

Palmer House Hilton | Chicago | June 17-19, 2016



FINAL PROGRAM

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# Frenkel/AIG Psychoanalysts Professional Liability Program

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# WELCOME



Welcome to Chicago! Home of Lyric Opera, Symphony Center, Mies Van Der Rohe, Daniel Burnham, the Sox, Cubs, Bulls, Black Hawks, the Art Institute, University of Chicago, Millennium Park, Frank Gehry Band Shell and Columbus Drive Bridge, Michigan Avenue, State Street, the beginning of Route 66, restaurants of Paul Kahn and Rich Melman, and last but not least, the Chicago Institute for Psychoanalysis, founded in 1932. Chicago is psychoanalysis.

APsaA's 105th Annual Meeting is going to deliver an engaging program! Chicago and these meetings will not disappoint. Consider the following Symposia "(Not) Being Seen/ (Not) Being Heard: How Do We Think About the Disregard of the Other in the Case of Flint, Michigan". In high school, I used to visit good friends in the vibrant city of Flint. What happened in the intervening years? What have we done and not done? What must psychoanalysts learn and how best for us to respond?

Arriving for graduate school at the University of Chicago in 1973, I sat in the Mies Van Der Rohe designed School of Social Service Administration Library and looked out through the 20 foot glass wall facing the Woodlawn community and the South Side. In the University Forum we will address how that deteriorated neighborhood has been transformed.

Providing psychoanalytic treatment in a public alternative high school in Cicero, I first heard from students about feeling "invisible" and of the transmission of trauma. We will address how to end that transmission in Symposia II.

Gil Kliman, my "psychoanalyst in the community" hero, will speak on his community work over the course of his long career. Did you know Gil fought to integrate dorms at the University of Cincinnati during the 1950s? Don't miss this one.

Clinical workshops regarding psychoanalytic treatment, both analysis and psychotherapy, with the smaller sessions that the June meeting provides, have received some of the best reviews from our past participants. Please enjoy those and report back to us.

Between plenaries and Psychoanalysis Here and Now presented in its Ted talk format, participants will hear about clinical work in the most personal and engaging way.

Finally, if you have arrived earlier in the week, come to the Joint Meetings of the Executive Council and the Board on Professional Standards. You may be observing historic change in our organization and, more importantly, in our profession.

My career began in Chicago more than 40 years ago, and my term as your president began and ends in the same location. As such, this meeting is very special to me, and I hope to see you there!

Warm regards,

Mark Smaller, Ph.D. President

# **Welcome Newcomers!**

Feel free to stop an APsaA staff member during the conference if you have any questions. You can easily recognize us by the red ribbon we will be wearing on our name badge.

#### What does it mean when a session is marked "Closed"?

It means that during pre-registration, the maximum enrollment was reached for that particular session. You may only attend if you pre-registered. There is no on-site registration for sessions. If a session is not marked closed, you may attend if there is room.

#### **Digital Recording Policy**

Portions of the APsaA 105th Annual Meeting will be electronically recorded. By participating in this meeting, APsaA registrants agree that APsaA may electronically copy or audio tape their attendance at and involvement in any program. No individual or entity may electronically record any portion of the APsaA 105th Annual Meeting without prior written consent.

### **Photography Policy**

Photographs of the APsaA 105th Annual Meeting will be taken throughout the program. By attending this conference, APsaA registrants agree their photograph may be used in APsaA member communications and promotional materials.

#### **Dine Arounds**

APsaA would like to thank the Dine Around Hosts for volunteering their time, energy and culinary expertise!

Maurine Kelly, Ph.D. | Maxine Gann, Ph.D. | Bonnie E. Litowitz, Ph.D. Nancy Lawrenz, Psy.D.

#### Single-occupancy rest rooms

For your privacy and comfort, there are single-occupancy rest rooms located on the 6th floor in the Spire and Water Tower rooms and one next to the Grant Park Parlor meeting room. There is also one on the lobby level near the front desk.

#### **Pet policy**

Dogs and other pets (except for service animals) are not allowed in meeting rooms and the exhibit area during any APsaA meeting.

# Are you wearing your badge?

Name badges are required to attend all sessions of the scientific program. Your badge is your passport to attend the program sessions and the only way we can tell you have registered for the meeting.

Badges must be worn in plain sight to gain access to APsaA's meeting. Individuals who are not wearing their name badge or correct name badge will be asked to properly register for the meeting.

# Continuing Education Credits

CEC In order to obtain
CE credits, participants must
sign-in to each CE eligible
session they attend and must
fill out an evaluation form
on-line. See your packet insert
for more information about the
online evaluation form. If you do
not see a sign-in sheet at your
session, please notify the chair.

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# **Social Events**

THURSDAY, JUNE 16, 2016 5:00 p.m. – 7:00 p.m. Open House at the Chicago Institute for Psychoanalysis (see page 16)

7:00 p.m. **105th Annual Dine-Arounds** (see page 16)

FRIDAY, JUNE 17, 2016 7:15 p.m. – 8:30 p.m. Ernst and Gertrude Ticho Memorial Lecture Reception (see page 37)

8:00 p.m.

Candidates' Spring Soiree (see page 37)

SATURDAY, JUNE 18, 2016 7:15 p.m. – 8:30 p.m. Psychoanalysis Here and Now Reception (see page 54)



MEETING ROOM LOCATIONS CAN BE FOUND IN THE YELLOW INSERT IN THE MIDDLE OF THIS PROGRAM.

# **EXHIBITS**

APsaA is pleased to have the participation of the following sponsor, exhibitors and book signers at the 105th Annual Meeting. Please be sure to visit them in the Exhibit space located near the 6th floor registration area.





#### **BOOK SIGNERS**

# Below the Line in Beijing RICHARD SELDIN

Friday, June 17, 2016 .......12:00 p.m.-1:30 p.m. Saturday, June 18, 2016 ....12:00 p.m.-1:30 p.m.

**Soul Machine: The Invention of the Modern Mind, GEORGE MAKARI, PH.D.** 

Saturday, June 18, 2016 ..... 5:30 p.m.-6:00 p.m. ......7:15 p.m.-7:45 p.m.

#### **105TH ANNUAL MEETING SPONSOR**

#### TherapyNotes, LLC

630 Fitzwatertown Rd, Suite A4, Willow Grove, PA, 19090 Phone: (215) 658-4550 | therapynotes.com See inside back cover.

# **105TH ANNUAL MEETING EXHIBITORS/ADVERTISERS**

# American Board of Psychoanalysis

See opposite page.

#### Association Book Exhibit

9423 Old Mt. Vernon Road Alexandria, VA 22309 Phone: (703) 619-5030

# Frenkel & Company

See inside front cover.

#### IPBooks.net/ International Psychoanalysis.net

25-79 31st Street Astoria, NY 11102 Phone: (718) 728-7416 ipbooks.net

#### **The Menninger Clinic**

12301 Main Street Houston, TX 77035 Toll Free: (800) 351- 9058 menningerclinic.com

#### Psychoanalytic Electronic Publishing

See page 62.

#### **Routledge Journals**

530 Walnut Street, Suite 850 Philadelphia, PA 19106 Toll Free: (800) 354-1420 tandfonline.com See page 13.

#### **SAGE Publishing**

2455 Teller Road Thousand Oaks, CA 91320 Phone: (805) 499-0721 sagepublishing.com

#### Yellowbrick

1560 Sherman Ave, Suite 400 Evanston, Illinois 60201 Phone: (847) 869-1500 yellowbrickprogram.com Registration and exhibits will be located on the 6th Floor.

MONDAY, JUNE 13	Registration	8:00 a.m5:00 p.m.
TUESDAY, JUNE 14	Registration	8:00 a.m. – 5:00 p.m.
WEDNESDAY, JUNE 15	Registration	8:00 a.m. – 5:00 p.m.
THURSDAY, JUNE 16	Registration	8:00 a.m. – 5:00 p.m.
FRIDAY, JUNE 17	Registration	
SATURDAY, JUNE 18	Registration	-
SUNDAY, JUNE 19	Registration & Exhibits	8:30 a.m. – 9:30 a.m.



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# **Continuing Professional Education Credit**

#### STATEMENT OF OBJECTIVES

The scientific sessions of the American Psychoanalytic Association's meetings are intended to bridge the practice gaps in the professional knowledge of attendees by exploring new and recent developments in research, theory, technique, clinical knowledge and by offering opportunities for the review of essential psychoanalytic knowledge. These sessions are designed for the continuing education of mental health professionals, including psychiatrists, psychologists, social workers, other mental health professionals; professionals-in-training, and master's level students; as well as post-doctoral mental health clinicians, nurses, teachers, professionals and academics in mental health and non-mental health disciplines.

This meeting offers a series of panel discussions, plenaries, symposia, discussion groups, clinical workshops, scientific papers, clinical presentations, and special programs for students including seminars, courses, and forums dedicated to professionals-in-training on topics of importance to psychoanalysis that have been designed to increase professional competence.

# **CONTINUING PROFESSIONAL EDUCATION CREDITS Physicians**

The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 18.75 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Psychologists**



The American Psychoanalytic Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Psychoanalytic Association maintains responsibility for this program and its content.

#### MCEP Credits for California Psychologists

The California Psychological Association Accrediting Agency accepts credits earned from American Psychological Association-approved sponsors (the American Psychoanalytic Association is an APA-approved sponsor). Californialicensed psychologists are, however, required to directly report the courses they have taken with APA sponsors. For information about the MCEP Credit Reporting Form, go to the web site at www.calpsychlink.org then click on the Accrediting Agency button.

#### **National Association of Social Workers (NASW)**

This program is Approved by the National Association of Social Workers (Approval №886504845-8856) for 18.75 Clinical Social Work continuing education contact hours.

#### **American Psychoanalytic Association SW CPE #0186**

has received conditional approval from the New York State Education Department's State Board for Social Work to offer continuing education to licensed social workers, effective **6/23/2015**. The Department may subsequently notify the provider that a particular course or courses is/are not acceptable. This conditional approval is in effect until the Department makes a final determination to approve or deny the provider application.

#### **Exceptions to NASW**

Please be aware that the following state boards do not accept the NASW National CE Approval Program. Social Workers in these states should contact their state board directly about CE eligibility for APsaA programs.

Boards that will accept NASW Approved Providers if they follow Social Work Board CE Rules:

Alabama

Arizona

Nevada

Arkansas

Kansas

(Must be real-time interactive and at least 2 hours)

Boards that do not endorse the NASW CE approval program:

Michigan

New York

West Virginia

Boards that currently do not have Continuing Education requirements:

Colorado

Hawaii

Puerto Rico

The following states do not recognize NASW national approval:

New Jersey

Idaho

Oregon

#### IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:

None of the planners and presenters of this CME program have any relevant financial relationships to disclose unless specifically noted.

# A Glossary to the Scientific Program

These Sessions are Eligible for Continuing Professional Education Credit Unless Otherwise Noted

#### **PANELS**

Friday	9:00 a.m 12:00 p.m.
Sunday	9:00 a.m 11:00 a.m.

These panels will bring together nationally recognized psychoanalysts to present papers on clinical and theoretical topics. Active interchange between panelists and the audience is encouraged.

#### **SYMPOSIA**

Friday and Saturday...... 1:30 p.m. - 3:30 p.m.

This format explores the interface between psychoanalysis, society and related disciplines. Many attempt to demonstrate how psychoanalytic thinking can be applied to non-psychoanalytic settings.

