

Theme: Endings and Beginnings



PRESIDENT'S ADDRESS

Navah C. Kaplan, Ph.D.

I find the subject of beginnings and endings especially meaningful to me in writing my final column as President of the APsaA Candidates' Council. This January, I will complete my term, having served two years each as president-elect and president. Beginnings and endings are a way of bracketing experiences so as to endow them with particular meanings and significance for one's self and the people with whom we are involved. In terms of psychoanalytic practice, the brackets may be moved to the micro-level to encompass, and consider, the fresh beginning of a session and its ending, 45 minutes later. We can increase the expanse of the bracket to think about the beginning and ending of an analysis of

sweep it away. They gather the sand into a container and empty it into a body of water as a blessing. I read that one meaning of this curious action to destroy, almost immediately upon completion, a beautiful work of art, concerns the cycle of life. This fits neatly, I think, into our subject of beginnings and endings. The CC officers and committee chairs are a dedicated group who are inspired to join in collaborative work that produces valuable programming for their fellow candidates. All this work comes to fruition twice a year, and it is displayed for a brief week during the national meetings. Aside from a Program Guide that documents what scientific sessions took place and what social events were arranged, there is nothing tangible for those candidates who participated to take home with them. No wall hanging, no money.

Treasurer. As a recently graduated and certified analyst, she will be leaving the CC, hopefully for other engagements in APsaA. She has been a valuable player on the CC for many years. We have three candidates running unopposed for each of the vacating officer positions, as follows:

Valerie Golden, Ph.D.
for President-elect

Alex Barends, Ph.D.
for Treasurer

Gennifer Lane Briggs, M.S.W., L.C.S.W.
for her second term as Secretary.

The officers of the CC have been putting in much time and energy to accomplish the important tasks of our organization. Phoebe Cirio, President-Elect, has been working on the Candidates' COPE Study Group, "Challenges of Training." Jamie Cromer, Treasurer, has worked on our budget and found the money therein to pay for the videotaping of our new Master Teacher Award session. She also participates in meetings of the American Psychoanalytic Foundation. Gennifer Lane Briggs, Secretary, has been doing a yeoman's labor in following up on institutes to get a candidate delegate to represent each institute at our CC meeting.

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many years' duration. Since I am ending my tenure on the Candidates' Council, I will naturally concern myself here with that experience. I was searching for a metaphor to capture the intensely communal and creative enterprise of the APsaA Candidates' Council (CC). Having just visited Tibet for the first time, I thought of the mandalas. These are intricately designed pictures made of colored sand by Tibetan monks. They work in a group, and the intense, collaborative effort takes many days in order to create the beautiful, symbolically rich designs. Then, when one is complete, the monks

There is something else that I like to think the Tibetan monks understand about an ending: the candidates will have grown by the experiences of collegial cooperation and work, by the friendships that deepen with every encounter, and by the expanded sense of how rich the analytic community is in ideas out there to be newly encountered.

At the CC meeting on January 15, an election will be held for a new slate of officers. Phoebe Cirio, currently our President-elect, will step up into the position of president. Jamie Cromer will complete her second term as

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We are having our inaugural session of the CC Master Teacher Award, chaired by Valerie Golden. The session will be videotaped with the aim of creating a video archive of master teachers, available on the APsaA website for present and future candidates to sample. Sabina Preter has expertly chaired the CC Scientific Paper Prize/Writing Workshop Committee and is pleased to award both first and runner-up prizes this cycle. Sharon Leak is the winner for her paper "Shame and Guilt in Dyslexia and Attention-Deficit Disorder: Perspectives from

Clinical Practice and Research." Phoebe Cirio is awarded the runner-up for her paper "Surrendering the Body: Suicide in Adolescence." Sharon will present her paper at the CC Paper Prize session during the 2015 National Meeting on Friday morning. Sarah Lusk, chair of the CC Program Committee has arranged two CC sessions on topics of interest to candidates and featuring both senior analysts and candidates on the panels. Sandra Landen took over as chair of the CC Child & Adolescent Psychoanalysis Committee in June. She has arranged to

host a Dine-Around held on the evening of January 13 together with analyst, Dr. Charles Parks, chair of the Committee on Child & Adolescent Analysis (COCAA), as a draw for candidates interested in child/adolescent analysis. I am hosting a Dine-Around as well to attract candidates to meet each other and learn more about the CC at the beginning of the meeting week. My institute, The New York Psychoanalytic Society and Institute, has generously donated auditorium space for our annual candidates' Winter Bash. This is the social event of the year for candidates to network and socialize in a relaxed setting, with good food. NYPSI is the oldest established psychoanalytic institute in the USA and I hope all candidates will take advantage of the opportunity to come and party on the premises.

