

## Theme:

# Becoming an Analyst: Inspiration and Growth



### PRESIDENT'S ADDRESS

Navah C. Kaplan, PhD

Dear Candidates,

The co-editors of *The Candidate Connection*—Marian Margulies and Holly Crisp-Han—

and I think hard about the organizing theme we select for each edition of the newsletter. We look for something of primary importance to candidates, and this has been reflected in themes from the recent past such as the supervisory experience, the “widening scope” of patient selection for analysis and, most recently, creativity and candidacy. Since our last issue came out, an APsaA political divide has found expression in a lawsuit, with one component of the organization in legal dispute with another. I believe most candidates struggle to locate their own opinion on the many weighty matters under debate, and it may feel like the arguments continue a thread with a long tail in the historical past, difficult and time-consuming for those newly arrived to follow. Candidates are engaged in learning to be psychoanalysts *today*. Which brings me back to the theme of this newsletter. We proposed a counterpoint to the perhaps necessary but rather depressing expressions of the problems we face in our profession. We decided to ask candidates to offer their own, fresher visions of the field. The editors broadly invited candidates to contribute material celebrating their experiences of candidacy and the value that psychoanalysis has brought to their lives and professional growth. As President of the Candidates' Council of APsaA, I focus more particularly on the enormous

contributions APsaA makes to candidate education and to developing an analytic identity. Despite the political roiling about and the shouting that sometimes bursts from the lines of a list-serv post, APsaA remains not just a good-enough parent to candidates but an exceptional one. In my contribution to this issue, I highlight some of the work being done by candidate leaders who chair the many committees of the APsaA Candidates' Council. I invite all candidates to come to the APsaA's 2014 National Meeting in New York this January and to attend our meeting of the Candidates' Council. We will orient you to help you navigate the program and learn of opportunities to get involved in the Association.

Candidates' Council (CC) officers have been working on various projects over the last year. President-Elect Phoebe Cirio has been working to revive the COPE (Committee on Psychoanalytic Education) Candidates' Study Group. She and I have liaised with the IPSO (International Psychoanalytic Students' Organization) Vice-President for North America, Marco Posadas of Canada, to forge a stronger connection between our two organizations, thus expanding the opportunities for collaborative work among candidates from a national to an international arena. Marco is eager to help us grow our candidate membership because he correctly notes that every APsaA candidate member is automatically enrolled as a member of IPSO, as well. Our mutual interest to enlarge our professional organizations is thus served by enrolling candidates in APsaA.

CC Treasurer Jamie Cromer has been working on the CC budget. She also serves as the candidate representative at meetings of the American Psychoanalytic Foundation. This year, Jamie has been engaged in applying for certification. Read her article in this edition where she describes a contemporary experience of the certification process.

Secretary Gennifer Lane-Briggs has worked assiduously to compile a directory to list the names of all Candidates' Council members. The CC is comprised of the officers, chairs of committees and candidate representatives. She has been painstakingly contacting the institutes with the earnest request that each one designate a candidate representative to attend our Candidates' Council meeting during 2014 National Meeting. We are hoping her efforts pay off so that the majority of institutes will be represented at our next CC meeting. Gennifer has also been working with the chair of our Digital Media Committee, Anton Babushkin, to develop ways of using technology to promote candidates' professional interests. Gennifer has also recently taken on the role of chair of the Mentorship Committee. She will be conducting the follow-up to this pilot program begun by our last CC president, Hilli Dagon-Clark.

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I have begun to visit candidate organizations at institutes local to me in the Northeast corridor for informal dialogue in the nature of a focus group. I exchange information, telling candidates about APsaA's many programs and the benefits of candidate membership, and I ask for candidate impressions of APsaA. I ask what do candidates want of a professional organization and how informed are they about what APsaA offers to candidates. My hope is such dialogue will provide information useful in the effort to recruit candidate members.

Angela Retano of the newly renamed Policies and Procedures Committee has rewritten the document that was previously called our Bylaws. The new Policies and Procedures document is now posted on the APsaA website in the Candidates section. She has worked diligently, through many revisions, to create a document that summarizes the function of every CC office and committee and the duties of those so engaged. Anyone interested in learning about the many committees of the CC now has a guide.

Sabina Preter who chairs the CC Scientific Paper Prize/Writing Workshop announced that there was no prize winner this cycle. She has therefore organized a Writing Workshop to be conducted by JAPA editors. They will select the writings of a candidate and show how a work-in-progress may be developed into a publishable paper through editorial feedback.

Sarah Lusk who chairs the CC Program Committee has organized two wonderful sessions geared towards candidates at the 2014 National Meeting. Each session features a renowned analyst and candidate participation in the session.

You can read more about the various committees from their chairs who have contributed to this newsletter. I hope to see many of you at APsaA's 2014 National Meeting in New York this January. We have a number of committees in need of members and many opportunities for you to plunge into the wide world of the APsaA Candidates' Council. And remember to sign up for the Candidates' major social event, the Winter Bash. The party will be at the South Street Seaport where we will fully commandeer a charming and excellent Italian restaurant, Il Brigante, owned by recent NYPSI graduate, Tehela Nimroody. Please locate the ad in this newsletter for further details, including how to reserve your place.

I am easily reached by anyone who has questions, wants more information or has an idea useful to the Candidates' Council. Email: [navahckaplan@gmail.com](mailto:navahckaplan@gmail.com). ❖

Navah C. Kaplan, Ph.D.  
President, Candidates' Council



## The Candidates' Council's *Annual Winter Bash*

Thursday January 16, 2014  
8 to 11 PM

Eat | Drink | Network

### Join us for the Annual Candidates' Winter Bash!

*Hosted by Candidates' Council President, Navah C. Kaplan, along with Tehela Nimroody, recent NYPSI graduate and owner of the IL Brigante Restaurant. Experience fine Italian cuisine in NYC's South Street Seaport while enjoying colleagues from across the country.*

*All candidates and psychotherapy students  
are invited.*

**\$75 per person Includes:**  
Full Buffet, Wine & Soft Drinks.



Please RSVP to Navah C. Kaplan at  
[navahckaplan@gmail.com](mailto:navahckaplan@gmail.com)  
Phone: 212-876-2353  
Mail check made out to:  
Navah Kaplan, 1213 Park Avenue,  
New York, NY 10128

**NOTE:** Space is limited. Reservations and pre-payment highly recommended.  
Without a reservation, payments of cash or check will be accepted on the day of the party **ONLY**  
if space is still available (we cannot accept credit card payments).

#### Location

**IL Brigante**  
214 Front Street, New York City  
(bet. Beekman & Peckslip)

Navah C. Kaplan, President  
Phoebe Cirio, President-Elect  
Jamie Cromer, Treasurer  
Gennifer Lane Briggs, Secretary

#### APsaA Candidates' Council

Navah Kaplan, President  
Phoebe Cirio, President-elect  
Gennifer Lane Briggs, Secretary  
Jamie Cromer, Treasurer

#### The Candidate Connection

Newsletter of the APsaA Candidates' Council

Holly Crisp-Han, Co-Editor  
Marian Wiener-Margulies, Co-Editor



## EDITORIAL CORNER

Holly Crisp-Han, MD & Marian Wiener-Margulies, PhD

Welcome to the Winter 2013 issue of *The Candidate Connection*. The theme of this issue, "Becoming an Analyst: Inspiration and Growth" grew out of a discussion that Marian Margulies and I had with Navah Kaplan, President of the Candidates' Council, one morning this fall in a conference call. As we spoke, we discussed hopes for our own analytic training and the creation and formulation of analytic identity. We discussed the role of colleagues and discussions at APsA in contributing to our development and growth. At the national meeting in January, and in pockets of candidates and analysts that gather from across the country, we find ourselves inspired and motivated to think differently and consider other perspectives. Our conversation was only a small example of the connections we can make through APsA that serve to broaden our minds and challenge us.

