



PRESIDENT'S LETTER

By Carmela Pérez, Ph.D.

Dear Affiliates,

This third issue of *The Candidate Connection* marks its first anniversary, and it seems apropos that the chosen topic is the "Widening Scope of Psychoanalysis", since APsA has a unified proposal for innovative changes to the educational standards that will be reviewed at the upcoming Annual APsA meetings in Washington, DC. I have summarized the essence of these changes below.

First, a very brief summary of our previous Affiliate Council meeting in New York in January 2010, which included 14 of the 19 recipients of our first Travel Awards (the other 5 awardees will be present at the upcoming June meeting). Highlights of our meeting included: 1) a discussion of the Affiliate Council elections in the fall; 2) a proposal to amend our bylaws to include descriptions of roles of Affiliate Council Delegates and Committee Chairs; 3) the launching of our Affiliate Council Business Practice Network; and 4) a lively conversation with Colleen Carney, M.D., BOPS Co-Chair Elect, about the Task Forces on Major and Minor revisions of the Educational

Standards, and the new proposal presented at these meetings.

I hope that you are planning to come to Washington, DC. The *Affiliate Council meeting will take place on Thursday June 10th following our Affiliate Networking Breakfast from 7:45–8:15am*. As usual, we have a very full agenda. We will focus on the 2010 Affiliate Council elections, and the candidates running for the offices of President-Elect, Treasurer, and Secretary will be present to give their platform statements. We will discuss and vote on the proposed changes to our Affiliate Council bylaws, specifically the inclusion of the descriptions of the roles of Affiliate Council Delegate and Committee Chair. We will continue on the "Business of Psychoanalysis" initiative with an open discussion on how to best promote and market ourselves, and "phase 2" of the launching of our affiliate website on www.ning.com. In addition, Stephen Bernstein, M.D., will be speaking about case development and psychoanalytic practice building during the "Coffee with a Distinguished Analyst" session on Saturday June 12th.

As you may know, much has happened at APsA in the past year. The Board on Professional Standards (BOPS) organized two task forces that

"Widening Scope of Psychoanalysis"

made recommendations to revise the current training standards, one charged with making minor revisions, and the other major ones. The two groups met several times from July 2009 through the end of the year, and then had a two-day retreat during the Winter Meetings in January, during which they agreed on a set of changes to the Stan-

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ON PSYCHOANALYSIS

The Widening Scope and Practice at the New York Psychoanalytic Institute

By Navah C. Kaplan, Ph.D.

Assistant Editor, *The Candidate Connection*

In the last issue of *The Candidate Connection*, I wrote on the topic of the widening scope of analytic practice from the perspective of one of its greatest promoters, Arnold "Chuck" Rothstein. In this article, I present the thinking at my home base, the New York Psychoanalytic Society and Institute (NYPSI). I

was fortunate to interview the head of our Treatment Center (TC), Peter Dunn, M.D., who is responsible for conducting the monthly case disposition conferences and, ultimately, making the selection of patients referred to candidates as likely suitable for analysis.

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Contact Carolyn Gatto at 212.752.0450 ext. 20.

COMMITTEE REPORTS

Committee for Coffee with a Distinguished Analyst: Kerry Sulkowicz, M.D. on “Developing the Business of Practice”

By Carmela Pérez, Ph.D.

(Dr. Sulkowicz was the speaker during the Coffee with a Distinguished Analyst at January's National 2010 Meeting in New York.)

“Being a full time clinician is a business”, Dr. Sulkowicz began, “and we don’t get any courses teaching us how to run a business or practice while we are in training.” As a faculty member, Dr. Sulkowicz found himself gravitating towards administrative roles at his institute. He thought he might eventually be institute director. Instead, he found himself particularly interested in the problems and struggles of his patients who were in business. In 1996, an informal conversation with the CEO of an internet startup company at a cocktail party for his daughter’s preschool landed him his first consulting job in exchange for lunch. Slowly, Dr. Sulkowicz began some consulting work to businesses on evenings and weekends. However, he began to enjoy this work more than seeing individual patients back-to-back. Eventually, he closed his practice, and opened a consulting firm, The Boswell Group, named after his dog. But it wasn’t until a New York Times reporter wrote an article on a presentation of his in 2000, (“Executives Line Up for Couch Treatment”) that life changed for him. “The phone started ringing then!” Sulkowicz added. Currently, Dr. Sulkowicz’s Boswell Group specializes in developing advisory relationships with CEOs,

working with boards of directors on leadership transitions, and helping people who are investing on buying companies.

