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Dear colleagues,

San Diego, my typically sunny home city, is known for its beaches and warm, sunny weather, the famous San Diego Zoo and Shamu at Sea World. However being just 17 miles from the southern border with Mexico, San Diego is also known as a city at the center of the national debate about immigration including sanctuary cities, ICE detention centers and the Administration’s policy to separate migrant children from their parents apprehended at the border, whether crossing illegally or through legal ports of entry. Not far from here is the Otay Mesa Detention Center which has recently been cited for medical neglect, safety issues, and racism and discrimination.

So with this in mind I hope you will join us at the opening session — “The Border: A Conceptual Framework” chaired by my colleague Harry Polkinhorn, president of San Diego Psychoanalytic Center and featuring Deyanira Torres Martin and Victor Clark-Alfaro from Tijuana, and William A. Nericcio from San Diego. I hope you will stay and participate in the closing session — “Psychoanalysis at the Border in a Time of Hate” chaired by Stephen Portuges from Oakland with presenters Paula Waisman and Mariela Shibley from San Diego, Silvia Rodriquez from Tijuana, Maureen Katz from Berkeley, and Nancy Hollander also from Oakland.

As always the Program Committee has put together a robust scientific program with nearly 40 discussion groups, clinical workshops and plenaries, and other intriguing sessions on a wide range of topics you won’t want to miss. Of note both the Ernst and Gertrude Ticho Memorial Lecture and the Clinical Plenary, our two keynotes, will be given by women: Dr. Jane Tillman’s lecture — “In the Shadow of Suicide: Ethical Loneliness, Moral Injury, and the Mysterious Object” on Friday evening and Judith Yanof’s plenary — “The Edge of Chaos: Play in the Analytic Setting” on Saturday morning.

In addition to the scientific program, the Annual Meeting is also about being a part of the APsaA community and networking with your colleagues from around the country, so I hope you will attend one of the many social events we have planned from lunches to dine-arounds and our cocktail receptions.

I look forward to seeing old friends and making new ones, so if you see me in the hallways please introduce yourself and say hello.

Warm regards,

Lee Jaffe, Ph.D.
APsaA President
APsaA Community Vision Statement

The American Psychoanalytic Association is a community where those interested in and committed to psychoanalysis can connect, learn together, and support one another. To that end, APsaA’s Executive Council has unanimously approved the following vision — ensuring a welcoming and positive community for all:

In the broad community it creates, APsaA provides a place to collaborate, connect, learn and find inspiration for psychoanalysts, psychoanalytic clinicians, educators, scientists, researchers, scholars, students and psychoanalytic institutes, societies and centers. The APsaA community gives its members a link to psychoanalysis worldwide and a connection to one another that is essential to our members’ psychoanalytic identity and different from what they obtain locally.

Through its smaller, focused communities, APsaA fulfills members’ needs for affiliation, identification, personal connection and professional development. The Association’s communities reflect inclusivity and diversity in culture, gender, race, sexual orientation, theoretical orientation, career stage, age, geography, and discipline.

APsaA communities encourage and support innovation in psychoanalytic thinking and its relevance to the world. Anyone who has an interest in psychoanalysis can find a place to connect with the broader APsaA community.

APsaA provides diverse ways to connect so that everyone can find a place, while protecting the special place of psychoanalysis and psychoanalysts.

At all times, APsaA creates professional communities that embody these guiding principles:

• Scholarly, Educational, and Collegial
• Diverse, Inclusive, Collaborative, and Curious
• Compassionate, Open-Minded, and Respectful
• Constructive, Progressive, and Innovative
• Supportive, Tolerant, and Encouraging of Many Points of View and Welcoming
Are you wearing your badge?

Name badges are required to attend all sessions of the scientific program. Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting.

Badges must be worn in plain sight to gain access to APsaA’s meeting. Individuals who are not wearing their name badge or correct name badge will be asked to properly register for the meeting.

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Social Events

THURSDAY, JUNE 20, 2019
6:00 p.m. – 7:00 p.m.
Attendee Cocktail Reception
Sponsored by the San Diego Psychoanalytic Center
(see page 15)

Networking event hosted within the Cocktail Reception.

Candidates’ Spring Social
(see page 16)
7:00 p.m. – 9:00 p.m.
Dine Arounds (see page 16)

FRIDAY, JUNE 21, 2019
7:15 p.m. – 8:30 p.m.
Attendee Cocktail Party
sponsored by the Ernst and Gertrude Ticho Charitable Foundation (see page 34)

SATURDAY, JUNE 22, 2019
12:00 p.m. – 2:00 p.m.
Attendee Lunch Break
(see page 35)

Networking event hosted within the lunch break.

Psychotherapy Networking Lunch (see page 36)
6:30 P.M. – 8:00 P.M.
Attendee Cocktail Hour
(see page 43)
Welcome Newcomers  The American Psychoanalytic Association is pleased to welcome you to your first APsaA meeting. We hope it will be the first of many to come. By choosing to attend an APsaA meeting you are making a significant investment in expanding and developing your professional knowledge and skills. And you are going to meet a terrific group of people as well.

• Join us for the Attendee Cocktail Reception on Thursday, June 20 at 6:00 p.m. – 7:00 p.m. for a cocktail and hors d’oeuvres. This is a great opportunity to meet APsaA staff (you’ll be seeing us around the whole week) and other first time attendees.

• Sign up for a Dine Around which takes place after the Attendee Cocktail Gathering. Head out to dinner with the new folks you just met.

• Grab a First Time Attendee ribbon to wear on your badge if you want. It’s a great conversation starter.

APsaA staff will be wearing red badge ribbons. Look for us if you have any questions.

What does it mean when a session is marked “Closed”? It means that during pre-registration, the maximum enrollment was reached for that particular session. Unless you pre-registered, please do not attend that session. It is closed and no new participants will be accepted.

There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room. The more popular sessions will reach room capacity quickly and you may wish to plan for an alternative.

Follow us on Twitter and Instagram 🌐 @psychoanalysis_

Use #APSAmeeting to join the conversation and keep your colleagues updated on your APsaA experience!
Registration and Exhibits

Registration and exhibits will be located on the 2nd Floor.

TUESDAY, JUNE 18
Registration .......................................................8:30 a.m.-5:00 p.m.

WEDNESDAY, JUNE 19
Registration .......................................................8:30 a.m.-5:00 p.m.

THURSDAY, JUNE 20
Registration .......................................................7:45 a.m.-5:00 p.m.

FRIDAY, JUNE 21
Registration .......................................................8:00 a.m.-6:15 p.m.
Exhibits ...........................................................8:30 a.m.-6:15 p.m.

SATURDAY, JUNE 22
Registration & Exhibits ..................................8:30 a.m.-5:30 p.m.

SUNDAY, JUNE 23
Registration & Exhibits ...................................8:30 a.m.-9:30 a.m.

108th Annual Meeting Exhibitors/Advertisers

American Board of Psychoanalysis
3400 East Bayaud Ave., Suite 460
Denver, CO 80209
Email: info@abpsa.org
abpsa.org
See Page 54

Association for Child Psychoanalysis
1964 Rahnciff Ct #22123
Eagan, MN 55122
childanalysis.org
See Page 54

Association Book Exhibit
9423 Old Mt. Vernon Road
Alexandria, VA 22309
Phone: (703) 619-5030

The Austen Riggs Center
25 Main Street
P.O. Box 962
Stockbridge, MA 01262
Toll Free: (800) 51-RIGGS
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frenkel.com
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IPBooks
25-79 31st Street
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ipbooks.net
See pages 52 and 53

Newport Psychoanalytic Institute
250 W Main St Ste 202
Tustin, CA 92780
Phone: (714) 505-9080
npi.edu

SAGE Publishing
2455 Teller Road
Thousand Oaks, CA 91320
Phone: (805) 499-0721
sagepublishing.com
See back cover.