I am coming to the end of this article and to my opportunity to offer my parting words. Here they are: I am very grateful for the privilege of working with so many dedicated, smart and funny candidates. You all made my growth as an analyst so much richer. I did not accomplish everything I thought I would and I accomplished some things I did not think I would. I am confident that I am leaving the Candidates' Council in very capable hands. And my final words are to all candidates who take part in the activities of APsaA and the Candidates' Council. This was a directive I gave to each of my children at his or her bar and bat mitzvah: your task is do better than your parents. I hope the new candidate officers will exceed what we have achieved before you. ❖

Navah C. Kaplan, Ph.D.
President, APsaA Candidates' Council



The Candidates' Council's Annual Winter Bash

Thursday, January 15, 2015

7:30 to 10:30 PM

Eat | Drink | Network

Join us for the Annual Candidates' Winter Bash!

Hosted at The New York Psychoanalytic Society and Institute, the oldest psychoanalytic institute in the United States.



All candidates and psychotherapy students are invited.
\$75 per person (includes dinner, wine & soft drinks)

Please RSVP to Navah Kaplan
Email: navahckaplan@gmail.com
Phone: 212-876-2353
Mail check made out to:

Navah C. Kaplan, 1213 Park Avenue, New York, NY 10128

Reservations and pre-payment highly recommended

NOTE: Space is limited so it is important to RSVP. Without a reservation, payments of cash or check will be accepted on the day of the party ONLY if space is still available (we cannot accept credit card payments).

Location

NYPSI, 247 East 82nd St, New York, NY

APsaA Candidates' Council

Navah Kaplan, *President*
Phoebe Cirio, *President-elect*
Gennifer Lane Briggs, *Secretary*
Jamie Cromer, *Treasurer*

The Candidate Connection

Newsletter of the APsaA Candidates' Council
Holly Crisp-Han, *Co-Editor*
Marian Margulies, *Co-Editor*

(A complete list of CC Committees can be found on the Candidate Members Information Page located in the members section of apsa.org)



PRESIDENT-ELECT'S MESSAGE

Phoebe A. Cirio, M.S.W., L.C.S.W.

I have now been involved with the Candidates' Council (CC) for a decade. I attended my first meeting as a first-year candidate, understanding nothing about the CC or APsaA. I did know I wanted to be a psychoanalyst, and I thought attending the CC meeting would be a way to get a sense of what was happening with others who were like me, in training to become psychoanalysts. I have had the opportunity to engage with my fellow candidates for this time, and have now been elected to serve as President of the CC. In my years of involvement I have come to understand a few things about those of us who pursue this path. We are a diverse group, but as a whole my impression is of an intellectually curious and highly-motivated group of people who value excellence in education. We invest a lot of time, effort and money to accomplish this training, and want a return on that investment. We are more diverse in age than earlier generations of candidates; many of us begin training later in life. We are also from a more varied professional background.

As President-Elect, I have accompanied Navah Kaplan to meetings and have observed how she fulfilled her role. I have learned that the CC President is called upon to report to the Executive Council of APsaA and its leaders about what candidates are thinking and doing. The leadership of APsaA is very interested in what candidates think and do because we are the future of the profession. The leaders are many years, decades, past their graduation and their experience in training, and their understanding of the practice environment for candidates in the present is limited. The CC President is charged to inform them of the thinking of all candidates. This is, in actual fact, impossible to do. There are hundreds of candidates at APsaA approved Institutes, over 700, and it is impossible to codify the thinking of all members of this group. However, it is nonetheless important to get the pulse of the candidates so as to offer informed guidance to the leadership of

APsaA on shaping education and policy to reflect our needs and interests.

I say "our" despite my having graduated from training this past May. Despite my status as a graduate analyst, my goal is to find the most effective ways to represent the state of mind, and interests, of the body of APsaA candidates. To achieve this aim, I hope to circulate survey questions to all candidates, the responses to which I hope to use to ascertain the interests, worries, hopes, concerns, and questions that candidates have about their experience of psychoanalytic education, training, and their relationships with their Institutes, and with APsaA. My goal is to give an accurate rendering of the interests of all candidates, but to accomplish that I will need your help. When the questionnaires come your way, please answer them. Only by hearing from you will I be able to tell the elected leadership of this organization how to address the single largest, and I think, the most important constituency of the American Psychoanalytic Association. I would also like to hear from you personally. Please take the time to call me at 314-862-0345, or e-mail at Phoebe777@aol.com, with any of your thoughts and

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concerns. And don't be surprised if I ask you to get more involved, you will be rewarded if you do. ❖

Interest-free Loans for Training

Applications due May 1, 2015

The Candidate Assistance Fund of the American Psychoanalytic Association provides loans up to \$5,000 to candidates training to be psychoanalysts. The loans are to be repaid within a maximum of 6 years. Currently, between 5 and 7 loans are made annually.

