



American Psychoanalytic Association Is Providing Resources to Assist the Public & Mental Health Community During This Pandemic

Mental Health Professionals Need Emotional Support Too

March 25, 2020 - New York, NY - On Sunday March 22, the American Psychoanalytic Association hosted its first virtual town hall meeting. More than 350 analysts, therapists, and students came together as one community to learn, share resources and offer support during this COVID-19 pandemic.

“During the one-hour video conference via ZOOM, many providers expressed concerns about how best to continue treatments with patients, while also trying to take care of themselves and their families,” said William Glover, Ph.D., president of the Association. “The feeling of solidarity was palpable. It was clear that everyone was grateful for the opportunity to see that they were not alone in how they felt or in the dilemmas.”

APsaA plans to host further online meetings for the mental health community as well as provide resources for the public and providers on how to cope with anxiety, despair and loss. Visit www.apsa.org/coronavirus for more information. This page will be updated regularly as new information and resources become available.

“We need to help each other, our patients, and our communities through this crisis,” said Dr. Glover.

About the American Psychoanalytic Association:

APsaA is the oldest and largest professional organization for psychoanalysts in North America, representing 3,000 members, 33 approved training institutes, and 39 affiliate societies throughout the United States.

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