

**MINUTES OF THE ZOOM MEETING OF THE BOARD OF DIRECTORS
Sunday, February 7, 2021**

William C. Glover, Ph.D., President & Chair
Bonnie J. Buchele, Ph.D., Secretary

EXECUTIVE COMMITTEE OF THE BOARD

William Glover, Ph.D., President
Kerry Sulkowicz, M.D., President-elect
Bonnie J. Buchele, Ph.D., Secretary
Julio G. Calderon, M.D., Treasurer
Timothy H. Rayner, M.D., Executive Committee Lead Director
David E. Cooper, Ph.D., Executive Committee Director
Sally Rosenberg, D.O., Executive Committee Director
M. Jane Yates, Ph.D., Executive Committee Director

EX OFFICIO MEMBERS OF THE BOARD

Mark D. Smaller, Ph.D., Past President
Harriet Wolfe, M.D., Past President
Ralph Fishkin, D.O., Past Secretary

BOARD DIRECTORS-AT-LARGE

Judith F. Logue, Ph.D.
Ira Moses, Ph.D.
Kerry Kelly Novick
Dan Prezant, Ph.D.
Sally Rosenberg, D.O.
Erika Schmidt, LCSW
Jeffrey K. Seitelman, M.D., Ph.D.
Jan C. Van Schaik, M.D.

CANDIDATE BOARD DIRECTOR-AT-LARGE

Himanshu Agrawal, M.D.
Sandra Landen, Ph.D.

REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES

American Institute for Psychoanalysis
No representative present

Association for Psychoanalytic Medicine
Shirin Ali, M.D.

Atlanta Psychoanalytic Society
M. Jane Yates, Ph.D.

Berkshire Psychoanalytic Society for Psychoanalysis
Lyn Yonack, MSW

Boston Psychoanalytic Society and Institute
M. Carole Drago, LICSW (alt)

Chicago Psychoanalytic Society
Wendy Selene, L.C.S.W

Cincinnati Psychoanalytic Society and Institute
Peter G. Kotcher, M.D.

Cleveland Psychoanalytic Center
No representative present

Contemporary Freudians in APsaA
Kerry Kelly Novick

Dallas Psychoanalytic Center
No representative present

Denver Psychoanalytic Society
Marguerite Stewart, Psy.D.

Florida Psychoanalytic Society
Julio G. Calderon, M.D.

Greater Kansas City-Topeka Psychoanalytic Center
Mari K. Hayes, Ph.D.
Yeshim Oz, MS, LIMHP (alt)

Houston Psychoanalytic Society
Felecia R. Powell-Williams, Ed.D., LPC-S, RPT/S

Michigan Psychoanalytic Society
Margaret C. Walsh, Ph.D.

Minnesota Psychoanalytic Society and Institute
No representative present

New Center for Psychoanalysis
Jeffrey Prager, Ph.D.

New Orleans-Birmingham Psychoanalytic Center
Molly Anne Rothenberg, Ph.D.

New York Psychoanalytic Society and Institute
Maxine Fenton Gann, Ph.D.
Daniel W. Prezant, Ph.D. (alt.)

Oregon Psychoanalytic Center
No representative present

PINE Psychoanalytic Center
Alexandra K. Rolde, M.D.

Pittsburgh Psychoanalytic Center

Stuart D. Hirsch, M.D.

Graduate Society of PANY affil w/ NYU Grossman School of Medicine
Arthur Lew, M.D.

Psychoanalytic Center of Philadelphia
Lana Prince Fishkin, M.D.

Psychoanalytic Center of the Carolinas
David Moore, Ph.D.

Saint Louis Psychoanalytic Society
Phoebe Ann Cirio, M.S.W., LCSW

San Diego Psychoanalytic Center
Timothy Rayner, M.D.

San Francisco Center for Psychoanalysis
Michael K. Smith, Ph.D.

Seattle Psychoanalytic Society and Institute
Sandra Walker, M.D.

Southwest Psychoanalytic Society
Richard T. Gottlieb, M.D., Psy.D.

Tampa Bay Psychoanalytic Society
Elise W. Snyder, M.D.