Dr. Sulkowicz had a lot to say about developing the business of practice. Some of his recommendations include:

- 1) **Talking about psychoanalysis**—One of the best ways to “sell” psychoanalysis is to not do it directly. Specifically, talk about psychoanalysis by having it be “infused” in what we say, demonstrating how we intervene, rather than promoting it directly.
- 2) **Avoid using jargon!**—Talk about psychoanalysis in plain English and try to make it accessible to your prospective patient.
- 3) **Maximize on our psychoanalytic values: thoughtfulness, privacy and confidentiality, things having meaning, etc.**
- 4) **Avoid caricatures of psychoanalysis**—Like the stereotyped idea of analysts remaining silent.
- 5) **Developing the business of practice**—“It’s all about relationships!” The primary reason to go to APsaA meetings is for networking. “People refer to you because they like you!”
- 6) **Setting up/Building a practice**
 - a. **Get over the timidity of starting out**—Think about growing into an office rather than starting small.

b. Networking

- i. **Seek referrals through your Institute**—Do not sit and wait for them to come to you.
- ii. **Get out into the community**—“Softmarketing”
 1. **Develop specific interests**—It’s important to identify an area of specialty that sets you apart from others in the field.
 2. **Give talks about a subject of interest to you.**
 3. **Come across as a reasonably “normal” person**
- iii. **Internet and Website Marketing**—Indicates that you are a “modern person”. “Doing what your supervisors/analyst did not do, can’t do, won’t do, but may be secretly envious of.”
- iv. **Speaking to the press**—It’s great marketing, and you are doing a service for the community.”

Dr. Sulkowicz encouraged the candidate audience to take an active role in the development of their practices, and to challenge themselves by exploring self-promotional and marketing strategies.

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President’s Letter *continued from page 1*

dards. Very briefly, these changes pertain to the following: a waiver of the TA requirement, which would allow a candidate applicant to continue a personal analysis with a non-Training Analyst; a developmental pathway to the Training Analyst appointment; and a Supervising Analyst appointment separate from the Training Analyst appointment process.

There will be more discussion and work on these proposed changes, and you will have a chance to learn more about them and ask any questions you may have during the *Affiliate Forum on*

Thursday June 10th at 2:00pm, which will be a presentation by Erik Gann, M.D., Robert Glick, M.D., and Elizabeth Lennihan, M.S.W. on the proposed changes to the educational standards. Drs. Gann and Glick will present on the process of developing the new educational proposals and the rationales for them, and Ms. Lennihan will talk about her experience training at the Chicago Institute for Psychoanalysis.

I look forward to seeing many of you in Washington, DC. In the interim, if you have any questions, please feel free to contact me by email,

drperez@dynamicpsych.com, or phone 212.674.6444.

APsaA Affiliate Council

Carmela Pérez, *President*
Hilli Dagony-Clark, *President-elect*
Jamie Cromer, *Interim Secretary*
Richard Grossberg, *Treasurer*

The Candidate Connection Newsletter of the APsaA Affiliate Council

Susan Flinders, *Editor*
Navah Kaplan, *Assistant Editor*

Here are three untitled poems from a sequence entitled "Analysis."

Analysis

after decades of pretending
otherwise I now realize
I can't do it on my own
but need help, yours, to
crawl along or hack my
way through the forbidden
tropical wall, towers and
crannies of books, or
grease-stained curbstones
along downtown streets
just in order to arrive at
the null mark, crying
in a crib, beaten and
left in the dark, deemed
unable to man the
lighthouse, or sound an
appropriate warning so
I vomit up the mess
shove it towards you
convinced you'll be sickened
stand aside and wait
but hear nothing,
just Marine jets
revving their engines
over at Miramar Air Field

not only with you, anyone,
but especially with you
I'm tracking across a field
kicking through snow, black
trees in the distance, a cold
wind stings tears from my eyes
our boots crunching away
as we head blindly towards
a frozen lake, take up a
position in the middle, and
begin chopping ice with
an axe of words so that

