

Theme: Our "Unsung Heroes"



PRESIDENT'S NOTE

Holly Crisp, MD

Welcome to the Winter 2020 Edition of *The Candidate Connection*. Editor Himanshu Agrawal has inspired another creative edition of our candidate newsletter. The focus on our "unsung heroes" of psychoanalytic training draws our attention to the loved ones who accompany us on our educational journeys. We invite you to read the edition and think of your own journey and those who have inspired and joined you on the path. We spend so much time thinking about being "in it" with our patients, that we may miss those who are "in it" with us, day in and day out.

The Candidates' Council met in June 2019 in San Diego during APsaA's 108th Annual Meeting. At the meeting, the delegates elected a new Treasurer, Gerard Sobnosky. Current Candidates' Council Officers include: Holly Crisp, President; Sumru Tufekcioglu, President-Elect; Angela Vuotto, Secretary;

Gerard Sobnosky, Treasurer. The Candidates' Council is happy to be working with the two new *Candidate Councilors-at-Large* on the Executive Council (Board of Directors) of APsaA, Adam Moriwaki and Sandy Landen. It is a wonderful opportunity for candidates to now have a chance to work alongside APsaA colleagues on the Executive Council and we look forward to the collaboration with Adam and Sandy in their new roles. At the June meeting, we held a discussion inviting candidates to give their input about candidate membership and ideas of how to engage more richly with candidates.

The Candidates' Council is working to address the needs of all APsaA candidates by providing programming that is relevant and important to candidates, developing professional networking opportunities, and creating a culture of welcome in which candidates may connect with other candidates about professional and educational issues.

We look forward to 2020 as another rich year of programming and connection for candidates in APsaA. Please read on and find out more about some exciting programs available for candidates at the 2020 National Meeting (February 11-16) in New York as well as opportunities to engage with other candidates from across the country that may be of interest to you, both at the national and local level.

If you are coming to New York, plan to come to our Candidate Breakfast and Candidates' Council Meeting on Thursday, February 13th beginning at 7:45 AM during the National Meeting, then join us for the jointly sponsored Candidates' Council/IPSO Winter Party that same evening from 7-10 PM, see the www.apsameeting.org website for further details. The Candidates' Council welcomes involvement from all candidates. Don't hesitate to reach out to one of the officers and we will help you to get connected with a committee or group with similar interests in APsaA. In the meantime, think of those who have accompanied you along the path of your own psychoanalytic journey as you read this issue of *The Candidate Connection*! ❖

Warm regards,

Holly Crisp, MD
President, APsaA Candidates' Council
holly@crisphan.com

SAVE THE DATE

UNLOCK the past
INFORM the present
EXPAND the future

APSAA 2020 NATIONAL MEETING
AMERICAN PSYCHOANALYTIC ASSOCIATION

February 11-16 | Grand Hyatt New York | New York City

For Candidate Events & Sessions, visit:

<http://www.apsameeting.org/candidates>

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EDITOR'S NOTE

Himanshu Agrawal, MD, DF-APA

My dear friends,

Psychoanalytic training is a time consuming, challenging, arduous commitment.

This edition is dedicated to the people who willfully and sometimes unwittingly commit to traveling on this journey with us—our partners, families and friends. These are the 'unsung heroes' that seem to hardly get any mention (barring graduation speeches).

In lieu of customary musings, I present to you an excerpt from an interview with my unsung hero, my wife Sarah:

H: Thanks for sharing your thoughts on my psychoanalytic training, honey.

S: Sure. I hope it doesn't get you into trouble...

H: (Smiles) What do you suppose was the hardest part for you?

S: You being gone in the middle of the night to do your readings. Being worried about the toll it might be taking on you.

H: What about all the potential income we lost over the past 4 years?

S: Well there's that too. But in the end, it's only money.

H: Remember in my second year when I came to you and said I was thinking of quitting? Now that I better understand how difficult this has been for you as a companion, I do have to ask—why did you counsel me to keep going? Why didn't you encourage me to quit knowing it would have made life much easier for you?

S: Well, knowing you, I think you would have regretted quitting. Also, I do think there's something to be said to seeing a commitment through, no matter how hard the task is. And I respect you even more for seeing that.

H: Do you know you're my hero?

S: (Smiles) Thanks, Honey.

H: What if I told you I wanted to do an MBA after my analytic training?

S: Ask me again in a few years...

I hope you will take this love-filled banter as a cue to reach out to your unsung hero(es) and thank them! ❖

Warmly,
Himanshu Agrawal



February 11-16 | Grand Hyatt New York | New York City

CANDIDATE WINTER PARTY

All Candidates and Psychotherapy Trainees are invited.

