

BOSTON | JUNE 1-5, 2022



APsAA
A M E R I C A N
P S Y C H O A N A L Y T I C
A S S O C I A T I O N

111th ANNUAL MEETING

FINAL PROGRAM

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WELCOME

APSAA AMERICAN PSYCHOANALYTIC ASSOCIATION

111th ANNUAL MEETING



I am delighted to welcome you to APsaA's 111th Annual Meeting. We are meeting in-person for the first time in over two years of a global pandemic, and it is so good to be together again. I had fantasized a joyous reunion when COVID was defeated and dreamed of a scene like the famous photo of WWII V-E Day with people hugging in Times Square. I anticipated greeting you with a triumphant "We made it!" But sadly, we didn't all make it. We've lost colleagues and friends to COVID and to other causes over these 28 months and our joy at reuniting is tempered by mourning. Uncertainty continues and not all of us are ready to travel or attend public gatherings yet, so our reunions will be gradual as we adjust to living with endemic COVID.

There have been major changes at APsaA during these two years, changes to practice and to education, welcoming three new institutes and their members, ICP/LA, IIPT, and NYU Post-doc, our (re)turn to the social, and reckoning with systemic racism and climate change. We are reimagining APsaA to meet the challenges and opportunities of the 21st century. Our meetings are also changing while continuing our valued traditions.

Donald B. Moss, Chair of the Program Committee, describes the rich program they've prepared for us.

"At the opening plenary on Friday morning Jane V. Kite will address the crucial interiority of the analyst as person and on Saturday afternoon at the closing plenary Francisco J. Gonzalez will focus on the crucial sociality of the analyst in the world. Daria Colombo will finally have the chance to present her Ernst and Gertrude Ticho Award paper, "Autotheory: Toward the Embodying of Analytic Framing". Two-day clinical workshops are back, chaired by Irene Cairo, Ann Dart, Henry J. Friedman, and Lynne M. Zeavin. Inaugurated in 2020, two-part experiential groups, "Living in Diversity and Otherness", will again convene, chaired by Anton H. Hart.

We have a wide-ranging cluster of panels which represent our widening clinical and theoretical range. Justin Shubert chairs "Gender and Sexuality: How Internal Responses to Queerness Became Enacted in Psychoanalysis". Sandra G. Hershberg offers her first-person reflections on "Mothering a Child with a Visible Facial Difference". Hannah Zeavin chairs "The Problem of the Family in Psychoanalysis". We will have a panel discussion on "But It's Not Psychoanalysis", chaired by Henry J. Friedman. Amber Nemeth and panelists take on "Clinical Implications of the Social Media Realm". "Thanatos: Is Freud's Concept Still Relevant"—Sarah Ackerman chairs this panel. Our Science Department presents: "Neurobiological Preconditions and Structural Development in Psychoanalytic Object Relations Theory", with Charles P. Fisher, Otto F. Kernberg and Mark Solms. The Holmes Commission on Racial Equality in American Psychoanalysis presents its initial findings. Close to 40 discussion groups return, with real people, sitting around real tables, grappling with real issues in intimate settings."

I thank Don and the Program Committee for pivoting so successfully from virtual meetings that we will be continuing along with holding one large in-person Annual Meeting.

It has been my honor to lead APsaA during these years of crisis and transition. I'm proud of what we've accomplished and look forward to our future.

Warmly

Bill Glover, Ph.D.
President

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GENERAL INFORMATION

Boston Park Plaza: 50 Park Plaza, Boston, MA 02116 | 617-426-2000

What does it mean when a session is marked “Closed”? It means that during pre-registration, the maximum enrollment was reached for that particular session. Unless you pre-registered, please do not attend that session. It is closed and no new participants will be accepted.

There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room. *The more popular sessions will reach room capacity quickly and you may wish to plan for an alternative.*

Where can I find a single-occupancy restroom? The Boston Park Plaza has a single-stall restroom located on the 4th floor.

Is there a Lactation Room available? The Boston Park Plaza has a Mother’s Room located on the 4th floor. Please go to the front desk to request a key for the Mother’s Room.

Are you wearing your badge? Name badges are required to attend all sections of the scientific program. **Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting.**

Badges must be worn in plain sight to gain access to APsaA’s meeting. Individuals who are not wearing their name badge or the correct name badge will be asked to properly register for the meeting.

For complete APsaA policies visit: apsameeting.org/111ampolicies/



MEETING ROOM LOCATIONS CAN BE FOUND IN THE YELLOW INSERT IN THE MIDDLE OF THIS PROGRAM.

WELCOME NEWCOMERS

IS THIS YOUR FIRST TIME?

The American Psychoanalytic Association is pleased to welcome you to your first APsaA meeting. We hope it will be the first of many to come. By choosing to attend an APsaA meeting you are making a significant investment in expanding and developing your professional knowledge and skills. And you are going to meet a terrific group of people as well.

Join us at the Welcome Reception on Wednesday, June 1st from 7:00 p.m. – 9:00 p.m. for cocktails and hors d’oeuvres. This is a great opportunity to meet APsaA staff, (you’ll be seeing us around the whole week), Executive Committee members and other first-time attendees. We’ll have an area designated for First Time attendees located next to Fellows, Candidates and Psychotherapist Associates.

Grab a First Time Attendee ribbon to wear on your badge if you want. It’s a great conversation starter. Of course, you can choose to go incognito.

APsaA staff will be wearing red badge ribbons. Look for us if you have any questions.



For information on the Legacy Society and how to include APsAA in your estate plans, email tnewman@apsa.org
Thank you!

The Psychoanalytic & Psychodynamic Teachers' Academy



Psychoanalytic & Psychodynamic Teachers' Academy

APsAA's Psychoanalytic & Psychodynamic Teachers' Academy nurtures early career psychodynamic educators in psychiatry, psychology, social work, and other mental health fields. Our professional development program and year long

mentorship increases the teaching effectiveness of the future leaders in academia and gives their interns, postdocs, residents, and students a better understanding of analytic thinking and work.

APsAA welcomes the winners of the 2022 Psychoanalytic & Psychodynamic Teachers' Academy to the 111th Annual Meeting:

Sarah Abel, LICSW
(Florence, MA)

Sara A. Baumann, M.D.
(Sacramento, CA)

Stephanie Chen, Ph.D.
(San Francisco, CA)

**Mytilee Vemuri, M.D.,
M.B.A.** (Pleasanton, CA)

Danielle Alexander, M.D.
(Sacramento, CA)

**Henry Catalinich, LMFT,
LPC Intern** (Portland, OR)

Benjamin Morsa, Psy.D.
(Oakland, CA)

For more information on the Teachers' Academy and the application process for next year, please visit: apsa.org/teachers-academy.

COVID DUTY OF CARE

Duty of Care, Ours and Yours

APsaA is committed to providing a safe and healthy environment for all APsaA 111th Annual Meeting participants. Our decisions and preventive measures will be guided by the requirements and recommendations of the U.S. Centers for Disease Control (CDC) and federal, state and local health authorities.

- We are working with the Boston Park Plaza Facility on implementing preventative measures to reduce the potential spread of the COVID-19 virus at APsaA 111th Annual Meeting.

Preventive measures include:

- Proof of vaccination
- Enhanced sanitization of meeting and exhibit spaces as executed by the hotel
- Masking and social distancing (optional)
- Hand-sanitizing stations throughout the meeting and exhibit spaces
- APsaA will have masks and COVID-19 self-tests available

The responsibility for a safe and healthy event environment (Duty of Care) is shared among the event organizer, venues and every participant. All APsaA 111th Annual Meeting participants are expected to adhere to and abide by the safety precautions APsaA is implementing to protect against the spread of COVID-19.

As part of your Duty of Care responsibilities, you should not attend the APsaA's 111th Annual Meeting if you:

- are experiencing, or within the 10 days prior, have experienced signs and symptoms of COVID-19
- believe that you may have been exposed to a confirmed or suspected case of COVID-19
- have been diagnosed with COVID-19 and are not yet cleared as non-contagious by the health care team responsible for your treatment

Conference attendees should self-monitor for signs and symptoms of COVID-19 and are asked to contact Tom Newman, Executive Director (tnewman@apsa.org) if they experience symptoms of COVID-19 within 10 days after the APsaA 111th Annual Meeting.

By attending this conference, you are acknowledging that an inherent risk of exposure to COVID-19 exists in any public place where people are present. You voluntarily assume all risks related to exposure to COVID-19 and agree not to hold the American Psychoanalytic Association; or any of their affiliates, directors, officers, employees, agents, contractors, or volunteers liable for any illness or injury.

CONTINUING PROFESSIONAL EDUCATION CREDIT

STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities to review essential psychoanalytic knowledge.

After attending the 111th Annual Meeting, attendees should be able to:

- 1) Explain the common manifestations of the post-COVID-19 era in both patients and in caregivers.
- 2) Discuss how shared external trauma can increase the connectedness in individuals and groups and between clinicians and their patients.
- 3) Assess the meanings of mania and how they work against true reparation in both the clinical setting and in society at large.

CONTINUING PROFESSIONAL EDUCATION CREDITS

PHYSICIANS



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 39 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists.

The American Psychoanalytic Association maintains responsibility for this program and its content.

NEW YORK STATE PSYCHOLOGISTS

The American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0153.

SOCIAL WORKERS

This program is Approved by the National Association of Social Workers (Approval # 886504845-2668) for 39 continuing education contact hours.

NEW YORK STATE SOCIAL WORKERS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

NEW YORK STATE LICENSED PSYCHOANALYSTS

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

IMPORTANT DISCLOSURE INFORMATION

FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

DAILY SCHEDULE

Confidentiality Statement

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary or legal action or both.

rv 8.3.2021

WEDNESDAY, JUNE 1, 2022

All sessions are in-person.

9:00 A.M. – 11:00 A.M.



**NEW
TIME**

TWO-DAY CLINICAL WORKSHOP #1: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Lynne M. Zeavin, Psy.D. (New York, NY)
Presenter: Cassie Kaufmann, Ph.D.* (Brooklyn, NY)
Discussant: David Taylor, M.D.* (London, England)

This is a two-part session. Part 2 will take place Thursday June 2nd from 9:00 a.m. - 11:00 a.m. Participants are expected to attend both days.

Registration will be limited to 30 people.

This two-day clinical workshop will feature a close reading of detailed process material as it unfolds over the course of a week in an analysis. Dr. David Taylor, appearing via Zoom from London, will be the discussant. Dr. Taylor is a Training & Supervising analyst of the British Psychoanalytical Society. He is a Psychiatrist & Psychotherapist at the Tavistock & Portman NHS Trust where he held several roles including that of medical director, head of adult services and clinical director of the Tavistock Adult Depression Study. He is an exceptionally astute, an original and clear thinker in the Contemporary Kleinian tradition and a highly valued supervisor worldwide.

After attending this session, participants should be able to: 1) Describe how a patient uses projective identification to communicate with the analyst; 2) Utilize the workings of countertransference as a means of discerning the patient's unconscious communication. **CE: 2**

DISCUSSION GROUP 1: ALTERED STATES OF AWARENESS

Co-chairs &
Discussants: Fonya Lord Helm, Ph.D., ABPP
(Virginia Beach, VA)
Maurine Kelber Kelly, Ph.D., FIPA
(North Bethesda, MD)

Presenter: Neil R. Helm, Ph.D.* (Virginia Beach, VA)

This discussion group is suitable for psychoanalysts and psychotherapists who have a practice that could include a patient who had a Near-Death Experience (NDE). Dr. Neil Helm, a transpersonal psychologist, will discuss his dissertation research about Near-Death Experiences, first reported in ancient oral traditions and written texts. He will illustrate the personal meaning, significant changes in personality, and new interests that often take place in the aftermath of an NDE in the present day. Challenges in exploring these life-changing experiences will be covered. His presentation will be discussed by both Dr. Maurine Kelly and Dr. Fonya Helm, and they also will discuss some of research findings on NDEs from other countries, cultures, and communities, including the LGBT community.

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

After attending this session, participants should be able to: 1) Describe five characteristics of a Near-Death Experience; 2) Discuss possible changes in personality and/or interests that are likely to be factors in changes in the quality of a person's relationships. **CE: 2**

DISCUSSION GROUP 2: THE INTEGRATION OF PSYCHOANALYSIS AND COUPLE THERAPY CANCELLED

DISCUSSION GROUP 3: RESEARCH IN PSYCHOANALYSIS: BUILDING BABY BRAINS: TRAINING LADY HEALTH WORKERS IN RURAL PAKISTAN AND PILOT OUTCOME STUDY

Chair: Robert M. Galatzer-Levy, M.D. (Chicago, IL)
Presenters: Alexandra Harrison, M.D. (Cambridge, MA)
Elizabeth J. Levey, M.D. (Chicago, IL)

This discussion group is targeted to psychoanalytic clinicians interested in 1) global mental health (GMH); 2) the link between early development and mental health outcome; 3) early intervention to support mental health, especially in low to middle income countries (LMIC). Two psychoanalysts working in GMH will present a manualized intervention, "Building Baby Brains" (BBB) used to train Pakistani lady health workers (LHW) in infant parent mental health (IPMH) and a study to assess the effectiveness of this training. The presentation focuses on the development of the BBB training including attention to cultural congruence, the study design, preliminary data, a demonstration of the manual and video illustrations.

After attending this session, participants should be able to: 1) Explain the benefit of intervening to support the infant parent relationship and the link between early development and mental health outcome; 2) Discuss the need for seeking cultural congruence and collaboration in working with international communities. **CE: 2**

DISCUSSION GROUP 4: CONFIDENTIALITY: CONSENT AS A MATTER OF ANALYTIC PROCESS

Chair: Kevin V. Kelly, M.D. (New York, NY)
Presenter: Allannah Furlong, Ph.D.* (Montreal, Canada)
Discussant: Peter L. Rudnytsky, Ph.D., LCSW
(Gainesville, FL)

Informed consent has long been a preoccupation of psychoanalytic practitioners when it comes to the

publication of clinical material. Yet, as Dr. Allannah Furlong observes, the complexities of what it means for a patient to "consent" are fundamental to the analytic process itself. The discovery of transference implies that in every treatment there will be moments when the meaning of "consent" will vacillate. A distinction, justifiable on etymological and intersubjective grounds, is proposed between consent as a cognitive, somewhat passive, acceptance and assent as an arduous, conflicted, partial disagreement with the symbolically limiting details of analytic work. Instead of a static and unitary contractual event, informed consent in psychoanalysis is more properly conceived as a necessarily ambivalent process of good-enough assenting over time.

After attending this session, participants should be able to: 1) Describe how transference can cause consent to vacillate; 2) Compare the legal concept of informed consent and the analytic concepts of ambivalence and development. **CE: 2**

DISCUSSION GROUP 5: ENABLING OR FORECLOSING CHANGE: TRANSFORMATIONS: INOCENCIA VIOLENTA EN LA CLASE ALTA

Chair: Peter Shabad, Ph.D.* (Chicago, IL)
Presenter: Holly Levenkron, CSW* (Cambridge, MA)
Discussant: Elizabeth Corpt, MSW, LICSW*
(Arlington, MA)

In this session, affectively toxic interplays of trauma, dissociated class, culture, and racialized issues in the work with a bi-cultural patient from an upper-class South American family are examined. Growth depends on engaging conflicted, class driven, aggressive, entitled self-representations that yearned to be progressive and experience creative freedom. Drawing on Relational/Interpersonal theory, Russell, Bion, and Fanon, the treatment evolves to mobilize ossified, non-reflective states to effect change. Countertransference reactions and disclosures are clinically translucent and become key to therapeutic action during enactments. The paper incorporates "social subjectivities" into therapeutic action.

