

History of War Neuroses/War Trauma I Contributions of Psychoanalysis to War Trauma

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Course Objectives:

1. To introduce students to the contributions of psychoanalysis to war trauma, emphasizing the seminal works of Freud, Jones, Fairbairn, and Kardiner.
2. To integrate these thinkers' ideas into an explanatory framework encompassing intrapsychic, interpersonal, and sociocultural/historical phenomena.
3. To explore trauma ideas and concepts and their potential for both intersection and conflict with attachment theory and cognitive neuroscience.
4. To enhance students' ability to apply course material to relevant clinical practice.

Required Texts:

Shepard, B. (2001). *A war of nerves: Soldiers and psychiatrists in the twentieth century*. Cambridge, Mass: Harvard University Press. This text is to be used for both classes: War Trauma I, and War Trauma II.

Boulanger, G. (2007). *Wounded by reality: Understanding and treating adult onset trauma*. New York, NY: Psychology Press.

Recommended Texts:

Freud, S. (1961). *Beyond the pleasure principle*. In J. Strachey (Ed. & Trans.), *The standard edition of the complete psychological works of Sigmund Freud*. New York, NY: W. W. Norton & Company [original published 1920].

Reading List:

CLASS 1: OVERVIEW OF COURSE

Boulanger, G. (2007). *Wounded by reality*. Chapter 1: Toward a Psychodynamic Understanding of Adult Onset Trauma.

Shephard, B. (2001). *A war of nerves*. Introduction; Prologue-The Shock of the Shell; Chapter 1: Doctor's Minds; Chapter 2: Shell Shock in France; Chapter 3: Trench Work; and Chapter 4: The Somme.

CLASS 2: CLASSICAL PSYCHOANALYSIS: ERNEST JONES

Boulanger, G. (2007). *Wounded by reality*. Chapter 2: Catastrophic Dissociation and Childhood Trauma: Some Distinctions.

Jones, E. (1921). War Shock and Freud's Theory of the Neuroses. *The International Psycho-Analytic Library*, 2: 44-59. PEP Web

Shephard, B. (2001). *A war of nerves*. Chapter 5: Psychiatry At the Front 1917-18; Chapter 6: Home Fires; Chapter: 7 Europeans.

CLASS 3: CLASSICAL PSYCHOANALYSIS: SIGMUND FREUD

Boulanger, G. (2007). *Wounded by reality*. Chapter 3: The Cost of Survival: Historical Perspectives on Adult Onset Trauma.

Shephard, B. (2001). *A war of nerves*. Chapter 8: Arguments and Enigmas 1917-18; Chapter 9: Skirting the Edges of Hell; Chapter 10: Inquests.

Freud, S. (1961). *Beyond the pleasure principle*. In J. Strachey (Ed. & Trans.), *The standard edition of the complete psychological works of Sigmund Freud*. New York, NY: W. W. Norton & Company [original published 1920]. PEP Web

CLASS 4: SIGMUND FREUD CONTINUED

Boulanger, G. (2007). *Wounded by reality*. Chapter 4: Wounded by Reality: The Relational Turn.

Shephard, B. (2001). *A war of nerves*. Chapter 11: Will Peace Bring Peace?; Chapter 12: The Lessons of Shell-Shock.

Freud, S. (1950). Introduction to Psycho-Analysis and the War Neuroses. In J. Strachey (Ed. & Trans.), *The Standard Edition of the Complete Psychological Works of Sigmund Freud*, Volume XVII (1917-1919): An Infantile Neuroses and Other Works, 205-216. (Original published 1919) PEP Web

Gunther, M. S., & Trosman, H. (1974). Freud as Expert Witness; Wagner-Jauregg and the Problem of the War Neuroses. *Annual of Psychoanalysis*, 23-23. PEP Web

CLASS 5: EARLY OBJECT RELATIONS:

WILLIAM RONALD DODDS FAIRBAIRN

Shephard, B. (2001). *A war of nerves*. Chapter 14: We Can Save Those Boys From Horror; Chapter 15: Front-Line Psychiatry.

Fairbairn, W.D. (1952). Chapter III: The Repression and the Return of Bad Objects (with special reference to the 'War Neuroses.) (1943) in *Psychoanalytic studies of the personality*. London: Tavistock Publication Limited. PEP Web.

Fairbairn, W. D. (1952). Chapter III: The War Neuroses—Their Nature and Significance (1943) in *Psychoanalytic studies of the personality*. London: Tavistock Publications Limited. Retrieved electronically from PEP Web.

Boulanger, G. (2007). *Wounded by reality*. Chapter 5: The Core Self in Crisis: Deconstructing Catastrophic Dissociation; Chapter 6: The Relational Self in Crisis: Further Deconstructing Catastrophic Dissociation.