Come network and get to know colleagues from across the country.



We will gather on the Upper West Side at Da Capo for dinner, drinks, and mellow jazz from The Shrinks trio. Join us for an evening of networking, conversation, music, dinner hors d'oeuvres and an open bar (wine, beer, and craft cocktails).

Thursday, February 13th

7:00-10:00 PM

Location: Da Capo 322 Columbus Ave

(Between W 75th & W 76th Streets)

Tickets: \$55 advance online, \$60 at the door

7-8:30pm Networking, Dinner and Drinks

8:30-10pm Relax with music from The Shrinks Jazz Trio

To purchase tickets please click [here](#).

Hosted jointly by APSaA's Candidates' Council and the International Psychoanalytical Studies Organization (IPSO)

Questions?

Contact Holly Crisp M.D., President of the Candidates' Council (holly@crisphan.com)

Eat | Drink | Network | Connect

APsaA Candidates' Council

Holly Crisp, MD, President

Sumru Tufekcioglu, PhD, President-elect

Angela Vuotto, DO, Secretary

Gerard Sobnosky, MS, LMFT, Treasurer

The Candidate Connection

Newsletter of the APSaA Candidates' Council

Himanshu Agrawal, MD, Editor

(A complete list of CC Committees can be found on the Candidate Members Information Page located in the members section of apsa.org)

The Tangible, The Intangible, And the Magpie

John Samuel Tieman, PhD (jstieman@aol.com)

When I first met my wife, Phoebe, she was an undergraduate psychology major at Washington University in St. Louis. In the decades since, she has continually studied, taken courses, attended this lecture, that seminar, studied at the Menninger Clinic, and much more. It was not much of a surprise when she decided to become a psychoanalyst.

I had no understanding of the commitment she was making, or how this would affect me. My initial fantasy was that it would be like enrolling in a doctoral program. To an extent, that was true, with courses and enormous amounts of reading, papers and such.

But that is about as far as that comparison goes. Her aspirations included her own analysis, something my doctoral program certainly didn't ask. The best comparison is that it was like she joined a Catholic religious order, one with an inquiry phase, a postulancy, a novitiate, a sacred scripture that includes commentaries by doctors of the faith, abbots and abbesses and bishops, a college of cardinals in New York, theological terms understood only by the initiated, a spirituality both rational and mystical, and final vows.

I also thought that the monetary expenditure would weigh heavily upon us. Today, that is not something I recall much at all.

I knew her studies would change her. I didn't realize how much they would change me.

I always had an interest in psychology. Indeed, in a fit of undergraduate idealism, I declared a psychology major for a semester. I thought I'd be a clinician. Then I heard that therapists need their own therapy, years of it, and that, at the time, was more self-knowledge than I was prepared to endure. But the interest endured. Decades later, I married the field.

The St. Louis Psychoanalytic Institute offered a two-year course in child development. I took it. I wanted to join my wife on her journey. I wanted to share her vocabulary. I wanted her perspective to be more comprehensible to me. The course was largely designed for teachers. It made me vastly better at my chosen profession, teaching. The course had another effect that I had not anticipated. I also am a writer. I started publishing articles informed by psychoanalytic theory.

On a more personal note, there were my fantasies about her analysis. I didn't think a lot about her analysis, but, when I did, the fantasies were intense. The quality outweighed the quantity. My wife said nothing about her analysis. I knew who her analyst was. The world of psychoanalysis in St. Louis is relatively small, and her analyst was quite prominent nationally. But, of course, he wasn't a friend, and barely an associate. The degree of my fantasizing was made clear to me by one simple event. My wife and I went to a lecture at the institute. We

took the elevator. The doors opened, and there was her analyst. We got in. It was polite but awkward. Phoebe stood in one corner on the far side from her analyst. I was in the middle. I remember thinking, "Sweet Jesus, this guy knows I masturbate."

What I have given thus far is something of a list of ways I was affected by my wife's candidacy. These are relatively tangible results. Psychoanalytic theory informs me. It deepens my understanding of the world. And it deepens what Phoebe and I share. Here's a simple illustration. A few nights ago, we watched "The Lighthouse", a movie in which two lighthouse keepers, played by the much older Willem Dafoe and Robert Pattinson, struggle on a remote island during a storm. Phoebe said the next morning, "To anyone who wonders whether the oedipal struggle actually exists, I recommend this movie."

