FRIDAY, JUNE 19, 2020

12:00 p.m. - 2:00 p.m. EDT  PLENARY SESSION: Psychoanalysis in a Broken World (Part 1): “Transformations of Psychoanalytic Experience and Practice in the COVID-19 Era”

2:00 p.m. - 3:00 p.m. EDT  Lunch Break/Welcome Committee Meets with First Timers

2:15 p.m. - 2:30 p.m. EDT  STRETCHING WITH ELIZABETH MANNE

3:00 p.m. - 5:00 p.m. EDT  SPECIAL SESSION 1: Betwixt and Between: How Young Analysts Balance the Impossible Demands of Family and Professional Life in the Era of COVID-19

SPECIAL SESSION 2: Basic Needs: Hunger and Love in the Time of COVID-19

SPECIAL SESSION 3: Working in the Time of COVID-19: A Kleinian Perspective

DISCUSSION GROUP 1: Psychoanalysis and Psychodynamic Psychotherapy

DISCUSSION GROUP 2: Psychoanalysis and Psychotherapeutic Hospitals

DISCUSSION GROUP 3: Emerging Perspectives on LGBTQ

6:00 P.M. - 8:00 P.M. EDT  VIRTUAL SOCIAL HOUR: Reflections on “Reimagining the Future,” with Kenneth Eisold, Ph.D.

SATURDAY, JUNE 20, 2020

12:00 P.M. - 2:00 P.M. EDT  PLENARY SESSION: Psychoanalysis in a Broken World (Part 2): “The Psychoanalyst's Anxieties: When the Bough Breaks”

2:00 P.M. - 3:00 P.M. EDT  LUNCH BREAK

2:15 p.m. - 2:30 p.m. EDT  STRETCHING WITH ELIZABETH MANNE

3:00 P.M. - 5:00 P.M. EDT  SPECIAL SESSION 4: Dreams in the time of COVID-19

SPECIAL SESSION 5: Working Remotely in a Crisis: Interpretation, Transference, and Analytic Process

SPECIAL SESSION 6: Volunteer Initiatives in Boston, Chicago, and San Francisco to Provide Treatment for Frontline Healthcare Workers in the Midst of the Pandemic

Committee Sponsored Workshop: Gender and Sexuality: 2020 Ralph Roughton Paper Award Winner

DISCUSSION GROUP 4: Psychotherapist Associates Present: Who’s Your Mommy?: Exploring Parental Transference in Therapy

DISCUSSION GROUP 5: Writing About your Analytic Work in a Case Report

DISCUSSION GROUP 6: Parent Work in Psychoanalysis

6:00 P.M. - 8:00 P.M. EDT  VIRTUAL SOCIAL HOUR: Reflections on “Nature, the Natural World, and Human Nature – How do they fit together?” with W. John Kress, Ph.D.

SUNDAY, JUNE 21, 2020

12:00 P.M. - 2:00 P.M. EDT  PLENARY SESSION: “Who We Have Been and What We Might Become”
STATEMENT OF OBJECTIVES
The scientific sessions of the American Psychoanalytic Association’s meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities for the review of essential psychoanalytic knowledge. These sessions are designed for the continuing education of mental health professionals, including psychiatrists, psychologists, social workers, other mental health professionals; professionals-in-training, and master’s level students; as well as post-doctoral mental health clinicians, nurses, teachers, professionals and academics in mental health and non-mental health disciplines.
This meeting offers a series of panel discussions, plenaries, symposia, discussion groups, clinical workshops, scientific papers, clinical presentations, and special programs for students including seminars, courses, and forums dedicated to professionals-in-training on topics of importance to psychoanalysis that have been designed to increase professional competence.

CONTINUING PROFESSIONAL EDUCATION CREDITS

Physicians
The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 10 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

Social Workers
The APsaA 109th Annual Meeting is Approved by the National Association of Social Workers (Approval #886504845-3424) for 10 continuing education contact hours.

