

MINUTES
MEETING OF THE BOARD OF DIRECTORS
Thursday, June 2, 2022

William C. Glover, Ph.D., President & Chair
Bonnie J. Buchele, Ph.D., Secretary

EXECUTIVE COMMITTEE OF THE BOARD

William Glover, Ph.D., President
Kerry Sulkowicz, M.D., President-elect
Bonnie J. Buchele, Ph.D., Secretary
Julio G. Calderon, M.D., Treasurer
Erika Schmidt, LCSW, Executive Committee Lead Director
David E. Cooper, Ph.D., Executive Committee Director
Beverly J. Stoute, M.D., Executive Committee Director
M. Jane Yates, Ph.D., Executive Committee Director

EX OFFICIO MEMBERS OF THE BOARD

Harriet Wolfe, M.D., Past President
Ralph Fishkin, D.O., Past Secretary – Not in attendance

BOARD DIRECTORS-AT-LARGE

Ira Moses, Ph.D. – Not in attendance
Daniel Prezant, Ph.D.
Timothy H. Rayner, M.D.
Sally Rosenberg, D.O.
Erika Schmidt, LCSW
Jeffrey K. Seitelman, M.D., Ph.D.
Beverly J. Stoute, M.D.
Jan C. Van Schaik, M.D. – Not in attendance

CANDIDATE BOARD DIRECTOR-AT-LARGE

Himanshu Agrawal, M.D.
Gerard Sobnosky, LMFT

REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

American Institute for Psychoanalysis
- No representative present

Association for Psychoanalytic Medicine
- Shirin Ali, M.D.

Atlanta Psychoanalytic Society
- M. Jane Yates, Ph.D.

Berkshire Psychoanalytic Society for Psychoanalysis
– Susan P. Sherkow, M.D.

Boston Psychoanalytic Society and Institute - No representative present

REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES (cont.)

Chicago Psychoanalytic Society

- R. Dennis Shelby, Ph.D. (alt.)

Cincinnati Psychoanalytic Society and Institute

- Jeffrey Tuttle, M.D.

Cleveland Psychoanalytic Center - No representative present

Contemporary Freudians in APsaA

- Kerry Kelly Novick

Dallas Psychoanalytic Center

- Marc Shawn Litle, M.D. (alt)

Denver Psychoanalytic Society

- Lynne Gillick, Ph.D.

Florida Psychoanalytic Society

- Julio G. Calderon, M.D.

Graduate Society of PANY affiliated with NYU Grossman School of Medicine

- Arthur Lew, M.D.

Greater Kansas City-Topeka Psychoanalytic Center

- Mari K. Hayes, Ph.D. and Yeshim Oz, MS, LIMHP (alt)

Houston Psychoanalytic Society

- and Karen Liput, LCSW (alt.)

Institute of Contemporary Psychoanalysis – Los Angeles

- Ilene Philipson, Ph.D., Psy.D.

International Psychotherapy Institute

- Caroline M. Sehon, M.D.

Long Island Psychoanalytic Society - No representative present

Michigan Psychoanalytic Society

- Kathleen Moore, Ph.D. (alt.)

Minnesota Psychoanalytic Society and Institute - No representative present

New Center for Psychoanalysis

- Sandra Landen, Ph.D.

New Orleans-Birmingham Psychoanalytic Center - No representative present

New York Psychoanalytic Society and Institute

- Maxine Fenton Gann, Ph.D.

Oregon Psychoanalytic Center - No representative present

PINE Psychoanalytic Center
- Alexandra K. Rolde, M.D.

Pittsburgh Psychoanalytic Center - No representative present

Psychoanalytic Center of Philadelphia - No representative present

Psychoanalytic Center of the Carolinas
- David Moore, Ph.D.

Saint Louis Psychoanalytic Society
- Phoebe Cirio, MSW

San Diego Psychoanalytic Center
- Timothy Rayner, M.D. (alt)

San Francisco Center for Psychoanalysis
- Phyllis Cath, M.D.