# CLINICAL CONFERENCES FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS

Friday	1:30 p.m 3:30 p.m.
Saturday	1:30 p.m 3:30 p.m.
	3:45 p.m 5:45 p.m.
Sunday	9:00 a.m 11:00 a.m.

Four sessions directed to psychiatric residents, psychology and social work students but open to all registrants. The format is a lecture on a particular topic by the designated faculty member, followed by a case presentation by a participant in the APsaA Fellowship Program.



#### **COFFEE WITH A DISTINGUISHED ANALYST**

Friday.....1:30 p.m. - 3:30 p.m.

A distinguished analyst is invited to meet with participants and candidates to discuss topics that are relevant to psychoanalytic training.

#### TWO-DAY CLINICAL WORKSHOPS

Friday and Saturday ......1:30 p.m. - 3:30 p.m.

Friday and Saturday ...... 3:45 p.m. - 5:45 p.m.

Demonstrates and explores the specific manner in which a distinguished psychoanalyst listens to clinical material and conceptualizes process and technique.

#### **COMMITTEE SPONSORED WORKSHOPS**

Friday and Saturday ......1:30 p.m. - 3:30 p.m.

Sponsored by a standing committee of the American Psychoanalytic Association, these workshops emphasize the exchange of ideas and the demonstration and application of techniques based on the mission statement of the committee.

#### **DISCUSSION GROUPS**

Friday and Saturday ......1:30 p.m. - 3:30 p.m.

Friday and Saturday...... 3:45 p.m. - 5:45 p.m.

Permits a small number of participants to discuss a topic of mutual interest. Discussion Groups meet regularly at bi-annual meetings. This continuity offers the opportunity to build collaborations with colleagues nationally and internationally. New participants are welcome to each group.

#### **UNIVERSITY FORUM**

Friday......3:30 p.m. - 6:00 p.m.

Psychoanalysts engage with academic presenters for a dialogue across disciplines.

#### **PSYCHOANALYSIS AND HEALTH CARE POLICY**

Friday...... 3:45 p.m. - 5:45 p.m.

Focuses on crucial health legislation and how it will directly affect your practice. Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state medical board.

#### A Glossary to the Scientific Program continued from page 11

#### **ERNST AND GERTRUDE TICHO MEMORIAL LECTURE**

Friday......6:00 p.m. - 7:15 p.m.

The Ernst and Gertrude Ticho Memorial Lecture is given by an early to midcareer analyst who is currently making contributions to psychoanalysis and shows promise of making significant future contributions to psychoanalytic science, practice, and thought. The lecture is supported by a generous grant from the Ernst and Gertrude Ticho Charitable Foundation.

#### **CLINICAL PLENARY ADDRESS**

Saturday......9:00 a.m. - 12:00 p.m.

Major addresses by outstanding psychoanalysts or other professionals.

# CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Saturday.....1:30 p.m. - 3:30 p.m.

The Candidates' Council Psychoanalytic Paper Prize is awarded annually to the best paper by a candidate on a topic of psychoanalytic interest. The Writing Workshop will explore how to write a successful paper.

#### **CLINICAL STUDIES IN COMMUNITY PSYCHOANALYSIS**

Saturday...... 3:45 p.m. - 5:45 p.m.

Formatted to engage analysts in the work of intervening in communities.

#### **CANDIDATES' FORUM**

Saturday...... 3:45 p.m. - 5:45 p.m.

Devoted to the demonstration and exploration of innovative techniques in psychoanalytic education.

#### **MEET THE AUTHORS**

Saturday...... 3:45 p.m. - 5:45 p.m.

Authors of recent books of psychoanalytic interest discuss work with colleagues in panel format.

#### PROFESSIONAL DEVELOPMENT WORKSHOP

Saturday...... 3:45 p.m. - 5:45 p.m.

A session designated specifically to help analysts build and expand their base of professional operations.

#### **PSYCHOANALYSIS HERE AND NOW**

Saturday......6:00 p.m. - 7:15 p.m.

A series of short talks focusing on how psychoanalysis is used in the world and outside of the consulting room.



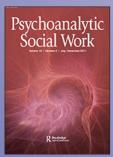
# **Routledge Psychoanalysis Journals**



Contemporary Psychoanalysis www.tandfonline.com/UUCP

Journal of Infant, Child, and Adolescent Psychotherapy www.tandfonline.com/HICP





Studies in Gender and Sexuality www.tandfonline.com/HSGS

Psychoanalytic Social Work www.tandfonline.com/WPSW





Psychoanalytic Dialogues www.tandfonline.com/HPSD

International Journal of Psychoanalytic Self Psychology www.tandfonline.com/HPSP





Psychoanalytic Perspectives www.tandfonline.com/UPPE

Psychoanalytic Inquiry www.tandfonline.com/HPSI



Routledge Psychoanalysis Facebook Page www.facebook.com/RoutledgePsychoanalysis

# Wednesday, June 15, 2016

#### 8:00 A.M. - 5:30 P.M.

**ADMINISTRATIVE MEETING:** 

JOINT MEETING OF EXECUTIVE COUNCIL AND THE BOARD ON PROFESSIONAL STANDARDS (BOPS)/BOARD ON PROFESSIONAL STANDARDS

8:00a.m. - 12:00p.m. - First Joint Meeting of Executive Council and the Board on Professional Standards (BOPS)

Lunch Break

1:00p.m. - 5:30p.m. - BOPS Meeting

Administrative Meeting: Joint Meeting of Executive Council and the Board on Professional Standards (BOPS)

Representatives from the Board on Professional Standards and the Executive Council will meet together.

APsaA's Board on Professional Standards (BOPS) is responsible for establishing and maintaining standards for psychoanalytic education and clinical training in APsaA-approved psychoanalytic training institutes. BOPS consists of two representatives from each approved or provisionally approved training institute and one representative from each approved or provisionally approved new training facility for the teaching of psychoanalysis recognized by the Association. The Board on Professional Standards meeting is open to any member of the Association except when there is a need for BOPS to be in executive session.

# Thursday, June 16, 2016

#### 8:00 A.M. - 6:00 P.M.

ADMINISTRATIVE MEETING: EXECUTIVE COUNCIL/ JOINT MEETING OF EXECUTIVE COUNCIL AND THE BOARD ON PROFESSIONAL STANDARDS (BOPS)

8:00a.m. – 12:30p.m. — Executive Council Morning Session Lunch Break

1:30p.m. - 4:30p.m. — Executive Council Afternoon Session

4:30p.m. – 6:00p.m. — Second Joint Meeting of Executive Council and the Board on Professional Standards (BOPS)

APsaA's Board of Directors, known as the Executive Council, is responsible for the management of the affairs and business of the association. The Executive Council is comprised of the association's officers, eight nationally elected Councilors-at-Large, and councilors representing each affiliate society of the association, as well as each affiliate and affiliated study group. The Executive Council meeting is open to any member of the association except when there is a need for the council to be in executive session.

Administrative Meeting: Joint Meeting of Executive Council and the Board on Professional Standards (BOPS)

Representatives from the Board on Professional Standards and the Executive Council will meet together.

#### 1:00 P.M. - 5:00 P.M.

#### **ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL**

Note: Candidates participating in the Travel Scholarship are required to attend this meeting.

Please join candidate colleagues from around the country to meet the Candidates' Council officers, chairs of Candidates' Council committees, and various guest speakers from APsaA for an orientation to the opportunities for involvement in APsaA. We are now in a unique period of change in the larger APsaA organization. In the second part of the meeting we will have a focused discussion about the changes that have occurred up to this meeting, the plans for implementing changes going forward from this meeting, and use this discussion to gauge the attitudes and feelings of candidates to all of the changes for which we are preparing.

### 5:00 P.M.

#### **SOCIAL EVENT:**

### OPEN HOUSE AT THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS 122 SOUTH MICHIGAN AVENUE

The Chicago Institute for Psychoanalysis welcomes APsaA to the Windy City. Please join members and faculty at



an open house where wine and light refreshments will be served. The Institute is just a couple blocks from the Palmer House Hilton providing a wonderful opportunity to visit the Institute's offices, classrooms and library. Everyone is welcome to attend.

# 7:00P.M.

#### **SOCIAL EVENT:**

#### 105TH ANNUAL MEETING DINE-AROUND

A Dine-Around is a casual dining experience with fellow APsaA attendees who want to enjoy a nice meal and interesting conversation. A host will coordinate the details of the evening, including restaurant selection and reservations. Dine-Around attendees are responsible for the cost of their meal, drinks, and associated tip.

# Friday, June 17, 2016

### 8:00 A.M. – 8:45 A.M.

#### ADMINISTRATIVE MEETING: BUSINESS MEETING OF MEMBERS

Chair: Mark Smaller, Ph.D., President (Chicago, IL)

The Meeting of Members is an opportunity for all APsaA members to learn about current activities of the Association. All registrants are encouraged to attend.

# 9:00 A.M. - 12:00 P.M.

# GENDER AND SEXUALITY PANEL: SO WHAT IS GENDER, ANYWAY? AND WHO'S HAVING SEX WITH WHOM?

Chair: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Presenters: Robert M. Galatzer-Levy, M.D. (Chicago, IL)

Susan McNamara, M.D.\* (Middletown, CT)

Reporter: Diana E. Moga, M.D., Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This panel will explore the evolving psychoanalytic discourse on gender and sexuality as "magnetic north has become unmoored" (Saketopoulou 2014), potentially evoking great anxiety in the analyst/therapist. The participants will view an episode of revolutionary TV series "Transparent," then two panelists will present their views on gender and sexuality. The panel discussion will be followed by small group discussions, where individuals can share their own ideas and thoughts about working with gender and sexuality, and discuss our ability as psychoanalysts to contribute thoughtfully to this contemporary conversation.

After attending this session, participants should be able to: 1) Discuss the specific challenges psychoanalysts face addressing biases about gender and sexuality; 2) Discuss new ideas to improve psychoanalytic discourse with respect to gender and sexuality. CEC: 3

### 1:30 P.M. - 3:30 P.M.

# SYMPOSIUM I: (NOT) BEING SEEN/ (NOT) BEING HEARD: HOW DO WE THINK ABOUT THE DISREGARD OF THE OTHER IN THE CASE OF FLINT, MICHIGAN?

Chair: Maureen A. Katz, M.D. (Berkeley, CA)
Presenters: Raymond G. Poggi, M.D. (Berkeley, CA)

Anjali Waikar, J.D.\* (Chicago, IL)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

In a time of increasing environmental concerns on a large global scale, traditionally disempowered communities still face critical issues of daily disregard and environmental catastrophes. This

### 1:30 P.M. - 3:30 P.M. CONTINUED

symposium is open for all who are interested in learning a psychoanalytic perspective on the water crisis in Flint, Michigan. Examining the nature of what happened with lead poisoning in Flint and how the crisis was created and then ignored to the peril of the primarily Black and working poor community is an opportunity to expand psychoanalytic focus to social and cultural communities that are not often seen or listened to. This session will address questions such as, how should and how can psychoanalysts be informed about and engaged with environmental justice? How can mental health professional understand a society that is blind to these critical issues?

