

# THE AFFILIATE COUNCIL

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## NEWSLETTER

**APSAA**  
AMERICAN  
PSYCHOANALYTIC  
ASSOCIATION

### PRESIDENT'S LETTER

Dear Affiliate Members,

My term of office as your Affiliate Council President comes to an end after the meeting in January. First and foremost, I would like to thank you for the opportunity to serve you. Candidates and candidate issues will always have a place in my decision-making no matter where in the Association I go.

That said, I hope that you might consider some major issues coming before the Association that will affect you. Regardless of whether you agree with me, you must educate yourself about these matters and you must vote your point of view. In the end, this is really your Association. The lack of power that candidates have to influence the future of their organization is limited, and I urge you to take what power you have—your vote—to make your views known.

Several matters that are before you now include:

- The "Local Option/Institute Choice" and the "Educational Flexibility" bylaw amendments. These two amend-

ments are about the requirement that is presently in the bylaws for TA/SAs to be certified. The "Local Option" amendment says that the Board on Professional Standards shall not require certification as part of TA/SA appointment. The "Educational Flexibility" amendment leaves the decision about certification in the hands of the national collective body of Institute representatives. The Local Option/Institute Choice amendment puts the decision about certification into the hands of the local Institutes, where TA/SA appointments are most subject to local pressures and politics. In this way, the two amendments are radically different in who has the power to decide about certification for TA/SA appointment. I urge you to vote "No" on the Local Option/Institute Choice amendment and "Yes" on the Educational Flexibility amendment.

- The upcoming membership bylaw amendment. This amendment is likely to come out of the Executive

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### ON PSYCHOANALYSIS

#### OPENNESS TO LIFE, LOVE, LOSS, SURRENDER

—By Sally Rosenberg, D.O.-Training  
and Supervising Analyst at the  
Michigan Psychoanalytic Institute

A friend of mine died a few days ago. She was a 55 year old woman at the peak of her life, having just launched 2 wonderful young men in their twenties into the world. It was her time to enjoy the fruits of her toil. Life wasn't fair to her or to her family as a rare prion disease called CJD crumpled her brain cells and took her life

away. I mention her story as a way to talk about life being full of painful sorrows and jubilant joys all at once in a form that makes it difficult for us and for our patients to tolerate. She had developed a consciousness about choice and life and love that was remarkably clear and fiercely grounded. She passionately strove to be the best person that she could be. She embraced life and loved deeply. It is a profound loss for those who have been left behind.

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**January 2009**  
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Council meeting in January 2009. When you see the wording on this amendment yet, please read it carefully. The Board on Professional Standards used to make the decision on who could be members of our Association, this decision rightly resides with the membership as a whole – in short you and me. This amendment will take the decision about who would become members and put it into the hands of a committee of the Executive Council. While this body is the Board of Directors of our Association, and highly experienced analysts, any decision that

involves a change in the membership of our Association must reside with the members.

- Candidate representation. Remember that candidates in training number almost one-fourth of our Association. You deserve to be represented on our Board of Directors in some manner with voting privileges. You have special concerns and issues. In fact, changes in the education and training of candidates should have the approval of the candidates in training before being considered by the Association. You need to educate yourselves to participate in your own future as analysts.

Begin educating yourself by reading the articles in TAP. Read all the bylaw

amendments you see and ask questions. Refuse to be intimidated by anyone. Get involved in the Affiliate Council. Carmela Perez from NYU takes over as your President in January. Give her your support and ask your questions. Or contact me – my email is [ljensen701@aol.com](mailto:ljensen701@aol.com). I'll make sure your questions get to Carmela. Thank you again for the opportunity to be involved with our Association on your behalf. I will follow your progress with pride.

Sincerely,

Laura L. Jensen, Ph.D.  
Affiliate Council President

## ON PSYCHOANALYSIS CONT.

### *Continued from page 1*

Psychoanalytic training has known important transformations over the past 25 years. Gratefully, the average number of years in training has shortened. Programs are more defined and accountable to curriculum and educational committees. Clinical methods are further developed with fine attunement to affect states, self states, interpersonal relationships and particularly deal with intricate personality concerns. Earlier focus of psychoanalysis on structural theory, compromise formation and defense work has evolved to a dynamic consideration of multiple theoretical perspectives. Psychoanalysis has welcomed the works of Klein, Bion, Winnicott, Green, Mitchell, and others who have changed the body of knowledge we know as psychoanalysis. Theories themselves are changing and growing and being modified by old and new theories and by our experience.

