report, Thursday, February 13 from 4:30 p.m. - 6:30 p.m.)

After attending this session, participants should be able to: 1) Describe the essential similarities between analytic writing and the analytic process itself, and how the writing functions to deepen clinical understanding; 2) Describe factors that have facilitated various analysts to write about their analytic work and those that have impeded it. **CEC: 2**

## COMMITTEE SPONSORED WORKSHOP 5: THE PSYCHOANALYTIC CURRICULUM: UNDERSTANDING AND TEACHING ABOUT TRAUMA

Chair: Mary Margaret McClure, D.M.H.  
(Mill Valley, CA)

Presenter: Clara Kwun, L.C.S.W. (San Francisco, CA)

Discussant: Jane V. Kite, Ph.D. (Cambridge, MA)

Trauma, past and present, is a core concern in psychoanalysis and in psychoanalytic teaching. Trauma touches on every aspect of psychic functioning, on memory, on the capacity of analyst and analysand to think, to experience and to be reflective and related. Our understanding of trauma has radically evolved in recent years. In this Curriculum Workshop we will consider how current psychoanalytic educators are understanding teaching about trauma. We will address Freud’s earliest thinking and the transformations in contemporary theory which extend to trauma in the dyad, the family and society. We will look at the important place of trauma in teaching development and clinical psychoanalysis. We will present a range of current curricular approaches to trauma including several comparative courses and reading lists.

After attending this session, participants should be able to: 1) Explain the transformation in psychoanalytic concepts of trauma and its

importance in clinical work; 2) Apply contemporary understandings of trauma to the construction of a course and a curriculum for students learning psychoanalytic practice. **CEC: 2**

## COMMITTEE SPONSORED WORKSHOP 6: MEDICAL STUDENT EDUCATION

Chair: Janis L. Cutler, M.D. (New York, NY)

Presenter: Lisa A. Mellman, M.D. (New York, NY)

This workshop is designed for individuals who are interested in learning about opportunities to participate in medical student education. Medical schools have become increasingly concerned about addressing student “burn out,” wellness, and learning environment issues. A psychoanalyst who has served as a medical school Senior Associate Dean of Student Affairs for over a decade and is an active member of professional organizations in academic medicine and psychiatry will describe current curricular trends and the opportunities they afford for psychoanalyst educators. Participants will develop knowledge about current medical school curricular concerns and trends. There will be ample time for group discussion allowing participants to develop skills to create programs that will expose medical students to psychoanalytic concepts and improve medical student wellness.

After attending this session, participants should be able to: 1) Summarize current medical school curricular trends that provide opportunities to incorporate psychoanalytic concepts; 2) Describe how exposure of medical students to psychoanalytic concepts can improve medical student wellness.

**CEC: 2**

## COMMITTEE SPONSORED WORKSHOP 7: CORPORATE AND ORGANIZATIONAL CONSULTANTS: PSYCHOANALYTIC CONSULTING TO A START-UP

Chair: Steven S. Rolfe, M.D. (Bryn Mawr, PA)

Presenter: Katherine Philips-Kaiser, M.B.A.\*  
(Philadelphia, PA)

Discussants: Marc Maltz, M.B.A.\* (New York, NY)

Kerry J. Sulkowicz, M.D. (New York, NY)

This year’s workshop will focus on how the psychoanalyst consultant approaches consulting to a start-up. A psychoanalytic perspective is uniquely suited to address the challenges faced by a founder and his or her team. The mix of creativity, talent, drive, psychological disturbance, interpersonal conflict, and particular stressors often found in the start-up environment call for a psychoanalytically informed understanding and approach that this workshop will attempt to articulate. We will do this by

*continued*

THURSDAY

# DAILY SCHEDULE

## 11:30 A. M. – 1:30 P. M. continued

focusing our panel discussion on the development, growth, leadership, and interpersonal dynamics of a company in its early stage.

After attending this session, participants should be able to: 1) Describe the key components of a psychoanalytic approach when consulting to a leader in the start-up environment; 2) Assess our patient's work life and the stressors associated with working in intense small group settings. **CEC: 2**

## 12:00 P.M. – 1:30 P.M.



### **DPE RESEARCH EDUCATION DIALOGUE: WHAT DO WE MEAN BY CORRECTIVE EMOTIONAL EXPERIENCE AND WHAT IS ITS THERAPEUTIC ROLE?**

Chair: Linda S. Goodman, Ph.D. (Los Angeles, CA)  
Co-chair: Morris N. Eagle, Ph.D., ABPP (Marina Del Rey, CA)  
Presenters: Christopher Christian, Ph.D. (New York, NY)  
Glen Gabbard, M.D. (Houston, TX)  
Mark Hilsenroth, Ph.D.\* (Garden City, NY)

Ever since Franz Alexander and Thomas M. French introduced the term, the concept of corrective emotional experience has triggered much debate. Despite frequent references to the term in the psychoanalytic literature, it is not at all clear that there is much agreement regarding how the term is understood. Nor is it clear that there is agreement regarding the therapeutic role(s) it plays in psychoanalytic treatment. For example, does it influence therapeutic outcome directly or primarily through other processes it facilitates? This session will address these issues.

After attending this session, participants should be able to: 1) Explain the concept of corrective emotional experience; 2) Explain the roles it may play in psychoanalytic treatment. **CEC: 1.5**

## 12:30 P.M.

### **SOCIAL EVENT: CANDIDATE DUTCH-TREAT LUNCH**

Immediately following the Candidates' Council meeting, please join the Candidates' Council for a Dutch treat lunch. Please sign up at the Candidates' Council meeting.

## 2:00 P.M. – 4:00 P.M.

### **PROFESSIONAL DEVELOPMENT WORKSHOP 2: HOW TO TALK ABOUT PSYCHOANALYTIC TREATMENT AND MORE IMPORTANTLY, HOW NOT TO**

Co-chairs: Jack Drescher, M.D. (New York, NY)  
Sue Kolod, Ph.D. (New York, NY)  
Presenters: Glen Gabbard, M.D. (Houston, TX)  
Nancy McWilliams, Ph.D. (Lambertville, NJ)  
Jonathon Shedler, Ph.D. (San Francisco, CA)

Psychoanalytic treatment is widely depicted as outmoded and passé. It is easy to blame negative perceptions on external forces (managed care, evidence-based treatments), but psychoanalysis has itself contributed to negative perceptions and widespread misunderstanding of our work. Our language—jargon heavy and theory thick—  
inadvertently reinforces negative stereotypes, turns off students and trainees who would otherwise be interested in psychoanalytic work, and fosters tribalism and “confusion of tongues” within the profession itself. Three eminent psychoanalytic scholars discuss the use and misuse of psychoanalytic terminology, sources of analytic resistance to plain speaking, and how to communicate more effectively about what we do and how we do it.

After attending this session, participants should be able to: 1) Analyze the negative connotations of psychoanalytic terminology for the general public while considering how to create new, positive associations; 2) Describe deeply-rooted psychoanalytic resistances to plain speaking and advantages and disadvantages of foregoing jargon.

**CEC: 2**

### **CANDIDATES' FORUM: SELF-DISCLOSURE IN THE AGE OF SOCIAL MEDIA**

Chair: Amber Nemeth, Ph.D. (New York, NY)  
Presenters: Aimee Martinez, Psy.D. (Los Angeles, CA)  
Shuli Sandler, Psy.D.\* (Teaneck, NJ)  
Discussant: Nathan Kravis, M.D. (New York, NY)

The forum is targeted to candidates who would like to increase their attunement to and facility in working with disclosures in the context of social media. Dr. Shuli Sandler is an advanced candidate at New York Psychoanalytic Institute. She is in private practice and works with children, adolescents, and adults where social media is a regular aspect of patient's lives and is explored in treatment. Dr. Aimee Martinez is a candidate at the New Center for Psychoanalysis. She is the Director of Clinical Relations at the Wright Institute of Los Angeles. She is in private practice and works with adolescents and adults. She maintains an Instagram page and

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uses it in her analytic treatments and also consults with clinicians to help them learn to navigate the relationship between social media and their clinical work.

After attending this session, participants should be able to: 1) Assess positive and negative impact of the analyst's disclosure via social media on the analytic process; 2) Analyze the patient's fantasies related to the analyst's disclosures on social media. **CEC: 2**



## SCIENTIFIC PAPER PRIZE FOR PSYCHOANALYTIC RESEARCH

Title: "Association between Insight and Outcome of Psychotherapy: Systematic Review and Meta-analysis"

Chair: Barbara Milrod, M.D. (New York, NY)

Presenters &

Prize Winners: Ulrike Dinger, D.Sc., M.D.\*  
(Heidelberg, Germany)

Simone Jennissen, M.Sc., Psych.\*  
(Heidelberg, Germany)

Discussant: Kenneth M. Levy, Ph.D. (University Park, PA)

This presentation targets both psychoanalytic practitioners and researchers alike. It is designed to keep membership abreast of outstanding current research in psychoanalytic and dynamic therapies. Topic of the research presented is the association between patient insight during psychotherapy and clinical outcome. The authors, Dr. Ulrike Dinger and Ms. Simone Jennissen, are expert psychotherapy researchers from Heidelberg, Germany. They are especially skilled in psychotherapy process research and will present a summary of the current state of the art of research on insight in psychotherapy. The research presentation will involve a discussion of the study findings by a leading expert in psychotherapy research, Dr. Kenneth M. Levy.

After attending this session, participants should be able to: 1) Explain how insight is typically defined in quantitative psychotherapy research; 2) Summarize the empirical literature on the association of insight and outcome of psychotherapy. **CEC: 2**

## DISCUSSION GROUP 61: DISTANCE PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY

Co-chair: David E. Scharff, M.D. (Chevy Chase, MD)

Co-chair &

Presenter: R. Dennis Shelby, Ph.D. (Chesterton, IL)

Presenters: Caroline Sehon, M.D. (Bethesda, MD)

Janine Wanlass, Ph.D.\* (Salt Lake City, UT)

Discussants: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)

Jill Savege Scharff, M.D. (Chevy Chase, MD)

Distance psychoanalysis and psychoanalytic psychotherapy are now widely used for psychoanalysis and psychoanalytic therapy. Controversy often focuses on the validity of distance psychoanalysis, which needs to be studied. This discussion group considers a comparison of standards for distance analysis according to the IPA and APsAA, ethical concerns relevant to distance analysis, and an extended clinical example that will allow for discussion of ethical and competent analytic practice over distant connection, and for examination of transference manifestations in distant analysis. Methods of presentation include lecture, vignettes, clinical presentation, and group discussion. Participants will be able to discriminate between criteria for in-person and distance analysis, explore ethical concerns, and contrast controversial viewpoints on the use of distance analysis for training.

After attending this session, participants should be able to: 1) Compare varying ethical positions on the use of distance technology for psychoanalysis; 2) Describe conditions for the ethical use of distance technology for psychoanalysis. **CEC: 2**

## DISCUSSION GROUP 62: TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES

Co-chairs: Deborah Shilkoff, L.I.C.S.W. (Cambridge, MA)  
Rita Teusch, Ph.D. (Cambridge, MA)

Presenter: Cuneyt Iscan, M.D. (Newton, MA)

Designed for clinicians, this discussion group and case presentation explore the development of the ability to think about feelings. Without this development, the original body ego does not develop into a mature, psychically represented ego. Lacking thought or words to contain feelings, the body ego stays fixed in somatic phenomena or action with concrete thinking expressed in attachment difficulties, psychosomatic illness, panic attacks, eating disorders, or addictions. We will consider unrepresented experience as it appears in the treatment through projective identification, containment, reverie, transference, and countertransference. These patients have difficulty recognizing or expressing emotion, requiring long treatments, at times prematurely broken off. We will look at and discuss the path to psychic representation. The chairs and the presenter are psychoanalysts based in Boston, Massachusetts who have extensive experience working with this population.

After attending this session, participants should be able to: 1) Describe examples of unrepresented

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or poorly represented psychic states and how they present in a psychoanalytic treatment; 2) Discuss ways analytic patients develop the capacity for symbolization and the use of words to describe feelings. **CEC: 2**

### DISCUSSION GROUP 63: APPLYING HISTORICAL AND SOCIAL FACTORS IN CLINICAL PSYCHOANALYSIS

Co-chairs: Dorothy E. Holmes, Ph.D., ABPP  
(Bluffton, SC)  
Donald B. Moss, M.D. (New York, NY)  
Stephen Seligman, D.M.H.  
(San Francisco, CA)

Social factors infiltrate and structure the psychological lives of individuals and, in turn, their psychoanalyses. Psychoanalysts have often regarded the processes and effects of our social and historical selves as secondary. Our conceptual and clinical methods and processes, including our approach to transference and countertransference, will be improved when we add social, historical, and cultural events and ideologies to our usual analytic approaches to meaning making; as well, clinical outcome may well be improved by so doing. Built around case presentations, this discussion group will consider a variety of compelling social factors: some common and easily recognized, such as race, class, sexual orientation, and religion; others less obvious, such as the impact of multiple diversities in a person's identity, disability, or one's political ideology.

After attending this session, the participant should be able to: 1) Describe the processes, including psychodynamic ones, by which historical and social factors may have been inappropriately excluded from clinical encounters; 2) Use social and historical information and perspectives in clinical formulations and related therapeutic and analytic work. **CEC: 2**

### DISCUSSION GROUP 64: FACING THE FACTS: SELF-DISCLOSURE AND THE ANALYTIC RELATIONSHIP

Chair: Stephanie Brody, Psy.D. (Lexington, MA)  
Presenter: Adam Stern, M.D.\* (Boston, MA)

Dr. Adam Stern, a psychiatrist facing an incurable illness, will describe the impact of this existential crisis on his clinical and professional relationships. The discussion will address clinical decisions, personal fragility and identity and how these factors intersect with ethical choices, boundaries, and the role of time. We will address how end of life

conversations - before life ends - are often left out of psychoanalytic treatment entirely and how, when our shared mortality enters the consulting room, the discussion changes. We will look at how this shift may bring unexpected clarity, and a galvanizing change in priorities - for both patient and clinician - and a different perspective on the meaning of self-disclosure and therapeutic action.

After attending this session, participants should be able to: 1) Apply and revise psychoanalytic concepts related to neutrality and termination in the context of the therapeutic dyad; 2) Demonstrate how the awareness of mortality can alter clinical work and prepare for the inevitable clinical challenges of lifespan events and personal vulnerability. **CEC: 2**

### DISCUSSION GROUP 65: ON BEING SUPERVISED: SUPERVISING THERAPISTS WITH TRAUMATIZED PATIENT POPULATIONS

Chair: Hilli Dagony-Clark, Psy.D. (New York, NY)  
Presenter: Gilda Sherwin, M.D. (New York, NY)

The increasing presence of individuals traumatized as a result of a multitude of current humanitarian crises is alarming. These include the rise of refugees, presence of antisemitism, racial hate crimes, and sex trafficking. As a result, more and more patients require psychoanalytically-oriented trauma treatment, which increases the need for supervisors knowledgeable in trauma. This discussion group aims to address the supervision of therapists treating traumatized populations. It is intended for both supervisors and supervisors who are interested in trauma work. Experienced trauma specialist Dr. Gilda Sherwin will discuss how to supervise therapists working with severely traumatized and vulnerable populations. She will focus on how underlying emotional issues may be triggered an individual's trauma and ensuing symptoms.

After attending this session, participants should be able to: 1) Utilize effective strategies to supervise therapists working with traumatized individuals; 2) Assess the severity and impact of trauma on patients who have been impacted by a humanitarian crisis.

**CEC: 2**



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## DISCUSSION GROUP 66: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair: M. Sagman Kayatekin, M.D. (Houston, TX)  
Co-chair: Michael Groat, Ph.D., M.S.\*  
(New Canaan, CT)  
Presenters: Matthew Griep, M.D.\* (New Canaan, CT)  
Z. Emel Kayatekin, M.D.\* (Houston, TX)  
Lenni Marcus, L.M.S.W.\* (Houston, TX)

Dr. Sagman Kayatekin and Dr. Michael Groat have extensive experience in Psychoanalytic individual, family, group, milieu and hospital team work. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP's, partial hospitalizations, and day treatment programs. These contexts, with their regressive/progressive capabilities on the person and the psychopathology, provide a unique window to the fascinating interrelatedness of intrapsychic and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will expand participants beyond the intrapsychic dyadic psychoanalytic approaches that dominate the psychoanalytic theory. This will allow a more sophisticated, multilayered understanding of the multiple venues of therapeutic action that makes multiple treater settings effective environments conducive to therapeutic growth and change.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CEC: 2**

## DISCUSSION GROUP 67: THE VULNERABLE CHILD: SCARS THAT HEAL AND SCARS THAT DO NOT HEAL: THE CENTRALITY OF TRANSFERENCE AND COUNTERTRANSFERENCE IN CHILD PSYCHOANALYSIS

Co-chairs: M. Hossein Etezady, M.D. (Malvern, PA)  
Mary Davis, M.D. (Lancaster, PA)  
Presenter: Sydney Anderson, Ph.D. (Bloomington, IN)  
Discussant: Robert Kravis, Psy.D. (Elkins Park, PA)  
Coordinators: Richard L. Cruz, M.D. (Chadds Ford, PA)  
Christie Huddleston, M.D. (Philadelphia, PA)

Dr. Sydney Anderson presents the psychoanalytic treatment of a child who experienced early deprivation, maltreatment, and loss. The treatment

began during the child's preschool years, and continued into her early adolescence. Dr. Robert Kravis discusses the clinical material to demonstrate the ways in which the child's early experiences affected her conscious and unconscious mind at different developmental stages. The presentation will highlight the transferences and countertransferences at different points in treatment. The session interests therapists working with vulnerable adults and children. Group discussion facilitates participants relating case material to their own practices.

