

Minutes AMERICAN PSYCHOANALYTIC ASSOCIATION Meeting of the Executive Council Thursday, January 19, 2017 Waldorf-Astoria Hotel, New York, NY 8:00am – 4:00pm

Harriet Wolfe, M.D., President & Chair Ralph Fishkin, D.O., Secretary

OFFICERS OF THE COUNCIL

Harriet Wolfe, M.D., President Lee Jaffe, Ph.D., President-elect Ralph E. Fishkin, D.O., Secretary William A. Myerson, Ph.D., Treasurer

EX OFFICIO MEMBERS OF THE COUNCIL

Mark Smaller, Ph.D., Past President Robert L. Pyles, M.D., Past President Warren Procci, M.D., Past President Beth J. Seelig, M.D., Past Secretary Dwarakanath G. Rao, M.D., Chair, BOPS Dionne R. Powell, M.D., Secretary, BOPS

COUNCILORS-AT-LARGE

Norman A. Clemens, M.D. Herbert S. Gross, M.D. Michael J. Gundle, M.D. Jonathan House, M.D, Robert A. Paul, Ph.D. Fredric T. Perlman, Ph.D. Sally Rosenberg, D.O. Jeffrey K. Seitelman, M.D., Ph.D.

REPRESENTATIVE COUNCILORS

American Institute for Psychoanalysis Kenneth Winarick, Ph.D. (pm only) Arthur A. Lynch, Ph.D. (alt.)

Association for Psychoanalytic Medicine Jules Kerman, M.D., Ph.D.

Atlanta Psychoanalytic Society M. Jane Yates, Ph.D.

Austin/San Antonio Psychoanalytic Society JoAnn Ponder, Ph.D.

Baltimore Washington Center for Psychotherapy & Psychoanalysis Yulia Aleshina, Ph.D.

Berkshire Psychoanalytic Society for Psychoanalysis Lyn Yonack, MSW

Boston Psychoanalytic Society and Institute Michael Dvorkin, Ed.D.

Chicago Psychoanalytic Society Ellen Rosenberg, Ph.D.

Cincinnati Psychoanalytic Society and Institute Peter Kotcher, M.D. Marlene Kocan, Ph.D. (alt.)

Cleveland Psychoanalytic Center Richard Lightbody, M.D.

Contemporary Freudians in APsaA Helen Gediman, Ph.D. Jane Hall, LICSW, FIPA (alt.)

Dallas Psychoanalytic Center Marc Litle, M.D. Mary Wyant, M.D. (alt.)

Denver Psychoanalytic Society Benjamin P. Green, M.D. Marguerite Stewart, Psy.D. (alt.) Florida Psychoanalytic Society Julio Calderon, M.D.

Greater Kansas City-Topeka Psychoanalytic Center Bonnie J. Buchele, Ph.D.

Houston Psychoanalytic Society Sharon Gerber, LCSW

Long Island Psychoanalytic Society No representative at this time

Michigan Psychoanalytic Society Patricia Plopa, Ph.D. Margaret Walsh, Ph.D. (alt.)

Minnesota Psychoanalytic Society and Institute No representative present

New Center for Psychoanalysis Jeffrey Prager, Ph.D. Elena Bezzubova, M.D., Ph.D. (alt.)

New Jersey Psychoanalytic Society No representative present

New Orleans-Birmingham Psychoanalytic Center Barbara Murray, M.D. (alt.)

New York Psychoanalytic Society and Institute Maxine Fenton Gann, Ph.D.

Oregon Psychoanalytic Center Constance Jackson, M.D.

PINE Psychoanalytic Center Bliss Rand, M.D. Alexandra K. Rolde, M.D. (alt.)

Pittsburgh Psychoanalytic Center No representative present

Psychoanalytic Association of New York Stephen Malach, M.D. Barry Rand, M.D. (alt.) Psychoanalytic Center of Philadelphia Edward Hicks, M.D. Lana Fishkin, M.D. (alt.)

Psychoanalytic Center of the Carolinas David Moore, Ph.D. Rex Moody, M.D. (alt.)

Saint Louis Psychoanalytic Society Thomas W. Campbell, M.D.

- San Diego Psychoanalytic Center Joanne Callan, Ph.D. Timothy Rayner, M.D. (alt.)
- San Francisco Center for Psychoanalysis William C. Glover, Ph.D. Michael B. Donner, Ph.D. (alt.)
- Seattle Psychoanalytic Society and Institute Sandra Walker, M.D.
- Southwest Psychoanalytic Society No representative present
- Tampa Bay Psychoanalytic Society Elise W. Snyder, M.D.
- Virginia Psychoanalytic Society Janet N. Schiff, LCSW
- Washington Center for Psychoanalysis David Cooper, Ph.D. Pavel Snejnevski, Ph.D. (alt.)
- Western New England Psychoanalytic Society Rachel Bergeron, Ph.D.
- William Alanson White Psychoanalytic Society Ira Moses, Ph.D. Anton Hart, Ph.D. (alt.)
- Wisconsin Psychoanalytic Society Valerie Laabs-Siemon, M.S..

AFFILIATE STUDY GROUPS REPRESENTATIVES

Nashville Psychoanalytic Study Group No representative present

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Birmingham Psychoanalytic Study Group No representative present

- Eastern Long Island Psychoanalytic Study Group No representative present
- Lexington Psychoanalytic Study Group (Kentucky) No representative present
- Santa Fe Psychoanalytic Study Group No representative present
- Society of Psychoanalysis of Puerto Rico No representative present
- Syracuse Psychoanalytic Study Group No representative present

Parliamentarian

Rod G. Davidson, PRP

1. Call to Order and Opening Remarks – Dr. Wolfe

The meeting was called to order at 8:10 a.m. Dr. Wolfe welcomed everyone and introduced the officers and the Parliamentarian.

2. Secretary's Report – Dr. Fishkin

A. Roll Call

Dr. Fishkin called the roll. 47 members of the Executive Council were present who are entitled to vote, thus establishing a quorum.

