# VIRTUAL | SEPTEMBER 17-19, 2021





# **Continuing Professional Education Credit**

#### STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities to review essential psychoanalytic knowledge.

After attending the 110th Annual Meeting attendees should be able to:

- 1. Explain the common manifestations of the post-COVID-19 era in both patients and in caregivers.
- 2. Discuss how shared external trauma can increase the connectedness in individuals and groups and between clinicians and their patients.
- 3. Assess the meanings of mania and how they work against true reparation in both the clinical setting and in society at large

#### **CONTINUING PROFESSIONAL EDUCATION CREDITS**

#### **PHYSICIANS**



The American Psychoanalytic Association is accredited by the Accreditation Council for ACCME Continuing Medical Education ACCREDITED to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 10 AMA PRA Category 1  $Credit(s)^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **PSYCHOLOGISTS**



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor

continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

#### **SOCIAL WORKERS**

This program is Approved by the National Association of Social Workers (Approval # 886504845-6205) for 10 continuing education contact hours.

#### **NEW YORK STATE SOCIAL WORKERS**

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

#### **NEW YORK STATE LICENSED PSYCHOANALYSTS**

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

#### **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS**:

None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies\* whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021

# Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- · Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- · If at any time a participant suspects he, she, or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- · Failure to observe these guidelines constitutes a breach of APsaA's ethical principles and may be cause for disciplinary or legal action or both.

rv 8.3.2021

# FRIDAY, SEPTEMBER 17, 2021

# All sessions are live and listed in Eastern Time

## 12:00 P.M. - 2:00 P.M. ET

#### **PLENARY 1: AFTER THE PLAGUE?**

Chair: Host:

Glen O. Gabbard, M.D. (Houston, TX) Maureen Katz, M.D. (Berkeley, CA) Presenters: Sarah Ackerman, Ph.D. (Hanover, NH) Ebony Dennis, Psy.D. (Washington, DC) Anton H. Hart, Ph.D. (New York, NY)

This opening plenary emphasizes that we are all in a state of uncertainty. The title, "After the Plague?", suggests that we do not know what exactly to expect. The presenters will discuss a number of themes that are unfolding. Should we be celebrating a victory over COVID-19 when people throughout the world are dving and 30-40 % of our own country are anti-vaxers? Are the celebrations a manic denial of the continued threat and the rise of new variants? Are we ignoring the fact that the COVID-19 virus has been more devastating to disadvantaged minority citizens? How much has the practice of psychotherapy and psychoanalysis been altered by the widespread use of technology? Will we forever be altered in our work and in our view of who we are?

After attending this session, participants should be able to: 1) Explain the common manifestations of the post-COVID-19 era in both the COVID-19 patients and in the caregivers; 2) Assess the best treatment options for patients who come for help related to the COVID-19 era. CE 2

## 2:00 P.M. - 3:00 P.M. ET



## **LUNCH BREAK:** WELCOME COMMITTEE MEETS WITH FIRST TIMERS

For those attending the meetings for the very first time join APsaA staff, Welcome Committee members and other first timers at this informal gathering. Our goal is for you learn more about the association, how to get involved and to chat with leadership, staff and other attendees. Questions? Email Carolyn Gatto, Scientific Program and Meetings Director, cgatto@apsa.org.

# 2:15 P.M. – 2:30 P.M. ET

## STRETCHING WITH ELIZABETH MANNE

Relax for 15 minutes during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive **Director of the Washington Baltimore Center** for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for seven of the thirteen years she has been practicing. She currently teaches on weekends. Elizabeth's stretching class was very popular at last year's meeting!

## 3:00 P.M. - 5:00 P.M. ET

#### SESSION 1: THE BIG LIE: A CONVERSATION **ON LANGUAGE. MASS MEDIA AND SUBJECTIVITY**

Chair

& Presenter: Bonnie E. Litowitz, Ph.D. (Chicago, IL) Presenters: Salman Akhtar, M.D. (Haverford, PA) William Mazzarella, Ph.D.\* (Chicago, IL)

The session is targeted at mental health professionals currently providing patient care: especially, those working on digital platforms and those working with younger generation, digitalsavvy and digital-native patients. Practitioners and patients live in a mass media saturated world, in which information is created and disseminated across multiple platforms. Yet, the effects on both practice and personal-interpersonal psychology are not addressed in current training curricula; and rarely mentioned in professional journals or at meetings. Clinical programs have operated as if there is a barrier between the clinic and the sociocultural world in which mental health practice exists and from which it draws its participants. Two events have radically breached that barrier: the ubiquity of digital media and its effects on subjectivity; and alterations in practice necessitated by the COVID-19 pandemic.