Virginia Psychoanalytic Society
Janet N. Schiff, LCSW

Washington Baltimore Center for Psychoanalysis
David E. Cooper, Ph.D.

Western New England Psychoanalytic Society
Carole T. Goldberg, Psy.D.

William Alanson White Psychoanalytic Society
Seth Aronson, Psy.D.

Wisconsin Psychoanalytic Society
Valerie Laabs-Siemon, M.S.

**AFFILIATE (VOICE WITHOUT VOTE) STUDY GROUPS
REPRESENTATIVE BOARD DIRECTORS AND ALTERNATES**

Nashville Psychoanalytic Study Group
No representative present

AFFILIATED (VOICE WITHOUT VOTE) STUDY GROUPS

REPRESENTATIVE BOARD DIRECTORS

Eastern Long Island Psychoanalytic Study Group
No representative present

Hawaii Psychoanalytic Study Group
No representative present

Lexington Psychoanalytic Study Group
No representative present

Santa Fe Psychoanalytic Study Group
No representative present

Society of Psychoanalysts of Puerto Rico
No representative present

Syracuse Psychoanalytic Study Group
No representative present

Association Parliamentarian
Rod Davidson, PPD

1. Call to Order and Opening Remarks – Dr. William Glover

The meeting was called to order at 12:00 pm Eastern Time. Dr. Glover welcomed everyone and introduced the members of the Executive Committee, and invited guests from the International Psychoanalytical Association (IPA): Drs. Virginia Unger (IPA President), Sergio Nick (IPA Vice President), and Henk Jan Dalewijk (IPA Treasurer). Drs. Harriet Wolfe and Adriana Prengler, the President-elect and Vice President-elect, were also in attendance.

2. IPA Officers

Dr. Glover invited Drs. Virginia Unger (IPA President) and Sergio Nick (IPA Vice President) to address the Board. Dr. Unger spoke of the solidarity experienced within the psychoanalytic community during the COVID-19 pandemic. She emphasized the importance of maintaining strong psychoanalytic ties during this crisis and is grateful for the technological advances that allow for continued work. The collaborative efforts being made within the psychoanalytic community in response to the pandemic give rise to feelings of pride in her. She noted that the IPA temporarily suspended specific requirements for training to allow for remote learning during this time. Finally, she highlighted several changes during her administration, and welcomed the incoming Drs. Harriet Wolfe and Adriana Preigler as the President-elect and Vice President-elect respectively. They will assume their positions in July 2021. Dr. Unger was thanked warmly.

3. Secretary's Report – Dr. Bonnie Buchele

A. Roll Call

Dr. Buchele called the roll. 57 members of the Board of Directors were present who were entitled to vote, thus establishing a quorum.

B. Approval of Agenda

Upon motion duly made and seconded, the agenda for the meeting was adopted.

C. Notice of Proxies

Dr. Buchele reported that 370 proxies were received for the Meeting of Members on Friday, February 7, 2021.

D. Approval of Minutes of January 10, 2021 Board of Directors.

The chair asked for corrections to minutes of the January 10, 2021, Board of Directors meeting which were posted on February 4, 2021. Since there were no corrections, the Minutes were approved as written.

E. Membership Update

Currently the Association has 2,977 members. By category, there are:

- 1,150 Active Members
- 1,280 Senior / Life Members
- 489 Candidate Members
- 28 Academic Associate Candidates
- 30 Academic Associates

Since the February 2020 Meeting, the following changes in membership have occurred:

- 72 Active Members became Senior Members
- 50 members have died, including 2 Honorary Members
- 45 members have resigned, including 2 academics
- 16 members reinstated their membership, including 1 academic
- 14 Candidate Members and 4 Academic Associate Candidate members were dropped because they are no longer candidates in training
- In total 91 new Actives and 70 Candidate Members joined the Association during 2020.