B. Approval of Agenda

Upon motion duly made and seconded, the agenda for the meeting was adopted with the one change moving the discussion of the bylaw amendment to immediately before the executive session.

C. Notice of Proxies

The Secretary reported that 363 proxies ballots were received for the Meeting of Members on Friday, January 20, 2017.

D. Approval of minutes of June 16, 2016 Executive Council Meetings

The chair asked for corrections to the minutes of the Executive Council meeting on June 4, 2015 which were posted online on August 4, 2016 and were also posted in the back of the meeting room. Since there were no corrections, the minutes were approved as circulated.

E. Consent Calendar

Upon motion duly made and seconded, it was unanimously approved to affirm the Executive Committee for 2017. It was noted that, due to a change in New York State law, it will no longer be necessary to affirm the Executive Committee each January.

F. Membership Update

Currently the Association has 2,977 members. By category, there are:

1,371 Active Members
1,133 Senior / Life Members
426 Candidate Members
18 Academic Associate Candidates
29 Academic Associates

Over the course of the year since the January 2016 Meeting, the following changes in membership have occurred:

- 108 Active Members became Senior Members
- 48 members have died
- 96 members have resigned
- 20 members reinstated their membership
- 12 Candidate Members and 2 Academic Associate Candidates were Dropped because they are no longer candidates in training
- We gained 95 new Active Members and 74 new Candidate Members over the January & June 2016 meetings.

Effective at this meeting, we will have the following new members:

- 58 New Candidate Members
- 5 New Academic Associate Candidates
- 23 Candidate Members graduated and will become Active Members
- 4 non-member APsaA institute graduates will become Active Members
- 2 IPA members of IPA graduates will become Active members
- 6 analysts trained outside of APsaA or the IPA will become Active Members

The 2016 year-end totals of Associates are: Educator Associates: 69 Psychotherapist Associates: 265 Research Associates: 35 Student/Resident Associates: 41

Total of 410

G. Summary of Actions of Executive Committee Meetings

During the period between the June 2016 Executive Council meeting and this meeting of the Executive Council, the Executive Committee took the following actions:

- 1. After receiving a request from Julie Jaffee Nagel, the Executive Committee approved a motion for APsaA to co-sponsor with the Music Teachers National Association (MTNA) the national conference for its Pedagogy group, March 2017 in Baltimore. APsaA co-sponsored with the MTNA its successful conference held earlier this year in San Antonio.
- 2. The Executive Committee made plans for the Executive Council Retreat in October 2016, coordinating its efforts with the Task Force on Governance and Structure.
- 3. The Executive Committee began discussions regarding planning for the Executive Council, BOPS and Joint meetings in January 2017.
- 4. The Executive Committee reviewed the four workgroups created to help frame the issues raised at the Executive Council retreat in Chicago and to lay the ground work for agenda items for the Executive Council meeting in January 2017. The four workgroups are:

Work Group One:	Addition of Councilors to ExCom
Work Group Two:	Council Committees and Lead Councilor
Work Group Three:	Candidate Delegate to Council
Work Group Four:	Implications for Institutes and Societies Related to Sunsetting of BOPS

- 5. The Executive Committee approved plans to communicate information to the members, Directors of Institutes and Education Committee Chairs about the on-going development of the new Department of Psychoanalytic Education.
- 6. The Executive Committee reviewed some concerns raised about holding the Annual Meeting in Austin in June 2017. After reviewing the issues, the Executive Committee concluded that there were compelling reasons to meet in Austin and there were also some significant disadvantages to moving the meeting from Austin.
- 7. At the recommendation of the Bylaws Committee, the Executive Committee approved the following motion: The Executive Committee charges the Bylaws Committee to draft bylaw changes that will implement the sunsetting of BOPS. Upon completion of draft bylaw language, the Executive Committee will review and forward it for vetting and recommendation to the APsaA attorney. Any recommended changes will be implemented by the Bylaws Committee which will send a final draft to the Executive Committee for approval and referral to the Executive Council for action at the January 2017 meeting.

- 8. The Executive Committee responded to several questions and suggestions and made recommendations for some specific details of proposed language for the bylaw amendments to implement the sunsetting of the BOPS. It then reviewed and approved the proposed bylaw amendments recommended by the Bylaws Committee following vetting by the APsaA lawyer for recommendation to the Executive Council and BOPS for their review and vote at the January meetings, in preparation for a final vote by the members in spring 2017.
- 9. Mr. Stein gave a brief update on the status of meeting options for the January 2018 meeting. The Waldorf, due to closure for renovation, is no longer an option for the January 2018 meeting or subsequent meetings, Carolyn Gatto looked into other options for the winter meetings. After a thorough search, she established that the only hotel in New York that could accommodate APsaA's meeting is the New York Hilton. Because of prior commitments on the Hilton's part, the dates that are available for APsaA's Winter 2018 meeting are February 14 18. Mr. Stein shared with the Executive Committee the terms that the New York Hilton was offering, which seemed quite reasonable. The Executive Committee authorized Carolyn Gatto to move forward with the final negotiations for a contract. It was also decided that the staff would explore the possibility of holding a 2018 meeting in July instead of June and then, most likely, canceling the June 2019 meeting as the IPA will be holding its Congress that year.
- 10. The Executive Committee discussed, almost on a weekly basis, matters related to the implementation and modification of APsaA's new online communication system, APsaA Connects, using the Higher Logic platform. Configurations were revised to some degree as a result of member feedback and meetings between Mr. Steggles of Higher Logic and Ralph Fishkin Paul Mosher, Dean. Stein, Brian Canty, and Wylie Tene. Changes were made, when possible, to address member satisfaction and participation. Other additional suggested changes were proposed to Higher Logic and they are being reviewed.
- 11. The Executive Committee considered ways to address the various strong feelings of members regarding the feasibility of APsaA taking an organizational position on aspects of the 2016 Presidential election. The potential advantages and liabilities for the Association, as well as other considerations, were discussed. In order to research its initial impression that drafting an organizational position would entail significant risk, it was decided to consult both the APsaA attorney and legislative counsel for their opinion on the legal risks involved, and then to reach a final decision. Despite their personal views on the issues of the fitness of the candidates for President, the members of the Executive Committee agreed that it was their primary duty to protect the Association. The Executive Committee and written by Drs. Brenda Bauer, Leon Hoffman, Marie Rudden and Michael Slevin. It was noted that any APsaA member may utilize the statement, in part or in its entirety, as part of his or her own public statements. Dr. Wolfe then drafted a statement to the membership, with the input of the Executive Committee, explaining to the membership the basis for Executive Committee's decision.