Seattle Psychoanalytic Society and Institute
- Sandra Walker, M.D.

Southwest Psychoanalytic Society - No representative present

Tampa Bay Psychoanalytic Society
- Elise W. Snyder, M.D.

Virginia Psychoanalytic Society - No representative present

Washington Baltimore Center for Psychoanalysis
- David E. Cooper, Ph.D.

Western New England Psychoanalytic Society
- Lyn Yonack, LICSW

William Alanson White Psychoanalytic Society
- Seth Aronson, Psy.D. and Elizabeth K. Krimendahl, Psy.D. (alt)

Wisconsin Psychoanalytic Society - No representative present

AFFILIATE STUDY GROUPS REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

Nashville Psychoanalytic Study Group - No representative present

AFFILIATED STUDY GROUPS REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

Eastern Long Island Psychoanalytic Study Group - No representative present

Hawaii Psychoanalytic Study Group - No representative present

Lexington Psychoanalytic Study Group - No representative present

Santa Fe Psychoanalytic Study Group - No representative present

Society of Psychoanalysts of Puerto Rico - No representative present

Syracuse Psychoanalytic Study Group - No representative present

APsaA Executive Director
Thomas Newman

Professional Registered Parliamentarian
Rod Davidson, PPD

1. Call to Order and Opening Remarks – Dr. William Glover

The meeting was called to order at 8:29 am Eastern Daylight Time (EDT). Dr. Glover welcomed everyone to the first in-person meeting since the beginning of the COVID-19 pandemic over two years ago. He noted that a number of Board members were not physically in attendance due to the continuing risk of COVID, and the meeting would be available as a live stream so that they could listen in. He introduced the members of the Executive Committee, the National Office Staff in attendance and the Association's Parliamentarian, Rod Davidson, PPD. Dr. Glover thanked everyone for their continued service and asked that a round of applause be given for the Executive Committee in appreciation for their dedication and leadership

2. Secretary's Report - Dr. Bonnie Buchele

A. Roll Call

Given the limited time, Dr. Buchele asked that Staff confirm the names of the members of the Board present who were entitled to vote, thus establishing a quorum.

B. Approval of Agenda

Upon motion duly made and seconded, the agenda for the meeting was adopted following Robert's Rules of Order.

C. Notice of Proxies

Dr. Buchele reported that 307 proxies were received for the Meeting of Members to be held Sunday, June 6, 2021, from 2:00-3:00 p.m. EDT.

D. Approval of Minutes of April 10, 2022

The chair asked for corrections to the minutes of the meeting on April 10, 2022, which were posted on the Board listserv on April 23, 2022. Since there were no corrections, the Minutes were approved as written.

E. Membership Update

The Association has 3,004 members. By category, there are:

- 1,138 Active Members
- 1,333 Senior / Life Members
- 474 Candidate Members
- 27 Academic Associate Candidates (non-voting)
- 32 Academic Associates (non-voting)

Since the February Meeting the following changes in membership have occurred:

- 83 Active Members became Senior Members
- 18 members have died
- 40 members have resigned (includes 1 academic)
- 5 members reinstated their membership (includes 1 academic)
- 2 Candidate members were dropped because they are no longer candidates in training.
- In February, a total of 49 new Actives and 45 Candidate Members were added.

The following new members joined since February:

- 17 New Candidate Members
- 4 APsaA Institute graduates became Active Members
- 1 New Academic Associate Candidates (non-voting)

The following will be effective at this meeting:

- 10 Candidate Members graduated and will automatically become Active Members
- 2 APsaA Institute graduates, previously not members, will become Active Members
- 2 IPA members or IPA graduates will become Active Members
- 3 analyst(s) trained outside of APsaA and the IPA will become Active Members via the Expanded Pathway application.