What is less tangible is the way her candidacy deepened our relationship, deepened my understanding of us and the we-ness of us. By far the most profound effect is not in anything that can be readily reported. My wife and I freely open ourselves to our emotions. Perhaps it is easier to speak in poetry, to let my unconscious speak for itself—

marriage

that moment the cloud comes
and stays and makes you glad
you brought a windbreaker
that moment when you know
you did this one thing right

you and your wife split a nosh
in a clearing
a magpie snags a crumb
and joins you two
to the mountain

the magpie goes and soon
the cloud and the chill
and even the mountain will go
your wife hangs her jacket
on an aspen

The poem was first published in the online magazine "Vox Populi". ❖



Save the Date:

JUNE 19-21, 2020

109th Annual Meeting

Chicago Hilton Hotel

Chicago, IL

Psych Mom

Anonymous, Age 19

Growing up as the son of a psychoanalyst has been an interesting experience. From the beginning it's been really hard to stay angry when we fight because my mom is just so willing to talk about feelings. It's so incredible to gain these skills of mediation and emotional control because these are things that I use every single day. It's poignant that the way I interact with

everyone around me is influenced by my mom's job and skill set.

One of the expectations of having a parent in the medical world is that the parent (namely, my mother) is gone all the time. This isn't true. The only times my mother is absent for significant periods of time are the yearly conventions she goes to and even then she's so present for the rest

of the year that her absence goes nearly unnoticed.

Ultimately, having a psychoanalyst for a mother is inspiring. I've recently decided to major in psychology and a huge part of that has been the way I've been raised and taught. I'm inspired by the work that my mom does and I would love to do the same kind of thing that she does in my own life! ❖

The Stories We Tell About the Stories We Tell: A Spouse's Perspective

Anonymous

In telling the story as this "unsung hero" in my wife's analytic training journey, I must take care not only to tell the story, but also to examine the story that I tell. Because, isn't that an appropriate approach in sharing my part of the analytic journey, to examine the narrative that we tell about our lives? Isn't that part of what analysts do each day in their own work with patients?

When did this journey begin? One answer could be, "ten years ago." That is certainly an accurate answer. And these ten years have certainly been years of sharing in her experience. Analytic training is an arduous road for the candidate; it requires classes, writing, and one's own analysis as well. Yes, my wife was challenged logistically to fit her training into her daily work schedule, and it was another claim upon her time within an already busy professional and family life. She was also challenged by the ways in which analysis opened up her thoughts and feelings, her history and her relationships, in ways that were helpful and painful. I think that, for me, the most challenging aspect of the analytic journey was that I was part of something that I *felt* was affecting me because it affected someone so close to me, yet I also felt very distant from the experience because it was so deeply personal and difficult for her to share.

I want to take care that this is not the only, or even the primary, narrative that is told about training, that it's a distinct process that someone undergoes, and the support team is just along for the ride during the process of education. I think there's another way to tell this story.

For me, the analytic training journey began the day that she chose psychiatry as her medical specialty. When she was doing various rotations, she found that she was more interested in the stories of the patients, what was happening to them outside of the treatment room, than the particular malady that brought them to the hospital or clinic. Please do not misunderstand; my wife was a competent and conscientious doctor regardless of rotation. But I remember that day as the day that her analytic journey began, and it was much longer than ten years ago.

Yet, I would even say that the day analytic training began for me was when we got married, because the analytic approach is just part of *who she is*. Too often, we break our lives into chunks of time because that's what makes life easier to understand. It's similar to a book being broken into chapters. And the "chaptering" of our lives, similar to chapters in a book, is a helpful and often necessary task to help our minds make sense of the arcs and shifts within the story. But it also needs to be conceded that the chapters are partially artificial, and that one needs to step back and see chapters for what they are: episodes of a seamless story. I am so proud of my wife for having completed such a rigorous training; I think it's a journey, though, that we've been on as part of our relationship as well.

Analytic training was demanding and difficult and long, but, in a strange way, *it also makes sense that she did it because it represents a part of her that I love*. That doesn't mean that it has made the training easy. What it does mean to me is that it's been worth it. ❖

Interest-free Loans for Training Applications due May 1, 2020

The Candidate Assistance Fund of the American Psychoanalytic Association provides loans up to \$5,000 to candidates training to be psychoanalysts. The loans are to be repaid within a maximum of 6 years. Currently, between 5 and 7 loans are made annually.

There are two criteria considered in approving a Candidate Assistance Fund loan:

- the need as evidenced by an applicant's financial need.
- the ability to repay the loan as evidenced by the applicant's overall financial health.

Eligibility

- APsAA Candidate Members in good standing are eligible to apply to the Fund.
- Candidate Members must have completed one year of training.
- Financial need must be demonstrated.

Application Procedure

Guidelines and applications are available in the Members Section of the APsAA website (www.apsa.org) or email Tom Newman, APsAA's Executive Director, for an application form at tnewman@apsa.org.

