



**Minutes**  
**AMERICAN PSYCHOANALYTIC ASSOCIATION**  
**Meeting of the Executive Council**  
**Thursday, February 15, 2018**  
**New York Hilton Hotel, New York, NY**

**Harriet Wolfe, M.D., President & Chair**  
**Ralph Fishkin, D.O., Secretary**

**OFFICERS OF THE COUNCIL**

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Lee Jaffe, Ph.D., President-elect  
Ralph E. Fishkin, D.O., Secretary  
William A. Myerson, Ph.D., Treasurer

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Mark Smaller, Ph.D., Past President

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Kerry Kelly Novick  
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Fredric T. Perlman, Ph.D.  
Sally Rosenberg, D.O.  
Jeffrey K. Seitelman, M.D., Ph.D.

**REPRESENTATIVE COUNCILORS**

American Institute for Psychoanalysis  
No representative

Association for Psychoanalytic Medicine  
Jules Kerman, M.D., Ph.D.  
Talia Hatzor, Ph.D. (alt.)

Atlanta Psychoanalytic Society  
Stefanie Speanburg, Ph.D., LCSW (alt.)

Austin/San Antonio Psychoanalytic Society  
JoAnn Ponder, Ph.D.

Berkshire Psychoanalytic Society for Psychoanalysis  
Lyn Yonack, MSW

Boston Psychoanalytic Society and Institute  
Michael Dvorkin, Ed.D.  
Janet A. English, Ph.D. (alt.)

Chicago Psychoanalytic Society  
Ellen Rosenberg, Ph.D.  
R. Dennis Shelby, Ph.D. (alt.)

Cincinnati Psychoanalytic Society and Institute  
Peter Kotcher, M.D.

Cleveland Psychoanalytic Center  
Richard Lightbody, M.D.

Contemporary Freudians in APsAA  
Jane Hall, LICSW, FIPA

Dallas Psychoanalytic Center  
No representative

Denver Psychoanalytic Society  
Benjamin P. Green, M.D.  
Marguerite Stewart, Psy.D. (alt.)

Florida Psychoanalytic Society  
Julio Calderon, M.D.

Greater Kansas City-Topeka Psychoanalytic Center  
Bonnie J. Buchele, Ph.D.  
Mari Hayes, Ph.D. (alt.)

Houston Psychoanalytic Society  
Sharon Gerber, LCSW

Long Island Psychoanalytic Society  
No representative

Michigan Psychoanalytic Society  
Margaret Walsh, Ph.D.

Minnesota Psychoanalytic Society and Institute  
Harold J. Steiger, Ph.D.

New Center for Psychoanalysis  
Elena Bezzubova, Ph.D.

New Jersey Psychoanalytic Society  
No representative

New Orleans-Birmingham Psychoanalytic Center  
No representative

New York Psychoanalytic Society and Institute  
Maxine Fenton Gann, Ph.D.

Oregon Psychoanalytic Center  
Constance Jackson, M.D.

PINE Psychoanalytic Center  
Bliss Rand, M.D.  
Alexandra K. Rolde, M.D. (alt.)

Pittsburgh Psychoanalytic Center  
Stuart D. Hirsch, M.D.  
Stacey Wettstein, Ph.D. (alt.)

Psychoanalytic Association of New York  
Arthur Lew, M.D.  
Barry Rand, M.D. (alt.)

Psychoanalytic Center of Philadelphia  
Edward Hicks, M.D.  
Lana Fishkin, M.D. (alt.)

Psychoanalytic Center of the Carolinas  
David Moore, Ph.D.

Saint Louis Psychoanalytic Society  
Phoebe Cirio, MSW.

San Diego Psychoanalytic Center  
Timothy Rayner, M.D.

San Francisco Center for Psychoanalysis  
William C. Glover, Ph.D.  
Michael B. Donner, Ph.D. (alt.)

Seattle Psychoanalytic Society and Institute  
Sandra Walker, M.D.

Southwest Psychoanalytic Society  
Richard Gottlieb, M.D., Ph.D.

Tampa Bay Psychoanalytic Society  
Elise W. Snyder, M.D.

Virginia Psychoanalytic Society  
Janet N. Schiff, LCSW

Washington Baltimore Center for Psychoanalysis  
David Cooper, Ph.D.  
Pavel Snejnevski, Ph.D. (alt.)

Western New England Psychoanalytic Society  
No representative

William Alanson White Psychoanalytic Society  
Seth Aronson, Psy.D.  
Elizabeth Krimendahl, Psy.D. (alt.)

Wisconsin Psychoanalytic Society  
Valerie Laabs-Siemon, M.S.

**Professional Registered Parliamentarian**  
Rod G. Davidson, PRP

### **1. Call to Order and Opening Remarks – Dr. Wolfe**

The meeting was called to order at 8:10 am. Dr. Wolfe welcomed everyone and asked for new Councilors and Alternate Councilors attending for the first time to stand and be recognized. Dr. Wolfe then introduced the officers and the Parliamentarian.

## 2. Secretary's Report – Dr. Fishkin

### A. Roll Call

Dr. Fishkin called the roll. 46 members of the Executive Council were present who are entitled to vote, thus establishing a quorum.

### B. Approval of Agenda

Upon motion duly made and seconded, the agenda for the meeting was approved.

### C. Notice of Proxies

The Secretary reported that 612 proxies ballots were received for the Meeting of Members on Friday, February 16, 2018.

### D. Approval of minutes of June 8, 2017 Executive Council Meetings

The chair asked for corrections to the minutes of the Executive Council meeting on June 8, 2016 which were posted online on October 9, 2017 and were also posted in the back of the meeting room. Since there were no corrections, the minutes were approved as circulated.