The Menninger Clinic
12301 Main Street
Houston, TX 77035
menningerclinic.com

Yellowbrick
1560 Sherman Ave, Suite 400
Evanston, Illinois 60201
Phone: (847) 869-1500
yellowbrickprogram.com
See page 50
STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association’s meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities for the review of essential psychoanalytic knowledge. These sessions are designed for the continuing education of mental health professionals, including psychiatrists, psychologists, social workers, other mental health professionals; professionals-in-training, and master’s level students; as well as post-doctoral mental health clinicians, nurses, teachers, professionals and academics in mental health and non-mental health disciplines.

This meeting offers a series of panel discussions, plenaries, symposia, discussion groups, clinical workshops, scientific papers, clinical presentations, and special programs for students including seminars, courses, and forums dedicated to professionals-in-training on topics of importance to psychoanalysis that have been designed to increase professional competence.

CONTINUING PROFESSIONAL EDUCATION CREDITS

Physicians

The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

Social Workers

The APsaA 108th Annual Meeting is pending NASW approval.

New York State Social Workers

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0186.

continued
Continuing Professional Education Credit

**NEW YORK STATE LICENSED PSYCHOANALYSTS** American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:**
None of the planners and presenters of this CME program have any relevant financial relationships to disclose unless specifically noted.

[CEC] Look for the CEC logo.
OPENING SESSION
Friday ......................................................9:00 a.m. - 12:15 p.m.
The opening general session is a moderated town hall discussion which will include extensive participation from the audience.

SYMPOSIA
Friday ........................................................1:30 p.m. - 3:30 p.m.
This format explores the interface between psychoanalysis, society and related disciplines. Many attempt to demonstrate how psychoanalytic thinking can be applied to non-psychoanalytic settings.

APSAA PUBLIC ADVOCACY ON CAPITOL HILL
Friday ........................................................1:30 p.m. - 3:30 p.m.
Sponsored by the Public Advocacy Department this session focuses on crucial legislation and how it will directly affect your practice.

CLINICAL CONFERENCES FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS
Friday ........................................................1:30 p.m. - 3:30 p.m.
................................................................... 3:45 p.m. - 5:45 p.m.
Saturday .................................................... 2:00 p.m. - 4:00 p.m.
Three sessions directed to psychiatric residents, psychology and social work students but open to all registrants. The format is a lecture on a particular topic by the designated faculty member, followed by a case presentation by a participant in the APsaA Fellowship Program.

A Glossary to the Scientific Program
These Sessions are Eligible for Continuing Professional Education Credit Unless Otherwise Noted

continued
CANDIDATES’ COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Friday........................................................1:30 p.m. - 3:30 p.m.

The Candidates’ Council Psychoanalytic Paper Prize is awarded annually to the best paper by a candidate on a topic of psychoanalytic interest. The Writing Workshop will explore how to write a successful paper.

COMMITTEE SPONSORED WORKSHOPS

Friday........................................................1:30 p.m. - 3:30 p.m.
Saturday .................................................2:00 p.m. - 4:00 p.m.

Sponsored by a standing committee of the American Psychoanalytic Association, these workshops emphasize the exchange of ideas and the demonstration and application of techniques based on the mission statement of the committee.

DISCUSSION GROUPS

Friday........................................................1:30 p.m. - 3:30 p.m.
................................................................... 3:45 p.m. - 5:45 p.m.
Saturday ........................................................2:00 p.m. - 4:00 p.m.

Permits a small number of participants to discuss a topic of mutual interest. Discussion Groups meet regularly at bi-annual meetings. This continuity offers the opportunity to build collaborations with colleagues nationally and internationally. New participants are welcome to each group.

DPE SCHOLARSHIP FORUM

Friday........................................................3:45 p.m. - 5:45 p.m.

APsaA’s Department of Psychoanalytic Education (DPE) serves as a think tank that promotes a sense of excitement about learning for both candidates and graduates. The DPE advocates creativity and flexibility in psychoanalytic education.

CONVERSATION WITH A DISTINGUISHED ANALYST

Friday........................................................3:45 p.m. - 5:45 p.m.

A distinguished analyst is invited to meet with participants and candidates to discuss topics that are relevant to psychoanalytic training.

continued
PROFESSIONAL DEVELOPMENT WORKSHOP
Friday ...................................................... 3:45 p.m. - 5:45 p.m.
A session designated specifically to help analysts build and expand their base of professional operations.

TWO-DAY CLINICAL WORKSHOPS
Friday ...................................................... 3:45 p.m. - 5:45 p.m.
Saturday ................................................. 2:00 p.m. - 4:00 p.m.
Demonstrates and explores the specific manner in which a distinguished psychoanalyst listens to clinical material and conceptualizes process and technique.

ERNST AND GERTRUDE TICHO MEMORIAL LECTURE
Friday ....................................................... 6:00 p.m. – 7:15 p.m.
The Ernst and Gertrude Ticho Memorial Lecture is given by an early to mid-career analyst who is currently making contributions to psychoanalysis and shows promise of making significant future contributions to psychoanalytic science, practice, and thought. The lecture is supported by a generous grant from the Ernst and Gertrude Ticho Charitable Foundation.

CLINICAL PLENARY ADDRESS
Saturday .................................................. 9:00 a.m. - 12:00 p.m.
Major addresses by outstanding psychoanalysts or other professionals.

SCIENCE DEPARTMENT SESSION
Saturday .................................................. 2:00 p.m. - 4:00 p.m.
Science Department Sessions present recent work by psychoanalytic and psychodynamic researchers and research oriented scholars. New findings are integrated with data from previous empirical work.

PANEL
Saturday .................................................. 4:30 p.m. - 6:30 p.m.
Panels bring together nationally recognized psychoanalysts to present papers on clinical and theoretical topics. Active interchange between panelists and the audience is encouraged.

CANDIDATES’ FORUM
Sunday ...................................................... 9:00 a.m. - 11:00 a.m.
Devoted to the demonstration and exploration of innovative techniques in psychoanalytic education.
Tuesday, June 18, 2019

9:00 A.M. – 12:00 P.M.
ADMINISTRATIVE MEETING: DIRECTORS OF INSTITUTES, EDUCATION COMMITTEE AND CHILD TRAINING CHAIRS
Chair: Alan Sugarman, Ph.D. (Solana Beach, CA)
Co-Chair: Britt-Marie Schiller, Ph.D. (Saint Louis, MO)

The Head and Associate Head of APsaA’s Department of Psychoanalytic Education (DPE) will meet with Directors of Education and/or EC chairs, and chairs of child analytic training of APsaA approved institutes to discuss current issues pertinent to institute functioning. Topics such as the new frequency standards, the roles of and interest in certification and accreditation, the TA function and others will be some of the topics discussed. The goal is to allow the leaders of institutes’ training programs to speak with and learn from each other as well as for the DPE leadership to learn what is important to APsaA approved institutes. This sort of dialogue is essential to the DPE’s goal of enhancing psychoanalytic education.

Thursday, June 20, 2019

8:00 A.M. – 4:00 P.M.
ADMINISTRATIVE MEETING: EXECUTIVE COUNCIL

8:00 a.m. – 12:00 p.m. — Executive Council Morning Session
Lunch Break
1:30 p.m. – 4:00 p.m. — Executive Council Afternoon Session

APsaA’s Board of Directors, known as the Executive Council, is responsible for the management of the affairs and business of the association. The Executive Council is comprised of the association’s officers, eight nationally elected Councilors-at-Large, and councilors representing each affiliate society of the association, as well as each affiliate and affiliated study group. The Executive Council meeting is open to any member of the association except when there is a need for the council to be in executive session.
**1:00 P.M. – 5:00 P.M.**

**ADMINISTRATIVE MEETING: CANDIDATES’ COUNCIL**

*Note: New candidates participating in the Travel Scholarship are required to attend this meeting.*

Please join us to learn of opportunities for candidates to participate in APsaA either on the Candidates’ Council or on APsaA committees, engage in roundtable discussions of those issues most relevant to candidates, compare notes with colleagues from around the world about issues in training and how it’s done elsewhere, gain an orientation to the greater APsaA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates. All Candidates are members of the Candidates’ Council and we welcome the opportunity to introduce you to the many aspects of APsaA.

**4:30 P.M. – 6:00 P.M.**

**ADMINISTRATIVE MEETING: NORTH AMERICA AND THE WORLDWIDE IPA**

The North American representatives on the IPA Board invite all North American psychoanalysts to join in a conversation on how we can work together for the benefit of local, regional, and worldwide psychoanalysis.

