

APsAA
A M E R I C A N
P S Y C H O A N A L Y T I C
A S S O C I A T I O N

107th ANNUAL
MEETING


Palmer House Hilton | Chicago | June 22-24, 2018



FINAL PROGRAM

Frenkel & Company

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To give real service you must add something which cannot be bought or measured by money— only sincerity and integrity Douglas Adams

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Welcome to the

APsAA AMERICAN PSYCHOANALYTIC ASSOCIATION

107th ANNUAL MEETING



Dear Colleagues,

Following our National Meeting in February, *The New York Times* reported – “Psychoanalysis may be experiencing a rebirth”. Whether this is your first meeting or your 40th, thank you for sharing this renewed interest in psychoanalysis. We are excited you’re here and part of our APsAA community.

Once again our scientific program committee has put together a weekend of sessions designed to inspire deep analytic thinking and timely discussion. Starting with Friday morning’s opening panel, “The Group and the Individual: How large groups stimulate and regulate violence”, we will examine how leaders are often a symptom, as well as a cause of hate and violence. This thought-provoking session with Carol Gilligan, Brent Decker, Robert Galatzer-Levy, and Christine Kieffer, will be followed by small table discussions and panelist responses to questions that emerge.

At the Saturday morning clinical plenary Sidney Phillips will present his work titled “Creating a Selfish Bitch: Between Narcissism and Object Relations”. Dr. Phillips will discuss a shift in clinical technique midway through an analysis with a person who had severe narcissistic concerns. The shift resulted in the analysand’s expanded capacity for conscious self-regard and a significant reduction in his self-criticism. Donald Moss and Katheryn Zerbe will be the plenary discussants.

On Saturday afternoon we will gather for a town-hall-like session to explore another timely and important issue – “Free Speech, Hate Speech, and Neutrality: In and Out of the Consulting Room”. It is chaired by Donald Moss, with participants, Susan Vaughan, Seth Aronson, Aisha Abbasi, Lara Sheehi and Mayumi Pierce. Each participant will give a five-minute presentation and then welcome your questions and comments.

These are only a few highlights as there are more than 50 sessions which include updates from our Public Advocacy Department on how APsAA is responding to crucial social concerns and information from our Science Department on key aspects of their work and its important implications for psychoanalytic research.

I hope you will also attend the Meeting of Members on Friday morning. It is an opportunity for all APsAA members to learn about recent and upcoming activities of the Association. It will also be my last time presiding over the meeting. Please be present as I hand over the presidential gavel to APsAA’s incoming President, Lee Jaffe.

Finally, I want to thank you for the honor of serving as your President for the past two years. There have been many rewarding as well as challenging moments within and outside our association during this time. In its reorganized, unified form, the American Psychoanalytic Association is poised to make a powerful difference in the public’s perception of the value of psychoanalysis and to add to that value as it continues to advance clinical, scientific and social progress. The February NYT was right: psychoanalysis is experiencing a rebirth, and APsAA is a driving force.

Warm regards,

Harriet

President, APsAA



Community Vision Statement

The American Psychoanalytic Association is a community where those interested in and committed to psychoanalysis can connect, learn together, and support one another. To that end, APsaA's Executive Council has unanimously approved the following vision - ensuring a welcoming and positive community for all.

In the broad community it creates, APsaA provides a place to collaborate, connect, learn and find inspiration for psychoanalysts, psychoanalytic clinicians, educators, scientists, researchers, scholars, students and psychoanalytic institutes, societies and centers. The APsaA community gives its members a link to psychoanalysis worldwide and a connection to one another that is essential to our members' psychoanalytic identity and different from what they obtain locally.

Through its smaller, focused communities, APsaA fulfills members' needs for affiliation, identification, personal connection and professional development. The Association's communities reflect inclusivity and diversity in culture, gender, race, sexual orientation, theoretical orientation, career stage, age, geography, and discipline.

APsaA communities encourage and support innovation in psychoanalytic thinking and its relevance to the world. Anyone who has an interest in psychoanalysis can find a place to connect with the broader APsaA community.

APsaA provides diverse ways to connect so that everyone can find a place, while protecting the special place of psychoanalysis and psychoanalysts.

At all times, APsaA creates professional communities that embody these guiding principles:

- Scholarly, Educational, and Collegial
- Diverse, Inclusive, Collaborative, and Curious
- Compassionate, Open Minded, and Respectful
- Constructive, Progressive, and Innovative
- Supportive, Tolerant, and Encouraging of Many Points of View and Welcoming

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Social Events

THURSDAY, JUNE 21, 2018

6:00 p.m. – 7:00 p.m.

Attendee Cocktail Reception
(see page 15)

7:00 p.m. – 9:00 p.m.

Private Segway Tour of Chicago
(see page 15)

Candidates' Spring Party
(see page 15)

FRIDAY, JUNE 22, 2018

7:30 p.m. – 8:30 p.m.

**Attendee Cocktail Party sponsored
by the Ernst and Gertrude Ticho
Charitable Foundation** (see page 38)

SATURDAY, JUNE 23, 2018

7:30 p.m. – 9:00 p.m.

**Grant Park Music Festival and
Boxed Dinner** (see page 47)

Are you wearing your badge?

Name badges are required to attend all sessions of the scientific program. **Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting.**

Badges must be worn in plain sight to gain access to APsaA's meeting. Individuals who are not wearing their name badge or correct name badge will be asked to properly register for the meeting.



**MEETING ROOM LOCATIONS CAN BE FOUND IN THE
YELLOW INSERT IN THE MIDDLE OF THIS PROGRAM.**

General Information

WELCOME NEWCOMERS

The American Psychoanalytic Association is pleased to welcome you to your first APsaA meeting. We hope it will be the first of many to come. By choosing to attend an APsaA meeting you are making a significant investment in expanding and developing your professional knowledge and skills. And you are going to meet a terrific group of people as well.

Attending APsaA's Annual Meeting for the first time can feel overwhelming but we've got you covered:

- Meet APsaA staff and other attendees on Thursday, June 21st at 6:00 p.m. – 7:00 p.m. We'll meet on the Mezzanine overlooking the lobby for a complimentary cocktail and conversation. By the time the scientific program officially starts on Friday, you'll have met a core group of people that you'll see throughout the weekend.
- Grab a First Time Attendee ribbon to wear on your badge if you want. It's a great conversation starter. Or you can choose to go incognito.

APsaA staff will be wearing red badge ribbons. Look for us if you have any questions.

WHAT DOES IT MEAN WHEN A SESSION IS MARKED “CLOSED”?

It means that during pre-registration, the maximum enrollment was reached for that particular session. You may only attend if you preregistered. There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room.

SINGLE-OCCUPANCY REST ROOMS

For your privacy and comfort, there is a single-occupancy rest room located on the 6th floor next to the Grant Park Parlor meeting room. There is also one on the lobby level near the front desk.





Registration & Exhibits

Registration and exhibits will be located on the 7th Floor.

TUESDAY, JUNE 19

Registration..... 8:00 a.m.-5:00 p.m.

WEDNESDAY, JUNE 20

Registration..... 8:00 a.m.-5:00 p.m.

THURSDAY, JUNE 21

Registration..... 8:00 a.m.-5:00 p.m.

FRIDAY, JUNE 22

Registration..... 8:00 a.m.-6:15 p.m.

Exhibits.....8:30 a.m.-6:15 p.m.

SATURDAY, JUNE 23

Registration & Exhibits..... 8:30 a.m.-5:30 p.m.

SUNDAY, JUNE 24

Registration & Exhibits..... 8:30 a.m.-9:30 a.m.

107th ANNUAL MEETING EXHIBITORS/ADVERTISERS

American Board of Psychoanalysis

3400 E. Bayaud
Avenue, 460
Denver, CO 80209
Phone: (303) 676-8008
abpsa.org
See page 59.

Chicago Psychoanalytic Institute

122 South Michigan
Avenue, Suite 1300
Chicago Illinois 60603
Phone: (312) 922-7474
chicagoanalysis.org
See page 58.

Institute for Clinical Social Work

401 South State Street,
Suite 822
Chicago, IL 60605
Phone: (312) 935-4232
icsw.edu
See page 57.

Association Book Exhibit

9423 Old Mt. Vernon Road
Alexandria, VA 22309
Phone: (703) 619-5030

Frenkel & Company

Harborside Financial
Center
210 Hudson Street,
0Suite 601
Jersey City, NJ 07311
Phone: (201) 356-0057
frenkel.com
See inside front cover.

SAGE Publishing

2455 Teller Road
Thousand Oaks, CA 91320
Phone: (805) 499-0721
sagepublishing.com

Yellowbrick

1560 Sherman Ave,
Suite 400
Evanston, Illinois 60201
Phone: (847) 869-1500
yellowbrickprogram.com
See pages 57 and 59.

Continuing Professional Education Credit

STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities for the review of essential psychoanalytic knowledge. These sessions are designed for the continuing education of mental health professionals, including psychiatrists, psychologists, social workers, other mental health professionals; professionals-in-training, and master's level students; as well as post-doctoral mental health clinicians, nurses, teachers, professionals and academics in mental health and non-mental health disciplines.

This meeting offers a series of panel discussions, plenaries, symposia, discussion groups, clinical workshops, scientific papers, clinical presentations, and special programs for students including seminars, courses, and forums dedicated to professionals-in-training on topics of importance to psychoanalysis that have been designed to increase professional competence.

CONTINUING PROFESSIONAL EDUCATION CREDITS

Physicians



The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 17.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

Social Workers

This program is Approved by the National Association of Social Workers (Approval # 886504845-3040) for 17.5 continuing education contact hours.

New York State Social Workers

American Psychoanalytic Association, Inc. SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0186.

continued

Continuing Professional Education Credit

New York State Licensed Psychoanalysts

American Psychoanalytic Association, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0013.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:

None of the planners and presenters of this CME program have any relevant financial relationships to disclose unless specifically noted.

CEC

Look for the CEC logo.



