

## **Sample Protocol E**

### **Patient and Colleague Assistance Committee**

The Patient and Colleague Assistance Committee is designed to offer a confidential resource for anyone who has concerns about treatment or uncertainties about an individual member of the psychoanalytic community, be it analyst, therapist, teacher, or supervisor. The Committee came into being because of widespread concern that by the time problems were formally identified as ethical violations, or discrimination, it was too late to help both patient and therapist. As a result this service is intended to enable people to make an informed choice about a problematic situation before it becomes adversarial. The Committee is also available to provide non-adversarial mediation of disputes when appropriate. In 2011 the Committee added the role of helping senior faculty transition into retirement.

Those who wish to use this service might include patients or relatives of patients, mental health colleagues, students, faculty or lay members of the community at large. The structure of the Committee is designed to represent all segments of the psychoanalytic family.

If you have questions or concerns you may contact any member of the Committee for a consultation to clarify your questions or discuss options. Unless otherwise requested, the Committee member you contact will discuss the issues in question with one or more members of the Committee in order to provide a meaningful response.

The deliberations and activities of the Committee are held in strict confidence. Members of the Committee are expected to recuse themselves when they consider it appropriate, and the individual requesting the services of the Committee may also request that one or more members of the Committee be excused from the discussion without revealing the reason.

There will be no charge for the service. There is no fixed format for the consultation, but one or more sessions may be necessary to fully explore the situation. You may directly contact one of the current Committee members listed below to arrange an appointment.