After attending this session, participants should be able to: 1) Describe two typical countertransferences and formulate realistic outcomes in the analysis of children, adolescents, and adults who experienced early maltreatment and deprivation; 2) Compare technical approaches that emanate from working within displacement vs. direct interpretation.

**CEC: 2**

## DISCUSSION GROUP 68: THE ANALYST'S EXPERIENCE OF LOSS AND DEATH: THE LOSS OF A SPOUSE: PERSONAL GRIEF, PROFESSIONAL RESPONSIBILITY

Co-chairs &  
Discussants: Anne J. Adelman, Ph.D. (Bethesda, MD)  
Kerry Malawista, Ph.D.\* (Potomac, MD)  
Presenter: Barbara Stimmel, Ph.D. (New York, NY)

This group examines the analyst's grief in the face of personal or professional loss. Clinical material will be presented, followed by a discussion about the experience of the bereft analyst. Generally analysts learn to separate their personal life from the work that unfolds in the consulting room. The bereft analyst often finds him or herself in an extraordinary, solitary position. In the face of an unexpected loss, the analyst necessarily turns to the work of mourning, which stirs subtle and complex issues outside of the realm we more routinely discuss with colleagues. This group explores the experience of death and loss and, more broadly, the issues of loneliness and isolation in the practice of psychoanalysis.

After attending this session, participants should be able to: 1) Explain the complex dynamics that arise in the face of the analyst's loss; 2) Design a model for understanding the transference-countertransference issues inherent in the experience of the analyst's loss. **CEC: 2**

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## DISCUSSION GROUP 69: PSYCHOANALYSIS ACROSS THE DISCIPLINES

Chair: Vera J. Camden, Ph.D.  
(Cleveland Heights, OH)

Presenter: Noëlle McAfee, Ph.D. (Atlanta, GA)

What is the unconscious motivation of the nationalism that is dominating our global politics? In this session, the presenter will speak to the ways that psychoanalysis, particularly the theories of D. W. Winnicott, and his concept of “fear of breakdown” can illuminate the unconscious anxieties that are leading the massive division regarding how we imagine the future. Psychoanalysis has the unique ability to offer insight into the dynamic forces that are defining our political moment, which are under the surface and yet raging. Through psychoanalysis we can think about the future of democracy and relieve the anxiety that leads toward nationalism, defining global politics.

After attending this session, participants should be able to: 1) Analyze the unconscious anxiety affecting some groups and their unconscious motivation toward nationalism; 2) Apply D. W. Winnicott’s concept of “fear of breakdown” to analyze the massive divisions that have led to hyper-nationalism. **CEC: 2**

## DISCUSSION GROUP 70: ANALYTIC LISTENING: REFLECTIONS ON HYPOTHESIS AND EVIDENCE

Chair: Ralph Beaumont, M.D. (Portland, OR)

Presenter: Cynthia Palman, M.D. (Eugene, OR)

The focus of this session will be on the centrality of the data gathering process, and a consideration of the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient. Looking closely at process notes of a single session, effort will be made to sharpen the view on nuances of communications, verbal and non-verbal (e.g. shifts in affect or state, torn off voice, pauses, posture, etc.), as these may provide significant information and awareness of experience as yet unconscious. Attention will be highlighted on cues that may have been overlooked, as we reflect on assumptions and inferences, of whatever origin, to see how these may or may not contribute to opening yet untried paths.

After attending this session, participants should be able to: 1) Describe how one listens, noting distinctions and their ramifications between hypotheses generated and evidence for them; 2) Describe verbal and nonverbal cues that may be otherwise overlooked in considering further implications in the nature of therapeutic action.

**CEC: 2**

## DISCUSSION GROUP 71: PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS

Chair: Richard P. Kluff, M.D., Ph.D.  
(Bala Cynwyd, PA)

Co-chair: Ira Brenner, M.D. (Bala Cynwyd, PA)

This discussion group is designed to assist psychoanalysts working with or interested in working with patients suffering complex Dissociative Disorders such as Dissociative Identity Disorder. It prioritizes acquiring skills relevant to 1) the identification and treatment of dissociative structures such as alternate identities, not merely dissociative processes; and to 2) addressing autohypnotic aspects of dissociative psychopathology. Intense discussion of verbatim material will offer indirect clinical practice toward these goals. Current psychoanalytic thinking has enhanced the understanding of dissociative processes, but the understanding of working with dissociative structures and absorption phenomena has been relatively disregarded. The acquisition of the newer skills referred to above will facilitate the resolution of dissociative structures. The presenters have decades of experience in the treatment of dissociative disorders.

After attending this session, participants should be able to: 1) Design confrontations and interpretations that simultaneously address two or more identities; 2) Apply techniques and approaches commonly associated with hypnosis in the context of and without compromising a psychoanalytic paradigm.

**CEC: 2**

## DISCUSSION GROUP 72: JOYCE’S “ULYSSES” AND PSYCHOANALYSIS

Co-chairs: Steven S. Rolfe, M.D. (Bryn Mawr, PA)

Paul Schwaber, Ph.D. (Hamden, CT)

“Ulysses” by means of characterizations that in context makes real and credible the inner lives of fictive persons and provides, through artistic form and aesthetic experience, what scientific case studies cannot manage, for it portrays minds in action, the specificity, rhythms, ideas, association, feelings, and recurrences that distinguish and, in the clinical situation, reveal distinct persons. In doing this it offers occasion for showing by extrapolation how an analyst listens and ponders, that is follows along, notices things, and reflects about a person who is saying whatever comes to mind, or trying to. This year’s reading: “Ulysses: Chapter 11 “Sirens” Gabler Edition, Vintage Books/Random House. Supplemental reading:

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“The Argument of Ulysses” Stanley Sultan.

After attending this session, participants should be able to: 1) Discuss the importance of the musical theme and how it augments our listening skills by focusing on form as well as content; 2) Analyze the main character’s struggle with his loneliness and depression, temptation, and passivity. **CEC: 2**



## DISCUSSION GROUP 73: THE INTERFACE OF PSYCHOANALYSIS AND THE CREATIVE ARTS: THE PSYCHODYNAMICS OF FAKE NEWS:

### THE HISTORICAL EXAMPLE OF ARTHUR MILLER’S “THE CRUCIBLE”

Chair &

Presenter: R. Curtis Bristol, M.D. (Washington, DC)

Discussant: Frank M. Lachmann, Ph.D. (New York, NY)

“The Crucible” by Arthur Miller (1953) dramatizes the incompatible binary of fact and magical thinking. The drama portrays what is real, imagined, and intentionally misleading among people at odds with each other and about their theocracy and social mores. Adapted from the late seventeenth century court records of the Salem witch trials, Miller likened this historic “mass hysteria” to his own life and times during the mid-twentieth century McCarthy era. The psychoanalytic study of such representative history and creative works provides ways for thinking about the current internet “fake news”, viral transmission, and the exaggeration and propaganda of websites and social media. Yet, distorted narrative is fundamental and universal to symbolic language. Fake news and the multiple purposes and sources it serves and the mental mechanisms that structure it are evident since ancient times.

After attending this session, participants should be able to: 1) Explain how distortions of fact from the digital world appear in the course of psychoanalysis and their effect on a patients’ fact-based self; 2) Assess the universal elements of everyday narrative—and its many distortions and motives—that represent the conflation of reality and fanciful thinking. **CEC: 2**

## DISCUSSION GROUP 74:

### RESEARCH ON THE RELATION OF PSYCHOANALYSIS AND NEUROSCIENCE: MECHANISTIC ANALYSES OF SEXUAL AROUSAL AND GENERALIZED CNS AROUSAL, UNIVERSAL FUNCTIONS OF INTEREST FOR PSYCHOANALYSIS

Chair: Richard J. Kessler, D.O.  
(Long Island City, NY)

Presenter: Donald Pfaff, Ph.D.\* (New York, NY)

In this program, the presenter will discuss mechanisms of sexual arousal and generalized central nervous system arousal. Research about female reproductive behavior in laboratory animals has clarified the importance of estrogenic hormonal action on neurons in the hypothalamus on a cellular and molecular level. There are strong parallels between sexual behavior mechanisms in laboratory animals and in human beings. It is easy to see correlations between primary psychoanalytic concepts of historic importance and regions of the human brain. In his book, “Brain Arousal and Information Theory,” the presenter has argued that, beneath our mental functions and emotional dispositions, a primitive neuronal system governs arousal. Employing the simple but powerful framework of information theory, Dr. Donald Pfaff revolutionizes our understanding of arousal systems in the brain.

After attending this session, participants should be able to: 1) Describe correlations between psychoanalytic concepts of sexuality and current information about cellular and molecular activity in key regions of the brain; 2) Explain the role of generalized central nervous system arousal in sexuality, as seen from an information theory perspective. **CEC: 2**

## DISCUSSION GROUP 75:

### IMPASSES AND “FAILURES” IN PSYCHOANALYSIS

Co-chairs: Steven H. Goldberg, M.D. (San Francisco, CA)  
Judy L. Kantowitz, Ph.D. (Brookline, MA)

Presenter: Catherine Mallouh, M.D. (San Francisco, CA)

In this clinically-oriented discussion group, we study the factors in both patient and analyst that contribute to the development of impasses and analytic “failures.” Using detailed case presentations, we examine the subtle ways in which patient and analyst elicit in each other emotional experiences that cannot be adequately processed and understood. Based on our own experience and study of these phenomena, we attempt to normalize the experience of struggling with such cases. Though all analysts fend themselves dealing with impasses and analytic failures, such experiences often

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become sources of shame rather than opportunities for learning and personal/professional growth.

After attending this session, participants should be able to: 1) Describe the difference between impasses and analytic “failure” from more expectable processes of resistance and working through; 2) Explain the necessity of self-analytic work and/or consultation in the resolution of the impasse. **CEC: 2**

## 4:30 P.M. – 6:30 P.M.

**TWO-DAY CLINICAL WORKSHOP #1:  
WORKSHOP SERIES IN ANALYTIC PROCESS AND  
TECHNIQUE (PART 2) CEC: 2**

**TWO-DAY CLINICAL WORKSHOP #2:  
WORKSHOP SERIES IN ANALYTIC PROCESS AND  
TECHNIQUE (PART 2) CEC: 2**

**TWO-DAY CLINICAL WORKSHOP #3:  
WORKSHOP SERIES IN ANALYTIC PROCESS AND  
TECHNIQUE (PART 2) CEC: 2**

**TWO-DAY CLINICAL WORKSHOP #4:  
WORKSHOP SERIES IN ANALYTIC PROCESS AND  
TECHNIQUE (PART 2) CEC: 2**

**TWO-DAY CLINICAL WORKSHOP #5:  
WORKSHOP SERIES IN ANALYTIC PROCESS AND  
TECHNIQUE (PART 2) CEC: 2**

**TWO-DAY CLINICAL WORKSHOP #6:  
PSYCHOANALYTIC PSYCHOTHERAPY (PART 2)  
CEC: 2**

**DISCUSSION GROUP 76:  
THE BODY IN OUR CONTEMPORARY WORLD:  
HOW DOES THE ANALYTIC METHOD ENGAGE THE  
BODY-EGO?**

Chair: Vaia Tsolas, Ph.D. (New York, NY)  
Presenter: Patrick Miller, M.D.\* (Paris, France)  
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D. (New York, NY)

Dr. Patrick Miller presents his interrogations, clinical and metapsychological, on the way in which the analyst’s body-ego is engaged in the working through of the analytic process by the analytic method. What is at work in the analytic process touches on the limits between soma and bodily psyche? The analyst’s body is solicited by the psychic metabolizations that take place in the analytic intercourse. The fact that analysis is a talking cure doesn’t contradict that: the demand for speech elicits the body. What does it mean to say, as Winnicott

did, that the analyst works with his body-ego? Ferenczi spoke of a regression into the corporeal unconscious. How does the analytical work involve the analyst’s body-ego and how is that part and parcel of a capacity to touch the living matter and to enable psychic change? From penetrability as active passivation to regressive somatic figuration he shall explore some dimensions of the events taking place between analyst and analysand.

After attending this session, participants should be able to: 1) Explain how the body-ego might be engaged in the working through of the analytic process especially the analyst’s psychic penetrability; 2) Use countertransference bodily sensations to alert oneself to the specificities of an analysand’s early psychosexual idiosyncrasies. **CEC: 2**

**DISCUSSION GROUP 77:  
PSYCHOANALYTIC PERSPECTIVES ON OPERA:  
“KATYA KABANOVA”**

Co-chair: N. Lynne Buell, M.S.S.W. (Seattle, OR)  
Co-chair & Presenter: Ralph Beaumont, M.D. (Portland, OR)  
Presenters: Anna Balas, M.D. (New York, NY)  
John Muller, M.Phil.\* (New York, NY)

Analytic and musicological presentations will explore the dynamics of Janacek’s work “Katya Kabanova” with special emphasis on the erotically conflicted tragic heroine and her motivations. Psycho-biographical issues in the composer’s life will be explored, and hypotheses about his unconscious motivations in his creative process will be offered. Questions will be engaged concerning reconstructions about triadic conflicts and related erotic vicissitudes in the composer’s inner life, and how these reconstructions may shed light on an understanding of the opera, and on an understanding of the development of similar reconstructive hypotheses in clinical contexts. How much evidence and what sort of inferential process is necessary for the development of plausible formulations in both applied and clinical analysis?

After attending this session, participants should be able to: 1) Describe psychoanalytic hypotheses that help explain Janacek’s innovative composition, “Katya Kabanova,” and link the creation of the work with the unconscious dynamics involving triadic conflicts in Janacek’s inner life; 2) Describe the challenges of reconstruction in the clinical and applied analytic situations, and give examples of inferences made in both types of situations, and the evidence supporting them, that enable the formulation of plausible reconstructive hypotheses.

**CEC: 2**

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4:30 P.M. – 6:30 P.M. continued

## DISCUSSION GROUP 78: INTERPRETATION, PROCESS, AND TECHNIQUE IN THE USE OF PLAY IN THE ANALYSIS OF PRE- OEDIPAL CHILDREN

Chair: Susan P. Sherkow, M.D. (New York, NY)

Co-chair &

Presenter: Alexandra Harrison, M.D. (Cambridge, MA)

This discussion group will consider the theory and technique of analytic work with pre-oedipal children, with an emphasis on close examination of the process of play and on the special features of play which reflect a child's particular developmental capacities. Clinical material from the analytic case of a pre-oedipal child will be presented by Dr. Alexandra Harrison. The case will be discussed by the group from a number of points of view, including: psychoanalytic theory, interpretation, defense analysis, transference and countertransference, specific issues of development, and play technique, using two cases to compare and contrast the presenters' approaches.

After attending this session, participants should be able to: 1) List three developmental features of preschool children that make play the preferable therapeutic technique; 2) Describe the process of play and the special features of play in the clinical setting which reflect a child's particular developmental capacities. **CEC: 2**

## DISCUSSION GROUP 79: PSYCHOANALYTIC APPROACHES TO THE SERIOUSLY DISTURBED PATIENT

Chair: Marlene Kocan, Ph.D. (Columbus, OH)

Co-chair: Peter Kotcher, M.D. (Cincinnati, OH)

Presenter: Elio Frattaroli, M.D. (Bala Cynwyd, PA)

The discussion group will be of interest to all conference attendees who wish to explore and improve their understanding of and capacity to treat the serious disturbances of their patients. In response to a detailed case presentation, the group will ask questions and discuss process and events to clarify the underlying strategies, obstacles, and competencies revealed in the presenter's reported treatment. Dr. Marlene Kocan and Dr. Peter Kotcher are both graduates of the Cincinnati Psychoanalytic Institute who have extensive experience in inpatient psychiatric treatment.

After attending this session, participants should be able to: 1) Assess your own non-verbally evoked emotional reaction to a patient and use that as a guide in interventions with the patient 2) Explain what the patient's internal experience is or might be in a way that the patient can usefully recognize. **CEC: 2**

## DISCUSSION GROUP 80: TRAUMA IN THE TRANSFERENCE: ANALYZING DISSOCIATION AND PREVERBAL TRAUMA

Chair &

Presenter: Richard Hertel, Ph.D. (Ann Arbor, MI)

Discussant: Howard B. Levine, M.D. (Cambridge, MA)

This discussion group will focus on the analysis of a woman sexually abused from babyhood through early adolescence by both parents. She sought treatment for the total absence of erotic feelings. Initially, implacable dissociation from any knowledge of her trauma was present. This required development and maintenance of safety and affect regulation to be a top priority. This was carried out from a developmental, ego psychological frame of reference, integrated with current trauma theories. As the real relationship became safer and internalized, her affect regulation strengthened. Her raw feeling-memories became contained sufficiently to be conceptualized, represented, and understood. They became placed in the past, permitting realistic engagement in a safe present, with more self-dependence, agency, and enjoyment, including passionate sexuality with her husband.