- 12. The Executive Committee engaged in a self-study process of its structure and functionality in anticipation of the Executive Council retreat scheduled for October 29-30, 2016 in Chicago. It discussed a series of questions posed about its functions and authority in relation to the Executive Council, its present and past effectiveness, the adequacy of communication between it and the Executive Council, the nature of its composition and leadership, and the optimal frequency of its meetings.
- 13. In response to questions from local administrators, the Executive Committee discussed the possibility of assisting institutes by disseminating information or sponsoring a program that would allow foreign candidates to get F1 visas to study at APsaA institutes. It was decided that APsaA can act as a resource for institutes by assembling information from institutes that are involved in sponsoring F1 visas as well as providing the name of the contact person at those institutes. It was also noted that the new Department of Psychoanalytic Education should be involved in a consultative way.
- 14. The Executive Committee received notice that the IPA is proposing changes to its ethics code. The changes are related to child analysis. APsaA's Ethics Committee will be asked to prepare a response which the Executive Committee would like to review. At a later date, Dr. Wolfe reported that one proposed change in the IPA's Ethics Guidelines was considered controversial: "A refusal to comply with local reporting laws, although perhaps illegal, may not be unethical if the analyst believes it would seriously undermine the treatment or damage the minor."
- 15. Dr. Prudy Gouguechon submitted an action paper to the Executive Committee suggesting that APsaA join proposed efforts, currently under study within the American Psychiatric Association, to join other organizations in endorsing the Interstate Medical Licensure Compact, which would expand the portability of medical licensure in multiple states. After discussions, in which various members of CGRI participated, it was decided that there would not be enough time to adequately research the issue and develop a final action paper within the constraints of the APA's timetable. The matter was referred to CGRI for further study.
- 16. The Executive Committee unanimously endorsed the action paper entitled, "Ending Childhood Poverty," joining the efforts of the American Psychiatric Association to address the effects of the toxic stress of poverty on the young brain and early childhood development.
- 17. The Executive Committee voted to approve two proposed position statements after receiving additional information from the authors on the context and rationale for proposing the statements. The proposed statements along with supporting information will be presented to the Executive Council for its approval later this morning.

The Proposed Statements are:

- I. Restore Honor to Service Members Act
- II. Update APsaA's 2013 Position Statement on Physical Punishment
- 18. The Executive Committee continued discussions regarding the history and ramifications of APsaA's designation by the IPA as a Regional Association. It discussed Dr. Bolognini's (IPA President) request for feedback regarding a proposed change to allow 3-5 times a week frequency in the Eitingon Model. The proposal will be reviewed and considered in January by the IPA Board.

19. Drs. Wolfe and Jaffe reported that the NAPsaC Board has agreed to consider changing the current voting system to somewhat more adequately reflect APsaA's overall member participation and financial contribution. Each of the NAPsaC members will review the new system with their organization and be ready to vote on the proposal at the NAPsaC Board meeting in January. The Executive Council will receive a draft of the proposed system to vote on at its meeting in January prior to the NAPsaC Board meeting.

3. Membership Requirements & Review Committee (MRRC) Report – Dr. Wolfe

Dr. Wolfe reported that the Membership Requirements & Review Committee (the MRRC) met on Tuesday and approved a number of new membership applications.

- 6 Expanded Pathway Membership applications received from analysts who did not train at an APsaA institute or an IPA institute but who have met the substantial equivalence requirements.
- 2 applications from analysts trained at IPA institutes
- 4 applications from graduates of APsaA institutes who never joined APsaA

4. Summary of Meeting of the Board on Professional Standards – Dr. Powell

The January 18, 2017 meeting of the Board on Professional Standards began with a discussion about the American Association of Psychoanalytic Education (AAPE) and the new APsaA Department of Psychoanalytic Education (DPE). Dr. Powell reported on the following action items from the BOPS meeting:

The Certification Examination Committee recommended and BOPS approved 8 members for certification and three members for certification in child psychoanalysis.

Upon motion duly made and seconded, BOPS approved, with one opposed, sunsetting the Board on Professional Standards. It was agreed that a short advisory opinion would accompany the proposed bylaw amendment which will be sent to the members in June 2017.

The Committee on Institutes recommended and the Board on Professional Standards approved six appointments as Training and Supervising Analyst, four Geographic Rule Training and Supervising Analysts, and four waivers for a Training and Supervising Analyst.

The Committee on Preparedness & Progress recommended and the Board on Professional Standards approved two waivers for analytic training.

The Committee on Research & Special Training recommended and the Board on Professional Standards approved one application for waiver for analytic training.

5. Treasurer's Report – Dr. Myerson

Dr. Myerson provided an overview of the FY 2016 financials and then asked Mr. Stein to present the year-end FY 2016 numbers. He thanked the Finance Committee, Mr. Stein, and the APsaA financial staff.

Dean Stein reviewed the Association's fiscal year 2016 which ended August 31, 2016. The operating budgeted deficit for FY 2016 was \$155,346. The Association ended its fiscal year 2016 with an operating deficit of \$123,625. Mr. Stein noted that this was only the third operating deficit in the past sixteen years. He also noted that, when one factors in the income on APsaA's investment portfolio, the Association ended the fiscal year with a surplus of \$25,587. Mr. Stein also reminded the Council that, during the fiscal year, there were two Out-of-cycle Budget Requests that were approved for the Task Force on Governance and Structure totaling \$65,000. He concluded his remarks by reminding the Council that the Association has almost \$4 million in reserve funds which provide a cushion where there are unanticipated expenses during the year. Mr. Stein answered questions about details of the financial report and was thanked for his report.