New York State Social Workers
American Psychoanalytic Association, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

New York State Licensed Psychoanalysts
American Psychoanalytic Association, Inc. is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0013.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:
None of the planners and presenters of this CME program have any relevant financial relationships to disclose unless specifically noted.

Please Note
Sessions marked with the CEC icon are contingent on final approval from the Continuing Education Committee.
Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he or she may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA’s ethical principles and may be cause for disciplinary or legal action or both.

FRIDAY, JUNE 19, 2020

All sessions are live and listed in Eastern Daylight Time.

12:00 P.M. – 2:00 P.M. EDT

PLENARY SESSION: PSYCHOANALYSIS IN A BROKEN WORLD (PART 1)

The world is broken. Yet it is our task to find a way to create and maintain a psychoanalytic space. We find ourselves in a cataclysmic moment when the pandemic is the virus and the pandemic is the anxiety. That we are all anxious is undeniable. How do we accommodate and recreate a frame when we are afraid to meet with our patients, and our patients are afraid to meet with us? The question, “Are you OK?,” has new meaning to both members of the dyad. How do we maintain an analytic stance when it feels dangerous to be with each other—when the danger is no longer a fantasy and the threat of contagion is real. (This session will open a discussion that will continue in the second Plenary Session on Saturday.)

PART 1: “TRANSFORMATIONS OF PSYCHOANALYTIC EXPERIENCE AND PRACTICE IN THE COVID-19 ERA”

Chair: Glen Gabbard, M.D. (Houston, TX)
Presenters: Paola M. Contreras, Psy.D.* (Cambridge, MA)
            Francisco Gonzalez, M.D.* (San Francisco, CA)
            Alfred S. Margulies, M.D. (Auburndale, MA)
Host: Amber Nemeth, Ph.D. (New York, NY)

Through brief presentations followed by panel discussions and a final open question and answer period, we will explore the impact of the pandemic on the analytic space and the transferential-countertransferential field in the context of the shared experience of world disruption in time and space; the impact on fantasy and symbolic representation; and the challenge of reimagining the psychoanalytic frame to fit extraordinary circumstances.

After attending this session, participants should be able to: 1) Describe the impact of the shared experience of world shaking events on the uses of the transferential-countertransferential field
2) Analyze how symbolic representation and the psychoanalytic frame can be reimagined in times of extraordinary world circumstances and disruption.

CEC: 2
FRIDAY

2:00 P.M. – 3:00 P.M. EDT
LUNCH BREAK:
WELCOME COMMITTEE MEETS WITH FIRST TIMERS
For those attending the meetings for the very first time join APsaA staff, Welcome Committee members and other first timers at this informal gathering. Our goal is for you learn more about the association, how to get involved and to chat with leadership, staff and other attendees.
Questions? Email Carolyn Gatto, Scientific Program and Meetings Director, cgatto@apsa.org.

2:15 P.M. - 2:30 P.M. EDT
STRETCHING WITH ELIZABETH MANNE
Relax during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive Director of the Washington Baltimore Center for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for six of the twelve years she has been practicing. She currently teaches on weekends.

3:00 P.M. – 5:00 P.M. EDT
SPECIAL SESSION 1:
BETWIXT AND BETWEEN: HOW YOUNG ANALYSTS BALANCE THE IMPOSSIBLE DEMANDS OF FAMILY AND PROFESSIONAL LIFE IN THE ERA OF COVID-19
Co-Chairs: Benjamin J. Herbstman, M.D., M.H.S. (Cambridge, MA)  Elizabeth J. Levey, M.D. (Chicago, IL)
Discussant: Catherine Price, M.J.* (Philadelphia, PA)
Host: Alistair McKnight, Psy.D, LMHC (Cambridge, MA)
The already significant responsibilities of balancing one’s family and professional life as a young analyst have only intensified during the COVID-19 pandemic. Managing the complexities, porous boundaries, and uncertainties of working from home, caring for young children, worrying about older parents, and containing and functioning for one’s patients have made an already “impossible profession” slightly more impossible. This session will provide a forum for young analysts to explore these pressures and tensions. Science journalist Catherine Price, author of “How to Break Up with Your Phone,” whose work focuses on how (and why) to achieve screen-life balance will join us as we discuss these complex challenges.
After attending this session, participants should be able to: 1) Describe how COVID-19 has created multiple impingements on young analysts and their therapeutic/analytic functioning; 2) Design strategies to improve therapeutic/analytic functioning during the time of COVID-19.