at first the effort warms me
as I lean into it, forgetting
who is behind me, when my
footing gives way—I'm
going down again among
sightless creatures, at a
loss but feeling weeds
I'm barely able to
signal by pulling on
some invisible cord

a massive expectation
matches the huge greed
of my want, vortex
filled with spinning debris
furniture cars construction
materials and body parts
so when I hit the wall
of your benign absence
my internal speed smashes
apart what's left of the
machinery, and like a
rag-picker I paw through
disparate memories, the
idle chatter of a summer
afternoon among people long
since dead and gone
because ghostly impulses
flicker yet, my circuitry
under painful reconstruction
as I work to picture
you there with your tools
poking about among a
tangle of fried wiring
and solder stink looking
for the red lead

*By Harry Polkinhorn, Ph.D.
Candidate at the San Diego
Psychoanalytic Society & Institute*

Weeping Willow

perhaps it is no accident
the weeping willow at the end of the drive
barren now save the first yellow buds of spring
each bud a tear birthed
most in pain and suffering remembrances
some in the joy of recognition
a few in the relief of letting go
I would gladly hang my collection there
among the others
but I cannot seem to gather them
they spill willy nilly
pool without warning
in moments least expected
sometimes in the quiet
of listening to the pain of others
sometimes in the music
on the road to and from
sometimes in the dark reaches
of dreams that haunt
so many years they gathered
drop upon drop
and even those that evaporated
in the drone of time passing
found ready replacements
in the repetition of everyday disappointments
failed meetings, hard passings, lost opportunities
can I hang my tears of rage
among those branches filled with sadness
or will they rip and tear at those buds
poison them with the venom
of a helpless, screaming child
if I could cup those tears in my hands
careful not to spill too many on my way
I would carry them out
to feed the thirsty roots of that tree
water of Babylon to nourish those buds

*By Dale Gody, Ph.D., ABPP
Candidate at Chicago Institute for Psychoanalysis*

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Affiliate Council Paper Prize Committee

*By Navah Kaplan, Ph.D.
Chair, Paper Prize Committee*

The Affiliate Council Committee sponsors a paper prize each year funded by APsaA and the American Psychoanalytic Foundation. The paper is anything written by an Affiliate member on a topic of psychoanalytic interest. The Paper Prize Committee assumes the duties of advertising for paper submissions, getting volunteers to read the submissions and selecting the prize winner(s). Substantial money prizes are provided with the winner receiving one thousand dollars and the runner up five hundred. In any given year, there may be up to two prizes awarded or none, depending on the number and quality of the submissions. The winner gets to present his or her paper at the winter APsaA conference. ***The deadline for submissions this year is August 30.*** Anyone wishing to submit or to volunteer to be a reader should contact me by email: navahkaplan@gmail.com.

Affiliate Council Program Committee Report

*By Phoebe A. Cirio, MSW
Chair, Affiliate Council Program Committee*

The Affiliate Council is sponsoring two programs at the 99th Annual Meeting of the American Psychoanalytic Association in Washington, DC in June of this year. Both of our programs will be Thursday, June 10th.

The Candidate-to-Candidate discussion group will have as discussant M. Barrie Richmond, M.D. from Chicago, and as presenter, Norman Kohn, M.D., a candidate at the Chicago Institute. The topic is the developing analyst at work.

For the Affiliate Forum, we will have Erik Gann, M.D. of San Francisco, and Robert Glick, M.D. from Columbia, and Elizabeth Lennihan, M.S.W. a recent graduate from the Chicago institute. All three are presenters. The topic is the proposed changes to curricula at APsaA affiliated institutes. Drs. Gann and Glick were the chairs of the major and minor revisions subcommit-

tees of the Board on Professional Standards (BOPS), and will present on the process of developing the proposals for the revisions, and the rationales for them. The panel is scheduled for Thursday, and BOPS meets and votes on Wednesday, so we will be presenting the new developments that next day. One of the proposed changes is for what is termed the "Developmental Model," which has been in place in Chicago for some time. Ms. Lennihan is a recent graduate from Chicago, and has trained under the developmental model, and will present her experience with that model of programming.