### E. Membership Update

Currently the Association has 2,917 members. By category, there are:

- 1,274 Active Members
- 1,181 Senior / Life Members
- 416 Candidate Members
- 17 Academic Associate Candidates
- 29 Academic Associates

Over the course of the year since the January 2017 Meeting, the following changes in membership have occurred:

- 109 Active Members became Senior Members.
- 54 members have died.
- 96 members have resigned.
- 21 members reinstated their membership.
- 23 Candidate Members and 4 Academic Associate Candidates were dropped because they are no longer candidates in training.
- We gained 56 new Active Members and 67 new Candidate Members over the January & June 2017 meetings.

Effective at this meeting, we will have the following new members:

- 58 New Candidate Members
- 7 New Academic Associate Candidates
- 28 Candidate Members graduated and will become Active Members.
- 4 non-member APsaA institute graduates will become Active Members.
- 5 IPA members of IPA graduates will become Active members.
- 3 analysts trained outside of APsaA or the IPA will become Active Members.
- 2 new Academic Associates will join the Association.

The 2017 year-end totals of Associates are:

Educator Associates: 64

Psychotherapist Associates: 256

Research Associates: 35

Student/Resident Associates: 27

Total of 382

F. Summary of Actions of Executive Committee Meetings

During the period between the June 2017 Executive Council meeting and this meeting of the Executive Council, the Executive Committee took the following actions:

1. Auxiliary Groups Policy

The Executive Committee considered a policy for the use of meeting space during national meetings by Auxiliary Groups (groups that involve APsaA members but are not formally affiliated with APsaA). It was decided that Bill Glover would work with Carolyn Gatto to develop criteria that could be used consistently across all meeting space requests.

2. Review Memo Regarding Public Commentary

The Executive Committee reviewed and discussed a draft memo to be sent to the membership regarding APsaA's policy concerning public commentary. The Executive Council was polled on two questions: Did individual Councilors support the draft policy on public commentary and did they, or did they not, feel it was necessary to poll the entire membership about the draft policy?

79% of the Executive Councilors responded. 100% of those responders approved the policy that APsaA, as an organization, speak to issues and not about specific political figures. 78% of the responders opposed a poll of the membership. Dr. Wolfe will communicate this information to the membership.

3. Proposed Lead Councilor Role and Responsibilities.

The Executive Committee authorized Dr. Fishkin to speak directly with the Association's Parliamentarian, Rod Davidson, to clarify the scope of the Lead Director's duties in relation to the duties of the President, as specified in the APsaA Bylaws. The Executive Committee discussed their detailed report. The APsaA attorney also reviewed the proposal, along with a draft of the privileges and responsibilities of the Lead Councilor. These proposals, and a plan for the process of election in June 2018, will be presented for discussion and action by the Executive Council in February.

4. Proposed College of Research Fellows

The Executive Committee reviewed and discussed a proposal from the APsaA Science Department to create a College of Research Fellows within APsaA. The goal of the College would be to make psychoanalytic researchers feel valued and welcomed in APsaA and to enhance the scientific mindset of clinician members. This would involve creating a new non-voting category of membership within the Association. The Executive Committee approved the following motion:

The Executive Committee approves the development of a College of Research Fellows of APsaA under the Science Department. Research Fellow and Junior Research Fellow categories will be developed and the current Research Associate category of affiliation will

be reviewed and integrated with the new proposed Research Fellow and Junior Fellow categories.

5. Proposed Memo Regarding Web Beacons

The Executive Committee approved a motion to inform the membership of the presence of email web beacons embedded in the APsaA Connects platform. They provide useful user information to the APsaA tech staff and the Higher Logic Platform, i.e. whether or not a member has viewed an email, the date and time a member has opened an email and whether a member reports an email as spam. The information is not used for commercial purposes, nor is it shared with any third party by APsaA or Higher Logic.

6. 2018 APsaA Annual Meeting – Dates & Location

Dr. Wolfe reminded the Executive Committee of the plan to hold the 2018 Annual Meeting in July. However, it turns out the meeting could not be scheduled in July for a number of reasons: the July 4th holiday, heavy holiday air travel, and hotel rates that would be much higher than usual. Therefore, Carolyn Gatto has secured a contract to meet in Chicago at the Palmer House June 22-24, 2018 (for the scientific portion of the meeting). Administrative meetings will be held earlier in that week.

7. Collaboration Proposal from FEPAL

While at the IPA Congress, Drs. Wolfe and Jaffe met with the chair of ILAP, a component of FEPAL (FEPAL is the Latin American regional psychoanalytic organization). ILAP works in areas of Latin America that express interest in developing a psychoanalytic presence. They organize conferences and sometimes develop training programs that can lead to establishment of a component IPA society. ILAP's mission is similar to that of the CNTF, which sunsetted along with the BOPS. An APsaA member who lives in Puerto Rico reached out to ILAP and expressed an interest in collaborating with them to initiate a teaching program for Spanish speaking analysts in Puerto Rico.

The following motion was presented, seconded, and unanimously approved: The Executive Committee endorses the initiative of ILAP, a component of FEPAL, to begin work in Puerto Rico, and encourages the inclusion in their efforts of any Spanish-speaking APsaA analysts who are willing to volunteer.

8. Executive Committee Mission/Vision Retreat

After presentation of the Value, Engagement, and Community (VEC) Task Force report at the Executive Council meeting in June, the Council approved its recommendation that this would be an opportune time for APsaA to take a fresh look at its mission and vision in order to build value in APsaA membership. It was decided that the Executive Committee would begin this, with final recommendations brought back to the Council. The Executive Committee, to begin that work, held a retreat on September 16-17, facilitated by Lowell Aplebaum, the consultant who worked with the VEC Task Force. The Executive Committee settled on the version of the revised vision statement that it will present, along with background material, to the Executive Council in February.