The following new members join during the fall:

- 53 Candidate Members
- 8 Academic Associate Candidates (non-voting)
- 4 Non-member APsaA Institute graduates became Active Members
- 2 IPA members or IPA graduates became Active Members

Effective at this meeting, we will have the following new members:

- 38 Candidate Members graduated and will automatically become Active Members
- 3 graduates of institutes not affiliated with APsaA will become Active Members
- 3 IPA members or IPA graduates will become Active Members
- 1 Academic Associate (non-voting)
- 5 analyst(s) trained outside of APsaA and the IPA will become Active Members via the Expanded Pathway application

The year-end 2019 Associate totals:

- 50 Educator Associates
- 290 Psychotherapist Associates
- 21 Psychotherapist Trainees
- 36 Research Associates
- 148 Student/Resident Associates

Total of 545

F. Summary of Actions of Executive Committee Meetings

During the period between the June November 15, 2020 Board of Directors meeting and this meeting of the Board of Directors, the Executive Committee took the following actions:

I. Fellowship Committee

The Executive Committee approved a request from the Co-chairs of the Fellowship Committee, Tracy Prout, Ph.D. and Marcus "Bo" Houston, M.D., to increase the number Fellows to 17 for the 2021-2022 program.

II. International Journal of Psychoanalysis

The Executive Committee considered a request from the British Psychoanalytical Society to reinstate the option to subscribe to the International Journal of Psychoanalysis (IJP) on the annual APsaA dues statement. The Committee decided that a link and an "opt-in" subscription option will be included on the APsaA dues statement.

III. Science Department Survey

The Executive Committee approved a proposal from Chuck Fisher, M.D., of the Research Department to survey the membership about their experience with telehealth during the pandemic.

IV. Holmes Commission

The Holmes Commission on Racial Equality in the American Psychoanalytic Association (CO-REAP), chaired by Dorothy Holmes, M.D., has been established "to identify and offer remedies for apparent and implicit manifestations of structural racism that may reside within APsaA and its member institutes, in our interactions with the wider psychoanalytic world beyond APsaA and with the public in general".

V. Public Information Committee

The Executive Committee decided to ask the Public Information Committee to provide members with opportunities to learn to speak and write publicly about the vexing societal issues.

VI. International Journal of Controversial Discussions

The Executive Committee considered a proposal from Arnold Richards, M.D., to promote an online journal, The International Journal of Controversial Discussions, to APsaA members. The Executive Committee decided to recommend to Dr. Richards that he consider using the Members Listserv to announce the journal.

VII. National Meeting Registration Fees

The Executive Committee agreed to waive registration fees for APsaA sponsored meetings for the members of the Holmes Commission on Racial Equality and Psychoanalysis (CO-REAP) in an effort to help facilitate the work of the Commission and demonstrate support.

VIII. FY2022 Budgeting Process

The Executive Committee supports the proposed revisions to the budget process as recommended by Dr. Julio Calderon, APsaA Treasurer. The revised plan will align the resources of the Association with its vision and strategic plan.

IX. Dues Invoices

The Executive Committee finalized proposed revisions to the dues invoice. The changes reflect the new dues structure approved by the membership in February 2020.

X. COVID-19 Town Halls

The Executive Committee agreed to alter the frequency of the COVID-19 Town Hall meetings to once a month with consideration given to the importance of incorporating the meetings into the association culture, allowing for the fatigue experienced by participants and conveners during the pandemic, and continuing to provide the space for a core group that attends most of the meetings.

XI. TA/SA Survey

The decision was made to make TA/SA Survey results available to members.

XII. Coalition for Psychotherapy Parity

The Executive Committee decided to give APsaA support to the work of the Coalition for Psychotherapy Parity to provide clinical necessity guidelines for psychodynamic psychotherapy and psychoanalysis to the California Department of Insurance that will be required for coverage by insurers.

4. Membership Requirements and Review Committee (MRRC) Report – Dr. Bonnie Buchele

The Membership Requirements & Review Committee (the MRRC) met and approved a number of new membership applications, including five (5) Expanded Pathway Membership applications received from analysts who did not train at an APsaA-approved institute or an IPA institute, but who have met the substantial equivalence requirements.

Upon motion duly made and seconded, the Board of Directors approved the following new Active Members via MMRC:

Lucy Freund, Ph.D.
Karen J. Maroda, Ph.D.
Debra J. Myers, M.D., Psy.D.
Jonathan Shedler, Ph.D.
Fernanda Sofio Woolcott, M.A., Ph.D.