SPECIAL SESSION 2:
BASIC NEEDS: HUNGER AND LOVE IN THE TIME OF COVID-19
Chair: Elizabeth Lunbeck, Ph.D. (Cambridge, MA)
Co-chair & Host: Ben Kafka, Ph.D., L.P.* (New York, NY)
Presenter: Chris Hughes* (New York, NY)
“Hunger and love are what the move the world.” This line of Freidrich Schiller’s was a favorite of Freud’s, who returned to it throughout his career. Led by Dr. Ben Kafka, a psychoanalyst and cultural historian at NYU, and Chris Hughes, a co-founder of Facebook now at the helm of the Economic Security Project, this session will consider the economic precarity in which so many now find themselves; the anxieties this precarity stirs up; the pressure these anxieties create in the transference and countertransference; and how this crisis reveals the need to rethink our individual and collective well-being, including the urgent task of expanding access to psychoanalysis.
After attending this session, participants should be able to: 1) Describe the anxieties that are triggered due to economic precarity; 2) Analyze the pressure economic precarity anxieties create in the transference and countertransference.

SPECIAL SESSION 3:
WORKING IN THE TIME OF COVID-19: A KLEINIAN PERSPECTIVE
Chair & Discussant: Kay M. Long, Ph.D. (New Haven, CT)
Co-chair & Host: Lynne M. Zeavin, Psy.D. (New York, NY)
Presenter: Shelley Rockwell, Ph.D. (Washington, DC)
Discussant: Lindsay L. Clarkson, M.D. (Dorset, VT)
Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.
When remote technology is utilized to treat patients psychoanalytically, pressure may be exerted on the analyst and patient to normalize the situation, and to act as if the virtual session is the same as work in person. Both analyst and patient are in states of sensory deprivation: dispossessed of each other’s person, body emanations, rhythms, and bereft of the details of the familiar setting. Such losses continued
can reawaken unwelcome primitive phantasies of dislocation and disintegration, and evoke early anxieties related to internal object relationships. Unwitting collusions between analyst and patient may keep areas of experience out of awareness. Through focused group discussion of clinical vignettes from a Kleinian perspective, our intention is to increase receptivity to the early anxieties transpiring and to develop strategies for virtual clinical work.

After attending this session, participants should be able to: 1) Apply Kleinian concepts to elucidate the unconscious phantasies stirred up in the patient in this present time of COVID-19; 2) Explain the impact of tele-therapy on the transference-countertransference situation using Betty Joseph and Michael Feldman’s concept of the “here and now” in the psychoanalytic hours.

DISCUSSION GROUP 1: PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY
Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Robert Dobres, L.C.S.W.* (Portland, OR)
            Thomas Veeder, M.D. (Portland, OR)
Discussant: Aisha Abbasi, M.D. (West Bloomfield, MI)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, focusing often on limitations of the latter. This discussion group will take a different stance toward this relationship. The emphasis will be psychoanalysis and psychodynamic psychotherapy, rather than one versus the other. We will emphasize side by side comparison with the intention of greater understanding of the two areas of practice and their relations. We believe that examining these two clinical approaches together may shed for their white one aspects of each of them. The format will involve two presenters, one providing psychoanalytic material, the other psychotherapeutic material. A discussant will help let’s pursue a consideration of the two processes in terms of method, technique, and therapeutic action.

After attending this session, participants should be able to: 1) Compare the two processes of psychoanalysis and psychodynamic psychotherapy in terms of technique, method, and therapeutic action; 2) Use clinical examples of psychoanalytic and psychotherapeutic processes to distinguish the two therapeutic modes.