**6:00 P.M. – 7:00 P.M.**

**SOCIAL EVENT: ATTENDEE COCKTAIL RECEPTION: SPONSORED BY THE SAN DIEGO PSYCHOANALYTIC CENTER**

The San Diego Psychoanalytic Center invites all attendees to a wine and cheese reception with your colleagues and APsaA staff. Stop by the beautiful Bayview Terrace on the second floor before heading out for the evening.

Networking event being hosted within the Cocktail Reception.
FRIDAY

6:00 P.M. – 7:00 P.M. CONTINUED

CANDIDATE SPRING SOCIAL

We invite you to come network with candidate and trainee colleagues from across the country at our annual Spring Social!

Look for the area reserved for Candidates within the Attendee Cocktail Reception. After the reception, those who want to continue the conversation can head out together to a local restaurant or bar for a dutch-treat relaxed evening of conversation, food, drinks, and socializing.

Come and enjoy getting to know fellow candidates in beautiful San Diego. No need to RSVP, this is a casual plan, and we hope to see you all there!

7:00 P.M.

108TH ANNUAL MEETING DINE-AROUND

A Dine-Around is a casual dining experience with fellow APsaA attendees who want to enjoy a nice meal and interesting conversation. Pre-registration is offered, however if there are vacancies sign up will take place on site at the attendee cocktail reception.

Make sure to connect with your Dine-Around host for the evening’s specifics.

Friday, June 21, 2019

8:00 A.M. – 8:45 A.M.

ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

Chair: Lee Jaffe, Ph.D., President (La Jolla, CA)

The Meeting of Members is an opportunity for all APsaA members to learn about current activities of the Association. All registrants are encouraged to attend.

Don’t forget to vote.

If you did not vote before the 108th Annual Meeting, onsite voting will be available at the Meeting of Members from 7:30 a.m. to 8:00 a.m.
DAILY SCHEDULE

9:00 A.M. – 12:15 P.M.

JAPA PRIZE


JAPA NEW AUTHOR PRIZE


OPENING GENERAL SESSION AND PRESENTATION OF AWARDS: THE BORDER: A CONCEPTUAL FRAMEWORK

Chair: Harry Polkinhorn, Ph.D. (San Diego, CA)
Presenters: Victor Clark-Alfaro, M.A.* (Tijuana, Mexico)
Deyanira Torres Martín, M.A.* (Tijuana, Mexico)
William Nericcio, Ph.D.* (San Diego, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Panelists will present different conceptualizations of U.S./Mexico border experience and realities. Basing their work on personal experience as citizens of this border (Tijuana/San Diego metroplex; Laredo/Nuevo Laredo and San Diego), as well as on decades of research, writing, and performance art using border themes and symbols, these presentations examine the topic from the disciplinary perspectives of cultural studies, social anthropology, and psychoanalysis. The work is designed primarily for mental-health clinicians but also for researchers. Presentations on borderland dwellers experiences as seen within a context of a theory of such experience will better prepare mental-health practitioners for working more effectively with patients from diverse cultures, many of whom count the crossing of international boundaries among their formative experience. Torres Martín lives and works in Tijuana, as does Clark Alfaro. Nericcio stems from Laredo, Texas, and has focused his work on Chicanos in the mass media as well as comparative literary studies. Clark Alfaro has extensive experience working in human rights with border dwellers as well as those passing through.

continued
After attending this session, participants should be able to: 1) Describe border experience/realties based specifically on the local example of the U.S./Mexico international border; 2) Discuss the border as a metaphor for aspects of mental functioning in patients who count the crossing of international boundaries among their formative experience. **CEC:** 3

**12:15 P.M. – 1:30 P.M.**

LUNCH BREAK

**1:30 P.M. – 3:30 P.M.**

**SYMPOSIUM I:**

**PSYCHOANALYSTS WORKING WITH ASYLUM SEEKING PEOPLE: PERSONAL AND PROFESSIONAL CHALLENGES**

Chair & Discussant: Mary Margaret McClure, D.M.H. (Mill Valley, CA)

Presenters: Maureen A. Katz, M.D. (Berkeley, CA)
Karen Melikian, Ph.D. (Brookline, MA)

*Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board*

Psychoanalytic therapists who work with people seeking asylum in the U.S. encounter a variety of legal, ethical and clinical challenges. This Symposium is designed for discussion with those who have done or who are interested in doing this type of work. Three psychoanalysts with varied expertise with asylum seekers will consider the legal, ethical and clinical roles in asylum work. What are the transference/countertransference implications in relation to both the individual asylum seeker and the legal systems encountered by the analyst? How does the therapist maintain credibility, first by doing no harm and also by providing accurate assessments of each individual case? What are the complexities of witnessing and the reverberations of trauma in the asylum seeker and in the psychoanalyst?

After attending this session, participants should be able to: 1) Describe multiple skills a psychoanalyst/therapist may be called upon to employ when working with persons seeking asylum; 2) Discuss the ethical conflicts a therapist may encounter when working with persons seeking asylum. **CEC:** 2
APSAA PUBLIC ADVOCACY ON CAPITOL HILL: TARGETING ATTACKS, TARGETED KILLINGS: THREAT ASSESSMENT AND PREVENTION-HB838/S265

Chair: Mark D. Smaller, Ph.D. (Douglas, MI)
Presenters: J. Reid Meloy, Ph.D. (La Jolla, CA)  
Peggy Tighe, J.D.* (Washington, DC)

This workshop will present the development of House Bill 838/Senate Bill 265, the Threat Assessment and Prevention Safety (TAPS), and how the Public Advocacy Department of APsaA helped develop and gain support for the bill by other mental health organizations. The bill’s aim is to create a task force to help federal, state, and local communities identify potentially violent individuals. This bill will educate schools, workplaces, families, and clinicians to assess potential threats that, with clinical and legal intervention to reduce violence including mass shootings. “A pathway to violence,” an expression used by threat assessment experts, will be discussed. Mark Smaller, Public Advocacy Department Chair, Peggy Tighe, an APsaA lobbyist and attorney, and J. Reid Meloy an expert in threat assessment will present.

After attending this session, participants should be able to: 1) Demonstrate knowledge about the legislative process and how psychoanalytic ideas and concepts can be used in developing social issue legislation; 2) Demonstrate knowledge regarding threat assessment of potentially violence individuals and offer strategies of intervention. **CEC**: 2

CLINICAL CONFERENCE 1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: TOWARD PSYCHOTHERAPY INTEGRATION: CLINICAL AND THEORETICAL CONSIDERATIONS

Chair: Beth Steinberg, Ph.D. (San Francisco, CA)
Presenters: Emily Asher, M.D.* (New Haven, CT)  
Jonah Cohen, Ph.D.* (Cambridge, MA)
Discussant: Jennifer Stuart, Ph.D. (New York, NY)

Psychodynamic psychotherapy and cognitive behavioral therapy are the most commonly used treatment methods for adults. The differences between these two approaches and their effectiveness have long been controversial. In this clinical conference, contemporary cognitive behavioral and psychodynamic case 

continued
conceptualizations will be outlined. Clinical material will be presented of a patient with severe obsessive-compulsive disorder to illustrate a combination of psychodynamic and cognitive-behavioral theoretical orientations. Treatment outcome data for the efficacy of contemporary psychodynamic treatment for anxiety and related disorders will be reviewed. Other topics of discussion will include directions for empirically evaluating psychodynamic psychotherapy and an argument against the increasing theoretical balkanization of our field.

After attending this session, participants should be able to: 1) Compare cognitive behavioral and psychodynamic theories with regard to anxiety and related disorders; 2) Describe the empirical support for psychodynamic psychotherapy for anxiety and related disorders.  **CEC: 2**

THE 2019 CANDIDATES’ COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)
Presenter & Prize Winner: Mead Goedert, Ph.D., L.M.S.W. (West Bloomfield, MI)
Title: “Racism in the Countertransference”
Discussant: Neil Altman, Ph.D.* (New York, NY)

**Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.**

The Candidates’ Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning paper is selected based on a blind peer review process with candidates serving as readers and judges. This year’s finalist prize winner will present his paper on the less explored subject of racism in the countertransference. A senior analyst with extensive prior work on the issue of racism and diversity will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Describe how unconscious racism can manifest in the continued
countertransference in analytic work; 2) Describe how “Racism in the Countertransference” was developed into a scientific paper, meeting criteria for professional dissemination.  