John Schott, a member of APsaA's Investment Committee and a partner at Steinberg Global Asset Management, provided the Executive Council with an overview of APsaA's invested assets.

6. Audit Committee Report – Dr. Kotcher

Dr. Kotcher reported that Lutz & Carr, the Association's auditing firm, had completed their audit of the Association's FY 2016 books. The firm has issued an unqualified opinion on our financial statements. This type of opinion is issued by an auditor when the financial statements presented are free from material misstatements and are represented fairly in accordance with the Generally Accepted Accounting Principles (GAAP). Lutz & Carr also reported to the Audit Committee that they encountered no difficulties with the audit.

Lutz & Carr had two recommendations in this audit: The first was a request that staff resources be deployed in a way to allow the annual audit to begin mid-October. The audit process often gets delayed by a week or two because the staff is not ready which creates a tight timeline to get the draft audit prepared for the Audit Committee. With the National Meeting being moved to February next year, this shouldn't be a problem. And the second recommendation concerned utilizing investment income from the Ticho Endowment Fund and that it will be important to document in the minutes approving the budget the consideration of the factors required under New York Prudent Management of Institutional Funds Act. Plans are in place to do this.

Upon motion duly made and seconded, the Council voted unanimously to authorize the auditors to prepare the final 2015 audit.

7. PEP Report – Mr. Stein

Mr. Stein reported that PEP's pre-audit income for 2016 is the highest ever – totaling just under \$1.7 million from all sources as compared to \$1.66 million in 2015. Almost 18,000 professional colleagues now have access to PEP world-wide. Expenditures for 2016 were slightly below budget.

From its 2016 year, PEP will contribute \$170,000 to copyright payments for books authors and journals and will again set aside \$120,000 to the top downloaded Author Prize. In addition, PEP will be making a contribution of \$380,000 to the British Institute of Psychoanalysis and to APsaA.

The PEP Video platform, launched in 2014, continues to grow. There are now over 112 videos with fully searchable text. The "Top 100 Project," (launched in 2015) provides funding for a new project to make brief high-quality, well-researched videos comprising interviews with the most downloaded contemporary psychoanalytic authors. The first interviews took place in 2015 and 20 interviews were filmed at the January 2016 APsaA meeting.

Mr. Stein also reported that there are over 109,000 articles and over 15,400 figures and illustrations in the 2016 PEP release. In 2016, PEP subscribers logged in for 500,000 sessions, making 2.5 million searches. (These sessions did not include the over 8 million free searches and abstract views that took place without logging in).

Dr. Nadine Levinson, one of the Co-Directors of PEP, fielded questions from the Council.

8. Report from JAPA Publisher – Sage Publications

Danielle Bath, the Psychology Journals Editor at Sage Publications, presented the *JAPA* report. She reminded the Council that SAGE began publishing *JAPA* with the 2008 volume. Ms. Bath reported on *JAPA*'s circulation, online downloads and usage activity, the journal's financial performance, and plans for the coming year.

Circulation

JAPA's circulation has renewed and grown at a consistent rate each year. Total circulation has stayed above 10,000 for the last three years, which is above average for other similar journals in this field, and a testament to the wide reach and demand for JAPA. There has been a standard rate of attrition and reclassification of individuals and single traditional institutions in favor of the industry-wide trend towards university library consortia and bundled package deals, as represented by the package and migrated institution lines. Currently, JAPA is a part of 3,239 consortia subscriptions, or collectives of subscribing university libraries, and available to over 8,700 organizations.

Prior to contracting with SAGE, *JAPA's* total circulation was just over 4,800 copies, including, approximately 3,200 member, 1,110 individual and, 430 institutional subscriptions. Ten years later, *JAPA's* circulation is just over 10,700. The journal is available in 8,700 institutions and to 2,400 individuals, including members. *JAPA* is available to millions of end users and discoverable by just a few keystrokes in over 120 countries in the world.

Online Downloads and Usage Activity

In 2015, the last full year for which data is available, *JAPA* articles were downloaded almost 100,000 times and the journal was accessed, or viewed online, almost a half-million times.

Financial Performance

The result of *JAPA*'s strong circulation and online usage is another year of financial growth. While the sales figures Ms. Bath shared with the Council were not final (they only included revenues through October and did not include sales of the last issue of the year), she expected that *JAPA will* have generated close to the same sales in 2016 as in 2015, around \$400,000.

9. Proposed Position Statements

Proposed Position Statement – Restore Honor to Service Members Act Upon motion duly made and seconded, the Position Statement to Restore Honor to Service Members was unanimously approved.

Proposed update to APsaA's 2013 Position Statement on Physical/Corporal Punishment Upon motion duly made and seconded, the revised position statement on Physical/Corporal Punishment was unanimously approved.

10. Report on Health Care Issues—Dr. Gross and Jim Pyles

My Pyles noted that he is semi-retired but was presenting to the Council on behalf of Peggy Tighe who was unable to attend the meeting due to a scheduling conflict. He shared his opinions about the incoming U.S. President and what Donald Trump's presidency mean for the country and for the psychoanalytic profession. Mr. Pyles believes that Mr. Trump is a threat to the country's safety and the country's Constitutional form of government. Mr. Pyles believes that Mr. Trump does not understand the U.S. Constitutional form of government and has exhibited little interest in learning.

In terms of the profession, Trump seems prepared to repeal the Affordable Care Act but has suggested no viable substitute. He appears to want to give more power to insurance companies to shape health insurance plans. Experience shows that insurers tend to not like or understand mental health care because they cannot measure its effectiveness nor understand when treatment should end.