9. Establishment of a Community Vision Implementation Task Force

In June 2017, the Executive Council unanimously approved the adoption of the Community Vision Statement recommended by the VEC Task Force. The TF suggested that a new Task Force be appointed by the President to consider the implementation of the Community Vision Statement across the departments and activities of APsaA. Dr. Wolfe

has appointed the Community Vision Task Force and it also will bring recommendations to the Executive Council in February. The members of the Task Force are Gennifer Lane Briggs, Bonnie Buchele, Holly Crisp, Michael Groat, Ethan Grumbach, Dan Prezant, Tim Rayner, and Marsha Robertson.

10. Request to Support an Amicus Brief

The Executive Committee unanimously approved a motion to support and join an amicus brief for the appeal of a Hague Convention case that concerns whether or not a child should be returned to his habitual residence following the traumatic witnessing of domestic violence. The brief will be submitted to the Court in September, and include other mental health organizations in support as well.

11. Advocacy Department Proposal

The Executive Committee approved a motion of a proposal submitted by Dr. Smaller on behalf of the Advocacy Department. It described a reorganization of the Department to enable APsaA to be better prepared to effectively address emerging social and governmental issues. The intention is to enhance and to formally evaluate the effectiveness of APsaA's advocacy efforts. The Steering Committee of the Advocacy Department will bring recommendations to the Executive Committee, which will act on behalf of the Executive Council in urgent situations. Mark Smaller will head the Department and report monthly to the Executive Committee and to the Executive Council at its biannual meetings. On October 26, Dr. Smaller joined the Executive Committee to outline the Department's tentative priorities: trauma and children, mental healthcare, community violence, and access to mental healthcare.

12. Communications during a Time of Transition for Both APsaA and the IPA

The Executive Committee recognized that, in its efforts to work collaboratively with the IPA, a number of APsaA members now have dual roles in the IPA and APsaA. Given this important time of transition within APsaA, it was felt that important communications for matters of education from the IPA with APsaA societies, centers and institutes should be coordinated with APsaA's President and the Head of the Department of Psychoanalytic Education.

13. JAPA Editor Search

Dr. Wolfe stated that search process for the next Editor of JAPA has been announced and Mr. Stein has posted a notice on the Association online community inviting applications.

14. Policies & Procedures Committee Recommendations

The Executive Committee approved a motion supporting the recommendation of the Policies & Procedures Committee that the New Jersey Psychoanalytic Society be removed from the APsaA Roster as an Affiliate Society, following a communication from its Councilor that it no longer exists.

15. Update on Part-time Staff Position

Dean Stein informed the Executive Committee that Lowell Aplebaum has agreed to join the staff on a part-time basis, as the Director of Strategic Initiatives.

16. Discussion of Request for a Poll of the Membership about the TA System

The Executive Committee discussed the recent online interchanges regarding the TA system and its value. The current plan in place is for the DPE to review comments about the TA system and to make recommendations to the IRRC and the Executive Council, as



prescribed by our Bylaws. The DPE's Education and Training Forum will discuss the topic at the annual meeting in June 2018. In the meanwhile, a committee has been set up within the Training and Education Section of the DPE to study the topic and research the views of the training programs. The Executive Committee considers that a poll would be premature at the time of its discussion, but considers an open, thorough and transparent discussion by the membership to be an essential part of the process. Therefore, it is considering several options for such open discussions beginning at the earliest possible time. It will also ask the DPE to determine the necessity, content, structure and timing of a poll or survey in consultation with the Science Department.

17. Council Committee Activities

Dr. Glover, a member of the Executive Council Nominations Advisory Committee, suggested a review of the Council Committees with the idea of consolidating some of the committees into other committees. After a brief discussion, the Executive Committee agreed that discussion of the Council Committees should be a part of a comprehensive and inclusive discussion at the February meeting about the responsibilities of Councilors and the workings of the Council and its committees.

18. COCAP Move to DPE

Dr. Wolfe reported that the Committee on Child and Adolescent Psychoanalysis (COCAP), a Committee of the Corporation, has been relatively inactive for a while. With the creation of a Child Analysis Section in the new Department of Psychoanalytic Education (DPE), Dr. Wolfe recommended to Monisha Akhtar, the chair of COCAP, that COCAP be sunsetted and its activities be integrated into the DPE Child Section. Dr. Akhtar concurred. Karen Gilmore, the Chair of the DPE Child Section, has already been in touch with Dr. Akhtar. The Executive Committee endorsed the decision to sunset COCAP.

19. APsaA's PEP Directors

The Executive Committee confirmed its recommendation to endorse the nomination of Nadine Levinson, Alice Brand Bartlett, and Paul Mosher for another 3-year term as APsaA's PEP Directors. The PEP Board is in the process of developing a succession plan.

20. Communication from Online Candidates

The Executive Committee discussed a letter from candidates who are currently being trained online (distance learning) who wish to join APsaA as Candidate Members. As of now, online candidates only have the option of becoming Candidate Academic Associate members of APsaA, a membership category that does not fit their status as clinical candidates.

21. Review of the Proposed Online Community Guidelines

The Executive Committee discussed proposed guidelines for APsaA's online communities as recommended by the Community Vision Task Force. This will be on the agenda of the Executive Council in February.

22. MHLG Letter of Support for Kennedy/Warren Bill to Strengthen Parity Laws

The Executive Committee approved a motion to sign-on to a letter supporting the Behavioral Health Coverage Act, 2018 requested by the Mental Health Liaison Group (MHLG).

