

MINUTES
MEETING OF THE BOARD OF DIRECTORS
Thursday, February 2, 2023

Kerry Sulkowicz, M.D., President & Chair
Bonnie J. Buchele, Ph.D., Secretary

EXECUTIVE COMMITTEE OF THE BOARD

Kerry Sulkowicz, M.D., President
Daniel Prezant, Ph.D., President-elect
Bonnie J. Buchele, Ph.D., Secretary
Julio G. Calderon, M.D., Treasurer
Sandra Landen, Ph.D., Executive Committee Director
Caroline M. Sehon, M.D., Executive Committee Director
Beverly J. Stoute, M.D., Executive Committee Director

EX OFFICIO MEMBERS OF THE BOARD

Harriet Wolfe, M.D., Past President

BOARD DIRECTORS-AT-LARGE

Jack Drescher, M.D.
Timothy H. Rayner, M.D.
Sally Rosenberg, D.O.
Jeffrey K. Seitelman, M.D., Ph.D.
Neal Spira, M.D.
Beverly J. Stoute, M.D.
Lyn Yonack, M.S.W.

CANDIDATE BOARD DIRECTOR-AT-LARGE

Mariela G. Shibley, Psy.D.

REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

American Institute for Psychoanalysis
- Kenneth Winarick, Ph.D.

Association for Psychoanalytic Medicine
- Shirin Ali, M.D.

Atlanta Psychoanalytic Society
- M. Jane Yates, Ph.D.

Boston Psychoanalytic Society and Institute
- Sarah Lusk, Ph.D.

Chicago Psychoanalytic Society
- Lucy Freund, Ph.D. (alt.)

Cincinnati Psychoanalytic Society and Institute
- Jeff Tuttle M.D.

Cleveland Psychoanalytic Center

- Laura Steinberg, M.D.

Contemporary Freudians in APsA

- Kerry Kelly Novick

Dallas Psychoanalytic Center - No representative present

Denver Psychoanalytic Society

- Lynne Gillick, Ph.D.

- Esther Lowenstein, Psy.D. (alt.)

Florida Psychoanalytic Society

- Julio G. Calderon, M.D.

Greater Kansas City-Topeka Psychoanalytic Center

- Yeshim Oz, MS., LIMHP

- Deana Schuplin, LMHC (alt.)

Houston Psychoanalytic Society

- Karen Liput, LCSW

- Felecia Powell-Williams, M.ED, LMHC (alt.)

Institute of Contemporary Psychoanalysis – Los Angeles – No representative present

International Psychotherapy Institute

- Caroline M. Sehon, M.D.

Long Island Psychoanalytic Society – No representative present

Michigan Psychoanalytic Society - No representative present

Minnesota Psychoanalytic Society – No representative present

New Center for Psychoanalysis

- Sandra Landen, Ph.D.

New Orleans-Birmingham Psychoanalytic Center - No representative present

New York Psychoanalytic Society and Institute

- Maxine Fenton Gann, Ph.D.

Oregon Psychoanalytic Center - No representative present

PINE Psychoanalytic Center - No representative present

Pittsburgh Psychoanalytic Center

- Stuart D. Hirsch, M.D.

Psychoanalytic Association of New York (PANY)

- Arthur Lew, M.D.

Psychoanalytic Center of Philadelphia – No representative present

Psychoanalytic Center of the Carolinas
- David Moore, Ph.D.

Saint Louis Psychoanalytic Society
- Phoebe Cirio, MSW

San Diego Psychoanalytic Center
- Laura Weiss, Ph.D.
- Timothy Rayner, M.D. (alt.)

San Francisco Center for Psychoanalysis
- Phyllis Cath, M.D.

Seattle Psychoanalytic Society and Institute
- Kelly Shanks Lippman, M.Ed., LMHC
- Sandra Walker, M.D. (alt.)

Tampa Bay Psychoanalytic Society
- Elise W. Snyder, M.D.

Virginia Psychoanalytic Society
- Fonya Helm, Ph.D., ABPP

Washington Baltimore Center for Psychoanalysis
- David E. Cooper, Ph.D.

Western New England Psychoanalytic Society
- Lyn Yonack, LICSW

William Alanson White Psychoanalytic Society
- Seth Aronson, Psy.D.
- Elizabeth Krimendahl, Psy.D. (alt.)

Wisconsin Psychoanalytic Society
- Valerie Laabs-Siemon, M.S.