After attending this session, participants should be able to: 1) Assess the effects of different forms of mass media on the creation of meaning, on personal identity and on interpersonal communication; 2) Compare public and private uses of language for speaking truth or lying. **CE** 2

# 3:00 P.M. – 5:00 P.M. ET continued



#### **SESSION 2**: OPENING UP: WHAT WE LEARNED FROM OUR SHARED EXPERIENCES

#### OF THE PANDEMIC

Chair:	Nancy Kulish, Ph.D. (Birmingham, MI)
Host:	Rochelle M. Broder, Ph.D. (Huntington Woods, MI)
Presenters:	Lena Theodorou Ehrlich, Psv.D. (Ann Arbor, N

esenters: Lena Theodorou Ehrlich, Psy.D. (Ann Arbor, MI) Andrew Gerber, M.D., Ph.D. (New Canaan, CT) Clara Kwun, LCSW (San Francisco, CA)

This program is targeted at all clinicians working psychoanalytically or psychodynamically. The topic of shared trauma will be addressed through presentations from three perspectives, a panel discussion, and audience participation. This will allow the sharing of experiences to increase knowledge about how to help people in times of shared trauma. The three presenters bring varied expertise to this program; Lena Ehrlich, in her experience and knowledge about working electronically; Andrew Gerber in his expertise with adolescents and young adults who have suffered deeply during the pandemic; Clara Kwun who can share both knowledge of how she has worked with a traumatized patient while managing similar issues herself.

After attending this session, participants should be able to: 1) Discuss the therapeutic opportunities emerging from changed frames to further progress in psychoanalytic and psychodynamic treatments; 2) Discuss how shared external trauma can increase the connectedness and mutual intimacy in individuals, groups and between clinicians and their patients.  $\bigcirc 2$ 

#### SESSION 3: THE ECOLOGICAL AND ITS PLACE IN THE INTERNAL WORLD

Lindsay L. Clarkson, M.D. (Dorset, VT)
Linusay L. Clarkson, M.D. (Dorset, VT)
Maureen Katz, M.D. (Berkeley, CA)
Maria Luiza Gastal, Ph.D.* (Brasilia DF, Brazil)
Pushpa Misra, Ph.D.* (Kolkata, India)
Sally Weintrobe, BSc Psychology* (London, England)

The speakers bring clinical material, psychoanalytic reflection, and cultural and political context to argue that nature is not something 'out there' but part of psychical reality. Pushpa Misra theorizes nature as a primary internal object. Maria Luiza Gastal problematizes Freud's nature/ culture division in Civilization and its Discontents. She explores the climate crisis through Winnicott's conception of environment. Sally Weintrobe investigates the clinical ramifications of taking the ecological seriously. For the analyst to become more 'climate aware', they must resist culturally framed disavowal of the climate crisis and painfully work to undo various forms of dissociative splitting. Such internal work is essential to allow psychoanalytic reflection on patients' material, as environmental concerns may be interwoven with other concerns or previous traumas.

After attending this session, participants should be able to: 1) Describe the relationship between the natural world and its constituent place in psychic reality; 2) Describe the work the analyst must do to become more ecologically and climate aware to undo dissociative splitting that results in passivity and lack of thought.

#### SESSION 4: ONE DAY CLINICAL WORKSHOP: IRENE CAIRO

Chair:	Irene Cairo, M.D. (East Hampton, NY)
Host:	ТВА
Presenter:	Shelley Rockwell, Ph.D. (Washington, DC)
Discussant:	Catalina Bronstein, M.D.* (London, England)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

## Attendance will be limited at this session.

This activity is addressed to clinicians who have achieved a degree of clinical experience sufficient to discriminate between various approaches. The presenter is herself well versed in Kleinian theory, but the discussant, identified often as a "contemporary Kleinian" brings a particular approach, born out of her specific knowledge both of contemporary French authors and of Kleinian authors from South America.