After attending this session, participants should be able to: 1) Assess psychological trauma more accurately and earlier in the therapeutic process; 2) Develop and maintain a sense of safety in the patient-therapist relationship. **CEC: 2**

## DISCUSSION GROUP 81: CONFLICTING SUBJECTIVITIES AND SELF- INTERESTS OF THE PATIENT AND ANALYST

Co-chair &

Presenter: Margaret Crastnopol, Ph.D. (Seattle, WA)

Co-chair &

Discussant: Irwin Hirsch, Ph.D.\* (New York, NY)

Discussant: Sue Grand, Ph.D.\* (New York, NY)

Every analyst has "Achilles' heels" that can remain unrecognized, underappreciated, or disavowed. These pervasive shortcomings—being distractible, overly reactive, detached, and the like—can be of cognitive, emotional, behavioral, or temperamental origin. Unlike isolated countertransference reactions specific to a particular dyad, these personal weaknesses in the clinician can have an impact in various ways throughout his or her clinical work. Attempting to destigmatize the analyst's flaws, this session draws on the psychoanalytic literature and the presenter's personal experience to articulate an approach toward recognizing and dealing with whatever counterproductive effects one's repetitive characterological weaknesses might have in the treatment situation. Our discussant will deepen the

*continued*

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exploration by bringing to bear her extensive work on destructive psychic experience and healing.

After attending this session, participants should be able to: 1) List three examples of an average clinician's potential personal shortcomings and their possible impact on professional functioning with patients; 2) Apply strategies to self-supervise characteristic flaws in ways that improve treatment alliances and support patients' psychic growth.

**CEC: 2**

## DISCUSSION GROUP 82: PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY OF PATIENTS WITH CANCER

Chair: Norman Straker, M.D. (New York, NY)

Presenter: David P. Yuppa, M.D. (Boston, MA)

A case presentation of a terminally ill cancer patient permits the chair and presenter the opportunity to illustrate the importance of recognizing unconscious death anxiety and its defenses. Few psychoanalysts feel competent or comfortable treating dying patients. The presentation will illustrate how the empirical studies of Solomon, that validated Becker's theories of unconscious death anxieties and defenses can be adapted in a psychoanalytic psychotherapy to lessen death anxiety and the countertransference avoidance of facing death with their patient. The presenter was a consultant at the Dana Farber Cancer Research Center, and the chair is a consultant at Sloan Kettering.

After attending this session, participants should be able to: 1) Explain the operation of unconscious death anxiety and its defenses in everyday life and more specifically in a terminally ill patient; 2) Use the unconscious defenses against death anxiety so as not to avoid the patients' desire to talk about their concerns about dying. **CEC: 2**



## DISCUSSION GROUP 83: WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D.  
(Chestnut Hill, MA)

Co-chairs: Earle Baughman, M.D. (Alexandria, VA)  
Melvin Bornstein, M.D. (Birmingham, MI)  
Jonathan Palmer, M.D. (Newton, MA)  
Harvey Schwartz, M.D. (Philadelphia, PA)  
Peggy E. Warren, M.D. (Waban, MA)

Presenter: Caryn S. Mushlin, L.I.C.S.W. (Brookline, MA)

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst's reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report.) It is led by analysts who have had significant experience in teaching about clinical writing. (This discussion group is related to Committee Sponsored Workshop 4: On Teaching about Analytic Case Writing, Thursday, February 13 from 11:30-1:30p.m.)

After attending this session, participants should be able to: 1) Assess and write about the analyst's work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account.

**CEC: 2**

## DISCUSSION GROUP 84: PSYCHOANALYSIS WITH TWINS

Co-chairs: Maida J. Greenberg, Ed.D.  
(Newton Centre, MA)  
Mali A. Mann, M.D. (Palo Alto, CA)

Presenter: Theodore Fallon, Jr., M.D., M.P.H.  
(Wayne, PA)

The challenges that exist for twins as they attempt to develop a separate sense of self will be offered to clinicians who are working with twins, siblings of twins, and parents of twins in their professional practice. The presentation and discussion of analytic material about an identical twin will enable clinicians to describe the specific struggles that twins have in individuating from one's twin at different stages of their development, — i.e. when the twin feels a "bond" or a feels a "bondage" with her twin partner, and they can describe the transference/countertransference issues that may be enacted in the treatment by the patient and the analyst.

After attending this session, participants should

*continued*

THURSDAY



# DAILY SCHEDULE

## 4:30 P.M. – 6:30 P.M. continued

be able to: 1) Discuss how a twin patient dealt with competitive feelings of jealousy, rivalry and competition with their twin partner when they were a youngster; 2) Describe how a twin patient can work through intense feelings in their analysis to develop a separate and more defined sense of self.

**CEC: 2**

### DISCUSSION GROUP 85: PSYCHODYNAMIC PROBLEMS IN ORGANIZATIONS

Co-chairs &

Presenters: Kenneth M. Settel, M.D. (Brookline, MA)  
Kerry J. Sulkowicz, M.D. (New York, NY)  
Edward R. Shapiro, M.D. (Stockbridge, MA)

Society is vast; too complex for any of us as individuals to perceive more than our projections into it. We need our institutions, as intermediate spaces, for us to relate to it. Using ideas from his recently published book, "Finding a Place to Stand," Dr. Edward R. Shapiro will outline an application of psychoanalytic thinking to the development of self-reflective institutions, leaders and citizens. For institutions to survive, they must meet a need of the larger society. When sharply focused, the mission of institutions can be a lens onto the outside world that illuminates aspects of society. When each of us takes up an institutional role, we bring into it our transgenerational history and our family roles. Using stories from institutions and their members, and from a study of the citizen experience, Dr. Shapiro will outline an interpretive method that offers a pathway for each of us to find a place to stand with others as citizens.

After attending this session, participants should be able to: 1) Assess the relation of institutional mission to social need; 2) Consider the difference between using personal experience in role, make sense of our colleagues' personalities, versus using it to develop and negotiate understanding of how the institution is taking up its mission. **CEC: 2**

### DISCUSSION GROUP 86: EROTIC TRANSFERENCE AND COUNTERTRANSFERENCE: ENACTMENT, SELF-DISCLOSURE, AND OEDIPAL DYNAMICS

Chair: K. Lynne Moritz, M.D. (St. Louis, MO)  
Presenter: Mark J. Blechner, Ph.D. (New York, NY)  
Discussants: Diana Diamond, Ph.D.\* (New York, NY)  
Lissa Weinstein, Ph.D.\* (New York, NY)

In an effort to redress the dearth of forums for the exploration of erotic transference and countertransference, Dr. Mark J. Blechner, author of

the book "Sex Changes: Transformations in Society and Psychoanalysis," will present a case involving borderline dynamics, sado-masochism, and sexual fantasy material. Dr. Diana Diamond will consider the case material from the vantage point of level of personality organization focusing on how attention to the erotic transference and countertransference may catalyze a shift from sadomasochistic to oedipal dynamics. Dr. Lissa Weinstein will consider the case material from the vantage point of self-disclosure in psychoanalytic treatment. This group is intended for clinicians with interests in comparing technical approaches, learning to appreciate diverse forms of desire, overcoming countertransference obstacles, and improving therapeutic possibilities.

After attending this session, participants should be able to: 1) Explain how diverse expressions of erotic desire in the analytic encounter can be understood through clinical attention to erotic transference and countertransference; 2) Apply the techniques self-disclosure and interpretation from a nonjudgmental stance to work with the erotic transference and countertransference. **CEC: 2**

### DISCUSSION GROUP 87: THE INSIDE FOCUS: LISTENING FOR AFFECT AND DEFENSE INSIDE THE CLINICAL HOUR

Chair: Diana S. Rosenstein, Ph.D.  
(Jenkintown, PA)

Presenter: Rachel Gross, M.D. (Philadelphia, PA)

This discussion group is intended for those experienced with close process work who want to improve their technical skill, as well as novices who would like an introduction to the technical approach. In this discussion group, the focus will be on the patient's mind in conflict in the here-and-now of the analytic hour. Identifying moments in a session when a patient experiences conflict over what he or she is revealing to the analyst and responds with unconscious defense will be discussed as well as the how and when (and why) the analyst calls attention to such moments. Detailed process notes from an ongoing analysis conducted by an analyst experienced with defense analysis will be presented.

After attending this session, participants should be able to: 1) Describe the principles of close process attention methodology; 2) Compare the writings on close process attention methodology and describe how this branch of defense analysis differs from traditional analytic approaches. **CEC: 2**

THURSDAY

# DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

## DISCUSSION GROUP 88: TREATING THE SUICIDAL PATIENT

Chair: Joan Wheelis, M.D. (Cambridge, MA)  
Presenter: Mark J. Goldblatt, M.D. (Cambridge, MA)  
Discussant: Elsa Ronningstam, Ph.D. (Belmont, MA)

This discussion group is targeted towards clinicians treating patients with acute and/or chronic suicidality. The psychoanalytic understanding of suicide has been enhanced by advances in psychotherapeutic research which has examined underdeveloped mentalization, and neurological vulnerability to emotional and cognitive dysregulation. Treatments such as Mentalization Based Therapy (MBT), Dialectical Behavior Therapy (DBT), and Transference Focused Psychotherapy (TFP) offer new psychotherapeutic considerations for treating suicidal patients. A case presentation will be used. Drs. Wheelis, Goldblatt, and Ronningstam have extensive experience and expertise in treating suicidal patients.

After attending this session, participants should be able to: 1) Describe indicators of intention for suicide that apply to the case presented; 2) Analyze elements of effective psychoanalytic treatment of suicidal preoccupations and compare with alternative perspectives. **CEC: 2**

4:30 P.M. – 7:00 P.M.

## CLINICAL CONFERENCE 1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: “A LINE OF FEAR”: TRAUMA AND ACCULTURATIVE FAMILY DISTANCING IN GENERATIONS OF A CHINESE-AMERICAN FAMILY

Chair: Emily Asher, M.D.\* (New Haven, CT)  
Presenter: S. Dina Wang-Kraus, M.D.\* (Stanford, CA)  
Discussants: Adrienne Harris, Ph.D. (New York, NY)  
June Lee Kwon, Ph.D.\* (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This clinical case conference will investigate intergenerational trauma and acculturative family distancing spanning four generations of a Chinese-American family. The clinical material is from a two-year long once weekly treatment of a first generation Chinese-American woman, with a history of childhood trauma. Themes of ruminations, language barriers, incongruent cultural values, and

motherhood will be examined. The presenter will also explore countertransference and transference where therapist and patient share cultural and ethnic backgrounds.

After attending this session, participants should be able to: 1) Describe acculturative family distancing as a predictor for psychological distress; 2) Explain trauma as a form of psychic injury. **CEC: 2.5**

7:00 P.M. – 9:00 P.M.

## SOCIAL EVENT: PSYCHOTHERAPY DEPARTMENT INFORMATION & NETWORKING EVENT

All are invited to an informal event to talk about APsaA's Psychotherapy Department, the benefits of the Psychotherapist Associates category and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community. Wine and hors d'oeuvres will be served.

## DISCUSSION GROUP 89: LOVE, SEX AND THE AMERICAN PSYCHE: THE SUCCESSFUL PSYCHOANALYSIS OF A YOUNG WOMAN WITH OBSESSIVE NEUROSIS AND RISK SEEKING SEXUAL BEHAVIORS

Chair &  
Presenter: R. Curtis Bristol, M.D. (Washington, DC)  
Discussant: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

Georgia began the analysis with Dr. R. Curtis Bristol when she was a single, young professional woman. With substantial academic achievements, attractive, and seemingly at ease with herself and others, she nonetheless “secretly” struggled since early adolescence with compromising obsessive symptoms. With important adult work success, her personality-based moral masochism turned increasingly toward risk seeking, dangerous sexual behaviors. The transference and its psycho-genetic origins were the major source for interpretation even during its most negative manifestation and her risky sexual behaviors. Dr. Bristol's analytic stance was the source of countertransference confusion, despair and anxiety. When the transference resumed its initial positive configuration, Georgia became more reflective and less motivated by action. However she then abruptly ended the analysis. After a month she returned, thus repeating a childhood amnesic trauma. Georgia successfully terminated with no symptoms, having resolved what Sigmund Freud identified as the childhood neurosis.

After attending this session, participants should be able to: 1) Describe the principles of close attention

*continued*

THURSDAY



# DAILY SCHEDULE

7:00 P.M. – 9:00 P.M. continued

to the observable genetic surface of the analysand's psychopathology and in session associations; 2) Demonstrate the methodology of close process analysis of the psychogenetic and dynamic meanings of surface content in the transference that relates to the formative years. **CEC: 2**

## DISCUSSION GROUP 90: PSYCHOANALYTIC EXPLORATIONS

Chair &  
Presenter: Merton A. Shill, Ph.D. (Ann Arbor, MI)

This discussion group is intended for psychoanalytic clinicians who wish to improve their patients' immersion in the psychoanalytic process by focusing on the patient's affect as the primary guide to the patient's subjective state in the here and now. A review of relevant literature and a discussion of clinical case material will be employed to illustrate a clinical technique designed to accomplish this objective. This approach is seen as a complement to the traditional reliance on interpretation as a means of effecting intrapsychic change. The presenter is an adult analyst with some training in child analysis, who has had a long-standing interest in affect tolerance and understanding the connection between anxiety, affects, defenses interpretation, and therapeutic action.

After attending this session, participants should be able to: 1) Analyze the nature of the patient's affect state and affect tolerance; 2) Prepare a clinical intervention which will address the patient's affective status as an access point to effective clinical intervention. **CEC: 2**

## DISCUSSION GROUP 91: PSYCHOANALYSIS AND CHINA: DISTANCE ANALYSIS FROM BOTH SIDES OF THE E-COUCH

Chair: Lana P. Fishkin, M.D. (Bala Cynwyd, PA)  
Co-chair: Elise W. Snyder, M.D. (New York, NY)  
Presenters: Cuiqin Wen, M.A. (Shanghai, China)  
Jianqin Xu, B.A. (Jiangsu, China)  
Discussant: Mark Smaller, Ph.D. (Douglas, MI)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the areas of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This discussion group will be of interest to anyone involved with, or contemplating becoming involved with, distance psychoanalysis. The presenters, two Chinese analysands and one senior analyst, will provide vignettes to illustrate the specific issues

involved in experiencing and providing analytic treatment via the internet. The effectiveness and the difficulties will be explored, and a lively discussion among the participants will be encouraged.

After attending this session, participants should be able to: 1) Create a distance psychoanalytic treatment via an application that permits videoconferencing; 2) Assess whether telepsychoanalytic treatment is appropriate for any given applicant. **CEC: 2**

## DISCUSSION GROUP 92: THE PSYCHOANALYTIC TREATMENT OF PATIENTS WITH PSYCHOSOMATIC SYMPTOMS: AILMENT AS DISGUISE: CONCRETE FEARS OF MORTAL ILLNESS

Chair: Phyllis L. Sloate, Ph.D. (New Rochelle, NY)  
Presenter: Christian J. Churchill, Ph.D.\* (New York, NY)

Psychosomatic symptoms in narcissistic patients support fantasies of omnipotence and omniscience. A practice gap exists as practitioners may join patients in their fears. Modification of interpretive technique is needed to close the gap in technique. This case presents a 5-year psychoanalytic patient who fears mortal illness at moments when her imagined omniscience and omnipotence are threatened. The presentation and discussion will address how her analysis helped her see these fears as a flight from understanding herself. The patient tried to alleviate the fear generated by her inability to control the date of her death; this repeatedly ruined all pleasure. Dr. Phyllis L. Sloate is a Training and Supervising Analyst at CFS and IPTAR. Dr. Christian J. Churchill is CFS Institute Director and CIPS Associate Book Editor.

After attending this session, participants should be able to: 1) Analyze narcissistic patients' experience of symptoms of physical illness and fear of life-ending disasters in the context of their fantasies of omnipotence and omniscience; 2) Apply interpretive techniques to assist the patient's movement from enactment to comprehension while acknowledging the need for medical evaluation when the patient reports onset of symptoms they feel present physiological danger. **CEC: 2**

## DISCUSSION GROUP 93: DEEPENING THE TREATMENT: FOCUS ON SEXUAL TRAUMA

Chair &  
Presenter: Jane S. Hall, L.C.S.W. (New York, NY)  
Discussant: Peter B. Dunn, M.D. (New York, NY)

This discussion group will address the difficult topic of deepening the work with those who have been sexually abused and those who have perpetrated

*continued*

THURSDAY

# DAILY SCHEDULE

## 7:00 P.M. – 9:00 P.M. continued

sexual abuse. The problems often do not surface in the beginning of treatment so the clinician must be equipped to handle the revelations that occur. Case material will illustrate working with dissociation, shame, anxiety of being rejected. Working with a rapist demands setting aside normal judgmental reactions if the treatment is to deepen. The work of Josh Wolf-Powers, Director of The Sexuality, Attachment, and Trauma Network has experience working with people struggling with shame, out-of-control sexual behaviors, and ego-dystonic, and criminal desires and behavior will be presented by Jane Hall, L.C.S.W.