CLASS 6: EGO PSYCHOLOGY AND ADAPTATION (IN LINE WITH HARTMANN): ABRAM KARDINER

Boulanger, G. (2007). *Wounded by reality*. Chapter 7: From Voyeur to Witness: The Crisis in symbolic Functioning During Catastrophic Dissociation; Chapter 8: The Ancient Mariner's Dilemma: Constructing a Trauma Narrative.

Shephard, B. (2001). *A war of nerves*. Chapter 16: New Ways of War; Chapter 20: Learning from the Germans; Chapter 22: A Good War?

Kardiner, A. (1941). *The traumatic neuroses of war*. New York, NY: Paul B. Hoeber, INC. Specifically sections: III. Analysis of the Symptomatology; IV. The Development of the Effective Ego; V. Psychodynamics; VI. Course, Prognosis, Differential Diagnosis; and VII. Treatment.

Kardiner, A. (1959). Traumatic Neuroses of War. In S. Arieti (Ed.), *American handbook of psychiatry, Vol. 1*. (pp. 245-257). New York, NY: Basic Books.

CLASS 7: CLINICAL CONSIDERATIONS IN WORK WITH WAR-RELATED TRAUMA-PART 1 WRAP UP

Boulanger, G. (2007). *Wounded by reality*. Chapter 9: The Strength Found in Innocence: Resistance to Working Psychodynamically with Survivors of Adult Onset Trauma; Chapter 10: The Psychological Politics of Catastrophe: Local, Personal, and Professional.

**History of War Neuroses-Contemporary Theories/War Trauma II
Contributions of Psychoanalysis to War Trauma**

Required Texts:

Brothers, D. (2008). *Toward a psychology of uncertainty: Trauma-centered psychoanalysis*. New York, NY: The Analytic Press.

Grinker, R. R., & Spiegel, J. P. (1945/1963). *Men under stress*. New York, NY: McGraw-Hill Book Co.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. New York, NY: Routledge.

Shephard, B. (2001). *A war of nerves: Soldiers and psychiatrists in the twentieth century*. Cambridge, Mass: Harvard University Press. This text is to be used for both classes: War Trauma I, and War Trauma II.

Stolorow, R. D. (2007). *Trauma and human existence: Autobiographical, psychoanalytic, and philosophical reflections*. New York, NY: Routledge Taylor & Francis Group.

Highly Recommended Texts:

Beder, J. (Ed.). (2012). *Advances in social work practice with the military*. New York, NY: Routledge Taylor & Francis Group.

Horowitz, M. J. (2011). *Stress response syndromes: PTSD, grief, adjustment, and dissociative disorders* (5th ed.). New York, NY: Jason Aronson.

Stolorow, R. D. (2011). *World, affectivity, trauma: Heidegger and post-Cartesian psychoanalysis*. New York, NY: Routledge Taylor & Francis Group.

CLASS 1: OVERVIEW OF COURSE --- ROY GRINKER: DYNAMIC FORMULATION OF TRAUMA AND THE PRE-EXISTENT NEUROSIS

Grinker, R. R., & Spiegel, J. P. (1945/1963). *Men under stress*. Chapter 15: Psychodynamics; Chapter 16: Treatment: Psychotherapy; Chapter 17: Treatment: Narcosynthesis.

Shepard, B. (2000). *A war of nerves*. Chapter 23: Vietnam Doctors

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Preface, Chapter 1: An expanding circle of healing: Warriors and civilians impacted by war; Chapter 2: Myths and realities about war, its impact, and healing.

CLASS 2: DYNAMIC PSYCHOTHERAPY—PSYCHODYNAMIC AND COGNITIVE MODEL: MARDI HOROWITZ

Horowitz, M. J. (2011). *Stress response syndromes: PTSD, grief, adjustment, and dissociative disorders* (5th ed.). Chapter 5: Explanation of Symptom Formation (to be provided)

Mardi Horowitz—Stress Response Syndromes: Cognitive-Psychodynamic Approach-handout (to be provided)

Shepard, B. (2001). *A war of nerves*. Chapter 24: From Post Vietnam Syndrome to PTSD.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Chapter 3: Citizen/warriors: Challenges facing U.S. Army Reserve soldiers and their families; Chapter 4: Army National Guard Warriors: A part-time job becomes a full-time life.