We have entered an age of multicultural, gender-free, racially blind political choice. This represents a significant

change for our society where it is possible that meaning could transcend form. Even in the halls of academia, hunger for psychoanalysis is still present. Some might even say that the psychopharmacologic swing of the pendulum is heading back toward the psychotherapies.

I would like to briefly address the issue of openness and change in psychoanalysis. It is somewhat perplexing to talk of openness in a field where there has been such concern surrounding self-disclosure of the analyst and even privacy from the patient's point of view. Openness could be defined as an accommodating attitude or a demonstration of receptivity to new ideas, or to others. In a thesis entitled "I Walk the Open Road: Toward an Open Source Philosophy" by Cooksey ([opensource.mit.edu/papers/Cooksey.pdf](http://opensource.mit.edu/papers/Cooksey.pdf)) he references the concept of open. There is "the sense of open as the act of opening to. Second there is the quality of being in a state of openness. And third, there is the open in which things may emerge." Referring

to open as a system, openness implies "the degree to which a system operates with distinct boundaries across which exchange occurs capable of inducing change in the system while maintaining the boundaries themselves (Wiktionary.)" Being affected by our analysands and yet holding our own boundaries all the while feeling strongly is openness. This essence of passing through another or permeating is something we notice as a part of the therapeutic encounter.

Patients try to communicate in various ways. To receive the patient's message in the way it is intended is not easy. As analysts we are apt at any one time to feel a patient's intense pain, anguish, or hostile feelings. How difficult it is to grasp the depth of the patient's emotion and yet to be mindful of the effect that emotion is having on the patient and oneself. Concurrently to perceive emotion and feel it, and not interact based on one's own desires or

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fears is ultimately the charge of our work.

To be open is to listen. To listen is to be a witness. To listen with understanding is to be a partner. To partner in this work as patient and analyst is a close endeavor. Some might consider that both of the partners in analysis are potential analysts of each other since both share in the work of self-

discovery. Yet, an important part of our work is also supervision, where we discover our patient's feelings in ourselves while allowing another to know us and know our conflicts with the patient. This is important parallel work that we know and appreciate deeply whether it is individual supervision by a colleague or work with peer study groups.

Life is real, palpable, and vibrant. People affect one another and are

open to each other's feelings, state of mind, and energy. Psychoanalysis reflects the same liveliness. When involved with caring about patients and working with them, we are helping them regain the full use of their potential. Our true involvement with them, which involves us facing our own fears, losses, hurts, and disappointments, is what helps our patients change themselves.

## THE EDITOR'S CORNER

As the current Editor of the "Affiliate Council Newsletter", I wish to say a word about candidate writers. I would like to encourage all interested candidates to consider writing for the Newsletter. I had written articles reflecting candidate activity from my Institute for about four years. I found it a very worthwhile and fun endeavor, not to mention the practice it gave me in putting my writing out there for all candidate members to read. It also gave me the chance to reflect on the candidate activities at my Institute and

to offer the related information to other candidates around the country. The resulting articles from other Institutes then allowed me and other candidates like myself to compare and contrast the training across the nation. This can be invaluable for all candidates in learning from one another and helping to construct input for Institutes who are constantly developing curriculum for future and current candidates. For the past two newsletters, response by writers has been low, as well as, the response by Committee Chairs and/or

their Representatives for article contributions. I am making a plea to all of you to consider writing for your Institute or Affiliate Committee. It can serve as a valuable contribution to your future as a writer and to the shared knowledge of all candidates, including yourself.

Susan Flinders, Ph. D.

Editor, Affiliate Council Newsletter

## LGBT Committee, Candidate Representative

—By Carlos Almeida, MD

**Institute:** NYU-PI (New York, NY)

December 2008

I am delighted, both personally and professionally, to be the new Candidate Representative for the Affiliate Council. It was an eye opening experience and rewarding experience to be part of a national committee committed to understanding issues of people with diverse sexual orientations: lesbian, gay, bisexual and transgender.

Arriving back to New York City from the 2008 Annual Meeting in Atlanta, I proudly announced to a group of friends at dinner (one of whom is actively involved in politics for the American Psychiatric Association) that our committee had recently been approved to add the "T" (transgender) to the organization as a group of recognized people struggling, as we all are, to find a better state of internal peace. It seemed, as we spoke that evening at dinner, that APsA has been evolving over time in terms of nonjudgmental acceptance/understanding, and has surpassed that of the APA, the first professional organization that I joined years ago.