After attending this session, participants should be able to: 1) Apply Bionian concepts to transform toxic affect into digestible affect; 2) Utilize the "social unconscious" in constructing therapeutic action as a vehicle for change. **CE: 2**

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

DISCUSSION GROUP 6: DISTANCE PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY FOCUS ON SUPERVISION

Chair &

Presenter: R. Dennis Shelby, M.D. (Chesterton, IN)

Presenters: Ralph E. Fishkin, D.O. (Bala Cynwyd, PA)
Kerry Kelly Novick, FIPA (Closter, NJ)

This presentation is targeted to analysts who want to increase supervision skills in distance modalities. Three different perspectives will be presented: research findings on international supervision, institutional efforts to increase competency in distance supervision and challenges and solutions in supervising international child cases. Three presentations will be followed by participant discussion. Dennis Shelby is Director of Distance Education at an institute with a robust international program, Ralph Fishkin had led an international program at an Institute for many years, Kerry Novick has practiced in distance modalities for many years.

After attending this session, participants should be able to: 1) Describe cultural differences in child rearing, family life, and the challenges of translation in distance/international supervisions; 2) Revise western psychoanalytic conceptualizations of family life, child reading and language to integrate cultural considerations in child and adult international/distance supervisions. **CE: 2**

DISCUSSION GROUP 7: PSYCHODYNAMIC PROBLEMS IN ORGANIZATIONS

Co-chairs: Kenneth M. Settel, M.D. (Piermont, NH)
Kerry J. Sulkowicz, M.D., President-elect
(New York, NY)

Presenter: Jeffrey Connor, Ph.D.* (San Francisco, CA)

This group is targeted at those working with organization leaders or those aspiring to positions of leadership, and those treating and advising leaders and future leaders in organizations. The Discussion Group will focus on the application of psychodynamic principles of how leaders evolve and develop the skills needed to lead, manage, and achieve the goals of the organization. This experienced group of presenters have advised and coached people in organizations transitioning to a leadership role and have themselves moved into leadership positions and will share their own experiences making this transition. The audience will be invited to participate and discuss challenges they have witnessed and experienced themselves.

After attending this session, participants should be able to: 1) Discuss the psychodynamic challenges of leadership success when encountering transferences and changes in perspective; 2) Prepare a Group Relations Perspective that offers those in leadership positions a strategy for working with groups to achieve stated goals. **CE: 2**

11:30 A.M. – 1:30 P.M.

DPE DPE PSYCHOTHERAPY SECTION WORKSHOP:

TO ZOOM OR NOT TO ZOOM: THE QUESTION OF CONTINUED REMOTE TEACHING

Chair: Ann Dart, LCSW (Portland, OR)

Co-chairs: Matthew Griep, M.D. (New York, NY)
Anna R. Schwartz, M.D. (New York, NY)

Presenters: Adam Goldyne, M.D. (San Francisco, CA)
Richard Gomberg, M.D. (Wellesley, MA)
Mark Moore, Ph.D. (Philadelphia, PA)
Michele Rosenberg, M.D.* (New York, NY)

Therapy training programs have been forced to switch to remote teaching with mixed success. Last year this workshop addressed the challenges of virtual teaching that include class process and cohesion, engagement, and student retention. However, both students and faculty have found ways to adapt, and many have come to appreciate the convenience of not having to travel to class. Some programs have started accepting long-distance students for the first time, and smaller institutes could increase enrollment. Some version of remote teaching is likely to remain part of how we teach, and this workshop will help articulate the challenges and opportunities inherent in this prospect. We will also address practical contingencies in transitioning back to in-person teaching or maintaining a fully virtual or hybrid model.

After attending this session, participants should be able to: 1) List advantages and disadvantages of both virtual and in-person teaching; 2) Design hypothetical plans for transition to in-person teaching or continuation of virtual teaching. **CE: 2**

DAILY SCHEDULE

12:00 P.M. – 1:30 P.M.

**SERVICE MEMBER AND VETERANS' INITIATIVE:
THE ANALYTIC FRAME AND ACTIVE DUTY MILITARY PERSONNEL: AN UNUSUAL SITUATION**

Chair: Harold Kudler, M.D. (Durham, NC)
Co-chair: Norman M. Camp, M.D. (Richmond, VA)
Presenters & Discussants: Tamer Mattar, Psy.D. (Oceanside, CA)
John Andrew Van Slyke, D.O. (Virginia Beach, VA)

This session targets clinicians seeking understanding and skill in working psychoanalytically with active duty military personnel and combat veterans. Standards of evidence-based practice and clinical connections between theory and technique in the psychoanalytic treatment of servicemembers and veterans will be discussed in a lively, interactive format. Primary focus will be given to the concept of the psychoanalytic frame within the unique military setting, both ashore and forward deployed. The presenters are senior clinicians with broad experience in military behavioral health care. Each has led clinical teams and/or mental health programs at major military treatment facilities and both have presented and published widely on varied aspects of military mental health.

After attending this session, participants should be able to: 1) Assess the evidence-base for psychoanalytic treatment of active duty servicemembers and veterans in multiple military settings; 2) Apply sophisticated conceptualizations of the psychoanalytic frame within military settings (both ashore and forward deployed in an area of operations) and describe unique military factors which may impinge upon the psychoanalytic process. **CE: 1.5**

2:00 P.M. – 4:00 P.M.

 **TWO-DAY CLINICAL WORKSHOP #2:
WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)**

Chair: Irene Cairo, M.D. (New York, NY)
Presenter: Rodrigo Barahona, Psy.D., FIPA (Brookline, MA)

Discussant: Gabriel Sapisochin, M.D.* (Madrid, Spain)

This is a two-part session. Part 2 will take place Thursday June 2nd from 2:00 p.m. – 4:00 p.m. Participants are expected to attend both days.

Registration will be limited to 30 people.

A clinical case will be presented which will include

a brief history, a brief summary of treatment until the moment of the presentation. and detailed process notes from several sessions. The presenter will identify the focus of the difficulty posed by the clinical situation, prompting the consultation. A senior psychoanalytic consultant will comment on the material while inviting discussion by the participants. This particular consultant, who teaches seminars on listening, identifies the dramatization of the countertransference engagement within the setting. Dr. Gabriel Sapisochin will appear via Zoom from Madrid, Spain. The limited number of participants and the continuity over 2 days permits an in-depth discussion rarely experienced in professional conferences.

After attending this session, participants should be able to: 1) Assess unconscious identifications in the analytic pair; 2) Explain forms of enactment potentially present in analytic sessions because of those identifications being unconscious. **CE: 2**

**DISCUSSION GROUP 8:
PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION**

Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Lisa Citrin, LICSW (Cambridge, MA)
Alistair A. McKnight, Psy.D., LMHC (Cambridge, MA)

Discussant: Jonathan E. Kolb, M.D. (Brookline, MA)

This discussion group is addressed to all clinicians at any level who practice or intend to practice both psychoanalysis and psychoanalytic psychotherapy. The effort will be to clarify the relations and distinctions between the two processes. The method used for this will involve illustrative presentations of sessions of each process, followed by comments on their relations by a senior analyst, and a discussion of this topic, using the illustrative clinical material by those present.

After attending this session, participants should be able to: 1) Compare the distinctions in technique, method, and therapeutic action between psychoanalysis and psychodynamic psychotherapy; 2) Use interpretation, free association, transference, and directive interventions psychoanalysis and psychodynamic psychotherapy. **CE: 2**

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

DISCUSSION GROUP 9: IPSO: INTERNATIONAL PERSPECTIVES IN PSYCHOANALYSIS: IPSO SUPERVISION WITH PROF. DAVID TUCKETT

Chair: Hannah Weiss, MA, LCPC (Chicago, IL)
Presenter: Anna Chung, Ph.D., LPC (Washington, DC)
Discussant: David Tuckett, Ph.D., Prof.* (London, England)

This session is targeted to psychoanalysts-in-training, to address a gap between their current level of clinical knowledge and the level representative of a senior analyst. This presentation will narrow the knowledge gap through the application and discussion of a senior analyst's clinical knowledge. This activity is designed to increase learners' knowledge of clinical theory and its application in working with patients; specifically, that of a modern Kleinian/Bionian perspective. Learners will be involved in discussion/question and answer with the senior analyst to address their specific clinical knowledge needs. The presenter is an acknowledged, published, expert senior psychoanalyst, drawing on his vast experience and expertise to present an approach supported by scientific evidence and shown to be beneficial in the treatment of patients.

After attending this session, participants should be able to: 1) List 2 examples of Prof Tuckett's method of working with clinical material from a modern Kleinian/Bionian approach; 2) Demonstrate how Prof Tuckett applies the concept of interference in working with the clinical material. **CE: 2**

DISCUSSION GROUP 10: HISTORY OF PSYCHOANALYSIS: FREUD'S AVERSION TO PROOF

Chair: Peter L. Rudnytsky, Ph.D., LCSW (Gainesville, FL)
Co-chair: Madelon Sprengnether, Ph.D. (Minneapolis, MN)
Presenter: Austin Ratner, M.D. (Brooklyn, NY)
Discussant: Kerry J. Sulkowicz, M.D., President-elect (New York, NY)

Sigmund Freud wrote to Carl Jung in 1907, "I detest gladiatorial fights in front of the noble rabble and cannot easily bring myself to put my findings to the vote of the indifferent crowd." An examination of Freud's letters and papers indeed suggests that his emotions interfered with his efforts to prove and publicly explicate his theories. To justify this aversion to proof, Freud and later psychoanalysts have often pointed to the public's resistance to psychoanalytic ideas but, remarkably, they have

seldom looked inward at their own emotional resistance to presenting those ideas. Prizewinning novelist and independent scholar Austin Ratner discusses his research into psychoanalytic "proof aversion," which Mark Solms has said "could help determine the future direction of American psychiatry and mental science."

After attending this session, participants should be able to: 1) Describe the history of Freud and other psychoanalysts' emotional interferences in the context of public validation and explication activities; 2) Explain the defense mechanisms that contribute to "proof aversion". **CE: 2**

DISCUSSION GROUP 11: PSYCHOANALYSIS AND THE VISUAL ARTS: RADICAL EMPATHY THROUGH ART CASE STUDY: THE OBAMA PORTRAITS

Chair: Laurie Wilson, Ph.D. (New York, NY)
Co-chair & Presenter: Susan E. Cutler, Ph.D. (Ann Arbor, MI)
Discussant: Paula Christian-Kliger, Ph.D. (New York, NY)

Racist violence and political divide seem to be ever more extreme nationally, and the looming climate crisis and coronavirus pandemic have exposed deep fractures in our capacity to contain the basest of fears and hatred for each other. Within this emotional climate, the significance of the first Black president of the United States was a watershed. The Obama Presidential Portraits and their positive reception across the country has been unprecedented (Caragol, Moss, Powell, and Sajat, 2020) and can help us explore the "collective silence" around racism in psychoanalysis (Powell, 2018). "Radical empathy" (Givens, 2021) describes how self and other are interwoven, and impact interaction. By emotionally engaging with a work of art, we can increase our empathy regarding internalized racism in our work.

After attending this session, participants should be able to: 1) Use the Obama Presidential Portraits to assess the "collective silence" of the effects of racial prejudices and societal hostilities on the psyche and the fiction that psychoanalysis is free of these biases; 2) Describe how self and other are interwoven through "radical empathy" and its impact on work with racism as it manifests clinically. **CE: 2**

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. continued

DISCUSSION GROUP 12: ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Chair: Susan Kattlove, M.D. (Cambridge, MA)
Co-chair: Stephanie Schechter, Psy.D. (Cambridge, MA)

This discussion group will explore everyday ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Explain competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Use consultation with attention to confidentiality and power differentials when confronted with ethical dilemmas in psychoanalytic institutes. **CE: 2**

4:30 P.M. – 6:30 P.M.

TWO-DAY CLINICAL WORKSHOP #3: WORKSHOP SERIES IN PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)

Chair: Ann Dart, LCSW (Portland, OR)
Presenter: Darcy L. Berger, LICSW* (Brookline, MA)
Discussant: Amy G. Fleischer, LICSW (Norwich, VT)

This is a two-part session. Part 2 will take place Thursday June 2nd from 4:30 p.m. – 6:30 p.m. Participants are expected to attend both days.

This clinical workshop, sponsored by APsaA's Psychotherapy Department, will focus on psychotherapy process and technique. The workshop will feature a psychodynamic psychotherapist presenting detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and

techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe aspects of the transference-countertransference matrix; 2) Analyze shifts in the clinical process that deepened the treatment. **CE: 2**

TWO-DAY CLINICAL WORKSHOP #4: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Henry J. Friedman, M.D. (Cambridge, MA)
Presenter: Michael Gales, M.D. (Los Angeles, CA)
Discussant: Mitchell D. Wilson, M.D. (Berkeley, CA)

This is a two-part session. Part 2 will take place Thursday June 2nd from 4:30 p.m. – 6:30 p.m. Participants are expected to attend both days.

The two-day clinical workshop is designed to allow those attending to hear the analysis of a patient discussed by a psychoanalyst with a particular theoretical orientation. Those attending are expected to participate in the discussion and contribute their own perspectives on the case. The discussant in this workshop will discuss from a Lacanian perspective a presentation by a contemporary ego psychologist presenter. The aim is to provide an integration of these differing perspectives.

After attending this session, participants should be able to: 1) Demonstrate the essential aspects of a Lacanian approach to psychoanalysis and that of an ego psychological perspective regarding technique and interpretation; 2) Compare Lacanian theory with other theoretical orientations as a basis to the analysis of patients. **CE: 2**

DISCUSSION GROUP 13: TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM

Chair: Christopher W. T. Miller, M.D. (Baltimore, MD)
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)
Ann Marie Gustafson, M.D.* (Baltimore, MD)
Joo-Young Lee, M.D.* (Cambridge, MA)
Donald R. Ross, M.D. (Austin, TX)

The discussion group is geared toward educators and clinicians who wish to expand their repertoire for teaching psychodynamic principles to trainees. The use of film can lend an immediacy to highlight how particular dynamics are played out in a given

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4:30 P.M. – 6:30 P.M. continued

scene. This year's discussion group will focus on the psychodynamic exploration of melancholic depression, as depicted in the 2011 film *Melancholia*. In particular, the arcs of the two female characters differ significantly, as they each negotiate their problematic internalized object relations templates in the face of impending planetary catastrophe. Educational methods will include use of multimedia to show clips from the film, demonstrating how this methodology can be used in academic settings.

After attending this session, participants should be able to: 1) Explain salient psychodynamic aspects pertaining to melancholic depression; 2) Apply elements of object relations theory and ego psychology to the arc of the two main characters in the film *Melancholia*. **CE: 2**

DISCUSSION GROUP 14: ITALIAN PSYCHOANALYSIS AND CONTEMPORARY MODELS OF THEORY AND TECHNIQUE

Co-chairs: Christopher G. Lovett, Ph.D. (Newton Centre, MA)
Andrea Celenza, Ph.D. (Lexington, MA)
John C. Foehl, Ph.D. (Cambridge, MA)

Presenter: Sidney H. Phillips, M.D. (New Haven, CT)

This discussion group will examine the contribution to contemporary psychoanalysis made by clinical theorists who have emerged from within the distinctive set of developments in contemporary Italian psychoanalytic thinking and writing. The work of such authors as Civitarese, Ferro, Lombardi and Bologini will be highlighted, especially their attention to nonverbal, primitive levels of psychic functioning linked to early affective states and the body. The clinical focus will emphasize analysis as a system of transformations that take place within and through the analytic relationship. Participants will be invited to present clinical material that may be used to demonstrate the distinctive ideas and associated clinical approaches discussed.

After attending this session, participants should be able to: 1) Explain and utilize in therapeutic approaches the concepts of the analytic field, saturated versus unsaturated interpretation, and body-mind dissociation; 2) Describe and discuss the clinical use of the concepts of reverie and dreaming the session in the treatment of patients. **CE: 2**

DISCUSSION GROUP 15: THE CANDIDATE AT WORK: WORKING ANALYTICALLY WITH TRANSGENDER AND GENDER NON-CONFORMING CHILDREN

Chair: Christopher S. Rigling, Psy.D. (Chicago, IL)
Presenters: Himanshu Agrawal, M.D. (Hartland, WI)
Joseph E. Wise, M.D. (Brooklyn, NY)
Discussant: Christine Rio Bistis-Nadala, M.D., Ph.D., MPM (Lincoln, NE)

This is a presentation for candidates and interested others. The presentation will focus on the experience of treating transgender and gender non-conforming children psychoanalytically. The goal will be improved theoretical and clinical thinking regarding the variety of challenges analysts face in these treatment cases, with a focus on experiences of the child, the parent(s), and the psychoanalyst. The presenters will describe experiences that they have had in treatment and will provide clinical vignettes. Three discussants will respond to the clinical material as a way of highlighting clinical and theoretical issues of import.