23. Draft Proposal from the Committee on Council for Governance Committee  
The Executive Committee reviewed and discussed a draft proposal outlining the reconstitution of the Committee on Council as a Governance Committee in an effort to aid the functioning of the Executive Council as the Board of Directors. This will be on the agenda of the Executive Council meeting in February.
24. Report from Meeting Advisory Committee  
The Executive Committee reviewed the report of the Meeting Advisory Committee presented by Lowell Aplebaum, which includes recommendations regarding the location and timing for the National Meetings in 2020 and 2021. The report will be distributed to the Executive Council for discussion in February 2018.
25. Support For A Letter Objecting to Aspects Of US HHS Draft Strategic Plan for 2018-2022  
The Executive Committee approved a motion to sign-on to a letter originated by the American Psychiatric Association to the U.S. Department of Health and Human Services objecting to actions taken including exclusion of LGBTQ patients in the agency's draft strategic plan for 2018-2022. The draft plan includes a list of banned words and topics and the creation of the Conscious and Religious Freedom Division, which creates a policy that enables people to decline to hire based on religious grounds.

### 3. Institute Requirements & Review Committee Report – Dr. Wolfe

Dr. Wolfe reported that the materials distributed in advance of the Council meeting report on the IRRC's progress and activities since June 2017. In the materials, the IRRC presented proposed revised training standards for approval. Detailed comments were received from the membership during the 90-day comment period.

There was discussion of the proposed revised training standards. Dr. Perlman made a motion, which was seconded, to amend 3 sections of the text in the proposed standards as follows:

1. Bottom of page 4:  
"the local institute may choose to waive the requirement for analysis by a TA.....  
Propose changing it to:  
"the local institute may choose to waive **its** requirement for analysis by a TA
2. Page 8, Part 8  
Under A – appointment of supervising training analyst  
Institutes have the option to appoint an analyst as a TA, SA, or TA/SA simultaneously or to approve a personal analyst by waiver.  
Propose change it to:  
Institutes have the option to appoint an analyst as a TA, SA, or TA/SA. **Institutes implementing any of these options may permit a candidate to undertake analysis** with a personal analyst by waiver.
3. Page 9 – C Institute waiver  
Institutes may waive the requirement for an analysis with a TA....  
Propose change it to:  
Institutes may waive **applicable** requirements for analysis with a TA

The question was raised as to whether these changes could be made during the Council meeting according to the established procedures. Do these amendments require a 90-day comment period to make these language changes? Dr. Smaller made a motion, which was seconded, that the Council approve the proposed standards document so the revised Standards will be in place and that Dr. Perlman's proposed changes be "referred to committee" (to the DPE) for discussion, the DPE would bring back recommendations to the Council in June 2018, and then be voted on. The motion was approved.

The IRRC has presented three additional recommendations as follows:

1. Authorize the IRRC to receive ongoing educational requests from members, to review them with the DPE and to make recommendations to Council following a 90-day member commentary period.
2. Authorize the IRRC to receive recommendations from the DPE, to review them and to make recommendations to Council following a 90-day member commentary period.
3. Consider a membership survey for controversial educational policy matters. The Science Department should consult on the methodology of survey design. Authoritative and comprehensive position papers advising the membership on the significant issues being considered should accompany any survey.

These IRRC recommendations were moved, seconded and approved by the Executive Council.

#### **4. Department of Psychoanalytic Education (DPE) Update Report – Dr. Sugarman**

Dr. Sugarman, head of the DPE, presented an overview of the work the Department has been doing since the June 2017 Meeting. He and Dr. Britt-Marie Schiller were asked to implement the DPE by developing a vision statement and organizational structure with the idea that it would be open to modifications. The DPE officially launched in June 2017 when BOPS was sunsetted. Section Chairs were appointed and they began developing their committees. All projects are being developed in order to provide service to APsaA institute educational programs. The Section Chairs have been discussing ways to more proactively reach out to APsaA members who were not involved with BOPS and/or are not TA's. The Department wants to have a broad membership base, including candidates, involved with DPE.

Dr. Sugarman reviewed the current projects on which DPE is working and noted that the Department is providing direct support and services to Institutes through the Institute Advisory and Consultation Section. He reported that the DPE held its first educational forum earlier in the week on the topic of frequency.

Dr. Sugarman was thanked by Dr. Wolfe for creating a new DPE in a new culture.

#### **5. Report on Institute Listening Tour and Survey Data—Lowell Aplebaum**

Dr. Wolfe introduced Lowell Aplebaum, APsaA's recently hired Director of Strategic Initiatives. He described a brief, three-question survey sent to all Institutes. He reported as follows: Eighteen Institutes, about 56%, responded. Following the survey, the Executive Committee decided to experiment with an Institute Listening Tour. Members of the APsaA Executive Committee and APsaA staff visited three institutes with the intent of listening and learning. What are institutes facing? Where are they succeeding? Where are they challenged? As APsaA reflects on how to be a better partner in strengthening the field, these visits helped develop deeper relationships. Going

forward, we are exploring how this model may be pursued by the DPE and we will share more information on that front in the coming months.

The survey asked: 1) What are the top three challenges facing psychoanalysis today?; 2) What are the top three challenges facing psychoanalytic education today?; and 3) What is the greatest opportunity where we should focus to see our profession flourish? From the candidate side, fees for training were the greatest challenge. From the faculty side, they want to be paid for teaching. Some very concrete issues related to finances and some related to social change were expressed. Many candidates do not want to spend an enormous amount of time at their Institutes. How do we create succession with people who are so different from the older generation in terms of devoting time to an Institute/Society? How can information be communicated, how are people learning today and how can faculty use visual models through Powerpoint and other software?

We will be sharing the results of the survey with all the institutes.