After attending this session, participants should be able to: 1) Summarize what constitutes a Kleinian frame to approach unconscious phantasy and follow the effect of interpretation; 2) Compare the use of a Kleinian frame to approach unconscious phantasy to other clinical approaches.

# 3:00 P.M. - 5:00 P.M. ET continued



#### SESSION 5: ONE DAY CLINICAL WORKSHOP: LYNNE ZEAVIN

Chair:Lynne M. Zeavin, Psy.D. (New York, NY)Host:Jessica F. Rollin. M.D.\* (Atlanta, GA)Presenter:Jay Crosby, Ph.D. (New York, NY)Discussant:Priscilla Roth\* (London, England)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

## Attendance will be limited at this session.

In this one day clinical workshop, Mrs. Priscilla Roth, a highly esteemed and internationally known Kleinian analyst from London will discuss detailed clinical process material presented by Dr. Jay Crosby, an analytic candidate at Columbia. Priscilla Roth is recognized as a wonderfully clear translator of Kleinian theory and technique. Her paper, "Mapping the Landscape" is an excellent discussion of tuning in to the right level of the patient's communications, something many analysts have difficulty doing--which can lead to stalemated treatments. In looking at the unfolding of material in the sessions, Mrs. Roth will take up transference and countertransference, along with the nature of the patient's object relationships as they manifest in the hours with the analyst.

After attending this session, participants should be able to: 1) Analyze the distinct levels of the patient's communications as they unfold in the course of the session; 2) Assess various kinds of interventions and their appropriateness given the level of the patient's functioning.  $\bigcirc$  2



# SESSION 6:

PSYCHOTHERAPY ASSOCIATES SESSION: PSYCHODYNAMIC TREATMENT OF

ADDICTION Chair

 & Host: Jonathan Kersun, M.D.\* (Bala Cynwyd, PA)
 Presenter: Christopher DiOrio\*, LPC, CAADC (Glenside, PA)
 Discussant: Fred Baurer, M.D.\* (Philadelphia, PA)

Psychodynamic therapy for addictions is underutilized, considered not "evidence based." But evidence based treatments focus on reduction or elimination of substance use, not the well-being of the addicted person. Excluding psychodynamics from addictions treatment has consequences. Many psychodynamic therapists treat addicted patients, others feel unqualified to do so, and many addictions therapists yearn for a deeper understanding of their patients as individuals. At the same time, many individuals struggling with and recovering from addiction recognize their psychic woundedness and seek an intensive healing process. In this session, the psychodynamic treatment of addiction will be discussed in the context of a case presentation. It is our hope that the case will stimulate thinking and discussion. Dr. Baurer's newly published manuscript, Psychodynamic Treatment with the Addicted Person, (Psychodynamic Psychiatry 49 (3), 404-424, 2021) will serve to inform this discussion.

After attending this session, participants should be able to: 1) Apply psychodynamic principles to the treatment of addiction; 2) Describe the theoretical underpinnings of how psychodynamic treatment can contribute to addiction treatment.

## SESSION 7:

## SCIENCE DEPARTMENT SESSION: MODE: A RANDOMIZED CONTROLLED TRIAL OF PSYCHOANALYTIC TREATMENT AT VARYING FREQUENCIES

Chair:	Mark Solms, Ph.D. (Cape Town, South Africa)
Host:	Charles P. Fisher, M.D. (Berkeley, CA)
Presenters:	Prof. Dr. phil Marianne Leuzinger-Bohleber, Ph.D.* (Frankfurt, Germany)
	Bradley S. Peterson, M.D.* (Los Angeles, CA)

This program will highlight the scientific plan and preliminary observations of the MODE Study (Multi-Level Outcome Study of Psychoanalyses of Chronically Depressed Patients with Early Trauma). The study, conducted in Germany, Switzerland, and the USA, is conducting a randomized controlled trial of psychoanalytic treatment at differing frequencies, using measures of psychoanalytic structural change, symptomatic change, and brain changes observed by fMRI. The major hypothesis is that high frequency psychoanalytic treatment will be more effective than low frequency psychoanalytic treatment for individuals in the study, a group who experience serious psychological and emotional suffering. The presenters are Principal Investigators for MODE.