My Pyles urged the Council and the Association to focus on preserving the psychoanalytic process by vigorously advocating protection of voting rights and the rights of women and minorities, freedom of the press which is essential for democracy, and the right to protest and freedom of speech. He urged APsaA to not be afraid to take principled positions as it has done with its Position Statements.

Mr. Pyles also urged members to get involved with the new health reform efforts.

It was announced that Dr. Wolfe has established a Task Force on Advocacy Priorities which will help the Association focus its limited resources in order to have the greatest impact. Drs. Gross and Bauer will be co-chairs.

11. Membership Task Force: Value, Engagement, and Community—Dr. Wolfe

Dr. Wolfe referenced the membership statistics that were presented during the Secretary's report which shows a decline in membership. She also noted that research that had been conducted in the spring of 2016 showed a decline in membership satisfaction. In spite of a focus of efforts in the area of membership over the past several years, the organization has not met with appreciable success. In addition, there has been a decline in dues revenue which is not sustainable over the long term. She felt it was critical to develop a comprehensive approach to membership recruitment and membership satisfaction.

Dr. Wolfe reviewed the material that had been emailed to the Executive Council the previous week. She felt that the material generated questions such as:

- Are we providing the right benefits to satisfy the needs of our members today and tomorrow?
- Do our members know about the opportunities that exist within the organization?
- How can we ensure we are creating a community where more members feel a similar allegiance and connection to what its leaders feel?

In order to not only survive but also thrive in the coming years, APsaA needs to see those coming into the field affiliating and participating, it needs to see those who are in the field making the choice to continue their APsaA membership and involvement, and it needs to create the type of culture and experience where more members inherently want to recommend membership and participation to their colleagues.

Dr. Wolfe reported that she had decided to bring together a group of members with diverse perspectives to laser-focus on three areas: value, engagement, and community. A Task Force on Value, Engagement, and Community will work over the next few months to create a set of vision statements and recommendations on how APsaA can remain strong and relevant for its members today and tomorrow. To help them with their work, APsaA has enlisted the assistance of an association consultant who is an expert in this area, Lowell Aplebaum.

The Executive Council will have the opportunity to review and give input to the recommendations before they are finalized. The members of the Task Force are: Brenda Bauer, Gennifer Lane Briggs, Deborah Cabaniss, Harvey Falit, Michael Groat, Gary Grossman, Diana Moga, Carmela Perez, and Dan Prezant with Bill Myerson as Chair of our Membership Committee.

12. Science Department Update: Visons, Goals, Methods – Dr. Solms

Dr. Wolfe introduced Dr. Mark Solms who was invited to head the Science Department. Since June, he has worked to simplify the structure of the Department, which will now be designed to address three tasks: (1) improved relations between APsaA and the research community, (2) testing and improving veracity of psychoanalysis, (3) efficacy of our treatment. The Executive Council endorsed the refocused attention of the Science Department.

13. Higher Logic Report

Dr. Fishkin reviewed the process that had occurred in APsaA's transition from its listserv technology to APsaA Connects on the Higher Logic platform. There was a significant impetus to change technology; APsaA was in danger of having all its listservs shut down because of spam problems. With the new technology, we no longer have formatting problems, one can now send attachments with postings, and all postings are archived. It was acknowledged that there were some problems when the Higher Logic platform was launched. A beta testing group was created that assisted the Association in identifying problems and developing suggestions for improvement. Dr. Fishkin noted that there are still several outstanding issues that we are working on with Higher Logic for further improvement. The National Office staff continues to want to hear from members as to ways they feel the system can be improved. Dr. Fishkin felt that, though there are still some issues that have to be addressed, the Higher Logic system is an improvement over the old listservs. He noted that Brian Canty and Wylie Tene are available to help with private tutorials that take about 15 minutes.

14. APsaA Membership in NAPsaC: Proposed Voting Structure – Dr. Wolfe

Dr. Wolfe provided an overview of APsaA's involvement with the North American Psychoanalytic Confederation (NAPsaC). All of its members are members of IPA. The individual organizations within NAPsaC include APsaA (2.930 voting members), Canadian Psychoanalytic Society (328 members), Contemporary Freudian Society, (140 members), Institute for Psychoanalytic Training and Research (IPTAR) (163 members), Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS) (62 members), Northwestern Psychoanalytic Society & Institute (NPSI) (18 members), Psychoanalytic Center of California (PCC) (76 members), Psychoanalytic Institute of Northern California (PINC) (95 members), and the Japan Psychoanalytic Society (32 members). In the past, NAPsaC has been a somewhat informal organization, but over the past few years, independent societies have joined and governance has become more developed. The goal of NAPsaC is to share information. Historically, all decisions in NAPsaC were decided by consensus. Until recently, the member Societies approved a policy of one vote per institutional member. APsaA's individual members count for more than 2/3 of the psychoanalysts in NAPsaC and, therefore, dues paid by APsaA are much greater than other NAPsAC members. The NAPsaC board reviewed various options of voting and a two tier system was chosen. It is complicated but it insures that there is some reflection of organizational membership disparities (the description of the voting procedure is amended to these minutes). Dr. Wolfe noted that this proposed system gives APsaA a meaningful vote. She noted that there will be a trial period for two years.

NAPsacC leadership rotates on alphabetical basis of organizations. APsaA is the next organization in line and Lee Jaffe has agreed to Chair the group.

Upon motion duly made and seconded, it was unanimously approved that APsaA adopt the proposed NAPsaC two-tier voting method to be reviewed in February of 2019.

Dr. Wolfe then presented a proposal to the Executive Council concerning communication between the IPA and APsaA members. The IPA communicates directly with members, presidents of Societies, and Directors of Institutes but it is not always clear who is and is not receiving the information. A current issue within the IPA concerns the IPA board of directors considering a modification of the Eitingon model to allow a frequency of 3-5 times per week. Consideration of this issue came too late in the year to be voted on by the IPA Board. The IPA would like to have better communication with APsaA Societies and Dr. Wolfe proposed that APsaA Executive Councilors be the link between APsaA and local groups. When information needs to be shared, one of the APsaA Representatives to the IPA BOD would contact the Society Executive Councilors and then Councilors would communicate with their local groups.