A Glossary to the Scientific Program

These Sessions are Eligible for Continuing Professional Education Credit Unless Otherwise Noted

OPENING SESSION: THE GROUP AND THE INDIVIDUAL: HOW LARGE GROUPS STIMULATE AND REGULATE VIOLENCE

Friday.....9:00 a.m. - 12:15 p.m.

The opening general session is a moderated town hall discussion which will include extensive participation from the audience.

SYMPOSIA

Friday.....1:30 p.m. - 3:30 p.m.

This format explores the interface between psychoanalysis, society and related disciplines. Many attempt to demonstrate how psychoanalytic thinking can be applied to non-psychoanalytic settings.

APSAA ON CAPITOL HILL

Friday.....1:30 p.m. - 3:30 p.m.

Sponsored by the Public Advocacy Department this session focuses on crucial legislation and how it will directly affect your practice.

CLINICAL CONFERENCES FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS

Friday.....1:30 p.m. - 3:30 p.m.

..... 3:45 p.m. - 5:45 p.m.

Saturday..... 2:00 p.m. - 4:00 p.m.

Sunday..... 9:00 a.m. - 11:00 a.m.

Four sessions directed to psychiatric residents, psychology and social work students but open to all registrants. The format is a lecture on a particular topic by the designated faculty member, followed by a case presentation by a participant in the APsAA Fellowship Program.

MEET THE AUTHORS

Friday.....1:30 p.m. - 3:30 p.m.

Authors of recent books of psychoanalytic interest discuss work with colleagues in panel format.

continued

CONVERSATION WITH A DISTINGUISHED ANALYST

Friday.....1:30 p.m. - 3:30 p.m.

A distinguished analyst is invited to meet with participants and candidates to discuss topics that are relevant to psychoanalytic training.

COMMITTEE SPONSORED WORKSHOPS

Friday.....1:30 p.m. - 3:30 p.m.

Saturday..... 2:00 p.m. - 4:00 p.m.

Sponsored by a standing committee of the American Psychoanalytic Association, these workshops emphasize the exchange of ideas and the demonstration and application of techniques based on the mission statement of the committee.

DISCUSSION GROUPS

Friday.....1:30 p.m. - 3:30 p.m.

..... 3:45 p.m. - 5:45 p.m.

Saturday..... 2:00 p.m. - 4:00 p.m.

Permits a small number of participants to discuss a topic of mutual interest. Discussion Groups meet regularly at bi-annual meetings. This continuity offers the opportunity to build collaborations with colleagues nationally and internationally. New participants are welcome to each group.

UNIVERSITY FORUM

Friday..... 3:45 p.m. - 5:45 p.m.

Psychoanalysts engage with academic presenters for a dialogue across disciplines.

CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Friday..... 3:45 p.m. - 5:45 p.m.

The Candidates' Council Psychoanalytic Paper Prize is awarded annually to the best paper by a candidate on a topic of psychoanalytic interest. The Writing Workshop will explore how to write a successful paper.

PROFESSIONAL DEVELOPMENT WORKSHOP

Friday..... 3:45 p.m. - 5:45 p.m.

A session designated specifically to help analysts build and expand their base of professional operations.

continued

TWO-DAY CLINICAL WORKSHOPS

Friday..... 3:45 p.m. - 5:45 p.m.

Saturday..... 2:00 p.m. - 4:00 p.m.

Demonstrates and explores the specific manner in which a distinguished psychoanalyst listens to clinical material and conceptualizes process and technique.

PANELS

Friday..... 6:00 p.m. - 7:30 p.m.

Saturday..... 4:30 p.m. - 6:30 p.m.

Sunday..... 9:00 a.m. - 11:00 a.m.

These panels will bring together nationally recognized psychoanalysts to present papers on clinical and theoretical topics. Active interchange between panelists and the audience is encouraged.

CLINICAL PLENARY ADDRESS

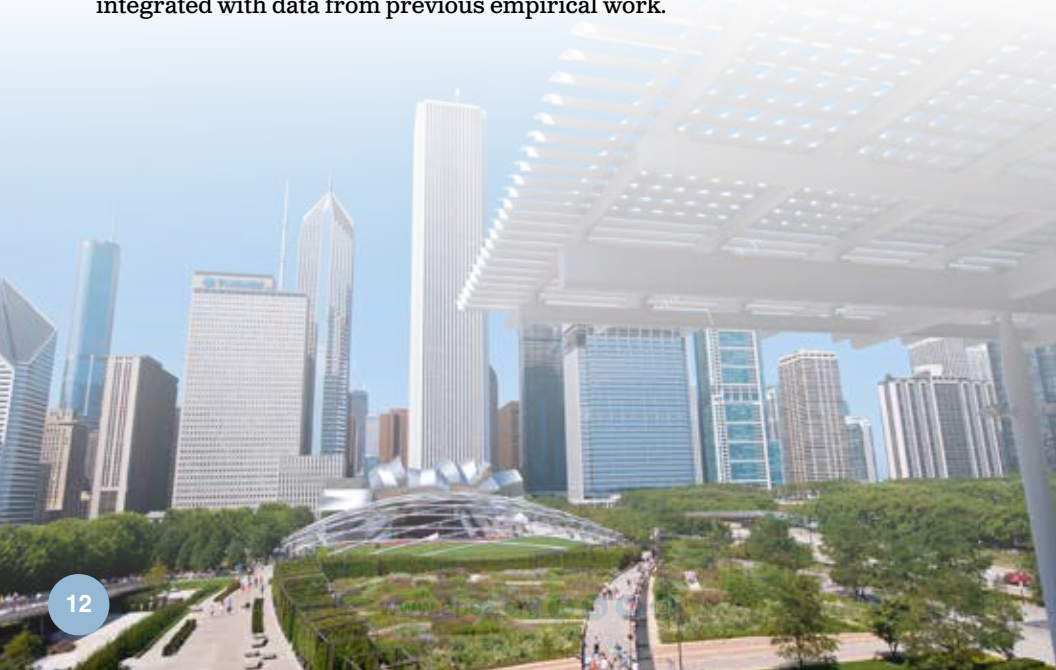
Saturday..... 9:00 a.m. - 12:00 p.m.

Major addresses by outstanding psychoanalysts or other professionals.

SCIENCE DEPARTMENT SESSION

Saturday..... 2:00 p.m. - 4:00 p.m.

Science Department Sessions present recent work by psychoanalytic and psychodynamic researchers and research oriented scholars. New findings are integrated with data from previous empirical work.





2019 NATIONAL MEETING

February 6-10 | New York Hilton | New York City



SAVE THE DATE

DAILY SCHEDULE

Thursday, June 21, 2018

8:00 A.M. – 4:00 P.M.

ADMINISTRATIVE MEETING: EXECUTIVE COUNCIL

8:00 a.m. – 12:00 p.m. — Executive Council Morning Session

Lunch Break

1:30 p.m. – 4:00 p.m. — Executive Council Afternoon Session

APsaA's Board of Directors, known as the Executive Council, is responsible for the management of the affairs and business of the association. The Executive Council is comprised of the association's officers, eight nationally elected Councilors-at-Large, and councilors representing each affiliate society of the association, as well as each affiliate and affiliated study group. The Executive Council meeting is open to any member of the association except when there is a need for the council to be in executive session.

1:00 P.M. – 5:00 P.M.

ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL

Note: New candidates participating in the Travel Scholarship are required to attend this meeting.

Please join us to learn of opportunities for candidates to participate in APsaA either on the Candidates' Council or on APsaA committees, engage in roundtable discussions of those issues most relevant to candidates, compare notes with colleagues from around the world about issues in training and how it's done elsewhere, gain an orientation to the greater APsaA community, learn about exciting opportunities available exclusively to candidates, deepen your psychoanalytic identity, broaden your connection to the profession of psychoanalysis, explore resources for building your practice, and forge lifelong friendships with other candidates. All Candidates are members of the Candidates' Council and we welcome the opportunity to introduce you to the many aspects of APsaA.

THURSDAY

DAILY SCHEDULE

4:30 P.M. – 6:00 P.M.

ADMINISTRATIVE MEETING: NORTH AMERICA AND THE WORLDWIDE IPA

William Glover, Gunther Perdigao and Alan Sugarman, North American representatives on the IPA Board, invite all North American psychoanalysts to join in a conversation on changes in psychoanalytic education in the IPA and how we can all work together for the benefit of local, regional and worldwide psychoanalysis.

6:00 P.M. – 7:00 P.M.

SOCIAL EVENT: ATTENDEE COCKTAIL RECEPTION

All are invited to attend a wine and cheese reception with your colleagues and APsA staff. Stop by the beautiful lobby Mezzanine before heading out for the evening.

7:00 P.M. – 9:00 P.M.

SOCIAL EVENT: PRIVATE SEGWAY TOUR OF CHICAGO

Note: Registration for this event is closed.

All intrepid segway participants meet APsA staff in the hotel lobby at **6:30 p.m.** and we will walk to the starting point of the tour as a group. From there you will embark on a two-hour adventure around Chicago. Enjoy!

SOCIAL EVENT: CANDIDATES' SPRING PARTY

Location: 122 South Michigan Ave, Room 1408
Cost: \$55 (includes a light meal, drinks, and a stunning view of Lake Michigan)
Questions? Contact: Kathleen O'Connor
kmaryoconnor@gmail.com | (630) 928-1173

The Candidates' Spring Party is an opportunity for candidates to meet each other to network, socialize, and learn about what it's like to train at other institutes around the country. Please join members of the Candidates' Council for our networking event on Thursday, June 21st. Walk-ins are welcome.

THURSDAY

DAILY SCHEDULE

Friday, June 22, 2018

8:00 A.M. – 8:45 A.M.

ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

Chair: Harriet L. Wolfe, M.D., President (San Francisco, CA)

The Meeting of Members is an opportunity for all APsaA members to learn about current activities of the Association. All registrants are encouraged to attend.

9:00 A.M. – 12:15 P.M.