After attending this session, participants should be able to: 1) Describe material that is often shocking in order to listen with curiosity and not judgement; 2) Apply psychoanalytic techniques that address dissociation in order to consolidate aspects of the self. **CEC: 2**

## 7:00 P.M. – 10:00 P.M.

### SOCIAL EVENT: JOINT CANDIDATES' COUNCIL/IPSO WINTER PARTY: FEATURING LIVE MUSIC BY THE SHRINKS

Location: Da Capo, 322 Columbus Avenue (between 75th and 76th Street)

Cost: \$55 advance online, \$60 at the door (includes live entertainment, drinks, appetizers, and camaraderie)

Questions: Holly Crisp, M.D.,  
President of the Candidates' Council

**To purchase tickets please email:  
hollycrisphan@crisphan.com**

APsaA's Candidates' Council and the International Psychoanalytical Studies Organization (IPSO) are happy to invite you to the annual Winter Party; featuring live music by THE SHRINKS, a jazz band of practicing psychiatrists who've played to the delight of fans all over New York City, for over 10 years. Join your fellow candidates, APsaA fellows, graduate students, and other trainees from 7:00 p.m.-8:30 p.m. for networking, conversation, food and drink. The Shrinks will begin at 8:30 p.m. playing mellow jazz while we continue enjoying the chance to see friends, old and new, from across the country and around the world.

*Tickets are required but the event is open to all.*

## 7:30 P.M. – 9:30 P.M.



### DISCUSSION GROUP 94: PSYCHOANALYTIC PERSPECTIVES ON MUSIC: "A CONVERSATION BETWEEN FREUD AND MOZART"

Chair &  
Presenter: Julie Jaffee Nagel, Ph.D. (Dexter, MI)  
Introduction: Carol Seigel, Director, Freud Museum\*  
(London, England)  
Pianist: Louis Nagel, D.M.A.\* (Dexter, MI)  
Actors: Zachary Green, M.M.\* (New York, NY)  
— Sigmund Freud  
Oren Steiner, B.F.A.\* (New York, N.Y.)  
— Wolfgang Amadeus Mozart

*Note: This session will take place outside of the Grand Hyatt Hotel, in the Steinway Hall, 1133 Sixth Avenue at 43rd Street. Attendees will need to allow travel time from the Grand Hyatt. Steinway Hall is an 11 minute walk, 7 minute cab ride or 10 minute bus ride (M42 bus) from the hotel. Attendees are responsible for their travel costs.*

**Note: This session does not offer Continuing Education Credit.**

In the final session of this discussion group, we will eavesdrop on Freud and Mozart in an original dialogue by Julie Jaffee Nagel. Freud did not appreciate music. Mozart said he could only express himself through music. As both men return from eternity for the evening, they engage in a poignant and lively discussion about family, maternal/paternal loss, depression, grieving, creativity, termination and the value of appreciating psychoanalytic and music ideas in mental life. The location of their conversation will be at the Steinway Hall (10 blocks from the Grand Hyatt). Mozart's music will be performed to demonstrate the power of interdisciplinary collaboration beyond the consulting room and concert hall. This program is the sunset of this long-standing discussion group.

A champagne reception follows the program hosted by Steinway Hall.

## 7:30 P.M. – 10:30 P.M.

### FILM WORKSHOP 1: PSYCHOANALYSIS IN FILM: HOMAGE TO BERNARDO BERTOLUCCI: "THE CONFORMIST" CHAIR &

Presenter: Bruce H. Sklarew, M.D. (Chevy Chase, MD)  
"The Conformist" is Bertolucci's most complex and artistically developed film. Marcello, the principle character, feels deserted by his mentor who leaves fascist Italy to lead an anti-fascist group in Paris. In Paris, he arranges his mentor's assassination in the guise of a honeymoon. His conforming to the

*continued*



# DAILY SCHEDULE

## 7:30 P.M. – 10:30 P.M. continued

fascist ideology is used as a cover for his struggles with homosexuality, patricide, and sadism. It also allows the release of his retaliatory sadism. The use of flashbacks, and flashbacks within flashbacks, is parallel to dreamwork and the experience of the manifest dream. The discussion will also address the transformation of the novel to film. Bertolucci said that he imagined he was flying over the pages of Moravia's novel as though the pages were landscapes.

After attending this session, participants should be able to: 1) Describe how conforming behavior can cover repressed intra-psychic conflicts that otherwise wouldn't be apparent; 2) Compare how the complex use of flashbacks in a film parallels dreamwork in the resulting manifest dream. **CEC: 3**

## FRIDAY, FEBRUARY 14, 2020

For room locations see middle insert.

## 7:45 A.M. – 8:30 A.M.

### ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

Chair: Lee Jaffe, Ph.D., President (La Jolla, CA)

The Meeting of Members is an opportunity for all APsAA members to learn about current activities of the Association. All registrants are encouraged to attend.

### Don't forget to vote.

If you did not vote before the 2020 National Meeting, onsite voting will be available at the Meeting of Members from 7:30 to 8:00am.

## 8:30 A.M. – 9:15 A.M.

### ADMINISTRATIVE MEETING: NORTH AMERICA AND THE WORLDWIDE IPA

The North American representatives on the IPA Board and the President of the IPA invite all North American psychoanalysts to join in a conversation on how we can work together for the benefit of local, regional and worldwide psychoanalysis.

## 9:30 A.M. – 11:15 A.M.

### PLENARY ADDRESS AND PRESENTATION OF AWARDS

**Helen Myers Traveling Psychoanalytic Scholar Award**  
**Susan Vaughan, M.D.**

### Candidates' Council Psychoanalytic Paper Prize:

**Loren Sobel, M.D., M.S.**

Title: "The Imaginative Bridge to Relational Contact: from the Random to the Meaningful"

Semi-finalist: **Genie Dvorak, Psy.D.**

Title: "The Persistent Past: Listening for the Logic and Potentials of the Repetition Compulsion"

### Ralph Roughton Paper Award

"The Only Fag Around"

**Sam Guzzardi, L.C.S.W.**

"Discerning the 'Healthy Homosexual' in Leonardo da Vinci and A Memory of His Childhood"

**David Pauley, L.C.S.W. and Rajiv Gulati, M.D.**



**Plenary Address:** "Owning Reality – Reflections on Cultism and Zealotry"

Chair: Lee Jaffe, Ph.D., President (La Jolla, CA)

Introducer: Charles B. Strozier, Ph.D. (Brooklyn, NY)

Speaker: Robert Jay Lifton, M.D.\* (New York, NY)



This address connects Dr. Robert Jay Lifton's past work on the psychology of zealotry with current observations on mental predators who claim to own reality. It draws upon examples from Chinese thought reform, the Aum Shinrikyō cult, Nazi genocide, and the solipsistic reality of Donald Trump. An alternative is the collective expression of a more open and resilient "protean self," which can enable us to respond to these threats to the human future.

After attending this session, participants should be able to: 1) Analyze clinical and extra-clinical manifestations of pathological forms of zealotry; 2) Critique clinical programs aimed to address emerging forms of authoritarianism. **CEC: 1.5**

THURSDAY

FRIDAY

# DAILY SCHEDULE

11:15 A.M. – 4:00 P.M.

## POSTER SESSION: RESEARCH RELEVANT TO THEORY AND PRACTICE IN PSYCHOANALYSIS

Co-chairs: Kathryn E. Gallagher, Ph.D. (Stockbridge, MA)  
Katie C. Lewis, Ph.D. (Stockbridge, MA)

The American Psychoanalytic Association sponsors this annual research poster session designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields. This is the 19th annual poster session at the APSaA National Meeting.

**1. “Mourning the Loss of a Spouse:  
How Expressive Suppression Impacts  
Immunity”**

Submitted by: Christopher Fagundes, Ph.D.  
Richard Lopez, Ph.D.  
Cobi Heijnen, Ph.D.

**2. “The Development of ‘Mentalizing’:  
An Insight from a Study on ‘Theory of  
Mind’ in Blind Children. What are the  
Implications for Psychoanalysis?”**

Submitted by: Gloriana Bartoli, Ph.D., Psy.D.,  
M.A./PGDip

**3. “1950s America: Freud and Men in Gray  
Flannel Suits”**

Submitted by: Jennifer Meigs

**4. “Psychotherapy Process in Regulation  
Focused Psychotherapy for Children  
(RFP-C)”**

Submitted by: Arielle Sherman, M.S.  
Thomas Kui, M.S.  
Geoffrey Goodman, Ph.D.  
Tracy A. Prout, Ph.D.

**5. “Understanding the Implications of  
Intersectionality: How Traits are  
Best Understood in the Context of the  
Intersection of Gender and Ethnicity”**

Submitted by: Divya Babbar, B.S.  
Mengpin Zhang, M.S.  
Ehsan Falasiri, B.A.  
James Sexton, Ph.D., Ph.D.

**6. “Interpersonal Ambivalence and  
its Relationship with Perceived  
Social Support, Adult Attachment,  
Malignant Self-Regard, and Ratings  
of Psychopathology and Psychosocial  
Functioning in a Cardiology Outpatient  
Sample”**

Submitted by: Winnie Tsai, D.O.  
Neha Datta, M.D.  
Charisse Colvin, M.D.  
Gregory Haggerty, Ph.D.

**7. “Object Relations Perceptions, Social  
Media Use, and Narcissism in Young  
Adults”**

Submitted by: Tania Alaby-Varma, M.S.  
Sana A. Jindani, M.S.  
Alejandra Belmont, M.S.  
Barry A. Schneider, Ph.D.

**8. “An In-Depth look at the importance of  
Object Relations: How Perceptions of  
Parenting Influence Students’ College  
Externalized Responsibilities, Entitled  
Expectations and Self-Efficacy”**

Submitted by: Alejandra Belmont, M.S.  
Tania Alaby-Varma, M.S.  
Sana A. Jindani, M.S.  
Barry A. Schneider, Ph.D.

**9. “A Meta-Theoretical Integration of  
Psychotherapy Orientations”**

Submitted by: Mariam Fatehi, LMSW, M.A.  
Robert M. Gordon, Ph.D., ABPP

**10. “Reconsidering Anger Control as an  
Indicator of Functioning”**

Submitted by: Sanjana Kumar, B.A.  
Serena Anand, B.A.  
James Sexton, Ph.D., Ph.D.

**11. “Gender Comparison for the  
Comprehensive System for the Rorschach  
Inkblot Test in the Indian Population”**

Submitted by: Rupa Kalahasthi, M.A., MPsy  
Sarah L Hedlund, Ph.D.  
James Sexton, Ph.D., Ph.D.

FRIDAY



# DAILY SCHEDULE

11:15 A.M. – 4:00 P.M. continued

**12. “From Therapy to Containment: Youth Poverty and Changing Conceptions of Child Deviancy in Mid-Century Los Angeles and New York”**

Submitted by: Gregory Gabrellas, M.D., M.A.

**13. “On Solving Rebuses Unwittingly”**

Submitted by: Giulia Olyff, MSc  
Ludivine Rochiccioli, BSc  
Justine Bruxelmane, BSc  
Ariane Bazan, Ph.D., Ph.D.

**14. “Psychic Transparency in Pregnant Women Starts in the Second Trimester: Empirical Evidence”**

Submitted by: Ariane Bazan, Ph.D., Ph.D.  
Julie Antoine-Moussiaux, MSc  
Sandra Jorge Mendes, MSc  
Maxime Merch, MSc

**15. “Understanding Depression as the Interaction of Traits and Functioning”**

Submitted by: Lingyue Lu, MSW  
Alya Gaspard, B.A.  
Divya Babbar, B.S.  
James Sexton, Ph.D., Ph.D.

**16. “Primary Process Mentation in Hypnoid States”**

Submitted by: Justine Bruxelmane, BSc  
Jonathan Shin, Ph.D.  
Marjolaine Reynebeau, MSc  
Ariane Bazan, Ph.D., Ph.D.

**17. “A Within-Session Analysis of Psychotherapy Process using Computerized Linguistic Measures and Therapist’s Observations”**

Submitted by: Xinyao Zhang, M.A.  
Wilma Bucci, Ph.D.  
Bernard Maskit, Ph.D.  
Sean Murphy, Ph.D.

**18. “Attachment, Emotion Regulation, and Substance Use among Substance Using Adults”**

Submitted by: Mark A. Teles, Ph.D.  
Joanne E. Callan, Ph.D., ABPP  
Irwin F. Rosenfarb, Ph.D.  
Patricia A. Judd, Ph.D.

**19. “The Influence of Object Relations: Perceptions of Parental Aspiration, Self-Esteem and Narcissism and Its Effects on Academic Outcomes in Young Adults”**

Submitted by: Sana A. Jindani, M.S.  
Tania Alaby-Varma M.S.  
Alejandra Belmont, M.S.  
Barry A. Schneider, Ph.D.

**20. “Adherence in an Outpatient Cardiology Clinic: Relationships with Adult Attachment, Malignant Self-regard, Interpersonal Ambivalence and Perceived Social Support”**

Submitted by: John Doyle, MD  
Katherine Tsung, MD  
Ibrahim Sabri, MD  
Greg Haggerty, Ph.D.

11:30 A.M. – 12:30 P.M.

Session Sponsored by  ellenhorn

**MY PLACE IN THE COMMUNITY:  
BUILDING SUPPORTIVE INTEGRATION FOR  
MENTAL HEALTH RECOVERY**

Chair &  
Presenter: Ross Ellenhorn, M.S.W., Ph.D.\*  
(Arlington, MA)

**Note: This session does not offer Continuing Education Credit.**

Presented by Dr. Ross Ellenhorn, founder of the Ellenhorn Psychiatric Recovery Program, a long time exhibitor and sponsor of APsAA’s National Meetings.

The purpose of this informative talk is to enhance the awareness of mental health professionals in the area of community integration as a model of care that involves engagement with each individual as the unique “expert” of his or her own mind.

By examining innovations that employ creative opportunities for connecting individuals within their communities, mental health professionals will explore therapies that foster engagement and evaluate whether changes in functioning have occurred sufficiently enough to the satisfaction of those individuals and other key stake holders.

FRIDAY

# DAILY SCHEDULE

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP 8: CLASSROOM TEACHING: DISTANCE TEACHING AND LEARNING: BEST PRACTICES

Chair: Gerald A. Melchiode, M.D. (Ann Arbor, MI)  
Presenters: R. Dennis Shelby, Ph.D. (Chesterton, IL)  
Caryle Perlman, M.S.W. (Chicago, IL)  
Molly Romer-Witten, Ph.D. (Chicago, IL)

This workshop targets both teachers and learners who are planning to be engaged or are now actively engaged in distance teaching and learning. Distance education is becoming more prevalent as our institutes are making greater efforts to reach out to learners not in the vicinity of the institute. The workshop uses stimulus presentations followed by interactive discussions by participants. The presenters will stress general teaching principles, most effective use of media, and best practices of distance supervision and case conference. All presenters have experience using distance teaching and will present its advantages and shortcomings.

After attending this session, participants should be able to: 1) List four best practices of distance teaching; 2) List four methods for preparing teachers and students for distance education.

**CEC: 2**

## THE 2020 CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)  
Presenter &  
Prize Winner: Loren Sobel, M.D., M.S. (Pittsburgh, PA)  
Title: "The Imaginative Bridge to Relational  
Contact: from the Random to  
the Meaningful"

Discussant: Anthony Bass, Ph.D.\* (New York, NY)

The Candidates' Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning paper is selected based on a blind peer review process with candidates serving as readers and judges. This year's finalist prize winner Dr. Loren Sobel will present his paper "The Imaginative Bridge to Relational Contact: from the Random to the Meaningful." Dr. Anthony Bass will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Analyze and use random or arbitrary clinical moments that precede an important meaningful clinical moment to deepen the treatment; 2) Discuss how to engage our imagination

around seemingly random and arbitrary moments that emerge from within the analytic field and hold them open for further psychoanalytic investigation.

**CEC: 2**

## ETHICS COURSE

AIG Moderator &  
Presenter: Kris Oliveira, R.N., J.D., CPHRM\*  
(Boston, MA)

Presenter: Robert W. Goodson, Esq.\* (Washington, DC)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

Utilizing an interactive presentation format, speakers will present an overview of the legal implications associated with medication and documentation. Using closed and potential claim scenarios, the presenters will suggest strategies and resources to assist the attendees to minimize professional liability. The session will be highly interactive and encourage questions and comments from the attendees in dialogue with panelists.

After attending this session, participants should be able to: 1) Describe 2 new best practices for communication regarding medication associated risks; 2) Explain the major legal implications of not adhering to documentation standards in patient healthcare records.. **CEC: 2**

12:00 P.M. – 1:30 P.M.

