

The COPE Study Group on New Technologies has provided this list of selected readings on the uses of technology in the conduct of psychoanalyses. The committee plans to add further resources in the future. If you have any suggestions for additions, please send them to danieljacobs1@gmail.com.

Analysis by Telephone:

- 1) Bassen, C. (2007) Panel Report: Telephone analysis JAPA 55:1033-141.
- 2) Leffert, M. (2003) Analysis and psychotherapy by telephone: Twenty years of clinical experience. JAPA 51:101-1303)
- 3) Mirkin, M. (2011) Telephone analysis: Compromised treatments or an interesting opportunity? PO 80:643-670 .
- 4) Scharff, J.S. (2103 and 2015 Psychoanalysis on Line Vols 1 and 2 London: Karnac. Sections dealing with use of the telephone.
- 5) Zalusky, S. (1998) Telephone analysis. JAPA 46:1221-1245.

Use of Skype in Psychotherapy:

- 1) [Bayles, M. \(2012\). Is Physical Proximity Essential to the Psychoanalytic Process? An Exploration Through the Lens of Skype?. Psychoanal. Dial., 22:569-585.](#)
- 2) [Crowther, C., Wiener, J., Tserashchuk, A., Tzivinsky, V., Volodina, E., Alexandrova, N.L. \(2011\). Fifteen Minute Stories about Training. J. Anal. Psychol., 56:627-652.](#)
- 3) [Dalley, T. \(2010\). Through assessment to consultation: independent psychoanalytic approaches with children and adolescents. J. Child Psychother., 36:196-200.](#)
- 4) [Eisold, B. \(2012\). The Implications of Family Expectations, Historical Trauma, and Prejudice in Psychoanalytic Psychotherapy with Naturalized and First-Generation Chinese Americans. Contemp. Psychoanal., 48:238-266](#)

- 5) [Essig, T. \(2012\). Psychoanalysis Lost—And Found—In Our Culture of Simulation and Enhancement. *Psychoanal. Inq.*, 32:438-453](#)
- 6) [Fishkin, R., Fishkin, L., Leli, U., Katz, B., Snyder, E. \(2011\). Psychodynamic Treatment, Training, and Supervision Using Internet-Based Technologies. *J. Amer. Acad. Psychoanal.*, 39:155-168](#)
- 7) [Huprich, S.K. \(2012\). *The Electrified Mind: Development, Psychopathology, and Treatment in the Era of Cell Phones and the Internet*, edited by Salman Akhtar, Lanham, MD: Jason Aronson, 2011, 161 pp. \(hardcover\), \\$60.. *Psychoanal. Psychol.*, 29:509-513. \[book review\]](#)
- 8) [Kohn, N.V., Roth, J.D. \(2012\). The Blank Screen of Cyberspace. *Psychoanal. Inq.*, 32:426-437](#)
- 9) [Lemma, A., Fonagy, P. \(2013\). Feasibility Study of a Psychodynamic Online Group Intervention for Depression. *Psychoanal. Psychol.*, 30:367-380.](#)
- 10) Marzi, A. (Ed.) (2106) *Psychoanalysis, Identity and the Internet*. London: Karnac (2106) _
- 11) [Migone, P. \(2013\). Psychoanalysis on the Internet: A Discussion of its Theoretical Implications for Both Online and Offline Therapeutic Technique. *Psychoanal. Psychol.*, 30:281-299](#)
- 12) [M.S., L.P., E., L.C.S.W. \(2013\). Toward an Integrative Sensibility: Conversing Across Theoretical Boundaries. *Int. J. Psychoanal. Self Psychol.*, 8:309-327](#)

13) [Scharff, J.S. \(2012\). Clinical Issues in Analyses over the Telephone and the Internet. Int. J. Psycho-Anal., 93:81-95.](#)

14) Scharff, J.S. (ed.) (2013) Psychoanalysis on Line, Vol 1: Mental Health, Teletherapy and Training. London: Karnac

15) [Scharff, J.S. \(2013\). Technology-Assisted Psychoanalysis. J. Amer. Psychoanal. Assn., 61:491-509.](#)

16) Scharff, J.S. (2015) Psychoanalysis on Line Vol 2: Impact of Technology on Development, Training and Therapy. London: Karnac

17) [Sonnenberg, S.M. \(2011\). Psychoanalysis and the United States Research University: Current Trends. Int. J. Psycho-Anal., 92:641-659.](#)

18) [Wolf, R.I. \(2010\). No One Can Hear Me Scream!: The Integration of Expressive Therapy Techniques, Creative Processing of Countertransference Inductions, and the Use of Metaphor in the Psychoanalytically Oriented Outpatient Treatment of a Woman Artist with a Schizoaffective Disorder. Psychoanal. Perspect., 7:279-296.](#)

Use of Twitter and Smartphones in Psychotherapy

1) [Altmeyer, M. \(2013\). Beyond Intersubjectivity: Science, the Real World, and the Third in Psychoanalysis. Studies in Gender and Sexuality, 14:59-77](#)

2) [Bonovitz, C. \(2011\). The Experiential Modes of Time in Adolescence: The Action Mode, The Timeless Now, and Nostalgia. Psychoanal. Psychol., 28:132-14](#)

- 3) [Dauphin, B. \(2013\). Therapists' Resistance to Understanding the Importance of Technology for Child and Adolescent Psychotherapy. J. Infant Child Adolesc. Psychother., 12:45-50](#)
- 4) [Friedman, R.C. \(2010\). Frontline—Psychodynamic Psychiatry: Present and Future. J. Amer. Acad. Psychoanal., 38:561-574.](#)
- 5) [Hartman, S. \(2011\). Reality 2.0: When Loss Is Lost. Psychoanal. Dial., 21:468-482.](#)
- 6) [Hoffman, A. \(2013\). Bridging the Divide: Using Culture-Infused Counseling to Enhance Therapeutic Work with Digital Youth. J. Infant Child Adolesc. Psychother., 12:118-133.](#)
- 7) [Leader, C. \(2011\). Therapy Culture and the Transitional Environment of Media and the Inner World. Free Associations, 12:175-187.](#)