In addition, our group (chaired by Ethan Grumbach, PhD at the National Level) recently has worked on other worthwhile political and social causes such as advancing a Policy Statement for APsA regarding their stance on treatment of gays in the military [this title was taken off the position statement]; statements in support for California's recent Proposition 8 legislature; and, working on a symposium to present at the 2009 IPA Congress in Chicago in July on issues of gay/lesbian parents, known abroad as "homoparenting." It feels wonderful to be connected with a group of smart, likable and intelligent colleagues who are committed to this cause.

Socially, the committee's not lacking either. During the Spring Meetings several members of the committee had

amazing meals at some of Atlanta's best restaurants (Spice Market, and Eugene's), as well as enjoying getting to know one another better over drinks at the hotel bar. On Friday evening, Ralph Roughton, MD was kind and gracious enough to entertain at his home, cooking an amazing southern meal with extra doses of charm and hospitality by treating us with an impromptu piano recital.

Back at my home Institute, New York University Psychoanalytic Institute (NYUPI), I, too feel quite lucky to be connected with a group of fun, smart, and vibrant fellow candidates. Although, I'm most connected with them walking in, toting coffee bleary eyed at 8:30am every Saturday morning for classes, I think our Institute, from the Director/Administrator onwards, attempts to make sure that the Candidates' ideas and feelings are considered. Candidates, at some level, are active members of almost every committee within our Institute, including Outreach, Admissions, Curriculum, and Clinic to name a few. Somehow, we also find time to get involved locally/nationally as well by being active and involved members of The Candidate Journal ([www.thecandidatejournal.org](http://www.thecandidatejournal.org)) which is publishing its third volume, devoted to the topic of "Money" in January 2009; the Inter Institute Candidate Alliance, a collective group of candidates across various NYC institutes that collectively produced an event this past Fall which looked at "gate-keeping," or hurdles, perceived and otherwise, across various stages of a candidate's development.

NYU-PI has successfully fostered an environment which is warm, open, and collegial and the Faculty are friendly, inviting and genuinely interested in our learning and development as colleagues. I can't imagine a better place to be not only a candidate, but a Candidate interested and involved on the LGBT committee. I'd welcome, and be interested in hearing from Candidates at other institutes regarding issues of either training, or those with an LGBT focus. Please feel free to contact me directly at [CAMDNYC@aol.com](mailto:CAMDNYC@aol.com)

## The Michigan Psychoanalytic Institute

—By Bernadette Kovach Ph.D.

The Candidates of the Michigan Psychoanalytic Institute are an important part of every activity and endeavor of the Institute from participating in classes, and guiding curriculum decisions, to raising funds for our many activities through participation in our Annual Benefit. We are woven into the fabric of the Institute along with a proud and, at times, strife filled history. Michigan's Candidates Organization was one of the first local and, later, nationally recognized organizations formed by and for the candidates. It's rich tradition of inclusion, cooperation, diversity, and strength at turning adversity into creative opportunities continues today.

Our candidates are students, teachers, supervisors, mentors, and liaisons. It is difficult to name all of the activities our organization is involved in, and harder still to name all of the individual candidates. We currently have 38 members, all participating on committees, in continuous case conferences, presenting their work to fellow candidates and to Training and Supervising Analysts from other Institutes and from other analytic disciplines. During the second year of a teleconference course on Multiple Perspectives Barbara Kilian M.D. presented an analytic case to William Coburn Ph.D. a self-psychologist from the Institute of Contemporary Psychoanalysis in Los Angeles and Kathrine MacVicar M.D. a neo-Kleinian from the San Francisco Institute. In conjunction with area Universities, the Michigan Psychoanalytic Council and the Michigan Psychoanalytic Society, we hosted Linda Mayes M.D. as our 22<sup>nd</sup> visiting professor. Many of our candidates are part of the Early Admissions Program designed for professionals in training as well as those fully established in careers but needing an alternative schedule for their entry into analytic training. In addition, several of our advanced candidates teach in the Early Admission Program, as well as in our Adult Psychoanalytic Program.



Another successful and innovative enterprise our candidates are part of is called Clinical Moments. Candidates Lynn Kuttnauer Ph.D. and Deborah Harms Ph.D. were among those presenting case material in the warm atmosphere of one of our colleagues' homes. During Clinical Moments, case material is presented up to a point prior to an intervention or at some other "critical moment" of the treatment. The group, consisting of candidates, residents, social workers, and other mental health professionals interested in analysis, is then invited to discuss their ideas about what is going on, and how they would consider handling the moment.