In this edition of *The Candidate Connection*, we aim to shift away from the conflicts swirling in the national organization to consider what we, as candidates, find

inspiring about psychoanalysis, analytic training, and membership in APsA. We have included articles that speak to both institutional and personal experiences of the topic. Navah Kaplan, in her Presidential Address, remarks about APsA's contribution to the candidate education and the development of analytic identity. Harvey Schwartz contributes an article about the process of certification, from his leadership perspective. Jamie Cromer shares a personal reflection about her experiences with the certification process as it has been an important step in her professional development and personal growth. Anton Babushkin presents a reflection of his internal work as a candidate, as well as the process through which his analytic thinking also inspires external work at a community level. Marian Margulies contributes her reflections on play and creativity as sources of inspiration in our work. Deisy Cristina Boscán reflects on her experiences at the IPA Congress this past July.

You will find updates from the Chairs of Committees of the Candidates' Council to APsA. These include: the COPE Study Group on Psychoanalytic Education by Phoebe Cirio, the Digital Media and Communications Committee by Anton Babushkin, the Candidates' Council Program Committee by

Sarah Lusk, and the Child and Adolescent Analysis Committee by Adam Libow. In addition, there are updates from the Mentoring Committee and the Secretary's Report by Gennifer Lane Briggs, the Policy and Procedures Committee by Angela Retano, the Paper Prize by Sabina Preter, and news on IPSO from Marco Posadas.

In this edition of *The Candidate Connection* you will also read updates and perspectives from several institutes around the country. There are contributions from Jephtha Tausig-Edwards of Columbia University Center for Psychoanalytic Training and Research, Phoebe Cirio from the St. Louis Psychoanalytic Institute, Catherine Maihoefer from the Pittsburgh Psychoanalytic Center, David J. Williams from Denver Psychoanalytic Institute, Shirley Malove from the Florida Psychoanalytic Institute, Holly Crisp-Han from the Center for Psychoanalytic Studies in Houston, and Alex Barends from Michigan Psychoanalytic Institute.

We hope that this edition will spark your own considerations about ideas of inspiration and growth in your training. We encourage you to think about how APsA on a national level could be a source of collaboration, inspiration, and opportunity in your training. ♦

## ARTICLES AND REFLECTIONS

### Endless Possibilities: Candidates, Analysts and an Experiment in Crowdfunding

Anton Babushkin, MSW

Psychoanalytic training is designed to enhance our human qualities so that we can help others—we learn to use our empathy, self-understanding and clinical skills in the nurture and support of other human beings. It is a very giving profession; we benefit from the love and care of our analysts, teachers and supervisors and in turn give to our patients and colleagues. In the optimal environment, it is a virtuous circle that creates increasing goodness in our communities.

I am currently a second year candidate at the Michigan Psychoanalytic Institute, where I have benefited from the best my Institute and Society have

to offer—encouragement, training and support. I have found it inspiring. I have been on a journey from being a Social Work graduate student attending Scientific Paper presentations and meeting my now long-time mentor Dr. Marvin Margolis, to being a full-time candidate helping my first control case patient. I have richly benefited from my training, both personally and professionally.

In my experience, receiving something good helps us give to others. My Institute and Society hosts an annual Benefit Dinner, a wonderful event that honors an outstanding member of the psychoanalytic community and raises much needed

funding for our organization. It is held in beautiful local venues, such as the historic Detroit Athletic Club, and is attended by about 300 people annually. The evening consists of brief comments in honor of the honoree, music and an opportunity to celebrate with colleagues and family. To raise money, graduate analysts, local businesses and candidates donate money to support our mission. This year, based on an inspiring conversation with a recent graduate (Dr. Dana Ellen MacMillan), I hatched the idea to have a Matching Funds fundraiser drive, just like our local radio stations.

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Candidates and graduate analysts would raise donations for the Benefit—the total money brought in by candidates would be matched by funds from the analysts. The idea turned out to be a fantastic success. Our collaborative spirit united by a common goal helped to generate about \$3000 in donations for our Institute. I heard

many positive, supportive reactions from candidates and analysts alike. This simple idea seemed to ignite our underlying wishes to collaborate more with each other.

This experience helped to further strengthen my view that graduate analysts and candidates have a lot to offer each other, in addition to the formal training

and supervision. We truly are a community of caring, like-minded people.

Imagine the possibilities when we apply our psychoanalytically informed minds and hearts and together seek solutions for human suffering. This is my inspiration. This is what makes me proud to be a psychoanalyst-in-training. ❖

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## Pre-Graduation Certification: An Update

*Harvey Schwartz, MD*

*Chair, Certification Examination Committee*

*216 925 6022*

*Schwartz336@comcast.net*

The Pre-Graduation Certification program has been ongoing for the past few years and has been well received by candidates from many institutes. Part I consists of writing up two analytic cases who are in middle-phase and who can be of the same gender. It also entails presenting process notes from those cases to two interviewers. After graduation, Part II can be taken which includes writing up a terminated case. The write-ups are studied by the certification committee which consists of analysts from around the country who are entirely blind to the identity of the applicant. Unlike local faculty, the entire committee functions free from the inevitable influences of personal familiarity. They don't know the applicant's name; they don't know their institute; they don't know their professional degree. Nothing. All they have before them is the clinical work of the candidate analyst. The work is evaluated on the basis of the Guidelines that have been studied and supported by nationally respected analysts. These competencies that are listed in the Guidelines and are available for all to review in the members section of the APsaA website: (<http://www.apsa.org/Portals/1/docs/Members/certification/StandardsProceduresManual.pdf>)

These competencies ask, for example, that an analyst be able to have a diagnostic and dynamic formulation of the patient; to understand the role of medication in analytic work; to show the ability to intervene in an experience near fashion; to describe the capacity to work

with intense transferences; to demonstrate an understanding of how to facilitate the patient's deepening experience of their intra-psychic life; to show that they make an effort to understand the meanings and usefulness of their own imaginings about their patients; etc. Candidates who have sat for Part I of the certification examination have reported finding it very useful to present their work to analysts from outside their own institutes. The work entailed in the application process is considerable. All have reported that they have found it educationally intense and enriching.