After attending this session, participants should be able to: 1) Discuss the psychological obstacles that lead to failure to see and address public safety in poor and black communities as in Flint, Michigan; 2) Discuss the relevance for psychoanalysts of being informed and engaged in addressing these social issues and issues of environmental justice. CEO: 2

CLINICAL CONFERENCE #1 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: BETWEEN FETISH AND FLUIDITY: CROSSDRESSING AND CONTEMPORARY PSYCHOSEXUAL THEORIES

Chair: David Yuppa, M.D.\* (Boston, MA)

Presenter: Laura Werner Larsen, Ph.D., L.C.S.W.\* (Newton, MA)

Discussant: James M. Fisch, M.D. (Chicago, IL)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

If we understand all gender expressions as compromise formations between desires and identifications, and no longer glorify heterosexuality over other sexualities, what are we to make of sexual 'fetishes' and 'perversions'? In this clinical conference, detailed material from the treatment of a crossdressing man will be presented to illustrate the complexities of desire, longing and melancholia that are present in his attempts to regulate self-esteem and loneliness. Alongside clinical material, contemporary theories of psychosexualities will be utilized to attempt to recognize both the elements of repetition compulsion and narcissistic object choice in

## 1:30 P.M. - 3:30 P.M. CONTINUED

the patient's practice of crossdressing and the ways this practice can be a way to negotiate and increase his sphere of psychic freedom.

After attending this session, participants should be able to: 1) Describe current psychosexual theories around crossdressing beyond the concept of autogynephilia; 2) Assess how crossdressing fits within trans\* studies. (The \* is used metaphorically to capture all the identities that fall outside traditional gender norms.) CEO: 2

# COFFEE WITH A DISTINGUISHED ANALYST: DR. BONNIE E. LITOWITZ

Chair: Phoebe Cirio, M.S.W., L.C.S.W. (Saint Louis, MO)

Presenter: Bonnie E. Litowitz, Ph.D. (Chicago, IL)

This program is an informal gathering, in which a senior analyst discusses their life and work as an analyst. In this program Dr. Bonnie E. Litowitz will discuss her development as an analyst, her thoughts about her analytic work, and her reflections on the changes that have occurred in psychoanalysis and psychoanalytic education in her professional lifetime. A lively discussion is expected, where candidates will discuss current concerns, and there will be time for questions and answers with Dr. Litowitz. This program is sponsored by the Candidate Council and oriented towards candidates, but all are welcome.

After attending this session, participants should be able to: 1) Describe some of the important changes and developments in psychoanalytic education in the past 25 years; 2) Describe some of the psychoanalytic ideas and concepts that Dr. Litowitz has worked on in the span of her psychoanalytic career. CEC: 2

# TWO-DAY CLINICAL WORKSHOP #1: PSYCHOANALYTIC PSYCHOTHERAPY: IMPASSE AND COUNTERTRANSFERENCE: TURNING POINTS IN A TREATMENT (PART 1)

Chair: Ann Dart, L.C.S.W.\* (Portland, OR)
Presenter: Kelly Berkheimer, Psy.D.\* (Chicago, IL)
Discussant: Joseph Cronin, L.C.S.W. (New York, NY)

This is a two-part session. Part 2 will take place on Saturday at 1:30 p.m. Participants are expected to attend both days.

This clinical workshop, sponsored by APsaA's Psychotherapy

Department, will focus on psychotherapy process and technique in the treatment of a young adult. It will feature a Chicago Institute

### 1:30 P.M. - 3:30 P.M. CONTINUED

trained psychodynamic psychotherapist and discussant working with detailed process notes from several sessions. After a close reading of the clinical material, the unfolding process of the development of an impasse, the therapist's countertransference and various turning points in the work will be discussed. Participants will deepen their understanding of how these dynamics informed and contributed to the healing process. An informal, collegial atmosphere will provide ample opportunity for in-depth and interactive group discussion. This program is appropriate for all levels of clinical experience and is open to all.

After attending this session, participants should be able to: 1) Describe several psychoanalytic principles reflected in the clinical material; 2) Describe several psychoanalytic techniques used to resolve the impasse. CEC: 2

#### COMMITTEE SPONSORED WORKSHOP 1: TEACHING ABOUT ANALYTIC CASE WRITING

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)

Co-chairs: Earle Baughman, M.D. (Alexandria, VA)

Melvin Bornstein, M.D. (Birmingham, MI) Jonathan Palmer, M.D. (Newton, MA)

Arthur L. Rosenbaum, M.D. (Cleveland Heights, OH)

Harvey Schwartz, M.D (Philadelphia, PA)

Peggy E. Warren, M.D. (Waban, MA)

Presenters: Elizabeth Feldman, Ph.D. (Northfield, IL)

M. Holly Johnston, Ph.D. (Chicago, IL) Linda L. Marino, Ph.D. (Chicago, IL) D. Clifton Wilkerson, M.D. (Chicago, IL)

This workshop will continue to discuss the teaching of analytic case writing. At this meeting faculty from the Chicago Psychoanalytic Institute will present their institute's extensive writing program. This approach will be briefly compared with the teaching of writing at the APsaA institutes in Boston, Baltimore-Washington, Cleveland, Philadelphia and Michigan. We will discuss the unique nature and functions of clinical writing; how it can be taught; and how the writing process can be impeded or made easier. Attendees are often involved in teaching analytic writing or are themselves writing about their analytic work. (This committee sponsored workshop is related to the Discussion Group 13: Writing About Your Analytic Work in a Case Report, Friday, 3:45p.m.-5:45 p.m.)

## 1:30 P.M. - 3:30 P.M. CONTINUED

After attending this session, participants should be able to: 1) Compare various approaches to the teaching of analytic case and process writing; 2) Describe factors that have facilitated various analysts to write about their analytic work and those that have impeded it. CEC: 2

### COMMITTEE SPONSORED WORKSHOP 2: WOMEN'S COMMITTEE WORKSHOP ON WOMEN IN PSYCHOANALYTIC TRAINING: CHALLENGES, QUESTIONS, AND BOUNDARY ISSUES FOR WOMEN IN/SEEKING PSYCHOANALYTIC TRAINING

Chair: Joanne E. Callan, Ph.D. (Solana Beach, CA)

Open to all who are interested, this ongoing workshop focuses on continuing questions, challenges, and issues relevant to women in, or seeking, psychoanalytic training (analytic and psychotherapy). Characterized by open and energetic discussion, relevant topics will include 1) options and opportunities for women pursing psychoanalytic training; 2) economic issues, such as fee-setting; 3) gender and power issues; 4) and ethics challenges.

After attending this session, participants should be able to: 1) Describe different training paths/options for women in/seeking psychoanalytic training; 2) Explain dynamics underlying challenges to, and boundary issues for, women in/seeking psychoanalytic training. CEC: 2

# DISCUSSION GROUP 1: THE DIFFICULT CHILD TO REACH: A KLEINIAN PERSPECTIVE ON PSYCHOANALYTIC WORK WITH CHILDREN

Chair: Karen Proner, M.S. (New York, NY)

Presenter: Alison J. Bruce, L.C.S.W.\* (New York, NY)

The discussion group will focus on children and adolescents with severe problems that may make them uncertain patients for psychoanalytic work. With the growing pressure on child analysts to work with more disturbed children, this discussion group will look at technical problems and theoretical problems through the presentation and discussion of clinical material. The clinical case will be selected for its difficulties and challenges to our ways of thinking and working as child analysts. Klein and her followers believed that one could adapt the method of psychoanalysis to work

# 1:30 P.M. - 3:30 P.M. CONTINUED

with children's earliest anxieties and their defenses and still stay true to the principles of psychoanalysis.

After attending this session participants should be able to: 1) Describe methods of working psychoanalytically with children and adolescents whose problems are from very early trauma or deficit and whose primitive mental states and their defenses make them very difficult to reach in the conventional analytic approach; 2) Utilize Kleinian theory and technical approach that can bridge the difficulty of children who may not play or symbolize in the conventional way or who challenge the setting and the analyst. CEC: 2

# DISCUSSION GROUP 2: ANALYTIC LISTENING

Chair: Ralph Beaumont, M.D. (Portland, OR)

The focus of this session will be on the centrality of the data-gathering process and consideration of the distinctions between hypotheses — which may derive from psychoanalytic theories — and the evidence for them in listening to the patient. Looking closely at process notes of single session(s), effort will be made to sharpen the view on nuances of communications, verbal and nonverbal (e.g., shifts in affect or state, tone of voice, pauses, posture, etc.), as these may provide entree into experience still unconscious. Attendees will be highlighted on cues that may be otherwise overlooked, as we reflect on assumptions and inferences — whatever the espoused theoretical model — to see how these may or may not hold up or stand in the way of opening yet untried paths.

After attending this session, participants should be able to: 1) Describe the distinction in conceptual terms between hypotheses in the psychoanalytic method; 2) Describe two illustrations of hypotheses reflecting effective psychoanalytic listening in the material presented. CEC: 2

# 1:30 P.M. - 3:30 P.M. CONTINUED

#### **DISCUSSION GROUP 3:**

#### INFANT MENTAL LIFE AND THE DREAM IN PSYCHOANALYSIS

Chair: Bernard W. Bail, M.D. (Beverly Hills, CA)

Co-chair &

Presenter: Loren A. Weiner, Ph.D.\* (Beverly Hills, CA)
Co-chair: Judith Parker, Ph.D.\* (Beverly Hills, CA)

This discussion group will focus on the presentation of clinical process material, including a detailed description of dreams and associations, highlighting the relationship between early mental life and pathology. The discussion group will also show how the dream can be used to guide the analyst in uncovering the essential unconscious situation that must be understood in any given hour to allow the mind to grow and to help "locate" where in unconscious time and space the patient is living and who the patient is unconsciously being. If time permits, Dr. Bail will discuss his new paradigm for psychoanalysis developed out of his extensive work in the dream.

After attending this session, participants should be able to: 1) Describe how dreams can illuminate the infantile origins of pathology and deepen the analytic process; 2) Demonstrate an increased knowledge of working clinically with dream material. CEC: 2

### DISCUSSION GROUP 4: EDWARD ALBEE'S "THE GOAT, OR WHO IS SYLVIA?": SURREALISTIC SYMBOLISM

Co-chairs: Eva F. Lichtenberg, Ph.D.\* (Chicago, IL)
Arnold D. Tobin, M.D. (Chicago, IL)

First produced in 2002, "The Goat, or Who is Sylvia?" questions social morality in relation to sexual taboos. While husband and wife seemingly accept their son's homosexuality, the husband's overwhelming passion for a goat is abhorrent to both his wife and his good friend, the latter betraying the secret to his wife. Bestiality is juxtaposed to homosexuality and becomes the metaphor for other forms of socially condemned sex such as incest or pedophilia.

The explosive drama explores how each character is affected and how each reacts. Discussion will focus on how, as analysts, do we understand perversion? In that regard, the nature and meaning of love, infidelity, friendship and revenge will be perused to stimulate lively conversation.

### 1:30 P.M. - 3:30 P.M. CONTINUED

After attending this session, participants should be able to: 1) Use themes from the play to better identify and help patients with their fear of regression and the emergence of unconscious regressive instincts into consciousness; 2) Compare and contrast how the wish to help patients with perversions and addictions conflicts with society's desire to condemn and punish such individuals. CEC: 2

# DISCUSSION GROUP 5: IMPASSES IN PSYCHOANALYSIS

Co-chairs: Steven H. Goldberg, M.D. (San Francisco, CA)

Judy L. Kantrowitz, Ph.D. (Brookline, MA)

In this discussion group participants will study the factors in both patient and analyst that contribute to the development of impasses and analytic "failures." In particular, using detailed case presentations, participants will examine the subtle ways in which patient and analyst elicit in each other emotional experiences that cannot be adequately processed and understood. This discussion group will attempt to normalize the experience of struggling with such cases. Even though all analysts find themselves dealing with impasses and analytic failures, such experiences often become sources of shame rather than opportunities for learning and personal/professional growth.