COMMITTEE SPONSORED WORKSHOP 1:  
TEACHING ABOUT ANALYTIC CASE WRITING  
Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)  
Co-chairs: Earle Baughman, M.D. (Alexandria, VA)  
      Melvin Bornstein, M.D. (Birmingham, MI)  
      Gail Eisenberg, M.D. (Boca Raton, FL)  
      Frances Lang, L.I.C.S.W. (Brookline, MA)  
Presenter: Kristin Whiteside, Ph.D. (Encinitas, CA)  
Kristin Whiteside, a candidate at the San Diego Psychoanalytic Center, has recently written about her experience during a complex analytic treatment. As teachers of writing and as writers we will read and hear about her experience and her reflections on it. She will convey how the writing process mirrored aspects of the analytic process, how her writing has illuminated and deepened her understanding of the treatment, and how this has changed her clinical work. (This Workshop is related to the Discussion Group 7: Writing about Your Analytic Work in a Case Report, Friday, June 21 from 3:45 p.m. - 5:45 p.m.)  
After attending this session, participants should be able to: 1) Describe the essential similarities between analytic writing and the analytic process itself, and how the writing functions to deepen clinical understanding; 2) Explain, as teachers and writers, the importance of asking rather than telling students how and why a particular piece of writing works.  

DISCUSSION GROUP 1:  
THE INTEGRATION OF PSYCHOANALYSIS AND COUPLE THERAPY  
Co-chairs & Presenters: Graciela E. Abelin-Sas Rose, M.D. (New York, NY)  
      Peter Mezan, Ph.D.* (New York, NY)  
This discussion group will define the distinction between the unconscious organization of the individual and of the couple. It will study the marked differences between an individual’s transference
to his or her analyst and the transferences to the patient’s partner. This year the joint presentation will explore the significance of experiences of gender in couples, focusing particularly on the conventional conceptions of femininity and masculinity. The group will be able to assess how (or whether) the partners’ sense of gender contributes to the couple world they form and to what extent conceptions about gender have been useful in the treatments that will be presented.

After attending this session, participants should be able to: 1) Assess how distortions and projective identifications, articulated by patients about their partners, are expressed not only through words, but through subtle gestures and tone; 2) Design interventions in relation to how a fixed construction of the other affects the emotional field of the partner and reverberates back into the patient’s mind, maintaining an immovable pattern, impeding mutual development.

**DISCUSSION GROUP 2:**
**INFANT MENTAL LIFE AND THE DREAM IN PSYCHOANALYSIS**
Chair: Bernard W. Bail, M.D. (Beverly Hills, CA)
Co-chair: Loren A. Weiner, Ph.D.* (Beverly Hills, CA)
Presenter: Judith V. Parker, Ph.D.* (Beverly Hills, CA)

This discussion group focuses on the prenatal origins of pathology in the adult patient as outlined by Dr. Bail’s theory of Imprinting, which describes the phenomenon that occurs very early in the life of a fetus and determines the individual’s entire life. Imprinting occurs when the mother unknowingly and unintentionally projects her unconscious negative feelings about herself into her fetus. The fetus is forced to defend itself against this psychological blow by splitting off the harmful material, thereby changing his personality forever. Dr. Bail has shown that the dream is the key to illuminating the patient’s unconscious struggle with the Imprint. The more an imprint can be revealed, the more its power can be diminished, allowing the true nature of the person to emerge.

After attending this session, participants should be able to: 1) Describe Dr. Bail’s Theory of Imprinting and the prenatal origins of psychopathology; 2) Demonstrate how working clinically with dream material is the key to illuminating the patient’s unconscious struggle with the Imprint. **CEC: 2**
DISCUSSION GROUP 3:
PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY
Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Alice Huang, M.D. (Portland, OR)
Noah Laracy, Psy.D.* (Los Angeles, CA)
Discussant: Harriet L. Wolfe, M.D. (San Francisco, CA)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, focusing often on limitations of the latter. This discussion group will take a different stance toward this relationship. The emphasis will be psychoanalysis and psychodynamic psychotherapy, rather than one versus the other. We will emphasize side by side comparison with the intention of greater understanding of the two areas of practice and their relations. We believe that examining these two clinical approaches together may shed light on their relative one aspects of each of them. The format will involve two presenters, one providing psychoanalytic material, the other psychotherapeutic material. A discussant will help pursue a consideration of the two processes in terms of method, technique, and therapeutic action.

After attending this session, participants should be able to: 1) Compare the two processes of psychoanalysis and psychodynamic psychotherapy in terms of technique, method, and therapeutic action; 2) Use clinical examples of psychoanalytic and psychotherapeutic processes to distinguish the two therapeutic modes.

DISCUSSION GROUP 4:
THE INFLUENCE OF THE CONTEMPORARY BRITISH KLEINIANs ON CLINICAL PSYCHOANALYSIS
Chair & Discussant: Abbot A. Bronstein, Ph.D. (San Francisco, CA)
Presenter: Agnes Regeczkey, L.M.F.T., Ph.D. (Los Angeles, CA)

This discussion group attempts to show how contemporary british Kleinian psychoanalytic thinking and clinical method has influenced analytic approaches to clinical work. The focus in the group is on transference, unconscious phantasy, interpretation and clinical process. The clinical material is examined and discussed along each of these crucially important clinical variables. What is meant by psychic change as a part of the analytic work and analytic listening will be discussed, using the clinical material presented.

continued
After attending this session, participants should be able to: 1) Describe the different uses of the ‘here and now’; 2) Describe how transference and unconscious phantasy emerge within the clinical setting in this case.  \[ \text{CEC: 2} \]

**DISCUSSION GROUP 5: NEUROSCIENCE PERSPECTIVES ON PSYCHOANALYSIS**

**Chair:** Mark Fisher, M.D. (Irvine, CA)

**Discussant:** Barton J. Blinder, M.D., Ph.D. (Newport Beach, CA)

This discussion group addresses the current neuroscience literature on topics pertinent to contemporary psychoanalysis, from the perspectives of both theory and clinical practice. Specific papers are reviewed in detail, and all members of the discussion group are invited to provide their input. The session is led by a neurologist and internationally-recognized neuroscientist (Dr. Fisher) whose research has been funded by NIH for nearly 40 years. The discussant (Dr. Blinder) is a practicing psychoanalyst and Clinical Professor of Psychiatry in a highly-regarded academic department.

For the current discussion group, we will review the contemporary neuroscience literature on “mind-wandering.” This will be used as a stepping-stone to address the provocative topic of the relationship between what neuroscientists view as “mind-wandering” and what psychoanalysts regard as “free association.”

After attending this session, participants should be able to: 1) Discuss the neuroanatomic substrate of mind wandering; 2) Analyze the relationship between mind wandering and free association.  \[ \text{CEC: 2} \]

**DISCUSSION GROUP 6: ALTERED STATES OF AWARENESS**

**Co-chairs & Presenters:** Fonya Lord Helm, Ph.D., ABPP (Virginia Beach, VA)

Maurine Kelber Kelly, Ph.D., FIPA (Silver Spring, MD)

The presenters will discuss the peer-reviewed research, using a lecture format with PowerPoint slides, on the reporting of anomalous experiences and paranormal information occurring with genetically related family members, including twins. They also will discuss the anecdotal evidence that is burgeoning, due both to the expansion of DNA testing available to people and to
the increased transparency of adoption agencies. Many patients are aware of the anecdotal evidence but are not so knowledgeable about the research. Both presenters are clinical psychologists and psychoanalysts in private practice and have studied the evidence for many kinds of paranormal knowledge. They will leave time for a general discussion of these issues and invite you to share your own experiences with your patients’ knowledge and reports.

