



112th

ANNUAL
MEETING

Friday, June 9 – Sunday, June 11, 2023 | VIRTUAL



Real Life, Real Time:
PSYCHOANALYTIC
REFLECTIONS
REFLECTION?

APsA 112th ANNUAL MEETING

DAILY SCHEDULE

FRIDAY, JUNE 9

10:00 A.M. – 11:00 A.M. ET

ADMINISTRATIVE MEETING: APsA BUSINESS MEETING OF MEMBERS

The Meeting of Members is an opportunity for all APsA members to learn about current activities of the Association.



11:30 A.M. – 12:00 NOON ET

WELCOME REMARKS FROM DANIEL W. PREZANT, PH.D., APsA PRESIDENT

WELCOME REMARKS FROM DONALD B MOSS, M.D., PROGRAM COMMITTEE CHAIR

12:00 NOON – 2:00 P.M. ET

SESSION 1: EXPERIENCING OTHERING AND MINORITIZATION IN PSYCHOANALYTIC AND PSYCHOTHERAPY TRAINING: A FRANK DISCUSSION

Chair: Christopher S. Rigling, Psy.D.
(Chicago, IL)

Panelists: Himanshu Agrawal, M.D., DFAPA
(Milwaukee, WI)
Christine Rio Bistis Nadala, M.D., Ph.D.,
MPM-HSD (Lincoln, NE)
Anthony Thomas, M.D. (Seattle, WA)
Elisa Kuo-Min Cheng, M.D.
(Cambridge, MA)

Discussant: Aisha Abbasi, M.D. (Bloomfield, MI)

A common challenge faced by candidates and trainees is the experience of othering (treated as intrinsically different) or minoritization (subordinated in status to a dominant group). Since they are being evaluated, it can be a struggle to speak up and address such experiences, including racial enactments. This can lead to feeling

unwelcome, silenced or unheard, fearful of possible consequences, and pressed to assimilate. We will hear from four underrepresented minority candidates about their experiences of these challenges and discuss ways to address them. This presentation will hopefully provide a model to discuss other instances of othering and minoritization, while keeping an open psychoanalytic mind.



2:00 P.M. – 3:00 P.M. ET

BREAK

3:00 P.M. – 5:00 P.M. ET

SESSION 2: BECOMING PSYCHOANALYSTS: A ROUND TABLE DISCUSSION ON WHERE DID WE COME FROM, WHERE ARE WE NOW, AND WHERE DO WE WANT TO GO?

Moderator: Jane V. Kite, Ph.D. (Cambridge, MA)

Interlocutors: Frances Arnold, Ph.D. (Cambridge, MA)

Jessica F. Rollin, M.D. (Atlanta, GA)

Participants: Omar A. Khan, M.D. (Long Island City, NY)

Donnel Stern, Ph.D. (New York, NY)

Paola M. Contreras, Ph.D. (Cambridge, MA)

Every psychoanalyst and every psychoanalytic psychotherapist has joined the field for a reason; it isn't an idle choice. What one might describe as an origin story is shaped over the career of the practicing analyst. This round table discussion will explore what analysts have in common as well as emerging differences. The idea of belonging will be interrogated: what fosters belonging, and what impedes it? What hopes and fears arise as members of institutes and our national organization? What other venues or work may help to integrate a primary identity as an analyst with other identities?



DAILY SCHEDULE

SATURDAY, JUNE 10

12:00 NOON – 2:30 P.M. ET

SESSION 3: PSYCHOANALYSIS AND PSYCHOTHERAPY IN THE MIDST OF A STORM

Co-chairs: Robert M. Galatzer-Levy, M.D. (Chicago, IL)
Stanley J. Coen, M.D. (New York, NY)

Panelists: Siamak Movahedi, Ph.D. (Newton, MA)
Nathan Moses Szajnberg, M.D.
(Palo Alto, CA)
Martin Grotjahn, M.D.
(by way of his autobiography)

Analysts and therapists have worked during times of enormous social and political upheaval and struggle. The panel explores clinical material from experiences of treatments under these extreme conditions. It focuses on how the therapy proceeds and the relationship of the therapeutic process to the difficult social/political worlds in which analysts, therapists, analysands and patients/clients live. The panel includes clinical experiences from Berlin in the 1930s to contemporary Iran. This panel will be integrated with a panel on psychoanalysis and psychotherapy in Ukraine today.