DISCUSSION GROUP 2: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS
Chair: M. Sagman Kayatekin, M.D. (Houston, TX)
Co-chair: Michael Groat, Ph.D., M.S. (New Canaan, CT)
Presenters: Matthew Estey, L.C.S.W.* (Houston, TX)
            Neil Puri, M.D.* (Houston, TX)
            Logan Stohle, Psy.D.* (Evanston, IL)
            Jesse Viner, M.D. (Evanston, IL)

Drs. Kayatekin and Groat have extensive experience in Psychoanalytic individual, family, group, milieu and hospital team work. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP’s, partial hospitalizations, and day treatment programs. These contexts, with their regressive/progressive capabilities on the person and the psychopathology, provide a unique window to the fascinating interrelatedness of intra-psychic and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will expand participants’ understanding beyond the intrapsychic/dyadic psychoanalytic approaches that dominate the psychoanalytic theory. This will allow a more sophisticated, multilayered understanding of the multiple venues of therapeutic action that makes multiple treater settings effective environments conducive to therapeutic growth and change.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions.
3:00 P.M. – 5:00 P.M. EDT continued

DISCUSSION GROUP 3:
EMERGING PERSPECTIVES ON LGBTQ

Chair & Host: Justin Shubert, Psy.D., Ph.D.
(Los Angeles, CA)
Presenter: Kathryn McCormick, M.A., LMFT, CMHS
(Seattle, WA)
Discussants: Diane Ehrensaft, Ph.D. * (Oakland, CA)
Alexandra Harrison, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

The case of a child from a minority community with a strong cultural tradition who was designated male at birth but has identified as a girl for several years will be presented by her psychoanalyst, Kathryn McCormick, LMFT. The group will consider the girl’s membership in her community as we explore how social and cultural influences as well as subjective convictions of gender have shaped her identity. Two esteemed child analysts, Alexandra Harrison, M.D., who has been the ongoing supervisor on the case, and Diane Ehrensaft, Ph.D., Director of Mental Health at the UCSF Child and Adolescent Gender Center, will discuss the case from their unique perspectives.

After attending this session, participants should be able to: 1) Assess the stigma and challenges that gender non-conforming patients face in the treatment of transgender children; 2) Describe the complex relationship that cultural and gender norms have on a developing psyche. CEC: 2

6:00 P.M. – 8:00 P.M. EDT

VIRTUAL SOCIAL HOUR:
REFLECTIONS ON “REIMAGINING THE FUTURE,” WITH KENNETH EISOLD, PH.D.

Bring your beverage of choice and join colleagues along with special guest Dr. Kenneth Eisold for time to reflect on the topic of “Reimagining the Future”. After his brief remarks, we will divide into smaller breakout groups so participants can connect with colleagues on a more informal level.

SATURDAY, JUNE 20, 2020

All sessions are live and listed in Eastern Daylight Time.

12:00 P.M. – 2:00 P.M. EDT

PLENARY SESSION:
PSYCHOANALYSIS IN A BROKEN WORLD (PART 2)

The world is broken. Yet it is our task to find a way to create and maintain a psychoanalytic space. We find ourselves in a cataclysmic moment when the pandemic is the virus and the pandemic is the anxiety. That we are all anxious is undeniable. How do we accommodate and recreate a frame when we are afraid to meet with our patients, and our patients are afraid to meet with us? The question, “Are you OK?,” has new meaning to both members of the dyad. How do we maintain an analytic stance when it feels dangerous to be with each other—when the danger is no longer a fantasy and the threat of contagion is real. (This session is a continuation of the discussion from the Plenary Session on Friday.)

PART 2:
“THE PSYCHOANALYST’S ANXIETIES:
WHEN THE BOUGH BREAKS”

Chair: Beverly J. Stoute, M.D. (Atlanta, GA)
Presenters: Maureen A. Katz, M.D. (Berkeley, CA)
Christopher G. Lovett, Ph.D. (Newton Centre, MA)
Kathryn McCormick, M.A., LMFT, CMHS (Seattle, WA)
Host: Amber Nemeth, Ph.D. (New York, NY)

From varying vantage points we will look at how we must now confront our internal anxieties, collective anxiety and the realities of the social world as we all face the reality of change in an uncertain and broken world with, rather than separate from our patients. This two-hour presentation will integrate audience questions to allow further discussion.