AFFILIATE STUDY GROUPS REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

Nashville Psychoanalytic Study Group - No representative present

Berkshire Psychoanalytic Institute - No representative present

Southwest Psychoanalytic Society - No representative present

AFFILIATED STUDY GROUPS REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

Eastern Long Island Psychoanalytic Study Group - No representative present

Hawaii Psychoanalytic Study Group - No representative present

Lexington Psychoanalytic Study Group - No representative present

Santa Fe Psychoanalytic Study Group - No representative present
Society of Psychoanalysts of Puerto Rico - No representative present
Syracuse Psychoanalytic Study Group - No representative present

APsA Executive Director
Thomas Newman

APsA Director of Public Affairs
Michelle Rada

APsA Recorder
Tina Faison

Professional Registered Parliamentarian
Rod Davidson, PPD

1. Call to Order and Opening Remarks – Dr. Kerry Sulkowicz

The meeting was called to order at 9:02 am Eastern Time. Dr. Sulkowicz welcomed everyone and informed members of the absence of the Association's Secretary, Bonnie J. Buchele, due to a minor dental emergency. In her absence, the Board approved a motion to appoint Kerry Kelly Novick (Director, Contemporary Freudians in APsA) as the Secretary pro tem. Dr. Buchele joined the meeting a little later.

Dr. Sulkowicz asked the Board members to join him in a moment of silence to observe the passing of Erika Schmidt. Dr. Schmidt served as a member of the Executive Committee and was the Lead Director of the Board. She also served as the Chair of the Governance Committee.

Dr. Sulkowicz introduced the members of the Executive Committee, the National Office Staff in attendance and the Association's Parliamentarian, Rod Davidson. He thanked everyone for their continued service, dedication, and leadership.

2. Secretary's Report

Kerry Kelly Novick (Secretary pro tem) in the absence of Dr. Buchele

A. Roll Call

Kerry Kelly Novick proceeded to call the Roll. Staff confirmed the names of the members of the Board present who were entitled to vote, thus establishing a quorum.

B. Approval of Agenda

Upon motion duly made and seconded, the agenda for the meeting was adopted as amended, following Robert's Rules of Order.

C. Notice of Proxies

There were 578 proxies received for the Meeting of Members to be held Thursday, February 2, from 12:15-1:00 p.m. Eastern Time.

D. Approval of Minutes of November 23, 2022

The chair asked for corrections to the minutes of the November 23, 2022, meeting of the Board of Directors. There being no corrections, the Minutes were approved as written.

Bonnie Buchele resumed as Secretary, and continued the report:

E. Membership Update – Dr. Bonnie Buchele

The Association has 3,034 members. By category, there are:

- 1,207 Active Members
- 1,305 Senior / Life Members
- 458 Candidate Members
- 32 Academic Associate Candidates (non-voting)
- 32 Academic Associates (non-voting)

Over the course of 2022, the following changes in membership have occurred:

- 83 Active Members became Senior Members
- 46 members have died
- 81 members have resigned (includes 2 academics)
- 15 members reinstated their membership (includes 1 academic)
- 8 Candidate Members were dropped because they are no longer candidates in training
- We gained a total of 60 new Actives and 61 Candidate Members over 2022.

We had the following new members join over the fall:

- 70 New Candidate Members
- 12 APsA Institute graduates became Active Members
- 3 IPA members or IPA graduates became Active Members

Effective at this meeting, we will have the following new members:

- 53 Candidate Members graduated and will automatically become Active Members
- 3 APsA Institute graduates will become Active Members
- 2 IPA members or IPA graduates will become Active Members
- 2 analysts trained outside of APsA and the IPA will become Active Members via the Expanded Pathway application
- 1 New Academic Associate (non-voting)

The year-end 2022 Associate totals:

- 46 Educator Associates
- 259 Psychotherapist Associates
- 17 Psychotherapist Trainee
- 35 Research Associates
- 50 Student/Resident Associates

Total of 407

F. Summary of Actions of Executive Committee Meetings

During the period between the June 2, 2022, Board meeting and this meeting of the Board, the Executive Committee took the following actions:

I. National Office Space

In order to secure a 10-year lease on the Association's new office space located at 122 East 42nd Street, Suite #2310, in New York City, the Executive Committee unanimously approved securing a Letter of Credit with TD Bank in the amount of Forty-Two Thousand Six Hundred-Four (\$42,604) dollars wherein Executive Director, Thomas Newman, would act as the representative for the transaction process; and as APsA's representative in pledging the collateral for said transaction.