After attending this session, participants should be able to: 1) Discuss the challenges that a psychoanalyst will face in the treatment of transgender and gender non-conforming children; 2) Explain aspects of transference-countertransference complications that apply in the transgender and gender non-conforming child population. **CE: 2**

DISCUSSION GROUP 16: PARENT WORK IN PSYCHOANALYSIS

Co-chairs: Jack Novick, Ph.D. (Closter, NJ)
Thomas F. Barrett, Ph.D. (Chicago, IL)
Presenter: Ellika C.B. McGuire, M.D. (Seattle, WA)
Discussants: Denia G. Barrett, M.S.W. (Chicago, IL)
Kerry Kelly Novick, FIPA (Closter, NJ)

Concurrent parent work involves learning how to form and maintain multiple therapeutic alliances. The requisite interpersonal, empathic, and communicative skills are an additional learning for traditionally-trained psychoanalysts. Working with parents of adolescent patients is a new, expanding arena of clinical activity, addressing dynamics such as failure to launch, parenting challenges with emerging adults, and conceptualizing this developmental phase. Inclusion of knowledge from allied fields strengthens the multi-modal clinical offerings of psychoanalysts. Recent research shows a significant correlation between treatment outcome and the therapeutic alliance with parents. This year we will hear a case from Dr. Ellika McGuire, with participant discussion led by Chairs Jack Novick,

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4:30 P.M. – 6:30 P.M. continued

Tom Barrett, and discussants Denia Barrett and Kerry Kelly Novick.

After attending this session, participants should be able to: 1) Revise technical strategies to incorporate concurrent parent work into treatment plans with adolescent patients; 2) Analyze inter-generational pathology that interferes with progressive development. **CE: 2**

DISCUSSION GROUP 17: SHAME DYNAMICS: SHAME, SELF-DOUBT AND EXTERNAL AUTHORITY: OF NORMALITY, NEUROSIS, AND SELF-CREATION

Chair &

Presenter: Peter Shabad, Ph.D.* (Chicago, IL)

Discussant: Sandra Buechler, Ph.D.* (New York, NY)

This session will address how shame leads to self-inhibition and loss of confidence in one's own authority to make decisions based on one's own set of ethical values. As a result of these self-doubts, individuals cede decision-making for their lives to others, first to parents and then later in life to peers and the social norms of one's society. From this point of view, the shame of one's individual uniqueness underlies both neurotic self-doubt and the "normality" of closely adhering to social norms. The session will then examine the alternative of individuals forming their own self-creating ethics.

After attending this session, participants should be able to: 1) Describe how shame leads to self-doubt and the need to obey external authority; 2) Utilize the patients' own desires to creatively form their own ethical values and away from blind adherence to social norms based on shame. **CE: 2**

7:00 P.M. – 9:00 P.M.

WELCOME RECEPTION



Welcome back to in-person meetings! Please join us as we open the 111th Annual Meeting and use this opportunity to catch up with old friends, meet new colleagues and enjoy time together. Candidates, Fellows, Teacher Academy Winners and First Timers will have designated meeting areas.

New! Stop by the APsaA Media Table for a sneak peek at our new logo and website.

APsaA thanks The Ernst and Gertrude Ticho Charitable Foundation for their generous donation to help make this event possible.

THURSDAY, JUNE 2, 2022

All sessions are in-person.

8:15 A.M. – 11:00 A.M.

ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL

Note: New candidates participating in the Travel Scholarship are required to attend this meeting. The Master-Teacher Award session will immediately follow the Candidates' Council Meeting, see page 15 for more information.

Candidates' Council leadership, committee chairs, and delegates from APsaA institutes welcome all candidates to attend this meeting. You will learn about committee work, participate in roundtable discussions of issues most relevant to candidates, have opportunities to compare notes with colleagues from around the world, gain an orientation to the greater APsaA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates.

8:15 A.M. – 4:00 P.M.

ADMINISTRATIVE MEETING: BOARD OF DIRECTORS

8:15 a.m. – 12:00 p.m.

Board of Directors Morning Session

12:00 noon – 1:30 p.m.

Lunch Break

1:30 p.m. – 4:00 p.m.

Board of Directors Afternoon Session

APsaA's Board of Directors is responsible for the management of the affairs and business of the association. The Board of Directors is comprised of the association's officers, eight nationally elected Directors-at-Large, Candidate Directors-at-Large, Ex Officio past officers and Directors representing each affiliate society of the association, as well as each affiliate and affiliated study group.

The Board of Directors meeting is open to any member of the association except when there is a need for the Board to be in executive session.

Note: The Business Meeting of Members will immediately follow the Board of Directors meeting. See page 19 for more information.

WEDNESDAY

THURSDAY

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9:00 A.M. – 11:00 A.M.

TWO-DAY CLINICAL WORKSHOP #1:
WORKSHOP SERIES IN ANALYTIC PROCESS AND
TECHNIQUE (PART 2) **CE: 2**

**THE PETER LOEWENBERG ESSAY PRIZE IN
PSYCHOANALYSIS AND CULTURE:
TRANSLATION AND ITS VICISSITUDES**

Chair: Murray M. Schwartz, Ph.D. (Amherst, MA)
Presenter &
Prize Winner: Peter T. Hoffer, Ph.D. (Secane, PA)
Title: Translation and Its Vicissitudes

The Peter Loewenberg Essay Prize (formerly the CORST Essay Prize) is awarded to a paper demonstrating outstanding psychoanalytically informed research and scholarship in the arts, humanities, or social and behavioral sciences. The Undergraduate Essay Prize and Courage to Dream Book Prize will also be awarded during this session.

All translators are confronted with the difficulty in conveying the intention of the author in a manner that is both faithful to the original text and comprehensible to the reader. As editor of the Revised Standard Edition of the Complete Psychological Works of Sigmund Freud, Mark Solms retained the basic structure and key concepts of Strachey's translation, despite objections by contemporary critics that he "falsely scientized" Freud. Citing some examples from the text and highlighting structural incongruities inherent in translating German into English, the present study seeks to demonstrate that, despite its apparent inconsistencies and ambiguities, Strachey's translation remained faithful to Freud's texts and to a characterization of psychoanalysis that existed in his time.

After attending this session, participants should be able to: 1) Describe the major differences between the current version of the Standard Edition of the Complete Psychological Works of Sigmund Freud and the Revised Standard Edition; 2) Discuss the difficulties encountered by the translator of German texts into English and describe the problems encountered by Strachey in his approach to translating Freud's idiosyncratic German. **CE: 2**

**EXPERIENTIAL PROCESS GROUPS:
LIVING IN DIVERSITY AND OTHERNESS: AN
EXPERIENTIAL PROCESS GROUP EXPERIENCE
(PART 1)**

Chair &
Convener: Anton H. Hart, Ph.D. (New York, NY)
Co-
facilitators: Dorothy E. Holmes, Ph.D., ABPP
(Bluffton, SC)
Dionne R. Powell, M.D. (New York, NY)
Justin Shubert, Psy.D., Ph.D.
(Los Angeles, CA)
Samuel P. Wyche, D.O. (Wyndmoor, PA)

This is a two-part session. Part 2 will take place on Saturday, June 4th from 9:00 a.m. – 11:00 a.m. Participants are expected to attend both days.

Registration will be limited to 24 people.

To allow for open-ended discovery and exploration of participants' personal-professional experiences of diversity and otherness. On two separate days, the session will begin with a combined group of 24 total registrants. Then, the group will be divided into two separate groups of 12, each led by two Co-facilitators, which will focus on the members' various subjective experiences in relation to how diversity and otherness is part of each participant's identity, clinical work, and psychoanalytic institutional life. All 24 registrants will reconvene at the end of the day's session for the purpose of collective learning under the guidance of the Chair/Convener.

After attending this session, participants should be able to: 1) Apply psychoanalytic thinking to clinical work on race/ethnicity and gender/sexuality; 2) Analyze blockages in working with race/ethnicity and gender/sexuality. **CE: 2**

**DISCUSSION GROUP 18:
CONTRIBUTIONS OF INFANT RESEARCH TO ADULT
TREATMENT: LEVERAGING PSYCHOANALYTIC
KNOWLEDGE: AN ANALYST ON TIKTOK**

Chair: Joo-Young Lee, M.D.* (Cambridge, MA)
Presenter: Alexandra Harrison, M.D. (Cambridge, MA)

Psychoanalysis has been criticized as being elite and out of touch with current culture. Yet psychoanalytic knowledge about childhood and parent-child relationships is a rich source of support for parents and other child caregivers. How can we bring that knowledge to many of those who are crucial to the healthy development of today's children instead of just the few that we see in our offices? One way is to leverage our clinical experience and scientific understanding through the use of social media. The presenter will demonstrate her points with podcast episodes and videos on YouTube, Instagram,

THURSDAY

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9:00 A.M. – 11:00 A.M. continued

twitter, and TikTok. The group is addressed to all psychoanalytic clinicians.

After attending this session, participants should be able to: 1) Discuss the gap between psychoanalytic knowledge about child development and current societal beliefs and practices; 2) List 3 foundational ideas in psychoanalysis that could benefit the childcare practice of parents, teachers, and other child caregivers. **CE: 2**

DISCUSSION GROUP 19: PSYCHOANALYTIC APPROACHES TO WORKING WITH CHILDREN WITH AUTISM SPECTRUM DISORDER

Chair &

Presenter: Susan P. Sherkow, M.D. (New York, NY)

Presenter: Lissa Weinstein, Ph.D. (New York, NY)

Dr. Sherkow will describe the eight-year analysis of a precocious, creatively gifted boy who presented at age 9 with autism spectrum disorder, focusing on how a confluence of constitutional and environmental factors have contributed to his presentation as rigid, asocial, and dysregulated. Dr. Weinstein will discuss the neuropsychological testing, which, for example, documents evidence of uneven development, such as deficits in inductive and deductive reasoning, that continues to lead to implosions and suicidal ideation. They will discuss diagnostic criteria, the concept of neuroplasticity, and the impact on ego development of neurogenetics and conflict in the formation of symptoms.

After attending this session, participants should be able to: 1) Compare the classic symptoms of Autism Spectrum Disorder with conflict-driven symptoms in a child; 2) Describe the psychoanalytic approach's impact on ego and superego development and conflict in the formation of symptoms. **CE: 2**

9:00 A.M. – 12:30 P.M.

ORAL HISTORY WORKSHOP #84: ERIK H. ERIKSON'S CONTRIBUTIONS TO PSYCHOANALYSIS

Chair: Nellie L. Thompson, Ph.D. (New York, NY)

Presenters: Daniel H. Jacobs, M.D. (Brookline, MA)

John Martin-Joy, M.D. (Watertown, MA)

Gil G. Noam, M.D.* (Cambridge, MA)

The workshop addresses a knowledge gap among contemporary psychoanalysts of Erik Erikson's wide-ranging contributions to psychoanalysis. Two papers will discuss Erikson's contributions. John Martin-Joy's paper, "Erik Erikson on Culture and Prejudice", examines Erikson's observations and formulations on racial and ethnic prejudice in *Childhood and Society*. Gil Noam's paper, "Erik and Joan Erikson: The Man, the Couple and the Actuality of Identity in Psychoanalysis", discusses Erikson's writings on identity, identity formation, through the prism of his personal life, his marriage, and his integration of cultural and social realities in his psychoanalytic studies, and his conceptualization of identity. Dan Jacob's paper is titled, "Imagining Erikson: The Man and Myth."

After attending this session, participants should be able to: 1) Summarize Erikson's observations on race and prejudice outlined in *Childhood and Society*; 2) Describe Erikson's conceptualization of identity. **CE: 3.5**

11:00 A.M. – 12:30 P.M.

CANDIDATES' COUNCIL MASTER TEACHER AWARD:

DR. MELVIN BORNSTEIN: "YOU ONLY HAVE YOURSELF TO RELY ON: THE WONDEROUS GIFT OF PSYCHOANALYTIC EDUCATION."

Chair: Sumru Tufekcioglu, Ph.D., President of the Candidates' Council (New York, NY)

Master Teacher

Award Recipient

& Presenter: Melvin Bornstein, M.D., (Birmingham, MI)

When past painful experiences are dissociated, a failed attempt at dealing with life ensues and keeps the patient in a repetitious experience of the past in the present. This can change in treatment only if the therapist is able to demonstrate to the patient that he can put the repetitious components of his trauma into his past and live life fully. Only he can do this with his agency and as a doer. His analyst is there to remind him that she is part of the safety of the present reality and that he has only himself to rely on.

After attending this session, participants should be able to: 1) Describe the analytic process to move from

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11:00 A.M. – 12:30 P.M. continued

living with repetitious components of dissociated past trauma to developing the agency to live life with its existential disappointments without having to be inhibited; 2) Demonstrate to the patient that he/she can work at putting the repetitious components of dissociated past trauma in the past and grow in the present. **CE: 1.5**

11:30 A.M. – 1:30 P.M.

GENDER AND SEXUALITY WORKSHOP: THE 2022 ROUGHTON AWARD PAPER ADOLESCENT RUTHLESSNESS AND THE TRANSITIONING OF THE ANALYST'S MIND BY OREN GOZLAN, PSY.D. C.PSYCH, ABPP, FIPA

Chair: Carol B. Levin, M.D. (Okemos, MI)
Co-chairs: Susan McNamara, M.D. (Middlefield, CT)
Presenter: Oren Gozlan, Psy.D., C.Psych., ABPP, FIPA* (Toronto, Canada)

This session will be valuable for clinicians interested in questions of gender, trans, nonbinary presentations and the dilemmas involved in encountering new subjectivities. The presentation will use a snippet of a clinical case to explore the conditions under which the analyst can think about adolescent demands for transitioning. The presentation will address the emotional situation of the clinical encounter between the non-binary or trans patient and the analyst in the context of the current status of gender and related anxieties in the field (specifically around trans and non-binary presentations).

After attending this session, participants should be able to: 1) Explain the dilemmas related to new gender subjectivities in the treatment of non-binary/non-normative adolescents; 2) Apply the clinical concepts of ruthlessness and potential space to the analysis of social dilemmas related to new gender subjectivities. **CE: 2**

2:00 P.M. – 4:00 P.M.

TWO-DAY CLINICAL WORKSHOP #2: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CE: 2**

SCIENTIFIC PAPER PRIZE:

SEPARATION ANXIETY IN PTSD: A PILOT STUDY OF MECHANISMS IN PATIENTS UNDERGOING IPT, DEPRESSION & ANXIETY

Chair &
Presenter: Barbara Milrod, M.D. (New York, NY)
Presenters: Jack Keefe, M.D.*
John Markowitz, M.D.* (New York, NY)
Discussant: Diana Diamond, Ph.D. (New York, NY)

The Scientific Paper Prize is awarded to the published paper from the previous year that the Committee judges to represent the best scientific research pertaining to psychoanalysis. Because of the disruptions of COVID, the Committee considered papers published in 2019 and 2020 for this prize. This year's prize was awarded to: Milrod B, Keefe JR, Choo TH, Arnon S, Such S, Lowell, A, Neria, Y, Markowitz, JC: Separation Anxiety in PTSD: A Pilot Study of Mechanisms in Patients Undergoing IPT. Depression & Anxiety 2020;1-10. <https://doi.org/10.1002/da.23003>. This paper demonstrates evidence for mechanisms of change in interpersonal psychotherapy for PTSD. IPT, like psychodynamic psychotherapy and psychoanalysis, is an affect-focused (as opposed to an exposure focused) psychotherapy. The authors will present research methods, articulating mechanisms of change that can provide clinicians with new strategies in their clinical approaches to patients.