After attending this session, participants should be able to: 1) Summarize the research findings on reports of anomalous experiences and paranormal communication between twins and other members of families that are genetically related; 2) Assess two theories that purport to explain what would cause more reports of paranormal knowledge to occur between people who are genetically related. **CEC: 2**

3:45 P.M. – 5:45 P.M.

**DPE PSYCHOANALYTIC SCHOLARSHIP FORUM:**
**IS NEUROPSYCHOANALYSIS THE NEW BASIC SCIENCE OF PSYCHOANALYSIS? A CONTINUATION OF THE DISCUSSION**

Chair: Erik Gann, M.D. (San Francisco, CA)

Presenters: Luba Kessler, M.D. (Roslyn Heights, NY)

Richard J. Kessler, D.O. (Long Island City, NY)

Recent insights of empirical and theoretical neuroscience offer resonance to the psychoanalytic field of thought and practice, making neuropsychoanalysis an interdisciplinary matrix of great conceptual relevance. Thereby, it may provide firmer grounding to our present-day educational challenge of integrating the pluripotent tenets of classical and contemporary psychoanalysis. This session is meant to encourage conversation/discussion in an open forum. Richard and Luba Kessler have taken decades of their own work along with the seminal thinking of Mark Solms into account in proposing that neuropsychoanalysis has the potential of providing a needed common ground for the pluralism of contemporary psychoanalysis. They will continue the discussion here with participants that was begun in their presentations at the last APsaA meeting in New York.

After attending this session, participants should be able to: 1) Design didactic curricula in candidate education with neuropsychoanalytic correlations that revise the key concepts of repression,
symbolization, defensive operations and consciousness; 2) Utilize a theoretical basis in neuroscience in the psychoanalytic formulation of psychopathology and specific treatment interventions. \textbf{CEC: 2}

**CONVERSATION WITH A DISTINGUISHED ANALYST: DR. MITCHELL WILSON**

Chair: Holly Crisp, M.D. (Houston, TX)  
Presenter: Mitchell Wilson, M.D. (Berkeley, CA)

Candidates and trainees need mentoring from distinguished analysts. Join renowned analyst and writer Dr. Mitchell Wilson for a conversation about developing an analytic voice and identity. He and attendees will discuss the question: “Why did you become an analyst?” Dr. Wilson claims analysts must be able to give an account of why they want to be an analyst, and the accounts must change, evolve and unfold. Dr. Wilson is a Training and Supervising Analyst at the San Francisco Center for Psychoanalysis and is the Editor-in-Chief of the Journal of the American Psychoanalytic Association. In this informal discussion there will be opportunities for candidates to engage in discussion about analytic voice, to discuss Dr. Wilson’s experiences as analyst, writer, editor, and his current psychoanalytic thinking.

After attending this session, participants should be able to: 1) Apply their own analytic voice to formulate their developing analytic identity; 2) Utilize current trends in psychoanalytic thinking in the clinical work, educational classes, and writing. \textbf{CEC: 2}

**CLINICAL CONFERENCE 2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: RACIAL TRAUMA AND ITS IMPACT ON TRANSFERENCE AND COUNTERTRANSFERENCE**

Chair: Sheril Kalarithara, M.D.* (Atlanta, GA)  
Presenter: Tuua Ruutiainen, M.D.* (Philadelphia, PA)  
Discussant: Dionne Powell, M.D. (New York, NY)

\textit{Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.}

This case conference demonstrates how racially related trauma ...
can strongly impact a patient’s defensive structure and subsequent experience of the therapeutic relationship. Challenges of engaging shame, vulnerability, self-esteem, and anger related to racial trauma are addressed in a case where the therapist and patient diverge in race, culture, gender, and age. Case material will be used to explore the impact of these differences on transference, countertransference, empathy, and resilience.

After attending this session, participants should be able to: 1) Analyze how engaging the differences in race, culture, gender, and age both challenge and enhance work in which trauma is being explored; 2) Describe how transference and countertransference can be used to explore themes of shame, vulnerability and anger. CEC : 2

**PROFESSIONAL DEVELOPMENT WORKSHOP:**
**IS THIS OUR LANE? SPEAKING TO THE PUBLIC ON IMPORTANT SOCIAL ISSUES**

Chair & Presenter:  Wylie G. Tené, APsaA Director of Public Affairs (New York, NY)

Presenter:  Mark D. Smaller, Ph.D. (Douglas, MI)

Last fall U.S. doctors spoke out against gun violence calling it a public health emergency which prompted the NRA to respond – “Stay in your lane”. Doctors responded #ThisIsOurLane and a viral media campaign was born. This workshop will address these questions: Are social issues our lane? How we can use psychoanalytic knowledge and expertise to address issues such as gun violence and the immigration crisis? Attendees will learn tips for writing letters to the editor, op-eds, blog posts, and contacting journalists for media interviews. We will also focus on how to use social media sites like Twitter, Facebook, LinkedIn, and Instagram as well as other avenues to engage with the public. Discussion will address psychoanalysts’ resistance to speaking to the public on social issues and concerns about ethics.

After attending this session, participants should be able to: 1) Apply psychoanalytic concepts to address social issues and advocate for social change through writing op-ed/letters, contacting media, public speaking, and using social media; 2) Explain resistance and concerns towards public advocacy as a mental health professional. CEC : 2
DAILY SCHEDULE

FRIDAY

3:45 P.M. – 5:45 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP 1: PSYCHOANALYTIC CHILD PSYCHOTHERAPY (PART 1)
Chair: Ann Dart, L.C.S.W.* (Portland, OR)
Presenter: Emily Kierce, Psy.D.* (San Diego, CA)
Discussant: Mali A. Mann, M.D. (Palo Alto, CA)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

This clinical workshop, sponsored by APsaA’s Psychotherapy Department, will focus on child psychotherapy process and technique. The workshop will feature a psychodynamic child psychotherapist presenting process material from several sessions and a discussant who will help highlight aspects of the case. After a close look at the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe aspects of technique in child psychotherapy; 2) Describe shifts in the clinical process that deepened the treatment and helped growth resume.

CEC: 2

TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND TECHNIQUE (PART 1)
Chair: Henry J. Friedman, M.D. (Cambridge, MA)
Presenter: Michelle Lalouche-Kadden, Ph.D.* (Solana Beach, CA)
Discussant: Howard A. Bacal, M.D. (Los Angeles, CA)

Note: Your registration for this session is subject to the approval of the session chair and presenter to ensure there are no conflicts. You will be contacted if there is a conflict.

This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

continued
The group provides an experience in learning to both experienced clinicians and those of more recent vintage. The open discussion with the group following the discussants comments will enable all those present to express their ideas about a fully demonstrated psychoanalytic therapy that covers many sessions and years of treatment. The discussant has developed a unique approach to psychoanalysis and will bring his experience to bear on the case being presented. Individual sessions from different periods in the analysis of a patient will be examined in detail to allow for comments on how to understand the impact of each participant in the analysis on the process of analysis. The audience will have ample opportunity to join the discussion which will be moderated by the Chair who will emphasize the role of the relationship in achieving therapeutic effectiveness.

After attending this session, participants should be able to: 1) Assess when to follow a particular patient with less emphasis on a guiding psychoanalytic theory; 2) Describe the advantages of optimal responsiveness on the analysts’ part and the role of specificity as a determinant of that responsiveness.

**DISCUSSION GROUP 7:**
**WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT**

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Co-chairs: Earle Baughman, M.D. (Alexandria, VA)
          Melvin Bornstein, M.D. (Birmingham, MI)
          Frances Lang, LICSW (Brookline, MA)
Presenter: Gail Eisenberg, M.D. (Boca Raton, FL)

Analysts are often called upon to describe their work in written form. Clinical Psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalysis’s reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report.) It is led by analysts who have had significant experience in teaching about clinical writing. (This discussion group is related to Committee Sponsored Workshop 1: On Teaching about Analytic Case Writing, Friday, June 21, from 1:30 p.m.-3:30 p.m.