There are two criteria considered in approving a Candidate Assistance Fund loan:

- the need as evidenced by an applicant's financial need.
- the ability to repay the loan as evidenced by the applicant's overall financial health.

Eligibility

- APsaA Candidate Members in good standing are eligible to apply to the Fund.
- Candidate Members must have completed one year of training.
- Financial need must be demonstrated.

Application Procedure

Guidelines and applications are available in the Members Section of the APsaA website (www.apsa.org) or email Dean Stein, APsaA's Executive Director, for an application form at deankstein@apsa.org.

Application Deadline

Fund loan applications need to be received at the APsaA offices by May 1, 2015.



Welcome to the Winter 2014/15 edition of *The Candidate Connection*. In developing the theme for this newsletter, we considered the ways in which “Endings and Beginnings” shape our day-to-day existence. In our analytic work, we constantly approach endings and find new beginnings with our analysands. The cycles of the academic year and calendar year inform our clinical and educational experiences. We face constantly evolving cycles of change, transition, loss, and new beginnings in our training and in our analytic work.

We invite you to consider your own experiences of endings and beginnings as you read this Winter 2014/15 issue of the Candidate Connection. Navah Kaplan, in

her Presidential Address, and Phoebe Cirio, in her President-Elect’s Message, share their reflections during the upcoming transition in the Presidency of the Candidates’ Council. In their leadership transition is both an ending and a beginning. Senior Analyst Stephen Firestein clarifies his thoughts about beginning and terminating an analysis. Marian Margulies writes about her personal experiences of endings and beginnings as well as those in her work with patients.

In this issue, you will also find committee reports from Committee Chairs of the Candidates’ Council. These reports include updates from Secretary and Chair of the Mentorship Committee Jennifer Lane Briggs, the Treasurer’s report by Jamie Cromer, the COPE Study Group by Phoebe Cirio, and an article about the Paper Prize by Sabina Preter. In addition, you will read about the Candidates’ Social Issues Committee by Alexandra Sawicki

and an update about International Psychoanalytical Studies Organization’s upcoming events by Marco Posadas.

As we hope to encourage communication and collaboration amongst candidates from across the country, we also include a section of the newsletter with updates from different institutes. In this edition, you will find updates from Jephtha Tausig-Edwards of the Columbia University Psychoanalytic Center for Training & Research, Catherine Maihoefer of the Pittsburgh Psychoanalytic Center, Jeffrey Tuttle of Cincinnati Psychoanalytic Institute, and Alex Barends of Michigan Psychoanalytic Institute.

Whether you are at the beginning or ending of your analytic training, in the midst of a loss or a new insight with a patient or in your own analytic work, we hope you will consider the rich ways that endings and beginnings permeate our analytic work. ❖

ARTICLES AND REFLECTIONS

Reflections from a Senior Analyst

Stephen K. Firestein, M.D.

It is expectable that every psychoanalytic institute must in its clinical curriculum teach guidelines for selecting suitable patients for treatment with analysis—and for deciding that another treatment applicant is likely to find the analytic work space intolerable.

For the difficult task of an applicant being selected, I propose summarizing shorthand: the interaction is like a “turnstile.” The prospective patient, desiring acceptance tries to tell the analyst enough to be viewed affirmatively. At the same time, he tries to avoid sharing matters he fears may lead to the conclusion that he is too disturbed for a psychoanalysis. What the applicant selects either way is as complex as anything else, and may take a while to unfathom.

The patient selected for analysis may begin promptly to use the couch. Such alacrity doesn’t necessarily tell you a lot.

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Many patients require lengthy attention to restrictions before being able to free-associate usefully—even months or years.

Presuming useful work, a season does evolve when termination of treatment becomes a question. In the past, I have studied many criteria for determining at what point it is timely “to blow the whistle.” Naturally this judgment is primarily focused upon the patient’s objectives. The literature is replete with analyst’s statements of what they would like to see in the patient at termination.

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Endings and Beginnings

Marian W. Margulies, Ph.D.

As candidates in psychoanalytic training, we experience the cycle of endings and beginnings repeatedly. Whether we begin or end a class, an analytic case or an analytic hour, we repeatedly shift gears as we end one thing and begin another.

When we experience these shifts and changes as we cycle through the many beginnings and endings we experience during training, not only do we survive, but we thrive.

Endings and beginnings are certainly not easy. They involve change, loss, uncertainty, and flux. We seem to thrive on the familiar and resist change; we are very much creatures of habit. And yet, while change is hard, be it beginning something new or ending something known, once things settle in, what has seemed so difficult and fraught with fear becomes more familiar and comfortable. When we experience these shifts and changes as we cycle through the many beginnings and endings we experience during training, not only do we survive, but we thrive.