JAPA PRIZE

Jonathan House, M.D. for his paper “The Ongoing Rediscovery of Après-Coup as a Central Freudian Concept” published in JAPA 65:5 and

Gregory Rizzolo, M.A. for his paper “The Specter of the Primitive” published in JAPA 65:6

SEIDENBERG PAPER PRIZE – PSYCHOANALYTIC PERSPECTIVES ON PROBLEMS OF INCARCERATION

Stephanie Gangemi
Elizabeth Kita

OPENING SESSION AND PRESENTATION OF AWARDS: THE GROUP AND THE INDIVIDUAL: HOW LARGE GROUPS STIMULATE AND REGULATE VIOLENCE

Chair &
Presenter: Christine C. Kieffer, Ph.D., ABPP (Chicago, IL)
Moderator: Carlos E. Almeida, M.D. (New York, NY)
Presenters: Brent Decker, M.P.H., M.S.W.* (Chicago, IL)
Robert Galatzer-Levy, M.D. (Chicago, IL)
Carol Gilligan, Ph.D.* (New York, NY)

Violence has been described as a contagious disease if left unregulated. While it has been noted that large groups can stimulate violence, it is far more difficult to promote effective means by which groups can be regulated, and even become prosocial. This panel will examine the nature of these processes and discuss effective interventions both in immediate crises as well as longer term strategies. Psychoanalytic understanding of these phenomena will

continued

DAILY SCHEDULE

be integrated with theories and applications from other disciplines. Following the presentations of short papers, those gathered to hear the program will break into small groups, later reconvening in a process of engagement with the speakers and one another.

After attending the session, participants should be able to: 1) Explain how gangs can operate to reduce violence; 2) Describe two ways in which violence is a contagious disease. **CEC: 3**

12:00 P.M. – 1:30 P.M.

LUNCH BREAK

1:30 P.M. – 3:30 P.M.

SYMPOSIUM: THE COLLABORATORY

Co-chairs &

Presenters: Jane Hassinger, L.C.S.W.* (Ann Arbor, MI)
Rebecca A. Mair, Ph.D. (Grosse Pointe, MI)
Billie A. Pivnick, Ph.D.* (New York, NY)

Applying clinical psychoanalysis in community-based settings employs modes of thinking about groups and communities in which personal and cultural histories, the unconscious, and the socio-political surround are at play. This symposium will describe the web-based seminar, “The Collaboratory”® – a psychoanalytic learning community concerned with how to initiate and participate in innovative community-based interventions characterized by collaboration, reciprocity, and transformative learning. Adopting a more egalitarian professional role, working in interdisciplinary teams, navigating team processes, and anticipating and responding effectively to intervention phases in target communities are new skills required by clinicians in this work. This symposium will describe foundational principles, emergent group processes, and participant experiences, while also offering an experiential exercise and live discussion of symposium participants’ own dilemmas and challenges in practice.

After participating in this discussion participants will be able to: 1) Identify key psychoanalytic concepts and methods (e.g., transference/countertransference, intersubjectivity, unconscious group dynamics, enactment) that can be applied to collaborative projects outside the consulting room; 2) Identify the advantages of the Collaboratory model for acquainting psychoanalytically-informed practitioners to the role challenges in working in interdisciplinary, community-based projects with diverse populations. **CEC: 2**

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

APSAA ON CAPITOL HILL:

LONG TERM TRAUMA CAUSED BY SCHOOL AND COMMUNITY VIOLENCE

Moderator: Mark D. Smaller, Ph.D. (Douglas, MI)

Presenters: Katherine R. Smaller, L.C.S.W.* (Douglas, MI)

Peggy Tighe, J.D.* (Washington, DC)

Addressing the long term traumatic impact of school shootings and community violence on children and families is one of four priorities of APsAA's Public Advocacy Department. Katherine Smaller, LCSW, therapist, and survivor, of an elementary school shooting will present a personal and psychoanalytic perspective on long term impact of trauma. Peggy Tighe, J.D., APsAA's Legislative Attorney in Washington, D.C., will present strategies based on psychoanalytic expertise to contribute to federal and state policy regarding school and community violence. Mark D. Smaller, Ph.D., immediate past president of APsAA, will moderate the session and offer psychoanalytic perspectives on gang related violence, prevention and treatment.

After attending this session, participants should be able to: 1) Describe research and clinical findings related to long term impact of violence on children and families, and utilize in clinical work and advocacy activity; 2) Describe APsAA's advocacy work in local, state and federal government, and be able to utilize and operationalize individual plans to advocate as a psychoanalyst regarding the long term impact of violence. **CEC: 2**

CLINICAL CONFERENCE #1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: A PSYCHOANALYTIC APPROACH IN PRIMARY CARE

Chair: Mayumi Pierce, M.D.* (San Francisco, CA)

Presenter: Peter Loper, Jr., M.D.* (Columbus, SC)

Discussant: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

The industrialization of healthcare has undermined the importance of the doctor-patient relationship in managing chronic illness. Principles of psychoanalytic psychotherapy have demonstrated the power of this relationship in treating physical diseases mediated by sociocultural and environmental factors. The treatment of a 12 year old patient with obesity will illustrate how essential psychoanalytic

continued

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

concepts can rectify the compromised doctor-patient relationship in the primary care setting, resulting in improved process-based care.

After attending this session, participants should be able to: 1) Discuss the four most commonly cited mechanisms of damage to the doctor-patient relationship in industrialized health care; 2) Explain and utilize the fundamental psychoanalytic concepts that can rectify this damage to the doctor-patient relationship in the primary care setting. **CEC: 2**

MEET THE AUTHOR:

DR. ARNOLD RICHARDS AND DR. STEVEN STERN

Chair: Henry J. Friedman, M.D. (Cambridge, MA)

Authors &

Presenters: Arnold Richards, M.D. (New York, NY)
Steven Stern, Psy.D.* (Yarmouth, ME)

Books: “Psychoanalysis: Critical Conversations Volume 1”
“Needed Relationships and Psychoanalytic Healing:
A Holistic Relational Perspective on the Therapeutic Process”

This session will include presentations by Steven Stern, Psy.D. and Arnold Richards, Ph.D. Dr. Stern’s book, “Needed Relationships and Psychoanalytic Healing” extends Kohut’s self-psychology concept of the self-object and specificity theory to a fuller picture of what the analytic relationship provides for individual patients. He represents the expression of self-psychology’s best clinical practices. Dr. Richards’, “Psychoanalysis: Critical Conversations Volume 1,” “follows the leitmotif of “integrative pluralism”: how to continue the dialogue between the contributors of disparate psychoanalytic schools of thought” with the larger psychoanalytic base. Together their presentations both contrast and enhance each other. In doing so the authors increase our understanding of the complexity of utilizing either a unitary or multiple theoretical approach in conducting clinical psychoanalyses.

After attending this session, participants should be able to: 1) Utilize the relational aspect of the analytic situation and the specificity of what the analyst needs to provide each patient; 2) Utilize multiple theoretical approaches in the service of effectiveness with each patient in the course of an analytic treatment. **CEC: 2**

FRIDAY

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

CONVERSATION WITH A DISTINGUISHED ANALYST: “IT’S NOT ABOUT THE NUMBERS: THE CLINICAL SIGNIFICANCE OF THE FREQUENCY OF SESSIONS IN ANALYTIC TREATMENT”:

DR. AISHA ABBASI

Chair: Valerie Golden, J.D., Ph.D. (Minneapolis, MN)

Presenter: Aisha Abbasi, M.D. (West Bloomfield, MI)

Dr. Abbasi will discuss the challenges and techniques of beginning an analysis, including establishing the frame, creating an analytic process, conducting initial sessions, and making a recommendation for treatment, which may involve meeting five times a week. Dr. Abbasi is a renowned psychiatrist/psychoanalyst, author, speaker, and educator. She has published several notable works about beginning an analysis, from its beginnings in the analyst’s mind to the actual creation of an analytic patient and process. She is a Training and Supervising Analyst at the Michigan Psychoanalytic Institute and the author of, among her many works, “The Rupture of Serenity: External Intrusions and Psychoanalytic Technique.”

After attending this session, participants should be able to: 1) Apply effective clinical strategies for beginning an analysis; 2) Assess for their own practices the indications for five-times-a-week treatment.

CEC: 2

COMMITTEE SPONSORED WORKSHOP 1: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)

Co-chairs: Earle Baughman, M.D. (Alexandria, VA)

Jonathan Palmer, M.D. (Newton, MA)

Harvey Schwartz, M.D. (Philadelphia, PA)

Peggy E. Warren, M.D. (Waban, MA)

Presenter: Ellen Pinsky, Psy.D. (Cambridge, MA)

Ellen Pinsky, an accomplished analytic writer and teacher of writing, will read from her work and describe some guiding principles of her teaching and writing. She will suggest that candidates and graduate analysts can learn to better understand the therapeutic process by integrating the spoken language of the clinical exchange with the precision and expressiveness of writing; that is, writing can illuminate and deepen understanding of what has happened in the treatment.

continued

FRIDAY

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

(This Workshop is related to the Discussion Group 16: Writing about Your Analytic Work in a Case Report, Friday, June 22 from 3:45 p.m. - 5:45 p.m.)

After attending this session, participants should be able to: 1) Describe the essential similarities between analytic writing and the analytic process itself and how the writing functions to deepen clinical understanding; 2) Explain the value of learning about writing by examining effective models of various forms (poetry, prose, children's books, plays, advertising copy). **CEC: 2**

DISCUSSION GROUP 1: A CLASSIC UNVISITED: THE CLINICAL AND TECHNICAL VALUE OF THE IDEAS OF WILFRED BION

Chair: Rogelio Sosnik, M.D. (New York, NY)
Co-chair: Irene Cairo, M.D. (New York, NY)
Presenter: Stephanie Schechter, Psy.D. (Cambridge, MA)

Wilfred Bion's model of mental functioning is anchored strongly on Freud's and Klein's theories, yet it provides a new and different tool for approaching the process. Bion's theory of mind and approach to the clinical situation allows for a way to identify mental states at the most profound level. This permits access to psychotic parts of the personality and facilitates the resolution of impasses. Session material will be presented where the analyst is facing a difficult clinical situation which will be discussed by the Chairs with participation of the group.