The current June 2022 Associate totals are the following:

- 44 Educator Associates
- 257 Psychotherapist Associates
- 16 Psychotherapist Associate Trainees
- 33 Research Associates
- 44 Student/Resident Associates

Total of 394

F. Summary of Actions of Executive Committee Meetings

During the period between the meeting on February 2022, and this meeting of the Board, the Executive Committee took the following actions:

I. FY23 Budget

The Executive Committee agreed to the FY23 budget adjustments, as recommended by APsaA's Finance Committee, voting unanimously to recommend approval by the Board at its June 2nd meeting.

II. Distinguished Service Awards

The Executive Committee voted to approve Distinguished Service awards to the following individuals: David Cooper; Dan Prezant; Britt-Marie Schiller and Sumru Tufekcioglu.

3. MRRC Report – Dr. Bonnie Buchele

The Membership Requirements & Review Committee (MRRC) met via Zoom on May 24th and approved new membership applications, including 3 Expanded Pathway applications received from analysts who did not train at an APsaA institute or at an IPA institute but have met the substantial equivalence requirements. Since the Expanded Pathway membership route was established, we have welcomed 92 new members.

Upon the Board's approval, the following analysts were welcomed into the Association:

- Jade McGleughlin, LICSW
- Noha Sadek, M.D.
- Oksana Yakushko, Ph.D.

The MRRC also approved:

- 2 applications from graduates of APsaA-approved institutes:
 - Cynthia Mulder, Psy.D. - Center for Psychoanalytic Studies (Houston)
 - Spyros D. Orfanos, Ph.D. - NYU Postdoctoral Program in Psychotherapy & Psychoanalysis
- 2 applications from graduates of IPA Component Societies:
 - Heather Silverman, M.D., C.M. - Canadian Psychoanalytic Society
 - Susan Siegeltuch, LCSW - Contemporary Freudian Society

4. IRRRC Report – Dr. William Glover

Dr. Glover reported recent activities of the Institutes Requirement & Review Committee (IRRC) and welcomed members of the newly approved APsaA institute, New York University Postdoctoral Program in Psychotherapy & Psychoanalysis (NYU Post-doc) to the Association. They are organizing a society in order for them to have representation on the Board. Their new Director, Spyros Orfanos, has joined APsaA as their first member joining as a member of an APsaA approved institute rather than through the Expanded Pathway.

5. Treasurer's Report – Dr. Julio Calderon

Dr. Calderon presented his report of the Association's finances..

FY2022 Projections

APsaA projected an operating deficit of about \$205k after factoring loan forgiveness from the Paycheck Protection Program (PPP) of \$207k. Net income decline was primarily due to the lowered financial performance of the Association's meetings. Expenses for the Boston meeting were high and expected registration numbers lower resulting in an expected deficit of approximately \$225k. Additionally, changing the February meeting to a virtual format resulted in much lower revenues than what would have been generated from at a typical winter National meeting.

It is anticipated that APsaA's investment portfolio will have poor returns this year which may impede the Association's ability to fully cover the \$229k budgeted from its investment income line, possibly resulting in a reduction in net assets.

FY2023 Budget

deficit The FY2023 budgeted deficit of approximately \$230k, is consistent with the FY2022 projected budget and substantially lower than prior years, FY2019 and FY 2020 which began with projected deficits of \$1mm and \$750k respectively. in FY20,

As was the case last year the proposal is of an essentially break-even budget (\$20k deficit). Previously the Association's Board routinely approved budgets that had projected deficits of \$150 to \$200k with the expectation that departments would not utilize their entire allotted funds. Budgeting to break-even is more in line with non-profit best practices.

Upon duly seconded, the Board approved the Proposed FY 2023 Budget.

6. Expanded Membership Task Force Phase II – Dr. Timothy Rayner

The Expanded Membership Task Force has been meeting for over two years, first under the leadership of Dr. Ralph Beaumont to develop a proposal for a bylaw amendment that would extend APsaA Membership to Psychotherapists, Academics, Researchers and Community Members. The second phase of the Task Force, chaired by Dr. Timothy Rayner, aims to bring a proposal to the membership for discussion, followed by a vote of the membership. Breakout groups were engaged during the Board meeting to facilitate discussion. The Board considered a timeline for moving the proposal forward. A Members' Forum will be held to discuss the proposal following the meetings, which will then be followed by a members commentary period. Additional forums including meetings with specific groups, i.e. institutes/societies/centers and others (as needed), will be held to encourage further discussion. Comments received will be reviewed, and a revised version will be distributed for further comment, and Board recommendation.