II. TAP Search Committee

The Executive Committee decided to create dedicated search committee consisting of a broad range of APsA stakeholders in order find a replacement for outgoing Editor, Lyn Yonack, LICSW

III. Committee on Gender & Sexuality Honoraria

The Executive Committee approved a request for funds (\$500) from the Committee on Gender & Sexuality to reimburse travel expenses for presenter(s) at the 2023 National Meeting in February.

IV. Distinguished Service Award

The Executive Committee voted to bestow the Distinguished Service Award on Neil Shapiro, one of the founders of PEP, at the National Meeting being held in February 2023.

V. Symposium on Psychoanalysis and Psychedelics

The Executive Committee approved a \$1,000 honorarium for Dr. Robin Carhart-Harris to speak at a planned upcoming symposium on Psychoanalysis and Psychedelics.

VI. Stop Online Suicide Assistance Forums Act

The Executive Committee reviewed and approved joining with other organizations in signing on to a letter in support of the Stop Online Suicide Assistance Forums Act which prohibits the use of mail or interstate communications to assist suicide.

VII. Investments Sub-Committee

The Executive Committee agreed that the oversight of APsA's invested assets will, as originally organized, return to the purview of the full Finance Committee, a change from its current oversight by the Investment Subcommittee.

3. MRRC Report – Dr. Bonnie Buchele

The Membership Requirements & Review Committee (the MRRC) met and approved two (2) Expanded Pathway Membership applications received from analysts who did not train at an APsA institute or an IPA institute but who have met the substantial equivalence requirements.

Since the Expanded Pathway membership route was established, we have welcomed 95 new members.

Upon motion duly made and seconded, the Board of Directors approved and welcomed the following new members to APsA:

- James Traub, LCSW
- Francy Fang Wang, M.D.

The MRRC also approved:

- 2 applications from analysts trained at IPA institutes
- 3 applications from graduates of APsA-approved institutes who had not previously joined APsA
- 1 application for Academic Associate membership

4. IRRC Report – Dr. Bonnie Buchele

Dr. Buchele reported on the activities of the Institutes Requirement & Review Committee (IRRC). The Committee is currently processing two applications from institutes who have expressed an interest in joining APsA: Austen Riggs: The Erickson Institute and Newport. There was also interest expressed from Adelphi. The IRRC hopes to have some recommendations for consideration at the June 2023 meeting.

5. IPA Report – Harriet Wolfe, Conversation with the IPA

Dr. Sulkowicz welcomed members of the International Psychoanalytical Association (IPA) leadership to participate in discussion with the Board of Directors. IPA President, Dr. Harriet Wolfe reported on behalf of the IPA and shared some of the benefits of being a part of the IPA. APsA is the largest psychoanalytic organization in the United States; the IPA is the largest in the world. Together, we share a vital partnership in the development and advancement of psychoanalysis. She spoke of several new IPA initiatives including a review and study of diversity and systemic racism.

6. APsA Organizational Culture - Dr. Kerry Sulkowicz

Dr. Sulkowicz initiated discussion of defining APsA's organizational culture. He stated that culture is often difficult to define, but is known when seen and experienced. He provided a brief description of his interpretation of what defines culture, and asked the Board to consciously think about what aspects of APsA's culture should be preserved, and what should change to further the aims of the organization. He noted that an organization's culture has roots in its history through its leaders and others who have had a significant impact. It is also embedded in things that are not necessarily thought of as holding culture like policies, procedures, and practices of the organization.

7. PEP Report – Tom Newman

Tom Newman, APsA Executive Director, provided a summary report for PEP on behalf of Dr. Nadine Levinson, one of PEP's two Managing Directors. He provided a brief history about the formation of PEP in the late 1990's: APsA and the British Psychoanalytical Society are the two member organizations of PEP's non-profit structure. As PEP continues to grow, the benefit to APsA grows. Donations from PEP make up a significant portion of APsA's operating budget allowing APsA to fund new and important initiatives.

PEP's 2023 release contains the 2019 volumes of about 75 current journals, discussions will take place on used book content, and the edition of revised standards, and the edition of Freud's works as well as multimedia training support material.

In 2022 there were more than 2M user sessions, close to 1.5M abstracts use, over 1.5M article reads and 1.4M searches conducted on the PEP Web. A highly capable platform engineer was recently brought on board to update the current platform to increase resilience, decrease dependency and tighten security. Additionally, work is being done to automate data as well as other enhancements to improve the user experience.