After attending this session, participants should be able to: 1) Describe the way that Bion's basic ideas are relevant to the clinical material presented; 2) Utilize Bion's concepts in their practices as they were discussed in the discussion group. **CEC: 2**

DISCUSSION GROUP 2: ALTERED STATES OF AWARENESS

Co-chairs &
Discussants: Fonya Lord Helm, Ph.D., ABPP (Virginia Beach, VA)
Maurine Kelber Kelly, Ph.D. (Silver Spring, MD)
Presenter: Carol Gilligan, Ph.D.* (New York, NY)

This discussion group will focus on the research of Elizabeth Lloyd Mayer, Ph.D., summarized in her book "Extraordinary Knowing: Science, Skepticism, and the Inexplicable Powers of the Human

continued

FRIDAY

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

Mind.” Dr. Mayer’s and Dr. Carol Gilligan’s 1997-2005 APsaA discussion group attracted many psychoanalysts eager to share their own anomalous experiences. Conversation will focus on a variety of anomalous experiences and states of mind in which people at times get information difficult to discover by the usual means. Such knowledge most often is ignored for many reasons. The discussion group will provide examples of uncanny and anomalous experiences, along with the models that currently are being used to describe these experiences. Participants are invited to present their own vignettes of unexplained knowledge.

After attending this session, participants should be able to: 1) Describe factors that contribute to the altered states of awareness of those experiencing extraordinary knowing; 2) Discuss models for describing unexplained knowledge. **CEC: 2**

DISCUSSION GROUP 3: DEEPENING CHILD TREATMENT: TURNING POINTS IN THE ANALYSIS OF AN OBSESSIONAL BOY

Co-chairs &

Discussants: Sydney Anderson, Ph.D. (Bloomington, IN)

Edward I. Kohn, M.D. (Cincinnati, OH)

Presenter: Adele Kaufman, L.C.S.W. (Highland Park, IL)

This discussion group will focus on the seven-year analytic treatment of a boy with obsessional symptoms. The treatment began when the patient was 6 1/2 years old, at a time when his symptoms were constraining his ability to feel, think, and play. The presentation will highlight several turning points that facilitated the continuation and deepening of the analytic work. In addition, there will be a discussion of the work with the parents, whose initial understanding of their son’s difficulties was based on a medical model. The case material will demonstrate a psychoanalytic understanding of obsessional defenses, while the technical approaches will be applicable to a broad range of child analytic situations.

After attending this session, participants should be able to: 1) Describe two approaches for developing a working alliance with parents who initially present with resistances to a psychoanalytic approach; 2) Explain two strategies for making interpretations to children in order to demonstrate to them the link between their symptoms and the underlying psychological factors that contribute to them. **CEC: 2**

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 4: EMBRACING OR FORECLOSING CHANGE: DEEPENING OUR UNDERSTANDING

Chair &

Discussant: Peter Shabad, Ph.D.* (Chicago, IL)

Presenter: John C. Foehl, Ph.D. (Brookline, MA)

Dr. Foehl will lay out the implications of a phenomenological perspective where mind/subject and world are “given in one stroke,” part of the same emergent field, where change takes place through transformations in experience. Trends in contemporary psychoanalytic theory lean toward this radical non-dualistic view, but never quite relinquish a perspective where subject and object, subject and subject are separate. Following a theoretical introduction, he will present a short piece of clinical process that will demonstrate how this approach changes what we do. He will specifically address a perspective on “sameness” as the foreclosure of transformation and how a field attunement can open perceptual “difference” in the service of change.

After attending this session, the participant should be able to: 1) Describe the phenomenological stance of the epoche and the way this stance changes our understanding of knowing and representation; 2) Define and discuss the form of the phenomenal field in relationship to foreclosure of change (sameness) and transformation (difference). **CEC: 2**

DISCUSSION GROUP 5: INFANT MENTAL LIFE AND THE DREAM IN PSYCHOANALYSIS

Chair: Bernard W. Bail, M.D. (Beverly Hills, CA)

Co-chair &

Presenter: Loren A. Weiner, Ph.D.* (Beverly Hills, CA)

Co-chair: Judith V. Parker, Ph.D.* (Beverly Hills, CA)

This discussion group focuses on the prenatal origins of pathology in the adult patient as outlined by Dr. Bail’s Theory of Imprinting, which describes the phenomenon that occurs very early in the life of a fetus and determines the individual’s entire life. Imprinting occurs when the mother unknowingly and unintentionally projects her unconscious negative feelings about herself into her fetus. The fetus is forced to defend itself against this psychological blow by splitting off the harmful material, thereby changing his personality forever.

continued

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

Dr. Bail has discovered that the dream is the key to illuminating the patient's unconscious struggle with the imprint. The more an imprint can be revealed, the more its power can be diminished, allowing the true nature of the person to emerge.

After attending this session, participants should be able to: 1) Describe Dr. Bail's Theory of Imprinting and how it illuminates prenatal origins of psychopathology; 2) Demonstrate an increased knowledge of working clinically with dream material. **CEC: 2**

DISCUSSION GROUP 6: PSYCHOANALYSIS AND PSYCHODYNAMIC PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION

Chair: Ralph Beaumont, M.D. (Portland, OR)

Presenters: Deborah Kass, L.C.S.W. (Portland, OR)

Benjamin Schwartz, Psy.D.* (Chicago, IL)

Discussant: Alan Sugarman, Ph.D. (La Jolla, CA)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, often emphasizing the limitations of the latter. This has resulted in a gap in the understanding of the two therapeutic processes and the ways they are related to one another. This discussion group will take a different stance toward the exploration of this relationship by examining these two clinical approaches side-by-side, with the intention of greater understanding of the two areas of practice and their relations. The format will involve two presenters, one providing detailed psychoanalytic session material, the other psychotherapeutic material. A discussant will take up a consideration of the two therapeutic processes and help facilitate a discussion of them in terms of method, technique, and therapeutic action.

After attending this session, participants should be able to: 1) Explain how the two processes of psychoanalysis and psychodynamic psychotherapy he can be meaningfully distinguished, if they can, along lines of comparison involving technique, method, and therapeutic action; 2) Use clinical examples from the data presented of psychoanalytic and psychotherapeutic processes to illustrate the distinctions that can be made conceptually between the two processes. **CEC: 2**

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 7:

PSYCHOANALYSIS AND PSYCHOTHERAPEUTIC HOSPITALS

Chair: M. Sagman Kayatekin, M.D. (Missouri City, TX)

Co-chair &

Presenter: Michael Groat, Ph.D., M.S. (Houston, TX)

Presenters: Daniel Knauss, Psy.D.* (Glendale, MA)

Gretchen Meisner, M.A., L.P.C.A.* (Mill Spring, NC)

Dr. Kayatekin and Dr. Groat have extensive experience in psychoanalytic individual, group, family, and hospital work. The target audience is clinicians who have wide exposure to different venues of psychoanalytic practice: in the office, in psychotherapeutic hospitals, IOPs, and day treatment programs. These contexts with their regressive/progressive capabilities on the person and the psychopathology provide a unique window to the fascinating interrelatedness of intrapsychic and interpersonal matrices of the human mind. This discussion group will explore the interrelationship between the dyadic analytic work and the work in the multiple-treater settings. There will be two presentations from these settings following which the group will extrapolate in both directions using these contexts to highlight some aspects of the work in the other setting.

After attending this session, participants should be able to: 1) Describe the capacity for the regression of the individual in dyadic therapeutic relations and families and groups as an essential part of psychopathology; 2) Use the individual, dyadic, group regressions from the lens of bi-personal defenses like projective identification in the formulation of therapeutic interventions. **CEC: 2**

DISCUSSION GROUP 8:

RESEARCH IN PSYCHOANALYSIS - CANCELLED

FRIDAY

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

DISCUSSION GROUP 9:

PSYCHOANALYSIS AND LITERATURE: THE SYMBOLOGY OF ERNEST HEMINGWAY'S FICTION MEASURED BY SIGMUND FREUD'S THEORIES OF THE DREAM AND UNCONSCIOUS.

Chair &

Presenter: R. Curtis Bristol, M.D. (Washington, DC)

Discussant: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

Ernest Hemingway (1899-1961) is America's preeminent modern fiction writer. While critics and the popular culture dispute the details of his creative life and works, most agree on his remarkably unique and consistent writing style, what Hemingway himself described as the "iceberg theory of literature." The narrative surface obscures and protects by symbolization the deeper, more complex human meaning of the fiction. We will discuss the similarities and differences of Hemingway's theory of narrative set against Sigmund Freud's (1856-1939) use of literature—Sophocles' Oedipus Rex—and the place of narrative in his theories of unconscious dynamics and dream formation.

After attending this session, participants should be able to: 1) Discuss how Hemingway, the novelist, like the analyst, works to understand and use individual and universal symbols; 2) Describe the differences and similarities of the creation of fiction and creative construction of the dream. **CEC: 2**

DISCUSSION GROUP 10:

APPLYING PSYCHOANALYTIC CONCEPTS TO THE TREATMENT OF EATING DISORDERS AND SEVERE PSYCHOSOMATIC PROBLEMS

Chair: Kathryn J. Zerbe, M.D. (Portland, OR)

Presenter: Elizabeth Hamlin, M.D.* (Brookfield, WI)

The hospital treatment of a woman in her mid-30s who has struggled for over two decades with periods of severe eating restriction, over-exercise, and bingeing and purging illustrates the value and application of classic and contemporary psychoanalytic concepts in a severely ill person. Creative adjustments to the treatment frame, pertinent attachment deficits, gradual confrontation of denial of death and other omnipotent defenses, and attention to faulty skin ego boundaries can be usefully applied to assist patients who are otherwise assumed to be unmanageable and untreatable in many clinical settings.

continued

DAILY SCHEDULE

1:30 P.M. – 3:30 P.M. CONTINUED

After attending this session, participants should be able to: 1) Discuss how psychoanalytic formulation based on classic and contemporary theory guides the care for complicated patients with eating and other psychosomatic problems; 2) Implement adjustments in the treatment frame to confront, and ameliorate the omnipotent defense, skin ego deficits, denial of death, and psychotic levels of separation anxiety in the severely ill patient. **CEC: 2**

DISCUSSION GROUP 11: THE IMPACT OF UNRESOLVED EARLY PSYCHOSEXUAL CONFLICTS ON THE PSYCHOPATHOLOGY OF ADULT PATIENTS

Chair &

Presenter: Mia W. Biran, Ph.D. (Cincinnati, OH)

Discussant: Claire Steinberger, J.D., Ed.D.* (New York, NY)

This discussion group focuses on understanding the impact of early psychosexual conflict on the psychopathology in adult patients suffering from symptoms of depression, anxiety, aggressions, self-defeating behaviors, eating disorders, and others. Since the appearance of Freud's writings on psychopathology, there has been a gradual decline in the space devoted to the above in psychoanalytic literature. This session will start with a review of relevant recent literature. Case material from psychoanalysis with a man and woman will then be presented, followed by group discussion. Participants are invited to bring material from their own cases.