## PRESIDENTIAL SYMPOSIUM: THE EFFICACY OF PSYCHOANALYTIC THERAPY

Chair: Lee Jaffe, Ph.D., President (La Jolla, CA)  
Presenter: Jonathan Shedler, Ph.D. (San Francisco, CA)

Psychoanalytic therapy is evidence-based therapy. In this lecture — based on the internationally-acclaimed article, "The Efficacy of Psychodynamic Psychotherapy" — Dr. Jonathan Shedler will describe the seven core features of contemporary psychoanalytic therapy in clear, jargon-free language. He will then discuss scientific evidence for its benefits and how it compares to other "evidence-based" treatments like CBT and antidepressant medication. Finally, Dr. Shedler will discuss how the active ingredients of all effective therapies draw on (generally unacknowledged) psychoanalytic principles such as enhancing self-knowledge, understanding problematic relationship patterns, and reworking these patterns in the "here and now" of the therapy relationship.

*continued*

FRIDAY



# DAILY SCHEDULE

## 12:00 P.M. – 1:30 P.M. continued

After attending this session, participants should be able to: 1) Describe the seven defining features of contemporary psychoanalytic therapy; 2) Describe scientific evidence for the effectiveness of psychoanalytic psychotherapy and how it compares to other “evidence based” treatments like CBT and antidepressant medication. **CEC: 1.5**



### RESEARCH SYMPOSIUM: HOMEOSTASIS, FEELING AND CONSCIOUSNESS

Chair: Charles P. Fisher, M.D. (Berkeley, CA)  
Presenter: Antonio Damasio, M.D., Ph.D.\*  
(Los Angeles, CA)

The processes of homeostasis are key to the understanding of life, and also to explaining the emergence of feeling and, ultimately, of consciousness. Dr. Antonio Damasio will explain why we need to include pre-neural, general biological processes to provide an account of affect and consciousness compatible with an evolutionary perspective of human minds. There are distinct varieties of homeostasis. In addition to homeostasis understood as neutral automatic control, there is a supplementary mechanism involving mental experiences that express a value. The key to this mechanism is feelings, mental expressions of homeostasis, located within the body, as represented in the mind. Consciousness arises because mental states feel like something. Feelings let the mind know about the current state of homeostasis and thus provide an evolutionary advantage.

After attending this session, participants should be able to: 1) Describe the processes of homeostasis, including general biological processes, as they are necessary to explain affect and consciousness; 2) Summarize the central role of feelings as mental expressions of homeostasis. **CEC: 1.5**



### SYMPOSIUM I: MUSIC, SENSORY COMMUNION, AND THE WEAVING OF COLLECTIVE EMBODIMENT

Chair &  
Presenter: Peter L. Goldberg, Ph.D. (Albany, CA)  
Discussants: Adam Blum, Psy.D.\* (San Francisco, CA)  
Michael Levin, Psy.D. (San Francisco, CA)

If finding one's place in the world involves being introduced to the symbolic order of meaning, it equally entails a syncretic, musical union that weaves us into human being through shared perception and movement. Withdrawal from this communal musicality, which manifests in obsessive and autistic enclaves of temporal and tonal

repetition, constitutes the psyche-somatic illness of our time, leaving many of our patients unable to discover and sustain a sense of being and belonging in the world. Drawing upon psychoanalytic theory, musicology, and phenomenology, this symposium contemplates ways to adjust our clinical approach to heal damaged musicality; how the rhythms and tonalities provided by the analytic frame and the analyst's embodied presence affect the patient's psychosensory experience and offer a way out of isolation.

After attending this session, participants should be able to: 1) Discuss the psychical function served by music in giving communicable shape to embodied experience and making sense of the world; 2) Apply the model of shared sensoriality to clinical situations and the question of how we engage our isolated patients. **CEC: 1.5**

## 2:00 P.M. – 3:30 P.M.

### COMMITTEE SPONSORED WORKSHOP 9: THE BUSINESS OF PRACTICE: WORKING WITH THE CONCRETE AND DIFFICULT TO ENGAGE PATIENT

Chair: Michael Groat, Ph.D., M.S.\*  
(New Canaan, CT)  
Co-chair: Jonathan Kersun, M.D.\* (Swarthmore, PA)  
Presenter: Victoria Lollo, M.D.\* (Philadelphia, PA)  
Discussant: Andrea Celenza, Ph.D. (Lexington, MA)

The concrete and difficult to engage patient presents a unique and rarely discussed set of challenges for the psychodynamic therapist. How does one understand the concrete patient? Is the patient anxious, embarrassed, or afraid? Is there a deficit in their ability to abstract? Led by experienced psychoanalytic psychotherapists, this session is designed for clinicians at all levels of clinical experience. The session will address strategies for identifying, understanding, and addressing literal-minded patients who may become difficult to engage through traditional insight-oriented or free associative approaches. The session will include a case presentation of a concrete patient, as well as group discussion led by a discussant on approaches to treating these often difficult to engage and concrete patients.

After attending this session, participants should be able to: 1) Describe the ways concreteness manifests itself during psychotherapy treatment; 2) Discuss strategies for engaging the concrete patient.

**CEC: 1.5**

FRIDAY

# DAILY SCHEDULE

2:00 P.M. – 3:30 P.M. continued

## **APSAA PUBLIC ADVOCACY ON CAPITOL HILL: APSAA LEADS IN REDUCING MASS SHOOTINGS**

Chair: Mark Smaller, Ph.D. (Douglas, MI)  
Presenter: Peggy Tighe, J.D.\* (Washington, DC)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

This workshop will present the development of House Bill 838/ Senate Bill 265, the Threat Assessment and Prevention Safety (TAPS), and how the Public Advocacy Department of APSaA helped develop and gain support for the bill by other mental health organizations. The bill's aim is to create a task force to help federal, state, and local communities identify potentially violent individuals. This bill will educate schools, workplaces, families, and clinicians to assess potential threats that, with clinical and legal intervention to reduce violence including mass shootings. "A pathway to violence," an expression used by threat assessment experts, will be discussed. Mark Smaller, Public Advocacy Department Chair, Peggy Tighe, an APSaA lobbyist and attorney, and an expert in threat assessment will present.

After attending this session, participants should be able to: 1) Demonstrate skill in threat assessment and prevention; 2) Demonstrate skill in creating and implementing policy with a psychoanalytic perspective. **CEC: 1.5**

## **SCIENTIFIC PAPER 1: NAVIGATING THE PARADOX IN THE LANGUAGE OF ACHIEVEMENT AND THE LANGUAGE OF SUBSTITUTION**

Chair: Dolan Power, Ph.D. (Cambridge, MA)  
Author: Afsaneh Alisobhani, Psy.D. (Irvine, CA)  
Discussant: Lawrence J. Brown, Ph.D.  
(Newton Center, MA)

The author draws on the significance of observation in Bion's theory of thinking. Bion suggests the term "Language of Achievement" as a pre-symbolic lexicon approaching the truth of emotional experience in analysis. The importance of transformation in hallucinosis and Language of Substitution in approximating the Language of Achievement will be illustrated through a clinical example. Mental health practitioners and psychoanalysts are the intended audience of this group. Afsaneh Alisobhani is the co-editor of "Exploration in Bion's 'O': Everything

"We Know Nothing About" and "Experiences with Wild Thoughts: Studies on W.R. Bion's Writing" by Arnaldo Chuster, scheduled for publication in 2020.

After attending this session, participants should be able to: 1) Describe the function of Language of Achievement and the significance of observation in Bion's theory of thinking; 2) Compare the differences in Language of Achievement and Language of Substitution in clinical situation. **CEC: 1.5**

## **SCIENTIFIC PAPERS FROM THE NORTH AMERICAN WORKING PARTIES**

Chair &  
Presenter: Marie Rudden, M.D. (West Stockbridge, MA)  
Presenters: Abbot A. Bronstein, Ph.D. (San Francisco, CA)  
Ronnie M. Shaw, PMH-CNS BC.  
(Denver, CO)

Philippe Valon, M.D.\* (Malakoff, France)

Discussant: Lila Hoijman, DESS, DEA\* (Paris, France)

Titles: "What different analysts mean by working  
"in the here and now": Observations from  
the Comparative Clinical Methods Working  
Party"

"When the unconscious arises:  
Transference - countertransference  
diffraction in psychoanalytic group work  
using free association and floating listening:  
Group work of the Specificity Working Party"

**Note: This session does not offer Continuing Education Credit.**

Papers from two different North American Working Parties on Psychoanalysis will be presented demonstrating their group research studying the analytic process. The first paper from the Comparative Clinical Methods Working Party, co-chaired in North America by Dr. Bronstein and Dr. Rudden, addresses the multiple differing techniques subsumed under "work in the here and now". The second from the Working Party on the Specificity of Psychoanalytic Treatment Today, chaired in North America by Ms. Shaw and in France by Dr. Valon, addresses the specificity of psychoanalytic treatment and analytic group work using free association with findings from their groups. Ms. Hoijman, Secretary, Paris Group, WPSPTT, from the Paris Psychoanalytic Society will discuss.

FRIDAY



# DAILY SCHEDULE

2:00 P.M. – 3:30 P.M. continued



## DPE SEMINAR: THINKING CRITICALLY ABOUT PSYCHOANALYTIC EDUCATION

Chair: Britt-Marie Schiller, Ph.D. (Saint Louis, MO)  
Presenters: Gail Glenn, M.A.Ed. (Saint Louis, MO)  
Ellen Rees, M.D. (New York, NY)

Approaching psychoanalytic education from a perspective of critical thinking equips candidates with tools for orienting themselves among the many theories, methods, and techniques to which they are exposed. This panel offers two creative ways of infusing critical thinking into the curriculum. One approach is to emphasize directly the importance of critical thinking via courses in epistemology. Dr. Ellen Rees will describe the Critical Thinking Sequence at The Columbia Center for Psychoanalytic Training and Research, the curriculum itself, and the considerations and problems that they have encountered. A second approach is to use clinical courses to demonstrate critical thinking in the clinical encounter. Ms. Gail Glenn's presentation will describe the purpose and process of integrating didactic material with clinical process, as she teaches a developmental Clinical Case Conference sequence at the St. Louis Psychoanalytic Institute.

After attending this session, participants should be able to: 1) Explain how to teach candidates to think critically about psychoanalytic knowledge; 2) Describe how to use scientific papers to improve and focus candidates' learning and integration during case conference. **CEC: 1.5**

2:00 P.M. – 4:00 P.M.

## SOCIAL EVENT: POSTER SESSION REFRESHMENT BREAK

Cookies and coffee will be provided at the Poster Session between 2:00 p.m. and 4:00 p.m. sponsored by the Austen Riggs Center.

2:00 P.M. – 5:00 P.M.

## PANEL I: BETWEEN INSIGHT AND CHANGE

Chair: Theodore J. Jacobs, M.D. (New York, NY)  
Presenters: Anne J. Adelman, Ph.D. (Bethesda, MD)  
Maxine K. Anderson, M.D. (Seattle, WA)  
Irwin Hirsch, Ph.D.\* (New York, NY)  
Anton O. Kris, M.D. (Cambridge, MA)

This panel was proposed by Dr. Theodore J. Jacobs. The aim of this panel is to address a centrally important problem in treatment, one encountered

by every analyst and analytic therapist dealing with patients who, despite achieving considerable insight, do not change. Four experienced clinicians representing different viewpoints and perspectives will address this challenging issue. Utilizing clinical examples, they will discuss ways of thinking about and approaching this problem that they have found to be effective. Active engagement with and contributions from the audience will be encouraged.

After attending this session, participants should be able to: 1) Describe the underlying causes of a patient's inability to change; 2) Utilize techniques and approaches that will effectively engage and ameliorate the patient's resistances to, and fears of, change. **CEC: 3**

## UNIVERSITY FORUM: RACISM IN AMERICA IV: RETURN OF THE BIOLOGICAL RACE: HAS THE OLD BECOME NEW AGAIN?

Chair: Beverly J. Stoute, M.D. (Atlanta, GA)  
Presenters: Evelyn Hammonds, Ph.D.\* (Cambridge, MA)  
Dorothy Roberts, J.D.\* (Philadelphia, PA)  
Discussant: Dionne R. Powell, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

In the fourth part of University Forum: Racism in America we expand our vital discussion of race to contrast how the categorization of race as a social construct versus racial difference as a biological entity impact theory formulation and practice in the biological and psychological sciences. Evelyn Hammonds, Ph.D., formerly Dean of Harvard College, who holds joint appointments in the Department of the History of Science and the Department of African and African American Studies at Harvard, will integrate the history of sociopolitical concepts of race, the history of disease, and public health, in the sciences and medicine, and present "The Return of Biological Race in the 21st Century?" Dorothy Roberts, J.D., an acclaimed scholar of race, gender and the law, in the University Pennsylvania Law School and Departments of Africana Studies and Sociology, will review advances in scientific research that elucidate race-based genetic differences in the human genome, and propose an alternative model for studying race and racism in, "Racism, and the New Racial Science in the Genomic Age."

After attending this session, participants should be able to: 1) Describe how the concept of the race

*continued*

FRIDAY

# DAILY SCHEDULE

## 2:00 P.M. – 5:00 P.M. continued

as a biological entity has affected how we think about illness, disease and social inequity in the biological and social sciences; 2) Discuss how new genomic research affects how we think about race as a biological and social construct and further contributes to social inequities. **CEC**: 3

## 5:15 P.M. – 7:00 P.M.

### PLENARY ADDRESS AND PRESENTATION OF AWARDS

#### Distinguished Contributor Award

**Michael Farrin**

#### Edith Sabshin Teaching Award

**Devra Adelstein, L.I.S.W.** (Cleveland Psychoanalytic Center)

**Yulia Aleshina, Ph.D.** (Washington Baltimore Center for Psychoanalysis)

**Leonard Horwitz, Ph.D.** (Greater Kansas City Psychoanalytic Institute and the Greater Kansas City & Topeka Psychoanalytic Center)

**Eileen Kavanagh, M.D., M.P.A.** (Association for Psychoanalytic Medicine affiliated with Columbia University)

**Mark Moore, Ph.D.** (Psychoanalytic Center of Philadelphia)

**Jane L. Rosenthal, M.D., FACLP** (Columbia University Center for Psychoanalytic Training and Research)

#### APsaA Schools Committee Anna Freud Educational Achievement Award

**Lucy Daniels Center**

#### Excellence in Journalism Award

**Laura Stanthanam**: PBS NewsHour



#### Plenary Address: "Disrupting the Story: Enter Eve"

Chair: **William C. Glover, Ph.D.**, President-Elect (San Francisco, CA)

Introducer: **Henry J. Friedman, M.D.** (Cambridge, MA)

Speaker: **Carol Gilligan, Ph.D.\*** (New York, NY)



Addressed to psychoanalysts and psychotherapists, this session will focus on disruption: its clinical manifestations and its theoretical ramifications. The historical association of a disruptive voice with a woman's voice will be considered and the story of Eve will be revisited in light of contemporary insights. Educational methods will involve the presentation of research evidence and a new framework for understanding the function of disrupting a story that otherwise can appear natural or inevitable. The implications for

clinical practice will be considered.

After attending this session, participants should be able to: 1) Analyze the different voices of disruption in theoretical and clinical narratives; 2) Describe the historical association of the disruptive voice with a woman's voice and a new framework for understanding the function of disruption. **CEC**: 1.5

## 7:00 P.M. – 9:00 P.M.

### SOCIAL EVENT:

#### COCKTAIL PARTY FOR FELLOWSHIP PROGRAM ALUMNI AND CURRENT FELLOWS

The Fellowship Committee is pleased to host a cocktail party in honor of Fellowship Program alumni. Former and current fellows and mentors are encouraged to attend to renew old connections and develop new ones.

## 7:30 P.M.

### SOCIAL EVENT:

#### PRIVATE TOUR INSIDE GRAND CENTRAL TERMINAL

*A limited number of spots were available during preregistration only. There is no on-site registration.*

*No refunds but registrations are transferable.*

Join fellow attendees for a private tour of Grand Central Terminal, a National Historic Landmark since 1976. When the plenary ends, we'll get to know each other over a sandwich dinner; afterwards a knowledgeable local guide will introduce us to a true New York City institution: Grand Central Terminal. The tour focuses on architectural highlights of the terminal and provides stories about little-known secrets (do you know about the tennis courts on the 4th floor?), anecdotes, archival material, and history of the terminal. And the best part is that you don't have to bring your coat – we'll go straight from the Hyatt to the terminal without stepping outside.

FRIDAY



# DAILY SCHEDULE

**SATURDAY, FEBRUARY 15, 2020**

**For room locations see middle insert.**

**7:30 A.M. – 8:45 A.M.**

**COFFEE WITH A DISTINGUISHED ANALYST:  
DR. WARREN S. POLAND**

Chair: Holly Crisp, M.D. (Houston, TX)  
Presenter: Warren S. Poland, M.D. (Washington, DC)

Candidates and trainees need mentoring and inspiration from distinguished analysts. Join renowned analyst and writer Dr. Warren Poland for a conversation on his ideas about psychoanalytic practice and thinking. Dr. Poland has practiced psychoanalysis for over half a century. He has written about the process of witnessing in analysis and has sensitively illuminated the analytic endeavor. In the discussion, Dr. Poland will share his thinking that no two people are the same, that there is a value in approaching every “patient” like an original inquiry, with respect for the person’s unique validity, not as a specimen of pathology nor as the cause to search for illustrations of the fashionable theory du jour. In this informal discussion attendees are encouraged to engage in discussion.