For those who may wish to delay their certification until after graduation I'd like to update you on the evolution of the examination in recent years. We find that the ability to demonstrate these competencies to be a meaningful evaluation of one's analytic thinking. Presenting a detailed case report along with an interview around process material is the most experience near manner in which one can understand an analyst's clinical thinking. Using this as our foundation we have made many changes to our certification procedures. Some of this evolution has been the result of our ongoing study of our process and our interest in always improving it. Some of these changes have been the result of the criticisms of certification that have usefully sharpened our awareness of our limitations. We have introduced a mentor program to assist applicants either before they formally apply or afterwards if their work has been found lacking in one or

another of the competencies. Again, the availability of these analysts from outside one's institute has been a refreshing educational opportunity for many applicants. The Developmental Pathway is an additional change to our procedures and we have begun the process of having a national representative join with local faculty to evaluate an applicant's work for both certification and TA appointment. We have introduced researchers into our process and they have sat in both on our committee evaluations and on the interview process itself. This research is ongoing and we look forward to learning more about ourselves from fresh eyes so that we can continue to refine the process that we can offer to applicants.

All this work is only meaningful if the applicants' experience during their certification examination is collegial, respectful and facilitative of their being able to demonstrate their thinking as a psychoanalyst. I am quite pleased to note that recently during my pre and post interview meetings with applicants and in their anonymous post exam evaluations of us, that this has become the norm. I and the committee remain vigilant that this remains the case.

We have come far in recent years. Now we are preparing for the next phase of certification—where we measure ourselves according to the standards of all health professionals and become a granter of Board Certification in Psychoanalysis. This requires us to do what all

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professions do and separate ourselves from the membership organization and become part of a free standing American Board of Psychoanalysis. We look forward to continuing to provide a transparent, intensive and useful clinical evaluation and learning experience.

If you have any questions or would like to be in touch with me directly, please don't hesitate. To the right are some anonymous comments from recent applicants for certification. ❖

*"Both interviewers were very encouraging, welcoming, respectful and collegial. They made me feel very much at ease."*

*"I enjoyed the whole application process and found it a tremendous learning experience. It made me focus on the main issues my patients' are struggling with, and it helped me organize and own my clinical work."*

*"It was an enjoyable dialogue, and I discovered some directions for personal growth. It was like a clinical consultation."*

*"Overall, the certification process felt instructive and helpful as part of my development as an analyst."*

## Pre-Graduation Certification: Consolidating Psychoanalytic Identity

*Jamie Cromer, LCSW, ACSW Psychoanalyst  
New Orleans-Birmingham Psychoanalytic Center  
Treasurer, APsaA Candidates' Council*

Certainly none of us entered analytic training for the easy road. I decided to become a psychoanalyst after fifteen years in private practice and five years after completing New Orleans-Birmingham Psychoanalytic Center's (NOBPC) 2-year Psychoanalytic Psychotherapy Program. I wanted to deepen my understanding of my patients and myself. Entering training and becoming a psychoanalyst has been part of my journey, not its end, and the same holds true in pursuing certification.

During the Candidates' Council meeting at my first APsaA meeting, I heard Paul Hollinger speak about certification. He described it as an extension of the learning process, a milestone, and presented the Certification Examination Committee (CEC) as a supportive ally, a dramatic contrast to the fearsome group so many cautionary tales had introduced. Maybe things had changed, I thought, so I decided to pursue certification. I viewed the CEC as wanting us to succeed in this demanding and worthwhile pursuit, and I valued the opportunity for some national review of my work. NOBPC agreed to participate in the Pre-graduation Certification program, and since I had passed Mid Phase Colloquium, I immediately applied.

The climate of certification darkened in the years following my first meeting, and strong public opinions often described certification as an

unfair, unnecessary, and flawed review of an analyst's abilities. I realize now that there had been a traumatic legacy, and these narratives were not new. For many the certification process had delivered a blow, leaving unhealed wounds. Despite all this, I wanted the opportunity to consolidate my own thinking, face my fears, and access a blind national review of my work, especially because I was one of only two candidates in a small psychoanalytic center. I wanted as close to impartial evaluation as I could get.

I met with one of our senior analysts, a former CEC member. I arrived confident about my analytic work and skills, walking in like a proud peacock displaying my feathers. I struggled to be concise. He cut me off mid-sentence many times, redirecting my disjointed attempts to tell a cohesive story of the analysis. I came out feeling like a plucked chicken. This interaction definitely fanned fears of any certification interview ahead, but he agreed to be a reader for my certification reports. I spent countless hours over many weeks editing and submitted the final draft to him. He left a voicemail conveying my efforts had missed the mark, having focused too much on the patient rather than on my role as analyst. My disappointment after so much hard work interrupted my progress in the certification process.

In my fifth year of training I planned an elective writing class on the mechanics of writing up a case, an adjunct to the case write-up workshops I had attended at several APsaA meetings. As I prepared my reports, reviewing the work as a whole, and by writing, editing, and consulting, I discovered, and rediscovered, important elements of the analyses. I was finally able to tell the story of the analysis, the story of me as an analyst and of my patients' analytic journeys.

I re-applied for the first phase of pre-graduation certification and sent in my reports to be reviewed by the CEC. I accepted the offer to speak to a mentor who formerly served on the CEC. I wasn't sure how I would make use of her as a resource, but my fear was growing as the interview date approached, and I needed all the help I could get. I chose to participate in the optional first phase interview for experience since the second phase requires it. I had learned from CEC Workshops at the National meetings that the optional interview offers the reviewers opportunity for clarification, and that without it, they might otherwise request for resubmission. I only spoke to my mentor once, and I told her that I felt confident about my writing and my analytic work, but felt increasing worry about the interview. She asked me, "What's the worst thing that could

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happen?" I said, "I won't pass." She said, "Well, you try again. I didn't pass the first time, and I made it." These words helped reassure me. I requested additional consultation as I prepared the materials for the interview. By the time I interviewed in New York, I was as prepared as I could be, and staying calm was my primary hurdle.

Harvey Schwartz, CEC Chair, greeted me in the hall outside the interview room with a warm smile, a firm handshake, and a word of encouragement. The interview hour passed quickly. The quick break in the middle gave me time to reflect, but overall I thought it was going well. The two interviewers felt like colleagues, respectful and curious. I answered the questions the CEC as a whole had prepared from their review of my write-ups. I presented process notes, and we discussed my impressions and

considered other perspectives. We didn't seem to need to agree on everything. I received a call two days later on the Tuesday night of the New York meeting as I prepared to walk into the Finance Committee Meeting as Candidates' Council Treasurer. I was informed that I passed! Dean Stein was the first person I told as we walked into the meeting. He announced my good news, and all warmly congratulated me. I felt joy, relief, and pride.

I graduated from NOBPC in May 2013 and applied for the Final Phase of Certification. My reports on my terminated case are submitted, and my interview is scheduled for January 2014. Hopefully, I can make it through the second interview as well as the first. Hopefully, I will get a similar call Tuesday as I walk again into the Finance Committee Meeting, but if not, I'll just have to try again.

This Certification process has been my most challenging professional endeavor and has been essential in consolidating my psychoanalytic understanding and my psychoanalytic identity. I suppose if I didn't need certification to eventually pursue becoming a TA, I might have been tempted to avoid the whole process, but I would have missed out on the professional and personal rewards. No matter our profession, we have all been graded, awarded degrees, received honors, and earned licenses, all of which required somebody to evaluate us subjectively at some point. Certification has been a part of my becoming a psychoanalyst, as important as my classes, my supervision, and my personal analysis. My experience of certification is a valuable and essential part of my psychoanalytic journey, and I hope my experience has encouraged you to participate. ♦

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## Laughing Matters: Play and Creativity During Candidacy

*Marian Wiener-Margulies, PhD*

In the last newsletter edition, I wrote about "creativity during candidacy." Candidates and seasoned analysts weighed in on the question, "what constitutes creativity during candidacy?" They also shared their thoughts on the question, "how much room and time is there for creativity to unfold during analytic training?" In this second article, you'll be introduced to the concept of play in the creativity mix. We'll first discuss play and development, and then explore the connection between play and creativity. And finally, how play and creativity are woven into the experience of analytic candidacy, making for a rich, satisfying, pleasurable training experience, and a constant source of inspiration.