After attending this session, participants should be able to: 1) Prepare and write about the analyst’s work in a case report; 2)
Describe the specific experience of both patient and analyst in the clinical account. \textsc{CEC}: 2

\textbf{DISCUSSION GROUP 8: RESEARCH IN PSYCHOANALYSIS: NONLINEAR DYNAMIC SYSTEMS THEORY AND EMPIRICAL RESEARCH ON PSYCHOTHERAPY}

Chair & Discussant: Robert Galatzer-Levy, M.D. (Chicago, IL)
Presenter: David Pincus, Ph.D.* (Orange, CA)

This program will be valuable to psychoanalysts and psychotherapists who work with individual patients, as well as those who work with couples, families, and groups. The chair and presenter will clarify and provide examples of nonlinear systems dynamics in psychotherapy interactions. Most clinicians will feel a sense of familiarity with the repetitive patterns, sudden shifts, regressive changes, and disproportionate responses explored in the interactions to be discussed. However, few clinicians have had the advantage of an understanding of nonlinear dynamic systems theory to augment their psychoanalytic and psychodynamic knowledge in recognizing and working with these structures of meaning. The material in this program will also be useful to psychoanalytic and psychodynamic researchers in designing experimental paradigms.

After attending this session, participants should be able to: 1) Use the theories of nonlinear dynamic systems to assess and respond appropriately at the systems level to the patterns of interaction in psychotherapy and psychoanalysis; 2. Apply theories of nonlinear dynamic systems to the design and interpretation of empirical research in psychotherapy. \textsc{CEC}: 2
DISCUSSION GROUP 9:
PSYCHOTHERAPIST ASSOCIATES PRESENT: MAKING SENSE OF PREMATURE TERMINATIONS: TRANSFERENCE AND COUNTERTRANSFERENCE ISSUES

Co-chairs:  Bruce Gainsely, M.D.* (Sherman Oaks, CA)
            Michael Groat, Ph.D., M.S. (New Canaan, CT)
Presenter:  Susana Rodriguez-Perea, M.S.* (Tijuana, Mexico)
Discussant: William C. Glover, Ph.D., President-Elect (San Francisco, CA)

This discussion group applies psychodynamic principles and techniques to the real-world practice of psychoanalytic psychotherapy, with special attention to identifying and managing transference / counter-transference enactments that develop during treatment. The case presentation and discussion will demonstrate how a patient’s’ abrupt and premature termination can impact the therapist clinically and personally. This program will address how to manage and use the therapist’s subjective reactions to enhance learning and avoid pitfalls, such as blame or defensiveness, which can ultimately impede the clinician’s or patient’s growth. Attendees will listen to and discuss the content and process of an aborted therapy. All levels of clinical training and skill welcome.

After attending this session, participants should be able to: 1) Demonstrate and discuss the counter-transference and transference reactions contributing to or associated with premature termination; 2) Utilize self-reflective strategies to assess and manage the risks/experience of premature termination. **CEC: 2**

DISCUSSION GROUP 10:
SHAME DYNAMICS

Co-chair & Presenter:  Melvin R. Lansky, M.D. (Los Angeles, CA)
Co-chair:  Peter Shabad, Ph.D.* (Chicago, IL)

How do analysts understand the phenomenon of patients “becoming” the parents that they hate? This didactic presentation, targeted to an intermediate and advanced audience of psychoanalytic professionals, attempts to trace the dynamic of patients consciously struggling against identifying with a parent of whom they are ashamed, only to discover later in life that they have taken on the very same characteristics of the parent for whom they had so much

continued
contempt. Dr. Lansky will trace the dynamic by which the patient who struggles against identifying with a parent incurs an unconscious guilt for attempting to disown his parent. The guilt for being ashamed of one’s own parent then “returns from the repressed” with a punitive vengeance through an unconscious imitation of the very parental behaviors that were so hated. Participants will be able to use the knowledge they gain about the dynamic of struggling against identifying with parents and apply tools of conceptualizing dynamics of their patients.

After attending this session, participants should be able to: 1) Describe how shame is directly related to the conscious determination not to identify with a parent; 2) Describe how the conscious struggle against identification with a parent leads to “return of the repressed” identification in then “becoming” that parent.  

DISCUSSION GROUP 11: EMERGING PERSPECTIVES ON LGBTQ: “YOUR JOB IS TO FIND ME”: THE CASE OF A PATIENT WHO TESTS HIS ANALYST’S LOVE

Co-chairs: Diana E. Moga, M.D., Ph.D. (New York, NY)
Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)
Presenter: Laura Werner-Larsen, Ph.D. (Cambridge, MA)
Discussants: Cary D. Friedman, M.D. (Cambridge, MA)
Ethan M. Grumbach, Ph.D. (Los Angeles, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

This discussion group will focus on the case of a gay man who provokes his analyst and tests the limits of her love. Outside of the treatment he engages in risky substance abuse and sexual activity. The presenter, who previously worked as a philosophy academic in the field of gender and sexuality before becoming a clinician, will describe her work with this challenging patient. Two esteemed psychoanalysts with experience in the area of gender and sexuality will share their feedback and we will open up the room for discussion. Participants will be encouraged to think about how the patient’s experience as a gay man in today’s social climate plays a role in his

continued
object relationships and relational dynamics. In addition, we will think about the motivations underlying the patient’s provocative behavior and how to best intervene.

After attending this session, participants should be able to: 1) Describe how the social experience of being a gay man may affect one’s object relationships and relational dynamics; 2) Explain through a psychoanalytic lens the motivations which may underlie provocative and testing behavior in patients. \textbf{CEC: 2}

\textbf{DISCUSSION GROUP 12: ANALYTIC LISTENING}
Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenter: Jesus Gonzales-Monreal, Ph.D. (Tijuana, Mexico)

The focus of this session will be on the centrality of the data gathering process, and a consideration of the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient. Looking closely at process notes of a single session, effort will be made to sharpen the view on nuances of communications, verbal and non-verbal (e.g. shifts in affect or state, torn off voice, pauses, posture, etc.), as these may provide significant information and awareness of experience as yet unconscious. Attention will be highlighted on cues that may have been overlooked, as we reflect on assumptions and inferences, of whatever origin, to see how these may or may not contribute to opening yet untried paths.

After attending this session, participants should be able to: 1) Describe how one listens, noting distinctions and their ramifications between hypotheses generated and evidence for them; 2) Describe verbal and nonverbal cues that may be otherwise overlooked in considering further implications in the nature of therapeutic action. \textbf{CEC: 2}
The suicide rate in the USA has increased by 33% since 1999. In this context, psychoanalysts are likely to encounter patients who are suicide loss survivors. If a patient has had a family member die by suicide, they are statistically at an increased risk for suicidal behavior. This lecture offers a psychoanalytic theory about some potential psychosocial dynamics of suicide loss survivors and how these may emerge in the transference and/or contribute to the development of suicidal ideation or attempts. Using clinical research findings, case material, and an extended example of the intergenerational transmission of suicide, the lecture will engage concepts of ethical loneliness, moral injury, and the emergence of a mysterious object in suicidal states of mind.

After attending this session, participants should be able to: 1) Describe the concepts of ethical loneliness, moral injury, and the emergence of a mysterious object in suicidal states of mind; 2) Discuss the intergenerational transmission of suicide. **CEC**: 1

All are invited to attend this cocktail reception generously sponsored by the Ernst and Gertrude Ticho Charitable Foundation immediately following the lecture.
9:00 A.M. – 12:00 P.M.

**CLINICAL PLENARY ADDRESS:**
**DR. JUDITH YANOF:** “THE EDGE OF CHAOS: PLAY IN THE ANALYTIC SETTING”

Chair: Nancy Kulish, Ph.D. (Birmingham, MI)
Introducer: Philip Herschenfeld, M.D. (New York, NY)
Speaker: Judith A. Yanof, M.D. (West Newton, MA)
Discussants: Paula Bernstein, Ph.D. (Denver, CO)
            Alan Sugarman, Ph.D. (Solana Beach, CA)

This lecture uses detailed clinical process to illustrate how play between child and analyst can be mutative when a joint play space is created. When children are in play mode, they are in an altered ego state that is more fluid, more flexible, and more creative than their ordinary state. Children do not simply use play as a way to tell their stories. They also experiment with new, improvisational ways of sharing and negotiating meanings between themselves and others. During shared play states, child and analyst create a new, lived experience, which can be re-organized and re-integrated into a different narrative about the child and his world. The author believes that these ideas have application to adult analysis.