What I am saying is that endings and beginnings are both painful and enlivening. I see them as two sides of a coin—leading to change (no pun intended). We begin something with an awareness that one day it will end. We try to live in the moment, but it's hard to dim our awareness that this moment, this session, this year, will end. And yet, when something ends, something new begins—and along with fear of the unknown comes excitement and growth, and the promise of new possibilities.

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I often think back to the time when I graduated high school early. I left my home and my country to spend six months along with 20 other American students on a program in Israel where we lived with host families in Tel Aviv

and took classes at the university. I managed to quell my fears and anxieties as I immersed myself in learning a new language. Yes, the beginning was rough. But, by the end of the program, I so fell in love with the land and its people that I scrapped my plans to return with everyone else and began my studies at Hebrew University. I had no regrets.

I imagine ending my own analysis, but with mixed feelings. Going four times a week has become a seamless part of my weekly schedule. Once I stop, I wonder how strange it will feel to have these analytic hours free. Loss looms large. But looking on the bright side—at the glass half full—when I end, I believe I will have earned enough stripes, strengthened enough defenses, and learned to make good enough compromises so that my loss is counterbalanced by my gain. And, at the next fork in the road, I envision myself taking the path that is not only less travelled, but more challenging and more exciting. I tell my analyst that when I end, it will feel like a win-win situation—for both of us. Maybe this is a rationalization. I want to smooth the rough edges of ending. Or, I could see it as both: loss and gain.

Having the experience of being in an analysis and thus on both sides of the couch, it makes it more possible to empathize with our patients what the experience of beginning and moving toward ending treatment is like. Since termination is an inevitable part of

treatment, an essential task of ours is to help our patients do just that and we must follow our patient's lead in deciding when that time has come.

With our patients, whether they come weekly or several times a week, we build deeper connections over time. Inevitably, there will be ruptures and attempts to repair these ruptures, a cycle that begins and ends many times throughout an analysis. We might miss or misunderstand something our patient has said, or done any number of things that result in a rupture in the analytic relationship. It helps if we revisit that difficult moment and look at it together in a way that opens up a space for shared meaning. When we inquire of our patients what we missed or misunderstood, we pave the way for them to clarify their meanings, intentions, thoughts, and feelings. In the process, our patients are more likely to feel heard, felt, and understood. I believe that it is in the repair of these very ruptures that significant therapeutic gains are made.

When we meet the challenges inherent in navigating these difficult transitions, both in our training and in our work with our patients, we stretch and tone our analytic muscles greatly.

We do well, as candidates, to embrace both the endings and beginnings and all that takes place in between during analytic training and beyond. When we meet the challenges inherent in navigating these difficult transitions, both in our training and in our work with our patients, we stretch and tone our analytic muscles greatly. We learn that we can not only survive the strain and tension of an ending or beginning, but we can also thrive. ❖

COMMITTEE UPDATES

Secretary Update/ Mentoring Committee

Gennifer Lane Briggs, L.C.S.W.
Secretary

I have continued to work with the delegates at all of our institutes to ensure that institutes are represented at our National Meetings. Officer elections will be held at the January meeting this year so our goal is to have a delegate from every institute present to vote. Since the last newsletter, I have also begun work as the Chair of the Mentorship Committee. The Candidates' Council officers, President Navah Kaplan, President-Elect Phoebe Cirio, Treasurer Jamie Cromer and myself comprise the Mentorship Committee. We are working to provide more support to delegates and their institutes. This includes providing all delegates with contact information for the Officers and Chairs of every Candidates' Council committee. We are also available to answer any question that any candidate may have about APsaA. We want to hear your thoughts and concerns and are available to help you understand what APsaA has to offer.

Our goal has always been to support candidates and we are always looking for ways to be even more accessible. Please feel free to reach out to us. We want to help!

Treasurer's Report

Jamie Cromer, L.C.S.W., A.C.S.W.
Treasurer

The Candidates' Council will be utilizing part of our audiovisual budget this coming January by filming the distinguished analyst breakfast presentation as part of our new Master Teacher Award. This Award is in its early stage of conception and integration with our already established Saturday morning Candidate Breakfast, which is scheduled for Saturday January 17, 2015.

The American Psychoanalytic Foundation continues to meet and review grant applications and encourages submissions. The application and guidelines can be found on APsaA's website.

I am serving on the Nomination committee, and we have open positions for President-Elect, Treasurer, and Secretary for the upcoming Candidates' Council Election on Thursday, January 15, 2015. Nominations were posted by December 15, 2014.

COPE Report

Phoebe A. Cirio, M.S.W., L.C.S.W.
Chair, Candidate COPE Study Group

The Candidates' Council is fortunate to have its own COPE study group. COPE is an acronym which stands for Committee on Psychoanalytic Education. This committee is a subcommittee of the Board on Professional Standards (BOPS), which manages the educational side of the American Psychoanalytic Association.