## **6. Community Vision Implementation Task Force Report—Dr. Wolfe**

The Community Vision Implementation Task Force was set up at the APsaA meetings in June 2017 as follow-up to the Council's approval of the Community Vision Statement. Among the recommendations in the Task Force's report are guidelines for APsaA's listserve. Dr. Wolfe described the existence of a degree of fear and intimidation held by candidates and recent graduates about APsaA's listservs. She noted that the listservs are not inviting or welcoming and there was often an arrogant and self-serving tone so members unsubscribed rather than be bothered to read the posts. The Task Force addressed the question of how can APsaA's listserves continue to serve the members, including candidates. There needs to be a change in our culture. Most people retreat from online ad-hominem comments. The Association must make empathy and respectful listening important on the listservs. People must think before pressing the "send" button. Many individuals say things in online posts that they would never say in person. Dr. Wolfe asked for approval of the proposed Online Community Guidelines that had been distributed in advance of the meeting.

The Council discussed the proposed guidelines. Upon motion duly made and seconded, the proposed Online Community Guidelines were approved.

## **7. APsaA Vision Statement – Dr. Jaffe**

The proposed APsaA Vision Statement was distributed: **Recognizing the power of unconscious mind, APsaA advances clinical, scientific, and social progress.** Dr. Jaffe noted that the Executive Committee had developed this statement and was looking for input from the Executive Council.

There was a wide-ranging discussion. It was requested that anyone with suggestions for changes should send them to Dean Stein who will bring them to the Executive Committee. This topic will be brought back to the Executive Council at the June 2018 meeting.

## **8. Membership Requirements & Review Committee (MRRC) Report – Dr. Wolfe**

Dr. Wolfe reported that the Membership Requirements & Review Committee (the MRRC) met on Tuesday and approved a number of new membership applications.

- 3 Expanded Pathway Membership applications received from analysts who did not train at an APsaA institute or an IPA institute, but who have met the substantial equivalence requirements:  
Afsaney Kiany Alisobhani, Psy.D.  
Glenda Corstorphine, Psy.D.  
Michael Shoshani, Psy.D.
- 5 applications from analysts trained at an IPA institute:  
Christopher Christian, Ph.D. - Institute for Psa Training and Research (IPTAR)  
Adrienne Harris, Ph.D. - Psychoanalytic Institute of Northern California (PINC)  
Eva Marcuschamer, Psy.D. - Mexican Psychoanalytic Association  
Justine Kalas Reeves, M.S.W., D.Psych. - Contemporary Freudian Society  
Luz Maria Gabriela Peniche Soto, M.D. - Mexican Psychoanalytic Association
- 4 applications from graduates of APsaA-approved institutes who never joined APsaA  
Babs Glover, M.A.  
Helen Quiñones, Ph.D.  
Pascal Sauvayre, Ph.D.  
Laura Weiss, Ph.D.
- 2 applications for Academic Associate membership  
Anne C. Dailey, J.D.  
Sharon Weinstein, M.D.

## **9. Report from the IPA – Dr. Ungar**

The IPA's President, Dr. Virginia Ungar shared with the Executive Council information about the work of the IPA. She noted that the IPA has members in three regions of the world with a total of 20,800 members in 47 countries. Their greatest challenge is keeping psychoanalysis alive and promoting and supporting psychoanalysis. Dr. Ungar encouraged the Councilors to write to her at any time. She noted that the IPA North American representatives would be available to meet with APsaA members on Friday morning.

## **10. Meetings Advisory Committee Recommendations**

Lowell Aplebaum reported on the work of the Meetings Advisory Committee. This committee needed to quickly consider and make recommendations concerning APsaA's national meetings since the New York Hilton is unable to accommodate the Association's National Meeting in 2020 and 2021. The questions that the Committee was asked to consider and their recommendations are as follows:

1. What will be the location of the 2020 and 2021 National meetings (In NY or elsewhere)?
2. In what month will the 2020 and 2021 National Meetings be held (still in Jan/Feb, or some other time of year)?

Recommendation 1: APsaA's National Meetings in 2020 and 2021 should be held at the New York Sheraton in the January/February time frame.

The major considerations with this recommendation are:

1. Consistency in a time of change
  2. Majority of attendees (member/non-members) are from New York
  3. More likely to keep the meeting profitable
  4. Reduced staff costs/easier staff access to the national office
  5. No conflict with other aligned organizations' meetings
3. Will APsaA hold an Annual (June) Meeting in 2019, 2020 and/or 2021? The IPA is holding its Congress in London, England, July 24-28, 2019 and also in July 2021 in Vancouver, British Columbia.

Recommendation 2: APsaA should hold the 2019 and 2020 Annual Meetings. The recommendation for the 2021 Annual Meeting is included in the final recommendation of this report.

The Meeting Advisory Committee reviewed financials from past meetings, as well as final reports from past working groups which evaluated the Annual Meeting. The registration fees from the Annual Meeting help to offset the costs of the mandatory administrative meetings that happen at the same time. Additionally, those who attend the Annual Meeting report a very positive experience. The Committee would like to see further exploration on how to expand the attendance at the Annual Meeting, which will be addressed in the final recommendation of this report.

4. Will APsaA hold regional meetings instead of one Annual Meeting?

The Meeting Advisory Committee discussed the logistics and cost of programming a number of regional meetings, the risk of splitting an already smaller Annual Meeting turnout between a number of locations, and the changing times APsaA is navigating overall.

Recommendation 3: The Meeting Advisory Committee does not recommend starting new regional meetings instead of an Annual meeting at this time. It does recommend further exploration of the topic as part of the final recommendation of this report. But, at this moment, there is not enough evidence that regional meetings would produce greater participation or revenue for APsaA to justify the change.

5. How often, when and where will administrative/governance meetings happen?

Recommendation 4: With the sunset of BOPS, APsaA and the DPE should evaluate which administrative meetings are still necessary to hold in person at the Annual Meeting and which can be done virtually, thereby reducing cost.