After attending this session, participants should be able to: 1) Predict the potential impact of problems during early psychosexual stages of development on later psychopathology in adulthood; 2) Analyze themes of core psychosexual conflicts in the material presented by patients. **CEC: 2**

FRIDAY

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M.

UNIVERSITY FORUM:

DESIRE AND DECEIT IN HENRY JAMES'S "THE GOLDEN BOWL"

Chair: Hilary J. Beattie, Ph.D. (New York, NY)

Presenters: Susan M. Griffin, Ph.D.* (Louisville, KY)

William Veeder, Ph.D., M.F.A.* (Chicago, IL)

Discussant: Lucy LaFarge, M.D. (New York, NY)

William Veeder, Professor Emeritus of English at the University of Chicago, and Susan M. Griffin, Professor of English at the University of Louisville and Editor of *The Henry James Review*, will present on Henry James's masterpiece, "The Golden Bowl." Lucy LaFarge, Training and Supervising Analyst at the Columbia University Psychoanalytic Center, will be the discussant. The program is targeted towards clinicians interested in literature and the clinical insights it can generate. The novel subtly depicts the mind's workings in a small group of characters as they move through multiple, shifting relationships and power struggles across generations and genders. One major trope is that of active, analytic listening to both words and silences which in turn speaks to the theory and practices of psychoanalysis.

After attending this session, participants should be able to: 1) Describe the collusive ways whereby family "fictions" can be created and perpetuated, e.g., through implicitly sexualized Oedipal bonds, so as to exclude their members from generative relationships with outsiders; 2) Discuss the resulting vulnerability to deception, and resistances to awareness and insight, and how these might be addressed in the clinical setting. **CEC**: 2

CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Chair: Sumru Tufekcioglu, Ph.D. (New York, NY)

Presenter &

Prize Winner: Mead Goedert, Ph.D., L.M.S.W. (West Bloomfield, MI)

Title: "Shamed if you do, shamed if you don't: Clinical encounters with social class"

Discussant: Seth Aronson, Psy.D. (New York, NY)

The Candidates' Council Psychoanalytic Paper Prize is awarded based on a competition in which any candidate member is eligible to participate. The award-winning paper is chosen based on a peer review process with candidate colleagues serving as readers and

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

judges. This year's semi-finalist prize winner, Mead Goedert, a candidate at the Michigan Psychoanalytic Institute, will present his paper "Shamed if you do, shamed if you don't: Clinical encounters with social class" in which he considers the impact of social class in the analytic process. Seth Aronson, Training Director, and Training and Supervising Analyst at The William Alanson White Institute in New York will serve as the discussant and comment on the themes of the paper as well as on the writing process more broadly. Participants will have the opportunity for discussion in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Develop an idea into a psychoanalytic paper in preparation or professional dissemination; 2) Evaluate papers as readers for the Candidates' Council Psychoanalytic Paper Prize and for professional journals.

CEC: 2

CLINICAL CONFERENCE #2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: THE STRUCTURE OF THE TRAINING CLINIC AS DEFENSE

Chair: Lara Sheehi, Psy.D.* (Williamsburg, VA)
Presenter: Kristopher A. Kast, M.D.* (New York, NY)
Discussant: Susan Kattlove, M.D. (Cambridge, MA)

The structure of the training clinic creates a unique frame for psychodynamic psychotherapy. Iterative terminations challenge each new treatment and supervision dyad, and successful navigation of these "forced" endings offers therapeutic and educational benefit. This structure can also become a nidus for patients' defensive processes and transference phenomena, as well as countertransference enactments and parallel processes in supervision. A clinical case will illustrate how iterative terminations, self-titration of frequency, preoccupation with "good boundaries", institutional transference, and content-switching to "biological" symptoms can defend against the intimate space of psychodynamic psychotherapy in the clinic setting.

After attending this session, participants should be able to: 1) Describe the patient's use of the training clinic structure as a defense against intimacy with the trainee therapist; 2) Assess the potential concordant or complementary countertransferential experiences

continued

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3:45 P.M. – 5:45 P.M. CONTINUED

in the trainee-therapist in response to the patient's defensive use of the clinic structure. **CEC: 2**

PROFESSIONAL DEVELOPMENT WORKSHOP: “PSYCHOANALYSIS: UNPLUGGED” HOW TO WRITE FOR THE OFFICIAL APSAA BLOG

Chair &

Presenter: Susan D. Kolod, Ph.D. (New York, NY)

Presenter: Wylie G. Tené, APsAA Director of Public Affairs
(New York, NY)

This is a hands-on workshop in which potential writers for the APsAA blog, *Psychoanalysis Unplugged*, can learn blog-writing. Attendees should come prepared with an article idea so that the presenters can work with them to develop the idea for a blog post. Psychoanalysts need to be more visible, and writing for the public via a blog is one way to build a more active practice, grow a vibrant profession, and contribute to society's understanding of human behavior and psychoanalytic ideas. APsAA's official blog *Psychoanalysis: Unplugged* is a member benefit providing an opportunity to share expertise, advice, and unique perspectives with the general public, while also helping to generate interest in psychoanalysis as a treatment and profession. Presenters will discuss the basics of blog writing and specific goals of the APsAA blog.

After attending this session, participants will be able to 1) Apply blog writing skills, with a specific focus on the APsAA blog, to increase public understanding of psychoanalysis 2) Use this knowledge to gain visibility and build a more active practice. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 1: PSYCHOANALYTIC PSYCHOTHERAPY (PART 1)

Chair: Ann Dart, L.C.S.W.* (Portland, OR)

Presenter: Zoe Crawford, L.C.S.W. * (Portland, OR)

Discussant: Mark Smaller, Ph.D. (Douglas, MI)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

This clinical workshop, sponsored by APsAA's Psychotherapy Department, will focus on psychotherapy process and technique. The workshop will feature a psychodynamic psychotherapist presenting

continued

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3:45 P.M. – 5:45 P.M. CONTINUED

detailed process notes from several sessions and a discussant who will help highlight aspects of the case. After a close reading of the clinical material, the unfolding process will be the main topic of discussion, along with other psychoanalytic principles that come into play in the therapy. Participants will deepen their understanding of how these principles and techniques inform and contribute to the clinical process. An informal and collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe several psychoanalytic principles reflected in the clinical material; 2) Explain several psychoanalytic techniques used to effectively deepen the work. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND TECHNIQUE (PART I)

Chair: Irene Cairo, M.D. (New York, NY)
Presenter: Navah C. Kaplan, Ph.D. (New York, NY)
Discussant: Glen Gabbard, M.D. (Houston, TX)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

This clinical workshop allows for the in depth discussion of a clinical case through the two consecutive days of the meeting. The focus is both on an identification of the analytic process and on an examination of the technical approach by the guest discussant, Dr. Glen Gabbard. In this case, Dr. Gabbard is well known for his being versed in multiple theories and for being capable of working analytically with severely disturbed patients.

After attending this session, participants should be able to: 1) Describe the main features of the discussant's clinical approach; 2) Use some of the discussant's approach in their own clinical thinking.

CEC: 2

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP 3: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)
Presenter: Arthur A. Gray, Ph.D.* (New York, NY)
Discussant: Scott M. Davis, M.D. (Chicago, IL)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

In this clinical workshop, verbatim exchanges drawn from several sessions of an analysis will elucidate listening, understanding, and interpreting guided by empathic perception and motivational systems theory.

After attending this session, participants should be able to: 1) Analyze the sequence of the clinical exchange between the analysand and the analyst with an understanding of the impact of each on the other; 2) Apply the empathic mode of perception as a basis for interpretation and other interventions. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 4: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Richard B. Zimmer, M.D. (New York, NY)
Presenter: Lorrie Chopra, M.S. (Livonia, MI)
Discussant: Judy Kantrowitz, Ph.D. (Brookline, MA)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Every analytic encounter is uniquely determined by the state of mind of both the patient and the analyst. In this workshop, the focus will be on how the analyst can best understand the patient's state of mind and current conflicts and how he or she chooses to intervene. Process material will be presented from an ongoing analysis, and participants will be encouraged both to consider how the process as it is presented might be understood and how they, as individual analysts with personal styles of listening, might arrive at a clinical intervention in a given moment.

After attending this session, participants should be able to 1) Describe how they understand the patient's state of mind and current intrapsychic conflict as they listen to clinical process; 2) Explain how they understand the analyst's decision to intervene as

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

she does, as well as their understanding of how they might intervene in the same clinical situation. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 5: ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Lynne Zeavin, Psy.D. (New York, NY)
Presenter: Marcus J. Houston, M.D., M.P.H. (Oakland, CA)
Discussant: Dominique Scarfone, M.D.* (Montreal, QC)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Process notes from psychoanalytic sessions will be presented to the discussant, Dr. Scarfone. He will address clinical and theoretical issues arising from the presentation. Participants will also have the opportunity to address the material and to engage with our discussant and each other.