Our COPE group is organized around challenges in training. The group has been in existence for about 3 or 4 years, and is beginning a research program. We meet at each of our national meetings, in New York in January, and in a city with a member institute in June. At the most recent meeting, in June of 2014 we met in Chicago, and decided we would begin to review the psychoanalytic literature on candidate experiences. Our objective is to collect data about candidate experiences in training. If you are interested in learning more about the existing research on candidate experiences, and developing new research about candidates, this study group may be of interest to you. If you wish to learn more, you can contact me at Phoebe777@aol.com.

APsaA Candidates' Council Scientific Paper Prize: Another award-winning year and—would you like to be the next chair?

Sabina E. Preter M.D., Ph.D.
*Chair, APsaA Candidates' Council
Scientific Paper Prize*

We are fortunate to have had another year where we were able to offer the Candidates' Council Scientific Paper Prize, funded by APsaA and the American Psychoanalytic Foundation. The

author of the winning paper will be awarded a prize of \$1,000, and the semi-finalist an honorarium of \$500. The 2014 paper prize competition yielded several excellent papers, with topics ranging from clinical and theoretical to psychoanalytic research. The 2014 award winner is Sharon Leak, Ph.D., candidate at the Pittsburgh Psychoanalytic Center who authored a compelling paper, entitled "Shame and Guilt in Dyslexia and Attention-Deficit Disorder: Perspectives from Clinical Practice and Research," in which she focuses on shame and guilt in children and adolescents with dyslexia and ADD, providing a framework for conducting psychological testing and carrying out psychoanalytically-informed psychotherapy from an integrative perspective. The semi-finalist is Phoebe Cirio, M.S.W., L.C.S.W. from the St. Louis Psychoanalytic Institute with her captivating paper "Surrendering the Body: Suicide in Adolescence." Ms. Cirio examines in her paper the suicide of a teenager from a psychoanalytic perspective.

Dr. Leak will present her award-winning paper at the Scientific Paper Prize Session, which will take place at the 2015 National Meeting, where Theodore Shapiro, M.D. will serve as the discussant. Dr. Shapiro is a senior training and supervising analyst at the New York Psychoanalytic Institute, former JAPA editor and experienced psychoanalytic author. In addition to discussing the prize-winning paper, Dr. Shapiro will comment on how to prepare a paper for publication.

The Candidates' Council Scientific Paper Prize is a prime example of a program that encourages, fosters, and supports candidates' creativity. We hope you are inspired to submit your paper for next year's prize. Any candidate member of APsaA is eligible to apply. Deadline for submission is August 1, 2015. Candidates who will be graduating prior to that date may still participate in the competition but must submit their papers prior to their graduation date.

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After having administered APsaA's paper prize for the past three years, I will be stepping down following the 2015 National Meeting. The experience of chairing the paper prize has far surpassed my expectations. I felt privileged having had the opportunity of reading numerous thought-provoking papers authored by fellow candidates. In addition, arranging for discussants for three national meetings has allowed me to meet senior analysts, editors and authors from all over the country, which has been an invaluable and enriching experience. I highly recommend this position to any candidate who is interested. You may contact me at sepreter@gmail.com if you would like to know more about this position.

Candidates' Social Issues Committee

Alexandra H. Sawicki, M.D.

Chair, Candidates' Social Issues Committee

Candidates on this committee work with members of the APsaA Social Issues Department to devise, voice, and advocate for a uniquely psychoanalytic perspective on important events and subjects in the public discourse. Candidates have recently contributed significantly to the proposing, researching, and writing of position statements on sexual assault, human trafficking, and provision of mental health services to returning veterans. Candidates with an interest in applied psychoanalysis and psychoanalytic advocacy who are attending the 2015 National Meeting may be particularly interested in the following: two Professional Development Workshops, Discussion Group 20 on psychoanalytically informed treatment of human trafficking victims, the Committee on Gender and Sexuality's presentation of the 2015 Ralph Roughton Paper Award Winner, the University Forum on psychoanalysis, terrorism and violence, and the Community Symposium on a psychoanalytic view of gun violence, among many others. Candidates who are interested in learning more about the work of the Candidates' Social Issues Committee are invited to contact me for more information at alexandra.sawicki@gmail.com.

IPSO Update

*Marco Posadas, M.S.W., R.S.W.,
IPSO Vice President for North America*

*Kathryn McCormick, M.A., L.M.F.T., IPSO
Vice President-elect for North America*

Dear APsaA Colleagues,

We want to tell you about upcoming activities we are planning at the International Psychoanalytical Studies Organization (IPSO). We are thrilled to be working hard preparing for IPSO and the IPA biannual congress #IPABoston2015, with many activities for candidates and by candidates. We are looking forward to meeting you in Boston next July 21-25, 2015! Help us spread the word through Facebook and Twitter to reach as many APsaA candidates as possible.