15. Report from the IPA: APsaA's regional relationship with the IPA and our shared psychoanalytic mission – Dr. Bolognini

Stefano Bolognini, President of the IPA, thanked the APsaA officers and Councilors for their agreement to be a link between the IPA and APsaA members and he promised to keep Councilors informed regarding IPA issues. He noted that the IPA includes a wide range of societies, situations, and cultures and the challenge is to include everyone. There has been an overall aging of the IPA membership and some decrease in the engagement of candidates. This is not only a problem of economic conditions which cannot be ignored, but also the issue of creating analytic patients is an increasing worldwide problem. Many countries have different social, cultural, and economic views of psychoanalysis. He noted that the IPA is becoming more sensitive to differences in how the Eitingon model is practiced. Since it is difficult to find patients for candidates, many candidates start with 2-4 sessions per week, which then can be increased. The number of IPA analysts who already officially conduct 3-5 sessions per week is approximately 1,900, but the entire membership of the IPA is around 12,000. Classical analysis is becoming rare. There are approximately 3,000 IPA members who unofficially see patients 3-5 times per week. The IPA wants Societies to understand how and why this change in frequency is necessary. He encouraged all APsaA societies and institutes to discuss the issue. Background information will be sent out to Societies that have asked for it to help in the discussion of change of frequency. There are many IPA Societies asking for a change to 3-5 times per week.

After discussion, a motion was duly made, seconded, and unanimously approved that each Executive Councilor or his/her delegate will serve as a communication bridge between the APsaA Executive Council and the IPA Board on issues of importance to psychoanalysis.

16. Report from the Candidates' Council – Ms. Cirio

The Candidates' Council President, Phoebe Cirio, reported that there was a record of 39 travel grants (\$500 each) awarded to offset expenses of Candidate Members attending their first APsaA meeting. She also shared details of offerings designed for candidates scheduled for this National Meeting. The Candidates' Council held elections and the new officers will be: President—Holly Crisp-Han; Treasurer—Alex Barends; Secretary—Sandra Landen.

17. Executive Session

On behalf of the Honorary Membership Committee, Dr. Seitelman proposed Arieta Slade, Ph.D. for honorary membership. Upon motion duly made and seconded, Dr. Slade was unanimously approved for honorary membership.

18. Proposed Bylaw Amendment to Remove BOPS from Bylaws – Dr. Clemens

Dr. Clemens, Chair of the Bylaws Committee, noted that the Board on Professional Standards had the previous day, approved the proposed bylaw amendment to sunset BOPS and remove BOPS from the Bylaws. He indicated that the proposed amendment had been vetted by the Association's legal counsel and approved by the Executive Committee. He pointed out one error on pg. 44, line 788, which deals with certification: D. 6 should be A.6. This proposed Bylaw amendment will go to the membership for a vote June 2017.

Upon motion duly made and seconded, the proposed bylaw amendment to sunset BOPS was unanimously approved.

19. Motion Acknowledging the Work of BOPS Members

The following motion was proposed:

The Executive Council recognizes and appreciates the work of colleagues over the years in giving untold hours to the Board on Professional Standards. We recognize their commitment to educating generations of analysts at APsaA's affiliated institutes. Acknowledging our debt to them is a prerequisite to a smooth transition from BOPS to the Department of Psychoanalytic Education. We look forward to facing the future together and to mending divisions locally and nationally as we do so.

Upon motion duly made and seconded, it was approved unanimously.

20. Special Recognition

Dr. Wolfe acknowledged the generous contributions made by the members of the Task Force on Governance & Structure and presented certificates of appreciation to Michael Gundle and Richard Lightbody, Co-chairs; Phoebe Cirio, Herb Gross, Ted Hicks, Lee Jaffe, Kerry Kelly Novick, Dionne Powell, and Kerry Sulkowicz.

21. Overview of Executive Council Retreat A. Report from Task Force on Governance Co-Chairs – Drs. Gundle & Lightbody

Drs. Gundle and Lightbody reviewed the recommendations that came out of the Executive Council retreat in October 2016:

- A. Expand the Executive Committee to include a number of Councilors.
- B. Add a candidate seat(s) to Council.
- C. Consider the proposal to change the name of Executive Council to reflect its current role as Board of Directors.
- D. Review the committee structure of APsaA. Consider potential additions to Council Committees: communications, strategic planning, finance, governance.
- E. Consider voting membership for psychotherapy program graduates: pros and cons.
- F. Final implementation of the Six Point Plan.

The Task Force on Governance and Structure was originally created to help Council with a self-assessment and a year ago, it became part of the Six Point Plan. A plan was presented to the Executive Committee at a retreat in April 2016 for a small board of 16-18 people but the Executive Committee was reluctant to make such a dramatic change. The Task Force regrouped and proposed several alternatives to the Executive Council in June 2016. One suggestion was the re-modeling of the Executive Committee due, in part, to the sunsetting of

BOPS and the suggestion to include Councilors as voting members. The intent of the plan was to make Council function better. Thirty-eight Councilors along with the Executive Committee and Ex-Officio members of Council attended the fall retreat in October 2016 for a total was 50 people. Workgroups were established and charged with developing recommendations for the next set of decisions. Changing the name of the Executive Council to the Board of Directors was suggested, but it was determined that this was not the right time to do that. The Task Force on Governance and Structure, at its last meeting in November, expressed a willingness to remain available as there may be other opportunities to assist in further developments. Having a paid consultant who had experience with boards was extremely helpful. Prior to the recent effort, there have been four serious efforts to re-organize Council and each time those efforts failed. The Task Force was determined to find a way to make changes that would be acceptable, and to that end, the Task Force took an incremental approach.