After attending this session, participants should be able to: 1) Analyze historical trends in psychoanalytic practice and theory; 2) Utilize current trends in psychoanalytic thinking in clinical work, educational classes, and writing. **CEC: 1.25**

**9:00 A.M. – 11:30 A.M.**

**CLINICAL CONFERENCE 2 FOR RESIDENTS,  
PSYCHOLOGY AND SOCIAL WORK TRAINEES,  
AND STUDENTS, PRESENTED BY APSAA  
FELLOWS: THE TALKING CURE, THE SILENT  
PATIENT AND THE ENACTMENT**

Chair: Hannah Zeavin, Ph.D.\* (Berkeley, CA)  
Presenter: Francesca Engel, M.D.\* (Philadelphia, PA)  
Discussant: Dorothy E. Holmes, Ph.D., ABPP  
(Bluffton, SC)

How do we understand and work with silence? Silence in psychodynamic psychotherapy has traditionally been conceptualized as resistance. Patients who have experienced trauma commonly present with psychic fragmentation, silence, and non-verbal expression. This is challenging for therapists as treatment can be enactment-prone. This case conference will explore silence and how it relates to enactment within the therapist-patient dyad. Clinical material from the treatment of a young African-American patient will demonstrate

different manifestations of silence and how cultural pressures might play a role. Silence as a form of countertransference enactment will be discussed, as well as techniques for tolerating and working through inevitable silences.

After attending this session, participants should be able to: 1) Describe meanings of silence in psychotherapy treatment and plan strategies to work through silence; 2) Predict enactment-prone situations and identify enactment in treatment.

**CEC: 2.5**

**9:00 A.M. – 12:00 P.M.**

**CHILD AND ADOLESCENT PANEL:  
PSYCHOANALYTIC PERSPECTIVES ON AUTISM  
ACROSS THE LIFESPAN**

Chair: Claudia Lament, Ph.D. (New York, NY)  
Presenters: Christina Emanuel, Psy.D.\* (Pasadena, CA)  
Robert Hendren, D.O.\* (San Francisco, CA)  
Barbara Kalmanson, Ph.D.\* (Kentfield, CA)  
Susan P. Sherkow, M.D. (New York, NY)

Discussant: Christine Kieffer, Ph.D., ABPP (Chicago, IL)

This panel was proposed by Dr. Susan P. Sherkow.

Only recently have psychoanalysts begun to appreciate the significance of autistic features in difficult to treat analytic patients of all ages. In order to demonstrate clinical dilemmas related to Autism Spectrum Disorder (ASD) and techniques helpful in the treatment of ASD patients, the panel will cover an introduction to the science of autism by Robert Hendren, a psychiatric researcher, and three clinical cases of ASD patients – preschool, 9-year-old, and adult – by experts in the field. The presenters will include Barbara Kalmanson (Floortime and early childhood), Susan Sherkow (child analytic treatment of autism), and Christina Emanuel (analytic treatment of ASD adults).

After attending this session, participants should be able to: 1) List three clinical features of autism that can be identified throughout the lifespan; 2) Describe two clinical techniques that are needed to work effectively with ASD patients. **CEC: 3**

SATURDAY

# DAILY SCHEDULE

9:00 A.M. – 12:00 P.M. continued

## PANEL II: SUPERVISOR-PATIENT-SUPERVISEE: A COMPLEX CHEMISTRY

Chair &

Discussant: Marianne Robinson, M.S.W., L.C.S.W.  
(Anchorage, AR)

Presenters: Rochelle Broder, Ph.D.  
(Huntington Woods, MI)

Lawrence J. Brown, Ph.D.  
(Newton Center, MA)

Nancy Kulish, Ph.D. (Birmingham, MI)

This panel was proposed by Dr. Nancy Kulish

This panel is targeted to clinicians from all levels: students and clinicians who are presently or previously engaged in supervision. The focus is on the complexities in the supervisory situation, viewed as a field of communications among patient, supervisee, supervisor, and the institutional context of the supervision, and how theoretical ideas can be carried over into therapeutic situations. The lecture contains theory, information, and clinical examples and allows for further questions from the audience, who will be exposed to new information and thinking about supervision. All of the presenters are seasoned educators. One is a recent graduate who will describe factors in supervision from the supervisee's perspective. The others are experienced educators who have written about, studied, and engaged in psychoanalytic supervision for many years.

After attending this session, participants should be able to: 1) Discuss the external and internal influences at play on the minds of supervisors and their ability to supervise and evaluate supervisees' clinical work; 2) Discuss the concept of parallel process as a multi-faceted and directional field.

**CEC: 3**



## DPE PSYCHOANALYTIC SCHOLARSHIP FORUM: SHOULD FREE ASSOCIATION STILL BE THE BASIC METHOD OF PSYCHOANALYTIC TREATMENT? IMPLICATIONS FOR EDUCATION AND TRAINING

Chair: Erik Gann, M.D. (San Francisco, CA)

Presenters: Barnaby B. Barratt, Ph.D., D.H.S.  
(Johannesburg, South Africa)

Dominique Scarfone, M.D.\*  
(Montreal, Canada)

Discussant: Anton O. Kris, M.D. (Cambridge, MA)

This session will address the decreased emphasis on the free association method in current

psychoanalytic practice. Presentations by three leading analysts who have written extensively on the method as the essential technique in clinical work will support the recommendation that free association needs to be underscored in student education and training. The impact of the patient's freely associating will be given careful consideration to determine if it provides the only access to the deepest aspects of an individual's psychic world—and what the implications are of abandoning this method for another.

After attending this session, participants should be able to: 1) Analyze the nature and observable criteria for the presence of free association in the patient's material; 2) Explain the critical importance of promoting and utilizing the free association method in work with patients to achieve the deepest and most comprehensive analytic process and results.

**CEC: 3**

10:00 A.M. – 12:00 P.M.



## SCIENCE DEPARTMENT SESSION 1: EMPIRICAL RESEARCH IN PSYCHOANALYTIC THEORY: ESCAPING GRÜNBAUM'S CIRCULARITY CRITICISM

Chair: Robert Galatzer-Levy, M.D. (Chicago, IL)

Presenter: Ariane Bazan, Ph.D.\* (Brussels, Belgium)

The crisis in empirical psychoanalytic theory is not only due to the scarcity of academic psychodynamic research worldwide. It is also due to the type of research which is published—typically case studies or psychotherapy process research. A fundamental dialogue of sciences on mental organization will require another type of research, avoiding Grünbaum's circularity criticism (that one needs to have training in psychoanalysis to understand psychoanalytic research). In this presentation we will present three ways to escape this circularity: (1) 'measurement' of forms instead of contents, (2) through naïve judges, (3) of neural correlates (dynamical processes). Concrete examples will be presented, with a special focus on Freudian primary and secondary processes and their measurement, involving geometrical forms (GeoCat), word lists, and rebuses.

After attending this session, participants should be able to: 1) Explain the necessity to escape the problem of circularity and allow psychoanalytic research to participate in a dialogue of sciences on mental organization; 2) Describe three ways to escape the problem of circularity (that one needs to have training in psychoanalysis to understand psychoanalytic research).

**CEC: 2**

SATURDAY



# DAILY SCHEDULE

11:30 A.M. – 1:30 P.M.

## COMMITTEE SPONSORED WORKSHOP 10: PRACTICE BUILDING TODAY: WIDENING THE SCOPE OF PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY PART 1: UNDERSTANDING QUEER THEORY

Chair &

Presenter Susan Flinders, Ph.D. (Chelsea, MI)

Presenters: Jack Drescher, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

This session is designed to help psychoanalytic practitioners become more aware of how to think about and work with individuals identified with varied genders and sexualities through an interactive discussion about Queer Theory. In this way, we hope to address environmental and self-induced biases that might keep them from offering more psychoanalysis/psychoanalytic treatment to their patients with more diverse gender and sexual identifications. This awareness will be discussed interactively with professionals with background in the area of queer theory. There will be time for questions and discussion to help increase the interpersonal competence and confidence needed to offer psychoanalysis/psychoanalytic therapy to more patients.

After attending this session, participants should be able to: 1) List environmental and self-induced biases that limit offering more psychoanalysis/psychoanalytic treatment to patients with more diverse gender and sexual identifications; 2) Compare Queer Theory as it relates to psychoanalysis on the topics of normality and developmental issues.

**CEC: 2**

12:00 P.M. – 1:30 P.M.

## PSYCHOANALYSIS IN THE COMMUNITY SYMPOSIUM: OF ABRAHAM, ISHMAEL, AND ISAAC: UNCONSCIOUS AND LARGE GROUP DYNAMICS AFFECTING ABRAHAM'S LEGACY

Chair &

Presenter: Jeffrey Taxman, M.D. (Mequon, WI)

Presenters &

Discussants: Yasser Ad-Dab'bagh, M.D.  
(Dammam, Saudi Arabia)

M. Sagman Kayatekin, M.D. (Houston, TX)

One of the oldest and richest sagas in the western world is the legacy of the Abrahamic traditions. The cultures derived from Abraham have a history of respect and cooperation mixed with distrust

and resentment for as long as they have existed. Much of this is founded in a lack of understanding of the others' beliefs as well as culture-specific transgenerational transmission of cultural lore, faith, and community. As crucial now as ever before, this symposium will explore some of the psychoanalytically potent, and historically significant, factors crucial to psychoanalysts' understanding relationships between Jews and Arabs (two autochthonous peoples of the Middle East and the immigrant nomads of Asia: Turkic people) as well as the dynamics between Christians, Muslims, and Jews.

After attending this session, participants should be able to: 1) Apply the historical, cultural and religious background of the Abrahamic legacy to current individual and community interventions; 2) Critique current individual, cultural, and political conflicts between (and among) Jews, Arabs, Muslims, and Christians. **CEC: 1.5**



## PSYCHOANALYSIS AND NEUROSCIENCE SYMPOSIUM: CLINICAL IMPLICATIONS OF NEUROPSYCHOANALYSIS: A CASE REPORT AND DISCUSSION

Chair: Richard J. Kessler, D.O.  
(Long Island City, NY)

Presenter: Charles P. Fisher, M.D. (Berkeley, CA)

Discussant: Mark Solms, Ph.D. (Cape Town, South Africa)

In this symposium, Dr. Mark Solms will discuss clinical and theoretical implications of neuropsychanalysis. Repression is the premature automatization of unconscious predictions, which are solutions to problems arising from instinctual needs/affects. What is mutative in treatment is not the disconfirmation of an unconscious prediction through 'corrective emotional experience' but the fact of transference interpretation problematizing it. The aim is to re-link an underlying instinctual need with the patient's prediction as to how it may be met which can be thought about afresh in relation to current transference feelings, and thus problematized. This promotes reconsolidation of declarative memories, derived from the repressed, and the establishment of new procedural and emotional memories alongside the older ones. These concepts will be applied to a fresh case presentation.

After attending this session, participants should be able to: 1) Explain the concept of repression as premature automatization of unconscious predictions; 2) Describe how allowing patients' predictions to be analyzed via work in the transference leads to new procedural and emotional memories. **CEC: 1.5**

SATURDAY

# DAILY SCHEDULE

12:00 P.M. – 1:30 P.M. continued

## **SYMPOSIUM II: THE #METOO MOVEMENT AND MUSIC EDUCATION**

Chair &  
Presenter: Julie Jaffee Nagel, Ph.D. (Ann Arbor, MI)  
Presenters: Gary Ingle, D.M.A.\* (Cincinnati, OH)  
Harriet L. Wolfe, M.D. (San Francisco, CA)

Music teachers work with their students in unique circumstances that can create a potential “perfect storm.” This includes the close music teacher/student one to one relationship, teaching behind closed doors, physically illustrating technical approaches which involve touching students, using evocative language to shape musical interpretations. For those inclined, these valid and useful teaching techniques can slide down a slippery slope to sexual abuse. The results are traumatic and life altering. The #MeToo Movement has brought actions from back stage (and behind closed doors) to center stage (and a national audience). While a majority of teachers and professional musicians do not violate ethical norms the #MeToo Movement has become a subject that demands attention in music education, mental health, and society. The work of Dr. Gilbert Kliman will be presented by Dr. Harriet Wolfe.

After attending this session, participants should be able to: 1) Explain the “perfect storm” in music teaching that may predispose some teachers and students to engage in unethical enactments; 2) Describe addiction to celebrity and the “star” system that are relevant in ethical violations in music teaching and the performing arts. **CEC: 1.5**

2:00 P.M. – 3:30 P.M.

## **SCIENCE DEPARTMENT SESSION 2: PSYCHODYNAMIC TREATMENTS FOR CHILDREN AND PARENTS: RESULTS OF A RANDOMIZED CONTROLLED TRIAL AND A HOSPITAL-BASED OPEN TRIAL**

Chair: Marianne Leuzinger-Bohleber, Ph.D.\*  
(Frankfurt, Germany)  
Presenters: Tracy A. Prout, Ph.D.\* (Bronx, NY)  
Amanda Zayde, Psy.D.\* (New York, NY)

This session presents findings from two recent studies of psychodynamic treatments for children and parents. Regulation Focused Psychotherapy for Children (RFP-C) is a brief psychodynamic treatment for children with externalizing problems. In this session, results of a three-year randomized controlled trial of RFP-C will be presented in tandem with clinical material, including video clips of sessions. The Connecting and Reflecting

Experience (CARE) program is a brief mentalizing-focused group intervention that serves primary caregivers of children from birth to 18 years of age within a diverse community with high levels of trauma exposure. In this session, results from a two-year pilot study will be presented; qualitative findings and case material will also be used to illustrate group processes and shifts in parental reflective functioning.

After attending this session, participants should be able to: 1) Discuss Regulation Focused Psychotherapy for Children and identify three key interventions of the treatment; 2) Describe the role and importance of parental mentalizing capacities in facilitating the intergenerational transmission of attachment security. **CEC: 1.5**

## **SCIENTIFIC PAPER 2: UNCONSCIOUS FANTASY IN TRAUMA AND PSYCHOSOMATICS: A TERMINATION WITH CONSIDERATION OF MANIC REPAIR V. REPARATION**

Chair: Kay M. Long, Ph.D. (New Haven, CT)  
Author: Paula L. Ellman, Ph.D., ABPP  
(North Bethesda, MD)

Discussant: Shelley Rockwell, Ph.D. (Washington, DC)

This paper highlights working with unconscious fantasy during a termination of a case. Clinical material from the last eight months of an 8-year analysis is presented. The material brings focus to losses and the concomitant need to disavow loss. The paper considers the place of unconscious fantasy and the manic defenses, and the reworking of earlier trauma that allows for reparation in termination. Discussion of paper will be offered from a modern Kleinian perspective.

After attending this session, participants should be able to: 1) Describe the difference between reparation and manic repair through working with unconscious fantasies in the context of termination; 2) Utilize an integration of modern Kleinian and contemporary Freudian perspectives in termination work. **CEC: 1.5**

## **SCIENTIFIC PAPER 3: ‘THE PLAY’S THE THING’: FROM NIGHTMARE WORLD TO PLAY SPACE IN A FIVE-YEAR-OLD**

Chair: James M. Herzog, M.D. (Brookline, MA)  
Author: Mary Brady, Ph.D. (San Francisco, CA)  
Discussant: Christine Anzieu-Premmereur, M.D., Ph.D.  
(New York, NY)

This program is targeted to either child or adult analysts, candidates or other mental health professionals. Play is the corollary to free association

*continued*

SATURDAY



# DAILY SCHEDULE

## 2:00 P.M. – 3:30 P.M. continued

in child analysis, or better put, free association is the corollary to play in adult analysis. Child or adult analysts will benefit by observing shifts from play states to perseverative action or overwhelming waking nightmares. When playing collapses the analyst's work is to assist the child towards a state of being able to play. While we will be focusing on the treatment of a five-year-old boy, links will be made to similar collapses of free association in adult patients. Dr. Mary Brady and Dr. Christine Anzieu-Premmereur are both experienced in Child and Adult Psychoanalysis.