### Play and Its Role in Development

Through play, children do much of their learning. During play, children exercise their developmental muscles—physical, mental, emotional, and social. They learn about themselves and their environment, they build social and emotional skills and intelligence, and they learn to think symbolically and manipulate symbols in ever increasing ways.

Swiss developmental psychologist Jean Piaget (1962) dedicated much of his adult working life to watching children play. He used the concepts of assimilation and accommodation to describe how children constantly expand their knowledge. Children, he argued, are always assimilating new information like the sponges they are, and then through the process of accommodation they are able to make room for the new by modifying their already existing structures. This process allows them to adapt to their environment, and leads them to increasingly higher stages of mental organization.

As a parent, developmental psychologist, and child play therapist, I've also observed that play is the work of childhood, and has an enormous impact on growth and development. We see play in action in the earliest months of life in such parent-infant games as peek-a-boo. Play continues as the toddler builds with blocks or entices his parent to play hide-and-go-seek. Preschoolers later play "house" or "doctor" or pretend to be a superhero or fairy princess. Play during the school years becomes more elaborate and nuanced, whether the child is playing

a sport, a musical instrument, creating art, or acting on stage.

Another aspect of play is the motivation to master a difficult task, perhaps by completing a challenging puzzle or making a paper airplane fly.

Not only does learning take place in all these activities, but joy and pleasure infuse this play. When children are fully engaged in play to the extent that they lose a sense of time, that is when they feel most joy. This state of mind is similar to the "flow" experience Mihaly Csikszentmihalyi so eloquently describes in his book, *Flow: The Psychology of Optimal Experience* (1990).

### Play & Creativity

Creativity emerges out of play experiences such as trying out new ideas or trying on new roles (e.g., fantasy, pretend play, drawing, painting, and imagining). Children are the real experts in the art of play and creating. Picasso had it right when he looked to children and their art for inspiration. "It took me four years to paint like Raphael, but a lifetime to paint like a child," Picasso reflected.

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Donald W. Winnicott, a British psychoanalyst and pediatrician and author of the classic 1971 book, *Playing and Reality*, believed that play involves full imaginative engagement between one's inner and outer life. He also believed that the play space between these two worlds of experience is the source of all creativity.

I see play and creativity as twin concepts, one feeding off the other and somehow inextricably linked. Phyllis Greenacre in her classic 1959 paper, "Play in Relation to Creative Imagination," stated that creativity is "the capacity for or activity of making something new, original or inventive, no matter in what field."

Creativity emerges out of playful experiences, when the mind is allowed free reign to explore and roam. In this process, different parts of our mind can meet in fresh and new ways within ourselves and with others. With this freedom to explore comes the freedom to create and to be creative in our work and in our play.

*The best fertilizer for welcoming one's own sense of playfulness contains large doses of child-like curiosity, wonder of everything around us, and a sense of awe of the person before us.*

#### **Play & Creativity During Candidacy**

How does all this relate to analytic training? How can children serve as our teachers in the art of play and creativity in our training? How can we see the arduous and lengthy training process as a playground to explore, imagine possibilities, and fully immerse ourselves so that we feel entirely swept up in the experience?

We saw that creativity is intimately connected with play, and that play is often suffused with joy. I believe that the analyst at play experiences joy. The best fertilizer for welcoming one's own sense of playfulness contains large doses of child-like curiosity, wonder of everything around us, and a sense of awe of the person before us. Also, we might follow the lead of children who greet each day with questions, imagination, and exploration. Further enriching the soil of play is our willingness to welcome into the analytic play space all our uncertainty, ambiguity, and not knowing what

is unfolding at any given moment, nor what lies ahead.

In allowing ourselves to have a playful attitude as we go about our training, we also help our patients nurture their own playfulness. This, I would argue, is as much a healing agent as is our patients' discovery of their own voices and sense of agency.

#### **Analytic Training as a Launching Pad**

Ideally, parents provide their children with a safe space that supports growth. As parents provide firm boundaries and certain limits, children are free to explore, experiment, play, and create. Gradually, with gentle nudges from their parents, children leave the nest and take flight. Similarly, analytic training ideally provides candidates with the necessary structure, support, and safety to allow play and creativity to unfold and flower.

Windows of opportunity for play and creativity during training are abundant.

Take, for example, the training analysis, where the experience of play and opportunity to create begins. Where else can you talk and have someone listen so fully and carefully—not just with two, but with three ears—attending to what you say and what you don't say, where your mind can run free and play. The analytic setting offers a play space where the adventurer within can explore with a sense of curiosity and wonder; where it's okay to question and doubt, take risks, get lost, and be found. The analyst's own playfulness certainly can be liberating; however, giving oneself the freedom to express oneself and play is only limited by one's own fears.

In supervision, we also find ample room for play. With the guidance of our supervisor, we might see something missed, a stone left unturned, a rupture needing repair, a silence left golden. In this exchange, our minds begin to expand and we play with new possibilities and

ways of seeing and working with our patients. We learn to "imagine" how it feels to be in their skin, what the tears they shed feel like, to describe the texture of their sadness. We begin to see who our patients are capable of becoming, just as parents begin to imagine the potential of their child.

In all these spaces, and with all these resources, we gain greater awareness of our child-like capacity to play. Gradually, as we free ourselves to play more within the frame, as we express ourselves creatively in our work and in our play, the scaffolding of theory and technique becomes second nature. We begin to build our own internal scaffolding, which then becomes flexible and elastic enough to support new and different ways of thinking. The antithesis of play is rigid thinking which closes off other ways of seeing, and serves as blinders that obscure the true spirit of analysis. I also think the emotions of fear and shame get in the way of freeing oneself to play and create.

It is not only as analysands that we experience freedom and pleasure, but also in our move to the other side of the couch, as analysts in training. In this capacity, we also experience a freedom to play and feel pleasure inherent in analyzing.

#### **Laughing Matters**

It is no surprise that just as play is often not taken seriously, the laughter that often accompanies play and expresses joy is not always welcomed into the consulting room. In fact, it is sometimes frowned upon. Perhaps the thinking here is that analysis is serious work and no laughing matter! However, laughter is a quintessential human emotion and it offers release of tension and provides connection. It provides a 'leavening agent' and an important addition to the mix of play and creativity during training. Laughter is good medicine and a valuable asset to your analyst's toolkit. A spirit of playfulness and the laughter that often accompanies it is a useful prescription for not only our patients and analysands, but also for you as an analyst in training.

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### Play With Others Inspires Creativity

The friendships formed and the collegial bonds cemented with fellow candidates make it possible to have playful experiences in and outside of analytic training. These bonds may be formed via such experiences as a candidate-run workshop, a candidate committee, or attending a gathering for candidates at an annual APsaA meeting.