Recommendation 5: The Meeting Advisory Committee felt that this question was outside the scope of its charge. It would advise that Council assess each governance committee as to the frequency of meetings required, and whether those meetings could be done virtually.

6. Will the decisions made for 2020 and 2021 be only for those years or will this be the format for meetings beyond 2021?

While the recommendations above focus on 2020 and 2021, the following recommendation would guide meeting decisions beyond that.

Recommendation 6: The Meeting Advisory Committee recommends that the Executive Council should form a second iteration of Meeting Advisory Committee that will examine APsaA's meetings more thoroughly and in-depth, and with more time allotted to it. Based on their evaluation of these six questions, this second committee could examine:

- The risk/potential positive of moving the time/location of the National Meeting. One idea is a rotation where New York is one permanent host city in a regular shift around the country.
- Evaluation of the Annual Meeting in format and viability in 2021 and beyond
- An overall evaluation of the different audiences that attend APsaA meetings and the content and format that would best fit their learning needs.
- The potential for the Annual Meeting to be a testing ground for new learning formats.
- An evaluation of which committees and governance bodies need to meet in person on what basis.
- A general evaluation of how to increase attendance at APsaA meetings, with an eye to focus on local attendance in particular.
- The viability of regional meetings.

It was explained that the data used to make these recommendations included where members travel from, where is the greatest concentration of members, what would it mean to move to a different location, and financial considerations. The committee was not able to do more extensive research because of the short timeframe required to meet and make its report. Discussion of the recommendations followed.

Upon motion duly made and seconded, the recommendations listed above were approved unanimously.

## **11. Candidates' Council Report – Dr. Golden**

The Candidates' Council President, Valerie Golden, reported that the Candidates' Council meeting earlier that day had been attended by more than 80 candidates. She also reported on the activities of the Candidates' Council.

## **12. Council Structure and Responsibilities**

In order to improve the functioning of APsaA's governance, creation of the position of "Lead Councilor" was proposed to the Executive Council. The proposed Standing Rules for election of Lead Councilor were:

1. Implementation of these Standing Rules depends upon the passing of the bylaw in February 2018 that authorizes the election, by the Executive Council, of 4 Councilors to be added as voting members to the Council's Executive Committee.
2. The Lead Councilor is intended to be one of the 4 Councilors serving on the Executive Committee, and will be so designated, unless the name of Executive Council is changed to the Board of Directors, in which case the holder of this position will be known as Lead Director.
3. Duties and responsibilities of the Lead Councilor:

- a. Ensures ongoing communication between the Executive Committee and the Executive Council, in collaboration with the APsaA Secretary.
- b. Helps the Executive Committee promote a constructive relationship between the Executive Council and the Executive Committee.
- c. Assists in the staffing and functioning of Executive Council committees:
  - i. Assumes responsibility to make sure each committee has a chair, elected at the discretion of the Executive Council, either by the Executive Council or by the committee itself.
  - ii. Ensures that each Executive Council committee chair meets with his/her committee to acquaint it with its mission, to set regular meetings and to provide timely reports and recommendations to the Executive Council in preparation for its meetings.
  - iii. Issues a report to the Executive Council at its full meetings to document the functioning of the Council and its committees.
- d. Is a designated, non-voting guest of each Executive Council committee, not included in determining a quorum of the committee.

4. Method of election and term limits of the Lead Councilor:

- a. Elected from suggested willing nominees provided by the Executive Council Nominations and Advisory Committee as well as from nominations from the floor.
- b. Elected by majority vote.
- c. Elected in the off year between Presidential elections.
- d. May be re-elected for an additional two-year term if re-elected as a Councilor.

The Executive Council discussed the Lead Councilor position. It was pointed out that the proposed rules call for the election in an off-year of Presidential elections. This election would occur in June, and the first Lead Councilor would serve for one year. Some Societies do not hold elections for Councilor in sync with APsaA elections because their Councilors have a 3-year rather than a 2-year term. It was acknowledged that a Councilor might not be re-elected by its Society and therefore being Lead Councilor would present a problem. It was suggested that this one item regarding the election procedure be re-assessed.

Upon motion duly made and seconded, a proposal was approved to amend the Lead Councilor rules by deleting point C under Method of election and term limits.

Upon motion duly made and seconded, the proposed Lead Councilor rules were approved as amended.

The document will be sent back to the Governance Committee for work on the method of election and term limits.

The Council considered another proposal: The current Committee on Council proposes that the Committee be reconstituted as the Governance Committee under the leadership of the Lead Councilor. The Governance Committee would then receive an expanded mandate from the Executive Council. This mandate would assign to the Committee the primary task of enhancing board development and functioning. The Executive Council would also appropriate funds to hire an expert on board functioning to help the Committee in developing the appropriate assessment tools and programs.



1. Proposed functions of the Governance Committee:
  - a. Conducting an annual self-evaluation and discussion of the BOD functioning.
  - b. Assessing the educational needs of the full board and working with board and staff leadership to develop appropriate training programs.
  - c. Evaluating board and committee structure and governing processes, as well as recommending appropriate changes.
  - d. Developing strong processes for leadership development and transition.
  - e. Developing and conducting orientation programs for new board members.
  - f. Developing the board handbook.
  - g. Developing a new board member mentoring program.
  
2. Method of Election, Length of Terms, Term Limits and Governance Committee Structure
  - a. The proposed Governance Committee would be a BOD committee; therefore, the members would be elected by the Executive Council from suggested nominees provided by the Executive Council Nominations and Advisory Committee as well as from nominations from the floor.
  - b. The Lead Councilor, elected by the Executive Council as per standing rules, would chair the Committee.
  - c. The committee should be expanded to 10 members plus the Lead Councilor to accommodate the added functions.
  - d. The length of term of committee members would be two years, consistent with the Lead Councilor term with the option of re-election for a second two-year term.
  - e. The Governance Committee would not require a by-law change, rather it would be governed by standing rules (policies and procedures) that can be changed by a majority vote of the board.