After attending this session, participants should be able to: 1) Utilize separation anxiety and symptom specific reflective function as mechanisms of change; 2) Compare and distinguish between affect focused psychotherapies and exposure focused psychotherapies. **CE: 2**

CANDIDATES' FORUM:

DEAR CANDIDATE: ANALYSTS FROM AROUND THE WORLD OFFER PERSONAL REFLECTIONS ON PSYCHOANALYTIC TRAINING, EDUCATION, AND THE PROFESSION

Chair: Christopher S. Rigling, Psy.D. (Chicago, IL)
Presenter: April Crofut, M.D. (Portland, OR)
Discussant: Fred Busch, Ph.D. (Chestnut Hill, MA)

Note: This session does not offer Continuing Education Credit.

This presentation is targeted at candidates primarily but may be of interest to anyone attending the conference. The specific topic being addressed is the ways in which reflections on candidacy experience, coupled with advice from senior psychoanalysts is received by current candidates. This will be achieved through a series of readings, commentary,

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2:00 P.M. – 4:00 P.M. continued

and reflections by the discussant. It will also include audience questions and comments. This is derived directly from Fred Bush's recent book entitled, *Dear Candidate: Analysts from around the World Offer Personal Reflections on Psychoanalytic Training, Education, and the Profession*.

After attending this session, participants should be able to: 1) Utilize the experiences of psychoanalysts describing their experiences in candidacy; 2) Reflect on their own candidacy, and the ways in which it has and is shaping their identity as a psychoanalyst.

DISCUSSION GROUP 20: TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES

Chairs: Deborah Shilkoff, LICSW (Cambridge, MA)
Rita Teusch, Ph.D. (Cambridge, MA)

Presenter: Paola M. Contreras, Psy.D. (Cambridge, MA)

Non-neurotic patients with severe deficits in attachment and/or trauma histories present great treatment challenges. Their original body ego is not psychically represented and accessible through mediation by words. Unbearable primitive states exist, expressed through projective identification, primitive transference, enactment, concrete thinking, attachment difficulties, somatic states, annihilation anxieties, panic attacks, eating disorders, addiction. Our countertransference reveals the self-experience of such patients. If we mistakenly assume their capacity to bear affect and symbolize unrepresented states, they feel unheard, disorganized and terrified, get worse or leave treatment prematurely. The road to psychic representation is long, with periods of apparent lack of progress, deadness, or sudden emotional storms. A case discussion will illustrate these points.

After attending this session, participants should be able to: 1) Describe how unrepresented or poorly represented psychic states come about, and how they are related to somatization; 2) Summarize how non-neurotic patients with severe deficits in attachment and/or trauma histories develop the capacity to symbolize thoughts and feelings and use words to describe them or act them out. **CE: 2**

DISCUSSION GROUP 21: SOCIAL AND HISTORICAL FACTORS IN CLINICAL WORK

Chair &

Discussant: Donald B. Moss, M.D. (New York, NY)

Discussant: Dorothy E. Holmes, Ph.D., ABPP
(Bluffton, SC)

A clinical case will be presented involving a patient-analyst dyad in which race and/or class differences between the two are prominent. These differences will be emphasized in the discussion so as to highlight their relative importance and even primary status in comparison with the standard emphasis on intrapsychic family oriented issues. This presentation targets a broad clinical audience who are dealing with an increasingly diverse patient population while still under the influence of clinical theories that underemphasize social/historical factors. Presenters have had decades of experience with this kind of dyad and have published widely about these issues.

After attending this session, participants should be able to: 1) Analyze patients whose presenting problems derive directly from their race/class backgrounds and integrate those backgrounds with the standard psychoanalytic perspective on internal family-derived problems; 2) Design a model for treatment oriented to a revised strategy regarding the clinical importance of race and class. **CE: 2**

DISCUSSION GROUP 22: FACING THE FACTS: SELF-DISCLOSURE AND THE ANALYTIC RELATIONSHIP

Chair: Stephanie Brody, Psy.D. (Lexington, MA)

Presenter: Linda Emanuel, M.D., Ph.D. (Lincoln, MA)

Discussants: Denia G. Barrett, M.S.W. (Chicago, IL)
Robert M. Galatzer-Levy, M.D. (Chicago, IL)
Phil S. Lebovitz, M.D. (Glencoe, IL)
Joseph M. Schwartz, M.D. (Cambridge, MA)
Molly R. Witten, Ph.D. (Chicago, IL)

This discussion group will explore how analyst disclosure or the failure to disclose attitudes about death can impact the clinical dyad. There will be special reference to the emerging concept of Existential Maturity, a way to understand our personal responses to death, and how such discussions of mortality can inform psychoanalytic thinking about self-disclosure, clinical practice, and life itself.

After attending this session, participants should be able to: 1) Describe the concept of Existential Maturity in the context of psychoanalytic thinking about self-disclosure and clinical practice; 2)

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2:00 P.M. – 4:00 P.M. continued

Summarize how analyst disclosure or the failure to disclose attitudes about mortality can impact the clinical dyad. **CE: 2**

DISCUSSION GROUP 23: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair: M. Sagman Kayatekin, M.D.
(Missouri City, TX)

Co-chair: Michael Groat, Ph.D., M.S.
(New Canaan, CT)

This session is targeted to help the treaters to have a multilayered, psychoanalytically informed systemic formulation of the patient, and strategize the treatment within that complicated formulation. Drs. Kayatekin and Groat have extensive experience in Psychoanalytic individual, family, group, milieu and hospital teamwork. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP's, partial hospitalizations, and day treatment programs. These contexts, with their regressive/progressive capabilities on the person and the psychopathology, provide a unique window to the fascinating interrelatedness of intra-psychoanalytic and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will expand participants' understanding beyond the intrapsychic/dyadic psychoanalytic approaches that dominate the psychoanalytic theory.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CE: 2**

DISCUSSION GROUP 24:

THE VULNERABLE CHILD: SEPARATION-INDIVIDUATION REEXAMINED: PANDEMIC AND ITS IMPACT ON ADOLESCENT DEVELOPMENTAL TASKS

Co-chairs: Richard L. Cruz, M.D. (Chadds Ford, PA)
Christie Huddleston, M.D. (Bala Cynwyd, PA)

Presenter: Monisha Nayar-Akhtar, Ph.D.
(Wynnewood, PA)

Recorder

& Planner: Mary Davis, M.D. (Lancaster, PA)

Monisha Nayar-Akhtar presents the psychoanalytic treatment of a freshman college woman whose move to campus and in-person analysis were abruptly derailed with the Pandemic lockdown. Her return home led to emotional and physical regression and threatened already compromised development. Virtual analytic work continued in a fragmented world. The session is designed for therapists and other professionals working with vulnerable children and adults. Group discussion facilitates participants relating case material to their own practices.

After attending this session, participants should be able to: 1) Describe how the second individuation process in adolescence is affected by pandemic trauma, cultural influences and intergenerational trauma; 2) Describe adjustments to the treatment frame during the pandemic to allow holding environment and analytic inquiry. **CE: 2**

DISCUSSION GROUP 25:

ANALYTIC LISTENING: REFLECTIONS ON HYPOTHESIS AND EVIDENCE

Chair: Ralph Beaumont, M.D. (Portland, OR)

Co-chair: Maida J. Greenberg, Ed.D.
(Newton Centre, MA)

Presenter: Sarah Ackerman, Ph.D. (Hanover, NH)

The format of this discussion group will involve taking a close look at process notes of single session(s). The focus will be on details of the data-gathering process, and on how to conceptualize clinical methodology, and how to consider the distinctions between the hypotheses generated and the evidence for them. Goals will be to try to sharpen participants' views of nuances of communications, both verbal and nonverbal, to highlight attendance to cues participants might otherwise overlook, and to reflect on assumptions and inferences – whatever espoused theoretical models may be applied – to see how these may or may not hold up or stand in the way of opening yet untried paths.

After attending this session, participants should be able to: 1) Analyze the distinctions between the

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2:00 P.M. – 4:00 P.M. continued

interpretive hypotheses generated, and the evidence based on the patient's subsequent associations; 2) Utilize nuances of communication, both verbal and non-verbal, to attend to overlooked cues and reflect on assumptions and inferences. **CE: 2**

DISCUSSION GROUP 26: RESEARCH ON THE RELATION OF PSYCHOANALYSIS AND NEUROSCIENCE: FREE ASSOCIATION IN PSYCHOANALYSIS: HISTORICAL AND CONTEMPORARY PERSPECTIVE AND LINKS TO NEUROSCIENCE CONTRIBUTIONS

Chair: Charles P. Fisher, M.D. (Berkeley, CA)
Presenters: Barton J. Blinder, M.D., Ph.D. (Newport Beach, CA)
Andrei Novac, M.D. (Newport Beach, CA)
Discussants: Henry Zvi Lothane, M.D. (New York, NY)
Richard Tuch, M.D. (Los Angeles, CA)

With changing approaches to psychoanalytic technique, the use of free association and understanding of free association may have diminished. This educational activity will emphasize the historical and contemporary perspectives on free association and apply further research on the utility and significance of this foundational psychoanalytic concept. This discussion group will present a paper on free association and links to neuroscience contributions accompanied by a slide presentation and discussion. Attendees will receive three reference papers with an overview of the history of free association, changing perspectives, and the evolving therapeutic implications. Integration with neuroscience contributions will be emphasized in terms of the connection to therapeutic change.

After attending this session, participants should be able to: 1) Explain the neurobiological roots of free association, its central nervous system foundation and relationship to systems of spontaneous thought, memory, and executive function; 2) Access the evolutionary and therapeutic role of free association in psychotherapeutic change involving memory reconsolidation and potential mobilization of spontaneous thought. **CE: 2**

DISCUSSION GROUP 27: IMPASSES IN PSYCHOANALYSIS: IMPASSES AND “FAILURES” IN PSYCHOANALYSIS

Chairs: Steven H. Goldberg, M.D. (San Francisco, CA)
Judy L. Kantrowitz, Ph.D. (Brookline, MA)

This session is intended for psychoanalysts and psychoanalytically oriented psychotherapists. Its main purpose is to help clinicians diagnose and formulate strategies for working with clinical impasses. For many years, analysts have been reluctant to talk openly about impasses and analytic failures. Our goal is to normalize the experience, and to create a forum in which such cases can be discussed openly, and creative solutions formulated.

After attending this session, participants should be able to: 1) Assess the complicated factors in patient, analyst, and their interaction that lead to impasses in analytic treatment; 2) Compare clinical impasses with impasse-like clinical phenomena when seeking impasse consultation. **CE: 2**

4:00 P.M. – 4:45 P.M.



ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

NEW DAY & TIME The Meeting of Members is an opportunity for all APsA members to learn about current activities of the Association. All registrants are encouraged to attend.

4:30 P.M. – 6:30 P.M.

TWO-DAY CLINICAL WORKSHOP #3: WORKSHOP SERIES IN PSYCHOANALYTIC PSYCHOTHERAPY (PART 2) **CE: 2**

TWO-DAY CLINICAL WORKSHOP #4: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CE: 2**

DISCUSSION GROUP 28: PSYCHOANALYSIS ACROSS THE DISCIPLINES: THE FIRST GIFT: FREUD, DAVID COPPERFIELD, AND THE SISTERS BERNAYS

Chair: Vera J. Camden, Ph.D. (Cleveland Heights, OH)
Presenter: Peter L. Rudnytsky, Ph.D., LCSW (Gainesville, FL)
Discussant: Robert A. Paul, Ph.D. (Stone Mountain, GA)

Note: This session does not offer Continuing Education Credit.

Freud's first gift to Martha Bernays was a copy of David Copperfield, and this novel remained

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4:30 P.M. – 6:30 P.M. continued

his favorite among Dickens's works. Drawing on Freud's correspondence with both Martha and her younger sister Minna, Peter Rudnytsky's paper contemplates the symbolism of Freud's choice in light of the probability that he and Minna entered into a clandestine love affair in the summer of 1900. The gift has one meaning at the time and another in hindsight, just as Dickens's novel is structured by the dual perspectives of protagonist and narrator. The uncanny resonances between Freud's life and Dickens's plot are examined, as are those between the secret histories of desire of both these troubled geniuses, whose reputations depended on preserving a façade of bourgeois respectability.

After attending this session, participants should be able to: 1) Explain the significance of Freud's choice of David Copperfield as his first gift to his future wife; 2) Describe the multiple parallels between Freud's life and the plot of David Copperfield, as well as between the lives of Dickens and Freud.

DISCUSSION GROUP 29: PSYCHOANALYTIC PERSPECTIVES ON OPERA: ELECTRA

Chairs: Ralph Beaumont, M.D. (Portland, OR)
Lynn Buell, MSSW, FABP (Seattle, WA)
Presenters: Catherine Mallouh, M.D. (San Francisco)
John Muller, M.Phil.* (New York, NY)

Elektra, by Richard Strauss, delves into a world of tragedy, vengeance, and murder and Electra is at its center with her unwavering drive to avenge the death of her father, Agamemnon. Strauss's musical style heightens the emotional intensity, reflecting the characters' inner conflict. The discussion will focus on traumatic loss, pathologic mourning and the underpinnings of the desire for vengeance. The Electra complex will also be reconsidered. What is also present, but unacknowledged, is Agamemnon's murder of Iphigeneia, Electra's sister. This unknowingly haunts Electra's mother, and it is ultimately this loss that casts its shadow upon the characters. This death is not overtly part of the opera thus, repression is a part of the opera's narrative structure making it truly psychoanalytic.

After attending this session, participants should be able to: 1) Discuss the effects of traumatic loss on the mourning process and the features of pathologic mourning; 2) Explain the need for vengeance as an effect of trauma and loss across generations but also as a defensive structure against psychic fragmentation. **CE: 2**

DISCUSSION GROUP 30: INTERPRETATION, PROCESS AND TECHNIQUE IN THE USE OF PLAY IN THE ANALYSIS OF PRE- OEDIPAL CHILDREN

Co-chair &
Presenter: Susan P. Sherkow, M.D. (New York, NY)
Co-chair &
Host: Alexandra Harrison, M.D. (Cambridge, MA)

This discussion group will consider the theory and technique of analytic work with pre-oedipal children, with an emphasis on close examination of the process of play and on the special features of play which reflect a child's particular developmental capacity. Clinical material from the analytic case of a pre-oedipal child will be presented by Dr. Sherkow. The case will be discussed by the group from a number of points of view, including: psychoanalytic theory, interpretation, defense analysis, transference and countertransference, specific issues of development, and play technique.

After attending this session, participants should be able to: 1) List three developmental features of preschool children that make play the preferable therapeutic technique; 2) Describe the process of play and special features of play in the clinical setting which reflect a child's particular developmental capacities. **CE: 2**

DISCUSSION GROUP 31: WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D.
(Chestnut Hill, MA)
Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)
Mark Moore, Ph.D. (Philadelphia, PA)
Jonathan Palmer, M.D. (Newton, MA)
Harvey J. Schwartz, M.D. (Philadelphia, PA)
Peggy E. Warren, M.D. (Waban, MA)
Presenter: David Levoy, M.D.* (Newton, MA)

Analysts and other clinicians are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that our reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of our clinical work from spoken to written modes, as this is seen in an analytic case report. Dr. David Levoy, an adult and child analyst, will present a case report that shows how the structure of case writing in adult and child analysis can be similar. Clinicians who attend will explore ways to write more easily. We will also discuss our hesitations and concerns about case writing, and

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

how these can be alleviated.