B. Potential Governance Changes: Bylaw vs. Provisional Action - Dr. Wolfe

Dr. Wolfe reminded the Executive Council that the APsaA bylaws were quite specific about the composition of the Executive Committee and who on the Committee can vote. She recommended that the Council now consider adding an additional Council guest to the Executive Committee as a provisional action to be followed by a bylaw change when it seems appropriate.

22. Reports from Council Workgroups

A. Committee Structure of the Executive Council and Role of Lead Councilor – Dr. Fishkin

Work group members: David Cooper, Jules Kerman, Peter Kotcher, Tim Rayner, Kenneth Winarick

Dr. Fishkin reviewed the Workgroup's report. He noted that there was a preamble to the report which described the problem to be addressed. The Workgroup's task was to acquaint itself with the concept of a Lead Councilor or Director and to make recommendations regarding the Lead Directors's role and responsibilities, to consider the usefulness of a governance committee, its size, method of selection, term limits and to make recommendation about other Council committees.

A consensus has developed that, despite the Council's large size, the representational nature of the Executive Council should not be changed in any initial steps of the reorganization. Incremental changes based on experience can be made going forward.

Dr. Fishkin described a two-tiered Board of Directors model described in Wikipedia. Using the existing Executive Council and Executive Committee could represent an effective use of this model within the existing framework of governance. The model would maintain a larger Board of Directors and smaller Executive Committee with delineation of responsibilities of each with the Executive Committee meeting more often than the former.

Dr. Fishkin noted that a consensus had been reached at the Executive Council retreat to create an elected leader of the board of directors who is part of the Executive Committee. This role would be designated as a Lead Councilor to be elected by the Executive Council. The Workgroup proposed as the Lead Director's role:

- To represent the Council on the Executive Committee
- Work with the President and Executive Committee to promote a cooperative and productive relationship between the Council and the Executive Committee which would be chaired by the President. An example would be the Lead Councilor would work with the President in constructing the provisional agenda for Executive Council meetings.
- Oversee functioning of the Council and its committees by ensuring that each committee had a chair, that each chair had regular meetings with their committee, and that regular reports were provided to the Council.
- Issue a report to the Council at each meeting
- Chair a Governance Committee that would make recommendations to the Council concerning needed changes to its committee structure.

The Workgroup also considered a proposal for a Governance Committee with the Lead Councilor as chair. The Governance Committee would review the functioning of the Council and suggest changes in the Council's procedures as well as recommend the addition, change in mission, or elimination of Council committees. The Workgroup addressed the question of how a Governance Committee would interface with the Committee on Council. In the past, the Committee on Council has oriented new Councilors and also concerned itself with the functioning of the Executive Council. Currently, the Committee on Council confines itself to orientation of new Councilors. This workgroup saw the need for some overall assessment of all Council committees and felt the proposed Governance Committee on Governance would be a logical committee to do this. The Committee on Council could perform this function.

In terms of term lengths and term limits for members of a proposed Governance Committee, the Workgroup proposed two options but did not make a recommendation. The Workgroup considered the issue of limited manpower; if terms were only one year, it might be difficult to find enough people to serve.

The Workgroup also recommended that APsaA's legal counsel should review all proposed changes concerning Council and Council committees.

The Workgroup discussed the idea of additional Council committees but felt it was premature to suggest additional committees now but would like the Council to address this issue in the future in greater detail.

The Council discussed the Workgroup's report and concluded that different models should be considered before making decisions about creating new leadership roles.

B. Addition of Councilors to Executive Committee – Dr. Calderon

Work group members: Sandra Walker, Laurie Watson Raymond, Valerie Laabs-Siemon, Sally Rosenberg

This Workgroup developed a roster of potential nominee Councilors from which one would be elected by the Council to serve on the Executive Committee: Bonnie Buchele, William Glover, and Jeffrey Seitelman. The intent was that the Councilors would sit on the Executive Committee for one year.

The Workgroup also developed a proposal for how Councilors could formally be part of the Executive Committee going forward. They recommended three Councilors to sit on Executive

Committee as voting members. One would be elected from among the Councilors-at-Large and the other two would be chairs of strategic Council committees, i.e. Lead Councilor (chair of Council) and chair of Committee on Council. The term of service would be for one year.

During discussion of this report, many questions were raised. Would this change be enshrined in the bylaws or into a procedural manual? Would the one year term be renewable (the Workgroup had not reached consensus about term limits)? Should a bylaw amendment simply say that Council can appoint more members of the Executive Committee? How many Councilors should be elected to the Executive Committee?

C. Addition of Candidate at Large to Executive Council – Ms. Cirio

Work group members: Holly Crisp-Han, Valerie Golden, Bill Myerson, Jeff Seitelman

The initial idea that the Workgroup considered was having a Candidate Member initially appointed by the President to serve on the Executive Council without voting privileges and eventually, to amend the bylaws so that a Candidate Member could be elected to Council. The Candidates' Council Steering committee felt that the appointed individual should be the president of the Candidates' Council but there is a logistical problem since the Candidates' Council meets on the same day as Executive Council. The Workgroup then discussed having two candidates on the Executive Council if meetings are on same day. A majority of candidates who responded to a survey (about 18% of candidates responded to the survey) favored adding more than one candidate to the Executive Council. At the moment, the election of Candidates' Council officers is done by representatives of Institutes at Candidates' Council meetings. Many candidates wanted a wider base of voters for a Candidate representative on the Executive Council. The Workgroup is recommending two candidate representatives to sit on Executive Council, with at least one in attendance at all times and one to be the President of the Candidates' Council. It was suggested that members of this Workgroup meet with the Bylaws Committee to see how bylaws might be drafted and to develop a proposal for presentation and vote at the June meetings.