After attending this session, participants should be able to: 1) Describe their own clinical/theoretical perspectives as they develop and emerge in relation to perspectives brought by our presenter and discussant; 2) Describe ways to contend with the variety of perspectives voiced by the group. **CEC: 2**

CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP (PART 1)

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)
Presenter: Elahe Sagart, M.D. (Newport Beach, CA)
Discussant: Christine C. Kieffer, Ph.D., ABPP (Chicago, IL)

Note: This is a two-part session. Part 2 will take place on Saturday at 2:00 p.m. Participants are expected to attend both days.

Using detailed case material from the initial and middle phases of analysis of a latency-age boy, the presenter will attempt to demonstrate the critical importance of parental function in providing the truth as mental nutrition for growth and development. The synergistic effects of multiple traumatic life events (including the loss of a sibling through suicide), parental misrepresentation of reality, and their consequences in the child's development will be explored. The presenter will demonstrate the challenges she had to face in developing a trusting relationship by becoming the truth speaking object.

continued

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3:45 P.M. – 5:45 P.M. CONTINUED

After attending this session, participant should be able to: 1) Describe two key functions of truth and its role in advancement of development; 2) Explain the critical role of the analyst in helping the family construct a more functional family structure based on genuine affective links. **CEC: 2**

DISCUSSION GROUP 12: EMERGING PERSPECTIVES ON LESBIAN, GAY, BISEXUAL, TRANS*, AND QUEER: DO WE NEED GENDERED REQUIREMENTS FOR TRAINING?

Chair: Diana E. Moga, M.D., Ph.D. (New York, NY)

Presenter: Cary D. Friedman, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Ever since Freud opined that female penis envy and the male “repudiation of femininity” were the bedrock of psychoanalysis, we have been constrained by the gender binary. By voicing and reinforcing the criterion of gender, psychoanalytic practice becomes part of a disciplinary frame. In this discussion group, the participants will explore the theoretical basis for the gender requirements in psychoanalytic training and how these requirements influence psychoanalytic education, thought, and practice. To address the constraints of the gender binary, efforts are underway to change the current training requirement that candidates treat one man and one woman to one that encourages deeper thought about the meanings and impacts of gender on clinical work. These efforts, and how the process of considering and developing these new guidelines are influencing psychoanalytic thinking and education, will be described.

After attending this session, participants should be able to: 1) Describe how a change in the gender requirement for psychoanalytic training may broaden understanding of contemporary ideas about gender and sexuality; 2) Describe the theoretical underpinnings of the current gender requirement in training and critically assess whether these theories are still current today. **CEC: 2**

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

DISCUSSION GROUP 13:

UNCONSCIOUS REVERBERATIONS BETWEEN MIND AND BODY IN CHILD ANALYSIS: THE ROLE OF THE WORKING ALLIANCE, INTERPRETATION, AND RECONSTRUCTION

Chair &

Discussant: Sydney Anderson, Ph.D. (Bloomington, IN)

Presenter: Thomas F. Barrett, Ph.D. (Chicago, IL)

This presentation will focus on the seven-year analysis of a girl who was underachieving and avoidant at the start of treatment. The analytic material will be used to demonstrate the importance of a solid treatment alliance in order to create the possibility for bringing to the child's attention unconscious aspects of her bodily and emotional experiences. The technical challenges of talking directly with the child about her mind, her emotions, her body, and her burgeoning sexuality will be highlighted, with an emphasis on enlisting the child's curiosity about these matters and on working through her defenses against these awarenesses. An additional focus will be on the importance and value of the termination process.

After attending this session, participants should be able to: 1) Describe two ways in which reconstructive interpretations effect structural change; 2) Explain two technical approaches to facilitating a child's receptiveness to analytic interpretation by increasing awareness of defenses. **CEC: 2**

DISCUSSION GROUP 14:

LOVE, SEX, AND THE AMERICAN PSYCHE: THE CASE OF A YOUNG WOMAN ENTRENCHED BY SADOMASOCHISM

Co-chair &

Presenter: R. Curtis Bristol, M.D. (Washington, DC)

Co-chair &

Discussant: Stefan Pasternack, M.D. (Delray Beach, FL)

Georgia was an extremely attractive, single twenty five year old who began analysis complaining of disruptive anxiety, self-doubts, and failure of relationships. She was a distinguished university fine arts MA, sometime model, and serious artist who worked in commercial design. The initial evaluation suggested she had serious obsessional symptoms: undoing, isolation of affect, perfectionism, and procrastination. An adult pattern of bad decisions, humiliation, and defeat in love was reflected in a sadomasochistic transference. This

continued

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3:45 P.M. – 5:45 P.M. CONTINUED

gave way to a complex but analyzable Oedipal transference based on “(Her) having two fathers and a bitch for a mother.” The six year analysis ended with impressive professional achievements, greatly diminished risk taking, and more appropriate and confidant dating.

After attending this session, participants should be able to: 1) Recognize and manage a sadomasochistic transference; 2) Assess the conflicted and multiply lawyered origin and lived experience of the two father Oedipus complex. **CEC: 2**

DISCUSSION GROUP 15: OUTCOME IN CHILD AND ADOLESCENT PSYCHOANALYSIS

Co-chairs: Robert Galatzer-Levy, M.D. (Chicago, IL)
Paul C. Holinger, M.D. (Chicago, IL)

This discussion group explores outcomes in child/adolescent psychoanalysis using information obtained from interviews conducted with the patient and parents/caregivers at least two years after the termination of the analysis. The process includes exploration of how patients/parents experienced the treatment; what happened externally and internally to the patients/parents after treatment; the gains/problems associated with treatment; and subsequent treatment. The results from these ongoing interviews will be updated.

After attending this session, participants should be able to: 1) Compare usual ideas about child/ adolescent analysis with the new findings emerging from these outcome studies; 2) Utilize these new outcome data in their clinical, supervisory, and teaching work. **CEC: 2**

DISCUSSION GROUP 16: WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)
Co-chairs: Earle Baughman, M.D. (Alexandria, VA)
Jonathan Palmer, M.D. (Newton, MA)
Harvey Schwartz, M.D. (Philadelphia, PA)
Peggy E. Warren, M.D. (Waban, MA)
Presenter: Mark Moore, Ph.D. (Philadelphia, PA)

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process; however, it is through a written process that much of the psychoanalyst's reflection, learning,

continued

DAILY SCHEDULE

3:45 P.M. – 5:45 P.M. CONTINUED

teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report). It is led by analysts who have had significant experience in teaching about clinical writing. (This discussion group is related to Committee Sponsored Workshop 1: On Teaching about Analytic Case Writing, Friday, June 22 from 1:30 p.m. - 3:30 p.m.)

After attending this session, participants should be able to: 1) Organize and write about the analyst's work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account. **CEC: 2**

6:00 P.M. – 7:30 P.M.

PANEL I: PSYCHOANALYST ASSISTANCE CASEBOOK: FACING THE PERILS OF OMNIPOTENCE

Chair &

Presenter: Audrey Kavka, M.D. (Oakland, CA)

Presenters: Robert Galatzer-Levy, M.D. (Chicago, IL)

Stephanie Schechter, Psy.D. (Cambridge, MA)

At times of personal crisis, omnipotent defenses may come to the fore with potentially perilous consequences if ignored and left unchecked. This is the conclusion of the APsaA Committee on Colleague Assistance, which has been studying the situation of colleagues who continue professional practice despite compromised competence due to health and/or life changes. When a psychoanalyst continues to practice in a compromised state that analyst's professional standing and legacy are in peril. It is also a state of peril for the analyst's patients, family, and the local psychoanalytic community. Various points of view and entry points into these situations will be presented.

After attending this session, participants should be able to: 1) Describe situations appropriate for colleague assistance; 2) Apply options for attending to situations in which a colleague's professional capacity may be compromised due to physical and/or emotional health issues. **CEC: 1.5**

DAILY SCHEDULE

7:30 P.M. – 8:30 P.M.

SOCIAL EVENT: ATTENDEE COCKTAIL PARTY SPONSORED BY THE ERNST AND GERTRUDE TICHO CHARITABLE FOUNDATION

All are invited to attend this cocktail reception sponsored by the Ernst and Gertrude Ticho Charitable Foundation following the Psychoanalyst Assistance Casebook Panel. Join us for networking, food, drinks and socializing!

Saturday, June 23, 2018

9:00 A.M. – 12:00 P.M.

CLINICAL PLENARY ADDRESS:

“CREATING A SELFISH BITCH”: BETWEEN NARCISSISM AND OBJECT RELATIONS

Chair: Nancy Kulish, Ph.D. (Birmingham, MI)

Speaker: Sidney H. Phillips, M.D. (New Haven, CT)

Discussants: Donald Moss, M.D. (New York, NY)

Kathryn J. Zerbe, M.D. (Portland, OR)



This clinical presentation of an analysis with narcissistic concerns will demonstrate a shift in clinical technique midway through an ongoing analysis that resulted in the patient's expanded capacity for and consciousness of his own self-regard and a marked reduction in a self-critical trend. The shift in technique was prompted by the development of an intense sadomasochistic

transference and near impasse in response to traditional object relational transference interpretations. When the analyst changed his approach and used a version of mirror transference interpretations, the patient became a more bounded, separate person who was more comfortable in his own skin. This development seemed to be a turning point in the treatment where a movement toward objects seemed possible.

After participating in this discussion participants will be able to: 1) Describe the clinical manifestations of a sadomasochistic transference; 2) Compare and contrast the impact of the use of traditional interpretations, object relational transference interpretations, and mirror transference interpretations. **CEC: 3**

FRIDAY

SATURDAY

DAILY SCHEDULE

12:00 P.M. – 2:00 P.M.

LUNCH BREAK

2:00 P.M. – 4:00 P.M.