IPSO Dues for 2014

This is just a gentle reminder that after our Biannual congress in Prague 2013, our membership voted to increase the dues to \$30. If you know someone who is missing out on being an IPSO member and wants to join, let them know that members have access to a myriad of learning opportunities, including the upcoming IPSO 23rd Biannual Congress in Boston 2015! Interested candidates need to contact their institute IPSO representative. If you don't have an IPSO representative please contact Marco Posadas (IPSO Vice President for North America) at ipso-NorthAmerica@ipso-candidates.org.uk

APsaA Congress IPSO Discussion Group: International Perspectives in Psychoanalysis—NYC January 2015

In January during the APsaA 2015 National Meeting in NYC, we will have our yearly activity, the IPSO Discussion Group International Perspectives in Psychoanalysis. During this session, Renato Pordeus (Candidate from Brazil) will present "Enactment and the analytic setting—In the border between not being analytic and not being present in the session," and candidates Phoebe Cirio (Candidate from St. Louis) and Sergio Anastasia (Candidate from Italy) will serve as discussants.

We hope to create a friendly environment to facilitate rich discussion between candidates from all over the world. For more information, please visit: http://www.apsa.org/Meetings/2015_National_Meeting.aspx.

IPSO Program at the EPF Conference in Stockholm March 25-29th: "Too much-Not enough"

This will be a five-day long congress hosted by our Swedish colleagues, where we will have an opening plenary, clinical workshops, supervisions and of course the famous IPSO party! For further details about registration and lodging, please visit the EPF www.epf-fep.eu and the IPSO website www.ipso-candidates.org.uk. For the registration for the IPSO party, please contact Anna Mária Hansjürgens or Sergio hAnastasia at ipso-europe@ipso-candidates.org.uk.

For more information about IPSO, please check our website: www.ipso-candidates.org.uk, twitter account @IPSOworld, or our facebook page <https://www.facebook.com/InternationalPsychoanalyticalStudiesOrganization>

Warmly,
IPSO North America

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**Columbia University
Psychoanalytic Center
for Training & Research**

Jephtha Tausig-Edwards, Ph.D.

The Columbia University Center for Psychoanalytic Training and Research is a graduate program of Columbia University. The Center's mission is the education of new psychoanalysts and psychotherapists. We provide a variety of psychoanalytically-informed learning opportunities for medical students, psychiatry residents, psychology graduate students, early career psychiatrists, licensed psychologists, and scholars in other fields of arts & science, humanities, and social sciences.

Our popular and free "Why Psychoanalysis?" seminar, open to students and clinicians interested in psychoanalysis, continues to meet monthly. Each meeting features a presentation of the transcripts of two actual psychoanalysis sessions conducted by a senior candidate or recent graduate of Columbia and paired with a relevant article or book chapter. After a buffet dinner, the group discusses the reading, listens to the presentation, and engages in the process of analyzing the analysis. Participants are able to sharpen their ability to listen for unconscious content in clinical material, learn what makes psychoanalysis unique among treatment modalities, and hear about the process of psychoanalytic training from the presenters.

We are delighted to have welcomed a large incoming class of 11 new candidates (MD & PhD) this fall. Our efforts to reach out to psychologists continue to yield a number of highly-qualified psychoanalytic candidates from this discipline. Likewise, our psychotherapy externship program also continues to flourish—a psychoanalytic assessment component was added this past year.

This year the Center held a workshop on certification with Dr. Harvey Schwartz so that candidates and recent graduates can become familiarized with the APsaA certification process, including the new option of completing most of the certification criteria prior to graduation. This was a particularly useful opportunity for candidates and recent graduates to

consider certification requirements as they draft write-ups of their training cases in anticipation of submitting them for certification.

Pittsburgh Psychoanalytic Center

Catherine Maihofer, N.C.C., L.P.C.

At the Pittsburgh Psychoanalytic Center (PPC), our candidate training program has been expanded to include not only traditional clinical and academic training but also a part-time option. We are excited to welcome our newest candidates: Loren Sobel, M.D.; Patrick Driscoll, M.D.; and Jeffrey McCurry, Ph.D. We are pleased for our fellow candidate, Sharon Leak, Ph.D., who was awarded the APsaA Candidates' Council Scientific Paper Prize for her paper: *Shame and Guilt in Dyslexia and Attention-Deficit Disorder: Perspectives from Clinical Practice and Research*.

Former candidate, now faculty member, Eric Rankin, Ph.D. graduated this summer and recently presented his published graduation paper at a special event held at the PPC. His article is entitled: *The Dynamic Interplay of Mourning and Forgiveness in the Early Development of the Self and Psychic Structure* (2014). Psychoanalytic Review, 101:219-248.