Affiliate Council Membership Committee

The Affiliate Council Membership Committee has an updated Affiliate Council roster. We would like to keep this roster current so if you are a delegate or committee chair and have changes to your contact information please let me know. This roster has been recently posted to the Affiliate Council listserv. For those of you who are not currently on the Affiliate listserv, I encourage you to join (simply email Brian Canty (bcanty@apsa.org) and he'll put you on the list). If you need a copy of the Affiliate Council's roster to confirm your information just email me your request.

We are also requesting that all Candidates involved in APsaA Committees please inform us of your involvement. We would like to keep an updated list so we can acknowledge your service on the national level. We would also like to offer the possibility of linking interested Candidates, not currently serving on committees, the opportunity to do so by compiling a list of APsaA Committees who are interested in available Candidates.

I will be at APsaA's 99th Annual Meeting in Washington D.C. June 9-13 and hope I can meet more of you then.

*Jamie Cromer, LCSW, ACSW
Affiliates Council Membership Chair
Affiliates Council Interim Secretary
Delegate New Orleans - Birmingham Psychoanalytic Center
jamgrue@yahoo.com*

Committee on Racial and Ethnic Diversity: Update

By Mari Umpierre, Ph.D., LCSW

Over the last year we have been involved in two projects. In collaboration with the outreach committee at NYUPI, we have actively worked to engage clinicians of under-represented ethnic minorities in psychoanalytic training as well as in psychotherapy training. With Dr. Carmela Perez, chair of the Committee on Racial and Ethnic Diversity, we are currently working on a project that aims to update the site's content. The website includes material relevant to practitioners working with ethnically diverse patients and material of interest to candidates, graduates and senior analysts of diverse backgrounds. To enrich this content, we have expanded a bibliography prepared several years ago by Drs. Salman Akhtar and Enrico Jones. The full committee reviewed our updated bibliography during the January meetings. The revised and updated version, following the same format of the original work by Akhtar and Jones, will be uploaded soon. The original version is currently available in the Committee's webpage section to all members. To join our group please contact: Mari Umpierre, marump@aol.com 646-831-1281.

LGBT Committee

*By Carlos Almeida, M.D., Candidate
Representative NYU-PI (New York, NY)*

Speaking with Susan Flinders, Ph. D. at the Winter APsaA meetings, I was reminded of the importance of outreach and communicating with the larger community of Candidates who may not be able to attend the meetings, or have the local support of a network of peers, colleagues, supervisors and faculty that I have established in New York. Central to that, has been the relationships I've developed as a member of LGBT Committee which continues to do outstanding work.

This year, Mary Brady, Ph.D. presented her paper "Sometimes We Are Prejudiced Against Ourselves: Internal-

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Dr. Dunn treated me to a *tour de force* exposition on the history of the “widening scope” and its vicissitudes over time.

Who is suitable for this unique form of psychotherapy, that is, who can benefit and who we as analysts are competent to treat are the questions before us in considering the idea of widening the scope in our selection of patients. In the earliest days, when Freud and his followers were eagerly using the new analytic methods, a wider scope of patients was accepted into treatment. Very primitive patients, including those with psychotic processes (the “Wolf Man” and Anna O come to mind) were given analyses; their case histories constitute some of Freud’s earliest expositions on analysis and continue to form the primary introduction given to candidates. Today, patients showing an equivalent degree of pathology would not likely be considered suitable control cases for beginning candidates.

After World War II, the influx of European analysts to the United States shifted the center of the profession to the United States. The NYPSI enjoyed a particular concentration of this talent and continued the work, now located in a new society and culture. In the 1950’s, during the ascendant Hartmann et al. era of ego psychology, the past experiences were codified, more restrictions were placed on the method, and the type of patients thought to be amenable to psychoanalysis was reigned in; the scope narrowed. In contrast to Freud’s explicit recommendation that only a trial analysis could assess a patient’s ability to benefit from the analytic method, an evaluative model focusing on ego strengths and weaknesses was adopted, following the medical model of the psychiatric interview. According to Dr. Dunn, this rigid model provoked a counter-reaction among analysts whose clinical experience showed that many ego healthy patients proved to be poor analysands while patients with sicker egos benefited greatly. Healthier patients often had firmer defenses and greater resistances to dependency and the tolerating regression in the service of the analysis.