7. Candidates' Council – Dr. Sumru Tufekcioglu

The Candidates' Council President, Dr. Sumru Tufekcioglu, reported on the activities of the Candidates' Council and its commitment to focus on engaging candidates by creating new roles for them and forming new committees for their participation.

8. Conversation with the IPA

Dr. Glover welcomed members of the International Psychoanalytical Association (IPA) leadership to participate in discussion with the Board of Directors. IPA President, Dr. Harriet Wolfe, acquainted the Board with the IPA, and reviewed the benefits of APsaA being a part of the IPA. Breakout groups facilitated further discussion, and provided opportunities for clarifying some long-held misconceptions as well as fostering an exchange of ideas.

9. Executive Session: Elections

The candidates nominated or elected to the various offices and committees during Executive Session are listed below Nominated by the Board of Directors (Nominating Committee) for election by the membership at the February 2023 Meeting of Members:

- For Secretary – Bonnie Buchele, Ph.D.
- For Treasurer – Julio Calderon, M.D.
- For Director-at-Large (two to be elected) - Susan D. Kolod, Ph.D., Felecia Powell-Williams, Ed.D, LPC-S, RPT-S, and Alan Sugarman, Ph.D.
- Candidate Director-at-Large – April Crofut, M.D., and Christopher Rigling, Psy.D., MBA

B. Elected by the Board of Directors to Board Committees/Committees of the Corporation:

- Executive Committee Director - Sandra Landen, Ph.D. and Caroline Sehon, M.D.
- Audit Committee – Maxine Fenton Gann, M.D.
- Governance Committee – Bonnie Buchele, Ph.D., Jeffrey Seitelman, M.D., Ph.D. and M. Jane Yates, Ph.D.
- Human Resources & Compensation Committee – Sally Rosenberg, D.O., and Jeffrey Seitelman, M.D., Ph.D.
- Institutes Requirement and Review Committee (IRRC) – Seth Aronson, Psy.D., and Arthur Lew, M.D.
- Membership Requirements and Review Committee (MRRC) - Elise W. Snyder, M.D. and Margaret C. Walsh, Ph.D.
- Nominations Advisory (Board of Directors) - Julio G. Calderon, M.D. and M. Jane Yates, Ph.D.
- Policies and Procedures Committee – M. Jane Yates, Ph.D.

- Nominations Advisory Committee (Corporation) - Felecia Powell-Williams, Ed.D, LPC-S, RPT-S and M. Jane Yates, Ph.D.

C. Approval for the JAPA Editorial Board

- Ricardo Ainslie, Ph.D.
- Stephanie Brody, Psy.D.
- Lena Theodorou Ehrlich, Psy.D.
- Charles P. Fisher, M.D.
- Lee Grossman, M.D.
- Forrest M. Hamer, Ph.D.
- Irwin Z. Hoffman, Ph.D.
- Brian Kloppenberg
- Henry C. Markman, M.D.
- Jyoti M. Rao, MFT (Editorial Associate)

10. Board Evaluation Discussion

Dr. Kerry Sulkowicz presented the report of the Governance Committee on behalf of Dr. Erika Schmidt, Chair. The Board discussed the preliminary data from the self-assessment survey, engaging in breakout groups to facilitate discussion. The survey was administered to the Board in April 2022 as part of the process to improve Board functioning, and involvement. Over 90% of participants responded. More discussion will be forthcoming.

11. Adjournment

There being no new business, the meeting was adjourned at 4:05 p.m. EDT.

Respectfully submitted,
Bonnie J. Buchele, Ph.D., Secretary