The MRRC also approved:

- 1 application for Academic Associate membership:
Anne Golomb Hoffman, Ph.D.
Columbia University Center for Psychoanalytic Training & Research
- 3 applications from IPA Members or analysts trained at IPA institutes:
Deborah Wilson Bilder, Ph.D. - Psychoanalytic Center of California (PCC)
David M. Brooks, Ph.D., Psy.D. - Psychoanalytic Center of California (PCC)
Ana Brenda González Solórzano, Psy.D. – Guadalajara Psychoanalytic Association
- 3 applications from graduates of APsaA-approved institutes who had not previously joined APsaA:
Debbie Duggan, LCSW – San Francisco Center for Psychoanalysis
Gayle Lewis, Ph.D., MSCS – American Institute for Psychoanalysis (AIP)
Robin Rayford, M.A. - Michigan Psychoanalytic Institute

5 Institute Requirements and Review Committee (IRRC) Report – Dr. William Glover

Dr. Glover reported that the Institute for Contemporary Psychoanalysis Los Angeles (ICP/LA) has formally accepted the invitation to become an approved institute of APsaA. The International Institute for Psychoanalytic Training (IIPT) has met the required number of APsaA members to become an APsaA affiliate society, and will be electing a Board Director. The New York University (NYU) Postdoc is planning on applying for approval. Newport has renewed its interest.

The Board initiated discussion of the training analyst (TA) function. The IRRC is reviewing all relevant data, the literature, the TA survey, Listserv discussions, specific ideas and proposals members have suggested, the procedures of approved institutes and discussions with interested groups. Recommendations (in consultation with the DPE on proposed revisions of the APsaA Standards of Psychoanalytic Education will be presented to the Board for approval. Drs. Glover and Sulkowicz, along with members of the Board, will discuss the topic in the coming months with APsaA affiliation institutions (Institutes/Societies/Centers). The IRRC will make recommendations to the Board to be given consideration at the meeting June 6, 2021.

6. Treasurer's Report – Dr. Julio Calderon

Dr. Julio Calderon reported that APsaA finished the year with an operating surplus of about \$82,000 which is an improvement over last year's operating deficit of about \$128,000. Year over year revenue increased by about \$98,000. The primary contributors to the revenue increase were operating investment returns, a \$39,000 increase over FY19, and grants from PEP (Psychoanalytic Electronic Publishing), which increased by \$40,000 from the previous year. These increases helped mitigate decreases in membership dues (\$41,000) and journal subscription (\$30,000).

APsaA's expenses decreased by approximately \$112,000 in FY 2020. This decrease was primarily due to a decrease meeting costs (\$79,000) as the COVID-19 pandemic forced the organization to hold its Annual meeting virtually, thereby enabling APsaA to not be bound to its contract with the Hilton hotel in Chicago.

APsaA's enjoyed strong investment returns in FY20, \$307,000 above its budgeted projection. Accrued pension expense increase by about \$173,000 resulted in a below-the-line adjustment that left the organization with an increase in net assets of approximately \$215,000.

7. Audit Committee Report – Dr. Julio Calderon

Dr. Julio Calderon reported that Lutz & Carr, the Association's auditing firm, has completed their 2020 audit of the Association's financial records. They have issued an unqualified opinion regarding APsaA financial statements. This type of opinion is issued by an auditor when the financial statements presented are free from material misstatements and are represented fairly in accordance with Generally Accepted Accounting Principles (GAAP). Thus, the Association's financial condition, position, and operations have been found to be fairly presented in the financial statements. There were no new Notes in this year's audit. All Notes from last year were carried over with updated financial information. Additionally, no Management Letter outlining areas where the organization can make improvements i.e. internal control, was issued for 2020.

Upon motion duly made and seconded, the Board voted unanimously to authorize the auditors to prepare the final FY 2020 audit.