More recently, as theory has advanced with the accumulating numbers

of patients treated and the garnering of experience, the scope is cautiously widening once again to include patients that Freud, in his later years, came to regard as outside the capacity of analysis to benefit. Another recent factor in widening the scope has been the changing popularity of analysis in the culture. The drastic decline in demand over the past several decades has correlated with the rise of alternative treatment methods such as medication and short-term, symptom focused therapies. According to Dr. Dunn, in light of alternatives to the intensive, highly demanding analytic modality, many analysts themselves lost faith in their method.

In the heyday of psychoanalysis, during the fifties and into the seventies, there were more patients than places for them in practice. Candidates were assured of a plentiful supply of “good” pa-

“Who is suitable for this unique form of psychotherapy”

tients and thus, like an exclusive college with a surplus of applicants, rigid criteria for acceptance by the NYPSI Treatment Center (TC) could be maintained. Today, patients are in short supply and institutes struggle to help candidates obtain suitable cases. The current model as practiced at the NYPSI incorporates more of the recent advances in understanding more primitive levels of functioning and, hence, permits a widening scope of patients deemed capable of benefiting from analytic treatment.

At the TC, a patient applicant is referred to a candidate who is trained to use the evaluative model to take a history and formulate a structural understanding of the patient’s functioning. History is considered the best predictor of patient functioning within the analytic situation. Dr. Dunn says that while senior analysts like Freud and Dr. Rothstein could evaluate patients very quickly, beginners cannot. The utility of the evaluative model for beginners is to force them to go point by point through the patient’s personality.

About twenty-five percent of TC patient applicants are deemed appropriate for referral to a candidate, a percentage

unchanged since 1946 when tracking such data began. Characteristics of those who seek psychoanalyses have changed since the 1950’s when the population was more structured and the intelligentsia flocked to be analyzed. Today’s applicants tend to be more disturbed and from a broader cultural spectrum. That the percentage of those accepted hasn’t decreased is due to the widening scope. Further, one quarter of those accepted by the TC following the evaluative process are considered to be only provisionally suitable and the candidate then engages the patient in an initial period of psychotherapy, in effect utilizing Dr. Rothstein’s process model, hopefully to successfully prepare the patient for a future analysis.

Assessment of analyzability rests on a consideration of two categories, the presence of Positive and the absence of Negative traits. Positive traits that weigh towards a “rule-in” for a recommendation of analysis include general indicators of ego strength; a capacity to tolerate affect without acting out; an interest in thinking symbolically; the capacity to accept responsibility and tolerate normal criticism; the ability to form normal, dependent relationships and profit from them; and a capacity for “regression in the service of the ego” as Kris delineated, seen in the ability to regress, to play, joke, fantasize, to tolerate being irrational and to misinterpreting the analyst. Negative traits factoring towards a “rule-out” include a history of severe regressions in the face of painful affect or of acting out such as are present in psychosis, substance abuse and violent or self-destructive episodes; and a history of paranoid or sadomasochistic transferences and how pervasive they are in defining the person’s typical relationships. One underlying premise of the widening scope, and the major value Dr. Dunn attributes to Dr. Rothstein’s advocacy of a process model, is that the positive traits are more difficult to assess via an evaluative approach but will emerge through a period of therapy that develops or exposes the patient’s capacity for such things as psychological mindedness and the motivation to endure the rigors of an analysis.

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Finally, I asked Dr. Dunn about research efforts aimed at predicting who will benefit from an analysis. So far, research has tended to discredit the evaluative approach for making such predictions. Dr. Dunn agreed research is needed. He mentioned that at the Columbia University Center for Psychoana-

lytic Training and Research a research project obtains patient agreement to be periodically assessed for progress by an objective interviewer during the course of treatment. So far, NYPSI has been reluctant to conduct research that is intrusive into the treatment. At the present, my experience and, from what I have in-

formally deduced from my classmates, is that we candidates use the process model extensively. We are more likely to work in intensive psychotherapy with patients in the widening scope category for many months prior to converting them into analyses than to receive a "good" case that can be started forthwith.

Members Corner *continued from page 3*

I carry your fearful country in me, Mother

for decades I fled your green veins
your delicate gray parks
your angular chimneys

now your sour hands fold over your rosary
and you pray for me and your words
mother, son, amen

haunt me like the confluence of star and horizon
things that will never meet yet stay
in orbits that fade at every break of day

By John Samuel Tieman, Ph. D.
St. Louis

John wrote: My wife, Phoebe Cirio, who is a candidate, sent me your email about articles and poems for The Candidate Connection. I am an APsaA Educator Associate, and serve on the Liaison to Schools Committee. I am, by trade, a school teacher. I also am a widely published essayist and poet. A short collection of my poetry, A Concise Biography of Original Sin, was recently published by BkMk Press of the University of Missouri at Kansas City.