After attending this session, participants should be able to:1) Compare impasses and analytic "failure" from more expectable processes of resistance and working through; 2) Describe contributions of both patient and analyst to the impasse, as well as the necessity of self-analytic work and/or consultation in the resolution of the impasse. CEC: 2

#### **DISCUSSION GROUP 6:**

PSYCHOTHERAPIST ASSOCIATES PRESENT: FAMILIAL BINDS: UNPACKING INDIVIDUAL AND SYSTEMIC CONTRIBUTIONS: COUNTER-TRANSFERENCE AND TRANSFERENCE IMPLICATIONS

Chair: Margo P. Goldman, M.D.\* (Andover, MA)
Co-chair: Michael Groat, Ph.D., M.S. (Houston, TX)
Presenter: Lauren D. Walther, L.C.S.W.\* (Houston, TX)
Discussant: M. Sagman Kayatekin, M.D. (Missouri City, TX)

This discussion group provides training in psychodynamic principles and techniques of psychoanalytic psychotherapy. Its general focus is identifying and managing counter-transference

## 1:30 P.M. - 3:30 P.M. CONTINUED

and transference enactments to facilitate treatment. This case presentation and discussion will highlight manifestations of transference and countertransference enactments in the context of concurrent individual and family therapy. The discussion will also clarify how to manage and make use of one's subjective reactions in individual and family work to advance the treatment. Attendees will hear about and discuss a patient's individual therapy's content and process, including intergenerational trauma, and its interface with the patient's ongoing family treatment. This program is appropriate for all levels of clinical training and skill.

After attending this session, participants should be able to:1) Describe counter-transference and transference enactments in concurrent individual and family treatment; 2) Apply self-reflective strategies to identify and use counter-transference to protect the treatment from destructive re-enactments and enrich the understanding of the individual alone and as part of a family or couple.  $\bigcirc$  2

#### **DISCUSSION GROUP 7:**

# A CLASSIC UNVISITED: THE CLINICAL AND TECHNICAL VALUE OF THE IDEAS OF WILFRED BION

Co-chairs: Irene Cairo, M.D. (New York, NY)

Rogelio Sosnik, M.D. (New York, NY)

Presenter: Stephanie Schechter, Psy.D. (Cambridge, MA)

Coordinator: Norman V. Kohn, M.D. (Chicago, IL)

After a brief introduction by the chairs clinical material will be presented that will be discussed by the co-chairs and the group. The specific technical approach based on Bion's ideas will be highlighted and contrasted with other approaches.

After attending this session, participants should be able to: 1) Describe those concepts in Bion's way of approaching the session that have been utilized for the case material; 2) Contrast classical approach to the clinical material with Bion's technical approach. CEC: 2

## 1:30 P.M. - 3:30 P.M. CONTINUED

**DISCUSSION GROUP 8:** 

HISTORY OF PSYCHOANALYSIS: FRANZ ALEXANDER, FOUNDER AND VISIONARY

Chair: Peter L. Rudnytsky, Ph.D., L.C.S.W. (Gainesville, FL)
Presenter: Ilonka Venier Alexander, M.S.W.\* (Port Maitland, NS)

Discussants: Erika Schmidt, L.C.S.W. (Chicago, IL)
David M. Terman, M.D. (Chicago, IL)

Franz Alexander, the first Director of the Chicago Institute for Psychoanalysis, is a legendary figure in psychoanalysis, but one who is more often given lip service than seriously read. Based on her intimate biography, "The Life and Times of Franz Alexander: From Budapest to California," his granddaughter, a Chicago native, will show how Alexander advocated views that were once considered heretical but have since become the norm on issues including short-term analysis, evidence-based research, free-standing institutes, and the much-maligned corrective emotional experience. Ms. Ilonka Alexander will reflect on her close relationship with her grandfather and how his family history shaped his professional life. Two contemporary Directors of the Chicago Institute will discuss the presentation.

After attending this session, participants should be able to: 1) Define the corrective emotional experience and describe its role in psychoanalysis according to Alexander and French; 2) Identify Alexander's major contributions to psychoanalysis and explain his relevance today. CEC: 2

# **DISCUSSION GROUP 9:**

CHALLENGES OF DEEPENING THE TREATMENT IN WORK WITH PREADOLESCENTS, ADOLESCENTS, AND PARENTS

Co-chairs: Sydney Anderson, Ph.D. (Bloomington, IN)

Edward I. Kohn, M.D. (Cincinnati, OH)

Presenter: Adam Libow, M.D. (New York, NY)

This presentation will focus on the four-year analysis and subsequent psychotherapy of a boy who began treatment as a preadolescent. He exhibited significant qualities of paranoia, grandiosity and impaired judgment that led to risks of delinquent behavior and a progressively deteriorating developmental course. Case material and discussion will focus on the engagement of the patient and his family that facilitated a deepening psychoanalytic process with regression as

#### 1:30 P.M. - 3:30 P.M. CONTINUED

well as progressive ego development. Attention will also be paid to the role of close parallel parent work during the adolescent phase and how this can be a sustaining and necessary factor with certain adolescents undergoing psychoanalytic treatment.

After attending this session, participants should be able to: 1) Describe two technical strategies for maintaining an analytic focus in work with preadolescents and adolescents whose judgement and thinking are compromised; 2) Describe two technical strategies for maintaining an analytic focus in work with parents of significantly impaired preadolescents and adolescents. CEC: 2

#### **DISCUSSION GROUP 10:**

BENEFIT FROM PSYCHOANALYSES: EARLY INDICATORS OF PROBLEMS IN PSYCHOANALYSES: FINDINGS FROM STUDYING RECORDED ANALYSES

Chair &

Presenter: Sherwood Waldron, Jr., M.D. (New York, NY)

Evaluating early whether patients will do well in a given psychoanalysis is potentially useful. Extended analyses that don't turn out to be beneficial might be avoided, and the need for a different modality of treatment might be identified. The Analytic Process Scales Research Group has developed a procedure for identifying "Therapeutic Interaction Episodes" from early in recorded treatments, to evaluate patients' capacity to work psychoanalytically with his/her analyst. Examples will be given that prognosticated differing results of extended psychoanalytic treatment, as assessed by evaluating the treatments at their conclusion. This methodology also helps to sharpen awareness of clinicians of the patterns of interaction occurring within the therapeutic hour.

After attending this session, participants should be able to: 1) Analyze therapeutic interaction sequences in their own work and in studying the described or recorded work of others; 2) Assess the likelihood of a given patient benefitting from psychoanalysis. CEO: 2

# 3:30 P.M. - 6:00 P.M.

#### **UNIVERSITY FORUM:**

#### REVITALIZING THE SOUTH SIDE OF CHICAGO

Chair: Robert M. Galatzer-Levy, M.D. (Chicago, IL)

Presenters: Angela Hurlock, Executive Director, Claretian Associates\*

(Chicago, IL)

Laurence Ralph, Ph.D.\* (Cambridge, MA) Janet L. Smith, Ph.D.\* (Chicago, IL)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Three outstanding scholars and activists who have played significant roles in the revitalization of Chicago's South Side will lead a lively discussion of the practical and theoretical questions raised in turning around a deteriorated urban area. The program will offer tools for community activists and interested members of the public to play a role in reclaiming blighted urban communities. Special attention will be focused on the psychological issues involved in working with a highly diverse community and the integration of psychological factors into the work of revitalization. The program is open to the public.

After attending this session, participants should be able to: 1) Design effective psychological assistance to those developing tools to improve housing and living in the re-emerging South Side of Chicago; 2) Design and implement programs addressing the psychological dimension of revitalize deteriorated urban areas. CEC: 2.5

# 3:45 P.M. - 5:45 P.M.

# PSYCHOANALYSIS AND HEALTH CARE POLICY: THE LEGISLATIVE PROCESS

Chair &

Presenter: Peggy Tighe, J.D.\* (Washington, DC)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

The presentation will be in three parts, 1) The presenter will provide substantive policy insight and a vision of how Congress, through its

## 3:45 P.M. - 5:45 P.M. CONTINUED

committee structure, advances policy; 2) She will offer an analysis of key issues of interest to the profession including the politics and policy implications supporting or undermining each issue; 3) and will conclude with an interactive session where participants can weigh in with issues of greatest concern for further APsaA consideration.

After attending this session, participants should be able to:1) Assess how APsaA can become a trusted advisor to Congress on key issues by advocating for or against legislation that directly impacts APsaA members and the patients they serve; 2) Assess which issues APsaA should engage in, for further review by APsaA, the CGRI committee and leadership. CEC: 2

### TWO-DAY CLINICAL WORKSHOP #2: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Irene Cairo, M.D. (New York, NY)
Presenter: Lynne Zeavin, Psy.D. (New York, NY)
Discussant: Dominique Scarfone, M.D.\* (Montreal, QC)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

In this workshop the presenter will describe a patient with an extremely traumatic background, specially regarding verbal communication with the parent . The discussant, an expert, among many other topics, in the work of Jean Laplanche, and author of papers on enactment, the interpretation of action, and the concept of "the actual" in psychoanalysis, will address the specific difficulties the analyst finds in the process with this patient.

After attending this session, participants should be able to: 1) Distinguish between different modes of presentation of unconscious elements during the analytic session; 3) Formulate and make a clinical use of a dual operational conception of the transference. CEC: 2

### 3:45 P.M. - 5:45 P.M. CONTINUED

## TWO-DAY CLINICAL WORKSHOP #3: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair &

Discussant: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

Presenter: Marie Hellinger, M.S.W., L.I.C.S.W.\* (Washington, DC)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

In session one, the presenter will provide a description of the analysand — her presenting problem, background, sociological status, and strengths and failings. The group will then discuss and ask questions. The chair will offer a preliminary formulation. Then a verbatim session will be presented and discussed by all with a focus on process. In session two, two more verbatim sessions will be presented with further discussion of process and technique. The chair will conclude with an integration.

After attending this session, participants should be able to: 1) Apply an empathic listening stance to the analysand's (and their own) narrative; 2) Assess progress in exploration and understanding through the recognition of "what comes next." CEO: 2

# TWO-DAY CLINICAL WORKSHOP #4: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Richard B. Zimmer, M.D. (New York, NY)
Presenter: Benjamin K. Brent, M.D.\* (Cambridge, MA)
Discussant: Nancy Kulish, Ph.D. (Birmingham, MI)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

Detailed clinical process material from the psychoanalytic treatment of an impulsively acting out self-destructive patient will be presented; with the discussant setting the tone and raising questions for theoretical and technical consideration, the group will discuss the emergence of sadomasochistic transference/countertransference dynamics and their relevance in terms of the clinical management and interpretive strategy with the patient. The question of assessing the patient's shifting capacity for participation in an exploratory process will also be considered. The emergence of parallel dynamics in the group process may be addressed if it seems relevant to the progress of the group discussion.

## 3:45 P.M. - 5:45 P.M. CONTINUED

After attending this session, participants should be able to: 1) Explain the emergence of sadomasochistic fantasies, transferences and countertransferences in clinical work with impulsively self-destructive patients; 2) Discuss how to evaluate the relative merits of different interventive approaches such as limit setting and transference interpretation, in clinical situations as they arise with such patients. CEO: 2

### TWO-DAY CLINICAL WORKSHOP #5: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 1)

Chair: Donald B. Moss, M.D. (New York, NY)
Presenter: Sidney H. Phillips, M.D. (New Haven, CT)
Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

Process notes from psychoanalytic sessions will be presented to our discussant, Dr. Margulies. He will address clinical and theoretical issues arising from the presentation. Participants will also have the opportunity to address the material and to engage with our discussant and with each other.