After attending this session, participants should be able to: 1) Describe how psychoanalytic treatment enables chronically depressed, traumatized patients to work through the two most important long-term consequences of severe traumatization; *continued* 

# 3:00 P.M. – 5:00 P.M. ET continued

2) Explain the specific indication for high frequency, rather than low frequency, psychoanalysis for patients with early traumatization. **CE** 2



#### SESSION 8:

# PSYCHOANALYSIS 20 YEARS AFTER 9/11: EXPLORATION OF THE IMPACT

#### **ON PRACTICE AND EDUCATION**

Chair:	Mojgan Khademi, Psy.D. (San Diego, CA)
Host:	Sameer Khan, M.D.* (New York, NY)
Moderator:	Lara Sheehi, Psy.D. (Williamsburg, VA)
Presenters:	Rukhsana Chaudhry, Psy.D.* (Washington, DC)
	M. Fakhry Davids, M.Sc.* (London, England)
	Stephen Soldz, Ph.D.* (Brookline, MA)

Tareq M. Yaqub, M.D.\* (Ann Arbor, MI) This September marks the 20th anniversary of 9/11, with its geopolitical, social, and personal corollaries. Islamonhobia and the negative view

corollaries. Islamophobia and the negative view of Muslims in the post 9/11 decades have been woven into the "American racial unconscious" and as such have impacted psychoanalytic training and practice for anyone perceived as Muslim. This session will address the following questions: How have psychoanalysts been involved in addressing Islamophobia around the globe? How has Islamophobia been present or addressed within psychoanalytic education and clinical training? How does the current climate of hate in the US with its everchanging focus impact psychoanalytic practice? How can institutes improve training experience of Muslim candidates? How do we improve the multicultural awareness of psychoanalysts as related to Muslim patients, candidates and supervisees?

After attending this session, participants should be able to: 1) Assess examples of psychoanalysts' involvement in addressing Islamophobia around the globe and how the current climate of hate in the US has impacted psychoanalytic practice; 2) Explain how Islamophobia has been present or addressed within psychoanalytic education and clinical training and how institutes can improve the training experience of Muslim candidates/ treatment of Muslim patients.

# SATURDAY, SEPTEMBER 18, 2021

All sessions are live and listed in Eastern Time

12:00 P.M. – 2:00 P.M. ET PLENARY 2: PSYCHOANALYSIS AFTER FANON WEBINAR (PART 1)

Chair & Host: Lara Sheehi, Psy.D.\* (Williamsburg, VA) Presenters: Guilaine Kinouani, MSc\* (London, England) Garth Stevens, MPsych, DLitt et Phil\* (Johannesburg, South Africa) Lou Turner, BFA\* (Chicago, IL)

This plenary will feature a conversation between three scholars from across the globe whose own theorizing is influenced heavily by Frantz Fanon. The plenary is intended for those who are familiar with Fanon's oeuvre, and for those who may be new to his work. Drawing on their decades long accumulated expertise, the panelists will discuss the importance of Fanon in Psychoanalysis—not as an adaptation or accommodation to contemporary modes of analysis, but rather, as a discrete methodology and practice that has always been in conversation with Eurocentric theory, praxis and training. The panelists will highlight the reemergence of Fanon, especially in the United States, and reflect on the relevance of his legacy.

## Part 2 takes place from 3:00 p.m. - 5:00 p.m. Session 15: Psychoanalysis After Fanon: Clinical Workshop

After attending this session, participants should be able to: 1) List the major contributions Frantz Fanon provided to the field of Psychoanalysis; 2) Explain the theory of sociotherapy practiced by Frantz Fanon and how it is relevant to psychoanalytic theory and practice in the United States. **CE** 2

# 2:00 P.M. – 3:00 P.M. ET LUNCH BREAK

# 2:15 P.M. – 2:30 P.M. ET

## STRETCHING WITH ELIZABETH MANNE

Relax for 15 minutes during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive Director of the Washington Baltimore Center

for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for seven of the thirteen years she has been practicing. She currently teaches on weekends. Elizabeth's stretching class was very popular at last year's meeting!