APsaA Raises its Profile in the World of Social Media



LinkedIn is a professional networking site that can help those in the profession to share referrals and exchange ideas for improving the business of your practice. *The APsaA 'Group' on LinkedIn (www.apsa.org/LinkedIn) is only open to members, associates and candidates (as well as IPA members); while APsaA's 'Page' on Facebook (Facebook.com/American.pschoanalysis) is open to anyone.*

Please consider connecting with APsaA on one or both sites to help grow our online community. *There is great latitude of control over your privacy settings and with LinkedIn in particular, your contact information would be viewed only by fellow colleagues, but not the general public.* This is just the beginning of our experiment with social media sites, so continue to check the sites often and contribute to, or start a discussion among your peers to help them become more dynamic and engaging.

Please contact Jake Lynn, Director of Public Affairs, with any questions (jlynn@apsa.org / 212-752-0450 ext. 29).

EDITORIAL COMMENTS

By Susan Flinders, Ph.D., Editor, The Candidate Connection

Once again I hope to encourage each one of you to help us "widen the scope" of *The Candidate Connection* by answering our bi-annual call for submissions. This is a forum for each Candidate to give voice in some way to their Psychoanalytic thinking and approaches. Over the past few Newsletters, the scope has opened through various forms of contri-

butions and the scope becomes as widened as we wish or can imagine through various voices across the country and through diverse media. Please continue to contribute and **please begin to contribute to our newsletter**, if you have not, and truly widen the scope of our Newsletter. Note how many others, including family members of Candi-

dates, have lent their voices to these pages in various forms, such as narratives, poems and pictures. I also remind each Committee Chair and Delegate of the Affiliate Council that writing articles for the Newsletter are part of each of your roles as outlined in the Affiliate guidelines. *The deadline for the January newsletter is **October 25, 2010.***

Michigan Psychoanalytic Institute News

*By Susan Flinders, Ph. D., Editor,
The Candidate Connection*

In Michigan we have ended Winter and Spring is very much upon us as Nature kindly widens her scope, so to speak. In Michigan, at our Institute, we have widened the scope in many ways. Most recently, the current first year class is very interesting with the institute welcoming several half time candidates making candidacy more accessible. Also, Al Garmo, M.D., a current Candidates' Organization Co-President informed me that Erika Homann, Ph.D., the other current Co-President has developed online groups and a website for the candidates. This will allow for better communication and postings regarding a variety of candidate interests.

Furthermore, we have many training analysts who have supported many of the avenues for "widening the scope" of analytic training by reaching out to potential candidates and patients in many ways. For example, Marvin Margolis, M.D., Ph.D. was recently honored in Michigan with our yearly Benefit last Fall being in his name for many of his contributions to our Institute and Psychoanalysis in general. Of his many contributions, for example, as President of APsA in the early 1990's, he encouraged the National Organization to reach out to Gay and Lesbians for Analytic Training. He continues, as do other psychoanalytic leaders here in Michigan, to think of many new ways to reach out to diverse communities for Candidates and patients.

My Experience with a "Widening Scope" Patient at the New York Psychoanalytic Institute

By Navah C. Kaplan, Ph.D, Assistant Editor

I was told when I was applying for candidacy that the New York Psychoanalytic Institute had a reputation for orthodoxy in the way the practice of psychoanalysis was taught. This orthodoxy was evident in, among other things, a supposed unwillingness to relinquish its anachronistic rules for patient selection, technique and the theoretical formulations established during the institute's glory days in the Hartmann et al era of ego psychology. The Evaluative Model of ego strengths and weaknesses was to be applied to every patient applicant at the Treatment Center during a mandatory intake assessment to determine analyzability. Indeed, as a first year, first semester candidate, I dutifully conducted and wrote up such an evaluation, as did my ten classmates, for presentation in our clinical assessment class.