It is planned, effective January 31, 2023 through 2024, that the PEP'S CEO, David Tucket, and Managing Director, Nadine Levinson, will step down with Dr Orazio Cappello taking over their roles. Further details of the transition will be forthcoming.

The Board graciously thanked and applauded Dr. Levinson for her hard work and contributions throughout the years.

8. Candidates' Council – Dr. Sumru Tufekcioglu

The Candidates' Council President, Dr. Sumru Tufekcioglu, reported on the activities of the Candidates' Council and its commitment to focus efforts on engaging candidates by creating new roles for them and forming new committees for their participation. Drs. Sulkowicz and Prezant joined the Candidates in an invigorating and passionate meeting earlier that morning. This would be the last report given by Dr. Tufekcioglu as President of the Candidates' Council. She thanked the Board for its continued support and announced the names of the incoming President and President-elect of the Candidates' Council: Himanshu Agrawal and Christopher Rigling, respectively. They will assume the positions following the meeting.

9. JAPA Report – Dr. Mitchell Wilson

Dr. Wilson emphasized some of the highlights and activities of the Journal of the American Psychoanalytic Association Editorial Board.

The JAPA's Impact Factor Score, which measures the number of articles and citations as compared with other similar journals in the field is slightly lower than previously reported. This number represents solid impact and is typically dependent on one or two articles that receive attention and citation. JAPA is always at or near the top of the major psychoanalytic journals in the past five years.

As of November 16, 2022, over 181 submissions of new papers were received, of which 113 are Original Articles or Essays. In 2021 we had received 185 submissions of new papers, of which 97 were Original Articles JAPA received /Essays. In 2020, 228 submissions were received (143 Original Articles). NOTE: Many journals reported markedly increased submission rates during Covid; now rates have returned to pre-Covid levels, or perhaps slightly decreased.

JAPA continues to appreciate its independence (editorially speaking) from APsA in facilitating its work. We would like the new website to place JAPA in a prominent place.

A change in policy was instituted that helps to clarify the source of each paper submission that is published, submitted or invited, and the number of revisions the paper underwent on its way to publication. A Message from the Editor describing these changes and the reasons for them was published in the February 2022 issue of JAPA (70.1). The intention is to make the process of procuring, editing, and revising papers more transparent to readers.

Dr. Wilson will step down as Editor-in-Chief at the end of 2023 completing a five-year term.

10. Science Department Report – Drs. Mark Solms and Charles Fisher

Dr. Mark Solms reported as the Head of the Science Department. He thanked Dr. Charles Fisher for his support.

The Science Department continues to work in collaboration with the IPA in support of the MODE Study (Multi-Level Outcome Study of Psychoanalyses of Chronically Depressed Patients with Early Trauma), led by Dr. Marianne Leuzinger-Bohleber, from Germany. The study seeks to

empirically study differences in efficacy between lower and higher frequency psychoanalytically oriented treatments.

The College of Research Fellows of APsA continues to be a home for psychoanalytic researchers.

11. Holmes Commission on Racial Equality in American Psychoanalysis (CO-REAP)

The Holmes Commission Leadership Team Chaired by Dr. Dorothy E. Holmes, and Co-chairs, Drs. Anton Hart, Dionne Powell and Beverly J. Stoute, joined the Board to briefly report on the preliminary findings from its study on systemic racism in American psychoanalysis. Michael Russell, the Methodologist conducting the study, was not available to attend.

The Commission was established in August 2020 to conduct a thorough psychoanalytic understanding of the impact of racism within APsA's organizational culture, policies and practices, and those of its component institutes, as well as other institutes and, programs that are forerunners for training in psychoanalysis including students and practitioners who are eligible for psychoanalytic training, but who have declined to train. Interviews were conducted in addition to the survey.

Dr. Stoute noted that the issue of equity involves sharing one's pain. The study showed that racial attacks pervade every aspect of psychoanalytic training, impacting everyone. because it is a group problem in which everyone suffers in that it is marginalizing and destructive.

The Board listened intently as the members of the Commission reported and shared their personal experiences of racial enactments.

A final report of the Commission's findings will be available in the spring, 2023. The latest article from the Commission, The Holmes Commission's Journey toward Racial Equality in American Psychoanalysis: Reflection and Hope, published in The American Psychoanalysts (TAP) Magazine, Winter/Spring 2023, Volume 57, No. 1.

11. New Business

There was no new business.

12. Adjournment

There being no new business, the meeting was adjourned at 12:07 pm Eastern Time.

Respectfully submitted,
Bonnie J. Buchele, Ph.D.
Secretary