An advanced candidate has shared his experience of presenting to a visiting analyst. We hope this will be useful information for other candidates too. Matthew Markon, L.C.S.W., J.D. writes:

"This past Spring, I had the opportunity to present clinical material with the visiting analyst Deborah Cabaniss when she came to speak to our institute. Deborah, who teaches writing and had recently completed a book on psychoanalytic case formulation, helped me to prepare a written case summary for the presentation. I found the experience very interesting.

What Deborah emphasized to me was to write case histories as they made sense to me. In other words, rather than write about the "introductory phase" or the "middle phase" of a psychoanalytic treatment, to write about "that time when my patient seemed angry all the time" or those few weeks when

"something just seemed different." Whenever there was a change in the treatment, Deborah encouraged me to look back upon the clinical material and to write about that change; in the transference, in myself and my life, in my supervision, in my client's life, in my own thinking about the case, and any interventions I may have made just prior to these moments. In this way, writing a case summary can feel more personal, real, and alive.

Through the process of preparing for the presentation, I came to see that writing about a psychoanalytic case is really writing about a relationship. My job as the author is to understand and communicate the changes in this relationship through the lens of psychoanalytic theory. When something changed in the relationship or in the life of my analysand (or myself), my task as writer is to explain how this was reflected in the clinical material and how I understand this phenomena. In this way, Deborah Cabaniss helped me to learn to better weave the microprocess of individual analytic sessions into an overall story of a relationship. This approach helped me to write about the case in a way that felt more natural and comfortable. It was a great opportunity to work with her and a very positive experience."

In addition to candidate course work, there are a variety of events and activities that candidates can engage in to enhance their training, their development of a psychoanalytic identity and their connections with the local community. The PPC offers films (Analytic Flicks with psychoanalytic discussants), reading groups (Fiction with Freud—featuring contemporary novels with a discussion based on the story and characters from a Freudian view or understanding), theater (Quantum on the Couch—discussions of the story, the director and actors' viewpoints with an analytic twist), and outreach events to university and continuing educational programs. The PPC faculty and members generously donate their time, expertise and creativity for which we are greatly appreciative.

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And finally, once again this year, we have the opportunity to utilize technology through “Go To Meeting” for some of our courses. This has given us the ability to meet with geographically distant instructors and further broaden our opportunities and experiences.

Cincinnati Psychoanalytic Institute (CPI)

Jeffrey Tuttle, M.D.

The Cincinnati Psychoanalytic Institute (CPI) is a small but diverse institute that offers psychoanalytic education and community programs to clinicians and academic researchers in Ohio, Indiana and Kentucky. Approximately 44 faculty are affiliated with the institute, a majority of whom are engaged in teaching classes in one of our analytic or psychotherapy training programs. Our faculty and candidates practice in a variety of locations, from urban areas in Cincinnati and Indianapolis to more rural areas in Appalachia. Four major universities with postgraduate medical or clinical training programs are within a 90-minute drive from CPI: University of Cincinnati, Xavier, Wright State and the University of Kentucky.

At the present time, CPI has two psychoanalytic training classes: a post-fifth year class with three clinical and two research candidates and a second year class with six clinical and one research candidates. Our clinical candidates have backgrounds in medicine, psychology, social work, professional counseling and nursing. Our research candidates have academic backgrounds in English and Neuropathology. As a commuter institute, five of our candidates commute from locations outside of the Cincinnati area—Lexington, KY, Indianapolis, IN, Bloomington, IN and Charleston, WV—requiring commutes up to two and a half hours each way.

In addition to our adult analytic training program, CPI has one child analytic candidate affiliated with the Southeastern Child Analytic Consortium (SCAC). The SCAC is comprised of faculty from CPI, New Orleans-Birmingham and Dallas and was established for the purpose of increasing access to child analytic training in the southeast. There are a total of six candidates in the current child analytic training program.

For clinicians who are interested in learning more about psychoanalytic psychotherapy, but cannot commit to analytic training, CPI offers separate Advanced Psychotherapy Programs for adults and children. This year, CPI has

four students in their second year of the adult program and new adult and child classes beginning next fall. CPI recently invested significant financial resources into new tele-conferencing equipment that will help address some of the obstacles posed by long-distance commutes, extend the reach of our community programs and connect with other institutes to share faculty resources.

Michigan Psychoanalytic Institute


Alex Barends, Ph.D.

We have been pleased to bring in four new candidates to the Michigan Psychoanalytic Institute this fall, bringing our total candidate numbers to 36. Sixteen of our candidates are taking full time classes, and eight are part-time. Nine have advanced status (having completed classes), and three are early admission candidates.