After attending this session, participants should be able to: 1) Describe shared intra-psychic and societal anxieties, that arise between analyst and analysand and how to work in the transference during times of shared societal anxiety; 2) Describe clinical examples of how analysts’ disavowal of societal anxieties interfere with helping patient’s identify their own anxieties. CEC: 2
DAILY SCHEDULE

SATURDAY

2:00 P.M. – 3:00 P.M. EDT
LUNCH BREAK

2:15 P.M. - 2:30 P.M. EDT
STRETCHING WITH ELIZABETH MANNE
Relax during your lunch break at an informal stretching session led by Elizabeth Manne, the full-time Executive Director of the Washington Baltimore Center for Psychoanalysis. Elizabeth Manne, RYT500, has been teaching yoga for six of the twelve years she has been practicing. She currently teaches on weekends.

3:00 P.M. – 5:00 P.M. EDT
SPECIAL SESSION 4:
DREAMS IN THE TIME OF COVID-19
Chair: Lynne M. Zeavin, Psy.D. (New York, NY)
Co-chair: Amber Nemeth, Ph.D. (New York, NY)
Clinicians may overlook in their patients the underlying psychic meanings of COVID-19 responses in favor of maintaining focus on the present real dangers. Listening for the unconscious associations in dreams can facilitate clinician’s capacities to engage with their patient’s in both the reality of the present and the ways in which the current strain meaningfully fits into their histories. This discussion group is targeted for participants who would like to develop greater attunement to the dream life of their patients during the COVID-19 pandemic. Dr. Lynne Zeavin is a training analyst at the New York Psychoanalytic Society and Institute and maintains a private practice in New York City. Dr. Amber Nemeth is a graduate of the New York Psychoanalytic Society and Institute and maintains a private practice in New York City.
After attending this session, participants should be able to: 1) Assess the dream life of patients and listen for the unconscious meanings in dream symbols; 2) Use dream material to further develop the psychic representation of ongoing traumatic exposure and anxieties in patients during COVID-19. CEC: 2

SPECIAL SESSION 5:
WORKING REMOTELY IN A CRISIS: INTERPRETATION, TRANSFERENCE, AND ANALYTIC PROCESS
Chair: Abbot A. Bronstein, Ph.D. (San Francisco, CA)
Presenter: Sara Gardiner, M.D. (Portland, OR)
Host: Cynthia Ellis Gray, M.D. (Portland, OR)
This session will look at clinical process notes following the need to work remotely. Psychoanalysis was not designed for anything but an in person treatment. Yet circumstances and technology allow for a new ‘virtual’ way of working. The 2 dimensional experience needs to be translated into something close to a 3 dimensional one. Transference, countertransference, interpretation and clinical process will be discussed within the context of reading real hours from a clinical case. The discussant will try to help the group focus on the clinical process as it emerges within this new kind of setting for psychoanalysis.
After attending this session, participants should be able to: 1) Prepare an analytic setting for conducting psychoanalysis using remote technology during this crisis; 2) Describe how transference phantasies and interpretation can be utilized to help sustain and maintain an analysis. CEC: 2