**SCIENCE DEPARTMENT SESSION:
PSYCHOANALYTIC TRAINING EXPERIENCE AND
POSTGRADUATE PROFESSIONAL DEVELOPMENT:
FOCUS ON METHODOLOGY**

Moderator: Robert Galatzer-Levy, M.D. (Chicago, IL)

Presenters: Caryle Perlman, M.S. (Chicago, IL)
Jorge Schneider, M.D. (Chicago, IL)
R. Dennis Shelby, Ph.D. (Chesterton, IN)
Molly Witten, Ph.D. (Chicago, IL)

How best to select and educate psychoanalytic candidates has long been a matter of controversy. But little empirical evidence has informed these controversies. In this scientific session, members of a research group at the Chicago Psychoanalytic Institute will report their experiences, as well as data they obtained, using qualitative research methods. They investigated these questions using surveys and candidates' records to study the development of candidates through analytic education and afterward. This session will focus both on the research findings and the issues of method involved in the research. Discussion will emphasize the issue of applying longitudinal studies of students' development to plan educational programs for the variety of candidates encountered in contemporary psychoanalytic education.

After attending this session, participants should be able to: 1) Apply research findings in selecting individuals who are likely to benefit from psychoanalytic education; 2) Describe how qualitative research methods can produce meaningful results. **CEC : 2**

SATURDAY

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

CLINICAL CONFERENCE #3 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: MATTERS OF LIFE AND DEATH IN THE CONSULTING ROOM

Chair: David Buxton, M.D.* (Richmond, VA)
Presenter: Elizabeth Rawson, M.D.* (San Francisco, CA)
Discussant: Stephanie Brody, Psy.D. (Lexington, MA)

The patient's psychic handling of the fact of mortality is present in all psychotherapeutic treatments, although this may at times go unrecognized. The patient's prior orientation toward death influences, and may be transformed by, the experience of receiving a terminal diagnosis. This session will utilize case material from a severely traumatized patient who, after a lifetime of being terrified of living and obsessed with dying, was diagnosed with a terminal illness. The group will consider the meaning of the patient's preoccupation with death in the context of the treatment including the transference/countertransference. The impact of the imposition of an actual "death sentence" will be discussed. Psychoanalytic conceptualizations of the psychic representation of mortality and the meaning of a death obsession will be explored.

After attending this session, participants should be able to: 1) Describe a theory-based conceptualization of the psychic representation of mortality; 2) Discuss how mortality may enter into clinical work both with patients who are facing terminal illness and those who are not. **CEC: 2**

TWO-DAY CLINICAL WORKSHOP 1: PSYCHOANALYTIC PSYCHOTHERAPY (PART 2) **CEC: 2**

Chair: Ann Dart, L.C.S.W.* (Portland, OR)

TWO-DAY CLINICAL WORKSHOP 2: ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CEC: 2**

Chair: Irene Cairo, M.D. (New York, NY)

TWO-DAY CLINICAL WORKSHOP 3: ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CEC: 2**

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP 4:

ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CEC: 2**

Chair: Richard B. Zimmer, M.D. (New York, NY)

TWO-DAY CLINICAL WORKSHOP 5:

ANALYTIC PROCESS AND TECHNIQUE (PART 2) **CEC: 2**

Chair: Lynne Zeavin, Psy.D. (New York, NY)

CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP (PART 2) **CEC: 2**

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

COMMITTEE SPONSORED WORKSHOP 2: COLLEAGUE ASSISTANCE: ASSISTANCE COMMITTEES AND BEYOND

Chair: Audrey Kavka, M.D. (Oakland, CA)

Colleague assistance takes place in our communities in formal and informal ways. Psychoanalyst Assistance Committees face complex challenges including community distrust and painful contact with colleagues in distress. What resources are available for those involved in Colleague Assistance? What about issues of wellness and prevention? The Committee on Colleague Assistance offers this Workshop as an open forum for participants to share questions, concerns, expertise and experience with each other. The workshop program is informal. It begins with introductions and the raising of questions and issues from all attending. In this way, we prioritize what is pertinent to those attending. Vignettes to work through together will be available if there is enough time and interest in the group.

The workshop is open to all.

After attending this session, participants should be able to: 1) Explain and employ psychoanalytic concepts relevant to colleague assistance activities; 2) Apply the experience of other PACs to their own local PAC work. **CEC: 2**

SATURDAY

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

DISCUSSION GROUP 17: ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chairs: Susan Kattlove, M.D. (Cambridge, MA)
Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Apply these concepts to participants' own clinical, supervisory, and collegial relationships. **CEC**: 2

DISCUSSION GROUP 18: TENNESSEE WILLIAMS' "SUMMER AND SMOKE": DEVELOPMENTAL CONFLICTS

Co-chairs: Eva F. Lichtenberg, Ph.D.* (Chicago, IL)
Arnold D. Tobin, M.D. (Chicago, IL)

Freud in 1912 wrote about the sometime failure of the affectionate and sensual currents in love to combine. The two main protagonists in Tennessee Williams' 1948 play, "Summer and Smoke," both motherless with controlling fathers and adolescent in behavior, exemplify this developmental failure. Alma, a rigid minister's daughter is hysterically virginal, her attention focused on her neighbor John, son of a strict widower, who is rebelliously promiscuous and tempestuous. However, they are attracted

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

to each other. The characters' subsequent growth proceeds in opposite directions with Alma becoming overtly sexual and John marrying a respectable woman. The play's sad outcome is shaped by heterosexual developmental factors added to maternal losses with inadequate mourning, punitive paternal interference, and inadequate superego formation.

After attending this session, participants should be able to: 1) Explain how good adolescent development leads to a well define super-ego; 2) Discuss how disruption in adolescence can impair the ability to establish ego ideas necessary for developing integrating love relationship. **CEC: 2**

DISCUSSION GROUP 19: PARENT WORK IN PSYCHOANALYSIS

Co-chairs: Jack Novick, Ph.D. (Ann Arbor, MI)
Kerry Kelly Novick (Ann Arbor, MI)

Presenter: Thomas F. Barrett, Ph.D. (Chicago, IL)

Dr. Thomas Barrett, a distinguished senior child analyst, will present his work with a nine-year old child who was referred as "possibly on the autistic spectrum." Concurrent work with the child and parents revealed a history of early trauma previously unknown to the parents. Details of the subsequent work with the parents and child will be presented.

After attending this session, participants should be able to: 1) Describe ways in which pre-verbal trauma can leave implicit memories which seriously effect further development; 2) Apply techniques of concurrent parent work and child analysis to achieve insight, mourning, integration and mastery over early traumatic experiences. **CEC: 2**

DISCUSSION GROUP 20: PSYCHOANALYTIC EXPLORATIONS: HOW OUR NEGLECT OF AFFECT LIMITS CLINICAL TECHNIQUE

Chair &

Presenter: Merton A. Shill, L.L.M., Ph.D, FIPA (Ann Arbor, MI)

The psychoanalytic theory of affects is burdened by Freud's overarching allegiance to a biological energy theory that attributed affects to drive discharges, tension states, and/or drive derivatives. The later theory conceptualizing affect (anxiety) as a signal did not

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

clarify the relationship between affects and drives. Clinical technique across all schools of psychoanalytic thought has been affected by this situation. Addressing affects directly has largely been overlooked. A new conception of the psychology of affects involving the role of conscious and unconscious ego processes, internalized object representations, and unconscious fantasy will be suggested as an alternative approach. Clinical illustrations will be offered and an interactive discussion will be encouraged. Participants will benefit from bringing clinical examples of their own work with affects.

After attending this session, participants should be able to: 1) Describe the origin and significance of the neglect of affects in clinical technique; 2) Formulate and apply clinical interventions that reflect an understanding of the role of various conscious and unconscious ego processes in affects and thereby facilitate therapeutic action.

CEC: 2

DISCUSSION GROUP 21: PSYCHOTHERAPIST ASSOCIATES PRESENT: FOR WHOM DID YOU VOTE? HOW POLITICS AFFECTS TRANSFERENCE AND COUNTERTRANSFERENCE

Chair: Margo P. Goldman, M.D.* (Andover, MA)
Co-chair: Petra Pilgrim, M.D.* (Houston, TX)
Presenter: Holly Passi, Psy.D.* (Chicago, IL)
Discussant: Prudence Gourguechon, M.D. (Chicago, IL)

This discussion group provides training in psychodynamic principles and techniques of psychoanalytic psychotherapy. Its general focus is identifying and managing countertransference and transference enactments to facilitate treatment. This case presentation and discussion will demonstrate how differing political affiliations can impact the treatment process and progress. This program will also clarify how to manage and use one's subjective reactions to advance the treatment or elucidate potential pitfalls impeding the patient's growth. Attendees will hear about and discuss a patient's individual therapy's content and process, and it is appropriate for all levels of clinical training and skill.

After attending this session, participants should be able to: 1) Describe countertransference and transference enactments in individual psychotherapy; 2) Apply self-reflective strategies to identify and use countertransference to protect the treatment from

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

destructive re-enactments in the context of the therapist's political affiliation and its impact on the therapy. **CEC: 2**

DISCUSSION GROUP 22: UNACKNOWLEDGED SHAME, SPITEFUL RAGE, AND THE VILIFICATION OF LOVE IN DOSTOYEVSKY'S "NOTES FROM UNDERGROUND"

Chair &

Presenter: Melvin R. Lansky, M.D. (Los Angeles, CA)

Discussant: Elena Bezzubova, M.D., Ph.D. (Newport Beach, CA)

Dostoyevsky's shame-filled and spiteful 'Underground Man' proves consummately self-sabotaging when readers see that his seductive outpourings with a prostitute, Lisa, have won her over and she leaves the brothel to be with him. He reacts to this show of love by pressing money in her hand, thus vilifying his newfound love relationship. This relentless spite and vilification leave the reader horrified and helpless, in part, because the Underground Man learns nothing from this episode, but resumes his pontifications as the novella ends.

Note: A familiarity with the novella will be presumed. Attendees are strongly urged to read the Constance Garnett translation (Hackett Publishing Company, 2009) before the session in order to get the most out of the discussion group.

After attending this session, participants should be able to: 1) Describe character traits that are well demonstrated in Dostoyevsky's fictional character, but would not be subsumable in our usual nomenclature; 2) Explain the role of envy in this fictional character who vilifies his love object because he cannot tolerate being loved, and reflect on odious character traits that one finds in oneself as well as countertransference reactions to those characterological traits.