After attending this session, participants should be able to: 1) List two characteristics of play that are essential to its definition; 2) Describe a characteristic of play that makes it a particularly good arena for experimentation and adaptation. **CEC: 3**

12:00 P.M. – 2:00 P.M.

**SOCIAL EVENT:**
**ATTENDEE LUNCH BREAK**

Join fellow attendees on the beautiful Bayview Terrace for a casual meal immediately following the Clinical Plenary.

Networking event being hosted within the lunch break.
### SOCIAL EVENT:
**PSYCHOTHERAPY NETWORKING LUNCH**

All are invited to an informal gathering to talk about APsaA’s Psychotherapy Department, the benefits of the Psychotherapist Associates category and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community. Look for the sign designating the Psychotherapy table.

### 2:00 P.M. – 4:00 P.M.
**SCIENCE DEPARTMENT SESSION:**
**STUDYING BRAIN CHANGES IN PSYCHOANALYTIC TREATMENT: NEUROSCIENCE APPROACHES IN THE MULTI-LEVEL OUTCOME STUDY OF PSYCHOANALYSES OF CHRONICALLY DEPRESSED PATIENTS WITH EARLY TRAUMA (MODE)**

Chair: Charles P. Fisher, M.D. (San Francisco)
Presenter: Bradley S. Peterson, M.D.* (Los Angeles, CA)

This program will address clinicians who are interested in the psychoanalytic treatment of chronically depressed patients with early trauma. It will also take up the application of psychoanalytic theory to neuroscience, as well as the utility of neuroscience measures in assessing psychiatric conditions. The presenter will describe a research design for assessing changes in patients in the MODE study, who are in psychoanalytic treatment. Neuroscience measures of interest will include the activity and connectivity of the Default Mode Network during the resting state, the activity of various structures during the Cyberball paradigm (of simulated social rejection), and the regional volume of certain critical brain regions, as well as the thickness of the cortical mantle. These measures have been shown to reflect levels of depression.

After attending this session, participants should be able to: 1) Describe clinical and theoretical issues in the psychoanalytic treatment of chronically depressed patients with early trauma; 2) Discuss the relationship between various neuroscience (fMRI) measures and the course of treatment of depression. **CEC: 2**
Body modification is as old as humanity. Piercings, scarification, and tattooing are well-recognized examples. This art, as with all creative expression, has social, cultural, psychological, idiosyncratic, and at times psychopathological roots. In this conference, clinical material will be presented of a patient with highly complex delusions organized around body modification culture, symbols, and mythology. Themes of submitting to hierarchy, violence, mastery, and belonging to a clan will be explored, using the patient’s experience to illustrate psychoanalytic concepts. The presenter will also examine the intense countertransference that this patient with psychosis evoked in the therapist, hospital staff, and institution, and the impact on decision-making and clinical care.

After attending this session, participants should be able to: 1) Discuss how varied countertransference reactions among clinical staff to a patient with severe psychosis can impact treatment; 2) Describe psychoanalytic conceptualizations of body modification. **CEC: 2**

**TWO-DAY CLINICAL WORKSHOP 1: PSYCHOANALYTIC CHILD PSYCHOTHERAPY (PART 2) CEC: 2**
Chair: Ann Dart, L.C.S.W.* (Portland, OR)

**TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2**
Chair: Henry J. Friedman, M.D. (Cambridge, MA)
COMMITTEE SPONSORED WORKSHOP 2:
GENDER AND SEXUALITY: PSYCHOANALYTIC PSYCHOTHERAPY WITH TRANSGENDER TEENS AND YOUNG ADULTS IN A PUBLIC PSYCHIATRY CLINIC IN MEXICO

Co-chairs: Diana E. Moga, M.D., Ph.D. (New York, NY)
          Justin Shubert, Psy.D., Ph.D. (Los Angeles, CA)
Presenters: Jeremy Cruz, M.D.* (Mexico City, Mexico)
           Gabriela Hernandez, Ph.D.* (Mexico City, Mexico)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

This workshop will present data from a large public psychiatry transgender clinic in Mexico which suggests that many symptoms of gender dysphoria are due to minority stress from societal transphobia rather than gender incongruence per se. We will then discuss the course of psychoanalytic psychotherapy with adolescents who go through various stages of transitioning and the difference between those who do well post-transition vs those who continue to struggle. The audience will be invited to engage in a discussion of how to work with transgender and gender non-conforming patients through their transition without either alienating such patients or shutting down psychoanalytic inquiry.

After attending this session, participants should be able to: 1) Describe current data on the minority stress faced by transgender people and the most common outcomes of gender transitioning; 2) Describe ways to engage transgender patients in a discussion about their bodies without pathologizing or alienating such patients.

CEC: 2

DISCUSSION GROUP 14:
ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chairs: Susan Kattlove, M.D. (Cambridge, MA)
           Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board.

This discussion group will explore every day ethical dilemmas that continue
occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Use fictional vignettes to discuss ethical dilemmas that arise in psychoanalytic communities where dual relationships are the norm, not the exception. **CE: 2**

DISCUSSION GROUP 15:
THE CANDIDATE AT WORK: WORKING ANALYTICALLY WITH A SUICIDAL PATIENT

Chair: Amber Nemeth, Ph.D. (New York, NY)
Presenter: Kristen Melnyk, M.D. (Los Angeles, CA)
Discussant: Mark J. Goldblatt, M.D. (Cambridge, MA)

This discussion group is intended for candidates and any clinician interested in learning more about working with suicidal patients. Dr. Kristen Melnyk is an advanced candidate at the New Center for Psychoanalysis in Los Angeles. She will present clinical case material from an analysis to a senior analyst for discussion. The aim of this presentation is to examine issues that arise in the psychoanalytic relationship with a patient who has chronic suicidality. This discussion will illustrate the challenge of talking with a patient about their suicidal impulses which frighten both patient and analyst, and will also show how the backdrop of relational trauma shapes the intersubjective experience of the dyad.

After attending this session, participants should be able to: 1) Apply knowledge from multiple perspectives in the psychoanalytic treatment of a suicidal patient; 2) Utilize enactments to interpret intergenerational transmission of trauma. **CE: 2**
DISCUSSION GROUP 16: APPLYING PSYCHOANALYTIC CONCEPTS TO THE TREATMENT OF EATING DISORDERS AND SEVERE PSYCHOSOMATIC PROBLEMS

Chair: Kathryn J. Zerbe, M.D. (Portland, OR)
Presenter: Kathryn Bradley, Psy.D.* (Crescent Springs, KY)

This discussion group focuses on psychodynamic process and technique with severe psychosomatic and eating disordered patients. Because this group of patients often denies the degree of their emotional pain, emphasis is placed on assisting clinicians to understand, hold and eventually work through common defensive patterns. Denial of death, repurposing of emotional hungers, body image disturbance and omnipotence are some of the most common sequels that can take up residence in the therapist’s body leading to embodied countertransference reaction and sometimes even career burnout. Discussion will emphasize ways the therapist understands and makes use of these responses to further the treatment while maintaining their own sense of wellbeing and purpose (e.g. countering ‘compassion fatigue,’ etc).