2:30 P.M. – 3:30 P.M. ET

BREAK

3:30 P.M. – 6:00 P.M. ET

SESSION 4: PSYCHOANALYSTS AND PSYCHOTHERAPISTS LIVING/WORKING UNDER THE EXTREME CONDITIONS OF WAR: UKRAINE

Chair: Mary Margaret McClure, D.M.H. (Mill Valley, CA)

Presenters: Jeanne Wolff-Bernstein, Ph.D.* (Vienna, Austria)
Alyona Chukanova*, Kyiv International
School of Relational Psychoanalysis and
Psychotherapy, Ukraine
Oleksandr Filts, M.D.*, Danylo Halytsky
Lviv National Medical University, Ukraine

Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

Question and
Answer Monitor: Gary Grossman, Ph.D. (San Francisco)

This panel will approach an unthinkable human

catastrophe, the war in Ukraine. Unending trauma continues to unfold for the people of Ukraine. Psychoanalyst and psychotherapist colleagues in Ukraine are working to bear witness and to offer treatment as their world is radically disrupted. The panel discussion will focus on efforts at understanding how colleagues and their patients are managing in the midst of crisis and threats to their survival. How they have found capacities for maintaining space to live, to think, and to work? Igor Romanov, psychoanalyst in Kharkiv, Ukraine, writes: “How many years or decades will it take to heal the scars left by this war? Is it possible? ... Because nothing is over yet.”¹

¹Romanov, I. (2023). “Equation, moralization and denial” in *Psychoanalysis, Future, & Society*, 28:109-115.



SUNDAY, JUNE 11

12:00 NOON – 2:00 P.M. ET

SESSION 5: RUPTURE AND THE LIMITS OF REPAIR: RECKONING WITH OUR CAPACITY FOR HARM AND FORGIVENESS

Chair: Amber Nemeth, Ph.D. (New York, NY)

Presenters: Rhona B. Kaplan, LCSW-R (New York, NY)
Adele Tutter, M.D., Ph.D. (New York, NY)

Discussant: Aisha Abbasi, M.D. (Bloomfield Hills, MI)

This panel will explore clinical and theoretical material related to the impact of ruptures on dyads and within groups, and subsequently, what must occur to fully reckon with the resulting damage and make repair possible. In the face of such damage the psyche of both doer and the done to is under siege, compromising the capacity to remain in contact with one’s historical trauma while also remaining curious and open to harm experienced by the other. Forgiveness, revenge, hierarchy, and power dynamics will also be examined as they relate to the (im)possibility of true repair.



DAILY SCHEDULE

SUNDAY, JUNE 11

2:00 P.M. – 3:00 P.M. ET

BREAK

3:00 P.M. – 5:00 P.M. ET

SESSION 6: PSYCHOANALYTIC CRISES – A HISTORICAL PERSPECTIVE

Chair: Sharon Blum, Ph.D. (Los Angeles, CA)

Presenters: Jack Drescher, M.D. (New York, NY)
Charles B. Strozier, Ph.D. (Brooklyn, NY)
Bryant L. Welch, Ph.D.* (Potomac, MD)

Discussant: Susan D. Kolod, Ph.D. (New York, NY)

To know psychoanalytic history is to know that from the very beginning, controversies and crises

have at times plagued our field while also moving us forward, changing some of our basic theoretical understandings as well as altering the rules governing who can train to be psychoanalysts. With the help of two historians and the principal plaintiff in the lawsuit filed against the American Psychoanalytic Association that allowed psychologists to train at APsA's institutes, we will look at some of the most critical psychoanalytic controversies of the 20th century. Particular attention will be paid to how APsA resolved prior crises with an eye to how we might resolve current and future crises in a less disruptive manner. Each participant is psychoanalytically trained.



Confidentiality Statement

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsA's ethical principles and may be cause for disciplinary or legal action or both.

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