After attending this session, participants should be able to: 1) Prepare and write about the analyst's or clinician's work in a case report; 2) Describe the specific experience of both patient and clinician in the clinical account. **CE: 2**

DISCUSSION GROUP 32: TREATING THE SUICIDAL PATIENT

Chair: Mark J. Goldblatt, M.D. (Cambridge, MA)

Presenter: Stephanie Schechter, Psy.D.
(Cambridge, MA)

Discussants: Elsa Ronningstam, Ph.D. (Belmont, MA)
Mark A. Schechter, M.D.* (Needham, MA)

This discussion group is targeted at clinicians involved in the psychoanalytic treatment of suicidal patients and psychoanalysts interested in understanding the suicidal mind. The presentation focuses on understanding and treating suicidal states. We use a case presentation and discussion of the material as the educational method to allow participants to learn about suicidal states and therapeutic interventions. The discussion of the detailed case description of the suicidal patient's subjective state and the response to the analyst's interventions will inform attendees of the current understanding of the field today. The presenter and discussants are all experienced psychoanalysts with expertise in treating suicidal and self-destructive people and have participated in this discussion group for several years.

After attending this session, participants should be able to: 1) Describe the distress that accompanies a suicidal state of mind; 2) Compare therapeutic interventions that contribute to deepening engagement and suicide preventing in contrast to actions that are experienced as aversive and suicide inviting. **CE: 2**

DISCUSSION GROUP 33: JAMES JOYCE'S "ULYSSES" AND PSYCHOANALYSIS

Co-chairs: Steven S. Rolfe, M.D. (Bryn Mawr, PA)
Paul Schwaber, Ph.D. (Hamden, CT)

"Ulysses" by means of characterizations that in context makes real and credible the inner lives of fictive persons and provides, through artistic form and aesthetic experience, what scientific case studies cannot manage, for it portrays minds in action, the specificity, rhythms, ideas, association, feelings, and recurrences that distinguish and, in

the clinical situation, reveal distinct persons. In doing this it offers occasion for showing by extrapolation how an analyst listens and ponders, that is follows along, notices things, and reflects about a person who is saying whatever comes to mind, or trying to. This year's reading: "Ulysses: Chapter 13 "Nausicaa", Chapter 14 "Oxen" Gabler Edition, Vintage Books. Supplemental reading: "The Argument of Ulysses" Stanley Sultan.

After attending this session, participants should be able to: 1) Explain the role of sexual fantasy in development; 2) Discuss the mourning process and the complexity of defenses involved in mourning. **CE: 2**

DISCUSSION GROUP 34: UNDERSTANDING PRIMITIVE MENTAL STATES AND THE NATURE OF THE OBJECT RELATIONSHIP

Chairs &

Presenters: Lynne M. Zeavin, Psy.D. (New York, NY)
Kay Long, Ph.D. (New Haven, CT)

Discussants: Lindsay L. Clarkson, M.D. (Dorset, VT)
Shelley Rockwell, Ph.D. (Washington, DC)

Kleinian theory has been underrepresented in many psychoanalytic institutes across the country while at the same time many of its ideas are in wide usage. This has led to a misunderstanding of many basic Kleinian ideas. This discussion group will have one of the co-leaders present clinical material that the other co-leaders will discuss, drawing out particular Kleinian concepts that are manifest in the material such as projective identification and the nature of the object relationships that inform the transference. The aim of this discussion group will be to deepen our theoretical understandings of clinical material and the analyst's interventions—what guides or impedes them, as the case may be. There will be ample time for discussion among group participants.

After attending this session, participants should be able to: 1) Describe the role of projective identification as unconscious communication and its effect on the analyst; 2) Utilize the Kleinian model of transference interpretations to refocus interventions on what is happening in the present moment of the session. **CE: 2**

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M. continued

DISCUSSION GROUP 35: PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS

Chair: Richard P. Kluff, M.D., Ph.D.
(Bala Cynwyd, PA)

Co-chair &
Discussant: Ira Brenner, M.D. (Bala Cynwyd, PA)

This group is designed for psychoanalytic/psychodynamic clinicians familiar with the basic phenomena of Dissociative Identity Disorder (DID) and allied states. After reviewing how dissociation became dissociated from the psychoanalytic mainstream, it will review aspects of dissociation: 1) a defense; 2) an altered state; and 3) a model of mental organization. We will then demonstrate with verbatim materials how these three aspects can be identified and addressed in treatment. It will familiarize attendees with modifications of technique well within the psychoanalytic realm which can both facilitate the treatment of dissociative patients and help them address the sequelae of the profound traumata they have endured, including traumatic and dissociative transferences. The therapist's experiences in working with such situations will be addressed.

After attending this session, participants should be able to: 1) Design and apply effective confrontations and interpretations for work with dissociative defenses; 2) Compare and critique the clinical relevance of paradigms of dissociation as a defense, a description of mental modularity, and an altered state. **CE: 2**

4:30 P.M. – 7:00 P.M.

CLINICAL CONFERENCE 1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: PLAYER ONE, PLAYER TWO: EVOLVING ROLES OF VIDEO GAMES IN PSYCHOANALYSIS

Chair: Jamie Steele, LMFT (Troy, NY)
Presenter: Sien Rivera, M.D. (Columbia, SC)
Discussant: Susan L. Donner, M.D. (Woodland Hills, CA)

Video games have an increasingly powerful presence in the experience of childhood and adolescence in our culture. However, psychoanalytic discourse surrounding gaming tends to simplify, demonize or altogether omit the role that gaming can play in psychological development, and in particular, identity exploration. This session will focus on the treatment of a 17-year-old transgender patient for whom video games and other virtual

spaces served as essential modes of psychic exploration and identity integration, and how gaming affected their clinical course. The presenter will discuss past and present psychoanalytic approaches to gaming, explore clinical applications of video games, and speculate potential roles of new and emerging virtual technologies.

After attending this session, participants should be able to: 1) Describe the role that video games play in the development and formulation of a patient's essential modes of psychic exploration and identity integration; 2) Utilize video games as a potential tool in clinical assessment and treatment. **CE: 2.5**

7:00 P.M. – 9:00 P.M.

DISCUSSION GROUP 36: PSYCHOANALYTIC EXPLORATIONS: THE AFFECTIVE CENTER OF PSYCHOANALYSIS

Chair &
Presenter: Merton A. Shill, LLM, Ph.D. (Ann Arbor, MI)

Two consecutive sessions with two different patients will be used to illustrate the affective processes between patient and analyst in psychoanalysis, referred to here as the Affective Center. Although the analyst's affective center as expressed in the countertransference is now more comprehensively framed than before, it focuses more on an appreciation of the intersubjective responses within the patient which underlie projective enactments and does not consider the residual effect of a non-neurotically based, unrecognized real-life trauma experienced by the analyst on the affective interchange. Interactive group discussion of the clinical material will illustrate fundamental significance of the Affective Center for psychoanalytic treatment for all clinicians. This has been the focus of the presenter's research and publications for over the past 10 years.

After attending this session, participants should be able to: 1) Describe the underlying interactive affective interchange between patient and analyst; 2) Prepare a clinical intervention that maximizes the opportunity for affective interaction to contribute to the therapeutic action of the treatment. **CE: 2**

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7:00 P.M. – 9:00 P.M. continued

DISCUSSION GROUP 37: PSYCHOANALYSIS AND CHINA: TRAINING ONLINE

Chair: Lana Prince Fishkin, M.D. (Bala Cynwyd, PA)
Co-chair: Elise W. Snyder, M.D. (New York, NY)
Presenters: Wendy Cuiqin, MA (Shanghai, CHINA)
Jiang Qi Zhuang, MA (Chengdu, CHINA)
Dong Wang, MA (Zhejiang, CHINA)

This discussion group will be of interest to anyone involved with, or contemplating becoming involved with, distance education in psychodynamic psychotherapy education. The presenters, three Chinese CAPA graduates, have organized psychodynamic training programs in three Chinese cities via the internet. The effectiveness and difficulties of distance training will be explored, and discussion among the participants will be encouraged to increase knowledge and competence with this necessary training modality.

After attending this session, participants should be able to: 1) Utilize a video conference platform to conduct a distance psychodynamic psychotherapy training program; 2) Assess the effectiveness of a distance psychodynamic psychotherapy training program. **CE: 2**

SOCIAL EVENT: JOINT CANDIDATES' COUNCIL/IPSO SUMMER PARTY: BOSTON HARBOR CRUISE ABOARD THE CLASSIC YACHT, NORTHERN LIGHTS

Location: Classic Harbor Line Boston Rowes Wharf (directly behind the Boston Harbor) Hotel located at 60 Rowes Wharf, Boston, MA 02110
Cost: \$70 (includes cruise, dinner, drinks, music, and camaraderie)

Note: This party is specifically for Candidates, APsaA Fellowship Winners and applicants, Graduate Students and Other trainees.

APsaA's Candidates' Council and the International Psychoanalytical Studies Organization (IPSO) are happy to invite you to the annual Summer Party. Join your fellow candidates, APsaA fellows, graduate students, and other trainees from 7:00 p.m.-9:00 p.m. aboard the classic yacht, Northern Lights on a private tour along the Boston Harbor. Yacht Northern Lights was inspired by the famous (and infamous) New England commuter yachts of the roaring twenties. These classic boats were commonplace along the New England coastline between Boston/Fall River and New York City. We will enjoy the sights, conversation, food, drinks, music, and the chance to see friends, old and new, from across the country and around the world.

**Advance registration was required.
This event is sold out.**

FRIDAY, JUNE 3, 2022

All sessions are in-person.

9:00 A.M. – 10:30 A.M.

PLENARY ADDRESS AND PRESENTATION OF AWARDS

The 2022 Lee Jaffe Candidates' Council Psychoanalytic Paper Prize

Kristin Fiorella, Psy.D., M.F.T.

Title: "Thinking in Marrow Bone."

Semi-finalist: **Alice X. Huang, M.D., M.S.**

Title: "Finding "sense" in separation: aesthetic experiences as transitional phenomena in the analytic process"

The 2022 Roughton Award Paper

Oren Gozlan, Psy.D. C.PSYCH, ABPP, FIPA

"Adolescent Ruthlessness and the Transitioning of the Analyst's Mind"

Ernst and Gertrude Ticho Memorial Award

Daria Colombo, M.D.

Autotheory: Toward the Embodying of Analytic Framing

Plenary Address

Chair: William C. Glover, Ph.D., President (Berkeley, CA)

Introducer: Donald B. Moss, M.D. (New York, NY)

Speaker: Jane V. Kite, Ph.D. (Cambridge, MA)

Title: In Dreams Begin Responsibilities: Facing Ethical Fragility in Psychoanalysis



Addressed to practicing psychoanalysts and mental health professionals, this plenary will make the point that the basis for ethics in psychoanalysis is paradoxically anchored in what is unknown in the analyst, and the unforeseen ways in which the analyst's unrepresented traumatic experiences may contribute to ethical failures in practice. Ethical fragility and uncertainty will be assumed as the norm rather than the exception in all of us, calling the question of whether ethics can be "taught" in an a priori fashion at psychoanalytic institutes. The phenomenon of fundamental human helplessness in the face of the inevitable transgenerational transmission of trauma will also be addressed, including the role played by early unregistered trauma in the analyst that may be discovered and recreated in "boundary violations".

After attending this session, participants should

THURSDAY

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9:00 A.M. – 10:30 A.M. continued

be able to: 1) Discuss the difficulty represented by the tacit assumption that psychoanalysis is a fundamentally ethical practice; 2) Assess whether ethics can be successfully taught in psychoanalytic institutes apart from individual experience in analysis. **CE: 1.25**

11:00 A.M. – 1:00 P.M.

ERNST AND GERTRUDE TICHO MEMORIAL LECTURE: DARIA COLOMBO

Introducer: Adele Tutter, M.D., Ph.D. (New York, NY)
Speaker: Daria Colombo, M.D. (New York, NY)
Title: Autotheory: Toward the Embodying of Analytic Framing



The Ernst and Gertrude Ticho Charitable Foundation was established after the death of Dr. Gertrude Ticho in 2004. In 2005 the Ticho Foundation worked with the American Psychoanalytic Association to recognize the work of mid-career psychoanalysts and

to encourage active participation in the American Psychoanalytic Association. Daria Colombo was selected to give the Ticho memorial lecture at APsaA's 109th Annual Meeting which was postponed due to Covid 19.

Autotheory is an emerging idea in Feminist theory that emphasizes the inevitability of the subjective and embodied personal within any development, understanding, or use of, theory. Autotheory offers a way to bring the sexed and gendered body of the analyst back into view in clinical practice and is a possible route to re-libidinizing psychoanalytic theory. The embodied part of the "personal" contribution of the analyst will be examined through conceptions of framing and the frame, extending and further conceptualizing ideas prominently addressed within relational and intersubjective theories. Framing as a developing psychoanalytic process is considered in relation to the ways in which autotheoretical texts enact or depict the unceasing interplay of relational experience and theory that form subjectivity. A clinical vignette describes the author's experience of framing activity during remote videoconference therapy.

After attending this session, participants should be able to: 1) Describe the difference between the activity of framing and the frame; 2) Analyze how embodied subjective experience can facilitate the developmental process of framing. **CE: 2**

PANEL 1:

GENDER AND SEXUALITY — HOW INTERNAL RESPONSES TO QUEERNESS BECOME ENACTED IN PSYCHOANALYSIS

Chair: Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)

Panelists: Willa France, J.D. (New York, NY)
Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Lara Sheehi, Psy.D. (Williamsburg, VA)

This panel will explore how our views about queerness and queer identities, both conscious and unconscious, become enacted in our field - in the education of candidates, political group dynamics, and our own clinical practices. The panelists, through their firsthand experiences, will reflect on how these enactments affect candidates, institutes, and analytic patients. Esteemed panelists with broad historical perspectives will dialogue with newer contributors to the field.

After attending this session, participants should be able to: 1) Describe how unspoken beliefs about queerness and queer identities operate within an institutional context; 2) Analyze how countertransference reactions regarding gender and sexuality affect theories and practices. **CE: 2**

CHILD PANEL:

MOTHERING A CHILD WITH A VISIBLE FACIAL DIFFERENCE: THE GAZE OF THE MOTHER AND THE GAZE OF THE OTHER

Chair: Bonnie J. Buchele, Ph.D. (Kansas City, MO)
Presenter: Sandra G. Hershberg, M.D. (Bethesda, MD)
Discussants: Aisha Abbasi, M.D. (West Bloomfield, MI)
Rosemary H. Balsam, M.D. (New Haven, CT)

Mothering her child with Moebius Syndrome, congenital facial paralysis, in which the face appears visibly different from birth, sets the stage for Dr. Hershberg's own maternal experience where "the mother's sense of self, and her own feelings of unfamiliarity within herself, never quite settle because her subjectivity is constantly disrupted by others' responses to her child. . . amplifying her own ambivalence (Harvey, 2020)." Referencing the impact of various gazes — loving empathic, uncanny, paternal, grandmotherly, medical and analytic — along with her daughter's writings, Dr. Hershberg provides a window into the maternal experiences of abjection and pleasure and the child's experiences of alienation, reparation and rebellion. The impact of these experiences on the analyst's sensibility and view of difference will be explored.

After attending this session, participants should

DAILY SCHEDULE

11:00 A.M. – 1:00 P.M. continued

be able to: 1) Describe the emotional impact of the uncanny gaze expressed by a non-disabled mother of a child with a visible difference; 2) Explain the concept of ‘abjection’ identified by Kristeva and the concept of ‘the mother’s face as a mirror’ described by Winnicott. **CE: 2**

11:30 A.M. – 1:30 P.M.

THE 2022 LEE JAFFE CANDIDATES’ COUNCIL PSYCHOANALYTIC SEMI-FINALIST PAPER PRIZE

Chair: April Crofut, M.D. (Portland, OR)
Presenter: Alice X. Huang, M.D., M.S. (Portland, OR)
Discussant: Donald B. Moss, M.D. (New York, NY)

The Lee Jaffe Candidates’ Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning papers are selected based on a blind peer review process with candidates serving as readers and judges. This year’s semi-finalist prize winner Alice Huang, MD will present her paper “Finding “sense” in separation: aesthetic experiences as transitional phenomena in the analytic process”. Donald B. Moss, M.D. will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Explain how aesthetic engagements can function as replacements for sensory framework and transitional objects in a virtual therapeutic dynamic; 2) Describe sensory and bodily data in the absence of physical presence. **CE: 2**

12:00 P.M. – 1:30 P.M.