Application Deadline

Fund loan applications need to be received at the APsAA offices by May 1, 2020.

Report from the Candidate Councilors-at-Large

Meet the New Candidate Councilors-at-Large to the Executive Council



Sandy Landen, PhD



Adam Moriwaki, PsyD

We are both honored and excited to be the first candidates elected as Candidate Councilors-at Large to the Executive Council, which is the Board of Directors at APsaA. Sandy Landen, PhD, is an advanced candidate at the New Center for Psychoanalysis, Los Angeles (NCP). Sandy has been actively involved in the Candidates' Council for the past six years serving as the Secretary (2016–2018), Chair of the Child Committee, and currently as the Liaison to the Child and Adolescent Section of APsaA's Department of Psychoanalytic Education (DPE). She is a member of the DPE Institute and Advisory Consultative Section and a member of the DPE Child Congress Committee. At NCP, Sandy is the Chair of the Membership Division, a member of the Board of Directors, and a faculty member of the Child and Adolescent Psychoanalytic Psychotherapy Program. She has a private practice in West Los Angeles. Adam Moriwaki, PsyD, is a 4th year candidate at the Michigan Psychoanalytic Institute and trains as a distance candidate from Milwaukee, Wisconsin. This has given him a contemporary and collaborative training experience that informs a unique perspective towards analytic training. Adam also serves as Secretary for the Wisconsin Psychoanalytic Society. He is licensed as a psychologist and is in private practice in Wauwatosa, Wisconsin. He lives with his wife, Ashley, daughter Rylan (3 years old), son Declan (7 months old), and cat Junior, in Muskego, Wisconsin.

This marks both a momentous and meaningful opportunity for candidate representation on the Executive Council while also allowing us to serve as the liaison between the Candidates Council and the Executive Council. The leadership on the Candidates Council, as well as the leadership of the Executive Council were both instrumental in making this important organizational shift to have candidate representation on the Executive Council. We are grateful to everyone who helped make this opportunity for the candidate voice to be heard at the Executive Council! We are serving staggered terms, Adam will be serving a one-year term and Sandy is serving a two-year term. Sandy had the opportunity to attend the Executive Council meeting at the Spring meeting as an observer in preparation for the Winter meeting when both Adam and Sandy onboard as full voting members of the Executive Council. We are currently serving on a committee led by Holly Crisp, MD, President of the Candidates' Council, focusing on strategies for growing candidate membership and offering candidates a more connected experience after joining. It would be wonderful to hear directly from our candidate members any ideas, questions, and/or concerns at our email addresses below.

We look forward to seeing you at the 2020 National Meeting.

Sandy drsandylanden@gmail.com

Adam drmoriwaki@gmail.com

Report from Program Chair for the Candidate's Council

Amber Nemeth, PhD, Chair

As the Program Chair for the Candidate's Council, I am excited to share with you two candidate programs for the 2020 National Meeting in New York City. **The Candidate Forum**, will be held on **Thursday, February 13 from 2:00 p.m.–4:00 p.m.**, titled, **"Self-Disclosure in the Age of Social Media."** The presenters include Dr. Aimee Martinez, a candidate from the New Center for Psychoanalysis, Dr. Shuli Sandler, an advanced candidate from the New York Psychoanalytic Society and Institute,

and Dr. Nathan Kravis, a Training and Supervising analyst from the Columbia University Center for Psychoanalytic Training and Research and the author of, "The Googled and the Googling Analyst" (2015). Together they will discuss the impact of social media on the analytic relationship, including transference and countertransference themes. I have read their preliminary papers and they are fantastic. The impact of social media on psychoanalysis is a timely topic we all are immersed in, yet we have few opportunities to step back and examine their impact on each other. I am sure it will be an exciting and thought-provoking presentation, with ample time for discussion.

The Candidate at Work Discussion Group, will be held on **Wednesday, February 12 from 4:30 p.m.–6:30 p.m.** and is titled **"Taking the Risk: Masculinity, Sexuality, and Danger in the Era of #MeToo."** Ms. Susan Heimbinder, LCSW, a recent graduate of the William Alanson White Institute will present her work and Dr. Steven Cooper, a Training and Supervising Analyst from the Boston Psychoanalytic Society will be the discussant. Not only does Ms. Heimbinder take clinically astute risks in her analytic work, she is also an exceedingly talented and evocative writer who takes many risks in the description of her clinical work and its theoretical underpinnings. Her writing brings the listener into the analytic room with her and into the very body of the work she discusses.

I hope you can join us for these two presentations, both of which I am sure will be thought provoking and engaging.

To learn more, visit: <http://www.apsameeting.org/candidates/>.