As we progress from candidate-student-fledgling analysts to well-seasoned and experienced analysts, we do well to take along with us our play tools: a sense of curiosity and wonder, the freedom to

explore and question, and the aspiration to learn and create. We also now have another set of tools which we acquire during training. These analytic tools give us the freedom to play with our thoughts and feelings, draw on, but not wed ourselves too tightly to theory, be open to surprise, and embrace all the uncertainty and ambiguity that is a given in our work. Among these tools is also the sense that we are always learning, whether it be from our ever expanding analytic selves, from our patients, or from our colleagues and mentors. Not to be left out of our toolkit is the

sense of joy infusing our work and our play, which makes it possible to pursue the work we do well beyond the retirement age.

As candidates we can choose to tap our well of creativity, take risks in expressing our voices, and fully enter analytic training, using it as a potential playground. In fact, all the spaces we occupy during analytic training can become virtual playgrounds with creative sparks flying within ourselves, and between ourselves and others whom we encounter during this magical and mystical journey. ❖

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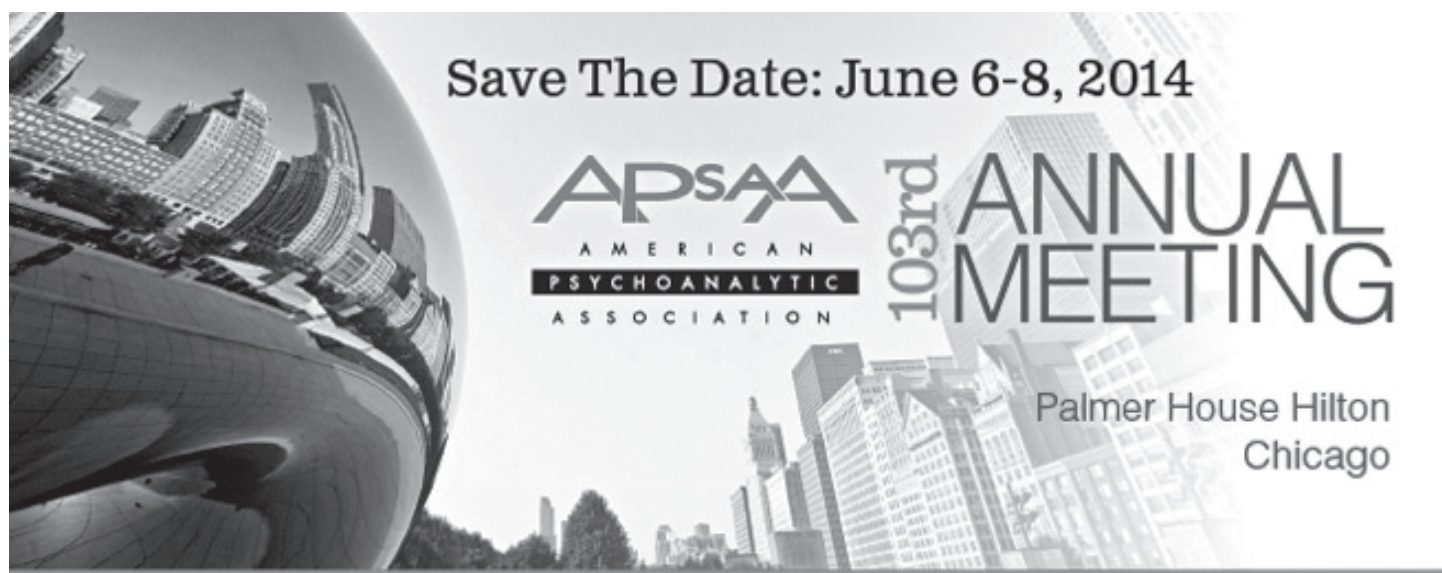
### The Prague Experience: An American Candidate at the 2013 IPA Congress

*Deisy Cristina Boscán, PhD*

The International Psychoanalytical Association, organized in 1911 by Sigmund Freud, held its 2013 Annual Congress in the historic City of Prague, the capitol of the Czech Republic. The people of this magnificent city welcomed attendees (1000 + analysts and 200 + candidates) with open arms, honored that this international body chose their community as the site of this annual congress. In the not too distant past, members of this fledgling enterprise had to meet in secret for fear of having their deliberations discovered by skeptical local leadership.

This year's congress held in July was entirely different given the warm acceptance of the now highly regarded profession of psychoanalysis. As a candidate in child analysis and a recent graduate from an adult analytic program, I was welcomed the opportunity to join colleagues for five days of intense work, attend talks given by great thinkers in the field and participate both as presenter and responder during several sessions. The gathering demonstrated our shared passion of the field and commitment to greater understanding of the patients we serve.

I found the general assembly sessions valuable ones, some of them led by APsaA's candidates' sister organization—the International Psychoanalytic Studies Organization—IPSO. I am lucky to have experienced this wonderful event, having the privilege of attending, at the time, as both an American candidate and as IPSO Vice-President for North America, roles I enjoyed immensely. ❖





## COMMITTEE UPDATES

### **COPE Study Group on Psychoanalytic Education**

*Phoebe A. Cirio, MSW  
Chair, COPE Study Group  
on Psychoanalytic Education*

The Candidates' Council has established a study group on Psychoanalytic Education under the auspices of the Committee on Psychoanalytic Education (COPE). The purpose of this study group is to identify a topic of interest to candidates and pertinent to the education of psychoanalytic candidates. The group has begun considering ideas for projects, and we will continue that process when we meet in January at the Waldorf in New York. I am chairing the committee, and am interested in expanding the committee with candidates who want to work in the area of candidate education. Our plan is to produce a publishable paper; hence, this would be a good opportunity for anyone interested in psychoanalytic writing and scholarship to get involved in a project. Candidates who are interested in learning more about the committee are invited to contact me for more information. I can be reached at 314-862-0345, or [Phoebe777@aol.com](mailto:Phoebe777@aol.com).

### **Digital Media and Communications Committee**

*Anton Babushkin, MSW  
Chair, Digital Media and  
Communications Committee*

Andrei Moroz, MD and Gennifer Lane Briggs, LCSW have joined the committee. Our current goal is to survey all APsaA candidates in order to better understand what educational, collegial, and institutional needs the new committee may be able to serve.

We are brainstorming ideas for improving analytic training for candidates using digital media—these may include better communication between candidates at APsaA institutes (especially connecting candidates in smaller training centers with the larger candidate group), so that we may be better able to get to know each other and become familiar with other

training contexts and feel connected to candidates at other Institutes. Further, we'd like to enhance candidate education by exploring potential digital solutions to aspects of training that may be missing (e.g. making more educational videos available online). Lastly, we'd like to increase candidate engagement with the wider world of psychoanalysis—both with graduate analysts around the country and the general public. These are some of the ideas we'd like to explore by surveying the current needs of candidates.

### **Candidates' Council Program Committee**

*Sarah L. Lusk, PhD  
Chair, Program Committee*

We have put together two very exciting events for the 2014 National Meeting. Mark Solms will be discussing his paper "The Conscious Id" with two candidates presenting. The Candidates' Forum is on Thursday, January 16, 2014 from 2-4 PM.