RESEARCH SYMPOSIUM: NEUROBIOLOGICAL PRECONDITIONS AND STRUCTURAL DEVELOPMENT IN PSYCHOANALYTIC OBJECT RELATIONS THEORY

Chair: Charles P. Fisher, M.D. (Berkeley, CA)
Presenter: Otto F. Kernberg, M.D. (White Plains, NY)
Discussant: Mark Solms, Ph.D. (Cape Town, South Africa)

This presentation will propose an integration of neurobiological and psychodynamic aspects of psychic development. The presentation recommends revisions of psychoanalytic theory in relation to the theory of drives and the theory of the dynamic unconscious. In doing so, the presenter will refer to affect theory, brain structures involved

in self representation, object representation, and their linkage with positive and negative affect activation, primitive and advanced defenses, identity diffusion, and the tripartite structure. Therapeutic implications will be presented in relation to the development of the dynamic unconscious. The discussant will offer an independent but closely related view of the issues from within both psychoanalysis and neuroscience. There will be time for questions and discussion by participants in the activity.

After attending this session, participants should be able to: 1) Describe at least two proposed revisions of psychoanalytic theory derived from the integration of neurobiological and psychodynamic development; 2) Discuss treatment implications of a theory of the development of the dynamic unconscious. **CE: 1.5**

1:00 P.M. – 2:30 P.M.

PRESIDENTIAL SYMPOSIUM: REIMAGINING APSAA – PSYCHOANALYSIS RECKONS WITH RACISM: MEETING THE NEED FOR TRANSFORMATION

Chair: Kerry J. Sulkowicz, M.D., President-elect (New York, NY)
Presenters: William C. Glover, Ph.D., President (Berkeley, CA)
Dorothy E. Holmes, Ph.D., ABPP (Blufton, SC)
Harriet L. Wolfe, M.D. (San Francisco, CA)

This program will give psychoanalysts and mental health practitioners the opportunity to hear from leaders in the psychoanalytic community discussing racial equity in psychoanalytic education and institutional life, and the chance to ask questions on this important topic. Identifying, confronting, and addressing racism has become a focus for psychoanalysis in the US since the murder of George Floyd. Protests and calls for justice around the world reflect the universality of systemic racism. The Chair of the Holmes Commission on Racial Equality in the American Psychoanalytic Association, the President of the American Psychoanalytic Association, and the President of the International Psychoanalytical Association will each discuss, from their personal and organizational perspectives, their views on where psychoanalysis has come to on race and their visions of what to do now.

After attending this session, participants should be able to: 1) Explain systemic racism in psychoanalytic education and institutional life; 2) Assess

DAILY SCHEDULE

1:00 P.M. – 2:30 P.M. continued

strategies and programs to establish racial equity in psychoanalytic education and institutional life.

CE: 1.5

2:00 P.M. – 3:30 P.M.

DPE DPE CRITICAL THINKING SEMINAR: TEACHING SUPERVISORS HOW TO TEACH SUPERVISEES TO WRITE CLINICAL CASE WRITE-UPS

Chair: Britt-Marie Schiller, Ph.D. (Saint Louis, MO)

Presenter: Richard Tuch, M.D. (Los Angeles, CA)

Discussant: Ellen Pinsky, Psy.D. (Cambridge, MA)

This session targets Supervising Analysts charged with the responsibility of supervising candidates. This includes teaching candidates how to conduct control cases and helping candidates write up their case reports so progression committees can assess candidate performance. Many candidates lack skills distilling the essence of treatment and putting it on the page in ways that help the reader assess whether their work is worthy of permitting him or her to progress professionally. This session will provide strategies for supervisors to help their supervisees write up case material. Dr. Tuch is a Training and Supervising Analyst at The New Center for Psychoanalysis and the Psychoanalytic Center of California. He has published extensively, including papers on writing and supervision.

After attending this session, participants should be able to: 1) Summarize the key elements that should be included in a case write up; 2) Apply the concept of action language to make case reports more alive and assessable. **CE: 1.5**

2:30 P.M. – 4:30 P.M.

DPE DPE RECENT GRADUATES: LOOKING FORWARD, LOOKING BACK: CONTINUING TO DEVELOP AS AN ANALYTIC CLINICIAN, TEACHER, SUPERVISOR ADMINISTRATOR AND SCHOLAR AFTER GRADUATION

Chair: Yael Holoshitz, M.D. (New York, NY)

Presenter: Bernard M. Edelstein, M.D. (Cambridge, MA)

Discussants: Gennifer Lane Briggs, M.S.W., LCSW
(Miami, FL)

David Stern, M.D. (Rye Brook, NY)

This interactive workshop focuses on the challenges and rewards of the graduate analyst's continuing development as an analytic clinician

and the potential to expanded one's roles as teacher, supervisor, administrator, and scholar. The period following graduation is particularly salient as the recent graduate makes decisions on allocating personal resources and seeks new opportunities for professional development, crafting one's identity as an analyst. In this workshop, a senior analyst will look back at the choices she made which shaped her development, focusing on her motivations, successes, and disappointments and describe how she continues to develop as an analyst. Two recent graduates will present the concerns that have arisen for them since their graduation from analytic training. Open discussion among all attendees is encouraged throughout the session.

After attending this session, participants should be able to: 1) Summarize the challenges that face the recently graduated analyst to continuing development as an analytic clinician; 2) Plan a development strategy to transition from student to an independent clinician and into roles as teacher, supervisor, administrator, and scholar. **CE: 2**

2:30 P.M. – 5:00 P.M.

PANEL 2: THE PROBLEM OF THE FAMILY IN PSYCHOANALYSIS

Chair: Hannah Zeavin, Ph.D. (Berkeley, CA)

Presenters: Alex Colston, MA* (Pensacola, FL)

Kelli Moore, Ph.D.* (New York, NY)

M.E. O'Brien, MSW, Ph.D.* (Brooklyn, NY)

Daniel Tutt, Ph.D., MA* (Washington, DC)

The first myth Freud sought to dismantle was that of the family. Yet within much of psychoanalysis as it is practiced, the family remains the fundamental—and exclusive—unit of analysis. As Juliet Mitchell has shown, the family by and large exists, theoretically, as a vertical relation between parents and their children, and not among those children horizontally, as siblings, let alone beyond the institution of biological kin-making, while other analysts have extended this network of caregiving, to include others waged and unwaged. This panel offers additional and new critiques to focus on the status of family in psychoanalysis and in society from a wide variety of disciplines: sociology of the family, theories of family liberation, Freudian-Marxist critique, and the history of psychoanalysis.

After attending this session, participants should be able to: 1) Discuss how the family shapes the psyche based on sociology of the family, theories of family liberation, Freudian-Marxist critique, and

DAILY SCHEDULE

2:30 P.M. – 5:00 P.M. continued

the history of psychoanalysis; 2) Compare critiques of the nuclear family form and its dominant place in theoretical conceptions of the psyche from a psychoanalytic standpoint. **CE: 2.5**

2:30 P.M. – 5:30 P.M.

**ARTIST/SCHOLAR-IN-RESIDENCE:
WHY DON'T WE REGULATE SPEECH?
THE CASE OF THE COMICS**

Chair: Peter L. Rudnytsky, Ph.D., LCSW
(Gainesville, FL)
Presenter: Louis Menand, Ph.D.* (Cambridge, MA)
Discussants: Aisha Abbasi, M.D. (West Bloomfield, MI)
Vera J. Camden, Ph.D. (Cleveland Heights, OH)
Jill Gentile, Ph.D. (New York, NY)
John Martin-Joy, M.D. (Watertown, MA)

Note: This session does not offer Continuing Education Credit.

In his illustrated lecture, Pulitzer-prize recipient Louis Menand will reconsider the "comic book inquisition" of the 1950s. Were comics sending a message that was damaging to certain groups? What is the social benefit of First Amendment absolutism? Professor Menand will touch on Supreme Court obscenity law and the case of Birth of a Nation, which might be thought of as analogous to the comic books problem. The question of whether anti-Communist inquiries were a form of censorship damaging to mental health was a concern of psychiatric organizations in the 1950s. The four respondents will explore issues of censorship, civil liberties, civil rights, mental health, the law, gender, race, popular culture, and where psychoanalysis fits into these crosscurrents. Audience participation will be encouraged.

After attending this session, participants should be able to: 1) Explain the significance of the "comic book inquisition" in the 1950s; 2) Analyze the arguments for and against "First Amendment absolutism" and the regulation of free speech.

SATURDAY, JUNE 4, 2022

All sessions are in-person.

7:30 A.M. – 8:45 A.M.

**COFFEE WITH A DISTINGUISHED ANALYST:
DR. DOROTHY HOLMES "OH, PSYCHOANALYSIS:
WHEREFORE ART THOU? A CONVERSATION
ABOUT TENSIONS, SPLITS, AND OPPORTUNITIES
IN PSYCHOANALYTIC IDENTITY"**

Chair: Sumru Tufekcioglu, Ph.D., President of the
Candidates' Council (New York, NY)
Presenter: Dorothy E. Holmes, Ph.D., ABPP (Bluffton, SC)

Psychoanalysis is currently struggling to define and position itself for a bright future. Part of that struggle is its ambivalence about whether the consideration of race and racism are essential to the identity of psychoanalysis. In this talk, Dr. Dorothy Holmes seeks to engage a meaningful discussion of this topic, by analogizing to the painful either-or-ism in Romeo and Juliet. Does true love of psychoanalysis require one to sacrifice an identity (faithfulness only to traditional precepts and practices) in order to embrace new elements such as race? What if we see both, together, as creating a truer, stronger, brighter psychoanalysis?

After attending this session, participants should be able to: 1) Describe how considerations of race and racism are essential to the identity of psychoanalysis; 2) Analyze intrapsychic impediments to change particularly the ambivalence and either-or-isms that don't allow for integration of new elements such as race. **CE: 1.25**

9:00 A.M. – 11:00 A.M.

**EXPERIENTIAL PROCESS GROUPS:
LIVING IN DIVERSITY AND OTHERNESS: AN
EXPERIENTIAL PROCESS GROUP EXPERIENCE
(PART 2) **CE: 2****

**THE STUART TWEMLOW PSYCHOANALYSIS
IN THE COMMUNITY SYMPOSIUM:
THINKING UNDER FIRE: WARTIME TRAUMA...
MANAGING SELF, PATIENT, AND COMMUNITY**

Chair &
Discussant: Jeffrey Taxman, M.D. (Mequon, WI)
Presenter &
Discussant: Caroline M. Sehon, M.D. (Bethesda, MD)

The Russian invasion of Ukraine has been traumatic for the entire world but devastating for those living in Ukraine. Analytic therapists in Ukraine and

FRIDAY

SATURDAY

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. continued

Russia are a special subset of civilians dealing with the complex trauma of living and working in wartime. They face frightening realities of what's happening in their own country, as well as conscious and unconscious forces within them, their patients, and their loved ones (perhaps even living in the "other" country). This panel assembles analytic therapists from Ukraine, Russia, and USA presenting reflections about "thinking under fire" inside and outside the consultation room. Several analytic interventions will be discussed to illustrate the necessity for constructing creative and safe "corridors" in real-time context to help self and other, individually and collectively.

After attending this session, participants should be able to: 1) Describe the conscious and unconscious forces interfering with the therapeutic work for therapists in warring countries; 2) Assess the risk of regression, enactments, and withdrawal in consultations with analysts, therapists, refugees, and colleagues caught in war-ravaged communities.

CE: 2

PANEL 3:

BUT, IT'S NOT PSYCHOANALYSIS: EXPANDING OUR DEFINITION OF WHAT CAN AND CAN'T BE SEEN AS PSYCHOANALYSIS

Chair: Henry J. Friedman, M.D. (Cambridge, MA)
Presenters: Paula Christian-Kliger, Ph.D. (New York, NY)
Sidney H. Phillips, M.D. (New Haven, CT)
Adele Tutter, M.D., Ph.D. (New York, NY)

The controversy within psychoanalysis about the boundaries of psychoanalysis have long been an issue in the field. This panel will address the need to widen the definition of any psychoanalytic therapy with presentations by psychoanalysts with different levels of experience and differences of gender and race that reinforce the position that increases the analyst's ability to be an active participant in a therapeutic relationship. The use self-disclosure in a constructive way as part of establishing an effective relationship between the patient and his or her therapist will be addressed. The emphasis will be on learning from actual clinical work with patients rather than on either the basis of theory or technique.

After attending this session, participants should be able to: 1) Revise the definition of a psychoanalytic therapy to reinforce the analyst's role as an active participant in the therapeutic relationship; 2) Use self-disclosure in a constructive way to establish an effective relationship with the patient. **CE: 2**

9:00 A.M. – 11:30 A.M.

CLINICAL CONFERENCE 2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS:

REGULATION-FOCUSED PSYCHOTHERAPY FOR CHILDREN (RFP-C): ADDRESSING OUT-OF-CONTROL BEHAVIOR BY SUPPORTING UNBEARABLE EMOTIONS

Chair: Ali Haidar, M.D. (New York, NY)
Presenter: Tatianna Kufferath-Lin, Psy.D. (Bronx, NY)
Discussant: Alexandra Harrison, M.D. (Cambridge, MA)

This session, geared toward child clinicians, will present a case study of a pre-adolescent girl with oppositional defiant disorder. Attendees will be introduced to Regulation-Focused Psychotherapy for Children (RFP-C), a manualized psychodynamic treatment for oppositional behavior. The case study will demonstrate how addressing defenses against painful emotions through talk and play can reduce defiant behavior in children. Attendees will have the opportunity to view video of the various stages of treatment, as well as collateral work with the child's primary caregivers. Transference and countertransference dynamics, as well as the contribution of aspects of culture (e.g., religion and socioeconomic status) to the case will also feature prominently in the discussion.

After attending this session, participants should be able to: 1) Explain how oppositional behaviors in children are the result of defenses against painful/unbearable emotions; 2) Describe the interventions used in Regulation-Focused Psychotherapy for Children (RFP-C) to address oppositional behavior (e.g., defense interpretation, attention to the "here and now", utilization of transference/countertransference). **CE: 2.5**

9:00 A.M. – 12:00 P.M.

DPE DPE PSYCHOANALYTIC SCHOLARSHIP FORUM:

IMPLICATIONS FROM CHAOS, COMPLEXITY AND NON-LINEAR DYNAMIC SYSTEMS THEORIES FOR THE CLINICAL SITUATION

Chair: Erik Gann, M.D. (San Francisco, CA)
Presenters: Robert M. Galatzer-Levy, M.D. (Chicago, IL)
Rona B. Knight, Ph.D. (Chestnut Hill, MA)
Stephen Seligman, D.M.H. (San Francisco, CA)

Psychoanalysts at all levels, from students to experienced clinicians, are still largely unaware of the progress in scientific understanding of non-linear dynamic systems, including chaos and complexity

DAILY SCHEDULE

9:00 A.M. – 12:00 P.M. continued

theories and how these theories are being applied to analytic processes and psychological development. In this session, psychoanalysts who have published in this area will describe key concepts from these theories and demonstrate how they inform and suggest a new understanding of the factors that are involved in successful clinical processes and in a more nuanced delineation of psychological developmental processes. The features identified from these theories are distinct from traditional considerations.

After attending this session, participants should be able to: 1) Apply non-linear dynamic systems concepts to identify progressive analytic process; 2) Revise traditional conceptualizations of developmental processes that refine diagnostic and treatment applications. **CE: 3**

10:00 A.M. – 12:00 P.M.