Discussion followed the presentation of the proposal.

A concern about term limits was expressed. It was felt that to get a handle on the Association and understand all committees would take two years and then the committee members would rotate off. Why is there a limit to 2 two-year terms? There was concern expressed about the ability of the Council Nominations Advisory Committee to come up with enough Councilors to fill 10 seats on this committee. It was noted that the Task Force that developed the proposal was not wedded to 10 and it might be better to have only 5 Councilors on this committee. Ten was the number that came out of the original Governance Task Force. This number needs to be re-evaluated. On the other hand, having 10 people would allow for sub-committees, which might be useful because there is a lot to be done. The committee would work with Mr. Aplebaum as to how it moves forward to determine what the goals are, and how the committee is going to get the work done. Mr. Aplebaum would help the Councilors to develop the most useful tool for self-evaluation.

Term limits were suggested for the sake of wider Councilor involvement, but perhaps there should not be term limits in order to establish continuity. The IPA statement on democracy advocates that there be term limits for elected officers. Robert's Rules also puts forth term limits. As a compromise, a suggestion was made that the length of term would be two years with the option of a second term.

The Committee will not be formed until the Lead Councilor is elected in June.

Upon motion duly made and seconded, an amendment to change Item 2d (under Method of Election, Length of Terms, Term Limits and Governance Committee Structure) to read as follows “The length of term for committee members would be two years, consistent with the Lead Councilor term, with the option of re-election for a second two-year term and *with the procedure to be reviewed by the Governance Committee*” was approved.

Upon motion duly made and seconded, the proposal with the amendment was unanimously approved to reconstitute the Committee on Council as the Governance Committee under the leadership of the Lead Councilor.

### **13. Science Department Update: Proposed pilot research project and establishment of College – Dr. Solms**

The head of APsaA’s Science Department, Mark Solms, presented an update for the Council. Dr. Solms noted that there is a sense that psychoanalysis is in a state of crisis, especially in North America with a shortage of patients and a shortage of candidates and it all has to do with a crisis of confidence in the scientific standing of psychoanalysis. The question is – does psychoanalysis work? Does it work better than other treatments, factoring in the greater costs in terms of time and money required for psychoanalysis? Are the theories valid about how the mind works and upon which psychoanalysis is based? These questions are the starting point for where the Science Department is focusing its energies.

About a year ago, the Department developed the idea of a large outcome study that compares the efficacy of psychoanalytic psychotherapy with psychoanalysis. The efficacy of psychoanalytic psychotherapy has been well-established as being at least as effective as other evidence-based treatments.

The question that interests the Science Department is to what extent does psychoanalysis (increased session frequency) increase the established efficacy of psychoanalytic psychotherapy. So far, the evidence is thin. It was against that background that the Department requested funds to conduct a small feasibility study. In order to do a full-fledged large outcome study, the Department felt it needed to make sure that all the proper parameters were in place before committing to a years-long study. The Council approved \$10,000. As a first step, the Department enlisted the support and consulting expertise of Marianne Leuzinger-Bohleber. She has recently conducted large outcome studies in recent years in collaboration with members of the German Psychoanalytic Society. She has facilitated an interest and a willingness to participate in research, among clinicians.

Dr. Solms then reported on the current status of the feasibility study. He noted that the study is a work in progress and his comments remain preliminary observations. What they have found is that psychoanalytic psychotherapy is a well-established, effective treatment. With other treatments, they have found that therapeutic benefit declines after the treatment is over. But, with psychoanalytic psychotherapy, therapeutic benefit not only doesn’t decline, but it continues to improve. They have also found that there have been five large studies similar to what the Science Department has in mind comparing psychoanalysis to other therapies. Of those studies, the two that most closely follow the model that the Science Department has in mind were done in Scandinavia and the findings were that psychoanalysis is more effective than psychotherapy, but not significantly more effective. It was felt that, rather than replicate those studies, it might be more effective to mine the data that exists already and to see if there is something new to report. Questions that the Department would want to address are not only about whether psychoanalysis

is better than psychotherapy, but rather about which pathologies derive maximal benefit from psychoanalysis. And then, perhaps, a study that APsaA undertakes, should focus on those pathologies. Also, how does psychoanalysis work – what is the mechanism of change unique to psychoanalysis?. The Science Department is currently leaning toward a focus on the one psychopathology where psychoanalysis makes the biggest difference -- depression, a significant mental health problem. The plan is to also include an fMRI component – having fMRI imaging done before and after treatment. There is reason to believe that the study will find significant results that will not only be of interest to psychoanalysts but to the general public as well.

The Executive Council enthusiastically thanked Dr. Solms and expressed their interest in hearing about the progress of the feasibility study.

#### **14. Advocacy Department Update – Dr. Smaller and Ms. Tighe**

Dr. Smaller, the head of the Public Advocacy Department, began his presentation by requesting a moment of silence to reflect on the loss of the 17 students and teachers at the Margery Stoneman Douglas school in southern Florida the previous day.

Dr. Smaller reported that he had been asked to develop a new way of thinking about advocacy and to reorganize the department. The three priorities for the department are: patient care, community issues, and practice. Dr. Smaller and APsaA's legislative counsel, Peggy Tighe, went to Capitol Hill in November and talked with eight different legislative staff personnel about these issues. They went primarily to listen, to find out what the staffers need, and what APsaA might be able to provide that would be useful to them. Efficacy-based treatment was of great interest. Congressional staffers are interested in solving problems and wanted to listen to what Dr. Smaller and Ms. Tighe saw as issues and problems. There was much discussion about issues of parity. Dr. Smaller indicated that, in the next year or two, he hoped to be able to report with hard data, whether or not APsaA is having an impact.