After attending this session, participants should be able to: 1) Describe their own clinical/theoretical perspectives as they develop and emerge in relation to perspectives brought by our presenter and discussant; 2) Describe ways of contending with clinical and theoretical perspectives other than their own. CEC: 2

# TWO DAY CLINICAL WORKSHOP #6: PSYCHOTHERAPY TECHNIQUE AND PROCESS (PART 1)

Chair: Alan Pollack, M.D. (Newton, MA)
Presenter: Gavin Mullen, Psy.D. (Northbrook, IL)
Discussant: Lee I. Ascherman, M.D. (Birmingham, AL)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

The two-day clinical workshop on psychoanalytic psychotherapy offers participants an unusual opportunity to investigate the process of psychoanalytic psychotherapy in depth. At each meeting, a psychotherapist presents extended process material from an actual

#### 3:45 P.M. - 5:45 P.M. CONTINUED

case over two days. Workshop participants, led by a senior clinician, join in examining the moment-by-moment process.

After attending this session, participants should be able to: 1) Explain the interplay of surface and unconscious determinants of psychotherapy process; 2) Apply psychoanalytic understanding to their own clinical work. CEC: 2

#### CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP (PART 1)

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

Presenter: Lorrie J. Chopra, M.S. (Livonia, MI)
Discussant: Molly Romer Witten, Ph.D. (Chicago, IL)

This is a two-part session. Part 2 will take place on Saturday at 3:45 p.m. Participants are expected to attend both days.

This workshop will include process material from an analysis of an 8 year old struggling with unconscious longing from early life that was exacerbated by another significant loss prior to the beginning of treatment. Accomplishments and work with the child and parents will be presented, along with what was not addressed prior to the difficult termination phase. Finally, material from when the child reentered treatment will be shared in an effort to understand children who preemptively leave analysis, only to return.

After attending this session, participants should be able to:1) Explain themes that may arise in play with a child that are indicative of very early loss; 2) Describe specific techniques that can be used to foster a "good-enough" ending to a child analysis when a pre-emptive termination is eminent. CEC: 2

# DISCUSSION GROUP 11: PSYCHOANALYTIC TREATMENT FOR OLDER ADULTS

Chair: Daniel A. Plotkin, M.D., M.P.H., Ph.D. (Los Angeles, CA)

Discussants: Douglas W. Lane, Ph.D., ABPP\* (Tacoma, WA)

Doryann Lebe, M.D. (Los Angeles, CA) Mi Yu, M.D., Ph.D.\* (Nashville, TN)

This discussion group will focus on psychoanalytic/psychodynamic treatment for older adults (over sixty years of age). The discussion group will provide an opportunity to review the history and literature pertaining to psychodynamic treatment for older adults, and to identify factors contributing to the historically low use of

### 3:45 P.M. - 5:45 P.M. CONTINUED

these interventions for this age bracket. The discussion group will explore the possibility that older adults can and do benefit from psychoanalytic/psychodynamic treatment, and may be particularly well suited to such treatment. There will also be an exploration of psychodynamic issues associated with end of life issues for older adults, and discussion of psychodynamically-informed interventions that may improve end of life care.

After attending this session, participants should be able to: 1) Explain the main factors contributing to the historically low use of psychodynamic treatment for older adults; 2) Describe psychodynamically-informed interventions that may improve end of life care. CEC: 2

# DISCUSSION GROUP 12: EMERGING PERSPECTIVES ON GENDER AND SEXUALITY

Co-chairs: Susan McNamara, M.D.\* (Middletown, CT)

Diana E. Moga, M.D., Ph.D. (New York, NY)

Presenter: Justin Shubert, Psy.D. (Los Angeles, CA)
Discussant: Gary Grossman, Ph.D. (San Francisco, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

This discussion group will provide an opportunity to develop an increased understanding of gender and sexuality through the presentation of clinical material and close examination of process. Changing psychoanalytic approaches to lesbian, gay, bisexual, trans\*, and queer patients will be explored. Issues of shame and homophobia/transphobia will also be addressed, both from transferential and a countertransferential perspectives.

(The \* is used metaphorically to capture all the identities that fall outside traditional gender norms.)

After attending this session, participants should be able to: 1) Characterize current understandings of the life courses of lesbian, gay, bisexual, trans\*, and queer people; 2) Describe the impact of queer theory on psychoanalytic theories of gender and sexual variance. CEC: 2

## 3:45 P.M. - 5:45 P.M. CONTINUED

#### **DISCUSSION GROUP 13:**

#### WRITING ABOUT YOUR ANALYTIC WORK IN A CASE REPORT

Chair: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)

Co-chairs: Earle Baughman, M.D. (Alexandria, VA)

Melvin Bornstein, M.D. (Birmingham, MI) Jonathan Palmer, M.D. (Newton, MA)

Arthur L. Rosenbaum, M.D. (Cleveland Heights, OH)

Harvey Schwartz, M.D (Philadelphia, PA) Peggy E. Warren, M.D. (Waban, MA)

Presenter: Bliss I. Rand, M.D. (Belmont, MA)

Analysts are often called upon to describe their work in written form. Clinical psychoanalysis is a spoken process, however it is through a written process that much of the psychoanalyst's reflection, learning, teaching, transmission of clinical data, and research occurs. This discussion group will focus on the translation of clinical work from spoken to written modes (as this is seen in an analytic case report). It is led by analysts who have had significant experience in teaching about clinical writing. (This discussion group is related to the Committee Sponsored Workshop 1: Teaching about Analytic Case Writing, Friday, 1:30 p.m.-3:30 p.m.)

After attending this session, participants should be able to: 1) Organize and write about the analyst's work in a case report; 2) Describe the specific experience of both patient and analyst in the clinical account. CEO: 2

# DISCUSSION GROUP 14: THE INTEGRATION OF PSYCHOANALYSIS AND COUPLE THERAPY

Co-chairs & Graciela E. Abelin-Sas Rose, M.D. (New York, NY)

Presenters: Peter Mezan, Ph.D.\* (New York, NY)

This discussion group will study the application of psychoanalytic principles to the treatment of couples, will define the distinction between the unconscious organization of the individual and of the couple and will observe the potentiating synergy in the combined treatment of individual psychoanalysis and psychoanalytic couple therapy. While one analyst will present the treatment of a couple, another analyst will present the individual treatment of one of the couple's partner. Both analysts will discuss their findings. The group will be able to assess which aspects of the mind are unreachable in individual treatment, which are uncovered in the treatment of the

#### 3:45 P.M. – 5:45 P.M. CONTINUED

couple, and track how and why each partner becomes the depository of the other's highly specific transferences.

After attending this session, the participants should be able to: 1) Assess how distortions and projective identifications, articulated by patients about their partners, are expressed not only through words, but through subtle gestures and tone; 2) Design precise and effective interventions in relation to how fixed constructions of the other affects the emotional field of the partner and then reverberates back into the patient's mind, maintaining an immovable pattern, impeding mutual development. CEC: 2

#### **DISCUSSION GROUP 15: SHAME DYNAMICS**

Chair &

Presenter: Elena Bezzubova, M.D., Ph.D. (Newport Beach, CA)

The discussion group will explore shame at the end-of-life. The 21st century paradigm shift in the attitude toward death and dying that has been institutionalized by the legalization of physician-assisted suicide in five states, puts death with dignity in the forefront. Paradoxically, in the growing volume of research on emotional dynamics of dying, shame – that is the true counterpart of dignity – remains almost an untouched theme. This is not surprising for psychoanalytic understanding of shame as the darkest, the deepest and the most hidden experience. The discussion will utilize the classic analysis of the internal world of a dying person in Leo Tolstoy's "Death of Ivan Ilyich." The focus is on the relationship between shame, pain, and anger.

After attending this session, participants should be able to: 1) Describe basic elements of shame dynamics in the terminally ill as presented in Leo Tolstoy's "Death of Ivan Ilyich"; 2) Apply the principles of psychoanalytic work with shame in the end-of-life in their clinical practice.  $\bigcirc$  2

# DISCUSSION GROUP 16: CANDIDATE TO CANDIDATE: ONE FOOT IN AND ONE FOOT OUT: AMBIVALENCE IN THE TRANSFERENCE AND COUNTERTRANSFERENCE

Chair: Sarah L. Lusk, Ph.D. (Cambridge, MA)
Presenter: Holly Crisp-Han, M.D. (Houston, TX)
Discussant: Virginia C. Barry, M.D. (Chicago, IL)

Through listening to and discussing clinical material, the Candidate to Candidate discussion group will focus on the analytic treatment

#### 3:45 P.M. - 5:45 P.M. CONTINUED

of a patient who struggles with ambivalence in life, love, work, and in the analytic relationship. Attention will also be given to how ambivalence pervades the transference/countertransference matrix and colors both unconscious and conscious processes in the analysand and analyst.

After attending this session, participants should be able to: 1) Compare clinical perspectives on patient's ambivalence in treatment in terms of the development of the self, external relationships, and the unfolding of the analytic relationship; 2) Use techniques to address issues of ambivalence in both analyst and analysand when they arise in the analytic dyad. CEC: 2

#### 6:00 P.M. - 7:15 P.M.

# ERNST AND GERTRUDE TICHO MEMORIAL LECTURE AND PRESENTATION OF AWARDS:

#### JAPA Prize

Signe Holm Pedersen, Ph.D., Stig Poulsen, Ph.D. and Susanne Lunn, M.Sc. for their paper "Eating Disorders and Mentalization: High Reflective Functioning in Patients with Bulimia Nervosa" published in JAPA 63:4

# **Distinguished Service Award** Janis Chester, M.D.

Ernst and Gertrude Ticho Memorial Lecture: "Psychic Space, Structural Space, Cyber Space: Desire and Intimacy in a Digital World" Chair: Harriet L. Wolfe, M.D., President (San Francisco, CA)

Introducer: Fred L. Griffin, M.D. (Dallas, TX)

Speaker: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)



Psychic, structural, and cyberspace interact in a complex manner in our daily lives. During the analytic process, these intertwine and become alive in the analytic space, allowing both the analyst and the analysand to examine, explore, and transform the internal representations of such 'space' to something that's more malleable and understood. This comes to light particularly in the expression of desire and intimacy. Using

the complex dynamics of psychic, structural and cyberspace as a backdrop, the prohibitions against desire and intimacy are explored as they appear in the analysis of a young woman. How these 'internal' and 'external' spaces coalesce to form barriers to an ability to live

# 6:00 P.M. - 7:15 P.M. CONTINUED

freely is examined as is the process by which they come alive and are transformed.

After attending this session, participants should be able to: 1) Describe one aspect of psychic, structural and cyber space that impact psychological processes; 2) Describe one aspect of how psychic, structural and cyberspace intersect and appear during the analytic process. CEC: 1

### 7:15 P.M. - 8:30 P.M.

### **SOCIAL EVENT:**

#### ERNST AND GERTRUDE TICHO MEMORIAL LECTURE RECEPTION

All are invited to attend this lovely cocktail reception sponsored by the Ernst and Gertrude Ticho Charitable Foundation immediately following the lecture.