D. Implications for Societies, Centers and Institutes of Sunsetting BOPS – Dr. Jaffe

Work group members: Michael Dvorkin, Maxine Gann, William Glover; consultant, Alan Sugarman

The Workgroup developed six recommendations:

- 1. Local Voting for APsaA Council Positions: Only voting APsaA members, who are also members of their Society or Center, can elect their local representative Councilor and Alternate-Councilor to the Executive Council (this is according to current APsaA bylaws). By contrast, all APsaA members can vote for national Councilors-at-large, without needing to belong to a local APsaA society or center. The WG recommends the President appoint a task force to explore possible ways to get as many APsaA members voting for their local representative on the Executive Council as possible, without returning to a bicameral system of separate voting representation from institutes (see item 2 below). It is also recommended that the Task Force make sure it gets the input of institutes that are very separate from their local societies and are concerned about their representation in APsaA.
- 2. Local DPE Consultations: To respect local options and autonomy, APsaA will not proactively intervene in local matters related to the sunsetting of BOPS unless APsaA is invited to consult. The Department of Psychoanalytic Education (DPE) will be available for requested consultations, as will the Executive Committee and the Executive Council. The WG recommends that the procedural details of conducting such consultations be determined on an individual basis.
- 3. Integration of BOPS Fellows & Committee Members into the DPE: With the sunsetting of BOPS there will be many members around the country who have contributed to psychoanalytic education as part of BOPS. These members will be important to the vitality of the DPE. The Workgroup recommends that as soon as possible there should be active "in-reach" to BOPS Fellows and committee members, as well as to all APsaA members to make sure they know they are welcomed and needed in the DPE.
- 4. **Budget Review of Local APsaA Institute Fees:** Given that certification and mandatory institute site visits by APsaA are being externalized and will not require funding, the WG recommends that there be a careful study of the APsaA budget and the DPE's financial needs, with an eye to the possible reduction of all institutes' fees based on APsaA's financial realities. The Workgroup recommends no changes be made for two years, to allow for sufficient time to evaluate the financial needs of the DPE.
- 5. **DPE Benefits to All Local Groups:** After BOPS sunsets, the DPE will be a vital part of APsaA and members will be welcomed to express interest and get involved in developing the many educational efforts of the DPE. The WG recommends that the DPE be developed in a manner that demonstrably benefits APsaA members, institutes, societies and centers.
- 6. Voting on Local Options of Externalization of Institute Accreditation: The Workgroup recommends that the Task Force appointed by the President assist local groups on their methods of choosing Councilors, and also assists local groups where there are challenges in the way they choose their other local options, such as external accreditation. Again, the recommendation is for a democratic process, but this is made with respect for the fact that local option means APsaA will not and cannot dictate how local groups come to their decisions. The recommendation is based on the principle that making such choices democratically be considered in the best interest of the overall wellbeing of their local group.

The Workgroups were thanked for their work and their reports.

Upon motion duly made and seconded, it was unanimously approved that the Executive Council elect one Councilor from the list of nominees to a one year term of service as a guest on the Executive Committee as an initial and preliminary step to facilitate Council representation. The nominees are Bonnie Buchele, Ph.D., William Glover, Ph.D., and Jeffrey Seitelman, M.D., Ph.D.

Upon motion duly made and seconded, it was approved, with one opposed and one abstention, that in order to facilitate an effective reorganization of APsaA governance, the Bylaws should be amended to say that: The Executive Council may elect Councilors as voting members of its Executive Committee, the number to be determined by Council. Such an amendment should be framed by the Bylaws Committee following vetting by the APsaA attorney.

23. New Business

Dr. Wolfe expressed concern about the fact that the APsaA leadership has repeatedly been called immoral with respect to its policy regarding a position statement on the national Presidential election. She noted that the leadership was called to task by some members who felt the Association was not acting appropriately and was seen as lacking moral clarity. When these accusations have been made online, they are often met with silence. Dr. Wolfe asked members of the Executive Council if they were concerned about the moral clarity of leadership. After a vigorous discussion of support for the leadership, the following motion was made, seconded, and unanimously approved:

Be it resolved and moved that the Executive Council fully supports the wise leadership of our officers and Executive Committee in dealing civilly and appropriately with controversies surrounding this national election.

It was announced that William Glover had been elected by the Executive Council to serve as a Council Guest on the Executive Committee.

24. Adjournment

The meeting was adjourned at 4:15pm.

NAPsaC Proposed Two-Tier Voting System

I. Explanation of distribution of votes and method:

Note: This system is fixed. The voting cannot be changed by a quorum at any one meeting; all organizations must vote. Vote by proxy can be made if an organization will be absent. Voting occurs only if consensus cannot be reached. If it does occur, both tiers must be completed.

First Tier (like the US Senate): Each Director gets 1 vote, equaling 10 votes in all. A Simple Majority passes, which would be **6 votes**.

Second Tier: Each organization gets a certain number of votes depending on the number of members represented (like the US House). The total tally of votes is: 26. A two-thirds (2/3) majority passes, which would be **18 votes**.

vote for any society with up to 0-149 members;
 votes for any society with 149-299 members;
 votes for any society with 300-449 members;
 APsaA gets a number = to all other groups combined.

The allocation of votes per organization's number of members is as follows:

Canada 3 CFS 2 IPTAR 2 I AISPS 1 PCC 1 1 PINC NPSI 1 JPS 1 Korea 1 (study groups do not vote)

Total votes: 13

APsaA then gets: APsaA **13**

For a motion to pass it would need: 6 First Tier votes and 18 Second Tier votes.

II. Example of how the voting system would work if applied: Motion: to raise dues to \$100 per member Consensus not reached; method applied and following votes occur:

		Yes	No		
	1st	2nd	1st	2nd	
APsaA: no (1 + 13)			1	13	
CPS: yes (1+ 3)	1	3			
CFS: yes (1+3)	1	3			
IPTAR: no (1+2)			1	3	
LAISPS: yes (1+1)	1	1			
PCC yes (1+1)	1	1			
PINC yes (1+1)	1	1			
NPSI no (1+1)			1	1	
JPS no (1+1)			1	1	
Korea no (1+1)			1	1	
Tally:	1	9	5	19	

Result: motion does not pass.