For the Candidate-to-Candidate Discussion Group #75, Rodrigo Barahona will be presenting case material about a patient with a Dead Mother Complex to Howard Levine.

I am just starting to think about ideas for the Spring Meetings. One idea for the Panel is about how we use Supervision.

### **Child and Adolescent Analysis Committee**

*Adam Libow, MD  
Chair, Child and Adolescent Analysis Committee*

The Child and Adolescent Analysis Committee is continuing to pursue candidate outreach and future program development. This year as chair I will be an Institute candidate representative at the two-day Child Congress during the 2014 National Meeting and will continue to serve as the candidate representative on the Committee on Child and Adolescent Analysis (COCAA), headed by Dr. Charlie Parks. In addition to pursuing further liaison opportunities with the greater child analytic community, the committee continues to be interested in promoting

candidate participation and anticipates developing programming organized around future APsaA meetings and events that will help stimulate interest and participation in the field of child and adolescent analysis. Please contact the committee chair at [adam.libow.md@libow.net](mailto:adam.libow.md@libow.net) should you have questions or be interested in further involvement.

### **Mentorship Committee**

*Gennifer Lane Briggs, LCSW  
Chair, Mentorship Committee*

I have recently taken over the Mentorship Committee created by Hilli Dagon-Clark during her tenure as President of the Candidates' Council. The purpose of the Mentorship Committee is to provide each new candidate with a mentor outside of their institute who can provide guidance and a sense of community for the candidate. The mentors will help the candidates learn more about APsaA and will encourage them to become more involved. I will continue her work by obtaining results from all of the mentor/mentee participants about their experience in the pilot mentor program. I will present this information to the National Office and the future of the program will be further discussed.

### **Policy and Procedure Committee**

*Angela Retano, RN, PMHNP-BC  
Chair, Policy and Procedure Committee*

The Candidates' Council Policy and Procedure Committee was recently formed and charged with the task of producing a Candidates' Council Policy and Procedures document. The document describes the structure of the Candidates' Council. It also specifies guidelines on how the Candidates' Council functions. These guidelines include assisting in the decisions, activities, and actions of the Candidates' Council. The descriptive document also outlines ways that Candidates can take on an active role within the Candidates' Council, such as serving on a committee or in an elected position.

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As the chairperson of this committee, I am pleased to let membership know that the “Candidates’ Council Policy and Procedures” document is now complete and available on the APsaA Website, under Member Section—Candidate Members Information Page. You can also view the “Candidates’ Council Policy and Procedures” document at [http://www.apsa.org/Member\\_Section/Candidate\\_Members\\_Information\\_Page.aspx](http://www.apsa.org/Member_Section/Candidate_Members_Information_Page.aspx)

### **Report from the Candidates’ Council Secretary**

*Gennifer Lane Briggs, LCSW  
Secretary, Candidates’ Council*

During my time as Secretary, I have continued to reach out to Institutes nationwide to update our Candidate Council’s Roster and help ensure that all Institutes have a delegate at our meeting in January. I’ve encouraged candidates to join APsaA and have helped them through the steps to become delegates.

I have also been working with the Digital Media and Communications Committee, chaired by Anton Babushkin, to find ways to improve communication with our candidates nationwide utilizing digital media. We are looking for better ways to keep the candidates connected to enhance their camaraderie.

As the January meeting nears, I will continue to work with our institutes to ensure that all of them are represented at the Winter Meeting.

### **APsaA’s Candidates’ Council Scientific Paper Prize**

*Sabina E. Preter, MD, PhD  
Chair, Candidates’ Council  
Scientific Paper Prize*

We are fortunate to again have received generous funding from the American Psychoanalytic Foundation for the Candidates’ Council Scientific Paper Prize, which awards \$1,000 to the winner, and \$500 to the semi-finalist.

We had several interesting submissions this year but none of the papers were considered award winning by the Candidate judges. As we have done in the past under Dr. Navah Kaplan’s leadership, we will conduct a writing workshop where a Candidate’s work-in-progress will be discussed by several panelists. This is an invaluable and enriching learning experience since the panelists are current or past JAPA editors and associate editors who have a wealth of experience, which they generously share with the author and the audience. We are fortunate to have Linda Gold, LMSW, present a clinical paper, which focuses on gender-related symptoms. Theodore Shapiro, MD, Ellen Rees, MD, and Richard Gottlieb, MD, will be this year’s panelists. We typically have animated and inspiring discussions during those workshops and participants leave having greatly expanded their knowledge on how to go about preparing a paper for publication.

We will hold a similar workshop at the 103rd Annual Meeting, June 6-8, 2014, in Chicago and are interested in authors who have an advanced draft of a paper, which they are willing to present. If you are interested in presenting your work-in-progress, please feel free to contact me at the below email.

The next deadline for the 2014 Paper Prize competition will be August 1, 2014 and we hope you are inspired to submit your paper for next year’s prize. Any candidate member of APsaA is eligible to apply and submit a paper that has not been previously published or submitted for publication, and is no longer than 30 double-spaced pages.

My 2-year term as chair of the Scientific Paper Prize will end after the 103rd Annual Meeting and we are looking for a new chair who will transition into her/his role after the January meeting. If you are interested in being considered for the position, please feel free to contact me at [sepreter@gmail.com](mailto:sepreter@gmail.com). I have greatly enjoyed administering the prize over the past 2 years. It has been a very valuable

learning experience and a wonderful way to meet and get to know other Candidates, as well as senior analysts. In short, I can only recommend applying to become the next chair!

### **Update from IPSO**

*Marco Posadas, MSW, RSW  
IPSO Vice President for North America  
(marcoposadas@yahoo.com)*

*Kathryn McCormick, MA, LMFT  
IPSO Vice President-elect for North America  
(kathryna.mccormick@gmail.com)*

In response to this newsletter theme, we are thrilled to share some of the news and events that inspire us and help us grow on the path to find our own voices as analysts in training. We also report on upcoming events organized by the International Psychoanalytical Studies Organization (IPSO) in North America. We are working hard preparing for what we hope will be a very exciting IPA/IPSO Congress to be held in Boston in 2015!

We would like to thank Navah Kaplan, Phoebe Cirio, Marian Margulies, Holly Crisp-Han and Flaviane Ferreira for their incredible support in helping us reach out to candidates within APsaA and build bridges with the international community.

### ***Did you know that if you are an APsaA Candidate Member you automatically become an IPSO member?***

IPSO is an organization that represents psychoanalysts in training within the International Psychoanalytical Association (IPA) affiliated societies, institutes and study groups worldwide. We strive to do community development within our psychoanalytic community by strengthening relationships among candidates of all regions, so we can have a voice and contribute to the future of our profession. As an APsaA member, you are automatically a member of IPSO. For information about your IPSO membership, please check our website: [www.ipso-candidates.org.uk](http://www.ipso-candidates.org.uk)

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***Do you want to be an IPSO rep for North America?***

IPSO representatives are an integral part of our organization. They help us to get things done and keep candidates at the home institutes connected and involved in IPSO activities all over the world. If you want to be an IPSO rep in North America, check our website and contact us.

**Highlights of happenings at the IPSO region of North America:**

**The 49th IPA Congress/23rd IPSO Conference, Boston, Massachusetts. Changing World: The Shape and Use of Psychoanalytic Tools Today, July 22-25, 2015.** For more information, go to <http://www.ipa.org.uk/en/bostonmarketing.aspx>.