Master Teacher Award

Holly Crisp, MD, Chair

We are pleased to honor the 2020 recipient of our Candidates' Council Master Teacher Award, the only APsaA award presented by candidates. This year we honor **Dr. Adrienne Harris**, who will present **"Gender as Fluid, Gender as Fixed: The Role of Suffering, Shame, and Interpellation in Complex**

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Identifications.” In this presentation she will consider the complex position of gender and its relation to other forms of identity: sexuality, race, class, and culture.

The Master Teacher Award Videos are available in the Members Section of apsa.org. Login and visit the Information for Candidate Members page.

Candidates' Council Psychoanalytic Paper Prize

Sumru Tufekcioglu, PhD, Chair

The Candidates' Council Psychoanalytic Paper Prize and Writing Workshop was held on Friday, June 21st in San Diego. The meeting was chaired by Sumru Tufekcioglu, PhD. The 2019 finalist winner Mead Godert, PhD, LMSW, from the Michigan Psychoanalytic Institute,

who was also the semi-finalist in 2018 presented his paper “Racism in the Countertransference” in which he explores the impact, on the analytic process, of the unconscious racism the analyst might find himself experiencing in his reactions to the analysand. Neil Altman, PhD from New York served as discussant and commented on the themes of the paper as well as on the writing process more broadly. Participants had an opportunity for discussion in a collegial and informal atmosphere.

For the 2020 Candidates' Council Psychoanalytic Paper Prize, the committee has received numerous strong papers and has granted the Finalist and Semi-finalist awards to two of the papers evaluated by the committee judges: **The 2020 Finalist is Loren Sobel, MD, MS** from the Pittsburgh Psychoanalytic

Center with his paper “*The Imaginative Bridge to Relational Contact: from the Random to the Meaningful*” in which he examines the meaningful clinical moments in the analytic process that seem random at first and thus are easy to miss.

Dr. Loren Sobel earned his medical degree from the University of Chicago Pritzker School of Medicine and completed his psychiatry residency at the Western Psychiatric Institute and Clinic at the University of Pittsburgh where he served as Chief Resident for Psychotherapy Training. He is a recent graduate of the Pittsburgh Psychoanalytic Center and a volunteer Clinical Faculty member at the University of Pittsburgh. He teaches psychodynamic and psychoanalytic theory and technique at the Pittsburgh Psychoanalytic Center and the University of Pittsburgh. Dr. Sobel serves on the board for the Clinic Without Walls, a low-fee clinic that provides psychodynamic psychotherapy to the community for those who are uninsured or underinsured. Loren will present his paper at the APsA National Meeting in New York, on Friday, February 14th from 11:30–1:30.

The Semi-finalist for 2020 is Genie Dvorak, PsyD from the San Francisco Center for Psychoanalysis with her paper: “*The Persistent Past: Listening for the Logic and Potentials of the Repetition Compulsion.*”

Genie Dvorak, PsyD is a recent graduate of the San Francisco Center for Psychoanalysis. She is a psychologist in private practice in San Francisco where she sees adults and couples as well as children and adolescents. She is a teaching faculty member at SFCP and teaches and supervises at the California Pacific Medical Center and Access Institute for Psychological Services. Genie will present her paper in June at APsA's 109th Annual Meeting in Chicago (June 19–21) session date TBD.

The Paper Prize and financial awards will be presented to the winners at the Plenary of the APsA 2020 National Meeting in February.

To learn more about the Paper Prize session, see page 52 of the Preliminary Program. To apply for the 2021 prize, visit: <http://www.apsa.org/content/candidates-council-paper-prize>.

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Are YOU connected to the national psychoanalytic community?



Candidate Member Benefits:

- Significantly reduced membership fee
- Candidate member rates for APsA meetings
- Low cost professional liability insurance
- Find an Analyst listing
- Opportunities for referrals
- Network with candidates & analysts from across the country
- And more!

The first-year of Candidate Membership is ONLY \$60 (includes IPSO membership) with a complimentary subscription to the *Journal of the American Psychoanalytic Association (JAPA)*.

Candidates enrolled in psychoanalytic training at an APsA-approved institute are eligible. **Click here to join!**

Applications for clinical candidates at an IPA-component society are available. Please visit: www.apsa.org/IPA-candidate

Has your APsA membership lapsed?

To rejoin the dynamic APsA national community, contact membership@apsa.org today.

Questions?

Email: membership@apsa.org or 212-752-0450 x26.