8. Report from the Candidates' Council – Dr. Holly Crisp

Dr. Holly Crisp, President of the Candidates' Council, reported on the body's activities. The Candidates' Council is a group of representatives from across the country who works to address the needs of APsaA Candidates by providing programming that is relevant and important to candidates, developing professional networking opportunities and creating a welcoming culture. She announced that this would be her last meeting as President and introduced the new Candidates' Council officers: Sumru Tufekcioglu, Ph.D. (President), Himanshu Agrawal, M.D. (President-elect), Gerard Sobnofsky, LMFT (Treasurer) and Melissa Jenereski, MSW (Secretary). Drs. Glover and Sulkowicz will meet with the Candidates' Council in April. Dr. Tufekcioglu and the members of the Board thanked Dr. Crisp for her leadership.

Following a earlier discussions regarding the importance of Candidate involvement, Dr. Arthur Lew recommended that the report of the Candidates' Council be presented earlier on the agenda in future meetings. The Board supported the recommendation.

9. Science Department – Dr. Charles Fisher

Dr. Fisher reported as Deputy Director of the Science Department.

The College of Research Fellows is continuing to form and has established its own board and listserv. The group sponsored several activities with a science focus in the program for the upcoming meeting, including a virtual poster session. The Fund for Psychoanalytic Research distributed several grants last year, and have received a good number of submissions for review this cycle.

The Alfred Berman Foundation for Medical Research is interested in contributing funds to the project on outcomes of psychoanalysis.

There is further progress on the MODE ((Multi-Level Outcome Study of Psychoanalyses of Chronically Depressed Patients with Early Trauma) study, which looks at empirical differences in efficacy between lower and higher frequency psychoanalytically oriented treatments. Trials are underway in Los Angeles and Europe.

The Fund for Psychoanalytic Research is also developing a closer liaison with the Department of Psychoanalytic Education (DPE) Research Education Section

10. Department of Psychoanalytic Education (DPE) Report – Drs. Britt-Marie Schiller and Wendy Jacobson

Dr. Britt-Marie Schiller reported that the DPE Sections have been very active since the transition of leadership within the department which occurred in June 2020. Dr. Sugarman completed his term as the Head of the DPE; Dr. Schiller assumed the position. Dr. Wendy Jacobson became the Associate Head. Dr. Schiller presented an overview of how sections within the DPE are connected, and interconnected regarding candidate education in order to fulfill the missions of the DPE. She expressed her deepest gratitude for the leadership of Dr. Sugarman and looks forward to working with Dr. Jacobson in continuing the work of the DPE.

11. Update on the Status of New APsaA Website

Mr. Newman, APsaA Executive Director, responded to a request for information on the progress of revisions and revitalization of the website from Kerry Kelly Novick. He reported that the first phase of the revision involves upgrading the internal infrastructure, a process that is now taking place. Once the new association management system is in place, a consultant will be hired to help with developing the design and functionality of the new website. The website is projected to be completed early 2022.

12. Psychoanalytic Electronic Publishing (PEP)

Mr. Newman, APsaA Executive Director, presented the report from PEP on behalf of Dr. Nadine Levinson, PEP Managing Director. PEP, formed in the 1990s, is a membership corporation with two members: APsaA and the British Psychoanalytic Society. Donations to APsaA from PEP constitute a significant portion of APsaA's operating budget, helping to fund several important psychoanalytic initiatives.

- PEP will be able to continue making the same level of grants to the American Psychoanalytic Association and the British Psychoanalytical Society: \$440,000 for each.
- This year, PEP has deferred adding any new journals having a much bigger objective: changing to a completely new PEP-Web platform. PEP has been working on this new Platform for the last two years and will be rolling it out in June. Any Board members who would like to be involved with testing the new platform, likely in March, can contact Dr. Levinson (nadinelevinson@gmail.com).
- Existing PEP Journals have been updated by year through 2017. At least five new journals will be added to the PEP Archive 2022, including the Revue Francais.

13. Listserv Update – Dr. Bill Glover

Dr. Glover reported briefly on the status of the Members Listserv. The Listserv continues to be self-moderated by its members.

14. Future APsaA Meetings

Dr. Agrawal inquired about future meetings, suggesting they be some hybrid of in-person and virtual formats. A brief discussion followed.

15. Adjournment

Dr. Glover thanked everyone in attendance. The meeting was adjourned at 1:59 pm Eastern Time.

Respectfully submitted,
Bonnie J. Buchele, Ph.D.
Secretary