SPECIAL SESSION 6:
VOLUNTEER INITIATIVES IN BOSTON, CHICAGO, AND SAN FRANCISCO TO PROVIDE TREATMENT FOR FRONTLINE HEALTHCARE WORKERS IN THE MIDST OF THE PANDEMIC
Co-chairs: James W. Barron, Ph.D. (Brookline, MA)
            Phil S. Lebovitz, M.D. (Chicago, IL)
Host & Discussant: John C. Foehl, Ph.D. (Cambridge, MA)
Discussants: Robert L. Graham, J.D.* (Chicago, IL)
             Michael D. Levin, Psy.D. (San Francisco, CA)
             Daniel Mollod, M.D. (Brookline, MA)
             Elizabeth Rawson, M.D. (San Francisco, CA)
             Erika Schmidt, L.C.S.W. (Chicago, IL)
Frontline healthcare workers in the midst of this pandemic are experiencing stress, depression, anxiety, PTSD, and moral injury. Psychoanalysts in Boston, Chicago, San Francisco, and other cities have responded to this crisis by reaching out and collaborating with hospitals and community agencies. These collaborative models enable psychodynamic clinicians to volunteer their services to frontline healthcare workers who request therapy and support. This group will present these developing models of volunteer service delivery to stimulate a wider discussion of the experiences and needs of other institutes with an interest in developing their own models.
After attending this session, participants should be able to: 1) Describe two aspects of the traumatic effects of the pandemic on frontline healthcare workers; 2) Design a model for psychoanalysts and psychoanalytic psychotherapists to deliver volunteer therapy services to frontline healthcare workers in hospitals and community settings. CEC: 2
COMMITTEE SPONSORED WORKSHOP:
GENDER AND SEXUALITY: 2020 RALPH ROUGHTON PAPER AWARD WINNER

Chair & Host: Carol B. Levin, M.D. (Okemos, MI)
Co-chairs: Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)
         Don Spivak, M.D. (Birmingham, MI)
Presenters & Prize Winners: Rajiv Gulati, M.D. (New York, NY)
                        David Pauley, L.C.S.W., M.S.W.* (New York, NY)
Title: “Reconsidering Leonardo da Vinci and A Memory of His Childhood”

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

This presentation revisits Freud’s 1910 pathography of Leonardo da Vinci. Unlike previous accounts, which sought to grapple mainly with errors of fact, we focus on a more consequential flaw: Freud’s fatefully pathogenic framing of Leonardo’s homosexuality. While few present-day analysts share that vision in its entirety, Freud’s complex and plausible reconstruction drew wide support in the literature for more than a century, and has to date never been subjected to a rigorous critique. We propose a close probing of the study, exploring Freud’s perspective and that of later commentators, while making use of historical data, from Leonardo’s time through our own, to account for the biography’s grip on the psychoanalytic imagination. In the end, we argue that Freud’s pathography constitutes a failed effort to grapple with an unsettling transformation unfolding around and within him: the emergence of the category that eventually would be called the “healthy homosexual.”

After attending this session, participants should be able to: 1) Describe two ways in which Freud’s anxieties about his own bisexual nature were displaced onto Leonardo in his study; 2) Explain the 4 different models of homosexuality as outlined by the authors.

DISCUSSION GROUP 4:
PSYCHOTHERAPIST ASSOCIATES PRESENT:
WHO’S YOUR MOMMY?: EXPLORING PARENTAL TRANSFERENCE IN THERAPY

Chair: Petra Pilgrim, M.D. (New Canaan, CT)
Co-chair: Michael Groat, Ph.D., M.S. (New Canaan, CT)
Presenter: Jacques Gourguechon, L.P.C. (Chicago, IL)
Discussant: Leo S. Weinstein, M.D. (Chicago, IL)

This discussion group applies psychodynamic principles and techniques to real-world psychoanalytic psychotherapy, with special attention to identifying and managing transference/ counter-transference enactments. The case presentation and discussion will demonstrate how a patient’s parental transference towards the therapist will affect the therapeutic relationship. The program will address managing and using the therapist’s subjective reactions to enhance learning and avoid pitfalls, (i.e. guilt or self-protection) that can impede the clinician’s or patient’s growth. Attendees will listen to and discuss content and process of an interrupted therapy. All levels of clinical training and skill are welcome.

After attending this session, participants should be able to: 1) Discuss the counter-transference and transference reactions contributing to or associated with explicit parental feelings expressed in therapy; 2) Utilize self-reflective strategies to assess and manage the risks/experience of parental transference in psychoanalytic therapy.