### 8:00 P.M.

### SOCIAL EVENT: CANDIDATES' SPRING SOIREE

Location: The Cliff Dwellers Club

Cost: \$55 per person Contact: Gina Shropshire Email: ginshrop@gmail.com

The Candidate Spring Soiree is an opportunity for candidates to meet other candidates from across the county, to socialize, and learn about the experiences of psychoanalytic education in other institutes. Please plan to join us for the party on Friday, June 17th which will be organized by the Candidate Association of the Chicago Institute for Psychoanalysis.

# Saturday, June 18, 2016

### 9:00 A.M. - 12:00 P.M.

CLINICAL PLENARY ADDRESS: "BEYOND MILES, MEMORIES, AND USUAL MODES OF FUNCTIONING: HOW WE CHANGE AS WE HELP OUR PATIENTS CHANGE"

Chair: Nancy Kulish, Ph.D. (Birmingham, MI)
Speaker: Aisha Abbasi, M.D. (West Bloomfield, MI)
Discussants: Adrienne Harris, Ph.D.\* (New York, NY)
Dominique Scarfone, M.D.\* (Montreal, QC)



The analyst will present process material from the analysis of a patient, a young man, who began treatment with her in the U.S. and then moved to his country of origin, where the analyst's father had been a prisoner of war for three years, during her younger years. The analysis has continued via telephone with the patient returning to the US to meet in person from time to time. The analyst, an immigrant

herself, has learned unanticipated things about herself, and her relationship with, and memories of, her father, during this treatment. The presentation will focus on the analyst's use of the self, fluctuations in the transference/counter-transference, and technical issues raised in this arrangement.

After attending this session, participants should be able to: 1) Discuss how one can learn about oneself and use of the self in doing psychoanalytic treatment; 2) Describe how to integrate standard techniques with newer technologies, such as SKYPE or telephone analysis, when necessary. CEC: 3

### 1:30 P.M. – 3:30 P.M.

#### SYMPOSIUM II:

RECOGNIZING AND HELPING TO BREAK INTERGENERATIONAL CHAINS OF TRANSMISSION OF TRAUMA: BLACK MEN AND BOYS

Chair: Darlene Bregman Ehrenberg, Ph.D, ABPP (New York, NY)

Presenters: Warren Spielberg, Ph.D.\* (Brooklyn, NY)

Kirkland C. Vaughans, Ph.D.\* (Wyandanch, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency

### 1:30 P.M. - 3:30 P.M. CONTINUED

for license renewal, but the final judgment for such qualification is made by each state's board.

This symposium will focus on the impact of slavery through generations, the degree to which this is often not fully appreciated, and the relevance of this for psychoanalytic thinking. What is required in working with "black boys" and others who may not even themselves understand their own intergenerational issues will be central to the discussion. Presentations will be given by Dr. Spielberg and Dr. Vaughans co-editors of, "The Psychology of Black Boys and Adolescents." Special attention will be paid to working with issues of shame, rage, and conflicts about acknowledging vulnerability and fear, and on how this can allow for a necessary process of mourning and the realization of new kinds of personal hope, possibility, and agency, including the potential for becoming agents of constructive kinds of social, political and economic change.

After attending this session, participants should be able to: 1) Discuss intergenerational elements of shame, rage and fear in themselves and in their clinical work; 2) Describe the impact of slavery through generations and its relevance for psychoanalytic thinking with black men and boys. CEC: 2

### CLINICAL CONFERENCE #2 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: BABY BOY, GIRL OR IT?: WORKING TO PROMOTE HEALTHY MATERNAL PREOCCUPATION IN MOTHERS WITH DISMISSIVE ATTACHMENT STYLES

Chair: Lee Lovejoy, M.D., Ph.D.\* (New York, NY)
Presenter: Carolyn A. Broudy, M.D.\* (Northampton, MA)

Discussant: Sarah Birss, M.D. (Cambridge, MA)

The term "primary maternal preoccupation" was coined by D. Winnicott (1956) to describe an adaptive neurosis that develops perinatally and is essential for healthy infant development. A mother's attachment style enables this preoccupation, which in turn contributes to the development of a secure attachment with her infant, whereas insecure maternal attachment styles interfere with this process. Among maternal insecure attachment styles, the dismissing style has received little attention, in part because these mothers tend to avoid psychotherapy. A case presentation will be used to illustrate common conflicts that arise in new mothers with dismissing styles, as well as the challenges of addressing these

### 1:30 P.M. - 3:30 P.M. CONTINUED

conflicts with patients who are highly ambivalent about treatment. A discussant will consider the case from a psychoanalytic and attachment perspective.

After attending this session, participants should be able to: 1) Describe the psychodynamic conflicts elicited during pregnancy and the postpartum period in new mothers with dismissing attachment styles; 2) Compare and contrast the therapeutic approaches to working with dismissive new mothers from an attachment theory perspective and a psychodynamic perspective. CEC: 2

# CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE AND WRITING WORKSHOP

Chair: Holly Crisp-Han, M.D. (Houston, TX)

Author: Suzanne Klein, Ph.D. (San Francisco, CA)

Title: "Healing Psychic Trauma through the Psychoanalytic

Relationship"

Discussant: Stanley Coen, M.D. (New York, NY)

The winner of the semifinalist prize in this year's Candidate Council Psychoanalytic Paper Prize, Dr. Suzanne Klein from San Francisco, will discuss the highlights of her writing process and present her paper, "Healing Psychic Trauma through the Psychoanalytic Relationship," in which she looks at theoretical and clinical perspectives on the treatment of trauma. Dr. Stanley Coen, as a training and supervising analyst who serves on the editorial board of JAPA, will lead the group in a discussion of the paper. He will also comment more generally on the writing process of an analytic paper in preparation for professional dissemination, lending his own experience as an analytic writer and editor. Participants will have the opportunity for discussion of analytic writing in a collegial and informal atmosphere.

After attending this session, participants should be able to: 1) Develop an idea into a psychoanalytic paper in preparation or professional dissemination; 2) Evaluate papers as readers for the Candidates' Council Psychoanalytic Paper Prize and for professional journals. CEC: 2

### 1:30 P.M. - 3:30 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP #1: PSYCHOANALYTIC PSYCHOTHERAPY: IMPASSE AND COUNTERTRANSFERENCE:

TURNING POINTS IN A TREATMENT (PART 2) CEC: 2

Chair: Ann Dart, LC.S.W.\* (Portland, OR)

### COMMITTEE SPONSORED WORKSHOP 3: COMMITTEE ON GENDER AND SEXUALITY WORKSHOP

Co-chair: Diana E. Moga, M.D., Ph.D. (New York, NY)

Co-chair &

Discussant: Susan McNamara, M.D.\* (Middletown, CT)

Coordinator &

Discussant: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

Despite recognizing that gender identity is a complex compromise formation, tolerating gender non-conformance is difficult. We still tend to favor binary gender identities and clear developmental lines, rather than embracing a stance of subversive curiosity about the variability and fluidity of "sex," gender and development. This will be a working conversation exploring how ideas and practices of gender have varied across time and place, using segments from the TV series "Transparent." Please join us with your ideas, concerns and questions. The discussion will focus on the interface of complex theories of development with psychoanalytic theory, and on the emergence and codification of the dichotomies of modern "sex" and gender.

After attending this session, participants should be able to:1) Analyze how an individual's crisis over gender identity can be intertwined with familial responses, and the impact of family on the development of gender identity; 2) Explain how the creation of gender identity is a uniquely human dilemma, and how this process is embedded in cultural categories.  $\bigcirc$  2

### 1:30 P.M. - 3:30 P.M. CONTINUED

# DISCUSSION GROUP 17: APPLYING HISTORICAL AND SOCIAL FACTORS IN CLINICAL PSYCHOANALYSIS

Co-chairs: Dorothy E. Holmes, Ph.D., ABPP (Bluffton, SC)

Donald B. Moss, M.D. (New York, NY)

Stephen Seligman, D.M.H. (San Francisco, CA)

Presenter: Jorge Schneider, M.D. (Chicago, IL)

Social factors infiltrate and structure the psychological lives of individuals and, in turn, their psychoanalyses. Psychoanalysts have often regarded these as secondary, but they present with deep, embedded histories, narratives, and ongoing expressions in many forms. Our conceptual and clinical methods and processes, including our approach to transference and countertransference, will be enriched when we add social, historical, and cultural events and ideologies to our usual analytic approaches to meaning-making; clinical outcome may well be enhanced. Built around case presentations, this discussion group will consider a variety of compelling social factors: some common and easily recognized, such as race, class, sexual orientation, and religion; others less obvious, such as the impact of multiple diversities in a person's identity, disability, or one's political ideology.

After attending this session, the participant should be able to: 1) Describe the processes by which historical and social factors might inadvertently be inappropriately excluded from clinical encounters; 2) Use social and historical information in clinical formulations and related therapeutic and analytic work. CEC: 2

### DISCUSSION GROUP 18: THE TERMINATION PHASE OF ANALYSIS

Chair: David R. Dietrich, Ph.D. (Birmingham, MI)
Presenter: Rebecca A. Mair, Ph.D. (Grosse Point Park, MI)

Questions this discussion group will consider include: What qualities distinguish termination phase from preceding stages? What developmental tasks need to be accomplished during this period? Are there typical termination fantasies? Resistance to, and within, termination as a process and phase will be considered for redefinition. Detailed clinical material will be the basis for the discussion of these and other questions.

### 1:30 P.M. - 3:30 P.M. CONTINUED

After attending this session, participants should be able to: 1) Explain termination as a distinct phase and process; 2) Describe the unique functions, processes, sub phases, typical fantasies of a mutually arrived at ending determined by internal development. CEC: 2

### **DISCUSSION GROUP 19:**

### ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES

Co-chairs: Susan Kattlove, M.D. (Cambridge, MA)

Stephanie Schechter, Psy.D. (Cambridge, MA)

Note: This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state's medical board.

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Apply these concepts to participants' own clinical, supervisory, and collegial relationships. CEO: 2

### DISCUSSION GROUP 20: CORE PSYCHOSEXUAL CONFLICTS IN FEMALE AND MALE ANALYSANDS

Chair &

Presenter: Mia W. Biran, Ph.D. (Cincinnati, OH)

This discussion group focuses on identifying themes of psychosexual conflicts in adult analysands that underline symptoms of depression, anxiety, aggression, self-defeating behaviors, eating disorders, and others. Since the days of Freud and until today there has been a

### 1:30 P.M. - 3:30 P.M. CONTINUED

gradual decline in the place devoted to this important topic in the literature. This session will start with reviewing some literature, and then case material will be presented and discussed by the group. Participants are invited to bring up cases from their own practice for discussion.

After attending this session, participants should be able to: 1) Predict the potential impact of problems during early psychosexual stages of development on later psychopathology in adulthood; 2) Analyze themes of core psychosexual conflicts in the material presented by patients. CEO: 2

# DISCUSSION GROUP 21: OUTCOME IN CHILD AND ADOLESCENT PSYCHOANALYSIS

Co-chairs &

Presenters: Robert M. Galatzer-Levy, M.D. (Chicago, IL)

Paul C. Holinger, M.D. (Chicago, IL)

This discussion group explores outcomes in child/adolescent psychoanalysis using information obtained from interviews conducted with the patient and parents/caregivers at least two years after the termination of the analysis. How patients/parents experienced the treatment; what happened externally and internally to the patients/parents after treatment; the gains/problems associated with treatment; subsequent treatment will be discussed. The results from ongoing interviews (four sets of parents and two patients: one female analyzed in adolescence and interviewed at about age 30; one male analyzed from about age 4-7 and interviewed at about age 20) will be updated. New material from the analysis of an adolescent male and his parents 5 years after termination will also be introduced.