**APsaA National Meeting, New York. Discussion Group 23, IPSO: Losing the Magic Wand: International Perspectives in Psychoanalysis, January 15, 2014.** Anna Maria Hansjurgens

(IPSO Vice President for Europe) will present clinical work, which will be discussed by Isabel Silveira (IPSO Vice President-Elect for Latin America) and Navah Kaplan (APsaA Candidate Council President). This learning opportunity provides a forum to engage in rich dialogue and analytic exchange with candidates from other regions of the world.

**Clinical Working Parties: Specificity of Psychoanalytic Treatment Today, New York, March 8-9, 2014.** North American Working Parties Steering Committee will host their annual Clinical Working Parties at the New York Psychoanalytic Society & Institute, co-sponsored by the Canadian Psychoanalytic Society and the Contemporary Freudian Society. This year, we are happy to announce that we have **14 spots** for the very first **candidates-only working party** on “Specificity of Psychoanalytic Treatment Today,” at a reduced fee for candidates of \$130. If you would

like to participate in the candidates-only working party, please e-mail Marco Posadas (email above) or Ronnie Shaw at [rshaw@ashcomm.com](mailto:rshaw@ashcomm.com) for more information.

**The 74th Congress of the French Speaking Psychoanalysts, Montreal, Canada, May 29-June 1, 2014.** This congress will offer simultaneous English translation. IPSO and a group of French candidates are planning activities for candidates. For details about this congress, please visit <http://www.en.psychoanalysis.ca>.

**On-Line Discussion Groups, April-June, 2014.** We are planning discussion groups to reach out to members in China, Japan and Korea to support their training. We are also planning to connect with Latin America. If you wish to participate in the on-line discussion groups for Asia/North America-Latin America, please contact us at our addresses above. ♦

## INSTITUTE NEWS AND UPDATES

**Columbia University  
Psychoanalytic Center  
for Training & Research**

*Jephtha Tausig-Edwards, PhD*

The Columbia University Center for Psychoanalytic Training and Research is a graduate program of Columbia University. The Center's mission is the education of new psychoanalysts and psychotherapists. We provide a variety of psychoanalytically-informed learning opportunities for medical students, psychiatry residents, psychology graduate students, early career psychiatrists, licensed psychologists, and scholars in other fields of arts & science, humanities, and social sciences.

Our popular and free “Why Psychoanalysis?” seminar which is open to students and clinicians interested in psychoanalysis continues to meet monthly. Each meeting features a presentation of the transcripts of two actual psychoanalysis sessions conducted by a senior candidate or recent graduate of Columbia and paired with a relevant article or book

chapter. After a buffet dinner, the group discusses the reading, listens to the presentation, and engages in the process of analyzing the analysis. Participants are able to sharpen their ability to listen for unconscious content in clinical material, learn what makes psychoanalysis unique among treatment modalities, and hear about the process of psychoanalytic training from the presenters.

Our candidate liaisons have been busy attending a new monthly work group of psychoanalytic candidates here in NYC whose goal is to create a dialogue across institutes of different backgrounds, both APsaA and non-APsaA affiliated, about the training, experience, and future of our psychoanalytic profession.

We are delighted to welcome a large incoming class of 11 new candidates (MD & PhD) who will begin psychoanalytic training in Sept. 2014. Our psychotherapy externship program also continues to flourish—a psychoanalytic assessment component was added just this year.

This year the Center is also starting a one day annual faculty-candidate workshop for candidates and senior faculty of the institute. Two senior faculty members will present cases with process material—and both faculty and candidates will be able to participate in and learn from the discussion.

**St. Louis Psychoanalytic Institute**

*Phoebe A. Cirio, MSW*

St. Louis is recruiting a class of candidates for 2014. Currently there are 8 matriculated candidates in classes, and 14 advanced candidates. A few years ago the Institute opened some of the core courses and theory courses to non-candidates who would be qualified to apply to full analytic training. As a result of having the opportunity to experience the curriculum, some of those who attended the open courses have applied for candidacy, been accepted, and have begun training.

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We now also have a newsletter for candidates published 3 or 4 times a year. I contribute a column where I discuss matters that are of interest to candidates. The most recent issue was in October and I wrote a piece describing some aspects of the International Psychoanalytical Association (IPA) conference in Prague. I also described the relationship between the American Psychoanalytic Association (APsaA) and the IPA, as well as the relationships between APsaA candidates and the International Psychoanalytic Studies Organization (IPSO). These relationships are complex, and poorly understood even by candidates who have been involved in APsaA for many years.

The St. Louis Institute is assisting Nashville, Tennessee in beginning their Institute, and their candidates train in St. Louis. They attend some classes in person and others via video and voice links. Also a number of the candidates in classes are attending part-time. Because of the geographic distribution, and the

part-time participation of others, there is not an active candidate organization in St. Louis. The newsletter has been helpful in keeping candidates informed, but shortly I will be surveying the St. Louis candidates to get a better sense of their impressions of APsaA and the APsaA candidate organization.

### **Pittsburgh Psychoanalytic Center**

*Catherine Maihoefer, MS, NCC, LPC*

The Pittsburgh Psychoanalytic Center is offering a part-time (PT) option for those interested in psychoanalytic training. These PT Candidates will attend an advanced psychodynamic psychotherapy course that will be conducted as a Clinical Conference. This new option allows part-time candidates to earn credits toward course work while giving them pragmatic tools for practice. In addition, they will also attend a ten session Child and Adolescent training that covers a portion of the traditional Human Development course. Finally, they will attend five Case Conference Therapeutic Action dinner sessions. These sessions will provide an opportunity for all candidates and faculty to engage in an analytic environment and develop identity as psychoanalysts. All faculty and candidates are encouraged to participate in these sessions to make the experience one that celebrates our community and engages everyone in dialogue and learning.

### **Denver Psychoanalytic Institute**

*David J. Williams, MD*

Over the past year, the Denver Psychoanalytic Institute, affiliated with the University of Colorado Denver School of Medicine, continued to build on educational traditions while also expanding learning opportunities into new formats. The program continues to offer traditional four-year training in adult psychoanalysis and two-year training in psychodynamic psychotherapy. Beginning in 2012, the most recent class for psychodynamic psychotherapy training included students living in nearby states such as Montana and Utah, where institutes are not available. These students participate through a combination of

weekly class attendance via Skype as well as flying in to Denver periodically to attend classes and meet with supervisors. In lieu of the child psychodynamic psychotherapy program, the child psychoanalytic faculty has introduced a new seminar series, consisting of three 8-week blocks of lectures each focusing on a single theme in child and adolescent treatment.

In addition to more formal educational programs, the institute continues to organize events that allow opportunities for the Denver psychoanalytic community to connect with each other as well as the public. A Friday Night Psychoanalytic Film Series consists of a monthly screening of both classic and modern films open to the public featuring a discussion led by a member of the Denver Psychoanalytic Society. Each spring, the institute also hosts a fundraising event at the Denver Center for the Performing Arts featuring a matinee performance of a play followed by discussion of the play from a psychoanalytic perspective. This year's event was a production of Jon Robin Baitz's "Other Desert Cities" followed by a discussion panel open to the audience featuring members of the psychoanalytic faculty as well as the cast of the play.