When the time came for me to begin my first control case, I presented to my supervisor an ongoing therapy patient who wanted to be in analysis. The patient, I did not argue, fit into the category of "widening scope." As might have been predicted from NYPSI's reputation for rigidity, my supervisor was unwilling to consent to such a difficult and potentially unrewarding first case experience for me. But I strongly disagreed. By that time, NYPSI had arranged for Arnold Rothstein to teach us his Process Model of assessing analyzability that emphasized process ex-

perience with a patient over time rather than the snap shot view of the patient in the Evaluative Model. Wondering at my hubris, I asked my advisor for a second supervisory opinion and was readily given someone else to consult. Before calling the new supervisor, I needed to inform my current one of my intent. I was certainly worried that he would be angry and, further, that he would also be right about the unsuitability of my patient for analysis, making me a rebel without cause. I was very surprised, then, when he congratulated me in friendly, heartfelt tones and said he thought I had done the brave thing to stick to my opinion and investigate further. My second supervisor felt comfortable with my patient as I presented his strengths, acknowledged the potential difficulties and described therapy process that I believed pointed to analytic potential. This patient became my first control case, which I am happy to report is ongoing.

To conclude about how candidates are being trained at the NYPSI, both the Evaluative and Process models are taught and most patients have probably been assessed using both models prior to entering a candidate's analytic caseload. The NYPSI understands what research has thus far shown, which is how poorly our current methods for assessing analyzability correlate with successful analyses. Every supervisor and candidate couple has the flexibility to decide if a given patient seems suitable and is within the comfort zone of both to treat in an analysis. Disagreements are tolerated and, as I experienced it, the candidate may successfully argue to begin an analysis.

ized Homophobia in and Adolescent Male” which was awarded the Ralph Roughton Paper Prize award. To quote Dr. Brady, this paper “considers the painful experiences of external and in-

ternal homophobia for an adolescent boy and his poignant use of the analytic setting to begin to name and claim his sexuality.” Within the countertransference, she explores internal struggles of

wanting to shield her patient from homophobic attitudes amongst patient and analyst.



Julio, Carmela and Laura, “Widening the Scope” through ongoing connections. Our current Affiliate Council President (Carmela) with the two most recent Past Affiliate Presidents at the Affiliate party in New York, January 2010.



APSAA

CALL FOR PAPERS

\$1,000 AFFILIATE COUNCIL SCIENTIFIC PAPER PRIZE

The Affiliate Council awards this annual prize, on the basis of peer review, to the Affiliate Member who submits the most outstanding scientific paper on a psychoanalytic subject. There also will be a **\$500 honorarium for the semi-finalist prize**. The winning author will present his/her paper at APSaA's January meeting in New York; the semi-finalist will present his/her paper at the June meeting. The winners are also required to present their papers at a local venue. The winner and semi-finalist may submit their papers for review by JAPA, and if accepted, the paper will be published as the winner or semi-finalist of the Affiliate Council Paper Prize.

Submission Guidelines: In order for a manuscript to qualify, it must be submitted by an Affiliate Member and it must be unpublished although it can be based on a paper that was presented at professional meetings. Each manuscript must conform to the *Preparation of Manuscripts* guidelines outlined by JAPA, with the exception that the length should not exceed 30 double-spaced, typed pages. **Entries must be submitted electronically no later than August 30, 2010.** Email **one Word document** containing the manuscript **with all references to the author deleted** and email **another Word document** containing the author's name, email address, address, phone number, and Institute affiliation to:

Navah Kaplan, Ph.D.
(E) navahckaplan@gmail.com

Supported by grants from the American Psychoanalytic Foundation Committee and APSaA



APSAA Benefits

NEW Professional Insurance Program for Social Worker & Psychologist Members
Reduced Insurance Rate for California Members

After many years of work with Frenkel & Co., Inc., APSaA is pleased to announce that Frenkel has developed a new Professional Insurance Program especially for APSaA's Social Worker and Psychologist members.

- ◆ very competitive rates with excellent coverage.
- ◆ a claims-made policy.
- ◆ underwritten by the same company that has been offering Professional Liability Insurance to members of APSaA for more than 35 years.
- ◆ new reduced insurance rates for M.D. psychoanalysts in the State of California.

For more information, please contact Margaret Church, Frenkel's Program Administrator, at 1-800-FRENKEL or mchurch@frenkel.com; or visit www.apsaainurance.com