#### 3:00 P.M. – 5:00 P.M. ET

# SESSION 9:

EXPERIENCING THE MEMBERS LISTChair:Himanshu Agrawal, M.D. (Hartland, WI)Host:Henry J. Friedman, M.D. (Cambridge, MA)Presenters:Jack Drescher, M.D. (New York, NY)Luba Kessler, M.D. (Roslyn Heights, NY)

The aim is to reach all members who read the members list in order to improve and increase their appreciation of its importance for the discussion of issues in psychoanalysis. By having 4 different discussants talking about the history of the members list, their individual experiences with participation on the members list it is hoped that discussion with all those attending will be stimulated and allow for the expression of personal opinions about controversies in psychoanalysis. This will be an opportunity to hear about the history of the members list its effectiveness and a conversation between Drs. Kessler and Drescher about their differing experiences with the list. Dr. Agrawal will speak about the experience of a candidate in encountering the content of the members list.

# *Note: This session does not offer Continuing Education Credit.*



#### SESSION 10: COVID-19 AT COLLEGES

Chair & Presenter: Robert M. Galatzer-Levy, M.D. (Chicago, IL) Discussants: Elizabeth Lunbeck Ph.D. (Cambridge MA)

Discussants: Elizabeth Lunbeck, Ph.D. (Cambridge, MA) Benjamin Herbstman, M.D., M.H.S. (Cambridge, MA)

College and years that immediately follow it are periods of enormous transition and development. These developments are contingent on young adults' psychological and material environments. COVID-19 radically and suddenly transformed that environment, overnight depriving students of experiences in the classroom, with peers, and in romantic and sexual relationships. Living arrangements changed radically with returns to childhood bedrooms or forced entrance into isolated living spaces. Although the college years are a period of expectable change, that change ordinarily occurs within environmentally supported narratives that the pandemic has thrown into disarray. This workshop will explore some of the effects of the pandemic's developmental disruption as seen through the lens of clinicians and educators at universities from which our experience is drawn.

After attending this session, participants should be able to: 1) Describe common effects of the pandemic on college students' development; 2) Explain the psychological processes underlying the effects of the pandemic on students' psychological development. CE 2

#### SESSION 11:

## CANDIDATES SESSION: PHYSICAL SEPARATION IN CONTROL ANALYSES AND SUPERVISION: "ARE WE DISEMBODIED?"

Chair & Host: Christopher S. Rigling, Psy.D. (Chicago, IL) Presenters: Molly Merson, LMFT\* (Berkeley, CA)

Hannah Weiss, MA, LCPC (Chicago, IL) Discussants: Daniel Hill, Ph.D.\* (New York, NY)

Jill Savege Scharff, M.D., FABP (Chevy Chase, MD)

This is targeted at candidates in training. The topic is the question of changes in the candidates control analyses and supervision in the time in which all work was suddenly virtual. General treatment vignettes will be provided by candidates, focusing on the experience of distant/virtual analysis. Discussants will respond to the material with a focus on the clinical and theoretical changes (both positive and negative) which resulted. Attendees will add to the educational experience through a general Q & A. The presenters are candidates in training with control analyses. The two discussants were chosen as they had previously written about and been part of presentations regarding the possibility of analytic practice utilizing distance technology.

After attending this session, participants should be able to: 1) Identify both challenges and opportunities that arise from control case training in a virtual or distant methodology; 2) Apply theoretical and/ or clinical constructs to the exigencies that arise within control analyses and supervision during psychoanalytic training.

# 3:00 P.M. – 5:00 P.M. ET continued

#### SESSION 12: DPE SESSION: DPE SEMINAR ON TEACHING SUPERVISION

Chair:Britt-Marie Schiller, Ph.D. (Saint Louis, MO)Host:Wendy Jacobson, M.D. (Atlanta, GA)Presenters:Jeanne P. Mosca, Ph.D. (Prairie Village, KS)Jessica F. Rollin, M.D.\* (Atlanta, GA)Discussant:Jonathan Shedler, Ph.D. (San Francisco, CA)

The focus of this seminar is on developing skills for teaching supervision. Most psychoanalysts engage in supervision, but there are few programs that teach clinicians the skills of conducting supervisions. Various aspects of the supervision process-establishing а supervision focus. creating a supervisory alliance, case formulation, establishing a shared treatment focus with the patient, developing a working alliance around the treatment focus, use of transference and countertransference-will be demonstrated through supervision of clinical casework, with role playing to demonstrate interventions in vivo.