Through our local candidates’ organization, we are continuing to strive to create opportunities for candidates to grow in their analytic identities, broadening horizons beyond the training experience. We have had the good fortune this year to have Martin Silverman (NJ) and Alfred Margulies (Boston) join the candidates in looking at clinical material presented by Susan Baxt (Ottawa), a graduate analyst returning for child training, and Shelly Broder (Royal Oak, MI), now in her third candidacy year. Ken Corbett (NY), this year’s MPI Visiting Professor, will also join our candidates to share his insights later this academic year.

We have been pleased with opportunities to continue collaborating with our faculty as well. Curriculum development and revision has a long history at the institute, with the integration of courses in development with courses in theory and technique undergirding the combined curriculum for child and

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CANDIDATE PROGRAMMING

SENIOR ANALYST PRESENTATION (Wednesday)
Dionne R. Powell, M.D., a senior analyst, presents process material illustrating her own analytic work.

ADMINISTRATIVE MEETING: CANDIDATES' COUNCIL (Thursday 8:15 AM – 11:00 AM)
 This newly reformatted meeting will orient, educate and provide a social opportunity to candidates.

COFFEE WITH A DISTINGUISHED ANALYST (Thursday)
Nancy J. Chodorow, Ph.D. is an internationally renowned psychoanalyst, author, and theorist whose writings transformed psychoanalytic thinking about women, female development, gender and sexuality, and thinking about gender in psychology, the social sciences, and the humanities.

CANDIDATES' FORUM (Thursday)
 Using the couch is mandatory for candidates, yet there are many particular challenges that face candidates from how to suggest using the couch to keeping patients on the couch. The panelists will bring different perspectives to these challenges and provide an opportunity to explore ways to address them.

THE 2014 CANDIDATES' COUNCIL SCIENTIFIC PAPER PRIZE (Friday)
 The Candidates' Council Scientific Paper Prize is awarded based on a competition that any candidate member is eligible to participate in. The award winning paper is chosen based on a Candidate peer review with Candidates serving as readers and judges.

CANDIDATES' COUNCIL MASTER TEACHER AWARD (Saturday)
 “The Care and Feeding of Supervisors: A User’s Guide for Supervisees”
 The inaugural recipient of the newly created Candidates' Council Master Teacher Award is world-renowned analyst, author, professor, and distinguished teacher, **Dr. Robert Michels**. Dr. Michels will discuss supervision, a cornerstone of the tripartite model of psychoanalytic education.

DISCUSSION GROUP 24 (Wednesday)
 IPSO International Perspectives in Psychoanalysis

For additional programming information, visit www.apsa.org and click on the preliminary program on the 2015 National Meeting page.

adult candidates. The implementation of course evaluations, the integration of the curriculum of early admission candidates with the curriculum of the rest of the candidates, and adjustments in the implementation of the curriculum itself have all been faculty concerns that have been shared with the candidates' organization, and by extension with our larger body. The opinions and concerns of our candidate members have a vital place in the decisions made by the faculty.

The extraordinary richness and deep reward of both being in psychoanalysis and beginning to practice psychoanalysis are significantly enhanced by developing cohesion and a sense of professional care and responsibility among the members of our local candidates' organization.

Institute for Psychoanalytic Education affiliated with NYU School of Medicine

Desiree Santos, L.C.S.W.

The Institute for Psychoanalytic Education (IPE) affiliated with NYU School of Medicine is enthusiastic to announce a couple of initiatives this year. This September 2014, IPE launched its inaugural two-year Distance Learning Program, a customized Psychotherapy Program delivered via Skype to 11 Korean psychiatrists and psychologists. This initiative was organized in collaboration with the Korean Association of Psychoanalytic Treatment (KAPT) and offers participants seminars on psychoanalytic theory and technique, as well as group case consultations by select faculty of IPE. Rachel Blakeman, J.D., L.C.S.W. is the Chair of the Distance Learning Committee, and Drs. Jason Greenberg and Carlos Almeida taught the first trimester classes, receiving extremely positive feedback from the Korean candidates about the high quality and usefulness of the classes.

We look forward to providing another update in June.

In addition, there will be a candidate-organized program on Saturday, April 11, 2015, at 2 PM, at NYU Langone Medical Center, co-sponsored by the Institute for Psychoanalytic Education (IPE) affiliated with NYU School of Medicine, and the Psychoanalytic Association of New York (PANY). The panel titled, *Analytic Anonymity Revisited: Understanding Aspects of Self-Disclosure*, will feature the

following panelists: Dara Cho, MD, Joseph Cronin, LCSW, Marianne Goldberger, MD, and Jay Greenberg, PhD. Each panelist will describe how he or she thinks about self-disclosure and will present clinical material of how he or she works with it in the analytic situation. Hamin Lee, MD, will chair the panel with Arnold Rothstein, MD, as Faculty Advisor. For additional information, or to RSVP for this event, please email the Institute at ipe@nyumc.org. ❖