Many of our child analytic candidates including Marcy Palmer Broder

LMSW, Marc Hirsch, Ph.D., and Deborah Tucker, LMSW were part of an exciting program that recently launched the opening of the Walnut Lake Preschool for children with emotional, developmental, or behavioral challenges. Susan Flinders Ph.D. has taken an active role in the Affiliate Council and in our outreach efforts to the gay and lesbian community. Sue Cutler Ph.D. coordinates several activities for our Student and Trainee's Association. Our co-presidents Al Garmo M.D. and Erika Homann, Ph.D. have been very busy with many program and policy changes including following up on changes to supervision policies, enhancing our candidate mentorship program, and promoting workshops similar to one offered earli-

er this year regarding the certification process. Our Candidates Organization had the opportunity to meet with Dr. Holinger to review and discuss the certification process. The workshop with Holinger was educational for many on a professional and personal level.

In addition to our various roles in and around the Institute, our candidates are musicians, poets, artists, writers, parents, and friends. We have lunches, dinners, parties, game nights, and family meals together. We share smiles and looks of dismay, favorite recipes, tears, and triumphs. We gather to challenge and inspire each other, and to witness growth in our Institute and in one another. We argue, and laugh, and when all is said and done, we learn and we grow.

# Calling all Candidates:

## Interest-free Loans for Training

### Applications due May 1, 2009

**The Candidate Assistance Fund** of the American Psychoanalytic Association provides loans up to \$5,000 to candidates training to be psychoanalysts. The loans are to be repaid within a maximum of six years. Currently, between five and seven loans are made annually.

There are two criteria considered in approving a Candidate Assistance Fund loan:

the need as evidenced by an applicant's financial need.

the ability to repay the loan as evidenced by the applicant's overall financial health.

#### **Eligibility**

APsaA Affiliate Members in good standing are eligible to apply to the Fund.

Affiliate Members must have completed one year of training.

Financial need must be demonstrated.

#### **Application Procedure**

Guidelines and applications are available in the Members Section of the APsaA website ([www.apsa.org](http://www.apsa.org)) or email Dean Stein, APsaA's Executive Director, for an application form at [deankstein@apsa.org](mailto:deankstein@apsa.org).

#### **Application Deadline**

Applications for loans from the Candidate Assistance Fund need to be received at the APsaA offices by Friday, May 1, 2009.

## THE CANDIDATE JOURNAL

WWW.THECANDIDATEJOURNAL.ORG

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# CALL FOR PAPERS

## *The Candidate* Volume 4: Power Online Publication January 2010

Volume 4 of *The Candidate* will be devoted to the topic of “Power.” This concept is embedded in the very language of psychoanalysis. We treat “control cases”; we speak about omnipotent defenses; we strive for powerful interpretations. Power is also a relative idea, and one that implies its obverse, powerlessness.

In this issue, we wish to explore some of the ways in which analysts confront questions of power and powerlessness across a range of domains including — but not limited to — theory, ideology, hierarchy, pedagogy, sexuality and pathology. Some examples are:

- What internal processes lead people to become analysts despite the relative powerlessness of psychoanalysis in the broader society?
- Might feelings of powerlessness and disenfranchisement lead some candidates and faculty members to cling rigidly to false certainties? How might this tendency reverberate at an institutional level? Have recent efforts at cooperation among institutes, and greater theoretical openness, freed candidates to work more creatively?
- What power does the patient have over the candidate, who needs training cases to graduate? How does such power affect analytic process and outcome?
- What are some current institute models that challenge the traditional, training analyst-dominated institutional hierarchies of the past?
- What is the impact of unresolved transferences within an institute? Does lingering idealization interfere with the candidate’s development in general and creativity as an analyst in particular?

### **Who Can Submit Contributions**

We welcome submissions from candidates and graduate analysts from all psychoanalytic institutes, as well as from writers in allied disciplines. Literature reviews, essays, research papers and personal narratives are invited.

### **How to Submit Contributions**

We ask that authors submit papers to [candidatejournal submissions@gmail.com](mailto:candidatejournal submissions@gmail.com) no later than April 1, 2009. Potential contributors are welcome to contact us well before that date; we’ll be happy to discuss your work as you prepare it for submission to the journal. On request, *The Candidate* offers authors the possibility of working closely with editors on the development of their papers. For further information or to discuss submissions, please contact Ellie Gelman, PhD at [candidatejournal submissions@gmail.com](mailto:candidatejournal submissions@gmail.com).

### **NEW: Journal Prize**

We are pleased to announce that beginning with the publication of Volume 4, *The Candidate Journal Prize* will be awarded for the best paper published in each volume.