CLASS 3: DYNAMIC PSYCHOTHERAPY—PSYCHODYNAMIC AND COGNITIVE MODEL: MARDI HOROWITZ (Continued)

Horowitz, M. J. (1999). Dynamic psychotherapy. In M. Hersen & A. S. Bellack (Eds.), *Handbook of comparative interventions for adult disorders* (2nd ed.) (pp. 417-432). New York, NY: John Wiley & Sons, Inc.

Shepard, B. (2001). *A war of nerves*. Chapter 25: When the Patient Repeats Atrocities.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Chapter 5: Women warriors: From making milestones in the military to community reintegration; Chapter 7: Traumatic brain injury and post-traumatic stress: The “signature wounds” of the Iraq and Afghanistan wars.

CLASS 4: CLASSICAL SELF PSYCHOLOGY: ANNA ORNSTEIN

Ornstein, A. (1994). Chapter 9 trauma memory, and psychic continuity. *Progress in Self Psychology, 10*, 131-146.

Shephard, B. (2001). *A war of nerves*. Chapter 26: From the Falklands to the Gulf.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Chapter 9: Military suicidality and principles to consider in prevention; Chapter 10: Military sexual trauma; Chapter 11: Veterans involved with the criminal justice system: Clinical issues, strategies, and interventions.

CLASS 5: SELF PSYCHOLOGY, INTERSUBJECTIVITY, AND RELATIONAL SYSTEMS THEORY: DORIS BROTHERS

Brothers, D. (2008). *Toward a psychology of uncertainty: Trauma-centered psychoanalysis*. Chapter 2: Making the Unbearable Bearable; Chapter 3: Trauma as Exile; Chapter 4: Sanctuary on the Ledge: Trauma-Centered Treatment; Chapter 6: To Die With Our Dead; Chapter 8: In the Ashes of Burnout.

CLASS 6: RELATIONAL PSYCHOANALYSIS, INTERSUBJECTIVE SYSTEMS THEORY: ROBERT STOLOROW

Stolorow, R. D. (2007). *Trauma and human existence: Autobiographical, psychoanalytic, and philosophical reflections*. New York, NY: Routledge Taylor & Francis Group.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Chapter 12: Iraqi civilians and the recycling of trauma; Chapter 13: Afghanistan civilians: Surviving trauma in a failed state.

CLASS 7: THE CULTURE OF TRAUMA: SOCIETY, MILITARY, THE FAMILY

Shephard, B. (2001). *A war of nerves*. Chapter 27: The Culture of Trauma.

Scurfield, R. M., & Platoni, K. T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. Chapter 14: U.S. Army combat and operational stress control: From battlemind to resiliency, debriefings, and traumatic event management; Chapter 17: Military chaplains' roles

in healing: "Being here and there;" Chapter 18: Afterward: A surviving spouse speaks; Epilogue.

BIBLIOGRPAHY

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- Beder, J. (Ed.). (2012). *Advances in social work practice with the military*. New York, NY: Routledge Taylor & Francis Group.
- Brothers, D. (2008). *Toward a psychology of uncertainty: Trauma-centered psychoanalysis*. New York, NY: The Analytic Press Taylor & Francis Group.
- Dalenberg, C. J. (2000). *Countertransference and the treatment of trauma*. Washington, DC: American Psychological Association.
- Department of the Army (2003). *U.S. Army combat stress control handbook*. Guilford, CT: The Lyons Press.
- England, D. (2009). *The post-traumatic stress disorder relationship: How to support your partner and Keep your relationship healthy*. Avon, MA: Adams Media.
- Figley, C. R., & Nash, W. P. (Eds.). (2007). *Combat stress injury: Theory, research, and management*. New York, NY: Routledge Taylor & Francis Group.
- Furst, S. S. (1967). *Psychic trauma*. New York, NY: Basic Books, Inc.
- Grant, R. (1996). *The way of the wound: A spirituality of trauma and transformation*. Oakland, CA: Robert Grant
- Grinker, R. R., & Spiegel, J. P. (1945/1963). *Men under stress*. New York, NY: McGraw Hill Book Company.
- Grossman, D. (1995). *On killing: The psychological cost of learning to kill in war and society*. New York, NY: Back Bay Books.
- Grossman, D. , & Christensen, L. W. (2004). *On combat: The psychology and physiology of Deadly conflict in war and in peace* (3rd ed.). Warrior Science Publications.