After attending this session, participants should be able to: 1) Describe shifts from play space to perseverative action or overwhelming waking nightmare; 2) Explain how the analyst's state of mind (which listens in a rigorous, complex manner, yet is open to spontaneously occurring unconscious processes) can facilitate the child's return to a play space. **CEC: 1.5**

## 2:00 P.M. – 4:00 P.M.

### EXPERIENTIAL PROCESS GROUPS: RACE/ETHNICITY AND GENDER/SEXUALITY (PART 2).

*Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.*

This is a two-part session. For description and educational objectives see Part 1 on Thursday at 9:00 a.m. Participants are expected to attend both days. **CEC: 2**

### NAPSAC CLINICAL WORKSHOP

Chair: Leigh Tobias, Ph.D.\* (Beverly Hills, CA)  
Discussants: Batya R. Monder, M.S.W., B.C.D.\* (New York, NY)  
Gary Grossman, Ph.D. (San Francisco, CA)  
Mary Kay O'Neil, Ph.D.\* (Toronto, Canada)  
Reader: Johanna Boyce, L.I.C.S.W.\* (Burlington, VT)

Using anonymous verbatim clinical material, a panel of analysts from the IPA North American region and attendees together hear an hour(s) for the first time, then associate to the material as freely as possible. A reader (not the treating analyst) reads the material out loud. First the panelists respond, then the audience is invited to respond. The goal is to form a working group to observe how the mind of an analyst works in "real time," as close to an actual session as possible. The function of the workshop is to provide an opportunity for a clinical

discussion among colleagues with a diversity of theoretical viewpoints, in an atmosphere free of any supervisory dynamics. This workshop is targeted towards seasoned analytic clinicians.

After attending this session, participants should be able to: 1) Describe three different theoretical approaches to the same clinical material; 2) Create clinical formulations from different theoretical perspectives. **CEC: 2**

## 2:00 P.M. – 5:00 P.M.

### PANEL III: ADDRESSING ETHICS, TRANSGRESSIONS, AND A CULTURE OF SILENCE IN OUR INSTITUTES

Chair &  
Presenter: Stephanie Schechter, Psy.D. (Cambridge, MA)  
Discussants: Susan Kattlove, M.D. (Cambridge, MA)  
Alistair A. McKnight, Psy.D., L.M.H.C. (Cambridge, MA)  
Judith Yanof, M.D. (West Newton, MA)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.*

This panel was proposed by Dr. Stephanie Schechter. The Boston Psychoanalytic Society and Institute, like many other institutes, has suffered a traumatic history in terms of sexual transgressions by analysts. In the wake of these incidents, members struggled to talk openly about these events. Over the past several years, we have developed a specific approach to address the culture of silence which exists around questions of ethics and professional conduct, from the egregious to the commonplace. This method involves the use of elaborated, experience-near fictional vignettes which present complex, nuanced dilemmas. The presenters represent a cross-section of our members, from a newly graduated analyst to a senior training analyst. Both large and small group formats will be used to discuss two vignettes and examine implications of discussing ethical dilemmas with colleagues.

After attending this session, participants should be able to: 1) Describe multiple reasons why institutes struggle to maintain open discussion and dialogue in the wake of sexual transgressions by analysts in their community; 2) Assess the value and usefulness of the use of fictional vignettes within their own institutes to foster open discussion of ethical conflicts and dilemmas. **CEC: 3**

# DAILY SCHEDULE

2:00 P.M. – 5:00 P.M. continued

## FILM WORKSHOP 2: HOMAGE TO BERNARDO BERTOLUCCI: “LAST TANGO IN PARIS”

Chair: Bruce H. Sklarew, M.D. (Chevy Chase, MD)  
Presenter: Esther Rashkin, Ph.D., L.C.S.W.\*  
(Salt Lake City, UT)

When “Last Tango in Paris” exploded on the film scene in 1972, many sought Freudian explanations for the film’s troubling depictions of sadomasochistic sex. Our discussion will shift focus to the French/Hungarian analysts Nicolas Abraham and Maria Torok’s innovative work on pathological mourning, and specifically their theories of “illness of mourning,” “the intrapsychic crypt,” and “the exquisite corpse.” This will facilitate exploring how the film’s sadomasochism and verbal violence are linked to the protagonist’s inability to mourn a loss, and how shameful, unspeakable secrets can obstruct the mourning process, which has been a gap in our knowledge about the origins, dynamics, and treatment of pathological mourning in patients.

After attending this session, participants should be able to: 1) Explain Nicolas Abraham and Maria Torok’s concept of the illness of mourning; 2) Describe how the film links the protagonist’s sadomasochistic behavior to the concealment of a shameful, unspeakable secret that obstructs the mourning process, and how this secret can be decrypted from the film. **CEC: 3**



## DPE IDEA INCUBATION WORKSHOP

Chair: Richard Tuch, M.D. (Los Angeles, CA)  
Panelists: Jay Greenberg, Ph.D. (New York, NY)  
Theodore J. Jacobs, M.D. (New York, NY)  
Arnold D. Richards, M.D. (New York, NY)  
Alan Sugarman, Ph.D. (Solana Beach, CA)  
Presenters: Lynne Gillick, Ph.D. (Castle Rock, CO)  
Agnes Regeczkey, L.M.F.T., Ph.D.  
(Rolling Hills Estates, CA)

This workshop is designed for those interested in brainstorming a psychoanalytically-related notion they’ve been mulling over and would like to develop into a publication-worthy contribution to the literature. A few selected attendees will present such ideas to a panel of writers/editors who will demonstrate how they’d approach the subject: how they’d go about developing the idea into one that’s sufficiently researched and considered that it could then be fashioned into an article that journals would seriously consider. The workshop is geared both to presenting attendees and to attendees who are

interested in observing this process at action.

After attending this session, participants should be able to: 1) Revise a psychoanalytically-related idea into a fully considered and researched concept; 2) Write a publication-ready article for submission.

**CEC: 3**

3:30 P.M. – 5:00 P.M.

## SCIENCE DEPARTMENT SESSION 3: CURRENT FINDINGS IN NEUROPSYCHOANALYSIS

Chair: Richard J. Kessler, D.O. (Long Island City, NY)  
Presenter: Margaret R. Zellner, Ph.D., L.P.\*  
(New York, NY)

Modern neuroscience has allowed us to recognize more complex and dynamic organizing principals of brain functioning. This development has encouraged exploration of basic psychoanalytic principles within neuropsychology. For example, understanding the brain networks that process memory, fantasy, emotion and value has offered insights into the essentials of human motivation. We now have new accounts of the functioning and interdependence of these networks (default mode and salience respectively). Inevitably, this clarifies the need for a sound theory of drives, and a reconsideration of traditional drive theory. And so it is with greater knowledge of the complexity of memory systems. New information challenges our understanding of the therapeutic process and at the same time reveals to us the nature and power of psychoanalysis to promote change.

After attending this session, participants should be able to: 1) Describe how the functioning of brain networks that process memory, fantasy, emotion, and value generates new insights into human motivation; 2) Explain how new insights into brain networks call for a reconsideration of psychoanalytic drive theory. **CEC: 1.5**

5:15 P.M. – 7:15 P.M.

## SPECIAL SYMPOSIUM: 100 YEARS AFTER “BEYOND THE PLEASURE PRINCIPLE”: OUR CONTEMPORARY TRAUMATIZING SURROUND: RACISM, CLIMATE CHANGE, AND MIGRATION: AN INTERGENERATIONAL DISCUSSION

Moderators: Donald B. Moss, M.D. (New York, NY)  
Lynne Zeavin, Psy.D. (New York, NY)  
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)  
Carol Gilligan, Ph.D.\* (New York, NY)  
Francisco Gonzalez, M.D.\*  
(San Francisco, CA)

*continued*

SATURDAY



# DAILY SCHEDULE

## 5:15 P.M. – 7:15 P.M. continued

Dorothy E. Holmes, Ph.D., ABPP  
(Bluffton, SC)  
Robert Jay Lifton, M.D.\* (New York, NY)  
Ann Pellegrini, Ph.D.\* (New York, NY)  
Irma Brenman Pick\* (London, England)  
Luis H. Ripoll, M.D. (New York, NY)

*Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.*

In a round-table discussion, eight participants will address issues pertaining to the traumatizing surround common to them and to the audience—with a focus on climate change, racism, and migration. This discussion will highlight new ways of thinking about how to interpret the effects of that surround on ourselves and our patients. Dr. Robert Jay Lifton, perhaps the world's foremost authority on these issues, will be joined by a wide range of psychoanalytic thinkers—each of whom has thought deeply about the place of trauma inside and outside the consulting room.

After attending this session, participants should be able to: 1) Describe the intrapsychic effects of the traumatizing external environment; 2) Demonstrate how these effects play out in clinical work to teach other clinicians to attend more effectively to these effects. **CEC: 2**

## 6:30 P.M.

### SOCIAL EVENT: CHOCOLATE TASTING EXPERIENCE AT HOTEL CHOCOLAT ON LEXINGTON AVENUE

Cost: \$25

Start your Saturday night with dessert before dinner! Join us at a special chocolate tasting event at Hotel Chocolat, a boutique shop two blocks from the Grand Hyatt Hotel. We'll be greeted with a chocolate drink on arrival and then be guided through a chocolate tasting with in-house experts. As a parting gift everyone will leave with a six-pack of your favorite treat.

## SUNDAY, FEBRUARY 16, 2020

**For room locations see middle insert.**

## 9:00 A.M. – 11:30 A.M.

### CLINICAL CONFERENCE 3 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: THE BODY AS COMMUNICATIVE AGENT: THE LIMITS OF AN EMBODIED UNCONSCIOUS

Chair: Ahmed Fayed, M.D.\* (Philadelphia, PA)  
Presenter: Tareq Yaqub, M.D.\* (Ann Arbor, MI)  
Discussant: Lynne Zeavin, Psy.D. (New York, NY)

Using case material from a once weekly treatment spanning two years, this clinical case conference explores the ways in which the patient's body is used as a communicative agent that bypasses language (Lemma 2012). Specifically, it explores the anxieties that are transmitted non-verbally by a sexually traumatized patient and how these anxieties manifest within the therapist in the context of supervision. Particular attention is paid to the bidirectional aspect of parallel process and how interactions between therapist and supervisor that are enacted across dyads (Watkins 2015) can be identified and utilized to treat the trainee's patient. Finally, this presentation will explore how to navigate through erotic transference/countertransference issues, as well as feelings of love, when they arise in working with a sexually traumatized patient.

After attending this session, participants should be able to: 1) Analyze the unique ways the body can be used as a communicative agent in a sexually traumatized individual; 2) Utilize the relationship between parallel process in supervision and the transference/countertransference axis within the therapeutic frame. **CEC: 2.5**

SATURDAY

SUNDAY

# DAILY SCHEDULE

9:00 A.M. – 12:00 P.M.

**PANEL IV:  
MOTHERHOOD: RISKS AND RESILIENCE UNDER  
TRAUMATIC CONDITIONS**

Chair &

Discussant: Talia Hatzor, Ph.D. (New York, NY)

Presenters: Essam Daod, M.D.\* (Haifa, Israel)

Judy Roth, Ph.D.\* (New York, NY)

Susan D. Siegeltuch, L.C.S.W., FIPA\*  
(Maplewood, NJ)

This panel was proposed by Dr. Talia Hatzor.

This session is geared towards adult and child psychoanalysts. A panel of clinicians will discuss the current psychic impact of extreme social and traumatic circumstances on parents, specifically mothers and children. The panel will highlight what they have learned about the quality of the parental function and children's attachment needs in these extreme situations. Three experts in working with fleeing, refugee and asylum-seeking families, under extreme circumstances and war conditions, will update the audience and engage in a discussion on the contribution of psychoanalysis to this current issue. The contributions of psychoanalysis and psychoanalysts with specific knowledge in psychic trauma and attachment, containment and holding, will be emphasized.

After attending this session, participants should be able to: 1) Describe the psychic issues parents face as refugees, families living under war conditions, and asylum seekers and the impact it has on their capacity to parent; 2) Explain and utilize psychoanalytic concepts and experiences that are relevant to the work with refugee parents. **CEC: 3**

SUNDAY

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**CEC** = Continuing Education Credits

 = Session Recorded

\*Invited Faculty

**For room locations see middle insert.**



# Confidentiality

The Committee on Confidentiality would like to remind attendees that safeguarding the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented, including in public places such as halls, elevators, and restaurants, or disseminated in written form, whether in print or on the Internet.

- If at any time a participant suspects he or she may recognize the identity of a patient in a case presentation, please leave the session immediately.
- Use of appropriately thick disguise and/or informed consent is imperative when discussing patients. Even when obviously identifying information is changed, seemingly minor details may make the patient recognizable to those who know him or her, and this should be avoided as far as possible.

Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary and/or legal action.

RV 7.21.2019

## Policies

### DIGITAL RECORDING

Portions of the APsaA 2020 National Meeting will be electronically recorded. By participating in this meeting, APsaA registrants agree that APsaA may electronically copy or audio tape their attendance at and involvement in any program. No individual or entity may electronically record any portion of the APsaA 2020 National Meeting without prior written consent.

### PHOTOGRAPHY

Photographs of the APsaA 2020 National Meeting will be taken throughout the program. By attending this conference, APsaA registrants agree their photograph may be used in APsaA member communications and promotional materials.

### PETS

Dogs and other pets (except for service animals) are not allowed in meeting rooms and the exhibit area during any APsaA meeting.

### CANCELLATION

All requests for refunds must be made via email to [cbroughton@apsa.org](mailto:cbroughton@apsa.org). A 20% administrative fee will be deducted from refund requests received on or before Tuesday, January 7, 2020. A 50% administrative fee will be deducted from refund requests received from January 8 to March 3, 2020. No refund requests will be accepted after March 3, 2020.

**For complete APsaA policies visit:  
[apsameeting.org/policies/](https://apsameeting.org/policies/)**



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# Program Participant List

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 Fredric Busch, M.D..... 22

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Irene Cairo, M.D. .... 25  
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 Det. Nicholas Cangelosi..... 29  
 Angela Cappiello, M.D., Ph.D..... 28  
 Andrea Celenza, Ph.D..... 15, 28, 57  
 Christopher Christian, Ph.D..... 40  
 Christian J. Churchill, Ph.D. .... 51  
 Lindsay L. Clarkson, M.D. ....28, 66  
 Bradley Collins, Ph.D. .... 25  
 Marco Conci, M.D..... 29  
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DPE Research Education Dialogue: What do we mean by corrective emotional experience and what is its therapeutic role?  
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DPE Psychoanalytic Scholarship Forum: Should Free Association Still Be the Basic Method of Psychoanalytic Treatment?: Implications for Education and Training  
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Science Department Session 1: Empirical Research in Psychoanalytic Theory: Escaping Grünbaum's Circularity Criticism  
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Special Symposium: 100 Years after "Beyond the Pleasure Principle": Our Contemporary Traumatizing Surround: Racism, Climate Change, And Migration: An Intergenerational Discussion  
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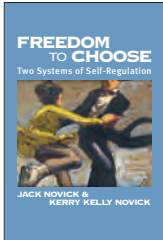


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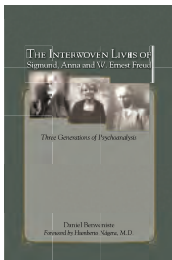
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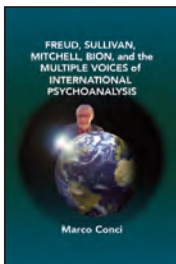
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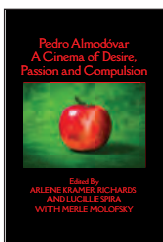


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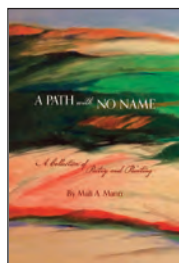


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author of *Psychoanalysis: Listening to Understand*

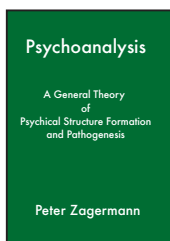


**Mary Davis**

***Patients, Patience and the Talking Cure: A Week in the Mind of a Psychotherapist***

“In this user-friendly and yet theoretically sophisticated monograph, Mary Davis offers the reader a glimpse of how in-depth psychotherapy works to help people. Explicating the importance of the clinical setting and the attitude of the healer, as well as of attuned listening and speaking, Davis lays out a therapeutic roadmap that tackles the tangible (e.g., gifts, medications) and the intangible (e.g. boundaries, transferences) issues in the course of our daily work. Her voice is simultaneously personal and universal. Her text impresses us with its authenticity, depth, and humane cadence.”