After attending this seminar, participants should be able to 1) Describe the three necessary elements of a working alliance; 2) Discuss the clinical rationale and pedagogical benefit of role playing in clinical supervision. C 2

## SESSION 13: LYING, THE LIAR, AND THE LIED TO

Chair & Discussant: Jane V. Kite, Ph.D. (Cambridge, MA) Host: Trisha E. Balbert, Ph.D.\* (New York, NY) Presenters: Ben Kafka, Ph.D.\* (New York, NY) Amber Nemeth, Ph.D. (New York, NY)

Psychoanalysis is based on the assumption that the analyst and analysand are both in search of the truth. Yet lying and being lied to are ubiquitous phenomena in social life and appear with varying frequency in the analytic process. A liar creates a deceptive object relational configuration that presents particular technical pressures and ethical dilemmas for the analyst when it arises in the clinical material and in the transference/ countertransference matrix. This session will use clinical vignettes and developmental theory to examine the nuances of lying and being deceived, in addition to discussing the multiple meanings embedded in the process of lying and the reactions it elicits in others. All three presenters have significant experience working

clinically within the realm of deception or within the realm of ethics.

After attending this session, participants should be able to: 1) Identify the developmental precipitants of lying and being deceived; 2) Identify common countertransference reactions that arise from being co-opted into a lie.  $\bigcirc 2$ 

# SESSION 14:

## CONTROVERSIAL DIALOGUES: EXPLORING CLASS AND RACIAL IDEOLOGIES IN AND OUT OF THE CLINICAL SETTING

Chair:	Irene Cairo, M.D. (East Hampton, NY)
Co-chair:	Stephen H. Portuges, Ph.D. (Oakland, CA)
Host:	ТВА
Presenters:	Steven Botticelli, Ph.D.* (New York, NY)
	Nancy Hollander, Ph.D.* (Oakland, CA)
	Stephen Sheehi, MA, Ph.D.* (Williamsburg, VA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Ideologies are normative maps of the psychosocial world that explain how things are and how they should be. Although important attitudinal and behavioral guides, ideologies are rarely considered in the teaching, supervision, or clinical practice of psychoanalysis. This session analyzes this crucial absence by exploring how a psychoanalytic understanding of the psychology of love and work is enhanced by critical analysis of the underlying racial and class-based ideologies that frame this psychology. Presenters use the round table format to exchange ideas about the exclusion of class and racial ideologies in and out of the clinical encounter. From various perspectives, we stress the importance of attending to the ideological dimension of human experience that silently conditions psychoanalytic thought.

After attending this session, participants should be able to: 1) Describe the reasons for the crucial absence of considering class and racial ideology in the clinical setting. 2) Discuss the importance of including didactic instruction about class and racial ideologies in the curricula of psychoanalytic institutes. CE 2

# 3:00 P.M. - 5:00 P.M. ET continued



#### **SESSION 15**: PSYCHOANALYSIS AFTER FANON: CLINICAL WORKSHOP (PART 2)

Chair & Host: Lara Sheehi, Psy.D. (Williamsburg, VA) Presenters: Celia Brickman, Ph.D.\* (Chicago, IL) Mamta Banu Dadlani, Ph.D.\* (Berkeley, CA)

This clinical workshop is intended to be Part Two of this morning's Plenary: Psychoanalysis After Fanon. Attendees will not have had to attend the Plenary to participate in this session. Three clinicians who use Fanon's theories in their practice will model how they use Fanon's theory of sociotherapy, with specific attention to clinical work, reflection on the self of the therapist, and attunement to racial material related to power, domination, and coloniality. This clinical workshop includes the engagement of clinical material to operationalize Fanon's theories.