APsaA Candidates Council Treasurer's Report

*Gerard Sobnosky, LMFT,
Candidates' Council Treasurer*

Candidates Council (CC) Budget

The FY 2020 budget (Sep 2019–Aug 2020) was approved in June for the requested amount of \$43,055; minor adjustments were made to the final budget to reflect the cost of food/beverage and audiovisual at the new National Meeting venue for 2020, the Grand Hyatt. The FY 2021 budget will be submitted in February after the APsaA 2020 National Meeting, when we have the final amounts spent on food/beverage and audiovisual.

American Psychoanalytic Foundation (APF)

I am an ex officio member of the APF by holding the office of CC Treasurer. The APF has generously funded the Candidates' Council Paper Prize in the past. The Candidates' Council Paper Prize application for funding has been submitted to the APF and will be voted on at the National Meeting in February. The APF met in June and September; we approved 2 projects in June and 5 projects in September for funding; descriptions of projects funded will be included in the APsaA TAP publication to publicize the worthy projects being funded and to increase awareness of the need for donations to APF to fund projects.

Finance Committee

I am an ex officio member of the Finance Committee by holding the office of CC Treasurer; they have not had any meetings since I took office, but I will attend their meeting at the upcoming 2020 National Meeting.

Child and Adolescent Psychoanalysis

Sandra Landen, PhD, Child DPE Liaison

This year's annual **DPE One Day Child Congress, will be held Tuesday, February 11, 2020, 9 AM–4 PM**, at the start of the 2020 National Meeting in New York. The DPE Child Congress is entitled "**New Perspectives on Old**

Challenges in Child and Adolescent Clinical Work: Autism Spectrum Disorder and Ethics". The morning panel is on "Psychoanalytic Contributions to Understanding and Treating Autism Spectrum Disorder (ASD)", and the afternoon panel is on "Ethical Issues and Practice in the Treatment of Young Adults and their Parents".

For candidates training in Child and Adolescent psychoanalysis the Child DPE section has 14 subcommittees to become involved with depending on your areas of interest. Please contact me if you are interested in becoming involved in the Child DPE section at: drsandylanden@gmail.com.

To learn more, see page 8 of the Preliminary Program. The DPE Child Congress is included with registration for APsaA's 2020 National Meeting.

What is the DPE?

*The American Psychoanalytic Association's **Department of Psychoanalytic Education (DPE)** is designed to inspire, promote and support excellent psychoanalytic education and training in APsaA-approved institutes.*

APsaA has a total of 8 departments: Academic & Professional Affairs (DAPA); Communications; Membership Services & Programs; Psychotherapy; Psychoanalytic Education (DPE); Public Advocacy; Science; and Social Issues.

Social Issues Committee

*Alexandra H. Sawicki, MD, Chair,
Candidates' Social Issues Committee*

In the past year APsaA has spoken out against policies harmful to migrant children and families, issued an apology to the LGBTQ community, advocated for measures to reduce gun violence, and continued to bring attention to the discrimination that patients with mental

health and substance abuse disorders face from health insurers. The Social Issues Department works on behalf of APsaA to articulate organizational and psychoanalytically-informed viewpoints on some of the most significant social issues of the day. I write to make candidates aware of this work and of opportunities to join these efforts.

Candidates with an interest in the intersection of psychoanalysis and social issues who are attending the February 2020 National Meeting will find many programs of interest. *Wednesday is particularly rich with programming related to social issues.* The Committee on the Status of Women and Girls will present "**The Psychodynamic and Psychological Impact of Misogyny.**" The Committee on Gender and Sexuality will present the 2020 Ralph Roughton Paper Prize Winner and will also hold a session entitled "**Emerging Perspectives on LGBTQ: Making Good on Our Apology: Using the Past to Understand the LGBTQ+ Experience in the Present.**" Also on Wednesday, the Service Members and Veteran's Initiative will present on working with combat-related trauma. These are just a few of the programs available.

Outside of APsaA meetings, interested candidates can find prior APsaA position statements on apsa.org under the 'About APsaA' tab. APsaA's position statements are important reference points for our organization and for individual psychoanalysts. The latest position statement, approved in 2018, was the "Position Statement on Discrimination and Violence Against Women." Other older, but recently referenced statements include "Position Statement on Emotion, Group Psychology and Inflammatory Political Rhetoric" and "Position Statement on Firearm Violence."

Candidates who are interested in learning more about the work of the Candidates' Social Issues Committee and the Social Issues Department should contact me for more information at alexandra.sawicki@gmail.com.

To learn more, see page 8 of the Preliminary Program.

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Membership

Holly Crisp, MD, Membership Liaison

The Candidates' Council is working with the APsaA Membership Committee to consider strategies to engage current candidate members, meet their needs as the younger generation of APsaA, as well as to increase the numbers of candidates joining as APsaA members.