After attending this session, participants should be able to: 1) Describe the most common defensive patterns reflected in the clinical material and apply them to their own cases; 2) Explain two technical approaches to facilitate the patient’s receptiveness to dealing with unconscious emotional pain that is frequently ‘held’ by the clinician’s embodied countertransference reaction. CEC : 2
DISCUSSION GROUP 17: PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS
Chair: M. Sagman Kayatekin, M.D. (Houston, TX)
Co-chair: Michael Groat, Ph.D., M.S. (New Canaan, CT)
Presenters: Z. Emel Kayatekin, M.D.* (Houston, TX)
Jane Tillman, Ph.D. (Stockbridge, MA)

Dr. Kayatekin and Dr. Groat have extensive experience in psychoanalytic individual, family, group, milieu and hospital team work. The target audience is clinicians who have a wide range of exposure to psychoanalytic venues; from the office to hospitals, IOP’s, partial hospitalizations, and day treatment programs. These contexts, with their regressive/progressive capabilities on the person and the psychopathology, provide a unique window to the fascinating interrelatedness of intra-psychic and interpersonal matrices of human minds. Clinical presentations from psychoanalytically informed multiple treater settings and discussion will expand participants beyond the intrapsychic dyadic psychoanalytic approaches that dominate the psychoanalytic theory. This will allow a more sophisticated, multilayered understanding of the multiple venues of therapeutic action that makes multiple treater settings effective environments conducive to therapeutic growth and change.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CEC: 2**
DISCUSSION GROUP 18:
PSYCHOANALYTIC PERSPECTIVES ON OPERA: FIDELIO, FREIHEIT AND FREUD, FROM CHILD ABUSE TO THE SUBLIME

Co-chair: Ralph Beaumont, M.D. (Portland, OR)
Lynn Buell, M.S.S.W. (Seattle, WA)

Presenter: Robert L. Bergman, M.D. (Seattle, WA)

In this discussion group, we will take Beethoven’s opera Fidelio. Psychoanalyst Robert Bergman, M.D. will offer some remarks about the opera and the life of the composer. Dr. Bergman will tell us that at the heart of Fidelio, Ludwig van Beethoven’s only opera, and the heart of his childhood, there is a nobleman imprisoned underground. As a little boy, Beethoven was often locked up in the cellar by his corrupt, drunken and inept father. In this workshop, we will explore how Fidelio is not only a reflection of the abuse he suffered but an example of how his musical creativity was how he overcame its damage to him. The opera is a sublime expression of the hope that oppression can be overcome a hope that every abused child needs.

After attending this session, participants should be able to: 1) Describe the creators’ intrapsychic conflicts that became manifest in the opera as a dynamic of the creative process; 2) Summarize from responses to Fidelio two examples of the process of mutual recognition, and describe an analogous case from a therapeutic process. **CEC**: 2
4:30 P.M. – 6:30 P.M.

PANEL I:
PSYCHOANALYSIS AT THE BORDER IN A TIME OF HATE

Chair: Stephen H. Portuges, Ph.D. (Oakland, CA)
Presenters: Maureen A. Katz, M.D. (Berkeley, CA)
            Silvia Rodriguez, M.S. (Tijuana, Mexico)
            Mariela G. Shibley, Psy.D. (San Diego, CA)
            Paula Waisman, Ph.D. (San Diego, CA)
Discussant: Nancy Hollander, Ph.D. (Oakland, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

“Psychoanalysis at the Border in a Time of Hate” examines the social and psychological dynamics of refugees, migrants and asylum seekers who leave some part of their pasts for a hoped-for new life in the US. Many depart to avoid religious or ethnic persecution, armed conflicts or other violent crises. Others leave with the hope of improving the social and economic quality of their lives, only to encounter physical and emotional hazards along their safety-seeking journey. Some are admitted into the US but many others end up detained and/or separated from their children at our southern border. Panelists will describe their efforts to understand and work clinically with immigrants in a social context characterized by growing governmental authoritarianism and intensified racism, xenophobia and discrimination.

After attending this session, participants should be able to: 1) Explain the psychological and social dynamics of the border experience for asylum seekers, refugees and migrants; 2) Apply psychoanalytic intervention strategies to immigrants under oppressive social conditions. CEC: 2

6:30 P.M. – 8:00 P.M.

SOCIAL EVENT:
ATTENDEE COCKTAIL HOUR

Come and network with colleagues from across the country at the social highlight of the 108th Annual Meeting. All meeting registrants and spouses are welcome.
Sunday, June 23, 2019

9:00 A.M. – 11:00 A.M.

CANDIDATES’ FORUM: THE NOWHERE MAN
Chair: Amber Nemeth, Ph.D. (New York, NY)
Presenter: Katherine Jenness, Ph.D.* (New York, NY)
Discussants: Charles M. Cutler, Ph.D. (San Diego, CA)
Caroline Sehon, M.D. (Bethesda, MD)

The forum is targeted to candidates who would like to increase their attunement to and facility in working with nonverbal communication. Katherine Jenness, Ph.D. is an analytic candidate at the New York University Postdoctoral Program who will present her work with a patient who complained of emptiness, unreality, and alienation from his body; his making more authentic contact with himself (and, nascently, with others) was facilitated by the candidates’ attention to the patients’ nonverbal communications, specifically to bodily reactions in both patient and candidate. Discussants’ extensive theoretical and clinical knowledge will be brought to bear on the material.

After attending this session, participants should be able to: 1) Assess the suitability of interpreting nonverbal communication based on patients’ developmental level and treatment phase; 2) Describe Ferrari’s distinction between horizontal and vertical analytic work.

CEC: 2
Confidentiality

Confidentiality is of the utmost importance to APsaA. We would like to remind you about a few key issues concerning confidentiality at the National Meeting:

• In order to protect confidentiality of patients and treatments, material presented in sessions must not be written about or discussed outside of the session.

• Clinical material should not be discussed in halls or elevators, and should not be emailed or posted to the internet.

• If you attend a session in which clinical material is being presented and you think that you recognize the identity of the patient, you should quietly excuse yourself from the remainder of that session.

• Use appropriately disguised information and/or informed consent when talking about a patient. Keep in mind that even when demographic information is changed, specific details can make the patient identifiable to those who know him or her. This should be avoided where possible.

Attendance at APsaA’s meetings is contingent upon registrants’ agreement to maintain confidentiality. Failure to do so is a breach of APsaA’s ethical principles and may be cause for disciplinary and/or legal action.

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PET POLICY

The Intercontinental is a pet-friendly hotel but please note dogs and other pets (except for service animals) are not allowed in meeting rooms and the exhibit area during the meeting.

CANCELLATION

All requests for refunds must be made via email to cbroughton@apsa.org. A 20% administrative fee will be deducted from refund requests received on or before Tuesday, May 21, 2019. A 50% administrative fee will be deducted from refund requests received from May 22 to July 8, 2019. No refund requests will be accepted after July 8, 2019.

For complete APsaA policies visit: apsameeting.org
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Dr. Tillman’s lecture is titled, “In the Shadow of Suicide: Ethical Loneliness, Moral Injury, and the Mysterious Object” and will be given on Friday, June 21, 6:00-7:15 p.m.
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—Alice A. Jones, MD, Supervising & Training Analyst, SF Center for Psychoanalysis

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Peter Wolson, PhD

**Psychoanalysis Enters the Political Fray: The Op-Ed Articles & Journal Blogs...**

Psychoanalysis Enters The Political Fray argues that a psychoanalytic perspective is essential to deepen the political dialogue and the public’s awareness of the unconscious psychodynamics that motivate political events and the behavior of politicians. This book contains the author’s thought-provoking op-ed pieces, journal blogs and updated commentary that explore a myriad of controversial issues, such as political hatred, endemic misogyny, xenophobia, racism, anti-Semitism, psychopathy, etc. The author demonstrates how he wrote his political pieces and encourages psychoanalytically-oriented professionals to share their political insights with the American public.

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**Jane Austen Sibling Rivalry, Unconscious Fantasy and Change**

“Margaret Ann Fitzpatrick-Hanly has given us a wonderful gift with this book, a study of sibling rivalry unconscious fantasy and change in Jane Austen’s six great novels. With her background as an Austin scholar and as an experienced and highly respected clinical psychoanalyst, she is uniquely qualified to bring together psychoanalytic concepts and literary understandings of these great works of literature. She focuses on the inner lives and unconscious fantasies of Austen’s familiar characters - their intense sibling rivalries, triangular jealousies, family dynamics, their dreams and loves and the effects of early and often not completely mourned losses.” —Nancy Kulish, PhD, Michigan Psychoanalytic Society

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Mario Rendon

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This book returns to the contentious issue of an original matriarchy and provides evidence from various fields. It proposes that the units of the species are also instinctually halved, Eros and Thanatos being instinctual dispositions biased towards male and female. It ends with a dialectical model of consciousness and self based on two cultural theories, drawn from the schools of Hegel, Darwin, Marx, Freud and Horney. It proposes a shift of psychoanalysis from the unconscious to consciousness, ideology and bad faith.
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