SCIENCE DEPARTMENT SESSION 1: THE SEPARATION DISTRESS HYPOTHESIS OF DEPRESSION

Chair: Charles P. Fisher, M.D. (Berkeley, CA)
Presenter: Douglas F. Watt, Ph.D.* (Natick, MA)

This session will describe implications of the separation distress hypothesis of depression. The hypothesis is a neurobiological extension of Spitz and Bowlby's classic work on depression as a process intrinsically related to attachment and loss, offering a social brain-centric theory of depression. Depression overlaps with other 'shutdown' mechanisms, particularly hibernation and sickness behavior. Neuromodulatory and neural signaling systems centrally involved in the depressive process include an entire array of systems regulating the CNS and its affective states. Major implications are the biological and not just psychological impact of our primary relationships, and the neurobiologically destructive effects of trauma, abuse, neglect, and chronic social isolation. All of these create separation distress, driving depression and other serious medical and psychiatric conditions. Treatment implications will be discussed.

After attending this session, participants should be able to: 1) Describe the separation distress hypothesis of depression as a neurobiological and neuroscientific theory related to the vicissitudes of attachment and loss; 2) Explain the biological impacts of our primary relationships, and their implications for medical and psychiatric conditions.

CE: 2

11:30 A.M. – 1:30 P.M.

HOLMES COMMISSION REPORT: EQUITY IN PSYCHOANALYSIS: WHAT RACE HAS TO DO WITH IT

Chair: Dorothy E. Holmes, Ph.D., ABPP (Bluffton, SC)
Co-chairs: Anton H. Hart, Ph.D. (New York, NY)
Dionne R. Powell, M.D. (New York, NY)
Beverly J. Stoute, M.D. (Atlanta, GA)

Racial unknowing in psychoanalytic thinking and practice is pervasive and leads to inadequate engagement of the full scope of a patient's suffering and to institutional practices that cause hurt and alienation within the institute. This session will use survey and interview data collected by the Holmes Commission, as well as data generated within the Holmes Commission interaction among its members to illustrate the necessity of applying a racial lens to see inequities in psychoanalysis and to work towards equity. The interactive group format will allow wide dissemination of the work of the Holmes Commission and will allow Commission leaders and other Commissioners in attendance to sample receptivity to the Commission's thinking and preliminary findings in preparation for its final report.

After attending this session, participants should be able to: 1) Assess racial inequities within their psychoanalytic institution and within their own psychoanalytic approaches to diagnosis and treatment; 2) Plan and promote new conceptual frames and action steps to move towards one's own and institutional racial equity in psychoanalysis.

CE: 2

12:00 P.M. – 1:30 P.M.

PSYCHOANALYSIS AND NEUROSCIENCE SYMPOSIUM:

A JOURNEY TO THE SOURCE OF CONSCIOUSNESS

Chair: Virginia C. Barry, M.D. (Chicago, IL)
Presenter: Mark Solms, Ph.D. (Cape Town, South Africa)

This Symposium targets researchers and psychoanalytic clinicians at all levels. Professor Mark Solms will present research supporting the view that (1) consciousness is generated primarily in the brainstem and only secondarily in the cortex, and (2) that the form of consciousness which is generated in the brainstem is not lacking in content or quality. He will argue that affective consciousness is the fundamental form of consciousness and a prerequisite for all other forms of consciousness, such as conscious perception and cognition. Professor Solms is the Director of neuropsychology

DAILY SCHEDULE

12:00 P.M. – 1:30 P.M. continued

Neuroscience Institute at the University of Cape Town, South Africa, APsA Director of Science and IPA Chair of Research.

After attending this session, participants should be able to: 1) Describe the brain mechanisms of consciousness; 2) Analyze the function of consciousness in relation to unconscious cognition.

CE: 1.5

2:00 P.M. – 3:30 P.M.

SCIENCE DEPARTMENT SESSION 2: RESEARCH ABOUT THE OLDER ANALYST WHO IS STILL WORKING

Chair: Charles P. Fisher, M.D. (Berkeley, CA)

Presenter: Judy L. Kantrowitz, Ph.D. (Brookline, MA)

This session will present the results to date of an ongoing informal research project involving interviews with psychoanalysts over age 70 who are still working. Interviews inquire about details of the analyst's practice (how much work, anticipated work in the future, plans for retirement, etc.). In addition, the survey addresses qualitative issues, such as satisfactions, regrets, thoughts about time, and thoughts about the analytic field today. Deeper implications about aging itself – what is gained and what is lost, benefits and risks for analysts and their patients, the emotional experience of continuing to work, ethical considerations, and the social/emotional world of the older analyst will emerge in the presentation and in discussion.

After attending this session, participants should be able to: 1) Describe key emotional and practical issues for the older psychoanalyst who continues to work; 2) Discuss issues of aging that are specific to the field of psychoanalysis. **CE: 1.5**

3:00 P.M. – 5:00 P.M.

PANEL 4: SOCIAL MEDIA: BODIES, BOUNDARIES, AND FANTASIES: CLINICAL IMPLICATIONS OF THE SOCIAL MEDIA REALM

Chair: Amber Nemeth, Ph.D. (New York, NY)

Presenters: Todd Essig, Ph.D. (New York, NY)

Elizabeth J. Levey, M.D. (Chicago, IL)

Monisha Nayar-Akhtar, Ph.D.
(Wynnewood, PA)

Social media use (Twitter, Facebook, Instagram, TikTok, etc) is now commonplace and acts as a structuring force for intrapsychic, interpersonal, and cultural dynamics. Despite the significant

and multiple impacts on a patient's sense of self and others, engagement in the digital realm is frequently left unanalyzed. This panel will explore the resistances to analyzing the digital realm and offer ways to think about and engage patients in exploring the feedback loop between social media use and embodied life.

After attending this session, participants should be able to: 1) Assess a patient's social media use and its impact on their daily sense of self and others; 2) Describe the psychological experience of social media use as a structuring force for intrapsychic, interpersonal, and cultural dynamics. **CE: 2**

PANEL 5: THANATOS: IS FREUD'S CONCEPT STILL RELEVANT?

Chair &

Presenter: Sarah Ackerman, Ph.D. (Hanover, NH)

Presenters: Mark J. Goldblatt, M.D. (Cambridge, MA)

Derek Hook, Ph.D.* (London, England)

Lynne M. Zeavin, Psy.D. (New York, NY)

Moderator: David Lichtenstein, Ph.D.* (New York, NY)

Questions about the theoretical relevance and coherence of Freud's model of the death instinct, as well as its clinical utility will be pursued in this session. The panel will explore why Freud needed to theorize a deep urge to return to an inorganic state, and how this conceptualization furthers Freud's project. Three practicing analysts; specializing in Freudian, Kleinian, and Lacanian theory, will discuss two prompts. One prompt centers on the theoretical model of the death drive while the other will address its clinical ramifications. The panel will be of use to all analysts, facilitating an understanding of the deep resistances to analytic change.

After attending this session, participants should be able to: 1) Define the negative therapeutic reaction and situate it in relation to the role of the Death Drive; 2) Compare the two distinctive features in the Death Drive as modeled by Freud, Klein, and Lacan.

CE: 2

DAILY SCHEDULE

3:30 P.M. – 5:00 P.M.

SCIENCE DEPARTMENT SESSION 3: THE EXPERIENCE OF RACISM AMONG INDIAN AMERICANS: INTERSECTIONS OF PSYCHOANALYSIS AND MULTICULTURAL RESEARCH

Chair: William H. Gottdiener, Ph.D. (New York, NY)
Presenter: Usha Tummala-Narra, Ph.D.* (Lexington, MA)

Racism faced by South Asians in the United States is largely invisible, as stereotypes of the model minority mask psychic distress rooted in racism and racial trauma. Recent empirical studies have expanded awareness of stereotyping and discrimination among Indian Americans, highlighting the importance of examining differences in socialization, conceptualizations of, and responses to racism across different immigrant generations (Inman et al., 2015; Tummala-Narra et al., 2021, in press). The presenter will describe findings from qualitative research concerning 1st, 1.5, and 2nd generation Indian Americans and how these findings can be understood from a psychoanalytic perspective on race and racism within an immigrant context. The presentation will serve as a call for an integration of a multicultural focus within psychoanalytic research.

After attending this session, participants should be able to: 1) Explain differences in conceptualizations and responses to racism across different immigrant generations; 2) Design psychoanalytic research that integrates a multicultural focus to examine differences in responses to racism and trauma.

CE: 1.5

5:15 P.M. – 6:30 P.M.

PLENARY ADDRESS AND PRESENTATION OF AWARDS

Edith Sabshin Teaching Award

Alison Brown, Ph.D. and Alicia A. Rojas, M.D.
(Columbia University Center for Psychoanalytic Training & Research)

Stephanie Speanburg, Ph.D., LCSW

(Emory University Psychoanalytic Institute)

Sumru Tufekcioglu, Ph.D.

(Ichan School of Medicine Mt. Sinai)

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(Minnesota Psychoanalytic Society & Institute)

Susan L. Donner, M.D.

(New Center for Psychoanalysis)

Sherwood Waldron, M.D.

(New York Psychoanalytic Society & Institute)

JAPA New Author Prize

Noha Sadek, M.D.

“The Phenomenology and Dynamics of Wealth Shame: Between Moral Responsibility and Moral Masochism” (68/4: pp. 615–648)

JAPA Paper Prize

Jill Gentile, Ph.D.

“Time May Change Us: The Strange Temporalities, Novel Paradoxes, and Democratic Imaginaries of a Pandemic” (68/4, pp. 649–669)

Judy L. Kantowitz, Ph.D.

“A Psychoanalytic Memoir: The Analyst Enabled and Disabled by What Is Personal” (68/1, pp. 83–100)

APsA Schools Committee Anna Freud Educational Achievement Award

Dr. Fredrick Hickling M.D. (posthumous) and Dr. Hilary Hickling, Ph.D.

Dream a World Project in Jamaican Schools



NEW DAY & TIME Plenary Address

Chair: Kerry J. Sulkowicz, M.D., President
(New York, NY)

Introducer: Jade McGleughlin, LICSW*
(Cambridge, MA)

Speaker: Francisco J. Gonzalez, M.D.*
(San Francisco, CA)

Title: Life In Common: On The Enigma Of Us



Drawing on the psychoanalytic theory of groups, clinical experience, and critical theory this plenary advances the notion of a double provenance of the unconscious (personal and social) in order to rehabilitate the domain of the social from its marginalized status in psychoanalytic thinking. This view allows us to problematize collective aspects of individual subjectivity and subjective aspects of collectivity. Belonging is seen here as an unresolvable problematic, which tractions the ego with centrifugal forces, threatening its coherence. But if Freud's ego was the Ich, or I, today's maladies are centered on

DAILY SCHEDULE

5:15 P.M. – 6:30 P.M. continued

the enigma of “us.” We, psychoanalysts, must then consider the institute itself as a site of “clinical” action.

After attending this session, participants should be able to: 1) Explain the social aspects of individual subjectivity; 2) Discuss how a double provenance of the unconscious (personal and social) can problematize collective aspects of individual subjectivity and subjective aspects of collectivity.

CE: 1

SUNDAY, JUNE 5, 2022

All sessions are in-person.

9:00 A.M. – 11:30 A.M.

CLINICAL CONFERENCE 3 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: ADDRESSING MILITARY-BASED MORAL INJURY IN A GROUP SETTING

Chair: Nicole Nehrig, Ph.D. (Brooklyn, NY)
Presenter: Sheila Frankfurt, Ph.D. (Austin, TX)
Discussant: Alfred S. Margulies, M.D., (Auburndale, MA)

Moral injury disrupts Veterans’ sense of identity and meaning, ability to connect with and trust others, and engenders disturbing guilt, shame, rage, and disgust. This conference will present mixed-methods data from a project to develop a psychodynamically based moral injury group therapy treatment manual. This conference will explore how the proposed relational-dynamic therapeutic process may help Veterans identify connections between their current symptoms and their experiences in combat, their current life stressors and relationships, and the historical factors that carry person-specific meaning to their moral injuries. The proposed therapeutic action involves developing and expanding a narrative in the presence of attuned and sympathetic others who can resonate to the experience and the affect being expressed.

After attending this session, participants should be able to: 1) Explain the relational dynamic approach to moral injury treatment, in a group therapy context; 2) Describe and critique existential and moral issues surrounding the psychotherapeutic treatment of moral injury. **CE: 2.5**

SATURDAY

SUNDAY

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EXHIBITOR HOURS

WEDNESDAY, JUNE 1, 2022

8:30 a.m. – 5:00 p.m.

THURSDAY, JUNE 2, 2022

8:30 a.m. – 5:00 p.m.

FRIDAY, JUNE 3, 2022

8:30 a.m. – 5:00 p.m.

SATURDAY, JUNE 4, 2022

8:30 a.m. – 5:15 p.m.

SUNDAY, JUNE 5, 2022

No exhibits on Sunday

EXHIBITORS

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Mali Mann

A Path with No Name: A Collection of Poetry and Painting (HARD COVER)

Mali Mann takes the measure of life and finds it in the earth, in mountains, in dreams, in nature, in culture—and brings it back to us transformed and transforming. Her method of using paintings in conjunction with poetry is in the tradition of ekphrasis as in Keats's "Ode to a Grecian Urn" and Shelley's "On the Medusa of Leonardo DaVinci in the Florentine Gallery." The combination produces a kind of power to express emotion that neither has alone. Reader, read it. Viewer, see it.

—ARLENE KRAMER RICHARDS, Psychoanalyst, Poet,
author of *Psychoanalysis: Listening to Understand*

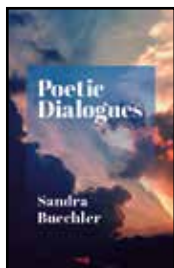


Beverly Kolsky

On and Off the Couch: Memoir of a Psychoanalyst

Part memoir, part window into a hidden world, *On and Off the Couch: Memoir of a Psychoanalyst* is a moving, beautifully written work. The author helps us understand how she, a child of the Sixties, became the woman she is today. And in a series of luminous and evocative portraits she shows us how patients suffering from a broad range of maladies can be helped to gain insight into themselves and thus lead happier and more fulfilling lives.

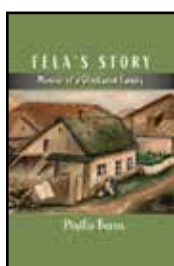
—CONSTANCE ROSENBLUM, author, *Boulevard of Dreams: Heady Times, Heartbreak, and Hope Along the Grand Concourse in the Bronx*



Sandra Buechler

Poetic Dialogues

Buechler "asks" poets for wisdom about fundamental emotions, like joy, anger, surprise, fear, curiosity, shame, and guilt. She explores the effect of some well-known poems on feelings of hopefulness, inspiration, loss, aging, and regret. She asks some of her favorite poems to "converse" about parenting, loneliness, love, prejudice, and empathy. They dialogue with characters in Shakespeare's plays, and with each other. She teases out the potential of poems for understanding everyday life experiences. Poetry does not owe its total allegiance to reason, or rules, or pure emotions, or any one realm. It straddles them all. Just as an outsider (to a culture, or a family, or a profession) can sometimes see what insiders fail to register, poetry notices what others miss. It sees the stars in ways that might not occur to astronomers, and it sees human beings in ways that might not occur to other students of human behavior.

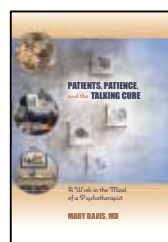


Phyllis Beren

Fela's Story: Memoir of a Displaced Family

"In this most moving memoir, horror and hope clash endlessly as psychoanalyst Phyllis Beren retraces her footsteps as a child in flight with her family in war-torn Europe, and their temporary refuge in a displaced persons camp. She describes the quality of life in the camp, and the history of family members so vividly that images of both good times and atrocities are permanently etched in the reader's mind. Her burgeoning associations are hauntingly framed by her mother's growing dementia, and memories flow seamlessly over time in tragicomic detail. This is a compelling, beautifully written book that will totally engage your mind and heart."

—Delia Batten Training & Supervising Psychoanalyst, Contemporary Freudian Society; Fellow of the IPA



Mary Davis

Patients, Patience, and the Talking Cure: A Week in the Life of a Psychotherapist

"In this user-friendly and yet theoretically sophisticated monograph, Mary Davis offers the reader a glimpse of how in-depth psychotherapy works to help people. Explicating the importance of the clinical setting and the attitude of the healer, as well as of attuned listening and speaking, Davis lays out a therapeutic roadmap that tackles the tangible (e.g. gifts, medications) and the intangible (e.g. boundaries, transferences) issues in the course of our daily work. Her voice is simultaneously personal and universal. Her text impresses us with its authenticity, depth, and humane cadence."