DISCUSSION GROUP 5:
WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Co-chair & Host: Mark Moore, Ph.D. (Philadelphia, PA)
Co-chairs: Melvin Bornstein, M.D. (Birmingham, MI)
           Jonathan Palmer, M.D. (Newton, MA)
           Harvey Schwartz, M.D. (Philadelphia, PA)
           Peggy E. Warren, M.D. (Waban, MA)
Presenter: Lisa Price, M.D. (Cambridge, MA)

Analysts are often called upon to describe their work in written form. Clinical Psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst’s reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report.) It is led by analysts with significant experience in

continued
teaching about clinical writing.

After attending this session, participants should be able to: 1) Assess and write about the analyst’s work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account.

**DISCUSSION GROUP 6: PARENT WORK IN PSYCHOANALYSIS**

Co-chairs: Jack Novick, Ph.D. (Ann Arbor, MI)
          Kerry Kelly Novick (Ann Arbor, MI)
Presenters: Denia Barrett, M.S.W. (Chicago, IL)
           Thomas F. Barrett, Ph.D. (Chicago, IL)

Concurrent parent work involves learning how to form and maintain multiple therapeutic alliances. The requisite interpersonal, empathic and communicative skills add to the repertoire of traditionally-trained psychoanalysts. Inclusion of knowledge from allied fields strengthens multimodal clinical offerings. Patients and their parents benefit from such comprehensive care, somewhat lacking in the past. Jack Novick, Kerry Kelly Novick, Denia Barrett, and Tom Barrett, all recognized leaders in theory and technique of parent work, have combined their expertise to summarize what we have learned from the past years of this discussion group. Parent work has proven crucial in the context of telehealth. The presenters will link their findings from the recent “Parent Work Casebook” with these new challenges.

After attending this session, participants should be able to: 1) Assess resistances in themselves, parents, and patients to parent work, both in person and through telehealth; 2) Use the knowledge of the nature of the resistances to form sturdy therapeutic alliances with parents and patients.

**VIRTUAL SOCIAL HOUR:**

**REFLECTIONS ON “NATURE, THE NATURAL WORLD, AND HUMAN NATURE – HOW DO THEY FIT TOGETHER?” WITH W. JOHN KRESS, PH.D.**

Bring your beverage of choice and join colleagues along with special guest Dr. W. John Kress, Distinguished Scientist and Curator Emeritus of the Smithsonian Institution’s National Museum of Natural History, for time to reflect on the topic of “Nature, the Natural World, and Human Nature.” After his brief remarks, we will divide into smaller breakout groups so participants can connect with colleagues on a more informal level.

**SUNDAY, JUNE 21, 2020**

**PLENARY SESSION:**

**“WHO WE HAVE BEEN AND WHAT WE MIGHT BECOME”**

Chair: Jane V. Kite, Ph.D. (Cambridge, MA)

Presenters: William C. Glover, Ph.D., President (San Francisco, CA)
           Prudence Gourguechon, M.D., Past President (Chicago, IL)
           Donald Moss, M.D., Chair, Program Committee (New York, NY)
           Kerry J. Sulkowski, M.D. President-Elect (New York, NY)

Host: Maureen A. Katz, M.D. (Berkeley, CA)

Shaped by a series of questions and prompts addressing the place of psychoanalysis in both the current and future cultural surround, the session will generate a conversation between four distinct and leading psychoanalytic voices. We will address issues of definition, training, and inclusion, both within and outside our private consulting room. We will also address APsaA’s place within the broad context of American psychoanalysis. We will look at where we have been and of how we must adapt to a changing contemporary environment while protecting our conceptual and clinical legacy. Three organizational presidents along with the Program Chair will take on broad organizational questions as well as more narrow questions pertaining to ensuring that our programs take up ongoing developments, both within and outside our private consulting rooms.

After attending this session, participants should be able to: 1) Discuss expanded definitions of psychoanalysis and the possibilities and adaptability of psychoanalysis to provide essential mental health service in a changing American environment; 2) Prepare clinical strategies for a practice during and after the pandemic caused by COVID-19.
Program Participant List

A
Aisha Abbasi, M.D.................................................................6

B
Denia Barrett, M.S.W..........................................................10
Thomas F. Barrett, Ph.D.......................................................10
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