After attending this session, participants should be able to: 1) Use the model of sociotherapy to intervene clinically in matters of race and white supremacy; 2) Apply Fanonian theories of race consciousness and how racism is structured within the logics of colonialism in the clinician's self-reflective process about social location.

## SESSION 16:

#### FELLOWS CLINICAL CONFERENCE: FINDING MEANING WITH ASYLUM-SEEKING IMMIGRANTS: SUSPENDING ANALYTIC PRIVILEGE AND HOLDING EMBODIED TRAUMA

Chair:	Francesca Engel, M.D.* (Philadelphia, PA)
Presenter	
& Host:	Liz Camarena West, M.S.C.P., M.F.T.*
	(El Granada, CA)
Presenter:	Alba E. Lara, M.D.* (Austin, TX)

Discussant: Francisco J. Gonzalez, M.D.\* (San Francisco, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Asylum-seeking immigrants seek meaning and vitality in the post-migration period; however, this search can be hindered by the sociopolitical context encountered in the United States. Privilege and embodiment of trauma may be re-enacted in the therapeutic dyad. To prevent the perpetuation of such dynamics, the therapist must attend to symbolic representations of cultural nuance, recognize the possibility of colonization due to the therapist's privilege, and empower patients to verbalize their embodied experience. Two cases will be presented where recognition and suspension of the therapist's position of privilege were central to creating a holding environment. Presenters will discuss how to avoid a further dehumanization of the patient and will expand the idea of the somatization of trauma in the context of immigration.

After attending this session, participants should be able to: 1) Describe the contribution of the analyst's privilege in the treatment of asylum-seekers; 2) Assess the embodiment of trauma in the treatment of immigrants.  $\bigcirc 2$ 

# 6:00 P.M. - 8:00 P.M. ET



VIRTUAL SOCIAL HOUR — AN EVENING OF JAZZ!

Join us for a virtual cocktail party followed by a special Jazz performance with Endea Owens and Shenel Johns!

Endea Owens is a Lincoln Center Emerging Artist, Julliard Graduate and is known as the vibrant bassist for the house band for The Late Show with Stephen Colbert. She performs with her own band The Cookout at venues all over, including Dizzy's Club at Lincoln Center (catch her Sept.25/26!). You can learn more about our special guest by visiting endeaowens.com and see some of her performances on her YouTube channel. She is also the founder of the charity The Community Cookout in New York.

Shenel Johns has emerged as one of the shining stars of her generation with a voice that embodies grace and passion and a personal style that sways effortlessly from jazz to R&B to gospel. A native of Hartford, CT, Johns has been performing since she was fourteen years of age, and has developed a distinctive, eclectic style that has increasingly caught the attention of her peers and some of the industry's top performers. Visit allaboutjazz.com/ musicians/shenel-johns for more information and performances.

# SUNDAY, SEPTEMBER 19, 2021

#### All sessions are live and listed in Eastern Time

# 12:00 P.M. – 2:00 P.M. ET PLENARY 3: MOURNING IN AMERICA: EXPLORATIONS OF LOSS AND REPAIR

Chair: Lynne M. Zeavin, Psy.D. (New York, NY) Host: Amber Nemeth, Ph.D. (New York, NY) Presenters: M. Fakhry Davids, M.Sc.\* (London, England) Forrest M. Hamer, Ph.D. (Oakland, CA) Mary Margaret McClure, D.M.H. (Mill Valley, CA)

As we emerge from the pandemic, we begin to more fully face the losses that the pandemic has entailed. These losses are multiple--the loss of health, of loved ones, professional dislocation and job loss, loss of identity, and the loss of time, among others. In addition, as Americans, for many of us there has been the loss of our own sense of goodness-particularly for white Americans as we contend with our enduring history of racial injustice. This special plenary will begin with a discussion of mourning and some of the diversions from mourning - manic defense and paranoia that interfere with the process of mourning. We will engage the multiple losses that we have faced as citizens and as psychoanalysts and will offer ways to think toward the possibilities of repair.

After attending this session, participants should be able to: 1) Utilize a psychoanalytic concept of mourning to help patients and ourselves face various losses and promote development; 2) Explain the meanings of mania and how they work against true reparation — how these are at work both in ourselves and in society at large.  $\bigcirc 2$