—SALMAN AKHTAR, MD, Professor of Psychiatry, author of  
*Psychoanalytic Listening: Methods, Limits, and Innovations*



**Peter Zagermann**

***Psychoanalysis: A General Theory of Psychological Structure Formation & Pathogenesis***

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—STEFANO BOLOGNINI, MD, Past President,  
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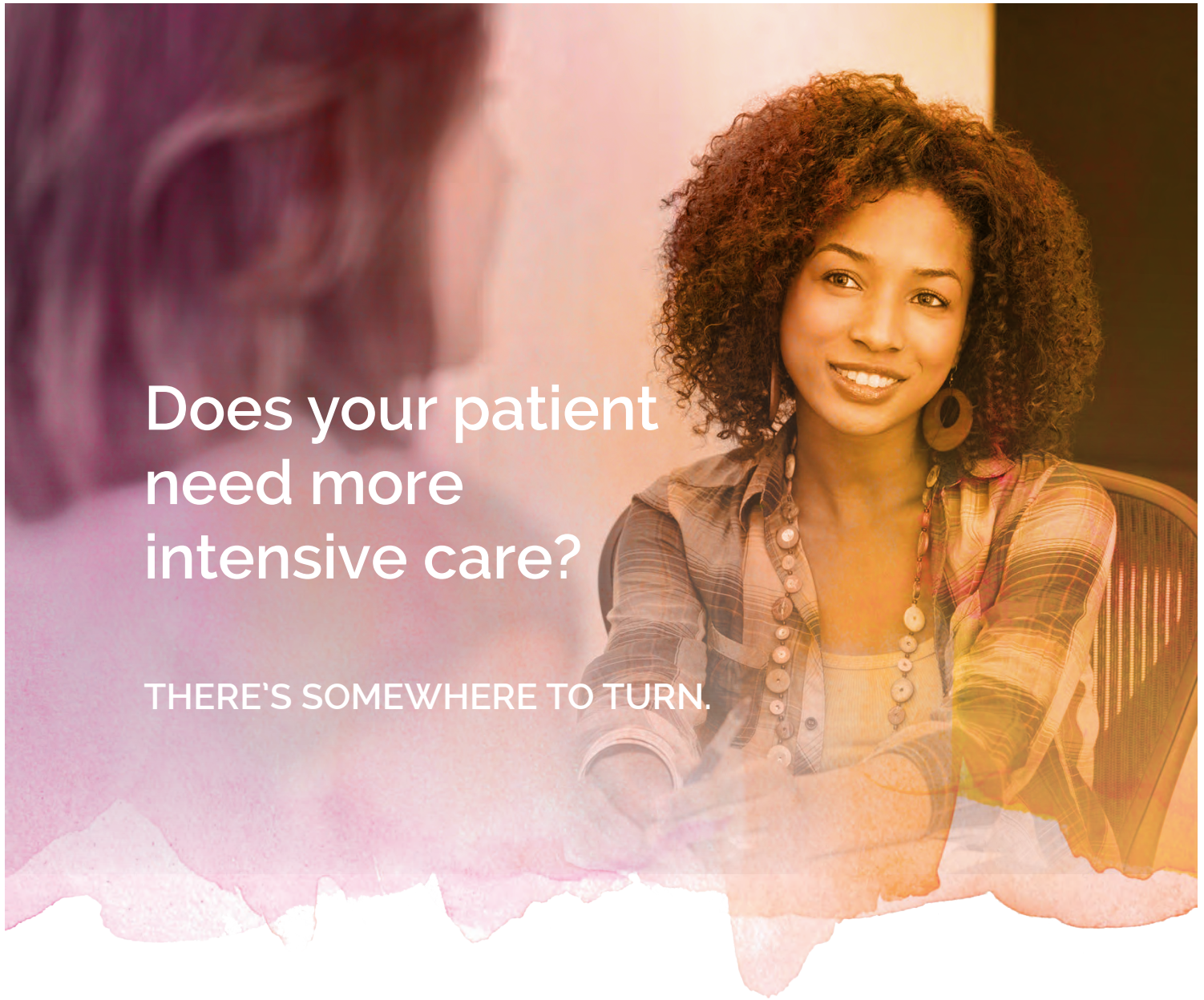
**Sarah Boxer**

***Mother May I? A Post-Floydian Folly***

**AND**

***In the Floyd Archives: A Psycho-Bestiary***

*In the Floyd Archives*, Sarah Boxer’s comic riff on Freud’s case histories, starring Bunnyman (a stand-in for Little Hans), Lambskin (Dora), the Wolfman, and Rat Ma’am, belongs “to the line of erudite, intellectual cartooning exemplified by Jules Feiffer, David Levine and Edward Gorey,” writes Jeet Heer (*The Comics Journal*). Its post-Freudian sequel, *Mother May I*, featuring a little black sheep called Melanin Klein and her kids, Hans Klein, an aggressive bunny, Melittle Klein, a bitter kitten, and Squiggle Piggie, a pig evoking the games of D.W. Winnicott, is “hilarious and terrifying,” says Alison Bechdel (*Fun Home*). Boxer’s “graphic storytelling has this interesting ‘half-conscious, half-unconscious’ quality . . . halfway between a dream and a dream interpretation,” says Austin Ratner (*The Psychoanalyst’s Aversion to Proof*). “So many different glittering facets . . .”



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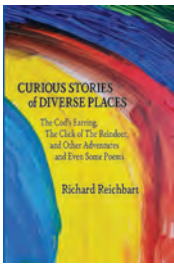
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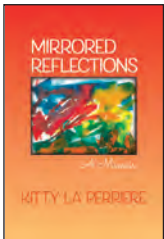
—DAVID JAMES FISHER, author of *Bettelheim: Living and Dying*,  
*Cultural Theory and Psychoanalytic Tradition*, and *Romain Rolland and the Politics of Intellectual Engagement*



**Richard Reichbart**  
***Curious Stories of Diverse Places: The God's Earring,  
The Click of the Reindeer, and Other Adventures and Even Some Poems***

"This beautiful book is a travelogue written by someone who has been to exotic places, lived in them, and learned. But the most moving part of the book is the interior travel that sends the reader careening around loss, sorrow, love, a frozen inability to love, and redemption. The stories and poems stay with you."

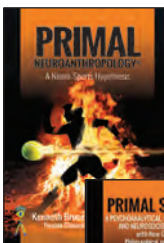
—ARLENE KRAMER RICHARDS, psychoanalyst, poet,  
author of *Psychoanalysis: Listening to Understand*,  
and *The Laundryman's Granddaughter*



**Kitty La Perriere**  
***Mirrored Reflections: A Memoir***

"Mirrored Reflections by Kitty La Perriere is a sweeping and intimate autobiography that lets each reader experience Europe on the edge of the Holocaust, changing language and culture in America, and helping others to survive and thrive. Her story inspires each of us to live our own story."

—GLORIA STEINEM



**Kenneth Bruce Van Gross**  
***Primal Neuroanthropology: A Neuro-Sports Hypothesis***

**AND**

***Primal Sports II: A Psychoanalytical, Psychoneurological and Neurosociological  
Treatise with New Game, Myth, Philosophical and Satire Extras***



In Book I, Dr. Gross writes on the origin and immense power of Sports using perspectives from humans' neurological evolution, growth, development and degeneration to sociological, psychiatric and religious / philosophical domains. He contends that sports gestures, postures, movements and expressions are critical to the primitive consciousness of the sports performer. As Sports Concussion has become a major public health problem, Gross expands on that with the larger inquiry: "What is Sports and why do we play it?" The book is written in a "Pop Neurology" style just as Carl Sagan took Astronomy to the wider population. However, it serves as a new chapter in the Neuroscience of Sports for a vast array of interdisciplinary sports world participants.

In the satire-laden Book II, Gross takes an admittedly "subversive" tone, and seeks, in his words, to "concomitantly embrace and disentangle notions about Sports, whether literary, mythological, neurological, or psychiatric while promoting new formulations and rethinking sacred cows and professional kowtowers, Mau Mauers, flak catchers and pitchers."



# Sydney

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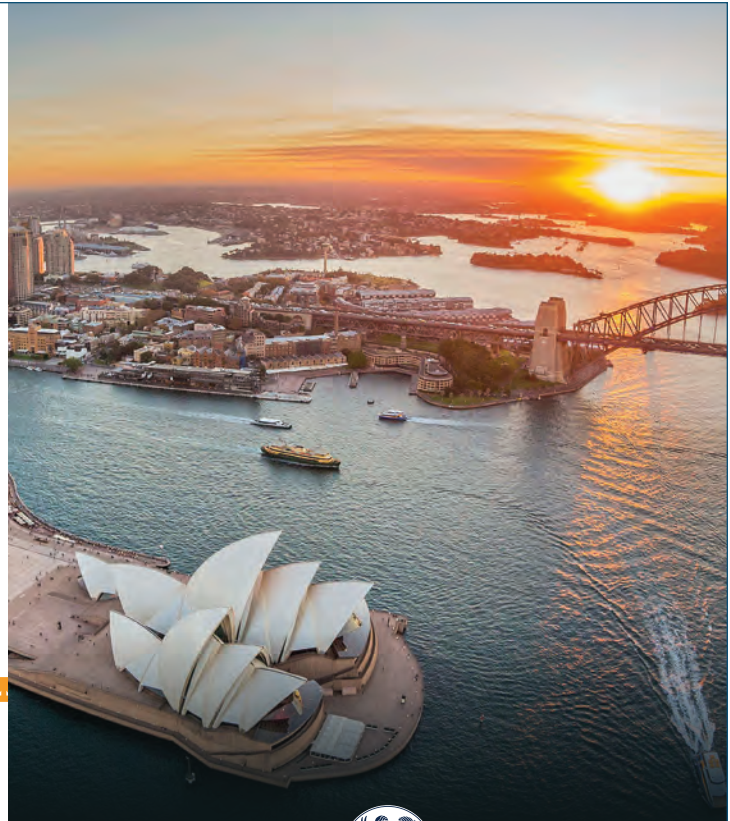
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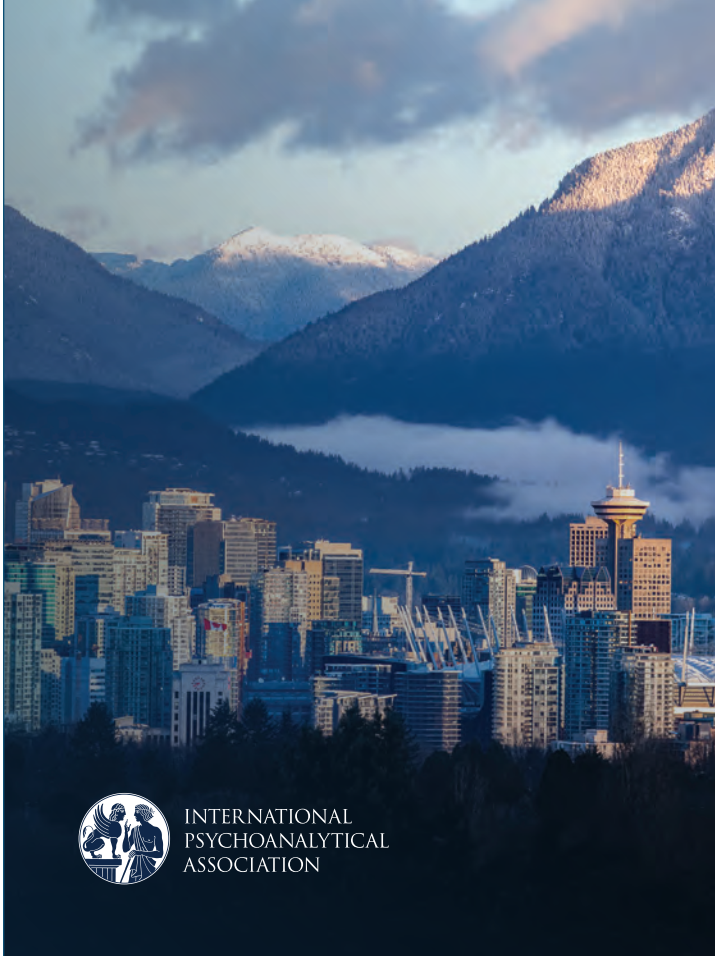


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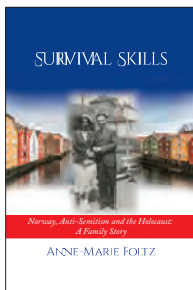
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## Anne-Marie Foltz

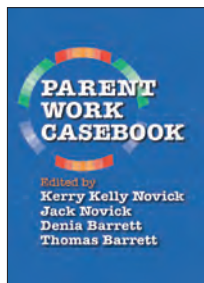
### ***Survival Skills: Norway, Anti-Semitism and the Holocaust: A Family Memoir***

"This spellbinding tale is told over two generations; her parents moving love story emerges through their letters written during pained separations. Anne-Marie Foltz takes us on her risky discovery mission—even into a family mystery researched in contemporary Norway."

—ROSEMARY H. BALSAM, MD, Yale Medical School;  
winner, 2018 Sigmund Award for Psychoanalytic Advancement

"Past and present are always intertwined, whether we are conscious of how much so in our minds, bodies and souls or not. In this stunning memoir, which is also very much a work of history, Anne-Marie Foltz tells the astonishing story of her family and its displacement and survival in World War II Norway, via many other places, to America. Memory can be a tumultuous, mysterious, often hidden storehouse and no keys with which to open it. In adulthood Foltz finally found the right questions that unlocked her parents' theretofore silent and conflicting memories of how and why they left the Nazi Holocaust in Norway, and became displaced but ultimately thriving American Jews."

—DAVID W. BLIGHT, Sterling Professor of History, Yale University, and author of the  
Pulitzer-Prize-winning *Frederick Douglass: Prophet of Freedom*



## Edited by Kerry Kelly Novick & Jack Novick and Denia Barrett & Thomas Barrett

### ***Parent Work Casebook***

How often do we hear, "I don't treat children—it's too hard to work with their parents"? Parent work undoubtedly brings many challenges. This casebook brings together the voices of 40 psychoanalysts from around the world to illustrate contemporary views about whether and how to work with parents. The ideas proposed in the model of dynamic concurrent parent work are illustrated and explored here through clinical vignettes, commentaries from experienced child and adolescent analysts, and reflections by the volume's editors. The value of parent work is affirmed as a substantive contribution to pragmatic, effective, and life-changing child and adolescent psychoanalysis.



## ***JASPER: Journal for the Advancement of Scientific Psychoanalytic Empirical Research***

Editor: **Burton N. Seidler**

**"Who Sez Psychoanalysis Ain't Got No Empirical Research to Back Up Its Claims?"** This provocative title was chosen to parody the silly rush to judgment which took place, and has held fast for at least four decades, about the so-called lack of research in psychoanalysis. As one can see from merely scanning the list of articles that have appeared over the 2 years that *JASPER* has been published, hundreds of empirical investigations have been conducted, comprising excellent research on psychoanalytic and psychodynamic topics that have been published in a wide array of peer-reviewed journals.

This journal's mission is to keep us informed about the great depth and breadth of empirical psychoanalytical work that has been done, which continues to be done. The list of investigations traverses a great deal of psychoanalytic territory, such as: adolescence, adult psychotherapy approaches, affect regulation, alexithymia, alliance, assessment and measurement, attachment, attention deficit hyperactivity disorders, brain changes, castration anxiety, child analysis, consultation, countertransference, defense mechanisms, dreamwork, efficacy of psychoanalysis as compared with other psychotherapies, epistemological understandings, group psychotherapy, insight, mechanisms of change, memory, methodological studies, narcissism, neuroscience, philosophy of science interpretations, process studies, resistance, self, separation anxiety, separation-individuation, supervision, techniques, transference, unconscious, and so on . . .

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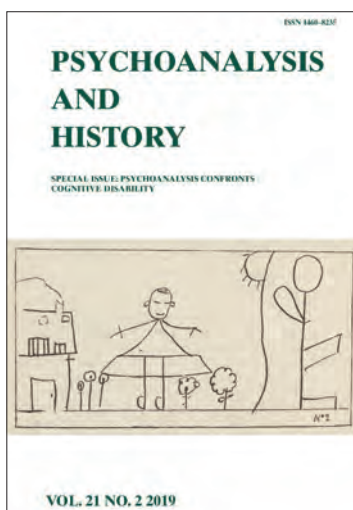
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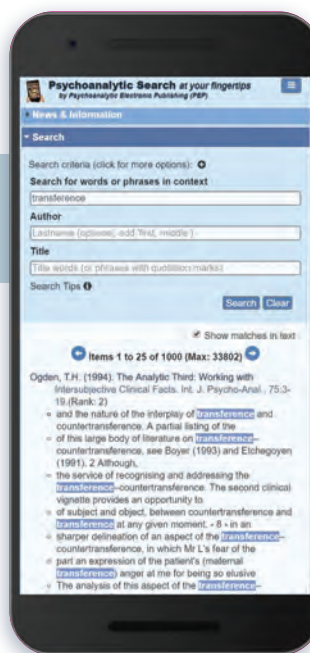
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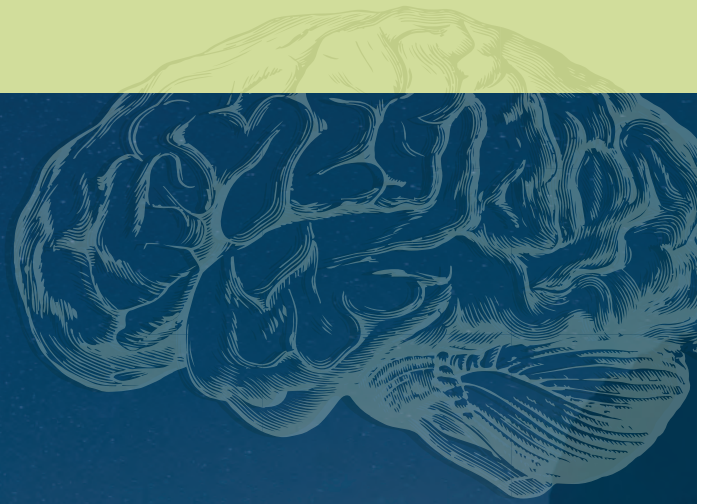
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