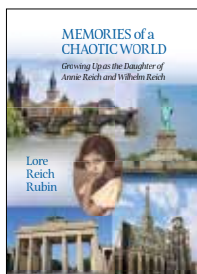
—SALMAN AKHTAR, MD, Professor of Psychiatry, author of
Psychoanalytic Listening: Methods, Limits, and Innovations

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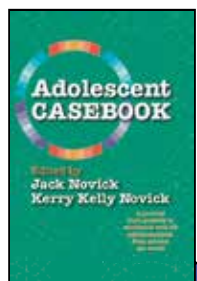


Lore Reich-Rubin

Memories of a Chaotic World: Growing Up as the Daughter of Annie and Wilhelm Reich

"93-year-old psychoanalyst Lore Reich Rubin, daughter of Annie and Wilhelm Reich, takes us on the gripping journey of revisiting her unsteady interwar life in Europe and relocation to America. Supported by personal photographs, the memoir exposes the healing powers of time, being a free spirit, and preserving a hearty sense of humor."

—STEFAN HAMPL, Vice Dean of the Psychology Faculty at Sigmund Freud University, Vienna



Adolescent Casebook

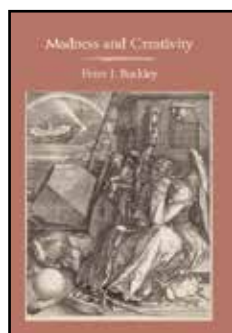
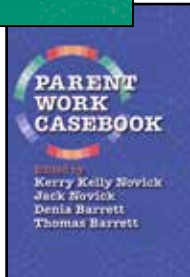
Edited by **Kerry Kelly Novick & Jack Novick**

A journey from puberty to adulthood with 58 psychoanalysts from around the world, changing child and adolescent psychoanalysis.

Parent Work Casebook

Edited by **Kerry Kelly Novick & Jack Novick and Denia Barrett & Thomas Barrett**

The value of parent work is affirmed as a substantive contribution to pragmatic, effective, and life-changing child and adolescent psychoanalysis.

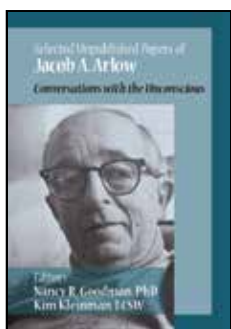


Peter J. Buckley

Madness and Creativity

"This is an essential text for those of us fascinated by how mental illness affects the creative process. Written in plain English with deep understanding of how the mind works, it illustrates with fascinating detail how a range of mental disorders has influenced the production of many of our greatest works of art."

—SHEILA KOHLER, author of *Becoming Jane Eyre*, *Dreaming For Freud*, and *Once We Were Sisters*

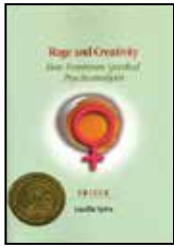


Selected Unpublished Papers of Jacob A. Arlow: Conversations with the Unconscious

Edited by **Nancy R. Goodman and Kim Kleinman**

Goodman & Kleinman highlight the path Jacob Arlow forged to help us all have "conversations with the unconscious." The papers themselves are gems of Arlow's thinking about the unconscious fantasy compromise formation, the creative mind and the process of listening, and interpreting in psychoanalysis. These previously unpublished papers add to his already large tome of work and ignite interest in going back to read his published papers. We discover the timelessness of Arlow's profound impact on modern psychoanalytic theory and practice.

Goodman asks that the split so many hold between Kleinian thought and Arlowian thought be mended in order to maintain a concept of a unitary mind full of terrains of unconscious fantasy linked to instinct, trauma, and creativity. She states that our "as/if" divisions between schools of psychoanalysis are defensive against experience of the full brunt of "finding unconscious fantasy."



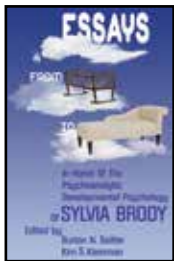
GRADIVA AWARD WINNER

Edited by Lucille Spira

Rage and Creativity: How Feminism Sparked Psychoanalysis

Arlene Kramer Richards's lead essay celebrates the interplay between the ideals of second wave feminism and the principles of psychoanalysis. Feminist analytic thinkers—women and men—conversing about the essay, address gender, race, prejudice, psychoanalysis, and feminism, and thus archive the past, capture the present, and point to the future. Sandra Buechler said that the interchange between essayist and discussants shows how an open exchange can foster mutual growth.

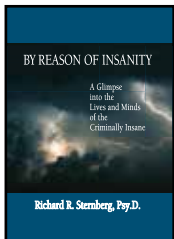
DISCUSSANTS INCLUDE: Rosemary Balsam; Sandra Cohen; Paula Ellman; Alison Feit; William Fried; Nancy Goodman; Dorothy E. Holmes; Lee Jenkins; Kimberly Kleinman; Nancy Kulish; Merle Molofsky; Kerry Kelly Novick; Jack Novick; Arlene Kramer Richards; Cordelia Schmidt Hellerau; Lucille Spira; Jeffrey Stern. **And:** Judith Alpert; Selma Duckler; Les Von Losberg; Margery Quackenbush; Paul Schwaber; Herbert H. Stein.



Edited by Burton S. Seidler & Kim S. Kleinman

From Cradle to Couch: Essays in Honor of the Psychoanalytic Developmental Psychology of Sylvia Brody

This compilation of select papers specifically dedicated to the important body of work of Dr. Sylvia Brody, with regard to the fields of infant, child, adolescent, developmental psychology and psychoanalysis. So extensive and far-reaching have her longitudinal investigations been, that many research studies are now being done with infants, children and adolescents. There is a greater awareness and emphasis worldwide of the critical importance of understanding normal child development, and recognizing circumstances that interfere with a child's emotional and physical growth, as well as appreciating and fostering the intrapsychic, interpersonal, and social/cultural conditions necessary for children to thrive. But Dr. Brody has also supplied us with and psychodynamic methods by which children whose early development was less than optimal, or where development was impeded, can be helped. This anthology examines children from this country and abroad in manuscripts that—either explicitly or implicitly—have been influenced by the trailblazing work of Dr. Brody and her tradition of carrying out research and using her findings as the primary basis for many of the innovative therapeutic practices she helped to establish.



Richard R. Sternberg

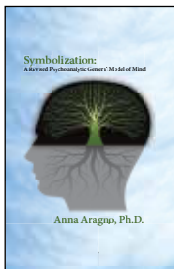
By Reason of Insanity: A Glimpse into the Lives & Minds of the Criminally Insane

Offers a rare glimpse into unfamiliar—in a sense, even, forbidden—territory for most psychoanalysts and other mental health professionals. The stories are fascinating and sensitively rendered; the writing is as crisp, accessible and compelling as a strong piece of fiction. I recommend this for anyone hungry to explore the darkest recesses of the human mind. I can state with certainty that I have never read anything like it.

—STEVEN KUCHUCK, President, International Association for Relational Psychoanalysis and Psychotherapy, author, *The Relational Revolution in Psychoanalysis and Psychotherapy*

"This is an excellent book, a solid, well-written, and very smart work. I couldn't put it down. It is superb. Dr. Sternberg is an excellent story-teller and a serious scholar, thinker, and writer."

—LEWIS ARON, PhD, Director, NYU Postdoctoral Program in Psychotherapy & Psychoanalysis



Anna Aragno (Gradiva Award Winner)

Symbolization: A Revised Psychoanalytic General Model of Mind AND

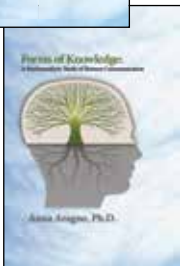
Forms of Knowledge: A Psychoanalytic Study of Human Communication

"Anna Aragno takes aim at the big questions in psychoanalysis. She provides a way of mapping out the formulation and exposition of a semantic of significant forms with meaning neither tied to nor one with language. Her thoughtful use of data drawn from the supervisory situation and psychoanalysis itself add to the empirical database for her conclusions. Thus she accounts for the many avenues enabling comprehension that have evaded prior description. I delighted in reading this encompassing tract and believe it should be examined and debated within the psychoanalytic community as a project that reopens the discussion about the sources and mechanisms of the process employed in comprehension."

—THEODORE SHAPIRO, MD on *Forms of Knowledge*

"Undoubtedly this work will evoke much discussion. It will lead to a re-examination of traditional concepts on the nature of the clinical process. . . and, most important, the nature of therapeutic change. For some, it will be provocative, for all, evocative, but it is a work that a thoughtful and informed . . . practitioner of the clinical process cannot neglect."

—NORBERT FREEDMAN, PhD on *Symbolization*



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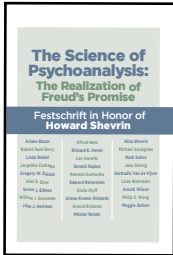


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The Science of Psychoanalysis: The Realization of Freud's Promise: Festschrift in Honor of Howard Shevrin

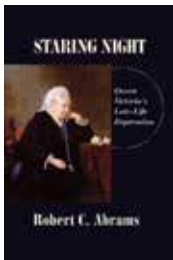
edited by Robert Hunt Berry



Howard Shevrin provided unique and comprehensive paradigms that give many psychoanalytic constructs a special empirical accessibility and richness. The headwinds against psychoanalysis are strong, especially in realms of academic research. Yet, if the basic research enterprise is abandoned, we forsake a natural science connection which Arnold Richards and others rightfully affirm—and neglect the responsibility of verification processes that Eric Kandel and others rightfully feel is very important. The career of Howard Shevrin was a breath of fresh air—as he managed to carve a meaningful career within academic psychiatry, demonstrating that without a meaningful empirical foundation for analysis, the enmity of adversaries would gain that much more traction. Shevrin fashioned a rich inter-disciplinary approach, with more than a little success, that could address and sometimes transcend his methodological and ideological adversaries within the medical school.

Robert C. Abrams

Staring Night: Queen Victoria's Late-Life Depression



A fascinating read for historians, psychiatrists, physicians, medical humanities experts and educationalists. It skillfully combines a compelling narrative of Queen Victoria's depressive illness with a deep understanding of its possible pathophysiological mechanisms. Professor Abrams acts as a 'modern day sleuth,' dissecting the historical and private background of Queen Victoria's life, and in doing so, he differentiates 'late life depression' from 'prolonged complex bereavement disorders' and 'complicated grief.' Analysing the impact of bereavement, trauma, family dynamics, and doctor-patient relationships, *Staring Night* provides original insight into the complex interplay between 'growing old' and 'mental well-being.'

—DR. KHALID ALI, Senior Lecturer in Geriatrics, Brighton & Sussex Med. School; Aging Research Lead, Kent, **SURREY & SUSSEX CLINICAL RESEARCH NETWORK (UK)**

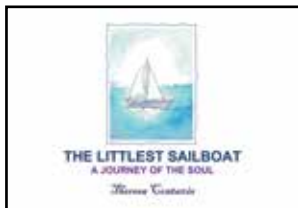
Theresa Contaxis

The Littlest Sailboat: A Journey of a Soul

(available in hardcover & paperback)

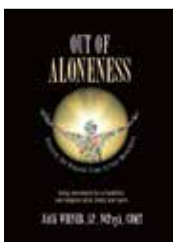
"Bravo to Theresa Contaxis for providing us with this beautiful book, *The Littlest Sailboat*. The story may be an elegant metaphor, but it's also a guide for all of us seeking perfection, acceptance, truth and the ultimate love. I'm sure you'll see yourself in this story and perhaps discover things about yourself you didn't even know. *The Littlest Sailboat* is a true treasure."

—JAMES F. TWYMAN, AKA Br. James Francis, CFC, Peace Troubadour and *NY Times* best-selling author of *The Moses Code*



Jack Wiener, LP, NCPsyA, CDMT

Out of Aloneness: Using Movement for a Healthier and Happier Mind, Body, and Spirit

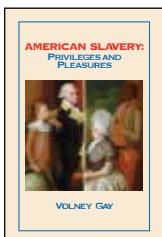


"A wonderful book—at once autobiographical, clinical and above all, deeply human. Expect to learn about hope work, fear work, and a panoply of emotional states. There are many depictions of therapeutic realities—you may benefit by finding yourself here as well. Wiener's specialty is creative movement and his discussions of body work, especially muscular sensation, open needed dimensions of experience. The book includes discussions of concrete exercises that are accessible and beneficial. I hope many read and benefit from this book."

—MICHAEL EIGEN, PhD, author, *The Sensitive Self*, *Contact with the Depths*, *The Challenge of Being Human*

Volney Gay

American Slavery: Privileges and Pleasures



American Slavery: Privileges and Pleasures "is a book written for white Americans. The author . . . employs what he calls 'applied empathy' to give an account of the minds of American slaveowners through understanding the pleasures they derived from owning slaves and the ways in which they tried to deal with the contradiction between owning slaves and seeing themselves as freedom-loving Christians. Gay achieves something like an epic portrait of our profound national conflict, ranging from uneasy consciences to blatant fabrications and dissimulations by authorities, to rancorous legal disputes, to the awesome Civil War itself. There is something Tolstoyan about this portrait."

—RICHARD GROSE, *ROOM: A Sketchbook for Analytic Action* (reviewing the original title: *On the Pleasures of Owning Persons: The Hidden Face of American Slavery*, 2016).



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111th ANNUAL MEETING

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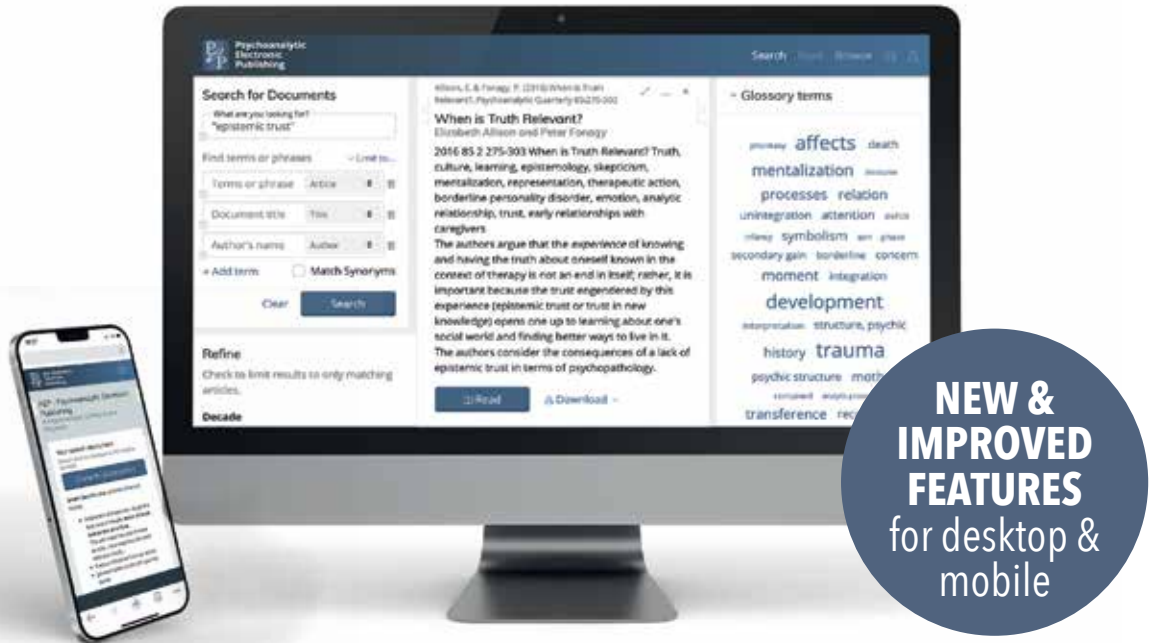
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