- Hart, A. R. (2000). *An operators manual for combat ptsd: Essays for coping*. New York, NY: Writer's Showcase presented by Writer's Digest imprint of iUniverse. Com, Inc.
- Herman, JI. (1997). *Trauma and recovery: The aftermath of violence—from domestic abuse to political terror*. New York, NY: Basic Books.
- Horowitz, M. J. (1976). *Stress response syndromes*. New York, NY: Jason Aronson, Inc.
- Horowitz, M. J. (2001). *Stress response syndromes* (4th ed.). Northvale, NJ: Jason Aronson, Inc.
- Horowitz, M. J. (Ed.). (1999). *Essential papers on posttraumatic stress disorder*. New York, NY: New York University Press.
- Horowitz, M. J. (2011). *Stress response syndromes: PTSD, grief, adjustment, and dissociative disorders* (5th ed.). New York, NY: Jason Aronson.
- Horton, P. C., Gewirtz, H., & Kreutter, K. J. (Eds.). (1988). *The solace paradigm: an eclectic search for psychological immunity*. Madison, CT: International Universities Press, Inc.
- Hogue, C. W. (2010). *Once a warrior always a warrior: Navigating the transition from combat to home, Including combat stress, ptsd, and mTBI*. Guilford, CT: Global Pequot Press.
- Kardiner, A. (1941). *The traumatic neuroses of war*. New York, NY: Paul B. Hoeber, Inc.
- Lipsky, L., & Burk, C. (2009). *Trauma stewardship: An everyday guide to caring for self while caring for others*. San Francisco, CA: Berrett-Koehler Publishers, Inc.
- Micale, M. S., & Lerner, P. (Eds.). (2001). *Traumatic pasts: History, psychiatry and trauma in the modern age, 1870-1930*. New York, NY: Cambridge University Press.
- Mitchell, S. A., & Aron, L. (Eds.). (1999). *Relational psychoanalysis: The emergence of a tradition*. Hillsdale, NJ: The Analytic Press.
- Ogden, P, Minton, K., & Pain, C. (2006). *Trauma and the body: A sensorimotor approach to psychotherapy*. New York, NY: W. W. Norton & Company.
- Ringel, S., & Brandell, J. (Eds.). (2012). *Trauma: Contemporary directions in theory, practice, and research*. Los Angeles, CA: SAGE.
- Rothschild, B. (2000). *The body remembers: the psychophysiology of trauma and trauma treatment*. New York, NY: W. W. Norton & Company.
- Rothschild, B. (2011). *Trauma essentials: The go-to guide*. New York, NY: W. W. Norton & Company.
- Schore, A. N. (2003). *Affect regulation and the repair of the self*. New York, NY: W. W. Norton & Company.

- Scurfield, R. M., & Platoni, T. (Eds.). (2013). *War trauma and its wake: Expanding the circle of healing*. New York, NY: Routledge Taylor & Francis Group.
- Shepherd, B. (2001). *A war of nerves: Soldiers and psychiatrists in the twentieth century*. Cambridge, MA: Harvard University Press.
- Stolorow, R. D., Brandchaft, B., & Atwood, G. E. (1987). *Psychoanalytic treatment: An intersubjective approach*. Hillsdale, NY: The Analytic Press.
- Stolorow, R. D., & Atwood, G. E. (1992). *Contexts of being: The intersubjective foundations of psychological life*. New York, NY: Psychology Press.
- Stolorow, R. D., Atwood, G. E., & Brandchaft, B. (Eds.). (1994). *The intersubjective perspective*. Northvale, NJ: Jason Aronson, Inc.
- Stolorow, R. D., Atwood, G. E., & Orange, D. M. (2002). *Worlds of experience: Interweaving philosophical and clinical dimensions in psychoanalysis*. New York, NY: Basic Books.
- Stolorow, R. D. (2007). *Trauma and human existence: autobiographical, psychoanalytic, and philosophical reflections*. New York, NY: Routledge Taylor & Francis Group.
- Stolorow, R. D. (2011). *World, affectivity, trauma: Heidegger and post-Cartesian psychoanalysis*. New York, NY: Routledge Taylor & Francis Group.
- Tanielian, T., & Jaycox, L. H. (Eds.). (2008). *Invisible wounds of war: Psychological and cognitive injuries, their consequences, and services to assist recovery*. Santa Monica, CA: RAND Corporation, Center for Military Health Policy Research.
- Tick, E. (2005). *War and the soul: Healing our nations veterans from post-traumatic stress disorder*. Wheaton, IL: Quest Books.
- van der Kolk, B. A., McFarlane, A. C., & Weisaeth, L. (Eds.). (1996). *Traumatic stress: The effects of overwhelming experience on mind, body, and society*. New York, NY: Guilford Press.
- Wilson, J. P., & Lindy, J. D. (Eds.). (1994). *Countertransference in the treatment of ptsd*. New York, NY: Guilford Press.
- Wilson, J. P., & Thomas, R. B. (2004). *Empathy in the treatment of trauma and ptsd*. New York, NY: Brunner-Routledge Taylor & Francis Group.