Do you have a question concerning your APsaA membership? Contact Membership Services at membership@apsa.org.

DPE Sub-Committee on Candidates in the Community

*Jane Keat, PsyD, Chair—
Boston Psychoanalytic Society & Institute*

Committee Members:

Jan Chess, PhD—San Francisco

Center for Psychoanalysis

Paola Contreras, PsyD—

Boston Psychoanalytic
Society & Institute

Eileen Dunn, PsyD—

Washington Baltimore
Center for
Psychoanalysis

Han Feng, MA—William

Alanson White Institute

Mead Goedert, LICSW—

Michigan Psychoanalytic
Society & Institute

Jeanne Johnson, PhD—

Oregon Psychoanalytic
Center

Nisha Shah, MD—

Emory University
Psychoanalytic Institute

Mariela Shibley, PsyD—

San Diego
Psychoanalytic Center

Sheryl Silverstein, PhD—

Western New
England Institute
for Psychoanalysis

Jillian Stile, PhD—

Columbia University
Center for
Psychoanalytic Training
& Research

Angela Vuotto, MD—

Institute at PANY
(Psychoanalytic
Association of New York)

Rachel Maree, MD—Emory University

Psychoanalytic Institute

Alexandra Sawicki, MD—Emory

University Psychoanalytic Institute

Jennifer Logue, PhD—St. Louis

Psychoanalytic Institute

We have recently added Jennifer Logue from the St. Louis Psychoanalytic Institute. She is an associate professor at Southern Illinois University, where she directs the graduate program on Diversity and Equity in Education. She serves on the DPE sections for Interdisciplinary Psychoanalytic Education and for Diversities, and is thinking deeply about psychoanalytic pedagogy, especially around issues of diversity.

We have been working hard to promote and solicit applications for the DPE Psychoanalyst in the Community Section's **Candidate in the Community Mentoring Award**, which pairs candidates working in the community

with mentors and a small stipend to help them develop this work and integrate it into their psychoanalytic identities. The award will be given to four candidates this year. We are looking forward to learning from their experiences about what helps support candidates in their development as community practitioners, as we continue to build a network of candidates passionate about community work.

Committee members are working to develop a proposal for a Discussion Group at the Meetings that would provide opportunities for candidates and more senior analysts to present and discuss work they are doing in community settings. We are increasingly interested in the importance of understanding group process as a way in to thinking psychoanalytically about the community systems in which we work.

Committee Members have continued to discuss ways to advocate for increased attention to community psychoanalysis in our training, and are following with interest the DPE Psychoanalyst in the Community Section's work with Oregon Psychoanalytic Center around a developing community psychoanalysis training and service project.


To learn more about the Community Mentoring Award visit: <https://apsa.org/CandidateCommunityAward>.

DPE: Training and Education Section

*Sumru Tufekcioglu, PhD,
Liaison*

In the last year, APsaA's Department of Psychoanalytic Education's Training Section chaired by Dr. Richard Fritsch has been focused on multiple projects to enhance the training experience of the candidates of APsaA-approved institutes. One of the projects that is underway aims to create an online library of readings and syllabi from all APsaA

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APSAA

CALL FOR PAPERS

\$1,000 CANDIDATES' COUNCIL PSYCHOANALYTIC PAPER PRIZE

Deadline: May 1, 2020

The Candidates' Council Psychoanalytic Paper Prize, based on peer review, is awarded annually to the *Candidate Member* who submits the most outstanding paper on a psychoanalytic subject. **A \$500 honorarium will be awarded to the semi-finalist.** The winning author will present his/her paper at APsaA's National Meeting in New York (Winter) and the semi-finalist will present his/her paper at the Annual Meeting (Summer). The winner is also required to present his/her paper at a local venue. The winner and semi-finalist may submit their papers for review by JAPA, and if accepted, the paper will be published as the winner or semi-finalist of the Candidates' Council Paper Prize.

Submission Guidelines: In order for a manuscript to qualify, it must be submitted by an APsaA Candidate Member and it must be unpublished and not submitted for publication although it can be based on a paper that was presented at professional meetings. Each manuscript must conform to the *Preparation of Manuscripts* guidelines outlined by JAPA, with the exception that the length should not exceed 30 double-spaced, typed pages.

Candidate Members who have recently graduated are eligible to submit a paper for the award during the year following graduation.

Deadlines and Instructions: **Entries must be submitted electronically no later than May 1, 2020.** Email **one Word document** containing the manuscript **with all references to the author deleted** and email **another Word document** containing the author's name, email, address, phone number, and Institute affiliation to:

Sumru Tufekcioglu, Ph.D.
Chair, Candidates' Council Paper Prize
(E) St.ny@mac.com

institutes which will enable easy access and exchange of information regarding curricula and literature among member institutes. Also as part of this project, a listserv to support Curriculum Committee chairs has been created to enhance communication between institutes concerning curriculum.