After attending this session, participants should be able to: 1) Describe the history, literature, and methodology of follow-up studies of child and adolescent psychoanalysis; 2) Assess the efficacy of child/adolescent analysis using various evaluative criteria. CEC: 2

### 1:30 P.M. - 3:30 P.M. CONTINUED

**DISCUSSION GROUP 22:** 

PSYCHOANALYTIC TREATMENT OF EATING DISORDERS AND BODY IMAGE CONCERNS ACROSS THE LIFE CYCLE

Chair: Kathryn J. Zerbe, M.D. (Portland, OR)

Presenter: Valerie Penner, D.S.W., L.I.C.S.W. (Minneapolis, MN)

Problems with body image and eating disorders are ubiquitous over the life cycle and an undercurrent in many psychodynamic treatments. A case of an adult professional in her 30s and in the early phase of her analysis will illustrate the many faces and facades that this set of problems can take in the clinical setting. Emphasis will be placed on defensive strategies such as psychosomatic anxieties, denial of death, primitive superego structures, conflicts with autonomy and connection, and poor boundary setting functions that prevent patients from taking on creative, adult roles. Participants will have the opportunity to discuss the range of countertransference reactions encountered when dealing with psychosomatic and body image problems and to think about how the same conflicts/defense patterns/existential issues play out in the treatment of all patients when a psychodynamic approach is utilized.

After attending this session, participants should be able to: 1) Assess the complexity of defensive strategies used when body image problems and psychosomatic anxieties emerge in psychodynamic treatment; 2) Describe and explain the role of denial of death, primitive superego functioning, the role of 'secrets, that are hidden in plain view,' and somatic anxieties that inhibit the patient from assuming their adult role and creative function. CEC: 2

#### **DISCUSSION GROUP 23:**

INTERSUBJECTIVITY AND TRANSFORMATIVE MOMENTS IN PSYCHOANALYSIS AND CREATIVE WORKS: "THE MISFITS": ARTHUR MILLER, AUTHOR AND MARILYN MONROE, ACTRESS

Chair &

Presenter: R. Curtis Bristol, M.D. (Washington, DC)

When asked, Arthur Miller said that if he knew where his creativity came from, he "would go there more often." One acknowledged source was Marilyn Monroe for whom he wrote the film script "The Misfits," "a hope for a good life now vanished." Miller wrote in his memoir "Timebends" that Marilyn Monroe "danced on the edge of oblivion" while he "cancelled out his own hostilities." His genius derives from his perceptions of the tragedies around him

### 1:30 P.M. - 3:30 P.M. CONTINUED

transcribed into drama about those events in universal terms of lasting artistic quality.

After attending this session, participants should be able to; 1) Explain Arthur Miller's script of reality as a creative anamnesis; 2) Apply principles of the theater to the life histories of analysand's following the example of Sigmund Freud's self-analysis and "Oedipus Rex." CEC: 2

### DISCUSSION GROUP 24: OPERA AND PSYCHOANALYSIS: FEMALE SEXUALITY IN ALBAN BERG'S "LULU"

Co-chairs &

Presenters: Ralph Beaumont, M.D. (Portland, OR) N. Lynn Buell, M.S.S.W. (Seattle, WI)

Alban Berg's second and final opera, "Lulu," contains a complex character portrait emphasizing female sexuality and associated internal and external conflicts, and their tragic outcomes. The libretto is derived from plays by Frank Wedekind, a prominent early twentieth century explorer of psychosexuality. Lulu has been called a female Don Giovanni, and the woman "who becomes the destroyer of all because everyone destroyed her" (Karl Kraus). The discussion will focus on psychobiographical issues involving both Berg and Wedekind in the opera. In addition female sexuality and its conflicts as expressed in the libretto and music will be explored with attention to clinical psychoanalytic understandings and applications.

After attending this session, participants should be able to: 1) Describe at least three intrapsychically conflicted vicissitudes of female sexuality illustrated in the opera's main character; 2) Explain three examples of how male characters in the opera contribute to the intrapsychic conflicts of the main character. CEC: 2

# DISCUSSION GROUP 25: IPSO INTERNATIONAL PERSPECTIVES IN PSYCHOANALYSIS

Chair: Kathryn McCormick, M.A., L.M.F.T. (Seattle, WA)
Presenter: Holger Himmighoffen, M.D.\* (Zurich, Switzerland)

Discussant: Susan Radant, Ph.D. (Seattle, WA)

This discussion group provides the opportunity to discuss the different ways of psychoanalytical practice and thinking which depend on the regional and individual psychoanalytical culture and

### 1:30 P.M. - 3:30 P.M. CONTINUED

traditions one is surrounded by during psychoanalytical training. A candidate from Europe will present clinical material to discuss with colleagues from other regions, a candidate from North America and another one from Latin America. The discussion might address the challenges of being analysts in training in these times, with the difficulties in accepting and tolerating pain, frustration and intimacy. After the clinical presentation and a brief discussion, the dialogue will be opened to all participants of the group. This learning opportunity will provide the possibility to actively engage in a knowledge transfer with psychoanalysts in training from other regions of the world.

After attending this session, participants should be able to: 1) Discuss the differences and similarities of psychoanalytical cultures and perspectives and their impact on clinical practice and thinking; 2) Compare the different ways of being an "analyst in training" depending on one's regional psychoanalytical culture and tradition. CEC: 2

### DISCUSSION GROUP 26: THE INFLUENCE OF THE CONTEMPORARY BRITISH KLEINIANS ON CLINICAL PSYCHOANALYSIS

Chair: Abbot A. Bronstein, Ph.D. (San Francisco, CA)

Presenter: Sara K. Gardiner, M.D. (Portland, OR)

The discussion group focuses on the analytic process from a British Contemporary Kleinian point of view. Hours from a psychoanalysis will be presented and discussed looking at analytic listening, transference, enactment, projective identification, interpretation, and unconscious phantasy. An attempt will be made to differentiate the analysts' way of working, the implicit and explicit theory of clinical work, from other ways of working clinically.

After attending this session, participants should be able to: 1) Explain the ideas of projective identification and enactment and the differences and similarities in usage between Kleinian and other psychoanalytic schools; 2) Describe how the here and now is understood within the unconscious phantasy of the patient's internal world. CEC: 2

### 1:30 P.M. – 3:30 P.M. CONTINUED

**DISCUSSION GROUP 27:** 

RESEARCH ON THE RELATION OF PSYCHOANALYSIS AND NEUROSCIENCE: A NEW WAY OF THINKING ABOUT MIND AND BRAIN

Co-chairs: Charles P. Fisher, M.D. (San Francisco, CA)

Richard Kessler, D.O. (Long Island City, NY)

Presenter: Linda A. W. Brakel, M.D. (Ann Arbor, MI)

This discussion group will consider a strong philosophic model for the relationship between mind and brain. This novel model, Diachronic Conjunctive Token Physicalism (DiCoToP), allows a causal role for mental phenomena, while overcoming some objections to interdisciplinary work raised by critics of Neuropsychoanalysis. The presenter has worked extensively in both philosophy and cognitive science. As a means of grounding and clarifying the ideas involved in DiCoToP, this group will explore recent relevant experiments in the domain of psychodynamic neuroscience. Participants will be asked to 1) read a chapter about the theory, come with questions, comments, and 2) also provide relevant experiments and/or cases that illustrate (or conflict) with the DiCoToP model. There will be ample time for discussion.

After attending discussion group, participants will be able to:
1) Summarize a new model for the relationship between mind and brain; 2) Evaluate the philosophical propositions implied in experimental paradigms seeking to relate psychoanalysis and neuroscience. CEC: 2

### 3:45 P.M. - 5:45 P.M.

CLINICAL CONFERENCE # 3 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: CONFORMITY AND CONFLICT: CLASS, CULTURE AND POLITICS IN THE COUNSELING ROOM

Chair: Katie Lewis, Ph.D.\* (Saratoga Springs, NY)
Presenter: Asli Baykal, Ph.D., L.C.S.W.\* (Cambridge, MA)
Discussant: Mary Margaret McClure, D.M.H. (Mill Valley, CA)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state's board.

### 3:45 P.M. - 5:45 P.M. CONTINUED

This clinical conference explores the interrelationship between social class, culture and the unconscious. The patient is an upand-coming designer, who grew up extremely poor on an affluent island as the sixth of seven children of an evangelical family. Oscillating between feeling on the edge of survival and emulating what she sees as upper class women's taste and behavior, the patient manages to remain impoverished despite considerable earnings and professional recognition. In addition to feelings of shame, guilt, envy and resentment surrounding social class issues, this particular therapeutic dyad struggles with the question of "other" in interesting ways: who the "other" is tends to shift from moment to moment as the patient and the therapist navigate their class, ethnic, and immigrant identities.

After attending this session, participants should be able to: 1) Describe complex convergences between psychic and social reality in the clinical setting; 2) Analyze countertransference pressures that interfere with the deepening process. CEC: 2



# CLINICAL STUDIES IN COMMUNITY PSYCHOANALYSIS: CHILD ANALYTIC ENGAGEMENTS IN COMMUNITY CRISES: A CAREER SINCE 1963

Chair: Christine C. Kieffer, Ph.D., ABPP (Chicago, IL)
Presenter: Gilbert W. Kliman, M.D. (San Francisco, CA)

This year's presentation will focus on the psychoanalytic public health career of Dr. Gilbert W. Kliman, an experienced responder to childhood and family traumas, author of many articles and books on psychological emergencies of childhood, and the winner of the 2016 APsaA Schools Committee Anna Freud Educational Achievement Award for interdisciplinary combination of child analysis and early childhood education. The discussion will highlight Dr. Kliman's major contributions to psychoanalysis, including his studies on childhood reaction to death and his work forming community based non-profit organizations. The discussion will also examine his creation of Reflective Network Therapy, a seminal method for multiplying the effectiveness of child analytic time. This session is intended for psychoanalysts, therapists, educators and community focused practitioners.

After attending this session, participants should be able to:1) Explain the significance of a guiding acronym: giving a child H.A.N.D.S.

### 3:45 P.M. - 5:45 P.M. CONTINUED

(Honesty, Activity, Nurture, Developmental Appropriateness, Skills); 2) Describe the principles of practice using community and small networks in healing and making children resilient, with emphasis on reflective therapeutic procedures within social networks.

### **CANDIDATES' FORUM:**

### A PSYCHOANALYTIC VIEW OF ADULTS WITH ADHD

Chair: Sarah L. Lusk, Ph.D. (Cambridge, MA)

Presenters: Stephen B. Bernstein, M.D. (Chestnut Hill, MA)

Alan Sugarman, Ph.D. (La Jolla, CA) Kristin Whiteside, Ph.D. (Encinitas, CA)

Many analysts now work with adults patients diagnosed with Attention Deficit Hyperactivity Disorder (ADHD), yet little has been written about how to understand and work with these patients analytically. This panel will focus on the cognitive, developmental and analytic aspects of this disorder, with special attention given to the challenges of differentiating the clinical manifestations of cognitive and developmental difficulties from intrapsychic conflicts. The panel will use clinical material to explore these issues and how to modify analytic techniques to best help these patients.

