



Recommended Readings for Medical Students

Prepared by the APSaA Committee on Medical Student Education,
including Drs. David Mintz, Aerin Hyun, Adam Brenner, and Janis Cutler

General:

Brenner AM. The role of personal psychodynamic psychotherapy in becoming a competent psychiatrist. *Harvard Review of Psychiatry* 14:268-72, 2006

Cutler JL, Goldyne A, Markowitz JC, Devlin MJ, Glick RA. Comparing cognitive behavior therapy, interpersonal psychotherapy and psychodynamic psychotherapy. *American Journal of Psychiatry* 161:1567-1573, 2004

Mintz D. Meaning and medication in the care of treatment-resistant patients. *American Journal of Psychotherapy* 56:322-37, 2002

Marcus ER. Medical student dreams about medical school: The unconscious developmental process of becoming a physician. *International Journal of Psychoanalysis* 84:367-86, 2003

Plakun EM. Finding psychodynamic psychiatry's lost generation. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry* 34:135-50, 2006

Psychotherapy narratives:

Yalom ID. *Love's Executioner and Other Tales of Psychotherapy*. Harper Collins, 1990

Havens L. *Coming to Life: Reflections on the Art of Psychotherapy*. Harvard University Press, 1993

Lindner R. *The Fifty Minute Hour*. Bantam Books, 1979

Freud:

Anna O.

Dora

Interpretation of Dreams (Chapters 2, 6, 7)

3 Essays on the Theory of Sexuality

Mourning and Melancholia

The Uncanny

The Ego and the Id

Totem and Taboo

Civilization and Its Discontents

Evidence base:

Glass RM. Psychodynamic psychotherapy and research evidence: Bambi survives godzilla? *Journal of the American Medical Association* 300:1587-89, 2008

Hoglund P, Bogwald KP, Amlo S, et al. Transference interpretations in dynamic psychotherapy: Do they really yield sustained effects? *American Journal of Psychiatry* 165:763-71, 2008

Krupnick JL, Sotsky SM, Elkin I, et al. The role of the therapeutic alliance in psychotherapy and pharmacotherapy outcome: Findings in the National Institute of Mental Health Treatment of Depression Collaborative Research Program. *Consulting and Clinical Psychology* 64:532-9, 1996

Leichsenring F, Salzer S, Jaeger U, et al. Short-term psychodynamic psychotherapy and cognitive-behavioral therapy in generalized anxiety disorder: A randomized, controlled trial. *American Journal of Psychiatry* 166:875-81, 2009

Leichsenring F, Rabung S. Effectiveness of long-term psychodynamic psychotherapy: A meta-analysis. *Journal of the American Medical Association* 300:1551-65, 2008

Leichsenring F, Leibing E. Psychodynamic psychotherapy: A systematic review of techniques, indications and empirical evidence. *Psychological Psychotherapy* 80:217-28, 2007

Leichsenring F. Are psychodynamic and psychoanalytic therapies effective?: A review of empirical data. *International Journal of Psychoanalysis* 86:841-68, 2005

Leichsenring F, Rabung S, Leibing E. The efficacy of short-term psychodynamic psychotherapy in specific psychiatric disorders: A meta-analysis. *Archives of General Psychiatry* 61:1208-16, 2004

Leichsenring F, Leibing E. The effectiveness of psychodynamic therapy and cognitive behavior therapy in the treatment of personality disorders: A meta-analysis. *American Journal of Psychiatry* 160:1223-32, 2003

Milrod B, Leon AC, Busch FN, et al. A randomized controlled clinical trial of psychoanalytic psychotherapy for apnic disorder. *American Journal of Psychiatry* 174:265-272, 2007