CEC: 2

DISCUSSION GROUP 23: THE CANDIDATE AT WORK: HOW DO WE BEGIN? FEELING LOST GOING IN THE RIGHT DIRECTION

Chair: Sarah L. Lusk, Ph.D. (Cambridge, MA)

Presenter: David German, D.O. (Washington, DC)

Discussant: Alan Sugarman, Ph.D. (La Jolla, CA)

When and how does an analysis begin? How can the initial contacts with our patient inform our work as the formal analysis begins?

continued

DAILY SCHEDULE

2:00 P.M. – 4:00 P.M. CONTINUED

Analysts and patients have expectations even before there is a referral. It can be challenging to be aware of and manage our patient's early transferences and our countertransferences at the beginning of an analysis. How the analysts thinks about analysis, the patient, and the process all contribute to how the analytic process will unfold. In the case presented, a new patient presents with idealized expectations of the analysis and analyst that lead to an uncomfortable countertransference and pressure on the frame that leave the analyst struggling to work with an agreeable and very compliant patient. Through looking closely at clinical process material and discussion we will explore how to understand and use all the many pressures the analyst feels at the beginning of an analysis.

After attending this session, participants should be able to: 1) Describe techniques that foster creating an analytic relationship; 2) Utilize countertransference reactions to inform and deepen the analytic relationship. **CEC: 2**

DISCUSSION GROUP 24: TOWARDS AN UNDERSTANDING OF LONELINESS AND ALONENESS

Chair: Arlene K. Richards, Ed.D. (New York, NY)

Presenter: Brenda Solomon, M.D. (Glencoe, IL)

Dr. Brenda Solomon will present her paper that illuminates the issues for a psychoanalyst when confronted by the death of analytic colleagues and also a patient. Instances of helping the patients of a dying analyst to deal with the loss of their analyst and move on are discussed. How these deaths recalled earlier personal losses and how such feelings were managed are described. Case material from the analyst's patients as Dr. Solomon helped them to deal with their own analyst's terminal condition is provided along with Dr. Solomon's feelings about providing this help. The anticipation of the loneliness that inevitably comes with such loss will be a point for discussion and understanding.

After attending this session, participants should be able to: 1) Describe issues arising from the analyst's confrontation with death and the feelings that are engendered; 2) Explain how one might deal with the anticipation of loneliness and loss that comes with the death of an important other. **CEC: 2**

DAILY SCHEDULE

4:30 P.M. – 6:30 P.M.

PANEL II:

FREE SPEECH, HATE SPEECH AND NEUTRALITY: IN AND OUT OF THE CONSULTING ROOM

Chair: Donald Moss, M.D. (New York, NY)
Presenters: Aisha Abbasi, M.D. (West Bloomfield, MI)
Seth Aronson, Psy.D. (New York, NY)
Mayumi Pierce, M.D.* (San Francisco, CA)
Lara Sheehi, Psy.D.* (Williamsburg, VA)
Susan Vaughan, M.D. (New York, NY)

“Hate speech” exposes the shaky, uncertain ground on which the border between speech and action rests. Clinical psychoanalysis takes place precisely on that ground, where word and deed co-mingle. Can we use our experience there as we contend, as clinicians and as citizens, with the increasing presence of words explicitly intended as deeds? Can we still hold on to our firm commitment to both “free association” and “free speech” when we see the damage wrought by words to people of color, women, immigrants, and the LGBTQ community? If we can, how can we? And if we can’t, what lines must we draw?

After attending this session, participants should be able to: 1) Assess the tensions between the value of “free” speech and the damaging impact of “hate speech”; 2) Critique our own notion that speech and action comprise two separate categories. **CEC: 2**

7:30 P.M. – 9:00 P.M.

SOCIAL EVENT:

GRANT PARK MUSIC FESTIVAL AND BOXED DINNER

Note: Registration for this event is closed.

Join other APsaA attendees at the Jay Pritzker Pavilion in Millennium Park for an outdoor concert. We’ll meet in the lobby of the Palmer House Hilton promptly at **7:00 p.m.** and walk to the Jay Pritzker Pavilion in Millennium Park just a couple minutes away to enjoy the music of renowned pianist Natasha Paremski with the Grant Park Orchestra.

SATURDAY

DAILY SCHEDULE

Sunday, June 24, 2018

9:00 A.M. – 11:00 A.M.

PANEL III:

HEINZ KOHUT'S PSYCHOLOGY OF NARCISSISM: ITS DEVELOPMENT AND ITS CURRENT RELEVANCE

Chair: David M. Terman, M.D. (Wilmette, IL)

Presenters: James W. Anderson, Ph.D.* (Chicago, IL)

Charles B. Strozier, Ph.D. (New York, NY)

Elizabeth Lunbeck, Ph.D.* (Cambridge, MA)

Dr. Strozier is a psychoanalyst, professor at City University of New York, and author of several books including the definitive biography of Heinz Kohut. Dr. Lunbeck is a psychoanalytic research graduate, professor at Harvard University, and author of several books including "The Americanization of Narcissism." Dr. Anderson is a psychoanalyst, professor at Northwestern University, and psychobiographer with more than 50 publications. Presentations by the panelists are targeted towards clinicians who work with narcissistic patients and all who have an interest in narcissism. These areas will be addressed: Kohut's development of his "psychology of the self;" the understanding of narcissism from Freud's era until today, both within psychoanalysis and in American culture; and the distinction between pathological narcissism and healthy narcissism.

After attending this session, participants should be able to: 1) Describe the development of Kohut's theory of narcissism against the background of views of narcissism in psychoanalysis and in American culture; 2) Assess the difference between pathological narcissism and healthy narcissism in patients. **CEC: 2**

DAILY SCHEDULE

9:00 A.M. – 11:00 A.M. CONTINUED

CLINICAL CONFERENCE #4 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: INTERSECTING IDENTITIES: PSYCHODYNAMIC EXPLORATIONS OF ETHNIC AND SEXUAL IDENTITY TENSIONS IN LGBT ASIAN AMERICANS

Chair: Carlos E. Almeida, M.D. (New York, NY)
Presenter: A. Ning Zhou, M.D.* (San Francisco, CA)
Discussant: Cary D. Friedman, M.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This session will explore the intersection of ethnic and sexual identities, particularly relating to LGBT Asian Americans. Studies have suggested that higher adherence to Asian cultural values is correlated with increased internalized homophobia and decreased disclosure of sexual orientation. Asian cultural values of collectivism, adherence to hierarchy, traditional gender roles, “saving face”/fear of bringing shame to the family, and filial piety make it particularly challenging for Asian Americans to express their LGBT identities. This session seeks to explore the challenges of identity development when various aspects of one’s identity are in conflict with one another. Case material of a gay-identified Chinese immigrant man will be presented to illustrate these themes.

After attending this session, participants should be able to: 1) Describe tensions that may arise in LGBT Asian Americans; 2) Define acculturation and discuss its impact on identity formation.

CEC: 2

Confidentiality

Confidentiality is of the utmost importance to APsaA. We would like to remind you about a few key issues concerning confidentiality at the National Meeting:

- In order to protect confidentiality of patients and treatments, material presented in sessions must not be written about or discussed outside of the session.
- Clinical material should not be discussed in halls or elevators, and should not be emailed or posted to the internet.
- If you attend a session in which clinical material is being presented and you think that you recognize the identity of the patient, you should quietly excuse yourself from the remainder of that session.
- Use appropriately disguised information and/or informed consent when talking about a patient. Keep in mind that even when demographic information is changed, specific details can make the patient identifiable to those who know him or her. This should be avoided where possible.

Attendance at APsaA's meetings is contingent upon registrants' agreement to maintain confidentiality. Failure to do so is a breach of ethical principles for APsaA members and cause for legal action for nonmembers.

DIGITAL RECORDING POLICY

Portions of APsaA's 107th Annual Meeting will be electronically recorded. By participating in this meeting, APsaA registrants agree that APsaA may electronically copy or audio tape their attendance at and involvement in any program. No individual or entity may electronically record any portion of APsaA's 107th Annual Meeting without prior written consent.

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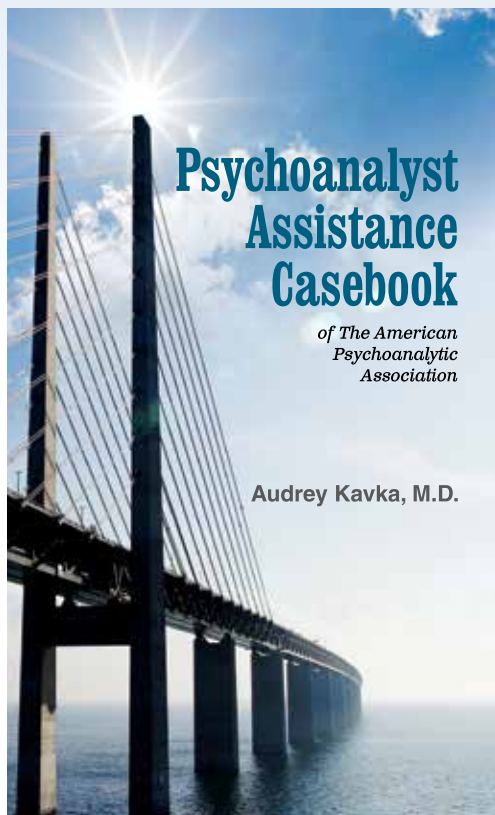
Photographs of APsaA's 107th Annual Meeting will be taken throughout the program. By attending this conference, APsaA registrants agree their photograph may be used in APsaA member communications and promotional materials.

PET POLICY

The Palmer House Hilton is a pet-friendly hotel but please note dogs and other pets (except for service animals) are not allowed in meeting rooms and the exhibit area during the meeting.

The *Psychoanalyst Assistance Casebook*
“is a sorely needed document that will serve as a beacon
of light in a dark corner of organized psychoanalysis.”

— Glen O. Gabbard, MD



Through fictional but realistic vignettes, the *Casebook* pulls readers into diverse situations guided by the working premises and core beliefs introduced. The vignettes are designed to challenge readers to think through how to respond to these difficult situations and how to develop best practices for acknowledging and working with vulnerable colleagues.



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