Additionally, a joint task force of the Candidates' Council and the DPE's Training and Education Section has been started to focus on supporting the development of early career psychoanalysts. Among various initiatives that are currently being developed, one particular area of focus will be on studying the development of a psychoanalytic identity, or the "formation" of a psychoanalytic identity which is a principal task following graduation. From the Candidates' Council, Holly Crisp, MD and Sumru Tufekcioglu, PhD have joined this task force.

Research

Sumru Tufekcioglu, PhD, Chair; Candidates' Council Research Committee, Candidate Member; Fund for Psychoanalytic Research

The Committee for the Fund for Psychoanalytic Research convened for its 108th Annual Meeting in San Diego with five members in attendance. Following the discussion on finances, the Committee reviewed and discussed in detail twelve grant proposals. We had seven submissions from the United States, one submission each from the United Kingdom, Portugal, and Sweden, and two submissions from Italy. The topics of study in the proposed research projects consisted of:

Psychoanalytic process in the treatments of adolescents; examination of possible overlaps between alliance ruptures and microaggressions; the healing potential of patient-therapist attachment; the effect of induced mood states on mentalization; assessing psychoanalytic process outcomes within a machine-learning framework; and neural effects of object relations in psychosomatic chronic pain.

Committee discussions included assessment of the quality of each research project outlined above, i.e., whether the project is psychoanalytic in nature and promotes public health, whether the costs budgeted are justifiable, and whether the project has strong research design qualities. The Committee will meet in February of 2020 in New York for the next round of grant submissions.

To learn more, visit: <http://www.apsa.org/research-fund>.

Joint Candidates' Council/ IPSO Winter Party

On **Thursday, February 13th, 2020**, we are again hosting the Candidates' Winter Party, jointly sponsored by the Candidates' Council and IPSO, from 7–10 PM. This event is the primary opportunity for candidates to socialize with other candidates, make professional connections and develop friendships in a non-educational event. Join us for networking, conversation, live music provided by The Shrinks, dinner, and drinks. Tickets are available to purchase in advance at <https://apsa.org/product/candidateparty> or at the door.

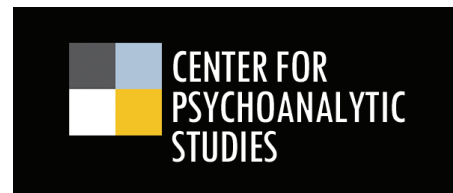
IPA Working Parties for Candidates: The Working Party on the Specificity of Psychoanalytic Treatment Today

In addition to the programming during the upcoming meeting, the Candidates' Council is pleased to join the International Psychoanalytical Studies Organization (IPSO) in support of a unique opportunity for candidates, the IPA Working Parties for Candidates: the Working Party on the Specificity of Psychoanalytic Treatment Today (WPSPTT), on Monday and Tuesday, February 10 and 11, 2020, before the APsA meeting begins on Tuesday. This is an educational opportunity for candidates to experience an immersion in analytic listening and to work and think with colleagues from outside of the North America region. Psychoanalysts from France and North America will co-moderate the groups, providing candidates not

only an experience with this innovative method, but an international perspective on psychoanalysis.

To learn more, see page 9 of the [Preliminary Program](#).

Featured Institute/Center:



Report from The Center for Psychoanalytic Studies in Houston, Texas

Cristina Ivan, MD (advanced candidate)

Our trainees (approximately 35 current trainees) and faculty (approximately 40 senior faculty members) are from Houston, Austin, and Dallas areas.

The Center enjoys a close working relationship with local schools—Baylor College of Medicine (Houston) and The University of Texas Health Science Center (Galveston and Houston), and with other local clinics, societies, and associations—Menninger Clinic, Houston Psychoanalytic Society, Austin Society for Psychoanalytic Psychology, and The Lovett Center (one of the largest groups of specialized therapists in the Greater Houston Area).

Our center offers the following classes:

- Studies in Adult Psychoanalysis
- Studies in Adult Psychoanalytic thinking
- Studies in Adult Psychodynamic Psychotherapy
- Studies in Child Psychoanalysis and Psychotherapy

We also have a very active alumni group that meets once a month. Participants discuss one or two journal articles per meeting. The readings include a few classic papers, but most are contemporary. While they include theoretical, developmental, and applied topics, most have a clinical emphasis. Each meeting is facilitated by a CFPS faculty member who has an interest in the topic. ❖