#### **15. Policies & Procedures Committee Recommendation – New Jersey Psychoanalytic Society – Dr. Wolfe**

This Policies & Procedures Committee was charged with reviewing all APsaA Societies according to policies and procedures. It reported that the New Jersey Psychoanalytic Society has not existed for several years and as such should be disaffiliated as a non-functioning Society. The status of other Societies will be discussed when more data is available. The committee is using criteria that were approved by the Executive Council in June 2016.

Upon motion duly made and seconded, there was unanimous approval to disaffiliate the defunct New Jersey Psychoanalytic Society.

#### **16. Treasurer's Report – Dr. Myerson**

Dr. Myerson provided an overview of the FY 2017 financials and then asked Mr. Stein to present the year-end FY 2017 numbers. He thanked the Finance Committee, Mr. Stein, and the APsaA financial staff.

Dean Stein reviewed the Association's fiscal year 2017 which ended August 31, 2017. The operating budgeted deficit for FY 2017 was \$169,629. The Association ended its fiscal year 2017 with an operating deficit of \$268,943. Total Income came in \$115,000 under budget and total

Expenses came in \$15,000 under budget, which explains the increase in the deficit by \$99,000. In terms of income, the majority of the shortfall was in membership dues. Mr. Stein noted that this was only the third operating deficit in the past sixteen years. He also noted that, when one factors in the income on APsaA's investment portfolio, the Association ended the fiscal year with a surplus of \$9,250. Mr. Stein also reminded the Council that, during the fiscal year, the Council approved an unbudgeted expense of \$48,000 to hold an Executive Council retreat in October 2016. He concluded his remarks by reminding the Council that the Association has over \$5 million in reserve funds which provide a cushion where there are unanticipated expenses during the year. Mr. Stein answered questions about details of the financial report and was thanked for his report.

#### **17. Audit Committee Report – Dr. Kotcher**

Dr. Kotcher reported that Lutz & Carr, the Association's auditing firm, had completed its audit of the Association's FY 2017 books. The firm has issued an unqualified opinion on our financial statements. This type of opinion is issued by an auditor when the financial statements presented are free from material misstatements and are represented fairly in accordance with the Generally Accepted Accounting Principles (GAAP). Lutz & Carr also reported to the Audit Committee that it encountered no difficulties with the audit. Dr. Kotcher reported that like the last many years, no Management Letter was issued this year. The auditors stressed that the absence of a management letter was a commendable result of the audit process.

Upon motion duly made and seconded, the Council voted unanimously to authorize the auditors to prepare the final FY 2017 audit.

#### **18. PEP Report – Mr. Stein and Dr. Levinson**

Mr. Stein reminded the Executive Council that PEP is a membership corporation with two members – APsaA and the British Psychoanalytic Society. Each member nominates its own members to the PEP Board of Directors. Four APsaA members have been nominated to the PEP board. Upon motion duly made and seconded, Nadine Levinson, Paul Mosher, Alice Brand Bartlett, and Andrew Gerber were unanimously appointed for three year terms as directors of PEP.

Nadine Levison, one of PEP's Managing Directors, reported that sales were up 13% in 2017. 49% of all sales were in the US, and the other 51% was from the rest of the world. \$120,000 was paid in royalties, \$50,000 was spent on video projects, with money left to make more videos. APsaA and the British Psychoanalytic Society each received \$380,000. An additional \$270,000 was spent on content and web interface feature development, which can be accessed through the PEP-Easy mobile web application. PEP has one million articles, and there have been one million downloads.

The Council thanked Dr. Levinson for the valuable work PEP is doing.

#### **19. Report from JAPA Publisher – Sage Publications**

Danielle Bath, the Psychology Journals Editor at Sage Publications, presented the *JAPA* report. She reminded the Council that SAGE began publishing *JAPA* with the 2008 volume. Ms. Bath reported on *JAPA*'s circulation, online downloads and usage activity, the journal's financial performance, and plans for the coming year.

### Circulation

Overall, JAPA has maintained its widespread distribution, with total circulation remaining over the 10,000 benchmark. Despite industry-wide rates of attrition in direct subscription streams, or the trend towards purchasing journals as bundled packages rather than individually by title, JAPA has upheld a healthy renewal rate. JAPA is featured in all major and relevant SAGE subscription packages, including SAGE's Health, Psychology, Science, Social Science, and Premier collections. As a result, JAPA is currently part of 3,333 consortia subscriptions, which are collectives of subscribing university libraries. JAPA's presence in these packages, along with global initiatives to provide discounted and free research to the developing world, has broadened the journal's institutional availability and international reach.

### Online Downloads and Usage Activity

In 2017, JAPA articles were downloaded more than 126,000 times – the most notable area of growth for 2017.

### Financial Performance

SAGE expects there to be an industry-wide migration away from individual subscribers and single institutions purchasing journals on a case-by-case basis. Instead, university libraries have been opting to band together and purchase bundled journal packages as part of a consortia. SAGE also anticipates there to be a decrease in deep backfile revenue, as backfile content is a one-time purchase. However, the specific rates of attrition and how much this will or will not impact JAPA's 2017 income is still to be determined, as total revenues are not finalized until the end of March each year.

## **20. New Business**

The idea of graduates of Psychotherapy programs offered by APsaA local groups becoming APsaA members was put forth. It was suggested that those who are interested should work with the Psychotherapy Department and Dr. Myerson of the Membership Department to produce a document for the Council to consider.

## **21. Adjournment**

Upon motion duly made and seconded, the meeting was adjourned at 4:45 pm.