After attending this session, participants should be able to: 1) Describe the unique challenges in working psychoanalytically with Adults with ADHD; 2) Apply an increased understanding of the how the developmental issues of Adults with ADHD impact transference and countertransference. CEC: 2

### MEET THE AUTHORS: DR. AISHA ABBASI AND DR. GIL KATZ

Chair: Henry J. Friedman, M.D. (Cambridge, MA)

Authors &

Presenters: Aisha Abbasi, M.D. (West Bloomfield, MI)

Gil Katz, Ph.D.\* (New York, NY)

Books: "The Rupture of Serenity: External Intrusions and

Psychoanalytic Technique"

"The Play Within the Play: The Enacted Dimension of

Psychoanalytic Process"

This session will focus on the dilemma posed by the psychoanalyst's mental and emotional state while conducting psychoanalytic treatments. Aisha Abbasi's "The Rupture of Serenity: External Intrusions and Psychoanalytic Technique" is an original examination

### 3:45 P.M. - 5:45 P.M. CONTINUED

of how events in the analyst life enter into the psychoanalytic dyad whether or not the analyst attempts to maintain anonymity. The second book by Gil Katz "The Play Within the Play: The Enacted Dimension of Psychoanalytic Process" attempts to demonstrate the degree to which both analyst and the patient maybe largely unaware of what is happening unconsciously between the analytic dyad. Discussion will follow to further elucidate the complex nature of the psychoanalyst's participation in the work of psychoanalysis.

After attending this session, participants should be able to: 1) Assess the inevitable impact of the events in the analysts life that effect his or her participation in the analytic relationship; 2) Explain how unconsciously the dyadic analytic relationship may remain concealed from both participants until an enactment has been recognized and brought into the interpretive aspect of the analysis.

CEC: 2

# PROFESSIONAL DEVELOPMENT WORKSHOP: RESPONDING TO BREAKING NEWS: WHAT DO JOURNALISTS WANT?

Chair &

Presenter: Sue Kolod, Ph.D. (New York, NY)

Presenters: Barbara Brotman, Freelance Journalist\* (Chicago, IL)

Wylie G. Tené. APsaA Director of Public Affairs\*

(New York, NY)

Hot news topics such as the Flint Michigan water crisis, police brutality, gun violence, terrorism, climate change and the presidential election can provide psychoanalysts with an opportunity to communicate a unique perspectives on human behavior and motivation. Journalists, community leaders, and the public often look to mental health professionals for their expertise and insights. This workshop will help participants effectively convey psychoanalytic perspectives to the public conversation whether by working with news media, writing letters-to-the-editor/op-eds or blogs, using social media, or public speaking opportunities. A freelance journalist formally with the Chicago Tribune will provide an inside viewpoint of what journalists are looking for from mental health experts.

After attending this session, participants will 1) Apply these skills to working with the media and for writing letters, op-eds, blogs and/or social media posts; 2) Use these skills to promote psychoanalytic ideas as relevant and compelling. CEC: 2

### 3:45 P.M. - 5:45 P.M. CONTINUED

TWO-DAY CLINICAL WORKSHOP #2: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2

Chair: Irene Cairo, M.D. (New York, NY)

TWO-DAY CLINICAL WORKSHOP #3: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2

Chair: Joseph D. Lichtenberg, M.D. (Bethesda, MD)

TWO-DAY CLINICAL WORKSHOP #4: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2

Chair: Richard B. Zimmer, M.D. (New York, NY)

TWO-DAY CLINICAL WORKSHOP #5: WORKSHOP SERIES IN ANALYTIC PROCESS AND TECHNIQUE (PART 2) CEC: 2

Chair: Donald B. Moss, M.D. (New York, NY)

TWO DAY CLINICAL WORKSHOP #6: PSYCHOTHERAPY TECHNIQUE AND PROCESS (PART 2) CEO: 2

Chair: Alan Pollack, M.D. (Newton, MA)

CHILD AND ADOLESCENT TWO-DAY CLINICAL WORKSHOP (PART 2) CEC: 2

Chair: Monisha Nayar-Akhtar, Ph.D. (Wynnewood, PA)

DISCUSSION GROUP 28:
PSYCHOANALYSIS AND PSYCHODYNAMIC
PSYCHOTHERAPY: A COMPARATIVE CONSIDERATION
OF METHOD, TECHNIQUE, AND THERAPEUTIC ACTION

Chair: Ralph Beaumont, M.D. (Portland, OR)
Presenters: Sara K. Gardiner, M.D. (Portland, OR)

Laurie Watson Raymond, M.D. (Dedham, MA)

Discussant: Stephen Seligman, D.M.H. (San Francisco, CA)

Contrasting psychoanalysis and psychodynamic psychotherapy has been a long established tradition, often emphasizing the limitations of the latter. This discussion group will take a different stance toward the exploration of this relationship. The emphasis will not be psychoanalysis versus psychodynamic therapy, but psychoanalysis and psychodynamic psychotherapy. Contrast will not be emphasized,

### 3:45 P.M. - 5:45 P.M. CONTINUED

but side by side comparison, with the intention of greater understanding of the two areas of practice and their relations. The focus of the group will be to examine these two clinical approaches together to shed further light on aspects of each of them. The format will involve two presenters, one providing psychoanalytic material, the other psychotherapeutic material. A discussant will help pursue a consideration of the two processes in terms of method, technique, and therapeutic action.

After attending this session, the participant should be able to:
1) Describe how clinical concepts of method, technique' and therapeutic action can be used to illuminate clinical material from a psychoanalysis and a psychodynamic psychotherapy; 2) Compare these clinical areas of practice using concepts of method, technique, and therapeutic action. CEC: 2

### DISCUSSION GROUP 29: LOVE, SEX AND THE AMERICAN PSYCHE — CANCELLED

### 6:00 P.M. – 7:15 P.M.



#### **PSYCHOANALYSIS HERE AND NOW**

Chair: Hans Agrawal, M.D. (Cambridge, MA)
Presenters: George J. Makari, M.D. (New York, NY)

Kerry Kelly Novick (Ann Arbor, MI) Jeffrey Stern, Ph.D. (Chicago, IL) Frank L. Summers, Ph.D. (Chicago, IL)

This is the third year for Psychoanalysis Here and Now, APsaA's variation on the popular "TED" format. Four psychoanalysts will speak passionately about psychoanalysis aimed to foster learning, inspiration and to provoke conversations. The third Psychoanalysis Here and Now will feature George J. Makari, M.D., Kerry Kelly Novick, Jeffrey Stern, Ph.D. and Frank L. Summers, Ph.D. Dr. Hans Agrawal will moderate. The talks will be followed by a reception in which audience members can mingle with speakers.

After attending this session participants should be able to: 1) Assess psychoanalytic ideas in a new and fresh forum; 2) Describe the wide application of psychoanalytic thinking in the world in and outside of the consulting room. CEO: 1.25

### 7:15 P.M. - 8:30 P.M.

### **SOCIAL EVENT:**

### **PSYCHOANALYSIS HERE AND NOW RECEPTION**

Come and network with colleagues from across the country at the social highlight of the 105th Annual Meeting. All meeting registrants and spouses are welcome.

# Sunday, June 19, 2016

## 9:00 A.M. - 11:00 A.M.

# PANEL: PSYCHOANALYSIS INFORMS CREATION OF COURAGE TO KNOW VIOLENCE AGAINST WOMEN

This session is sponsored jointly by the American Psychoanalytic Association and the North American Psychoanalytic Confederation (NAPsaC).

Chair &

Panelist: Nancy R. Goodman, Ph.D.\* (Bethesda, MD)
Introducer: Maureen Murphy, Ph.D. (San Francisco, CA)
Panelists: Margarita Cereijido, Ph.D. (Washington, DC)
Vivian Blotnick Pender, M.D. (New York, NY)

Vivian Blotnick Pender, M.D. (New York, NY) Arlene K. Richards, Ed.D. (New York, NY)

It is almost impossible to listen to stories of traumatic violence against women taking place in our contemporary world. We explore psychoanalytic concepts that help open space for the courage to represent and symbolize, the existence of rape, trafficking, femicide and hate crimes against women.

The film, "Nina Quebrada" will be shown for its power to bring the trauma of sex trafficking into the room. We also find ways to understand how courage develops. The panelists participated in an interdisciplinary conference in Washington DC on "The Courage to Fight Violence Against Women" and will report on their discoveries.

After attending this session, participants should be able to: 1) Describe three ways to use psychoanalytic concepts to create resilience from extreme trauma of heinous acts against women; 2) Define transference techniques for developing the presence of an internal witness to counter identification with the aggressor when there is violence against women.  $\bigcirc$  2

### 9:00 A.M. – 11:00 A.M. CONTINUED

CLINICAL CONFERENCE #4 FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS, PRESENTED BY APSAA FELLOWS: INTERDISCIPLINARY PERSPECTIVES: TOWARD A PSYCHOSOCIAL THEORY OF CLASSED RECOGNITION FAILURE: EXPLORING THE SOCIO-CULTURAL FACTORS THAT MAKE "ORDINARY DEVOTION" ANYTHING BUT ORDINARY

Chair: Amy Vyas, M.D.\* (Houston, TX)

Presenter: Christine Maksimowicz, Ph.D.\* (Plainfield, MA)

Discussant: Adrienne Harris, Ph.D.\* (New York, NY)

While the newly-formed discussion group, Applying Historical and Social Factors in Clinical Psychoanalysis, has clearly articulated the need for sustained, immersive analysis of how internalized oppressive social forces impact psychic processes, and relatedly, may be reproduced in the psychoanalytic relationship, the means by which this may be achieved remains undetermined. This paper suggests that fiction engaged dialogically with sociological research may function as a critical resource through which to explore the interplay between the psychic and the social. Focusing on maternal recognition failure depicted in Toni Morrison's fiction, the paper examines how legacies of unequal, constricting economic realities and internalized shame shape a classed logic of caregiving that transmits a priority of "doing" over "being," inhibiting the development of an idiomatic and relational subjectivity. The presentation includes some discussion of Toni Morrison's novel, Sula. While advance reading is not necessary, familiarity with this short work of fiction will likely deepen attendees' engagement with the ideas explored.

After attending this session, participants should be able to: 1) Describe how Bourdieu's concept of habitus may offer a useful means of theorizing how entwined social, economic, and cultural forces associated with one's material conditions of existence, their conditionings, and one's position within the social hierarchy account for distinct and classifiable ways of seeing and being; 2) Discuss the findings of three recent qualitative sociological studies exploring working-class subjectivity and parenting practices as well as their implications for understanding parent/child relations and the development of selfhood within working class families. CEC: 2

# Confidentiality

Confidentiality is of the utmost importance to APsaA and we would like to remind you about a few key issues concerning confidentiality at the Annual Meeting:

- In order to protect the confidentiality of the discussions and patient information, material presented in sessions must not be written about or discussed outside of the session.
- Use appropriately disguised information and/or informed consent when talking about a patient. Even when demographic variables have been changed, specific details included in clinical material can reveal a patient's identity to those who know him and should be avoided where possible.
- If a registrant attends a session in which clinical material is being presented and discussed and the registrant thinks that they recognize the identity of the patient, they should protect the patient's confidentiality by quietly excusing themselves from the remainder of that session.
- Special care must be taken to avoid conversations about clinical material in halls and elevators.
- Emails and Internet postings about the clinical material should be absolutely avoided.

Attendance at APsaA's meetings are dependent upon the participant's agreement to maintain this confidentiality. We're sure you can appreciate the importance of this issue and we thank you for your cooperation.



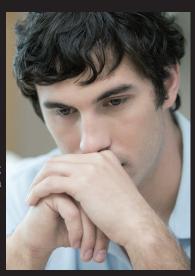
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