### **Florida Psychoanalytic Institute**

*Shirley Malove, LCSW*

In September, the Florida Psychoanalytic Institute (FPI) in Miami started the academic year off with a bang by commencing psychoanalytic training with a new class consisting of an impressive nine candidates, who have quickly become immersed in the rigor of training.

On October 26, Florida Psychoanalytic Society's first scientific meeting of the year brought renowned psychoanalyst Stuart Twemlow, M.D. to present on "A Case for Community Based Psychoanalysis" in which he reviewed his theories and experience in addressing bullying and violence in schools and communities. After his riveting presentation, the candidates had the pleasure of lunching with Dr. Twemlow which provided us the opportunity to speak

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### **Interest-free Loans for Training**

*Applications due May 1, 2014*

**The Candidate Assistance Fund** of the American Psychoanalytic Association provides loans up to \$5,000 to candidates training to be psychoanalysts. The loans are to be repaid within a maximum of 6 years. Currently, between 5 and 7 loans are made annually.

There are two criteria considered in approving a Candidate Assistance Fund loan:

- the need as evidenced by an applicant's financial need.
- the ability to repay the loan as evidenced by the applicant's overall financial health.

#### **Eligibility**

- APsaA Candidate Members in good standing are eligible to apply to the Fund.
- Candidate Members must have completed one year of training.
- Financial need must be demonstrated.

#### **Application Procedure**

Guidelines and applications are available in the Members Section of the APsaA website ([www.apsa.org](http://www.apsa.org)) or email Dean Stein, APsaA's Executive Director, for an application form at [deankstein@apsa.org](mailto:deankstein@apsa.org).

#### **Application Deadline**

Fund loan applications need to be received at the APsaA offices by May 1, 2014.



with, ask questions and have a conversation with him about the very successful, important work he has done on these persistent, disturbing problems from a psychoanalytic perspective.

In keeping with the theme of this newsletter, the FPI candidate class of 2013 would like to share our inspiration and experience thus far on beginning analytic training. We look forward to meeting and getting to know many of you in the near future at meetings and other psychoanalytic events. Until then, we share the following:

“Psychoanalytic training is a journey which is profoundly enhanced by the personal connections one makes along the way. Some are obvious, others less so. For us, one of the most enjoyable experiences has been watching the bond develop within our candidate cohort. Throughout this process the strength of these relationships will sustain us when we are depleted and nurture our growth. We will turn to each other at times of frustration or uncertainty. We will provide the safe space for each other in vulnerable moments and find comfort in that support. And when it's needed we will allow each other to 'regress in the service of the ego' because we know how important it is to have that freedom. We already see it. We are truly in this together and for that we are grateful and inspired.”

### Center for Psychoanalytic Studies

*Holly Crisp-Han, MD*

The Center for Psychoanalytic Studies (CFPS), formerly the Houston-Galveston Psychoanalytic Institute, has expanded its course offerings this fall to begin programs in Austin. Our center has a rich and diverse faculty, with faculty members from Houston, Galveston, Austin, San Antonio, and Dallas, bringing a wealth of experience and variety of theoretical perspectives. This semester, the Center has initiated a 2 year psychodynamic psychotherapy program in Austin using the same curriculum as the Houston program. Classes are taught by Austin Faculty

members. A lively group of 9 psychotherapy fellows have joined the Austin class and begun their coursework.

In addition, the CFPS is actively recruiting potential trainees for the upcoming fall 2014 classes based in Houston. They are seeking trainees for the Studies in Psychoanalysis program for analytic candidates, and the Adult Studies in Psychodynamic Psychotherapy, a program which provides advanced training in psychodynamic therapy for mental health professionals. These classes will join current trainees at the CFPS in adult and child/adolescent psychoanalysis, trainees in the program for studies in adult psychoanalytic thinking, and studies in psychodynamic psychotherapy.

We are a thriving group of trainees, with a diverse range of backgrounds, experience, and interests, and we look forward to new developments in programming and welcome our colleagues from Austin.

### Michigan Psychoanalytic Institute

*Alex Barends, PhD*


The Michigan Psychoanalytic Institute welcomed six full-time candidates this year into our very active analytic community. At this time we have 36 candidates, including four early admission candidates, and seven advanced candidates. Eight of our 36 candidates are enrolled as Academic Candidates, two of whom are in the process of converting their status to Clinical through their concurrent enrollments in clinical degree programs. Sandy Koltonow, MD, has himself recently transitioned from Academic to Clinical status. Of the 25 candidates taking our classes to complete the adult and child unified curriculum, 15 are enrolled full-time, and 10 part-time.


The Institute has welcomed the participation of candidates in its administrative and educational activities. Anton Babushkin, MSW, in addition to his work with digital communications for the national

Candidates' Council, has spearheaded collaboration between candidates and the Institute's analyst members to raise more funding for the Michigan Psychoanalytic Foundation, which in turn supports multiple activities at the local and national level. In addition a number of candidates participate as members of the various committees that oversee the implementation of the Institute's mission in southeastern Michigan.

Jorgelina Corbatta, PhD, professor of Latin American Literature and Culture at Wayne State University and one of our academic candidates, recently presented an educational program for the Michigan Psychoanalytic Society on the highly regarded movie *XXY* by Argentinian director, Lucía Puenzo. Jorgelina's presentation was woven into the larger discussion of sex and gender within psychoanalysis, and also called attention to the paucity of discussion regarding intersex identity.

Later this year Kathryn Zerbe, MD, of the Oregon Psychoanalytic Institute, formerly of Menninger, will be our annual Visiting Professor, and candidates will meet with her to discuss case material with attention to eating difficulties. With Dr. Zerbe's expertise in eating disorders, we are hopeful of an opportunity to deepen and broaden our expertise in this thorny area of clinical work. ❖





**CALL FOR PAPERS**

**\$1,000 CANDIDATES' COUNCIL  
SCIENTIFIC PAPER PRIZE**

The Candidates' Council awards this annual prize, on the basis of peer review, to the *Candidate Member* who submits the most outstanding scientific paper on a psychoanalytic subject. **A \$500 honorarium will be awarded to the semi-finalist.** The winning author will present his/her paper at APSaA's National Meeting in New York (January). The winner is also required to present his/her paper at a local venue. The winner and semi-finalist may submit their papers for review by JAPA, and if accepted, the paper will be published as the winner or semi-finalist of the Candidates' Council Paper Prize.

**Submission Guidelines:** In order for a manuscript to qualify, it must be submitted by an APSaA Candidate Member and it must be unpublished and not submitted for publication although it can be based on a paper that was presented at professional meetings. Each manuscript must conform to the *Preparation of Manuscripts* guidelines outlined by JAPA, with the exception that the length should not exceed 30 double-spaced, typed pages. **Entries must be submitted electronically no later than August 1, 2014.** Email **one Word document** containing the manuscript **with all references to the author deleted** and email **another Word document** containing the author's name, email address, address, phone number, and Institute affiliation to:

Sabina E. Preter, M.D., Ph.D.  
Chair, Candidates' Council Scientific Paper Prize  
(E) [sepreter@gmail.com](mailto:sepreter@gmail.com)

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