## STATEMENT BY

## THE AMERICAN PSYCHOANALYTIC ASSOCIATION

ON THE

COVERAGE OF MENTAL DISORDERS
UNDER NATIONAL HEALTH INSURANCE

THE AMERICAN PSYCHOANALYTIC ASSOCIATION

ONE EAST FIFTY-SEVENTH STREET NEW YORK, NEW YORK 10022

## A POSITION STATEMENT ON THE COVERAGE OF MENTAL DISORDERS UNDER NATIONAL HEALTH INSURANCE

The members of the American Psychoanalytic Association:

- 1. Endorse the Position Statement of the Assembly of District Branches of the American Psychiatric Association (as approved by the Executive Committee of the Board of Trustees of the American Psychiatric Association on September 11, 1972) entitled "National Health Insurance A Statement of Principles."
- 2. Affirm that all persons should have access to those health services that are prescribed as medically necessary.
- 3. Affirm that any form of National Health Insurance should include benefits for ambulatory individual psychotherapy services, including psychoanalysis, when provided by a qualified specialist; and that these benefits should be on the same basis and to the same extent as for any other health services.
- 4. Affirm the principle that peer review, as in all branches of medicine, is the appropriate mechanism by which to determine that all services provided are medically necessary.
- 5. Assert that such services when provided by a qualified specialist are fiscally feasible.

Adopted at a Meeting of Members held Saturday, December 2, 1972 Waldorf-Astoria Hotel, New York City